Guide
NOT JUST ANOTHER ANTIDEPRESSANT

Auvelity is a rapid-acting oral antidepressant with proven efficacy at Week 1†

INDICATION
Auvelity is indicated for the treatment of major depressive disorder (MDD) in adults.

IMPORTANT SAFETY INFORMATION

WARNING: SUICIDAL THOUGHTS AND BEHAVIORS
- Antidepressants increased the risk of suicidal thoughts and behaviors in pediatric and young adult patients in short-term studies.
- Closely monitor all antidepressant-treated patients for clinical worsening, and emergence of suicidal thoughts and behaviors.
- Auvelity is not approved for use in pediatric patients.

Please see additional Important Safety Information and the Brief Summary of Prescribing Information on the following pages, including Boxed Warning for suicidal thoughts and behaviors.
Auvelity uses a new approach to treat MDD that is different from other oral antidepressants approved in more than 60 years\textsuperscript{1-4†}

Join us for an educational event: “Beyond the monoamine hypothesis: Auvelity, a glutamatergic approach to treating major depressive disorder”

Monday, May 22\textsuperscript{nd}
1:00pm–2:00pm PT
The Moscone Center Product Showcase #1, Booth #130 Exhibition Level, Halls A–C

Presented by:

Ilan Melnick, MD
Gus Alva, MD

*As measured by change from baseline in MADRS total score vs placebo.
†The mechanism of action of Auvelity in the treatment of MDD is unclear.

MADRS=Montgomery-Åsberg Depression Rating Scale

This is an informational event provided by Axsome Therapeutics, Inc. Participants cannot claim CME credit for attending this informational event and participation may be subject to reporting under the Sunshine Act. The Industry Product Showcase content and the views expressed therein are solely those of Axsome and do not represent APA.
**IMPORTANT SAFETY INFORMATION (CONT’D)**

**CONTRAINDICATIONS**

**Seizure:** Do not use Auvelity in patients with a seizure disorder.

**Current or prior diagnosis of bulimia or anorexia nervosa:** A higher incidence of seizure was observed in such patients treated with bupropion.

**Undergoing abrupt discontinuation of alcohol, benzodiazepines, barbiturates, and antiepileptic drugs:** Due to risk of seizure.

**Monoamine Oxidase Inhibitors (MAOIs):** Do not use Auvelity concomitantly with, or within 14 days of stopping, an MAOI due to the risk of serious and possibly fatal drug interactions, including hypertensive crisis and serotonin syndrome. Conversely, at least 14 days must be allowed after stopping Auvelity before starting an MAOI antidepressant. Do not use Auvelity with reversible MAOIs such as linezolid or intravenous methylene blue.

**Hypersensitivity:** Do not use in patients with known hypersensitivity to dextromethorphan, bupropion, or any component of Auvelity. Anaphylactoid/anaphylactic reactions and Stevens-Johnson syndrome have been reported with bupropion. Arthralgia, myalgia, fever with rash, and other serum sickness-like symptoms suggestive of delayed hypersensitivity have also been reported with bupropion.

**WARNINGS AND PRECAUTIONS**

**Suicidal Thoughts and Behaviors in Pediatrics and Young Adults:** Monitor all antidepressant-treated patients for any indication of serious, or possibly fatal suicidal thoughts and behaviors, especially during the initial few months of drug therapy, and at times of dosage changes. Counsel family members or caregivers of patients to monitor for changes in behavior and to alert the healthcare provider. Consider changing the therapeutic regimen, including possibly discontinuing Auvelity, in patients whose depression is persistently worse, or who are experiencing emergent suicidal thoughts or behaviors.

**Seizure:** Bupropion, a component of Auvelity, can cause seizure and the risk is dose related. Because the risk of seizure with bupropion is dose-related, screen patients for use of other bupropion-containing products prior to initiating Auvelity. If concomitant use of Auvelity with other bupropion-containing products is clinically warranted, inform patients of the risk. Discontinue Auvelity and do not restart treatment if the patient experiences a seizure.

**Increased Blood Pressure and Hypertension:** Treatment with bupropion, a component of Auvelity, can cause elevated blood pressure and hypertension. The risk of hypertension is increased if Auvelity is used concomitantly with MAOIs or other drugs that increase dopaminergic or noradrenergic activity. Assess blood pressure before initiating treatment with Auvelity and monitor periodically during treatment. Monitor blood pressure, particularly in patients who receive the combination of bupropion and nicotine replacement.

**Activation of Mania/Hypomania:** Antidepressant treatment can precipitate a manic, mixed, or hypomanic episode. The risk appears to be increased in patients with bipolar disorder or who have risk factors for bipolar disorder. Prior to initiating Auvelity, screen patients for a history of bipolar disorder and the presence of risk factors for bipolar disorder (e.g., family history of bipolar disorder, suicide, or depression). Auvelity is not approved for use in treating bipolar depression.

**Psychosis and Other Neuropsychiatric Reactions:** Auvelity contains bupropion and dextromethorphan. Depressed patients treated with bupropion have had a variety of neuropsychiatric signs and symptoms, including delusions, hallucinations, psychosis, concentration disturbance, paranoia, and confusion. In some cases, these symptoms abated upon dose reduction and/or withdrawal of treatment. Dextromethorphan overdose can cause toxic psychosis, stupor, coma, and hyperexcitability. Because the risks of neuropsychiatric reactions are dose-related, screen patients for use of other bupropion- or dextromethorphan-containing products prior to initiating Auvelity. If concomitant use of Auvelity with other bupropion- or dextromethorphan-containing products is clinically warranted, monitor patients for neuropsychiatric reactions and instruct patients to contact a healthcare provider if such reactions occur.

**Angle-Closure Glaucoma:** The pupillary dilation that occurs following use of many antidepressants, including Auvelity, may trigger an angle closure attack in a patient with anatomically narrow angles who does not have a patent iridectomy. Avoid use of antidepressants, including Auvelity, in patients with untreated anatomically narrow angles.

**Dizziness:** Auvelity may cause dizziness. Precautions to reduce the risk of falls should be taken, particularly for patients with motor impairment affecting gait or a history of falls. Caution patients about operating hazardous machinery, including motor vehicles, until they are reasonably certain that Auvelity therapy does not affect them adversely.

**Serotonin Syndrome:** Auvelity contains dextromethorphan. Concomitant use with selective serotonin reuptake inhibitors (SSRIs) or tricyclic antidepressants increases the risk of serotonin syndrome, a potentially life-threatening condition. Prior to initiating therapy with Auvelity, screen patients for use of other dextromethorphan-containing products. If concomitant use of Auvelity with other serotoninergic drugs is clinically warranted, inform patients of the increased risk for serotonin syndrome, and monitor for symptoms. Discontinue Auvelity and/or concomitant serotoninergic drug(s) immediately if symptoms of serotonin syndrome occur and initiate supportive symptomatic treatment.
WARNINGS AND PRECAUTIONS (CONT’D)

Embryo-fetal Toxicity: Based on animal studies, Auvelity may cause fetal harm when administered during pregnancy. Discontinue treatment in pregnant females and advise the patient about the potential risk to a fetus. Use alternative treatment for females who are planning to become pregnant.

DRUG INTERACTIONS

Strong Inhibitors of CYP2D6: Concomitant use with Auvelity increases plasma concentrations of dextromethorphan. Dosage adjustment is necessary. Monitor patients for adverse reactions potentially attributable to dextromethorphan, such as somnolence and dizziness.

Strong CYP2D6 Inducers: Concomitant use with Auvelity decreases plasma concentrations of dextromethorphan and bupropion and may decrease efficacy of Auvelity. Avoid co-administration of Auvelity.

CYP2D6 Substrates: Concomitant use with Auvelity can increase the exposures of drugs that are substrates of CYP2D6. It may be necessary to decrease the dose of CYP2D6 substrates, particularly for drugs with a narrow therapeutic index.

Digoxin: Concomitant use with Auvelity may decrease plasma digoxin levels. Monitor plasma digoxin levels in patients treated concomitantly with Auvelity.

Drugs that Lower Seizure Threshold: Concomitant use with Auvelity may increase risk of seizure. Use Auvelity with caution. Discontinue Auvelity and do not restart treatment if the patient experiences a seizure.

Dopaminergic Drugs: Concomitant use with Auvelity can result in central nervous system toxicity. Use Auvelity with caution.

USE IN SPECIFIC POPULATIONS

Lactation: Because of the potential for neurotoxicity, advise patients that breast-feeding is not recommended during treatment with Auvelity and for 5 days following final dose.

Renal Impairment: Dosage adjustment is recommended in patients with moderate renal impairment (eGFR 30 to 59 mL/minute/1.73 m²). Auvelity is not recommended in patients with severe renal impairment (eGFR 15 to 29 mL/minute/1.73 m²).

Hepatic Impairment: Auvelity is not recommended in patients with severe hepatic impairment.

ADVERSE REACTIONS

Most common adverse reactions (≥5% and twice the rate of placebo): dizziness (16%), headache (8%), diarrhea (7%), somnolence (7%), dry mouth (6%), sexual dysfunction (6%), and hyperhidrosis (5%).

Please see Brief Summary of Prescribing Information on the following pages, including Boxed Warning for suicidal thoughts and behaviors.

AUV HCP ISI 10/2022

AUVELITY® (dextromethorphan Hbr-bupropion HCl) extended-release tablets, for oral use

**Brief Summary of Prescribing Information**

**WARNING: SUICIDAL THOUGHTS AND BEHAVIORS**

See full prescribing information for complete boxed warning.

- Antidepressants increase the risk of suicidal thoughts and behavior in pediatric and young adult patients in short-term studies.
- Closely monitor all antidepressant-treated patients for clinical worsening, and emergence of suicidal thoughts and behaviors.
- AUVELITY is not approved for use in pediatric patients.

**INDICATIONS AND USAGE**

AUVELITY is indicated for the treatment of major depressive disorder (MDD) in adults.

**CONTRAINDICATIONS**

AUVELITY is contraindicated in patients:

- with a seizure disorder
- with a current or prior diagnosis of bulimia or anorexia nervosa as a higher incidence of seizures was observed in such patients treated with the immediate release formulation of bupropion
- undergoing abrupt discontinuation of alcohol, benzodiazepines, barbiturates, and antiepileptic drugs
- taking, or within 14 days of stopping, MAOIs due to the risk of serious and possibly fatal drug interactions, including hypertensive crisis and serotonin syndrome.

Starting AUVELITY in a patient treated with reversible MAOIs such as lineozid or intravenous methylene blue is contraindicated.

- with known hypersensitivity to bupropion, dextromethorphan, or other components of AUVELITY. Anaphylactoid / anaphylactic reactions and Stevens-Johnson syndrome have been reported with bupropion. Arthralgia, myalgia, fever with rash, and other systemic symptoms suggestive of delayed hypersensitivity have also been reported with bupropion.

**WARNINGS AND PRECAUTIONS**

**Suicidal Thoughts and Behaviors in Adolescents and Young Adults**

In pooled analyses of placebo-controlled trials of antidepressant drugs (SSRIs and other antidepressant classes) that included approximately 77,000 adult patients and 4,500 pediatric patients, the incidence of suicidal thoughts and behaviors in antidepressant-treated patients age 12 years and younger was greater than in placebo-treated patients. There was considerable variation in risk of suicidal thoughts and behaviors among drugs, but there was an increased risk identified in young patients for most drugs studied. There were differences in absolute risk of suicidal thoughts and behaviors across the different indications, with the highest incidence in patients with MDD. The drug-placebo differences in the number of cases of suicidal thoughts and behaviors per 1000 patients treated are provided in Table 1.

**Table 1: Risk Differences of the Number of Patients of Suicidal Thoughts and Behavior in the Pooled Placebo-Controlled Trials of Antidepressants in Pediatric**

<table>
<thead>
<tr>
<th>Age Range</th>
<th>Drug-Placebo Difference in Number of Patients of Suicidal Thoughts or Behaviors per 1000 Patients Treated</th>
</tr>
</thead>
<tbody>
<tr>
<td>&lt;18 years old</td>
<td>14 additional patients</td>
</tr>
<tr>
<td>18-24 years old</td>
<td>5 additional patients</td>
</tr>
<tr>
<td>25-64 years old</td>
<td>1 fewer patient</td>
</tr>
<tr>
<td>≥65 years old</td>
<td>6 fewer patients</td>
</tr>
</tbody>
</table>

*AUVELITY is not approved for use in pediatric patients.

It is unknown whether the risk of suicidal thoughts and behaviors in children, adolescents, and young adults extends to longer-term use, i.e., beyond four months. However, there is substantial evidence from placebo-controlled maintenance studies in adults with MDD that antidepressants delay the recurrence of depression and that depression itself is a risk factor for suicide attempts and behavior.

**Seizure**

Bupropion, a component of AUVELITY, can cause seizures. The risk of seizure with bupropion is dose-related.

When a bupropion hydrochloride (HCl) sustained-release tablet was dosed up to 300 mg per day (approximately 1.5 times the maximum recommended daily dosage of AUVELITY), the incidence of seizure was approximately 0.1% (1/1,000) and increased to approximately 0.4% (4/1,000) at the maximum recommended dosage for the sustained-release tablet of 400 mg per day (approximately 2 times the maximum recommended daily dosage of AUVELITY).

The risk of seizures is also related to patient factors, clinical situations, and concomitant medications that lower the seizure threshold. Consider these risks before initiating treatment with AUVELITY. AUVELITY is contraindicated in patients with a seizure disorder, current or prior diagnosis of anorexia nervosa or bulimia, or undergoing abrupt discontinuation of alcohol, benzodiazepines, barbiturates, and antiepileptic drugs. The following conditions can also increase the risk of seizure: severe head injury; arteriovenous malformation; CNS tumor or CNS infection; severe stroke; concomitant use of other medications that lower the seizure threshold (e.g., other bupropion products, antipsychotics, tricyclic antidepressants, theophylline, and systemic corticosteroids); metabolic disorders (e.g., hypoglycemia, hyponatremia, severe hepatic impairment, and hypoxia); use of illicit drugs (e.g., cocaine); or abuse or misuse of prescription drugs such as CNS stimulants. Additional predisposing conditions include diabetes mellitus treated with oral hypoglycemic drugs or insulin; use of anorectic drugs; and excessive use of alcohol, benzodiazepines, sedatives/hypnotics, or opiates.

Because the risk of seizure with bupropion is dose-related, screen patients for use of other bupropion-containing products prior to initiating AUVELITY. If concomitant use of AUVELITY with other bupropion-containing products is clinically warranted, inform patients of the risk. Discontinue AUVELITY and do not restart treatment if the patient experiences a seizure.

**Increased Blood Pressure and Hypertension**

AUVELITY contains bupropion, which can cause elevated blood pressure and hypertension. The risk of hypertension is increased if AUVELITY is used concomitantly with MAOIs or other drugs that increase dopaminergic or noradrenergic activity. Assess blood pressure prior to initiating treatment, and periodically monitor blood pressure during treatment with AUVELITY.

**Psychosis and Other Neuropsychiatric Reactions**

AUVELITY contains bupropion and dextromethorphan. Depressed patients treated with bupropion have had a variety of neuropsychiatric signs and symptoms, including delusions, hallucinations, psychosis, concentration disturbance, agitation, paranoia, and confusion. Some of these patients had a diagnosis of bipolar disorder. In some cases, these symptoms abated upon dose reduction and/or withdrawal of treatment. Dextromethorphan overdose can cause toxic psychosis, stupor, coma, and hyperexcitability.

Because the risks of neuropsychiatric reactions are dose-related, screen patients for use of other bupropion- or dextromethorphan-containing products prior to initiating AUVELITY. If concomitant use of AUVELITY with other bupropion- or dextromethorphan-containing products is clinically warranted, monitor patients for neuropsychiatric reactions and instruct patients to contact a healthcare provider if such reactions occur.

**Angle-Closure Glaucoma**

The pupillary dilation that occurs following use of many antidepressant drugs including bupropion, a component of AUVELITY, may trigger an angle-closure attack in a patient with anatomically narrow angles who does not have a patent iridectomy. Avoid use of antidepressants, including AUVELITY, in patients with untreated anatomically narrow angles.

**Diabetes**

AUVELITY may cause dizziness. In controlled studies of AUVELITY, 14% of patients receiving AUVELITY and 6% of patients on placebo experienced dizziness. Take precautions to reduce the risk of falls, particularly for patients with a history of falls. Caution patients about operating hazardous machinery, including motor vehicles, until they are reasonably certain that AUVELITY therapy does not affect them adversely.

**Serotonin Syndrome**

AUVELITY contains dextromethorphan. Concomitant use of AUVELITY with SSRIs or tricyclic antidepressants may cause serotonin syndrome, a potentially life-threatening condition with changes including altered mental status, hypertension, restlessness, myoclonus, hyperthermia, hypereflexia, diaphoresis, shivering, and tremor. Prior to initiating AUVELITY, screen patients for use of other dextromethorphan-containing products. If concomitant use of AUVELITY with other serotonergic drugs is clinically warranted, inform patients of the increased risk for serotonin syndrome and monitor for symptoms. Discontinue AUVELITY and/or concomitant serotonergic drug(s) immediately if the above symptoms occur and initiate supportive symptomatic treatment.

**Embryo-fetal Toxicity**

Based on animal studies, AUVELITY may cause fetal harm when administered during pregnancy. In developmental toxicity studies in rats and rabbits, when a combination of dextromethorphan/quinidine was given to pregnant animals, fetal malformations (rabbis) and embryolethality were demonstrated in offspring. Neurotoxicity findings were observed in juvenile rats treated with a combination of dextromethorphan/quinidine on postnatal day (PND) 7, which corresponds to the third trimester of gestation through the first few months of life and may extend through the first three years of life in humans. The separate effect of dextromethorphan on developmental toxicity at the recommended clinical doses is unclear. Discontinue treatment in pregnant females and advise the patient about the potential risk to a fetus. Use alternative treatment for females who are planning to become pregnant.

**ADVERSE REACTIONS**

**Clinical Trials Experience**

AUVELITY was evaluated for safety in a total of 1114 patients with MDD or another indication from four studies (two 6-week studies in MDD, one 6-week study in another indication, and one long-term study in MDD and another indication). One 6-week study in MDD employed placebo as a control arm. Two 6-week studies, one in MDD and one in another indication, used bupropion as a control arm. In the patients treated with AUVELITY in the long-term study (n=876), 597 received at least 6 months of treatment, and 110 received at least 12 months of treatment. The data below are based on the 6-week, placebo-controlled study in which either AUVELITY (n=162) or placebo (n=164) was administered twice daily to patients with MDD (Study 1).
Adverse Reactions Leading to Discontinuation
In the 6-week placebo-controlled study, 4% of patients treated with AUVELITY and 0% of placebo-treated patients discontinued participation due to adverse reactions. The adverse reaction that led to study discontinuation in 2% of patients treated with AUVELITY was anxiety (2%).

Most Common Adverse Reactions
In the 6-week placebo-controlled clinical study, the most common (incidence ≥ 2% for AUVELITY and more than twice as frequently as placebo) adverse reactions were dizziness (16%), headache (8%), diarrhea (7%), somnolence (7%), dry mouth (6%), sexual dysfunction (6%), and hyperhidrosis (5%).

