

## APA Official Actions

# Position Statement on Discriminatory Disability Insurance Coverage

Approved by the Board of Trustees, December 2019

Approved by the Assembly, November 2019

Reaffirmed, December 2014

Approved by the Board of Trustees, September 2009

Approved by the Assembly, May 2009

“Policy documents are approved by the APA Assembly and Board of Trustees. . . These are . . . position statements that define APA official policy on specific subjects. . .” – *APA Operations Manual*

### **APA Position:**

**The APA supports that coverage for disability due to psychiatric disorders should be equivalent to coverage for disability due to other non-psychiatric medical conditions. The APA is opposed to restrictions for psychiatric disorders, such as diagnosis-based contracts, in the coverage of disability. The APA is also opposed to the limiting of coverage for non-psychiatric conditions due to the presence of co-morbid psychiatric diagnoses. The APA recognizes that discriminatory disability coverage policies perpetuate stigma of mental illness and thereby may limit access to psychiatric care.**