Table 2: Adverse Reactions Occurring in ≥ 2% of Adult Patients with MDD Treated with AUVELITY and More Frequently Than in Patients Treated in a 6-Week Placebo-Controlled Study (Study 1)

<table>
<thead>
<tr>
<th>Adverse Reaction</th>
<th>AUVELITY (N=162)</th>
<th>Placebo (N=164)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dizziness</td>
<td>16</td>
<td>6</td>
</tr>
<tr>
<td>Nausea</td>
<td>13</td>
<td>9</td>
</tr>
<tr>
<td>Headache</td>
<td>8</td>
<td>4</td>
</tr>
<tr>
<td>Diarrhea</td>
<td>7</td>
<td>3</td>
</tr>
<tr>
<td>Somnolence</td>
<td>7</td>
<td>3</td>
</tr>
<tr>
<td>Dry mouth</td>
<td>6</td>
<td>2</td>
</tr>
<tr>
<td>Sexual dysfunction</td>
<td>6</td>
<td>0</td>
</tr>
<tr>
<td>Hyperhidrosis</td>
<td>5</td>
<td>0</td>
</tr>
<tr>
<td>Anxiety</td>
<td>4</td>
<td>1</td>
</tr>
<tr>
<td>Constipation</td>
<td>4</td>
<td>2</td>
</tr>
<tr>
<td>Decreased appetite</td>
<td>4</td>
<td>1</td>
</tr>
<tr>
<td>Insomnia</td>
<td>4</td>
<td>2</td>
</tr>
<tr>
<td>Arthralgia</td>
<td>3</td>
<td>0</td>
</tr>
<tr>
<td>Fatigueb</td>
<td>3</td>
<td>2</td>
</tr>
<tr>
<td>Paraoesthesiaa</td>
<td>3</td>
<td>0</td>
</tr>
<tr>
<td>Vision blurred</td>
<td>3</td>
<td>0</td>
</tr>
</tbody>
</table>

*bSexual dysfunction includes orgasm abnormal, erectile dysfunction, libido decreased, anorgasmia

**Fatigue includes fatigue, lethargy

aParaoesthesia includes paraesthesia, hypoesthesia

DRUG INTERACTIONS

Table 3: Clinically Important Drug Interactions with AUVELITY

<table>
<thead>
<tr>
<th>Monoamine Oxidase Inhibitors (MAOIs)</th>
<th>Clinical Impact</th>
<th>Intervention</th>
</tr>
</thead>
<tbody>
<tr>
<td>Concomitant use of AUVELITY with MAOIs increases the risk of hypertensive crisis and serotonin syndrome.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>AUVELITY is contraindicated in patients taking MAOIs (including MAOIs such as linezolid or intravenous methylene blue) or in patients who have taken MAOIs within the preceding 14 days. Allow at least 14 days after stopping AUVELITY before starting an MAOI.</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Serotonergic Drugs</th>
<th>Clinical Impact</th>
<th>Intervention</th>
</tr>
</thead>
<tbody>
<tr>
<td>Concomitant use of AUVELITY with other serotonergic drugs increases the risk of serotonin syndrome.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Monitor for symptoms of serotonin syndrome when AUVELITY is used concomitantly with other drugs that may affect the serotonergic neurotransmitter systems. If serotonin syndrome occurs, consider discontinuation of AUVELITY and/or concomitant serotonergic drugs.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Drugs that Lower Seizure Threshold</th>
<th>Clinical Impact</th>
<th>Intervention</th>
</tr>
</thead>
<tbody>
<tr>
<td>AUVELITY contains bupropion which can cause seizure. Co-administration with other drugs that lower seizure threshold may increase risk of seizure.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Use caution when administering AUVELITY concomitantly with drugs that lower the seizure threshold. Discontinue AUVELITY and do not restart treatment if the patient experiences a seizure.</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Strong Inhibitors of CYP2D6</th>
<th>Clinical Impact</th>
<th>Intervention</th>
</tr>
</thead>
<tbody>
<tr>
<td>Concomitant use of AUVELITY with strong CYP2D6 inhibitors increases plasma concentrations of dextromethorphan.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dosage adjustment is necessary when AUVELITY is coadministered with strong inhibitors of CYP2D6. Monitor patients for adverse reactions potentially attributable to dextromethorphan, such as somnolence and dizziness.</td>
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<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Strong Inducers of CYP2B6</th>
<th>Clinical Impact</th>
<th>Intervention</th>
</tr>
</thead>
<tbody>
<tr>
<td>Concomitant use of AUVELITY with strong CYP2B6 inducers decreases plasma concentrations of dextromethorphan and bupropion and may decrease efficacy of AUVELITY.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Avoid co-administration of AUVELITY with strong inducers of CYP2B6. Consider alternatives to strong CYP2B6 inducers if needed.</td>
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<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Drugs Metabolized by CYP2D6</th>
<th>Clinical Impact</th>
<th>Intervention</th>
</tr>
</thead>
<tbody>
<tr>
<td>Coadministration of AUVELITY with drugs that are metabolized by CYP2D6 can increase the exposures of drugs that are substrates of CYP2D6.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Drugs that require metabolic activation by CYP2D6</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Drugs that require metabolic activation by CYP2D6 to be effective could have reduced efficacy when administered concomitantly with AUVELITY.</td>
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**Digoxin**

<table>
<thead>
<tr>
<th>Clinical Impact</th>
<th>Intervention</th>
</tr>
</thead>
<tbody>
<tr>
<td>Coadministration of AUVELITY with digoxin may decrease plasma digoxin levels.</td>
<td></td>
</tr>
<tr>
<td>Monitor plasma digoxin levels in patients treated concomitantly with AUVELITY and digoxin.</td>
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</tr>
</tbody>
</table>

**Dopaminergic Drugs**

<table>
<thead>
<tr>
<th>Clinical Impact</th>
<th>Intervention</th>
</tr>
</thead>
<tbody>
<tr>
<td>CNS toxicity was reported when bupropion was co-administered with levodopa or amantadine. Adverse reactions have included restlessness, agitation, tremor, ataxia, gait disturbance, vertigo, and dizziness.</td>
<td></td>
</tr>
<tr>
<td>Use caution when administering AUVELITY concomitantly with dopaminergic drugs.</td>
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</tbody>
</table>

**Alcohol**

<table>
<thead>
<tr>
<th>Clinical Impact</th>
<th>Intervention</th>
</tr>
</thead>
<tbody>
<tr>
<td>AUVELITY contains bupropion which can increase adverse neuropsychiatric events or reduce alcohol tolerance.</td>
<td></td>
</tr>
<tr>
<td>The consumption of alcohol should be minimized or avoided during treatment with AUVELITY.</td>
<td></td>
</tr>
</tbody>
</table>

USE IN SPECIFIC POPULATIONS

**Pregnancy**

Antidepressant Use During Pregnancy

There is a pregnancy exposure registry that monitors pregnancy outcomes in women exposed to antidepressants, including AUVELITY, during pregnancy. Healthcare providers are encouraged to register patients by contacting the National Pregnancy Registry for Antidepressants at 1-866-961-2388 or online at: https://womensmentalhealth.org/research/pregnancyregistry/antidepressants/

**Risk Summary**

Based on animal studies, AUVELITY may cause fetal harm when administered during pregnancy. AUVELITY is not recommended during pregnancy. If a female becomes pregnant while being treated with AUVELITY, discontinue treatment and counsel the patient about the potential risk to a fetus.

**Clinical Considerations**

Disease-Associated Maternal and/or Embryo/Fetal Risk

Women who discontinued antidepressants during pregnancy were more likely to experience a relapse of major depression than women who continued antidepressants. Consider the risks to the mother of untreated depression and potential effects on the fetus when discontinuing or changing treatment with antidepressant medications during pregnancy and postpartum.

**Location**

**Risk Summary**

Because of the potential for neurotoxicity, advise patients that breast-feeding is not recommended during treatment with AUVELITY and for 5 days following final dose.

**Renal Impairment**

Dosage adjustment of AUVELITY is recommended in patients with moderate renal impairment (eGFR 30 to 59 mL/minute/1.73 m²). The pharmacokinetics of AUVELITY have not been evaluated in patients with severe renal impairment. AUVELITY is not recommended in patients with severe renal impairment (eGFR 15 to 29 mL/minute/1.73 m²).

**Hepatic Impairment**

No dose adjustment of AUVELITY is recommended in patients with mild (Child-Pugh A) or moderate hepatic impairment (Child-Pugh B). The pharmacokinetics of AUVELITY have not been evaluated in patients with severe hepatic impairment (Child-Pugh C). AUVELITY is not recommended in patients with severe hepatic impairment.

**CYP2D6 Poor Metabolizers**

Dosage adjustment is recommended in patients known to be poor CYP2D6 metabolizers because these patients have higher dextromethorphan concentrations than extensive/intermediate CYP2D6 metabolizers.

**AUV HCP BS 08/2022**

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*MagVenture TMS Therapy® is indicated for the treatment of Major Depressive Disorder in adult patients who have failed to receive satisfactory improvement from prior antidepressant medication in the current episode and as an adjunct for the treatment of adult patients suffering from Obsessive-Compulsive Disorder.

MagVenture.com
Learn More About This Guide

In this book you will find general information for the meeting, scientific program session listings, a schedule for new research poster sessions, and a guide to the Exhibit Hall. Use these sections to navigate the 2023 Annual Meeting and experience all the meeting has to offer. We're glad you're joining us in San Francisco.

Located within the program, you will find a description of the various scientific session formats along with a log where you can record your daily attendance for the purpose of obtaining CME credit for your activities.

The program is first organized by day, then by session start time, with formats and sessions listed alphabetically under those times. Individual meeting days and program tracks are color-coded to make navigating the program simple. There's also a new tracks listing on page 36 with all the sessions you may want to attend based your interests or stage of your career.

The exhibits guide contains an acknowledgement to exhibitors for sponsorships, a list of the exhibitors and a floor plan of the Exhibit Hall. This section also includes information about the Product Theaters, Therapeutic Updates, Coffee & Conversations, Huddles Career Expo, Publishers Book Expo, and activities held at The Stage. Use this guide and the included exhibitor and author/presenter indices to navigate the exhibit hall and locate every booth at the show.

If you have any questions about this book or the scientific program, please feel free to stop by the Education Center, 103/104 Foyer, Moscone South, and a member of the APA Administration will be happy to assist you.
WELCOME APA
JOIN US IN SHAPING THE FUTURE OF BEHAVIORAL HEALTH!

“As an APA Distinguished Life Fellow and Recipient of the Jack Weinberg Memorial Award for Excellence in Geriatric Psychiatry, I believe your career options and trajectory at Hackensack Meridian Health could be truly unique. Our leadership team is committed to expanding behavioral health care services and access, and our culture is rooted in collaboration and innovation. Through our medical school, academic programs, clinical trials, other research, and specialized programs and services, I believe you can find a home for your passion as a member of our team. I look forward to speaking with you.”

Gary W. Small, M.D.
Professor and Chair of Psychiatry, Hackensack Meridian School of Medicine
Behavioral Health Physician-in-Chief, Hackensack Meridian Health

We are expanding our psychiatry services and programs across our network of 18 hospitals, more than 500 locations, over 7,000 physicians and 35,000 team members, and invite you to learn why joining Hackensack Meridian Health could be the rewarding and fulfilling home for your skills and talents.

We relocated from California to be part of the very special behavioral health mission and vision of the Hackensack Meridian Health team. It was the best decision I could have made. I am a short drive from New York City and the Jersey Shore, so a lifestyle here offers unlimited culture and cuisine, beautiful beaches, and a great place to raise a family, and I am engaged in the most challenging and rewarding work of my career.

If change is on your horizon (or just a remote thought in the back of your head), please reach out today to explore how your passion and our mission to shape the future of behavioral health care may be the perfect fit.

Let’s shape the future together!
For more information contact Allison Vogel, Senior Physician Recruiter at 908-418-8014 or email her at allison.vogel@hmhn.org

Hackensack Meridian Health
KEEP GETTING BETTER
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**American Psychiatric Association**  
800 Maine Ave. S.W.  
Suite 900  
Washington, D.C. 20024  
1-888-35-PSYCH  
apa@psych.org | psychiatry.org/annualmeeting

*Join the conversation: #APAAM23*
CONTRAINDICATIONS
• Concomitant administration of a monoamine oxidase inhibitor (MAOI), or dosing within 14 days after discontinuing an MAOI, because of an increased risk of hypertensive crisis
• Concomitant administration of sensitive CYP1A2 substrates or CYP1A2 substrates with a narrow therapeutic range

WARNINGS & PRECAUTIONS
• Suicidal thoughts and behaviors: Closely monitor all Qelbree-treated patients for clinical worsening and for emergence of suicidal thoughts and behaviors.

ADVERSE REACTIONS
The most common adverse reactions (≥5% and at least twice the rate of placebo for any dose) in patients 6 to 17 years were somnolence, decreased appetite, fatigue, nausea, vomiting, insomnia, and irritability, and in adults, insomnia, headache, somnolence, fatigue, nausea, decreased appetite, dry mouth, and constipation.

PREGNANCY
There is a pregnancy exposure registry that monitors pregnancy outcomes in women exposed to Qelbree during pregnancy. Healthcare providers are encouraged to register patients by calling the National Pregnancy Registry for Psychiatric Medications at 1-866-961-2388 or by visiting www.womensmentalhealth.org/preg.

Abbreviations: ADHD, attention-deficit/hyperactivity disorder; APA, American Psychiatric Association.


Please see the brief summary of full Prescribing Information including Boxed Warning on adjacent pages, or visit QelbreeHCP.com.
Qelbree® (viloxazine extended-release capsules), for oral use

BRIEF SUMMARY OF FULL PRESCRIBING INFORMATION
For full prescribing information, see package insert.

WARNING: SUICIDAL THOUGHTS AND BEHAVIORS
In clinical studies, higher rates of suicidal thoughts and behavior were reported in patients with ADHD treated with Qelbree than in patients treated with placebo, and patients treated with Qelbree had a higher rate of suicidal ideation compared to placebo at any time point in the clinical trials, but did not report it on the C-SSRS. Among 463 patients treated with placebo in these studies, two patients (0.4%) reported suicidal ideation on the C-SSRS. No patients treated with placebo reported suicidal behavior. No completed suicides occurred in these trials.

INDICATIONS AND USAGE
Qelbree is indicated for the treatment of Attention-Deficit Hyperactivity Disorder (ADHD) in adults and pediatric patients 6 years and older.

CONTRAINDICATIONS
Qelbree is contraindicated in patients receiving concomitant treatment with monoamine oxidase inhibitors (MAOI), or within 14 days following discontinuing an MAOI, because of an increased risk of hypertensive crisis. Qelbree should not be taken when receiving concomitant administration of sensitive CYP1A2 substrates or CYP1A2 substrates with a narrow therapeutic range.

WARRANTINGS AND PRECAUTIONS
Suicidal Thoughts and Behaviors
Higher rates of suicidal thoughts and behaviors were reported in pediatric and adult patients treated with Qelbree than in patients treated with placebo. Among 1019 patients exposed to Qelbree 100 mg to 400 mg in short-term trials, a total of nine patients (0.9%) reported suicidal ideation (N=6), behavior (N=1) or both (N=2). Eight patients reported suicidal ideation or behavior on the Columbia Suicide Severity Rating Scale (C-SSRS), a validated scale that assesses suicide risk. An additional patient treated with Qelbree reported suicidal ideation during the clinical trials, but did not report it on the C-SSRS. Among 463 patients treated with placebo in these studies, two patients (0.4%) reported suicidal ideation on the C-SSRS. No patients treated with placebo reported suicidal behavior. No completed suicides occurred in these trials.

In a clinical study in patients 12 to 17 years of age, 22/99 (22%) of patients treated with Qelbree had a ≥ 15 mmHg increase in diastolic blood pressure at any time point in the clinical trial, compared to 15/159 (9%) of patients who received placebo.

In adults, somnolence was reported in 6% of Qelbree-treated patients compared to 2% of placebo-treated patients. Fatigue was reported in 12% of Qelbree-treated patients versus 3% of placebo-treated patients.

Patients should not perform activities requiring mental alertness, such as operating a motor vehicle or operating hazardous machinery until they know how they will be affected by Qelbree.

ADVERSE REACTIONS
Clinical Trials Experience
The safety of Qelbree has been evaluated in 1118 patients 6 to 17 years of age with ADHD exposed to one or more doses in short-term (6 to 8 week), randomized, double-blind, placebo-controlled trials.

A total of 682 pediatric patients were treated for at least 6 months, and 347 pediatric patients for at least 12 months with Qelbree.

The safety of Qelbree has been evaluated in 189 adult patients (18 to 60 years of age) with ADHD exposed to one or more doses in a short-term (6 week), randomized, double-blind, placebo-controlled trial. A total of 277 adult patients with ADHD have been exposed to one or more doses of Qelbree.

Eighty-four adult patients were treated for at least 6 months, and 22 adult patients for at least 12 months.

The data described below reflect exposure to Qelbree in 826 patients (6 to 17 years) who participated in randomized, double-blind, placebo-controlled trials with doses ranging from 100 mg to 400 mg. The population (N=826) was 65% male, 35% female, 54% White, 41% Black, 4% multiracial, and 1% other races.

Adverse Reactions Leading to Discontinuation of Qelbree Treatment:
Approximately 3% (n=27) of the 826 patients receiving Qelbree in clinical studies discontinued treatment due to an adverse reaction. The adverse reactions most commonly associated with discontinuation of Qelbree were somnolence (n=5), nausea (n=3), headache (n=2), tachycardia (n=2), fatigue (n=2), and decreased appetite (n=2).

Most Common Adverse Reactions (occurring at ≥5% and at least twice the placebo rate for any dose): somnolence, decreased appetite, fatigue, nausea, vomiting, insomnia, and irritability.

Table 1 and 2 below lists adverse reactions that occurred in at least 2% of patients treated with Qelbree and more frequently in Qelbree-treated patients than in placebo-treated patients. Table 1 data represents pooled data from pediatric patients 6-17 years of age who were enrolled in randomized, placebo-controlled trials of Qelbree. Table 2 represents data from adults with ADHD who were enrolled in a flexible-dose, randomized, placebo-controlled trial of Qelbree at doses of 200mg to 600mg.

Table 1. Adverse Reactions Reported in ≥2% of Pediatric Patients (6 to 17 Years of Age) Treated with Qelbree and at a Rate of Greater than Placebo-Treated Patients in Placebo-Controlled ADHD Studies

<table>
<thead>
<tr>
<th>Body System</th>
<th>Placebo N=643</th>
<th>Placebo N=154</th>
<th>Placebo N=367</th>
<th>Placebo N=305</th>
<th>All Placebo N=836</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nervous system disorders</td>
<td>4</td>
<td>12</td>
<td>16</td>
<td>19</td>
<td>16</td>
</tr>
<tr>
<td>Somnolence*</td>
<td>7</td>
<td>10</td>
<td>11</td>
<td>11</td>
<td>11</td>
</tr>
<tr>
<td>Headache*</td>
<td>65</td>
<td>78</td>
<td>71</td>
<td>65</td>
<td>71</td>
</tr>
<tr>
<td>Metabolic and nutritional disorders</td>
<td>0.4</td>
<td>0.8</td>
<td>0.8</td>
<td>0.8</td>
<td>0.8</td>
</tr>
<tr>
<td>Decreased appetite</td>
<td>5</td>
<td>8</td>
<td>8</td>
<td>8</td>
<td>8</td>
</tr>
<tr>
<td>Infections and infestations</td>
<td>6</td>
<td>5</td>
<td>7</td>
<td>8</td>
<td>7</td>
</tr>
<tr>
<td>Upper respiratory tract infections*</td>
<td>4</td>
<td>3</td>
<td>6</td>
<td>7</td>
<td>5</td>
</tr>
<tr>
<td>Body as a Whole - General disorders</td>
<td>2</td>
<td>4</td>
<td>5</td>
<td>9</td>
<td>6</td>
</tr>
<tr>
<td>Fatigue</td>
<td>0.2</td>
<td>3</td>
<td>2</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>Gastrointestinal system disorders</td>
<td>4</td>
<td>3</td>
<td>6</td>
<td>7</td>
<td>5</td>
</tr>
<tr>
<td>Abdominal Pain*</td>
<td>3</td>
<td>1</td>
<td>4</td>
<td>7</td>
<td>5</td>
</tr>
<tr>
<td>Nausea</td>
<td>2</td>
<td>5</td>
<td>3</td>
<td>6</td>
<td>4</td>
</tr>
</tbody>
</table>

Infections and infestations

Upper respiratory tract infections

Body as a Whole - General disorders

Fatigue

Gastrointestinal system disorders

Abdominal Pain

Nausea

Vomiting
This finding was observed in 69/205 (34%) who received the 400 mg dose, 200 mg dose, compared to 39/262 (15%) of patients in the placebo group, and an MAOI, because of an increased risk of hypertensive crisis.

Qelbree is indicated for the treatment of Attention-Deficit Hyperactivity Disorder (ADHD) based on a short-term, placebo-controlled trial of Qelbree.

Suicide Severity Rating Scale (C-SSRS), a validated scale that assesses suicide ideation, in patients treated daily with Qelbree (200 mg to 600 mg) had a ≥20 beat per minute (bpm) increase in heart rate, versus 0 of 183 adults treated with placebo. No patients treated with placebo reported suicidal behavior. No suicidal behaviors or symptoms that might be precursors to emerging suicidal ideation were observed.

Most Common Adverse Reactions (occurring at ≥5% and at least twice the placebo rate of Qelbree): headache, somnolence, fatigue, nausea, decreased appetite, dry mouth, and constipation.

Table 2 represents data from adults with ADHD who were enrolled in a flexible-dose, randomized, placebo-controlled trial of Qelbree at doses of 200 mg to 600 mg.

Table 2. Adverse Reactions Reported in ≥2% of Adults Treated with Qelbree and at a Rate Greater than Placebo-Treated Patients in a Flexible-Dose Placebo-Controlled ADHD Study

<table>
<thead>
<tr>
<th>Body System Adverse Reaction</th>
<th>Placebo N=183 (%)</th>
<th>Qelbree (200 mg to 600 mg) N=189 (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Psychiatric disorders</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Insomnia*</td>
<td>7</td>
<td>23</td>
</tr>
<tr>
<td>Irritability</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td><strong>Nervous system disorders</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Headache*</td>
<td>7</td>
<td>17</td>
</tr>
<tr>
<td>Somnolence*</td>
<td>2</td>
<td>6</td>
</tr>
<tr>
<td>Dizziness</td>
<td>2</td>
<td>4</td>
</tr>
<tr>
<td><strong>Gastrointestinal system disorders</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Nausea</td>
<td>3</td>
<td>12</td>
</tr>
<tr>
<td>Dry mouth</td>
<td>2</td>
<td>10</td>
</tr>
<tr>
<td>Constipation</td>
<td>1</td>
<td>6</td>
</tr>
<tr>
<td>Vomiting</td>
<td>1</td>
<td>4</td>
</tr>
<tr>
<td>Gastroesophageal reflux disease</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td><strong>Body as a Whole – General disorders</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fatigue</td>
<td>3</td>
<td>12</td>
</tr>
<tr>
<td><strong>Metabolic and nutritional disorders</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Decreased appetite</td>
<td>3</td>
<td>10</td>
</tr>
<tr>
<td><strong>Cardiac disorders</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tachycardia</td>
<td>1</td>
<td>4</td>
</tr>
</tbody>
</table>

The following items were combined:
- Somnolence: somnolence, lethargy, sedation
- Headache: headache, migraine, migraine with aura, tension headache
- Nausea: initial nausea, nausea
- Constipation: constipation
- Vomiting: vomiting
- Gastroesophageal reflux disease: gastroesophageal reflux disease
- Fatigue: fatigue
- Decreased appetite: decreased appetite
- Tachycardia: tachycardia

The following items were combined:
- Insomnia: initial insomnia, insomnia, middle insomnia, poor quality sleep, sleep disorder, terminal insomnia

**DRUG INTERACTIONS**

- Drugs Having Clinically Important Interactions with Qelbree
  - Monoamine Oxidase Inhibitors (MAOI)
    - Clinical Impact: Concomitant use of Qelbree with an MAOI may lead to a potentially life-threatening hypertensive crisis.
    - Intervention: Concomitant use of Qelbree with an MAOI or within 2 weeks after discontinuing an MAOI is contraindicated.
  - Sensitive CYP1A2 Substrates or CYP1A2 Substrates with a Narrow Therapeutic Range
    - Clinical Impact: Vloxazine is a strong CYP1A2 inhibitor. Concomitant use of vloxazine significantly increases the total exposure, but not peak exposure, of sensitive CYP1A2 substrates, which may increase the risk of adverse reactions associated with these CYP1A2 substrates.
    - Intervention: Coadministration with Qelbree is contraindicated.
  - Moderate Sensitive CYP1A2 Substrate
    - Clinical Impact: Vloxazine is a strong CYP1A2 inhibitor. Concomitant use of vloxazine significantly increases the total, but not peak exposure, of sensitive CYP1A2 substrates, which may increase the risk of adverse reactions associated with these CYP1A2 substrates.
    - Intervention: Not recommended for coadministration with Qelbree. Dose reduction may be warranted if coadministered.
  - CYP2D6 Substrates
    - Clinical Impact: Vloxazine is a weak inhibitor of CYP2D6, and increases the exposure of CYP2D6 substrates when coadministered.
    - Intervention: Monitor patients for adverse reactions and adjust dosages of CYP2D6 substrates, as clinically indicated.
  - CYP3A4 Substrates
    - Clinical Impact: Vloxazine is a weak inhibitor of CYP3A4 which increases the exposure of CYP3A4 substrates when coadministered.
    - Intervention: Monitor patients for adverse reactions and adjust dosages of CYP3A4 substrates, as clinically indicated.

**USE IN SPECIFIC POPULATIONS**

**Pregnancy**

**Risk Summary**

Based on findings from animal reproduction studies, vloxazine may cause maternal harm when used during pregnancy. Discontinue Qelbree when pregnancy is diagnosed unless the benefits of therapy outweigh the potential risk to the mother. Available data from case series with vloxazine use in pregnant women is insufficient to determine a drug-associated risk of major birth defects, miscarriage or adverse maternal outcomes.

In animal reproduction studies, oral administration of vloxazine during the period of organogenesis caused fetal toxicities and delayed fetal development in the rat and maternal toxicities in the rabbit at doses approximately equal to the maximum recommended human dose (MRHD) of 600mg in adults, based on mg/m2. Oral administration of vloxazine to pregnant rats and mice during pregnancy and lactation caused maternal toxicities and deaths and fetal toxicities at doses equal to or less than the MRHD of 600mg in adults, based on mg/m2, respectively.

The estimated background risk of major birth defects and miscarriage for the indicated population is unknown. All pregnancies have a background risk of birth defect, loss, or other adverse outcome. In the U.S. general population, the estimated background risk of major birth defects and miscarriage in clinically recognized pregnancies is 2% to 4% and 15% to 20%, respectively.

**Lactation**

**Risk Summary**

There are no data on the presence of vloxazine in human milk, the effects on the breastfed infant, or the effects on milk production. Vloxazine is likely present in rat milk. When a drug is present in animal milk, it is likely that the drug will be present in human milk.

The developmental and health benefits of breastfeeding should be considered along with the mother’s clinical need for Qelbree and any potential adverse effects on the breastfed child from Qelbree or from the underlying maternal condition.

**Geriatric Use**

Clinical trials of Qelbree in the treatment of ADHD did not include sufficient numbers of patients aged 65 and older to determine whether or not they respond differently from younger patients.

**Renal Impairment**

Dosage reduction is recommended in patients with severe (eGFR of < 30 mL/min/1.73m2) [MDRD] renal impairment. No dosage adjustment of Qelbree is recommended in patients with mild to moderate (eGFR of 30 to 89 mL/min/1.73m2) [MDRD] renal impairment.

**Treatment and Management**

**Human Experience**

The pre-market clinical trials with Qelbree do not provide information regarding symptoms of overdose.

Literature reports from post marketing experience with immediate-release vloxazine include cases of overdosage from 1000 mg to 6500 mg (7.1 to 10.8 times the maximum recommended daily dose). The most reported symptom was drowsiness. Impaired consciousness, diminished reflexes, and increased heart rate have also been reported.

**Treatment and Management**

There is no specific antidote for Qelbree overdose. Administer symptomatic and supportive treatment as appropriate. In case of overdose, consult a Certified Poison Control Center (1-800-222-1222 or www.poison.org).
Welcome from the Scientific Program Committee

Welcome to San Francisco and welcome to the 2023 APA Annual Meeting!

The last time the Annual Meeting was here, COVID was a word the world had never heard. After four years, we’re back and better than ever with over 600 peer-reviewed sessions and courses, and over 1,000 posters. The theme, *Innovate, Collaborate, Motivate: Charting the Future of Mental Health*, is perfect for the location. Innovation is tied into the latest and greatest technology, and what better represents this than Silicon Valley and our new Technology track at the Annual Meeting?

California is often a leader in what’s current, as is the Annual Meeting, so we’ve brought back the Clinical Updates track. This popular offering that debuted last year in New Orleans will provide you with the current standards in the treatment of anxiety, depression, psychosis, and other mental health disorders that you see in your everyday practice. You’ll leave with new tools you can immediately use to help your patients function at their best.

The Golden Gate City is one of the top travel destinations in the world, which parallels our newly formed International Medical Graduate (IMG) track. Whether you are an IMG just out of residency or about to begin, have been in the field for decades or are a US medical graduate interested in the many facets of our IMG colleagues, there are a number of offerings to meet your needs. San Francisco is home to a vibrant arts scene, (the SF Museum of Modern Art is just a six-minute walk from the Moscone Center!), and the Annual Meeting is home to another newly formed track – Humanities. Just as art, music, and literature affect the way we think and feel in our day-to-day lives, they do the same for our patients. The humanities have the power not only to entertain, but also to heal.

Last, but certainly not least, our host city is known for looking towards the future, and for us, that future lives in our residents, fellows and medical students (RFMs). We have sessions and experiences ranging from getting into residency to getting that first job, and have partnered with PsychSIGN (Psychiatry Student Interest Group Network) to offer content exclusively for our trainee members.

We think (know!) you’ll enjoy all that the Annual Meeting, and the city, have to offer, and we thank you for taking the time to come. Please be sure to leave us feedback on the sessions and overall experience, so that our future Annual Meetings can continue to get better every year!

Eric R. Williams, M.D.
Chair, Scientific Program Committee

The 2023 Annual Meeting Scientific Program Committee

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Arnaldo Moreno, M.D.
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Edmond T. Pi, M.D.
Julia Tartaglina, M.D.
Ronald Winchel, M.D.

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Jacqueline Posada, M.D.
Diego Regalado
Karen B. Rosenbaum, M.D.
Joseph Cullen Truett, D.O.
Farah Zaidi, M.D.

**PsychSIGN Liaison**
Sean Woodward, Ph.D.
Welcome from the APA President

Embracing the Spirit of Innovation & Collaboration in San Francisco

After four years, the APA Annual Meeting returns to San Francisco, a city that is the center of innovation for our nation. Our theme, Innovate, Collaborate, Motivate: Charting the Future of Mental Health, is both timely and reflective of the attitude and actions we must embrace as we work toward a better future for our patients and profession.

Under the extraordinary leadership of Eric R. Williams, M.D. as Chair, our colleagues on the Scientific Program Committee have curated a peerless offering of 600 peer-reviewed sessions and courses and more than 1,000 posters that represent the best and most groundbreaking work in the world of psychiatry and mental health care.

You will see aspects of our theme woven all throughout the scientific program, which is as diverse and forward-thinking as our host city of San Francisco, a global center of technology and innovation.

The International Medical Graduate (IMG) track is designed to support international members at all levels of their careers integrate with and thrive in the U.S. healthcare system. This track is important to us as IMGs and their contributions to psychiatry and APA are a crucial component of the present and future of mental health care in America.

The future of our profession also lives in our residents, fellows, and medical students (RFMs). Much of the scientific program was curated with RFMs in mind. APA has collaborated with PsychSign (Psychiatry Student Interest Group Network) to offer content exclusively tailored to each of these groups. I encourage our more experienced members to take a moment to engage with and give your support to our RFM attendees should the opportunity arise.

I hope you will also pay special attention to invited presidential sessions, which include contributions from leaders in global psychiatry organizations, the final report of my Roadmap for the Future of Psychiatry Workgroup, late-breaking clinical research, advancing diversity and achieving equity in psychiatry, emerging trends in medical ethics and health policy, and much more.

I want to thank you for dedicating your time and effort to support your colleagues and join us at the Annual Meeting this year. It shows that you are committed to putting in the work that will be essential to advancing APA’s mission and realizing our shared dream of a more mentally healthy world.

Rebecca Brendel, M.D., J.D.
President
American Psychiatric Association

Follow me during the meeting in real time on Twitter at @Pres_APA
Dear Colleagues and Guests,

Welcome to the 178th Annual Meeting of the American Psychiatric Association.

The theme of this year’s meeting is Innovate, Collaborate, Motivate: Charting the Future of Mental Health—which is appropriate for the current moment we are experiencing here in America. Given the challenges we face, we will need innovative thinking, collaboration among psychiatrists and other stakeholders in mental health, and motivation and dedication to see the hard work required for a brighter future.

APA is committed to providing our members with the information they need to adapt to and excel in a rapidly changing healthcare landscape, so together, we can secure the future of our profession and obtain better outcomes for our patients. This year you will see that commitment on full display in the truly groundbreaking and forward-thinking work that will be featured in the sessions, courses and symposia available to you.

The APA Annual Meeting is the premier psychiatric event of the year, with a world class scientific program that, this year, offers you the chance to earn up to 43 AMA PRA Category 1 Credits™. I hope you take advantage of this tremendous opportunity to network with colleagues from around the world. As those who have been coming to this meeting for years will tell you, this is a special opportunity to establish lasting personal and professional connections.

I am thrilled we are here in San Francisco, a city where we always enjoy a large, engaging and memorable gatherings of APA members. The Golden Gate City holds a special place in APA history as it was the site of our 175th anniversary celebration in 2019. I am excited to see what kind of history we can make together this year.

I want to offer my heartfelt welcome and thanks for joining us at the 2023 Annual Meeting.

If you’re on social media, be sure to share your thoughts and experiences on the meeting by using #APAAM23.

Saul Levin, M.D., M.P.A.
CEO and Medical Director
American Psychiatric Association

Follow me on Twitter at @SaulLevinMD or on Instagram at Saullevinmd
Dear Colleagues and Guests,

On behalf of the Northern California Psychiatric Society (NCPS), it is my pleasure to welcome you to San Francisco! NCPS, is one of the 5 district branches of APA in California, with a mission “to advance the quality and effectiveness of psychiatric care through advocacy, professional education and camaraderie.”

I would like to begin, by honoring and acknowledging the original people of our vibrant city: We are on the ancestral homeland of Ramaytush Ohlone peoples who are the original inhabitants of the San Francisco Peninsula. We wish to pay our respect to the Ancestors, Elders and Relatives of the Ramaytush Community as the first people of this land. We recognize that we benefit from living and working on their traditional homeland.

While the history of San Francisco dates back to 3000 BC, modern day San Francisco was one of the original counties established at California’s statehood in the United States in 1850. Rapid growth started in 1849 with the “Gold Rush” and followed, till 1906 when more than three quarters of the city was destroyed to ruins as a result of major earthquake and related fires. However, the rebuilding of the city resumed quickly, such that by 1915, San Francisco was celebrating its rebirth at Panama-Pacific International Exposition.

San Francisco Bay area is the hub of innovation, education, technology, research, sciences, arts, cultural diversity and much more. I am confident that APA’s Annual Meeting in San Francisco this year will offer you a perfect blend of learning, networking, relaxing and sightseeing. I will be barely scratching the surface as I try to share few highlights of San Francisco Bay Area.

San Francisco Bay Area is the home to many prestigious universities including Stanford University, University of California San Francisco, University of California Berkeley, San Francisco State University, and the University of San Francisco. In addition, San Francisco Bay Area has six psychiatry residency training programs, several psychiatric subspecialty fellowship programs and three Psychoanalytic Training Institutes including the Psychoanalytic Institute of Northern California (PINC), San Francisco Center for Psychoanalysis (SFCP) and C.G. Jung Institute of San Francisco.

The San Francisco is one of the top tourist destinations in the United States. San Francisco offers scenic beaches, lush green parks, museums, and iconic architecture such as the world famous Golden Gate Bridge, Bay Bridge, Alcatraz Island, Coit Tower, War Memorial Opera House, City Hall and the Palace of Fine Arts, to name just a few.

Among the wealth of green spaces in San Francisco, one treasure is the Golden Gate Park. In addition to having biking & walking trails and picnic areas, the Golden Gate Park houses many attractions, including California Academy of Sciences, the de Young Museum, the Japanese Tea Garden, Conservatory of Flowers, and the San Francisco Botanical Garden.

There are many ways to explore San Francisco and neighboring cities. In the vicinity of Moscone Center and within walking distance are plenty of fine and casual dining options with flavors from diverse ethnic backgrounds. Also within walking distance are several attractions such as San Francisco Museum of Modern Art (SFMOMA), Museum of the African Diaspora, Contemporary Jewish Museum, Children Creativity Museum and Yerba Buena Gardens. Additional ways to visit the other parts of San Francisco and neighboring cities include sightseeing tours, ferry rides, biking, public transport (e.g., Muni light rail, BART & Caltrain) and driving. I hope you enjoy visiting some of these attractions.

Again, on behalf of NCPS, welcome to San Francisco!

Farah Zaidi, M.D.
President
Northern California Psychiatric Society
As the top-ranked psychiatric hospital in the U.S., you can rely on McLean for the very best in professional education. Our fully accredited programming offers a wide range of conferences, lectures, and specialty trainings to help mental health professionals enhance their knowledge and grow their careers. Whether you choose to learn in person or online, you’ll be learning from the leader.

You’d be amazed at how much we can pack into a CME credit.

mcleancme.org
General Information

Key Locations in the Moscone Center

APA Art Association Exhibit .................................................. Lower Lobby, Moscone South
APA Art Exhibition ............................................................... Hall A Foyer
APA Bookstore ................................................................. Halls A-C
APA Lounges ................................................................. Halls A-C
APA Central ................................................................. Halls A-C
Education Center ............................................................ South Lobby Behind Escalator
APA Housing Desk ............................................................. South Lobby
APA Information Center .................................................. South Lobby
APA JobCentral ............................................................ APA Central booth # 1231
APA Newsroom ............................................................... Room 105, Moscone South
CME Certificate of Attendance and Evaluation ......................... South Lobby
Exhibitor Registration ....................................................... South Lobby
First Aid Room ................................................................. Behind Room 6, Lower Mezzanine
International Housing Desk ................................................ South Lobby
Lost & Found ................................................................. Room 70/72 Lower Mezzanine
Luggage/Coat Check ........................................................ Mezzanine Level/Esplanade
Meetings Office ............................................................... Room 70/72, Lower Mezzanine
Mothers Nursing Pod ....................................................... Moscone South, Lower Mezzanine Level, near Room 50
On Demand Sales ............................................................. South Lobby, Moscone South
Psychiatric News ............................................................. Room 62, Lower Mezzanine
Registration ................................................................. South Lobby, Moscone South
Shuttle Bus Desk ............................................................. South Lobby, Moscone South
APA Central

APA Central
Exhibit Halls A-C, Exhibition Level
Moscone South

Saturday
11:45 a.m. - 4:00 p.m.
9:15 a.m. - 10:30 a.m.
11:45 a.m. - 4:00 p.m.

Sunday - Monday
9:15 a.m. - 10:30 a.m.
11:45 a.m. - 4:00 p.m.

Tuesday
9:15 a.m. - 10:30 a.m.
11:45 a.m. - 4:00 p.m.

All attendees are invited to visit APA Central in the Exhibit Hall to learn how APA provides medical leadership for mind, brain and body. Representatives from the APA are available to answer your questions.

Not an APA Member?
Join APA and discover the value of membership. By joining onsite, you will receive a gift certificate that can be used with your next purchase of books, journals, subscriptions, or other products sold by American Psychiatric Association Publishing. Fully trained psychiatrists will receive $200 certificates, residents and fellows will receive $50 certificates, and international psychiatrists will receive $100 certificates. Stop by APA Central for more details and to apply.

Explore PsychPRO
PsychPRO is your comprehensive mental health clinical data registry. Created by APA, PsychPRO helps health care organizations measure mental health care quality and improve patient outcomes. PsychPRO learns and grows as it incorporates new data from organizations like yours. When you join our community, you help accelerate mental health care progress for all patients. Our powerful platform retrieves, aggregates, and analyzes data to uncover best practices and inform providers.

PsychPRO is led by APA and its members to ensure integrity, provide affordability, and encourage widespread adoption — all for the greater good. Our clinical authority and unwavering commitment to serving both the mental health field and the public make APA uniquely equipped to lead the charge in establishing quality care.

APA Foundation
As the charitable foundation of the American Psychiatric Association, our mission is to:

▶ Invest in the future leaders of psychiatry.
▶ Support research and training to improve mental health care.
▶ Lead partnerships to address public challenges in mental health.

All of our initiatives focus on one vision: A mentally healthy nation for all.

Donate and support Foundation programs that promote the importance of mental health where we live, learn, work, worship and play. For more information about the APA Foundation, visit apafdn.org.

APAPAC & Congressional Advocacy Network
Together, we’re making a difference to reach lawmakers on the importance of the many issues facing our profession and patients like access to high quality mental health care, parity enforcement, research, and social determinants of health. APA members can get involved through the American Psychiatric Association Political Action Committee (APAPAC) and the Congressional Advocacy Network (CAN). APAPAC identifies and makes political contributions to candidates’ campaigns for federal office who are supportive of mental health issues affecting our specialty and our patients, through the generous contributions of members. CAN helps to develop, train, and energize a national network of psychiatrists committed to building personal relationships with members of Congress to help educate them on mental health issues and the profession of psychiatry. Please stop by APA Central to learn how you can get involved.

APA JobCentral
Looking for your next career move, or need to hire? Visit APA JobCentral located in APA Central to discover available jobs across the country or post a position. A representative will be available to assist you with the user-friendly system. Using the Event Connection tool, candidates and employers can flag their resume and/or posting to show their attendance at this year’s meeting. Stop by and pick up a copy of the 2023 APA JobCentral Featured Jobs guide. Visit us online at psychiatry.org/jobcentral and preview our new career benchmark survey tool.
General Information

**APA Art Association Exhibit**

*Lower Lobby, Moscone South*


day | time
---|---
Sunday | 10:00 a.m. - 4:00 p.m.
Monday – Tuesday | 10:00 a.m. - 5:00 p.m.

This exhibit includes paintings, photography, ceramics, and crafts created by APA members and/or their significant others. Stop by for information on joining the APA Art Association.

**APA Foundation Benefit**

*APA Meetings App*

The APA Meetings App gives you all the information you need to navigate the Annual Meeting.

Search the scientific program by day, format, topic, or speaker. Use maps to find meeting spaces and the Exhibit Hall. Receive real-time alerts from the APA and provide feedback through surveys.

To download the app for Apple and Android devices, visit the App Store or Google Play and search for “APA Meetings” or visit psychiatry.org/app from your mobile device. For app assistance during the meeting, visit the Education Center.

**APA Newsroom and Communications Office**

*Room 105, Moscone South*

Saturday – Tuesday | 8:00 a.m. - 5:00 p.m.
Wednesday | 8:00 a.m. - 11:00 a.m.

These rooms are for the use of registered and credentialed members of the media.

**Continuing Medical Education**

**Certificate of Attendance and Evaluation**

The general meeting evaluation and CME certificates are available at the CME Credit Booth located in the South Lobby, Monday – Wednesday, 7:30 a.m. – 5:15 p.m. or online at psychiatry.org/AMcme. The online evaluation website will be available during the meeting and for three months afterward. Participants can claim CME certificates through August 25, 2023. You will need the username and password provided in your registration confirmation email or your badge number to access the evaluation and obtain your certificate. For assistance, please contact educme@psych.org. Certificates will not be issued after August 25, 2023.

**APA Bookstore**

*Exhibit Halls A-C, Exhibition Level, Moscone South*


day | time
---|---
Saturday | 11:45 a.m. - 4:00 p.m.
Sunday - Monday | 9:15 a.m. - 10:30 a.m.
| 11:45 a.m. - 4:00 p.m.
Tuesday | 9:15 a.m. - 10:30 a.m.
| 11:45 a.m. - 1:30 p.m.

Stop by the APA Bookstore to see the latest books, journals and online content. You’ll find new bestselling titles and classic reference works on every area of psychiatry, including the DSM-5-TR. APA members can take advantage of a 20 percent discount, and APA resident-fellow members receive a 25 percent discount on all book purchases. Special member prices are available on subscription products.

**Book Signings**

*Monday, May 22*

**Bestselling Authors:**

*Heather McGhee* | 12:15 p.m. - 2:45 p.m.
*Beth Macy* | 3:15 p.m. - 3:45 p.m.

**Psychiatric News and Psychiatric News Update**

The Psychiatric News Update is an enewsletter that is produced on-site each day of the meeting and reports on major Annual Meeting events, plenary and scientific sessions, and general news. It is emailed to all attendees and APA members and is available in the APA Meetings App. Print copies of the latest issue of Psychiatric News can be picked up from bins located in key locations at the Moscone Center. Extensive coverage of the meeting will appear in later issues of Psychiatric News in special Annual Meeting sections.
General Information

Educational Objectives
By participating in this meeting, you will:

- Describe new research findings in psychiatry and neuroscience and how they may impact practice.
- Apply quality improvement strategies to improve clinical care.
- Provide culturally competent care for diverse populations.
- Describe the utility of psychotherapeutic and pharmacological treatment options.
- Integrate knowledge of current psychiatry into discussions with patients.
- Identify barriers to care, including health service delivery issues.

Accreditation
In support of improving patient care, the American Psychiatric Association is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The APA designates this live activity for a maximum of 43 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Unless otherwise specified, scientific sessions on the Annual Meeting program meet the criteria for AMA PRA Category 1 Credit™. Sessions in the following program formats are designated as Category 1: courses and master courses, FOCUS Live!, general sessions, learning lab sessions, presidential sessions, and APA Publishing sessions.

Poster sessions, the Emerging Voices plenary, and events in the Mental Health Innovation Zone are NOT designated for AMA PRA Category 1 Credit™. Please note that the scientific program schedule is subject to change. Please see the APA Meetings App for details on changes to the scientific program.

Attendance
Scientific sessions and posters are open to all Annual Meeting registrants. Courses and master courses require advance registration and an additional registration fee. You must be registered for the meeting before you can enroll in courses and master courses.

To document CME credit earned at the Annual Meeting, participants should maintain a list of sessions they attend. Credit is earned on an hour-for-hour basis. A daily attendance log is provided in this book for tracking your sessions and credits. See page 66.

Course Enrollment
Moscone Center
Saturday – Wednesday 8:00 a.m. – 5:00 p.m.

Course Information
Take advantage of our unique course offerings to ensure continued success in your profession. The APA provides over 22 courses that will help enhance your skills to provide a superior quality of service to your patients.

Courses are designed to refresh your thinking, gain insight, master new material in depth, and network with mental health professionals. APA Annual Meeting courses will cover a variety of topics this year, including child and adolescent psychiatry, addiction psychiatry, psychotherapy, geriatric psychiatry, and psychopharmacology. The APA offers six master courses that are designed to broaden your professional skills and knowledge in special areas. All master courses include a content-related publication from American Psychiatric Association Publishing.

Course descriptions are available in the APA Meetings App. You must be registered for the meeting before you can enroll in courses and master courses. A separate fee is required for all courses and master courses. Course enrollment can be completed at Registration beginning at Noon on Friday.

Education Center
103/104 Foyer, Moscone South
Saturday – Wednesday 7:30 a.m. – 5:15 p.m.

Education Information
Come to the Education Center to learn more about APA educational opportunities online and after the meeting. Members of the APA administration will be available to answer your questions on MOC, CME and Annual Meeting programming, as well as provide information on how APA educational resources can help you meet your education needs.

APA Meetings App Information
Is this your first APA Annual Meeting? New to the APA Meetings App? Stop by the Education Center to take the mobile meeting app for a test drive.
General Information

Scientific Program Concierge
Come here for information on scientific sessions listed in the Program or Syllabus, to learn how to submit a scientific session for the 2024 Annual Meeting, or for changes to your scientific session.

Presenter Changes
We understand that emergencies can necessitate a last-minute presenter change. If you need to replace, add or remove a presenter for your scientific session, please contact the Scientific Program Concierge in the Education Center no less than 24 hours in advance of the start of your session. All presenters must submit a financial disclosure and presenter release and must be approved by the Scientific Program Committee.

APA Scholar Check-In
If you applied in advance for the APA Scholar program, come to the Education Center to check in and receive instructions at least 30 minutes prior to the start of your session.

On Demand Sales
Lobby, Moscone South
Saturday – Wednesday 7:30 a.m. – 5:30 p.m.
Located in the Education Center, APA Annual Meeting On Demand includes over 300 hours of educational content from the Annual Meeting. Content is available online within 24 hours.

Exhibitor Registration
Lobby, Moscone South
Friday 12:00 p.m. – 6:00 p.m.
Saturday – Tuesday 7:30 a.m. – 1:00 p.m.
Registered exhibitors will receive red badges that will permit access only to his/her exhibit booth in the Exhibit Hall and to ride the APA shuttle bus. If an exhibitor wants to attend sessions, he/she must register for the meeting and pay the appropriate fee.

Exhibits
Exhibit Halls A-C, Exhibition Level
Moscone South
Saturday 11:45 a.m. – 4:00 p.m.
Sunday - Monday 9:15 a.m. – 4:00 p.m.
Tuesday 9:15 a.m. – 1:30 p.m.
The Exhibit Hall closes at 10:30 a.m. and reopens at 11:45 a.m. Sunday and Monday. All exhibits in the Exhibit Hall close at 1:30 p.m. on Tuesday. For details of all Exhibit Hall activities, please refer to the Exhibit Guide, Page 135.

Mid-Day Mingles
Enjoy an extended stay to meet exhibitors and learn more about their products and services from 11:45 a.m. - 1:30 p.m. Complimentary snacks will be available throughout the hall.
See Exhibition Information, page 136 for more information on Exhibit Hall activities.

The Stage
This is the hub of the Exhibit Hall where you can rest, recharge electronic devices and take advantage of great non-CME presentations:

Coffee & Conversations
Join thought leaders as they present 30-minute talks on engaging, timely topics over a cup of coffee. See page 143 for details.

Huddles
Huddles are 30-minute presentations hosted by sponsors on various topics. See page 142 for details.

First Aid
Behind Room 6, Exhibition Level
Moscone South
Tuesday (May 16) – Wednesday (May 24) 7:00 a.m. – 6:00 p.m.

Mental Health Innovation Zone
Hall B Foyer, Exhibition Level, Moscone South
Saturday (May 20) – Tuesday (May 23)
See page 22 for more information.

Gender-Neutral Restrooms
Gender-neutral restrooms are on each floor of the Moscone Center and are identified with appropriate signage.

International Pavilion
Exhibit Halls A-C, Exhibition Level
Moscone South
Saturday 5:30 p.m. – 7:00 p.m.
Sunday – Tuesday 10:00 a.m. – 4:00 p.m.
General Information

Lost and Found
Room 70/72, Lower Mezzanine, Moscone South
Friday – Wednesday 6:30 a.m. - 5:00 p.m.

Meetings Office
Room 70/72, Lower Mezzanine, Moscone South
Friday – Wednesday 6:30 a.m. - 5:00 p.m.
Members of the APA Administration located in the Meetings Office are in charge of the logistics for the meeting. Lost and found is also located in this office.

Nursing Mother's Pod
Moscone South, Lower Mezzanine Level, near Room 50

Participation Policy
The American Psychiatric Association’s policy is to promote an environment of mutual respect, well-being, and collegiality at its meetings. APA values and benefits from the diverse opinions its members hold on the issues with which the Association and the psychiatric profession are confronted. All individuals at the meeting agree to conduct themselves in a manner appropriate for health care professionals. This includes respect for the intellectual property of others, proper display and use of meeting badges, and the avoidance of aggressive or inappropriate behavior towards others. Individuals participating in APA sponsored meetings agree to listen respectfully to all views presented, be courteous to others regardless of whether you agree or disagree with the views presented, and to exhibit the professionalism and collegiality expected of psychiatrists. If an individual believes that these rules have been violated or acceptable social decorum has otherwise been breached, they shall contact a member of the APA Administration to help with the situation. APA reserves the right to remove any posted content and to remove meeting access rights of any individual violating this policy and will not provide a refund.

Publishers Book Expo/Career Expo
Exhibit Halls A-C, Exhibition Level
Moscone South
Saturday 11:45 a.m. - 4:00 p.m.
Sunday - Monday 9:15 a.m. - 4:00 p.m.
Tuesday 9:15 a.m. - 1:30 p.m.

Registration
Admission to all sessions is by registration badge only. A separate fee is required for all courses and master courses.

Lobby, Moscone South
Friday Noon - 6:00 p.m.
Saturday – Tuesday 7:30 a.m. - 5:00 p.m.
The registration fee covers admission to all sessions (except courses and master courses) and shuttle buses and includes a badge and copy of the Guide to the 2023 Annual Meeting. The Guide, Syllabus and Proceedings, and Poster Proceedings will be published online for downloading. Registration badges are required for all sessions and the Exhibit Hall. Only an APA member badge will admit you to the Business Meeting.

Scientific Session Capacity Guidelines
If overcrowding occurs in a scientific session, we ask for your assistance in abiding by the following guidelines so that all in attendance can benefit:

► Take a seat as close to the front of the room as possible.

► Move to the center of the row and fill all seats so that chairs are available near the aisles for additional attendees.

► Don’t stand or sit in the aisles or lean against walls. The fire marshall may shut down an overcrowded session; therefore, please either find a seat or choose another session to attend.

Session Overflow Theater
Rooms 207/208/215/216
Second Level, Moscone South
Sessions will occasionally reach capacity. If this is the case, the session may be made available in the Session Overflow Theater.

Bring your personal phone or mobile device and a pair of headphones to access audio of any session currently available in the overflow theater.

Overflow information, including availability of sessions in the overflow theater, will be posted in the APA Meetings App.
General Information

Session Slides
Some presenters have elected to provide their presentation slides to meeting attendees in advance. Should session slides be available, they can be downloaded from the APA Meetings App under the session description. If slides are not available in the app, this means the session presenters did not provide their slides in advance.

Smoking Policy
Smoking is not allowed anywhere in the Moscone Center.

Audio and Visual Reproduction Policies
Attendees are not permitted to photograph or video record any session, including any slides presented during a session. This prohibition includes photographs taken with cell phone cameras. Audio recording using small portable recorders is permitted for personal use only, unless prohibited by the individual session presenter(s). Use of larger, professional recorders is permitted only for registered members of the working press in accordance with APA press policies. Media will be identified with silver badges, and approved equipment will be identified with APA Newsroom stickers. APA’s authorized recording vendor will be clearly identified when recording sessions.

Wi-Fi
Attendees will have free wireless access in all public spaces and meeting rooms.

There is also free Wi-Fi at The Stage (Exhibit Halls A-C, Exhibition Level, open during exhibit hours), with charging stations for electronic devices.

Future APA Meetings

APA Annual Meetings
May 4–8, 2024 New York, NY
May 17–21, 2025 Los Angeles, CA

Mental Health Service Conference
October 12-14, 2023 Washington, DC

Registration is now open for the 2023 Mental Health Services Conference! For preliminary program information, which includes registration, housing, air travel, and the scientific program, and to register, please visit psychiatry.org/mhsc.
## SCHEDULE-AT-A-GLANCE

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Time</th>
<th>Activities</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Friday</strong></td>
<td>May 19</td>
<td>Noon - 6:00 p.m.</td>
<td>Registration Open</td>
</tr>
<tr>
<td><strong>Saturday</strong></td>
<td>May 20</td>
<td>7:30 a.m. - 5:00 p.m.</td>
<td>Registration Open</td>
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<td></td>
<td>8:00 a.m. - 5:15 p.m.</td>
<td>Courses, Scientific Sessions, Education Center</td>
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<tr>
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<td>10:30 a.m. - 5:15 p.m.</td>
<td>Poster Sessions</td>
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<tr>
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<td>11:45 a.m. - 4:00 p.m.</td>
<td>Exhibit Hall Open, Exhibits, APA JobCentral, APA Bookstore, Publishers &amp; Career Expos, Huddles, Coffee &amp; Conversations, and Product Showcases, The Stage, Mind &amp; Body Pavilion</td>
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<tr>
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<td>5:30 p.m. - 7:00 p.m.</td>
<td>Opening Session</td>
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<tr>
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<td>7:30 p.m. - 9:30 p.m.</td>
<td>Therapeutic Update, Hilton San Francisco Union Square</td>
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<tr>
<td><strong>Sunday</strong></td>
<td>May 21</td>
<td>7:30 a.m. - 5:00 p.m.</td>
<td>Registration Open</td>
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<tr>
<td></td>
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<td>8:00 a.m. - 5:15 p.m.</td>
<td>Courses, Scientific Sessions, Education Center</td>
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<tr>
<td></td>
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<td>11:45 a.m. - 4:00 p.m.</td>
<td>APA Annual Business Meeting, APA Members Only</td>
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<tr>
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<td>5:30 p.m. - 7:00 p.m.</td>
<td>MindGames live competition</td>
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## SCHEDULE-AT-A-GLANCE

### Monday
**May 22**
- **7:30 a.m. - 5:00 p.m.** Registration Open
- **8:00 a.m. - 5:15 p.m.** Courses, Scientific Sessions, Education Center
- **9:15 a.m. - 10:30 a.m.** Exhibit Hall Open
- **11:45 a.m. - 4:00 p.m.** Exhibits, APA JobCentral, APA Bookstore, Publishers & Career Expos, Huddles, Coffee & Conversations, and Product Showcases, The Stage, Mind & Body Pavilion
- **10:30 a.m. - Noon** Emerging Voices: DEIB, Leadership and Innovation Plenary Session
- **5:30 p.m. - 6:30 p.m.** Convocation of Distinguished Fellows feat. the William C. Menninger
- **7:00 p.m. - 10:00 p.m.** APA Foundation’s Annual Benefit

### Tuesday
**May 23**
- **7:30 a.m. - 5:00 p.m.** Registration Open
- **8:00 a.m. - 5:15 p.m.** Courses, Scientific Sessions, Poster Sessions, Education Center
- **9:15 a.m. - 10:30 a.m.** Exhibit Hall Open
- **11:45 a.m. - 1:30 p.m.** Exhibits, APA JobCentral, APA Bookstore, Publishers & Career Expos, Huddles, Coffee & Conversations, and Product Showcases, The Stage, Mind & Body Pavilion
- **10:30 a.m. - Noon** Changing the Conversation Plenary Session

### Wednesday
**May 24**
- **7:30 a.m. - 5:00 p.m.** Registration Open
- **8:00 a.m. - 5:15 p.m.** Courses, Scientific Sessions, Poster Sessions, Education Center
- **8:00 a.m. - 9:30 a.m.** Poster Sessions
Shuttle Service

A 2023 meeting badge is required to ride on the courtesy shuttle bus. The George R. Moscone Convention Center will serve as the hub for all shuttle bus routes.

Shuttle buses will not pick up at each hotel, you must go to the closest shuttle stop to board the bus to and from the Moscone Convention Center.

**Route 1 – Red**
- Hilton SF Union Square
- Hotel Spero
- Parc 55
- Axiom Hotel
- Hotel Abri
- Hotel Nikko
- Hotel Zetta
- Taylor Street Entrance at Hilton SF Union Square
- Lobby Entrance at Parc 55

**Route 2 – Yellow**
- Hotel Triton
- Omni San Francisco
- Palace Hotel
- Across Kearny St. at Bush St.
- Bar Entrance on Montgomery St.
- Lobby Entrance

**Route 3 – Blue**
- Clift Royal Sonesta
- Westin St. Francis
- JW Marriott
- Beacon Grand
- Handlery Union Square
- Grand Hyatt
- Marriott Union Square
- The Barnes
- Villa Florence
- On Taylor at Geary Street
- Post Street Entrance at Westin St. Francis Stop

**Hours of Operation:**
- Saturday, May 20, 2023
  - 7:00 a.m. – 8:15 p.m.
- Sunday, May 21, 2023
  - 7:00 a.m. – 5:30 p.m.*
- Monday, May 22, 2023
  - 7:00 a.m. – 7:30 p.m.
- Tuesday, May 23, 2023
  - 7:00 a.m. – 5:30 p.m.
- Wednesday, May 24, 2023
  - 7:00 a.m. – 5:30 p.m.*

*Shuttle service will temporarily halt between approximately 8:00 a.m. and 10:30 a.m. on Sunday due to the road closure on Howard St. for the Bay to Breakers Race. Exact closure times are subject to change, we recommend taking an early shuttle bus.

The following hotels are NOT on a shuttle route but are within walking distance of the Moscone Convention Center:
- The Clancy, Autograph Collection
- Hyatt Regency Downtown SOMA
- InterContinental San Francisco
- Marriott Marquis San Francisco
- Mosser Hotel
- St. Regis San Francisco
- W San Francisco

Shuttle information signs will be posted in the lobby of each shuttle hotel. Check the sign in your hotel lobby for additional information and changes. For questions regarding the shuttle or to make an advance reservation for a wheelchair accessible shuttle, please see the shuttle supervisor at the Moscone Convention Center during shuttle hours.
Hotel Names and Locations

1. Axiom Hotel San Francisco - 28 Cyril Magnin Street
2. Beacon Grand, A Union Square Hotel - 450 Powell Street
3. Grand Hyatt San Francisco Union Square - 345 Stockton Street
4. Handlery Union Square Hotel - 351 Geary Street
5. Hilton San Francisco Union Square - 515 Mason Street
6. Hotel Abri - Union Square - 127 Ellis Street
7. Hyatt Regency San Francisco Downtown SOMA - 50 Third Street
8. InterContinental San Francisco - 888 Howard Street
9. JW Marriott San Francisco Union Square - 515 Mason Street
10. Omni San Francisco - 500 California Street
11. Palace Hotel, a Luxury Collection Hotel, San Francisco - 2 New Montgomery Street
12. Parc 55 San Francisco, a Hilton Hotel - 55 Cyril Magnin Street
13. Park Central Hotel San Francisco - 544 Powell Street
14. Parc 55 San Francisco, a Hilton Hotel - 55 Cyril Magnin Street
15. Park Central Hotel San Francisco - 544 Powell Street
16. The Clancy, Marriott Autograph Collection - 299 22nd Street
17. The Clancy, Marriott Autograph Collection - 299 2nd Street
18. The St. Regis San Francisco - 125 Third Street
19. The Westin St. Francis San Francisco on Union Square - 335 Powell Street
20. W San Francisco - 181 Third Street
21. Sir Francis Drake Hotel
22. Villa Florence Hotel
23. The Mosser Hotel
24. The St. Regis Hotel
25. The Mosser Hotel
26. Villa Florence Hotel
27. The St. Regis Hotel
28. The St. Regis Hotel
29. The St. Regis San Francisco - 125 Third Street
30. The Westin St. Francis San Francisco on Union Square - 335 Powell Street
31. The St. Regis San Francisco - 125 Third Street
32. The Westin St. Francis San Francisco on Union Square - 335 Powell Street
Give health care workers the mental health support they deserve.

Find proven practices to reduce stigma, improve access to behavioral health services, and address job stressors.
Special Acknowledgments

American Association of Chairs of Departments of Psychiatry: co-support of the APAF/AACDP Research Mentorship Award.

American Psychiatric Association Foundation: support of the Child and Adolescent Psychiatry Fellowship; Public Psychiatry Fellowship; Diversity Leadership Fellowship; Jeanne Spurlock Congressional Fellowship; American Psychiatric Leadership Fellowship; Community Diversity Fellowship; and the Psychiatric Research Fellowship.

American Academy of Psychiatry and the Law: support of the Manfred S. Guttmacher Award and the Isaac Ray Award.

Association of Gay and Lesbian Psychiatrists: co-support of the John Fryer Award.

Association of Women Psychiatrists: co-support of the Alexandra Symonds Award Lecture.

Estate of Agnes Purcell McGavin: support of the Agnes Purcell McGavin Awards for Distinguished Career Achievement in Child and Adolescent Psychiatry, and for Prevention.

Estate of Dorothy C. Kemp: support of the Kempf Fund Award for Research Development in Psychobiological Psychiatry Awards.

Estate of Judd Marmor, M.D.: support of the Judd Marmor Award.

Estate of Kun-Po Soo, M.D., Ph.D.: support of the Kun-Po Soo Award.

The Nasrallah family: support of the Nasrallah Family Award for Advances in Psychiatric Neuroscience.

National Institute on Drug Abuse, American College of Neuropsychopharmacology, Society of Biological Psychiatry and Medical Technology Enterprise Consortium: the Research Colloquium for Junior Investigators.

Scattergood Program for Applied Ethics at the University of Pennsylvania and Saint Elizabeths Hospital, Washington, D.C.: recognized for its collaboration with the 2023 Scientific Program Committee in the development of an ethics track for the 2023 Annual Meeting.

Substance Abuse and Mental Health Services Administration: support of the SAMHSA Minority Fellowship Program and the APAF Notice. Talk. Act at School Mental Health Awareness Training.

The Ittleson Foundation: support of the Blanche F. Ittleson Award for Research in Child Psychiatry.

National Institute on Alcohol Abuse and Alcoholism: organizing and support of the 2023 Annual Meeting Research Track.

Sozosei Foundation: support of the APAF Community Diversity Fellowship.

Brave of Heart Fund, founded by the Foundations of New York Life and Cigna and administered by E4E Relief: support of Frontline Connect, Mental Health for the Health Care Workforce.
The Mental Health Innovation Zone is a tech conference within the APA Annual Meeting, bringing together innovators and entrepreneurs to explore what is coming next in mental health technology and the future of innovation in mental health care. This year the Zone will host a series of panel discussions on social media and digital technologies for mental health care, and presentations of new apps and medications on the cutting edge of the field.

**WELCOME SESSION**
**Saturday, May 20, 9:30 a.m. – 10:30 a.m.**
**Steven Chan, M.D., M.B.A.**

The Mental Health Innovation Zone (MHIZ) welcome session will showcase the technological advancements in metal and behavioral health. During the meeting, MHIZ will feature presentations that encourage development and this session will provide an overview of the topics. The MHIZ Committee Chair, Steven Chan MD, has collaborated with experts in psychiatry and innovation to develop a cutting edge program throughout annual Meeting. Steven Chan, MD, (@StevenChanMD, www.stevenchanMD.com) is a clinical informaticist and addiction psychiatrist, clinical assistant professor at the Stanford University School of Medicine, and Chair of the Committee on Innovation at the American Psychiatric Association. Dr. Chan’s research encompasses telepsychiatry and digital mental health, applied to underserved and minority health. Dr. Chan is a sought-after national speaker whose ideas, thoughts, and research have been featured at Google headquarters, JAMA, Telemedicine and e-Health, JMIR (Journal of Medical Internet Research), Wired, PBS, and NPR Ideastream. His latest venture is Mental Power Hacks — @mpowerhacks — a consumer guide to mental performance, productivity, & success.

**MINDGAMES COMPETITION**
**Sunday, May 21, 5:30 p.m.**

The Mental Health Innovation Zone will champion the future of psychiatry through 2023 MindGames competition on Sunday, May 21, 5:30pm. The jeopardy style event stimulates and challenges psychiatry residents on their medical knowledge and their ability to quickly, critically and accurately apply such knowledge in answering questions related to psychiatric disorders and treatment approaches. Competitors are expected to exhibit professionalism and fair play throughout the process.

**PSYCHIATRY INNOVATION LAB (PIL)**
**Monday, May 22, 2:00 p.m.**

On Monday, May 22, MHIZ will facilitate the Psychiatry Innovation Lab (PIL), which brings together leaders in psychiatry with experts in business, technology, medicine, and government. PIL participants will pitch their ideas for innovations in mental health care to win a prize awarded by a panel of expert judges.

**Innovations in DEI & Underserved Care**
**Saturday, May 20, 9:30 a.m. – 10:30 a.m.**

Technology has revolutionized the way we access mental health services, and we now have countless options to provide mental health support to underserved and minority communities. Join us to explore how technology can innovate the mental health field with a focus on mobile apps, virtual platforms, and online tools to provide therapy and counseling services to those who may not have access to care. We’ll also discuss how technology can be used to collect data, measure progress, and improve collaboration among mental health clinicians. Finally, we’ll explore the potential of using technology to create a more equitable and inclusive mental health care system.

**How to Build An App — from Psychiatrists Launching their Own**
**Saturday, May 20, Noon – 12:40 p.m.**

Building a mental health app can be a great way to reach out to those in need of emotional and mental support who may be lacking access to care. With the right strategy and design, you can create an app that helps users manage their mental health, promote positive habits, and access resources. This panel will give a high level approach to building a mental health app from clinicians who have been involved in the process.

**Accelerators, Incubators, and Startups**
**Saturday, May 20, 12:45 p.m. – 1:30 p.m.**

Startup culture is on the rise, and that includes mental health startups. Mental health is one of the top global healthcare issues, and while there has been some progress in recent years, there is still a need for innovative solutions. This is where accelerators, incubators, and startups come in. Accelerators are programs that provide resources, mentorship, and funding to help a startup grow quickly. Incubators provide a longer-term, more structured approach to developing a startup. They provide space and tools for entrepreneurs to develop their ideas and also provide mentorship and resources. Startups are companies that use innovative approaches to develop products and services that address mental health issues. In this panel, we will discuss the different types of accelerators, incubators, and startups that are focused on mental health, look at their different approaches, the services they offer, and the impact they can have on the mental health space. We will also discuss some of the challenges these organizations face and the opportunities for growth in the future.

Use the #APAAM23 hashtag or #MHIZ to stay connected throughout the meeting.
VR/AR Applications in psychiatry

Sunday, May 21, Noon – 12:40 p.m.

Virtual Reality (VR) and Augmented Reality (AR) are becoming more prevalent in the field of psychiatry, offering new ways for psychiatrists to treat their patients. The panel will discuss the potential applications of VR and AR in psychiatry and how these technologies can be used to help patients. It will cover how VR and AR can be used to create realistic environments for therapy, allowing psychiatrists to better simulate real-world scenarios and give patients a more immersive experience. The use of AR and VR in psychiatry can also help create virtual spaces where patients can explore their own thoughts and feelings in a safe and controlled environment. Additional applications of VR and AR include treating mental health issues such as depression, anxiety, and post-traumatic stress disorder (PTSD). Finally, the panelists will discuss how these technologies can be used to help create virtual support systems that can help patients cope better with their symptoms as well as the dangers and limitations of using VR and AR in mental health.

Leadership and Innovation in Psychiatric Technology & Engineering

Sunday, May 21, 12:45 p.m. – 1:30 p.m.

Mental health is an important part of any individual’s overall well-being and in recent years, technological advancements have allowed for a greater understanding of mental health. These advancements have brought innovative treatments and improved quality of care. This panel explores the role of leadership and innovation in mental health technology. We’ll talk about the need for leaders in the field to recognize the potential of new technologies, to inspire and guide researchers and practitioners, and to create an environment that encourages collaboration and creativity. Finally, we’ll discuss how the right leadership can enhance the impact of mental health technology, enabling it to reach a wider audience and improving the quality of care available to those in need.

Machine Learning and Biomarkers

Monday, May 22, Noon – 12:40 p.m.

This panel explores the use of machine learning and biomarkers in psychiatry via studies that explore the brain and aim to better understand and treat mental illnesses. Machine learning is a type of artificial intelligence that gives computers the ability to learn and improve from experience. In an effort to better understand the root causes of mental health conditions and improve treatments, machine learning and biomarkers are being explored as a way to build complex models which can be used to make predictions and classify data. Additionally, machine learning can be used to better understand the patterns and relationships between symptoms, behavior, and mental illness, as well as to predict the effectiveness of treatments. The second topic, biomarkers, are measures which can be used to measure changes in the body related to illness. In psychiatry, biomarkers can be used to measure the activity of the brain and changes in brain chemistry which can be used to identify potential risk factors for mental illness. This panel aims to explore how machine learning and biomarkers can be used to improve our understanding of mental illness and better.

Venture Capital and Funding for Mental Health

Monday, May 22, 12:45 p.m. – 1:30 p.m.

Are you an entrepreneur looking to start a mental health startup? Fundraising is one of the most difficult parts of getting a new venture off the ground. We will discuss venture capital and funding for mental health startups by exploring the current landscape of venture capital and funding for mental health startups. We’ll explain the types of investments available and the criteria for getting funding as well as identify the key players in the venture capital and funding world. Lastly, we’ll discuss the challenges of getting funding for mental health startups as we look at some of the common misconceptions about venture capital and the challenges of gaining traction for an innovative idea.

Sustaining Innovation in Mental Health: Navigating Payment & Monetization

Tuesday, May 23, Noon – 12:40 p.m.

How do you ensure mental health innovations are financially sustainable? Join the panel to discuss how to financially sustain innovation in the mental health industry. We’ll go over ways to secure funding and grants, ways to increase revenue, and strategies to ensure that your mental health innovations continue to thrive in the long-term.

ChatGPT, AI Interactions, & Everything Chatbot

Tuesday, May 23, 12:45 p.m. – 1:30 p.m.

Chatbots and conversational agents are becoming increasingly popular in mental health care. We’ll discuss how chatbots and conversational agents can be used to provide mental health support and how they can be used to supplement traditional therapy. We’ll also look at the ethical considerations of using this technology in the field of mental health as well as challenges that may present with this new technology.
Visit the
APA BOOKSTORE
in the Exhibit Hall
May 20-23, 2023

Bookstore Hours
Saturday 11:45 a.m. – 4:00 p.m.
Sunday 9:15 a.m. – 10:30 a.m.
11:45 a.m. – 4:00 p.m.
Monday 9:15 a.m. – 10:30 a.m.
11:45 a.m. – 4:00 p.m.
Tuesday 9:15 a.m. – 10:30 a.m.
11:45 a.m. – 1:30 p.m.

SPECIAL DISCOUNTS!
20% for APA MEMBERS
25% for APA RESIDENT-FELLOW MEMBERS
15% for NONMEMBERS
Disclosure Information

American Psychiatric Association Continuing Medical Education Policy on Full Disclosure

For all program planners and presenters at CME activities, the American Psychiatric Association requires disclosure of all relevant financial relationships with any commercial interest in any amount occurring within the past 12 months, including those of spouse/partner. A commercial interest is an entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on, patients. Financial relationships are those relationships in which the individual benefits by receiving a salary, royalty, intellectual property rights, consulting fee, honoraria for promotional speakers’ bureau, ownership interest, or other financial benefit. An “affiliation” may include holding a position on an advisory committee, speakers’ bureau or some other role or benefit to a supporting organization.

In compliance with the ACCME’s Standards for Commercial Support, the APA has a management of conflict (MIC) process for all CME activities. This process ensures that all conflicts of interest are identified, managed and resolved prior to the educational activity. Additionally, the prospective audience must be informed of the presenters’ or program planners’ affiliations with every commercial interest by an acknowledgment in the online disclosure index and verbal or visual disclosure to participants at the session (disclosure by slide is required if audiovisual equipment is used for the presentation). Disclosing the relevant financial relationships that were present and resolved assists learners in assessing the potential for bias in the information that is presented. The APA also requires verbal disclosure of discussion of unlabeled uses of a commercial product or investigational use of a product not yet approved for this purpose.

The presenters and planners listed in section A of the online disclosure index indicated that either they or a spouse/partner have a financial interest or other affiliation with a commercial entity producing, marketing, re-selling, or distributing health care goods or services consumed by or used on patients; the company name and affiliation is also listed. Providers of clinical service directly to patients are not considered to be commercial interests. The second group of presenters and planners, listed in section B, indicated neither they nor a spouse/partner have any relationship to disclose.

All presenters and planners must complete a disclosure in order to participate in an APA CME activity. The online disclosure listing includes both the presenters and planners of the Scientific Program and New Research Poster Sessions.

For disclosure information for the 2023 Annual Meeting program, visit psychiatry.org/AMdisclosure
CERTIFICATE OF ATTENDANCE

How do you obtain it?

GET YOUR CERTIFICATE ONLINE OR IN PERSON

To receive your certificate in person:
Complete the general evaluation form at the CME Certificate of Attendance Booth
Located in the Education Center, New Orleans Theater Foyer, Second Floor

Types of Certificates
• Certificate of Credit for physicians
• Certificate of Attendance for non-physicians

CME Certificate of Attendance Booth
Location: Education Center, 103/104 Foyer, Moscone South

Hours of Operation:
May 20-25  7:30a.m. - 6:30p.m.  Daily

CERTIFICATE IS AVAILABLE DURING OR AFTER THE MEETING

To receive your certificate online:
Complete the online evaluation at psychiatry.org/AMcme
*Retain badge number to access evaluation online

The website will remain active until: August 25, 2023

CME credit for APA members will be recorded at apaeducation.org and transferred to your ABPN Physician Portal in October 2023.

Accreditation & Designation

In support of improving patient care, American Psychiatric Association (APA) is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The American Psychiatric Association designates this live activity for a maximum of 43 AMA PRA Category 1 Credits™ Physicians should claim only the credit commensurate with the extent of their participation in the activity.

For questions, contact the American Psychiatric Association Office of Accreditation & Compliance: educme@psych.org

Note: Canadian physicians may record this group learning activity for Royal College of Canada MOC Section 1 credits.
Program

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Program information listed as of April 22, 2023. For up-to-date session details, please download the APA Meetings App.
Format Descriptions

Courses/Master Courses
Courses are designed to emphasize learning experiences that actively involve participants, include the opportunity for informal exchange with the faculty, and provide a deeper exploration of a topic than would be found in the general meeting program. Offered in four-hour (half-day), and eight-hour (full-day) sessions, courses either review basic concepts in a special subject area or present advanced material on a circumscribed topic. Courses require an additional fee for enrollment.

FOCUS Live
These 90-minute sessions allow participants to test their knowledge using an interactive audience response technology. Experts, who served as guest editors of FOCUS, will lead lively multiple-choice question-based discussions, and the audience will enter their answers with their mobile devices. Results are instantly tallied and projected on the screen, providing participants with immediate feedback. Attendees are expected to bring their own devices for use during the session. MOC-2 credit is available for participants in FOCUS Live sessions.

General Sessions
General Sessions emphasize learning through a combination of lecture and audience interaction, such as role playing and small group discussion. All General Sessions are 90 minutes long and comprise the majority of the scientific program at the Annual Meeting.

Learning Lab
The Learning Lab introduces an exciting new way to learn at the Annual Meeting. Each session in the Learning Lab transforms learning through collaboration, rich discussion around issues impacting psychiatry and hands-on learning.

Poster Sessions
This format allows for presentations of very recent findings. Posters are visual, self-explanatory presentations offered in three categories: International, Medical Student/Resident Competition and New Research.

Presidential Sessions
Presidential Sessions are prestigious 90-minute presentations by experts in their respective fields, specially invited by the APA President to speak at the meeting. These sessions feature the most prestigious speakers and will cover topics of the greatest relevance to psychiatry today.

APA Publishing Sessions
These sessions, organized by American Psychiatric Publishing, are 90 minutes and feature presentations on a particular topic by APA authors and editors. During these sessions, attendees can meet and interact with authors and editors of APA publications.
The Learning Lab introduces an exciting new way to learn at the APA Annual Meeting. Every session in the Learning Lab transforms learning through collaboration, rich discussion around issues impacting psychiatry, and hands-on learning. Sessions include a resident leadership boot camp, crisis simulation, long-acting injectables workshop, and much more.

For more information on Learning Lab sessions, please see the APA Meetings App.

SATURDAY, MAY 20

Learning Labs
Room 301, Third Level, Moscone South
8:00 a.m. – 9:30 a.m.
How to Set Up and Sustain a Telepsychiatry Practice
Shabana Khan, M.D.; John Torous, M.D., M.B.I.; Steven Richard Chan, M.D., M.B.A.; James Shore, M.D., M.P.H.
10:30 a.m. – 12:00 p.m.
Brain-ival! Using interactive games to teach neuroscience
Ashley Walker, M.D.; David Ross, M.D.; Joseph Cooper, M.D.; Melissa Arbuckle, M.D.
1:30 p.m. – 3:00 p.m.
Transcranial Magnetic Stimulation: Future Innovations and Clinical Applications for Psychiatric Practice
Richard Bermudes, M.D.; Ian Cook, M.D.; Karl Lanocha, M.D.

SUNDAY, MAY 21

10:30 a.m. – 12:00 p.m.
Supporting Person-Centered Care: A Simulation of Hearing Voices
Sherin Khan, L.C.S.W.

MONDAY, MAY 22

1:30 p.m. – 3:00 p.m.
Using Social Media to Educate, Advocate, and Empower: A Panel of Social Media Experts in Healthcare
Jake Goodman, M.D., M.B.A.; Gregory Brown, M.D.; Howard Liu, M.D., M.B.A.; Amanda d’Almeida, M.D., M.P.H.; Daniel Villavecer, M.D., M.S.; Sasha Hamdani, M.D.
3:45 p.m. – 5:15 p.m.
Hey Siri: Can you do psychiatric education yet? (NOT FOR CME)
Amin Azzam, M.D., M.A.; Albert Tsai, M.D.

TUESDAY, MAY 23

1:30 p.m. – 3:00 p.m.
Give it Your Best Shot: Learning How to Administer Long-Acting Injectable Antipsychotics
Donna Rolin, Ph.D., A.P.R.N.; Robert Cotes, M.D.; Megan Ehret, Pharm.D., M.S.; Kathryn Hanley, R.N., L.P.A., PMHNP-BC; Raymond Love, Pharm.D., FASHP; Sarah MacLaurin, PMHNP-BC
Session Overflow

Sessions will occasionally reach capacity. If this is the case, the session may be made available in the Session Overflow Theater.

Bring your personal phone or mobile device and a pair of headphones to access audio of any session currently available in the overflow theater.

Overflow information, including availability of sessions in the overflow theater, will be posted in the APA Meetings App.

Session Overflow Theater
Rooms 207/208/215/216
Second Level, Moscone South

If a session reaches capacity, it may be made available shortly in the overflow theater, Rooms 207/208/215/216 on the second level of the convention center.

If so directed, please follow the instructions of APA Administration to the overflow theater.

Outside the doors of the theater, you will find electronic signs where you can scan a QR code on your phone or mobile device to access the audio of any session currently available in the overflow theater. A link is also available in the mobile app.

Once you have connected to your session of choice, please proceed into the theater and choose any seat. You will be able to listen to the presentation on your device and watch on the screens at the front of the room.

For the best experience and as a courtesy to others in the theater, please wear headphones while watching presentations in the overflow theater.
A Welcome to Residents, Fellows and Medical Students

Dear Resident, Fellow (RFM) and Medical Student members, welcome to San Francisco and the 2023 APA Program!

If this is your first meeting (or not, and you are still feeling a bit perplexed by this whole conference process), you might find the number of attendees a bit overwhelming, the plethora of outstanding sessions and posters inspiring but challenging to prioritize, and the Exhibit Hall and Moscone Convention Center a bit chaotic. Here are some suggestions from your RFM Committee to make your meeting the best ever.

As part of her presidential year, Dr. Brendel, with our Scientific Program Committee (SPC) chair, Dr. Eric Williams, championed the development of a new education track specifically designed to meet your needs as RFM members. Two medical students are co-chairs of this committee, and multiple medical students, residents and fellows populate the RFM subcommittee. They were asked to inform the agenda by offering guidance and suggestions for engagement, topics and speakers, and to participate in the sessions as well. We hope to answer your questions below with a wide variety of sessions. Questions like:

- Can I meet the APA leadership face-to-face, understand how the APA works, appreciate the impact of organized medicine on psychiatry, and learn the importance of early career engagement with the APA?
- What’s vital to learn about as I begin and continue my career trajectory in psychiatry (structural racism, mentorship, advocacy, the significance of psychotherapy, research networks, and maximizing wellness and avoiding burnout with life/work balance)?
- How can I make incredible presentations, hone my CV, apply for residencies, learn about fellowships, and negotiate good job contracts, start-ups, and telehealth?

Great presentations, panels, and participants, are all identified in the Program Guide as RFM track. Also included in this RFM guide are times and locations of meetings of APA Caucuses and liaison organizations which are open to anyone interested in their foci; these groups specifically have asked that we encourage you to attend. If something piques your interest, please go; start learning more and network with those who share your interests.

But that’s not all. Three medical students have developed a welcome video and a one-page tip sheet for you to make this APA meeting experience the best and most helpful it can be. Near the RFM presentation halls there will be the RFM Nuts and Bolts Oasis (literally with palm trees), a space specifically designed for RFMs to gather, relax, confab, pick up information on medical student associations, schedule times for mentorship, and dream about your future. And nearby, on Monday (5/22) afternoon, a 3 hour Residency Fair will be held where medical students can interface with numerous representatives of resident education/training programs, getting your questions answered.

The APA and your RFM Committee are committed to making this the very best program for you. Let us know if we are hitting that mark, and tell us how we can do even better. Our job is to create opportunities for you to learn and grow, and to encourage, engage, and support YOU, our next generation of psychiatrists.

Enjoy!

Jacqueline Maus Feldman, M.D.
Chair, Scientific Program RFM Committee
New this year, the Annual Meeting includes a track specifically tailored toward residents, fellows, and medical students.

This track will provide trainees with a curated meeting experience and content throughout all five days of the meeting with topics ranging from how to apply to residency or get involved with the APA as a medical student, to developing your CV and getting started in your career.
Keep up to date on the latest policy developments impacting your practice at the state and federal levels with the Research Track. Hear what’s happening and what’s coming next from key policy makers who advance mental health on a national scale. Learn how to make yourself heard, as a psychiatrist, in the discussion about social determinants of mental health.

APA partners with several government agencies to develop special sessions and will host a research track with sessions from the National Institute of Mental Health (NIMH). This year’s **Research Track** is hosted by NIAAA.

<table>
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<tr>
<th>NIAAA Research Track</th>
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<tr>
<td><strong>Saturday, May 20</strong></td>
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<td><strong>Sunday, May 21</strong></td>
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Back for the second year, the popular **Clinical Updates Track** includes practical and pragmatic training.

The Clinical Updates Track includes 18 sessions by renowned experts presenting on the practical domains clinicians deal with every day. The presenters combine their expertise with tangible learning points that provide attendees with a clear “what and why,” which can be applied directly into their practice, right away.

<table>
<thead>
<tr>
<th>Clinical Updates Track</th>
<th>Saturday, May 20</th>
<th>8:00 a.m. - 9:30 a.m.</th>
<th>Psychedelics and Psychedelic-Assisted Therapy: How to Counsel Your Patients</th>
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<td>10:30 a.m. - Noon</td>
<td>Electroconvulsive Therapy (ECT): Clinical Update for Adult and Pediatric Patients</td>
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<td>1:30 p.m. - 3:00 p.m.</td>
<td>ADHD Across the Lifespan</td>
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<td>3:45 p.m. - 5:15 p.m.</td>
<td>Approaches to Treatment Resistant OCD</td>
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<tr>
<td>Sunday, May 21</td>
<td>8:00 a.m. - 9:30 a.m.</td>
<td>Treatment Resistant Depression: Definitions, Associated Factors, Available Treatment Approaches and Vistas for the Future (Not for CME)</td>
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<td>10:30 a.m. - Noon</td>
<td>How to Provide Gender-Affirming Mental Health Care in a Clinical Setting</td>
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<td>1:30 p.m. - 3:00 p.m.</td>
<td>Benzodiazepines, Prescribing and De-Prescribing: A Panel Discussion</td>
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<td>3:45 p.m. - 5:15 p.m.</td>
<td>Pediatric Bipolar Disorder: Advances in Diagnosis and Treatment</td>
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<tr>
<td>Monday, May 22</td>
<td>8:00 a.m. - 9:30 a.m.</td>
<td>If You Are a Psychiatrist, You Need to Know How to Prescribe Monoamine Oxidase Inhibitors: Guide for MAOIs So an Effective Treatment Option Is Not Lost</td>
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<td>1:30 p.m. - 3:00 p.m.</td>
<td>Neurobiology and Treatment of Post-Traumatic Stress Disorder</td>
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<td>3:45 p.m. - 5:15 p.m.</td>
<td>Mental Health Apps: How to Recommend and Review</td>
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<tr>
<td>Tuesday, May 23</td>
<td>8:00 a.m. - 9:30 a.m.</td>
<td>Medical Comorbidities of AUD and OUD Patients: What You Need to Know</td>
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<td>1:30 p.m. - 3:00 p.m.</td>
<td>Alcohol Use Disorder</td>
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<td>3:45 p.m. - 5:15 p.m.</td>
<td>Talk as Treatment: Psychotherapy for Substance Use Disorders</td>
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<tr>
<td>Wednesday, May 24</td>
<td>8:00 a.m. - 9:30 a.m.</td>
<td>Treatment of Bipolar Depression</td>
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<td>10:30 a.m. - Noon</td>
<td>Chronic Pain for the General Psychiatrist: A Review of Shared Mechanisms and Treatment Strategies</td>
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<td>1:30 p.m. - 3:00 p.m.</td>
<td>An Update on Anxiety Disorders and Their Treatment</td>
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<td>3:45 p.m. - 5:15 p.m.</td>
<td>Advances in Non-Invasive Neuromodulation: Exploring rTMS and SAINT for the Treatment of Psychiatric Disorders</td>
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**International Medical Graduates Track**

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<thead>
<tr>
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<th>Time</th>
<th>Session Title</th>
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<tbody>
<tr>
<td><strong>Saturday, May 20</strong></td>
<td>10:30 a.m. - Noon</td>
<td>George Tarjan Award Lecture: Navigating the Cultural Landscape for Professional Success: an IMG Perspective</td>
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<tr>
<td></td>
<td>10:30 a.m. - Noon</td>
<td>Navigating Career Paths for IMGs: Charting Your Successful Future</td>
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<td>1:30 p.m. - 5:30 p.m.</td>
<td>2023 Psychiatry Review: Part 1 ($)</td>
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<tr>
<td></td>
<td>3:45 p.m. - 5:15 p.m.</td>
<td>Innovative Strategies to Collaboratively Enhance IMG Entry and Success in Psychiatry Residency</td>
</tr>
<tr>
<td><strong>Sunday, May 21</strong></td>
<td>8:00 a.m. - Noon</td>
<td>2023 Psychiatry Review: Part 2 ($)</td>
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<td>1:30 p.m. - 3:00 p.m.</td>
<td>Applying for Psychiatry Residency? Some Tips and Tricks From PDs for IMGs</td>
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<td>1:30 p.m. - 3:00 p.m.</td>
<td>Dr. IMG in the Multiverse of ECPs: Moving Beyond Training: What Should I Do? Where Do I Go? What Do I Become?</td>
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<td>3:45 p.m. - 5:15 p.m.</td>
<td>Exploring Fellowship Awards in Psychiatry: Opportunities Beyond the APA</td>
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<td><strong>Monday, May 22</strong></td>
<td>1:30 p.m. - 3:00 p.m.</td>
<td>Challenges for International Medical Graduates (IMGs) in Psychiatry in 2023: Top Issues and Solutions</td>
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<td>1:30 p.m. - 3:00 p.m.</td>
<td>International Medical Graduates: Current and Future Regulatory and Legal Issues</td>
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<td>3:45 p.m. - 5:15 p.m.</td>
<td>Supporting ECPs and RFMs in Their Careers and Beyond</td>
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<td>The UME, GME, CME Continuum in Psychiatry: An IMG Perspective</td>
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<td><strong>Tuesday, May 23</strong></td>
<td>8:00 a.m. - 9:30 a.m.</td>
<td>Acculturation as a Component of Immigration: Challenges of the Psychiatric Work Force</td>
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<td>Supporting IMGs Throughout Their Careers</td>
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<td>3:45 p.m. - 5:15 p.m.</td>
<td>International Medical Graduates in American Psychiatry: Past, Present, and Future</td>
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<td><strong>Wednesday, May 24</strong></td>
<td>8:00 a.m. - 9:30 a.m.</td>
<td>The IMG Journey: Snapshots Across the Professional Lifespan</td>
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</table>

**International Medical Graduates** (IMGs) have unique needs and considerations when navigating the mental health workforce. This track will provide IMGs with tools and tricks designed specifically for their unique situation and the issues they encounter on a daily basis.
### Diversity, Equity and Inclusion Track

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<td>From Roots to Stem: A Hands-on Approach to Cultivating Diversity</td>
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<td><strong>Sunday, May 21</strong></td>
<td>8:00 a.m. - 9:30 a.m.</td>
<td>Anti-Racist Research Design and Practice: Lessons From the Refugee Crisis</td>
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<td>1:30 p.m. - 3:00 p.m.</td>
<td>Asians in America: Not a Model Minority and Not a Minority</td>
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<td><strong>Monday, May 22</strong></td>
<td>3:45 p.m. - 5:15 p.m.</td>
<td>The Promise of Precision Medicine for Treating Alcohol Use Disorder and PTSD</td>
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<td>1:30 p.m. - 3:00 p.m.</td>
<td>Alcohol Use Disorder as the “Elephant in the Room”: The Changing Conversation Around Alcohol in the United States</td>
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<td><strong>Tuesday, May 23</strong></td>
<td>8:00 a.m. - 9:30 a.m.</td>
<td>Creating and Sustaining Diversity, Equity, and Inclusion Strategies in Medicine</td>
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<td>1:30 p.m. - 3:00 p.m.</td>
<td>Innovative Perspectives From Indigenous Visionaries in Psychiatry Supporting Community Resilience in Addressing SDoMH Grounded in Culture</td>
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<tr>
<td><strong>Wednesday, May 24</strong></td>
<td>10:30 a.m. - Noon</td>
<td>Trauma, Transitions, and Trajectories: Centering Youth of Color Mental Health</td>
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<td>3:45 p.m. - 5:15 p.m.</td>
<td>Back to the Future: A Dynamic Structural Framework of Migration and Mental Health</td>
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Racial/ethnic, socioeconomic, and sexual minorities often suffer from poor mental health outcomes due to multiple sociopolitical determinants, including inaccessibility of high-quality mental health care services, cultural stigma surrounding mental health care, discrimination, and overall lack of awareness regarding mental health. The **Diversity, Equity and Inclusion Track** will examine issues related to health equity and social determinants of health in the care of those with mental illness.
Clinicians promote well-being to their patients every day, but mental health providers must care for their own needs as well as the needs of patients. Many physicians have experienced compassion fatigue and burnout, particularly over the past two years. The **Well-being and Burnout Track** explores strategies for promoting physician wellness and interventions that can help both psychiatry as a specialty and colleagues in other branches of medicine.

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In the COVID era, psychiatry took a leap overnight into telehealth. But what have we learned? How are we protecting patient privacy as we move forward? How can we harness other emerging treatments involving technology in the future, so that we keep our discipline on the cutting edge? Find out with sessions in the **Technology Track**.

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This form is for your records and not for submission. Use this page to keep track of your attendance. Reporting is on an honor basis; claim one credit for each hour of participation.

All scientific sessions listed in the Annual Meeting Program Guide are designated for AMA PRA Category 1 Credits™, except for Poster Sessions and where otherwise specified.

Participants can claim their CME certificate of credit or certificate of participation on or before August 25, 2023. Certificates will not be issued after this date.

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<th>Date/Time</th>
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Total
Opening Session
5:30 p.m. - 7:00 p.m.
FEATURING
Ashley Judd
Award-Winning Actress, Political Activist & Advocate for Social Justice
Opening Session

May 20, 2023

5:30 p.m.
Hall F, Exhibition Level
Moscone North

The official kickoff to
#APAAM23

Featuring Remarks From:
Saul Levin, M.D., M.P.A.
APA CEO & Medical Director

Eric Williams, M.D.
Scientific Program Committee Chair

Rebecca W. Brendel, M.D., J.D.
APA President

Petros Levounis, M.D., M.A.
APA President-Elect

The Opening Session will also feature the presentation of APA Gives Back to the Homeless Children’s Network, the introduction of distinguished guests from around the world, and a keynote address from Ashley Judd.

For a list of U.S. and International Allied Organizations, please turn to page 62.

Opening Session Keynote: Ashley Judd

Renowned actress, humanitarian, and political activist Ashley Judd is heralded for her unforgettable performances and tireless advocacy work. From starring roles in box office hits and award-winning independent films, Judd’s films tell very personal stories that tap into larger issues, and she brings this gift for storytelling to all her speaking engagements. A voice for the often voiceless, she shines an illuminating light on the vulnerable and the at-risk. Judd has traveled the world with her international public health work, from maternal health to child survival, human rights to disease prevention and treatment. She has been working with NGO’s, grass roots organizations, governments, and supranational bodies since 2004, and detailed her experience in her New York Times bestselling book, All That Is Bitter and Sweet.

Judd was named one TIME’s “Persons of the Year” for her role as a silence-breaker and change-maker of the #MeToo movement, shifting the culture and conversation around sexual abuse and harassment. She is a sought-after public speaker and frequent op-ed author on topics as diverse as conflict mineral mining and child marriage. She serves as the Global Goodwill Ambassador for UNFPA, the Global Ambassador for Population Services International, and is Chairperson of the Women’s Media Center Speech Project: Curbing Abuse, Expanding Freedom. She has received the Muhammad Ali Kentuck Humanitarian Award and her alma mater, the University of Kentucky, established the Ashley T. Judd Distinguished Gradate Fellowship in the Office for Policy Studies on Violence Against Women.
Featured Sessions

How to Set Up and Sustain a Telepsychiatry Practice
8:00 a.m. - 9:30 a.m.
Technology
(EHR, Telepsychiatry, Apps)

Brain-ival! Using Interactive Games to Teach Neuroscience
10:30 a.m. - 12:00 p.m.
Neuroscience and Genetics

Novel Drug Treatments for Psychiatric Disorders
1:30 p.m. - 3:00 p.m.
Psychopharmacology

DEI for the DSM-5-TR: Exploring Cultural, Ethnoracial, Gender, and Social Determinant Revisions
3:45 p.m. - 5:15 p.m.
Diversity and Health Equity
8:00 a.m. Sessions

GENERAL SESSIONS

A Collaborative Approach to Managing the Neuropsychiatric Symptoms of Parkinson’s Disease

8:00 a.m. - 9:30 a.m.
Room 209, Second Level
Moscone South
Chair:
Ebony Dix, M.D.
Presenter:
Syeda Arshiya Farheen, M.D.


8:00 a.m. - 9:30 a.m.
Room 308, Third Level
Moscone South
Chair:
Maria Mirabela Bodic, M.D.
Presenters:
Ludwing Alexis Florez Salamanca, M.D., Ph.D.
Peter Samuel Steen, M.D.
Nubia Amparo Chong, M.D.

“Anyone Could Have Stopped Me”: Early Intervention in the Pathway to Violence to Prevent School Shooting

8:00 a.m. - 9:30 a.m.
Room 157, Upper Mezzanine
Moscone South
Chair:
Shanila Shagufta, M.D., M.P.H.
Presenters:
Stewart Newman, M.D.
Daniel Nicoli, D.O.

BEDside Study and Stomp: Understanding Disordered Sleep Among Adults With Intellectual Disability and Rationalising Antipsychotics

8:00 a.m. - 9:30 a.m.
Room 159, Upper Mezzanine
Moscone South
Chair:
Paul Shanahan
Presenters:
Paul Shanahan
Aruna Sahni
Rupal Ekeberg, M.B.B.S., B.Sc.

Answering the Call: Implementing Best Practices for Opioid Use Disorder in General Public Mental Health Clinics to Stem the Tide of the Opioid Epidemic

8:00 a.m. - 9:30 a.m.
Room 303, Third Level
Moscone South
Chair:
Molly T. Finnerty, M.D.
Presenters:
Flavio Casoy, M.D.
Allison Ober, Ph.D., M.S.W.

Bridging the Gap Through Primary Care Collaboration: Psychotherapeutic Expertise in Integrated Primary and Behavioral Health Care

8:00 a.m. - 9:30 a.m.
Room 158, Upper Mezzanine
Moscone South
Chair:
David L. Mintz, M.D.
Presenters:
Sherry Katz-Bearnot, M.D.
Madeleine Elise Lansky, M.D.
Elizabeth A. Greene, M.D.

Calling Agents of Change: Equipping Psychiatrists to Identify and Tackle Diversity and Inclusion Caucus on College Mental Health

8:00 a.m. - 9:30 a.m.
Room 314, Third Level
Moscone South
Chair:
Amy Alexander, M.D.
Presenters:
Eyuel Terefe, M.D.
Ludmila De Faria, M.D.

Champions of Social Justice: Psychiatry in Marginalized Communities (Docuseries Project of SCPS Psychiatrists Working in Marginalized Communities)

8:00 a.m. - 9:30 a.m.
Room 214, Second Level
Moscone South
Chair:
Ijeoma Ijeaku, M.D., M.P.H.
Presenters:
Amy Woods, M.D.
Manal Khan, M.D.
Ruqayyah Malik, M.D.

Clinical Updates
Residents, Fellows, & Med Students
International Medical Graduates
Technology
Humanities
Diversity and Health Equity
Well-being and Burnout
NIAAA Research Track
Annual Meeting On Demand
Virtual Annual Meeting

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<td>Ludmila De Faria, M.D.</td>
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<tr>
<td><strong>Champions of Social Justice: Psychiatry in Marginalized Communities (Docuseries Project of SCPS Psychiatrists Working in Marginalized Communities)</strong></td>
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<td>8:00 a.m. - 9:30 a.m.</td>
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<td>Room 214, Second Level</td>
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<td>Moscone South</td>
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<tr>
<td>Chair: Ijeoma Ijeaku, M.D., M.P.H.</td>
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<tr>
<td>Presenters: Amy Woods, M.D.</td>
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<td>Manal Khan, M.D.</td>
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<td>Ruqayyah Malik, M.D.</td>
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</tbody>
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Program changes are posted each day in the APA Meetings App. Please see the app for the definitive program.
Creative Collaboration in the Correctional Setting
8:00 a.m. - 9:30 a.m.
Room 201, Second Level
Moscone South
Chair: Peter Nicholas Novalis, M.D., Ph.D.
Presenter: Carol Novalis, M.A.

Demystifying Personality Disorders in Individuals With Intellectual Disability
Caucus of Psychiatrists Treating Persons With Intellectual Disabilities
8:00 a.m. - 9:30 a.m.
Room 213, Second Level
Moscone South
Chair: Nita V. Bhatt, M.D., M.P.H.
Presenters: Julie Gentile, M.D., M.B.A., Jesse P. Cannella, M.D., Jeffrey Guina, M.D.

Designing and Implementing a Global Mental Health Curriculum: Challenges and Way Forward
8:00 a.m. - 9:30 a.m.
Room 306, Third Level
Moscone South
Chair: Kenneth P. Fung, M.D.
Presenters: Victor Pereira-Sanchez, M.D., Ph.D., Rick Peter Fritz Wolthusen, M.D., Barbara Kamholz

Dual Loyalty and Crypto-Apartheid in Psychiatric Acute Services
8:00 a.m. - 9:30 a.m.
Room 307, Third Level
Moscone South
Chair: Cynthia X. He, M.D., Ph.D.
Presenters: Ramotse Saunders, M.D., Carl Ira Cohen, M.D.

Dynamic Therapy With Self-Destructive Borderline Patients: An Alliance Based Intervention for Suicide
8:00 a.m. - 9:30 a.m.
Room 156, Upper Mezzanine
Moscone South
Chair: Eric M. Plakun, M.D.
Discussant: Samar S. Habl, M.D.

Enhancing Quality of Mental Health Care Through the Exploring and Addressing the Spiritual and Religious Dimension: Approaches Across the Lifespan
Caucus on Religion, Spirituality and Psychiatry
8:00 a.m. - 9:30 a.m.
Room 204, Second Level
Moscone South
Chair: Dale Davis Sebastian, M.D., M.B.B.S.
Presenters: Wai Lun Alan Fung, M.D., Mary Lynn Dell, M.D.

Improving the Diagnostic Accuracy of Bipolar Disorder: An Experiential Workshop
8:00 a.m. - 9:30 a.m.
Room 154, Upper Mezzanine
Moscone South
Chair: Marsal Sanches
Presenters: Caroline McCool, Sabrina Correa Da Costa, Vineeth P. John, M.D., M.B.A.

Interdisciplinary Approach to Adult Autism Assessment at Metrohealth Autism Assessment Clinic: Overview With Two Clinical Cases
8:00 a.m. - 9:30 a.m.
Room 202, Second Level
Moscone South
Chairs: Rajesh Kumar Mehta, M.D., Raman Marwaha, M.D.
Presenters: Gurjinder Singh, M.D., Omaymah Al-Otoom, M.D.

It Takes a Village: The First Two Years of a Resilience-Focused Center at Large Urban Health System
Well-being and Burnout
8:00 a.m. - 9:30 a.m.
Rooms 305/309, Third Level
Moscone South
Chair: Jonathan DePierro
Presenters: Jonathan DePierro, Scarlett Ho, Ashley Doukas

Livin’ on a Prayer: Mental Health Challenges Facing Transitional Age Muslims After Covid-19
8:00 a.m. - 9:30 a.m.
Room 210, Second Level
Moscone South
Chair: Sarah Arshad, M.D.
Presenters: Balkozar Adam, M.D., Rania Awaad, M.D., Fatten Elkomy

Sessions with this icon will be captured as part of APA Annual Meeting on Demand, subject to speaker permission. Visit the APA on Demand Sales Booth in the Education Center to learn more and purchase.
People, Place and Purpose: Contributions of Faith Traditions to Recovery and Resilience
8:00 a.m. - 9:30 a.m.
Room 206, Second Level
Moscone South
Chair:
John Raymond Peteet, M.D.
Presenters:
Samuel Thielman
Ahmed Hankir
Steven Moffic, M.D.

Providing Gender Affirming-Care in Vulnerable Patient Populations
8:00 a.m. - 9:30 a.m.
Room 302, Third Level
Moscone South
Chair:
Tamara Murphy, M.D.
Presenters:
Gino Mortillaro
Truc-Vi Huynh Duong, M.D.
Ash Schade

Psychedelics and Psychedelic-Assisted Therapy: How to Counsel Your Patients
8:00 a.m. - 9:30 a.m.
Room 205, Second Level
Moscone South
Chair:
Aaron Wolfgang, M.D.
Presenters:
Bryan Barksdale
Benjamin Kelmendi
Aaron Wolfgang, M.D.
Moderator:
Jacqueline Posada, M.D.

Telehealth Solutions for Crisis Management in the Acute Psychiatric Care Setting
8:00 a.m. - 9:30 a.m.
Room 152, Upper Mezzanine
Moscone South
Chair:
Owen Muir
Presenters:
Carlene MacMillan
Mirene Winsberg, M.D.
Pamela Hoffman

When Behavioral De-Escalation Isn’t Enough: Medication Management of Acute Agitation in Manic and Psychotic Patients
8:00 a.m. - 9:30 a.m.
Room 155, Upper Mezzanine
Moscone South
Chair:
David N. Osser, M.D.
Presenter:
Sean R. Stetson, M.D.

Where We Are and Where We Must Go: Evidence Driven Substance Use Disorder Treatment
8:00 a.m. - 9:30 a.m.
Room 153, Upper Mezzanine
Moscone South
Presenter:
Sarah E. Wakeman, M.D.
Moderator:
Farah Zaidi, M.D.

Why Despite the Current Changes, the Gender Gap in Psychiatry Persists? What Are We Missing?
8:00 a.m. - 9:30 a.m.
Room 203, Second Level
Moscone South
Chair:
Ruby C. Castilla Puentes, M.D., Dr.P.H.
Presenters:
Tatiana A. Falcone, M.D.
Maria Rueda-Lara
Discussant:
Esperanza Diaz

Your Mental Health Starts in Your Gut Microbiota
8:00 a.m. - 9:30 a.m.
Room 160, Upper Mezzanine
Moscone South
Chair:
Gia Merlo, M.D., M.B.A., M.Ed.

LEARNING LAB
How to Set Up and Sustain a Telepsychiatry Practice
8:00 a.m. - 9:30 a.m.
Room 301, Third Level
Moscone South
Chair:
Shabana Khan, M.D.
Presenters:
John Torous, M.D., M.B.I.
Steven Richard Chan, M.D., M.B.A.
Discussant:
James Shore, M.D., M.P.H.
PRESIDENTIAL SESSIONS
Fostering Wellbeing, Building Resilience and Preventing Mental Illness in Young People: The Role of Public Mental Health Education
8:00 a.m. - 9:30 a.m.
Room 211, Second Level
Moscone South
Chair:
Eugene Victor Beresin, M.D.
Presenter:
Khadijah B. Watkins, M.D., M.P.H.

Leadership: Skills and Development for Psychiatrists Today and for the Future
8:00 a.m. - 9:30 a.m.
Room 151, Upper Mezzanine
Moscone South
Chair:
Bruce Jan Schwartz, M.D.
Presenters:
Thomas Betzler, M.D.
Ana Ozdoba, M.D.

Not Just Hannibal Lecter: Psychiatric Representations in Crime Fiction and Stigmatization
8:00 a.m. - 9:30 a.m.
Rooms 310/311, Third Level
Moscone South
Chair:
Susan Hatters-Friedman, M.D.
10:30 a.m. Sessions

AWARD LECTURES
George Tarjan Award Lecture: Navigating the Cultural Landscape for Professional Success: an IMG Perspective
10:30 a.m. - Noon
Room 154, Upper Mezzanine
Moscone South
Chair:
George Grossberg, M.D.
Presenters:
Mitra Keshkjarajhromi
Sarah Elmi
Hamid Reza Amanatkar, M.D.

Solomon Carter Fuller Award: Reconsidering Vicarious Racism and Trauma - It Could Happen to Someone Like Me
10:30 a.m. - Noon
Room 314, Third Level
Moscone South
Chair:
Danielle Hairston, M.D.

SOLOMON CARTER FULLER AWARD
10:30 a.m. - Noon
Room 202, Second Level
Moscone South
CFrank Clark, M.D.

Challenges, Opportunities and Innovation for Psychiatrists in an Unequal World
10:30 a.m. - Noon
Room 151, Upper Mezzanine
Moscone South
Chair:
Sebolelo Letshego Seape, M.B.B.S.
Presenters:
Vinay Lakra
Gary A. Chaimowitz, M.D.
Andreas Meyer-Lindenberg

Clinical Effects and Indications of Testosterone Therapy in Men With Depression
10:30 a.m. - Noon
Room 152, Upper Mezzanine
Moscone South
Chair:
George Grossberg, M.D.
Presenters:
Mitra Keshkjarajhromi
Sarah Elmi
Hamid Reza Amanatkar, M.D.

Catharsis Welcomes Creativity: A Poet’s Tale of Exploring Mental Health Through the Arts
257
10:30 a.m. - Noon
Room 202, Second Level
Moscone South
C Frank Clark, M.D.

Anxious and Irritable Endophenotypes of Major Depressive Disorder
10:30 a.m. - Noon
Room 203, Second Level
Moscone South
Chair:
Alan F. Schatzberg, M.D.
Presenters:
Maurice Ohayon
Manish Kumar Jha, M.B.B.S.
Alan F. Schatzberg, M.D.

Athl-Ethics: A Sprint of Ethical Considerations in Clinical Care, Research, and Publication
10:30 a.m. - Noon
Room 154, Upper Mezzanine
Moscone South
Chair:
Jeffrey M. Cohen, Psy.D.
Presenter:
Colleen Sloan, Ph.D.
Electroconvulsive Therapy (ECT): Clinical Update for Adult and Pediatric Patients

10:30 a.m. - Noon
Room 205, Second Level
Moscone South
Chair:
Daniel Francis Maixner, M.D., M.S.
Presenter:
Lee Wachtel
Moderators:
Catherine Crone, M.D.
Jeremy Chaikind

Engagement and Empathy in the Era of the Open Note: Evaluating Our Documentation

10:30 a.m. - Noon
Room 213, Second Level
Moscone South
Chair:
Tony W. Thrasher, D.O.

Ethics in Psychedelics: Equity, Access, Consent, Clinical Boundaries, and Characterizing the Acute Subjective Effects

Scattergood Ethics Program at the University of Pennsylvania, and St. Elizabeths Hospital, Washington DC

10:30 a.m. - Noon
Room 153, Upper Mezzanine
Moscone South
Chair:
Adelle M. Schaefer, M.D.
Presenters:
Andrew Dill, M.D.
Nathaniel Morris, M.D.
Robert Kleinman

Facilitating Alcohol Recovery in the Context of a Learning Healthcare System: Challenges and Opportunities for Improving Care Delivery and Research

U.S. National Institute on Alcohol Abuse and Alcoholism (NIAAA)

10:30 a.m. - Noon
Room 211, Second Level
Moscone South
Presenter:
Stacy Sterling, D.P.H., M.P.H., M.S.W.

Food, Mood, and the Microbiome – the Gut-Brain Axis: Moving Beyond the Monoamine Neurotransmitter Hypothesis and Toward Understanding the Holobiome

10:30 a.m. - Noon
Room 307, Third Level
Moscone South
Chair:
Bhagwan A. Bahroo, M.D.
Presenters:
Jonathan Bui, M.D.
Lino Gutierrez, M.D.
Thanh T. Nguyen, M.D.

How NAMI Can Collaborate With You to Advocate for Patients Families Communities and Systems

Resident, Fellow and Medical Student Track Featured Session

10:30 a.m. - Noon
Room 306, Third Level
Moscone South
Chair:
Kenneth Duckworth, M.D.
Presenters:
Teri S. Brister, Ph.D.
Jessica Cruz
Innovative and Collaborative Care Models in Dementia
10:30 a.m. - Noon
Room 158, Upper Mezzanine
Moscone South
Chair:
Allan A. Anderson, M.D.
Presenters:
Ganesh Gopalakrishna, M.D.
Pallavi Joshi, D.O., M.A.

Is Measurement Based Care the Future of Psychiatric Practice?
10:30 a.m. - Noon
Room 304, Third Level
Moscone South
Chairs:
Carol Alter, M.D.
Erik Rudolph Vanderlip, M.D., M.P.H.
Presenters:
Daniel Rollings Karlin, M.D., M.A.
Glenda Wrenn Gordon
Michael Schoenbaum

Long-Term, Lifetime Management of Psychiatric Illness
10:30 a.m. - Noon
Room 302, Third Level
Moscone South
Chair:
Ira David Glick, M.D.
Presenters:
Carl Salzman, M.D.
Sidney Zisook, M.D.

Mental Health and Faith Community Partnerships 2023: Needed Now More Than Ever!
presented by APA Foundation Caucus on Religion, Spirituality and Psychiatry
10:30 a.m. - Noon
Room 210, Second Level
Moscone South
Chair:
Mary Lynn Dell, M.D.
Presenters:
Paul Summergrad, M.D.
Sidney H. Hankerson, M.D., M.B.A.
Farha Abbasi, M.D.
Wai Lun Alan Fung, M.D.

Minor Charges With Major Impacts: Misdemeanors Versus Pre-Arrest Jail Diversion for Individuals With Serious Mental Illnesses
10:30 a.m. - Noon
Room 204, Second Level
Moscone South
Chair:
Michael Compton, M.D.
Presenter:
Leah Pope

Navigating Career Paths for IMGs: Charting Your Successful Future
International Medical Graduates Track Featured Session
10:30 a.m. - Noon
Room 313, Third Level
Moscone South
Chair:
Toni Johnson Liggins, M.D.
Presenters:
Vikas Malik, M.D.
Leon Ravin, M.D.

No Good Deed Goes Unpunished: Determining Decisional Capacity for Medically Ill Patients and Getting Sued for It
10:30 a.m. - Noon
Room 157, Upper Mezzanine
Moscone South
Chair:
Philip R. Muskin, M.D., M.A.
Presenters:
Seema Quraishi, M.D.
Kathryn Skimming, M.D., M.A.

Physician Aid in Dying Based on a Mental Disorder: What Have We Learned? Lessons for the US and Rest of the World
10:30 a.m. - Noon
Room 156, Upper Mezzanine
Moscone South
Chair:
Karandeep Gaind
Presenters:
Marie Nicolini
John Raymond Peteet, M.D.
Karandeep Gaind

Preparing Psychiatrists for Combat: Providing Collaborative Care in Ukraine and Beyond
10:30 a.m. - Noon
Room 312, Third Level
Moscone South
Chair:
Vincent F. Capaldi II, M.D.
Presenters:
Daniel May, D.O.
Katrina L. Wachter, M.D.
Scott G. Williams, M.D.
Reclaiming Purpose: Journeys Toward Justice, Anti-Racism, and Public Service in Psychiatry

American Association of Directors of Psychiatric Residency Training (AADPRT)

27

10:30 a.m. - Noon
Room 201, Second Level
Moscone South
Chair:
Enrico Guanzon Castillo, M.D.

Presenters:
Michelle P. Durham, M.D., M.P.H.
Amanda Calhoun
Matthew Goldman

When Provider Bias Becomes Lethal, High Utilizers in the Healthcare System

10:30 a.m. - Noon
Room 206, Second Level
Moscone South
Chair:
Kelley-Anne Cyzeski Klein, M.D.

Presenters:
Raunak Khisty
Sahil Munjal, M.D.
Discussant:
James Kimball, M.D.

Suicide Among Black Youth: Where Are We in 2023?

APA Distinguished Psychiatrist Lecture Series

10:30 a.m. - Noon
Rooms 305/309, Third Level
Moscone South
Presenter:
Tami D. Benton, M.D.
Moderator:
Eric R. Williams, M.D.

LEARNING LAB

Brain-ival! Using Interactive Games to Teach Neuroscience

10:30 a.m. - Noon
Room 301, Third Level
Moscone South
Chair:
Ashley Walker, M.D.

Presenters:
David A. Ross, M.D., Ph.D.
Joseph J. Cooper, M.D.
Melissa Arbuckle, M.D., Ph.D.

POSTER

Poster Session 1

10:30 a.m. - Noon
Hall B Foyer, Exhibition Level
Moscone South

GENERAL SESSIONS

A Blueprint to Frame, Follow, and Treat the Neuropsychiatric Aspects of Long-Covid

U.S. Substance Abuse and Mental Health Services Administration (SAMHSA)

1:30 p.m. - 3:00 p.m.
Room 158, Upper Mezzanine
Moscone South
Chair:
Anita Everett, M.D.

Presenters:
Jacqueline Becker, Ph.D.
Christopher John McKinney, Ph.D.
Alexandra Yonts, M.D.

Achieving Mental Health Parity in New York State: Patient-Centered, Quality-Focused, Clinically-Driven Utilization Review and Eliminating Disparities

1:30 p.m. - 3:00 p.m.
Room 310/311, Third Level
Moscone South
Chair:
Flavio Casoy, M.D.

ADHD Across the Lifespan

1:30 p.m. - 3:00 p.m.
Room 205, Second Level
Moscone South
Presenter:
James J. McGough, M.D.
Moderator:
Jacqueline Posada, M.D.

Using Data to Drive Policy for Evidence-Based Models of Care in the Future

10:30 a.m. - Noon
Room 214, Second Level, Moscone South
Chair:
Robert L. Trestman, M.D., Ph.D.

Presenters:
Michele Reid, M.D.
Robert Phillips, Jr., M.D., M.S.H.P.
Bryan M. Batson, M.D.

Program changes are posted each day in the APA Meetings App. Please see the app for the definitive program.
Audits and/or Profits?
Understanding the 2023 Changes in Coding and Documentation Requirements, an Interactive Workshop

Committee on RBRVS, Codes and Reimbursements
1:30 p.m. - 3:00 p.m.
Room 209, Second Level
Moscone South
Chair:
Jeremy Mushar
Presenters:
David Yankura
Patrick Ying, M.D.

Autoimmune Brain Disorders: Immune Regulation and Psychiatric Symptoms
1:30 p.m. - 3:00 p.m.
Room 203, Second Level
Moscone South
Presenter:
GenaLynne C. Mooneyham, M.D.

Behind the Screen: Cyberbullying and Its Connection With Mental Illness and Substance Use
1:30 p.m. - 3:00 p.m.
Room 152, Upper Mezzanine
Moscone South
Chair:
Kanya Nesbeth, M.D.
Presenters:
Camila Haynes, M.D.
Marcus Hughes, M.D.
Yushekia Woodford, M.D.

Boston HEAT: Psychology, Survivor, Law Enforcement Collaboration to Engage Women at the Intersection of Sex Trafficking and Substance Use Disorder

APA Guest Lecture Series
1:30 p.m. - 3:00 p.m.
Room 154, Upper Mezzanine
Moscone South
Presenter:
Abigail Judge, Ph.D.
Moderator:
Lucy Ogbu-Nwobodo, M.D., M.S.

Building and Sustaining a Statewide Telepsychiatry Network: A Decade Long Experience of the North Carolina Statewide Telepsychiatry Program (NC-STeP)
1:30 p.m. - 3:00 p.m.
Room 312, Third Level
Moscone South
Chair:
Sy Atezaz Saeed, M.D., M.S.
Presenters:
Lucia Smith-Martinez, M.D.
Radhika Kothadia
Katherine Jones, M.D.
Yajiong Xue

Conceptual Competence in Psychiatric Training: Building a Culture of Conceptual Inquiry
1:30 p.m. - 3:00 p.m.
Room 212, Second Level
Moscone South
Chair:
G. Scott Waterman, M.D.
Presenters:
Awais Aftab, M.D.
John Zell Sadler, M.D.
Brent Michael Klous, M.D., Ph.D.

Cultural Psychiatry and Psychedelics: The Role of Context, Beliefs, and Culture
1:30 p.m. - 3:00 p.m.
Room 155, Upper Mezzanine
Moscone South
Chair:
Sandeep Nayak
Presenters:
David B. Yaden, Ph.D.
Manvir Singh
Erika Dyck

Digital Applications and Their Utility in Reducing Suicidality in Underrepresented Youth
1:30 p.m. - 3:00 p.m.
Room 159, Upper Mezzanine
Moscone South
Chair:
Aidaspahic S. Mihajlovic, M.D., M.S.
Presenters:
Consuelo Cagande, M.D.
Lara Segalite, M.D.
Discussant:
Steven Moffic, M.D.

Digital Psychiatry: Health Equity and Digital Divide in the Post-COVID-19 Era
Committee on Telepsychiatry
1:30 p.m. - 3:00 p.m.
Room 304, Third Level
Moscone South
Chair:
Darlene King, M.D.
Presenters:
Julia Tartaglia, M.D.
Morkeh Blay-Tofey, M.D.
Discussant:
Jay H. Shore, M.D., M.P.H.

Clinical Updates ................................................. 1
Residents, Fellows, & Med Students .................. 2
International Medical Graduates ................. 3
Technology ....................................................... 4
Humanities ....................................................... 5
Diversity and Health Equity ......................... 6
Well-being and Burnout ................................. 7
NIAAA Research Track ................................. 8
Annual Meeting On Demand ....................... 9
Virtual Annual Meeting ............................ 10

All scientific sessions listed in the Scientific Program are designated for AMA PRA Category 1 Credits™, except for poster sessions and where otherwise specified.
Empathic Listening and Mental Status Assessments: Teaching “Empathic Listening Assessment” to Medical Students, Residents and Physicians

1:30 p.m. - 3:00 p.m.
Room 314, Third Level
Moscone South
Chair:
Parameshwaran Ramakrishnan
Discussants:
Anil Krishna Bachu, M.D.
Charles Jenson

From Roots to Stem: A Hands-on Approach to Cultivating Diversity

1:30 p.m. - 3:00 p.m.
Room 307, Third Level
Moscone South
Chair:
Ludmila De Faria, M.D.
Presenters:
Jeena Kar
Isabella Kathryn Caldwell, M.D.
Discussant:
Carol Mathews, M.D.

High Intensity Interventions for Youth: Treating the Fast and Furious

1:30 p.m. - 3:00 p.m.
Room 160, Upper Mezzanine
Moscone South
Chair:
Robert D. Friedberg, Ph.D.
Presenters:
Micaela Thordarson, Ph.D.
Paul Sullivan, Ph.D.

Inclusive Psychiatric Care for Women: Identity, Community, and Culturally Competent Care During Changing Social Landscape

presented by APA Foundation
M/UR Caucus of Women Psychiatrists

1:30 p.m. - 3:00 p.m.
Rooms 305/309, Third Level
Moscone South
Chair:
Kamalika Roy, M.D.
Presenter:
Michelle B. Riba, M.D., M.S.

Innovative Delivery of Care for Patients Diagnosed With Cancer: A Collaborative Team Approach

1:30 p.m. - 3:00 p.m.
Room 156, Upper Mezzanine
Moscone South
Chair:
Maria Rueda-Lara
Presenters:
Joycelyn Lee, Ph.D.
Zelde Espinel, M.D.
Ingrid Barrera, Ph.D.

Meaningful Community Participation: An Essential Aspect of Recovery for Persons With Serious Mental Illness

SMI Adviser: An APA and SAMHSA Initiative

1:30 p.m. - 3:00 p.m.
Room 206, Second Level
Moscone South
Chair:
Alexia Wolf, M.P.H.
Presenters:
Mark Salzer, Ph.D.
Jessica Klaver, Ph.D.
Helen ‘Skip’ Skipper, B.S.

Models of Care for Pregnant Individuals With Substance Use Disorders

1:30 p.m. - 3:00 p.m.
Room 153, Upper Mezzanine
Moscone South
Chair:
Caridad Ponce Martinez, M.D.
Presenters:
Constance Guille
Nancy Byatt, D.O., M.B.A., M.S.
Ariadna Forray

Partnering to Address Mental Health Care for Forensically Involved Individuals: Innovative Strategies and Examples of State and County Programs

1:30 p.m. - 3:00 p.m.
Room 302, Third Level
Moscone South
Chair:
Luming Li, M.D.
Presenters:
Octavio N. Martinez Jr.
Rishi Sawhney
Jennie Simpson

All scientific sessions listed in the Scientific Program are designated for AMA PRA Category 1 Credits™, except for poster sessions and where otherwise specified.
PCP Coaching: An Underutilized but Very Effective Method to Increase Mental Healthcare Availability in the Community

1:30 p.m. - 3:00 p.m.
Room 210, Second Level
Moscone South
Chair:
Sasidhar Gunturu, M.D.
Presenters:
Shalini Dutta, M.D.
Souparno Mitra, M.D.

Restorative Psychiatry: Disclosure; Broaching Race, Ethnicity, and Culture; and Cultivating Empathic Identity in the Therapeutic Relationship

1:30 p.m. - 3:00 p.m.
Room 214, Second Level
Moscone South
Chair:
Ravi Chandra, M.D.
Presenters:
Sandra C. Walker, M.D.
Fiona D. Fonseca, M.D., M.S.
Lisa Nakamura

The Measurement Based Care Imperative: Knowing Is Half the Battle

1:30 p.m. - 3:00 p.m.
Room 213, Second Level
Moscone South
Chair:
Erik Rudolph Vanderlip, M.D., M.P.H.
Presenters:
Kathryn Ridout, M.D., Ph.D.
Andrew Carlo, M.D., M.P.H.
Discussant:
Carol Alter, M.D.

The Nuts and Bolts of APA: How Does It Function and How Do RFMs Fit in?

Resident, Fellow and Medical Student Track Featured Session

1:30 p.m. - 3:00 p.m.
Room 306, Third Level
Moscone South
Chair:
Dionne Hart, M.D.
Discussants:
Saul Levin, M.D., M.P.A.
Rebecca Brendel, M.D., J.D.
Petros Levounis, M.D., M.A.
Urooj Yazdani, M.D.

The Role of the Photographic Arts in Psychiatry

1:30 p.m. - 3:00 p.m.
Room 202, Second Level
Moscone South
Chair:
Carlyle Hung-Lun Chan, M.D.
Presenters:
David L. Mintz, M.D.
Josepha A. Cheong, M.D.
Mara Pheister, M.D.

Understanding Munchausen’s by Proxy or Factitious Disorder Imposed on Another: Child Abuse by Another Name

1:30 p.m. - 3:00 p.m.
Room 201, Second Level
Moscone South
Chair:
Susan Hatters-Friedman, M.D.
Presenters:
Kathleen Kruse
Joshua Friedman
Renee M. Sorrentino, M.D.
Karen B. Rosenbaum, M.D.

Virtually Represented: The Impact of Social Media Usage on Trainee Wellness

Well-being and Burnout
1:30 p.m. - 3:00 p.m.
Room 211, Second Level
Moscone South
Chair:
Carisa Maureen Kymissis, M.D.
Presenters:
Rachael Holbreich, M.D.
Calvin Sung, M.D.
Chaden Noureddine, M.D.

LEARNING LAB

Transcranial Magnetic Stimulation: Future Innovations and Clinical Applications for Psychiatric Practice

1:30 p.m. - 3:00 p.m.
Room 301, Third Level
Moscone South
Chair:
Richard Arden Bermudes, M.D.
Discussants:
Ian Cook, M.D.
Karl Lanocha, M.D.
POSTER
Poster Session 2
1:30 p.m. - 3:00 p.m.
Hall B Foyer, Exhibition Level
Moscone South

PRESIDENTIAL SESSIONS
Novel Drug Treatments for Psychiatric Disorders
1:30 p.m. - 3:00 p.m.
Room 157, Upper Mezzanine
Moscone South
Chair:
Maurizio Fava, M.D.
Presenters:
John Michael Kane, M.D.
Andrew Krystal, M.D.

The State of LGBTQ Mental Health
Association of Gay and Lesbian Psychiatrists (AGLP)
1:30 p.m. - 3:00 p.m.
Room 308, Third Level
Moscone South
Chair:
Amir K. Ahuja, M.D.

You Are What You Eat, So Learn About Nutrition
Well-being and Burnout
1:30 p.m. - 3:00 p.m.
Room 151, Upper Mezzanine
Moscone South
Chair:
Philip R. Muskin, M.D., M.A.
Presenters:
Drew A. Ramsey, M.D.
Umadevi Naidoo, M.D.
Madeleine Anne Becker, M.D., M.A.

COURSE
Reproductive Psychiatry: What Every Psychiatrist Should Know
1:30 p.m. - 5:30 p.m.
Room 7, Exhibition Level
Moscone South
Director:
Sarah M. Nagle-Yang, M.D.
Faculty:
Lindsay Standeven, M.D.
Joanna V. MacLean, M.D.
Claire Smith, M.D.

MASTER COURSE
2023 Psychiatry Review: Part 1
3:45 p.m. - 5:15 p.m.
Room 8, Exhibition Level
Moscone South
Directors:
Venkata B. Kolli, M.D.
Vishal Madaan, M.D.
Faculty:
Meghan Schott, D.O.
Shashank V. Joshi, M.D.
Vikas Gupta, M.D., M.P.H.

AWARD LECTURE
Frank J. Menolascino Award Lecture: The Search for Better Autism Treatments: Conventional to Complementary/Alternative
Frank J. Menolascino Award
3:45 p.m. - 5:15 p.m.
Room 302, Third Level
Moscone South
Chair:
L. Eugene Arnold

SESSIONS
Addictions and Psychiatry and Law: Issues in LMICs
APA International Psychiatrist Lecture Series
3:45 p.m. - 5:15 p.m.
Room 152, Upper Mezzanine
Moscone South
Presenters:
Pratima Murthy, M.D.
Venkata Lakshmi Narasimha, M.D.
Advocating for the Integration of Culture Into Forensic Therapeutics
3:45 p.m. - 5:15 p.m.
Room 312, Third Level
Moscone South
Chair:
Bushra Khan, M.D.
AIDS and Covid: Similarities and Differences. Lessons for Psychiatry in the 21st Century and Beyond
3:45 p.m. - 5:15 p.m.
Room 213, Second Level
Moscone South
Chair:
Marshall Forstein, M.D.
Presenters:
Kenneth Bryan Ashley, M.D.
Adjoa Smalls-Mantey, M.D., D.Phil.
Will R. Boles

Clinical Updates..............................1
Residents, Fellows, & Med Students........2
International Medical Graduates........3
Technology.................................4
Humanities.................................5
Diversity and Health Equity..............6
Well-being and Burnout..................7
NIAAA Research Track.....................8
Annual Meeting On Demand.............9
Virtual Annual Meeting.................10
Amplifying Student Voices: How to Seize Leadership Opportunities Within the APA

Resident, Fellow and Medical Student Track Featured Session

3:45 p.m. - 5:15 p.m.
Room 306, Third Level
Moscone South
Chair:
Philip R. Muskin, M.D., M.A.
Presenters:
Diego Regalado
Brandon Manor
Sean Woodward

Approaches to Treatment Resistant OCD

3:45 p.m. - 5:15 p.m.
Room 205, Second Level
Moscone South
Chair:
Wayne K. Goodman, M.D.
Moderators:
Edmond H. Pi, M.D.
Ron M. Winchel, M.D.

Clinical Pearls: Lesson Learned From Treating Mental Illness Among Arab Americans

3:45 p.m. - 5:15 p.m.
Room 202, Second Level
Moscone South
Chair:
Rana Elmaghraby, M.D.
Presenters:
Alaa Elnajjar, M.D.
Magdoline Daas, M.D.
Bazif Bala

Clozapine 101: Everything You Need to Know to Start a New Patient on Clozapine

SMI Adviser: An APA and SAMHSA Initiative

3:45 p.m. - 5:15 p.m.
Room 158, Upper Mezzanine
Moscone South
Chair:
Robert Osterman Cotes, M.D.
Presenters:
Frederick Nucifora, M.D.
Oliver Freudenreich, M.D.

Creating a Life Worth Living: Implementing Dialectical Behavior Therapy on Acute Inpatient Units for Children and Adolescents

3:45 p.m. - 5:15 p.m.
Room 214, Second Level
Moscone South
Chair:
Deborah Zlotnik
Presenters:
Alexandra Hyejoo Yoon, M.D.
Stefania Pinto

DEI for the DSM-5-TR: Exploring Cultural, Ethnoracial, Gender, and Social Determinant Revisions

3:45 p.m. - 5:15 p.m.
Room 155, Upper Mezzanine
Moscone South
Chair:
Christopher E. Hines, M.D.
Presenters:
Candice Passerella, M.D.
Alexa Kaylin Couture Bell, M.D.
Discussant:
Danielle Hairston, M.D.

Detecting the Undetectable: Training Healthcare Providers in Identifying Victims of Human Trafficking

3:45 p.m. - 5:15 p.m.
Room 206, Second Level
Moscone South
Chair:
Sukanya Vartak, M.D.
Presenters:
Erica Cohenmehr, M.D.
Jinal Rajendrakumar Patel, M.B.B.S.
Maria Mirabela Bodic, M.D.

Documentary “Envision the Big Picture”: Indigenous Knowledges and a Call to Action for Climate Change

3:45 p.m. - 5:15 p.m.
Room 314, Third Level
Moscone South
Chair:
Mary Hasbah Roessel, M.D.
Presenter:
Mary Hasbah Roessel, M.D.

Everyday Analytics: Using Public Data and Free Tools to Yield Meaningful Insights for Your Patients, Your Clinic, and Beyond

3:45 p.m. - 5:15 p.m.
Room 304, Third Level
Moscone South
Chair:
Michael Joseph Sernyak, M.D.
Presenters:
Walter Stanley Mathis, M.D.
Oluwole Jegede, M.D.
Peter Kahn
Expanding Access to Expertise: Innovating to Share Our Knowledge
3:45 p.m. - 5:15 p.m.
Room 212, Second Level
Moscone South
Chair:
Robert Paul Roca, M.D., M.P.H.
Presenters:
Ebony Dix, M.D.
Maureen Nash, M.D.
Elizabeth J. Santos, M.D., M.P.H.

From Racism to Wisdom: Critical Role of Social and Psychological Determinants of Health in Psychiatry
APA Distinguished Psychiatrist Lecture Series
Well-being and Burnout
3:45 p.m. - 5:15 p.m.
Room 154, Upper Mezzanine
Moscone South
Presenter:
Dilip V. Jeste, M.D.
Moderator:
Sofia Elisa Matta, M.D.

Golden Gate Bridge Suicide: The Final Chapter
3:45 p.m. - 5:15 p.m.
Room 160, Upper Mezzanine
Moscone South
Chair:
Mel Ira Blaustein, M.D.
Presenters:
Raymond Zablotny, M.D.
Denis Mulligan

Human Asexuality: Understanding Why It Matters to Mental Health Practitioners
3:45 p.m. - 5:15 p.m.
Room 209, Second Level
Moscone South
Chair:
Samantha Hayes, M.D.
Presenter:
Aubri Lancaster
Discussant:
Carole Filangieri

Informing Depression Treatment in the Hispanic/Latinx Community: Sentiment, Practical Application, and Clinical Utility of Pharmacogenomic Testing
3:45 p.m. - 5:15 p.m.
Room 159, Upper Mezzanine
Moscone South
Chair:
Ruby C. Castilla Puentes, M.D., Dr.P.H.
Presenters:
Tatiana A. Falcone, M.D.
Ruby C. Castilla Puentes, M.D., Dr.P.H.
Pilar Lachhwani, M.D.
Discussant:
Estela Abraham, M.D.

Innovative Strategies to Collaboratively Enhance IMG Entry and Success in Psychiatry Residency
M/UR Caucus of International Medical Graduate Psychiatrists
3:45 p.m. - 5:15 p.m.
Rooms 305/309, Third Level
Moscone South
Chair:
Shambhavi Chandraiah, M.D.
Presenters:
Narpinder K. Malhi, M.D.
Raman Marwaha, M.D.
Madhu Rajanna

Metabolic Regulators of Psychological Stress and Brain Trauma
3:45 p.m. - 5:15 p.m.
Room 153, Upper Mezzanine
Moscone South
Chair:
Charles R. Marmar, M.D.
Presenters:
Burook Misganaw
Seid Muhie
Ruoting Yang

Potential for Artificial-Intelligence Powered Chat Therapy in Psychiatry
3:45 p.m. - 5:15 p.m.
Room 157, Upper Mezzanine
Moscone South
Chair:
Young Suhk Jo, M.D.
Presenters:
Rebecca Stenersen
Jordan Craig Calabrese, D.O.
Thuy Le

Psychiatrists Tomorrow: A New Avatar
3:45 p.m. - 5:15 p.m.
Room 151, Upper Mezzanine
Moscone South
Chair:
Norman Sartorius, M.D., Ph.D.

Public Testimonies as a Form of Community-Based Research to Educate Professionals on the State of Our Current Mental Health Care System
3:45 p.m. - 5:15 p.m.
Room 211, Second Level
Moscone South
Chair:
Jane Tien Thuy Nguyen
Presenters:
Folake Adegboye
Scott Collins
Adriana Hall

Redefining the Role of the Psychiatrist in the Post Roe Era
3:45 p.m. - 5:15 p.m.
Room 303, Third Level
Moscone South
Chair:
Johanna Beck, M.D.
Presenters:
Anum Baig, M.D., M.B.A.
Faisal Kagadkar, M.D.
Karen Dionesotes, M.D., M.P.H.
Representation of South Asian Americans in Media and Its Impact on Identity Formation and Mental Health

3:45 p.m. - 5:15 p.m.
Rooms 310/311, Third Level Moscone South
Chair:
Seeba Anam, M.D.
Presenters:
Manal Khan, M.D.
Deepika Shaligram

Supporting Students and Medical Educators: Trends in the Match, Advising, and Mentoring
Association of Directors of Medical Student Education in Psychiatry (ADMSEP)

3:45 p.m. - 5:15 p.m.
Room 204, Second Level Moscone South
Chair:
Erin Malloy, M.D.
Presenters:
Lindsey S. Pershern, M.D.
Linda Mintle, Ph.D.
Lorin M. Scher, M.D.

Surviving and Thriving Under Cross Examination

3:45 p.m. - 5:15 p.m.
Room 203, Second Level Moscone South
Chair:
Stephen George Noffsinger, M.D.
Presenters:
Ashley H. VanDercar, M.D., J.D.
James Alexander Scott

The Couch, the Clinic and the Scanner: Changing Models of Psychiatry Over the Past 5 Decades

3:45 p.m. - 5:15 p.m.
Room 308, Third Level Moscone South
Chair:
David Joel Hellerstein, M.D.

The Intersection of Trauma, Grief, and Sexuality: Benjamin Britten’s War Requiem

3:45 p.m. - 5:15 p.m.
Room 307, Third Level Moscone South
Chair:
Gene Nakajima, M.D.
Presenters:
Gene Nakajima, M.D.
Howard Rubin
Discussant:
Petros Levounis, M.D., M.A.

Tips, Tactics, and Training to Improve Youth Mental Health in Your Community
presented by APA Foundation Council on Children, Adolescents, and Their Families

3:45 p.m. - 5:15 p.m.
Room 201, Second Level Moscone South
Chair:
Anish Ranjan Dube, M.D.
Discussants:
Gabrielle Shapiro, M.D.
Latoya Frolov
Christopher Seeley

Translating Between the Social and Political Determinants of Health

3:45 p.m. - 5:15 p.m.
Room 210, Second Level Moscone South
Chair:
Mandar Jadhav, M.D.
Presenters:
Eric Rafia-Yuan, M.D.
Devika Bhushan, M.D.

POSTER
Poster Session 3

3:45 p.m. - 5:15 p.m.
Hall B Foyer, Exhibition Level Moscone South

PRESIDENTIAL SESSION

What Lies Ahead: Removal of the X-Waiver and The Future of Opioid Use Disorder Treatment

3:45 p.m. - 5:15 p.m.
Room 156, Upper Mezzanine Moscone South
Chair:
Patrice Harris, M.D.
Presenters:
Sarah Wakeman, M.D.
Smita Das, M.D., Ph.D., M.P.H.
Daniel Ciccarone, M.D., M.P.H.

5:30 p.m. Session

PLENARY

Opening Session ft. Ashley Judd
5:30 p.m. - 7:00 p.m.
Hall F, Exhibition Level Moscone North
U.S. Allied Organizations

Academy of Cognitive Therapy
Academy of Consultation-Liaison Psychiatry
Academy of Organizational and Occupational Psychiatry
American Academy of Addiction Psychiatry
American Academy of Child and Adolescent Psychiatry
American Academy of Family Physicians
American Academy of Neurology
American Academy of Psychiatry and the Law
American Academy of Psychodynamic Psychiatry and Psychoanalysis
American Association for Emergency Psychiatry
American Association for Geriatric Psychiatrists
American Association for Social Psychiatry
American Association for the Advancement of Science
American Association of Chairs of Departments of Psychiatry
American Association of Community Psychiatrists
American Association of Directors of Psychiatric Residency Training
American Association of Psychiatric Administrators
American Board of Psychiatry and Neurology, Inc
American College of Emergency Physicians
American College of Obstetricians and Gynecologists
American College of Physicians
American College of Psychiatrists
American College of Psychoanalysts
American College of Surgeons
American Group Psychotherapy Association
American Medical Association
American Medical Women’s Association
American Neurological Association
American Neuropsychiatric Association
American Nurses Association
American Psychoanalytic Association
American Psychological Association
American Psychosomatic Society
American Society for Adolescent Psychiatry
American Society of Addiction Medicine
American Society of Clinical Psychopharmacology, Inc
American Society of Hispanic Psychiatry
Association for Academic Psychiatry
Association for Behavioral and Cognitive Therapies
Association of American Medical Colleges
Association of Chinese American Psychiatrists
Association of Directors of Medical Student Education
Association of Gay and Lesbian Psychiatrists
Association of Korean American Psychiatrists
Association of Women Psychiatrists
The College for Behavioral Health Leadership
American College of Surgeons/Council of Medical Global Alliance on Behavioral Health and Social Justice
Group for the Advancement of Psychiatry
Hellenic American Psychiatric Association
Indo-American Psychiatric Association
Mental Health America
National Alliance on Mental Illness (NAMI)
National Association of County Behavioral Health and Developmental Disability Directors
National Association of Psychiatric Health Systems
National Association of Social Workers, Inc
National Council for Community Behavioral Healthcare
National Institutes of Health
National Institute of Mental Health (NIMH)
National Institute on Alcohol Abuse and Alcoholism (NIAAA)
National Institute on Drug Abuse, (NIDA)
Nigerian American Psychiatric Association
Philippine Psychiatrists in America
Substance Abuse and Mental Health Services Administration (SAMHSA)
Turkish American Neuropsychiatric Association
International Allied Organizations

Afghanistan National Psychiatrist Association
Albanian Psychiatric Association
Algerian Psychiatric Association
Arab Gulf Psychiatric Association
Argentinean Association of Psychiatrists
Armenian Psychiatric Association
Association of Argentinean Psychiatrists
Association of Free Psychiatrists of Romania
Association of Neurologists, Psychiatrists and Narcologists of Ukraine
Association of Psychiatric Institutions of Serbia
Association of Psychiatrists in Nigeria
Association of Psychiatrists of Uzbekistan
Austrian Association of Psychiatry, Psychotherapy and Psychosomatics
Azerbaijan Psychiatric Association
Bangladesh Association of Psychiatrists
Barbados Association of Psychiatrists
Belarusian Psychiatric Association
Bolivian Society of Psychiatry
Botswanan Psychiatric Association
Brazilian Association of Psychiatry
Bulgarian Psychiatric Association
Canadian Association of Psychiatry
Chinese Society of Psychiatry
College of Psychiatrists of Ireland
Colombian Association of Psychiatry
Costa Rican Psychiatric Association
Croatian Psychiatric Association
Cuban Society of Psychiatry
Cyprus Psychiatric Association
Czech Psychiatric Association
Danish Psychiatric Society
Dominican Society of Psychiatry
Ecuadorian Association of Psychiatry
Egyptian Psychiatric Association
Emirates Society of Mental Health
Estonian Psychiatric Association
Ethiopian Psychiatric Association
European Federation of Psychiatric Trainees
European Psychiatric Association
Finnish Psychiatric Association
Flemish Psychiatric Association (Belgium)
Foundation for Interdisciplinary Investigation of Communication (Argentina)
French Association of Psychiatrists in Private Practice
French Association of Psychiatry
French Psychiatric Information Society
German Association for Psychiatry, Psychotherapy and Psychosomatics
Ghana Psychiatric Association
Guatemalan Psychiatric Association
Hellenic Psychiatric Association
Hellenic Society of Neurology and Psychiatry
Honduran Society of Psychiatry
Hong Kong College of Psychiatrists
Hungarian Psychiatric Association
Icelandic Psychiatric Association
Independent Psychiatric Association of Russia
Indian Association for Social Psychiatry
Indian Psychiatric Society
Indonesian Psychiatric Association
International Society of Psychopathology of Expression (France)
Iranian Psychiatric Association
Iraqi Psychiatric Association
Israeli Psychiatric Association
Italian Association for Research in Schizophrenia
Italian Psychiatric Association
Jamaica Psychiatric Association
Japanese Society of Psychiatry and Neurology
Jordan Association of Psychiatrists
Kazakh Association of Psychiatrists and Narcologists
Kenya Psychiatric Association
Korean Neuropsychiatric Association
Kuwait Psychiatric Association
Kyrgyz Psychiatric Association
Latvian Psychiatric Association

European Federation of Psychiatric Trainees
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French Psychiatric Information Society
German Association for Psychiatry, Psychotherapy and Psychosomatics
Ghana Psychiatric Association
Guatemalan Psychiatric Association
Hellenic Psychiatric Association
Hellenic Society of Neurology and Psychiatry
Honduran Society of Psychiatry
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Israeli Psychiatric Association
Italian Association for Research in Schizophrenia
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Jamaica Psychiatric Association
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Jordan Association of Psychiatrists
Kazakh Association of Psychiatrists and Narcologists
Kenya Psychiatric Association
Korean Neuropsychiatric Association
Kuwait Psychiatric Association
Kyrgyz Psychiatric Association
Latvian Psychiatric Association
International Allied Organizations

League for Mental Health from Republic of Moldova
Lebanese Psychiatric Society
Libyan Association of Psychiatry, Neurology and Neurosurgery
Lithuanian Psychiatric Association
Luxembourgese Society of Psychiatry, Neurology and Psychotherapy
Macedonian Psychiatric Association
Malaysian Psychiatric Association
Medical Psychologic Society (France)
Mental Health Association of Cambodia
Mexican Psychiatric Association
Mexican Society of Neurology and Psychiatry
Mongolian Mental Health Association
Montenegrin Psychiatric Association
Moroccan Society of Psychiatry
Mozambican Association of Psychiatry and Mental Health
Myanmar Medico-Psychological Society
Netherlands Psychiatric Association
Nicaraguan Psychiatric Association
Nordic Psychiatric Association
Norwegian Psychiatric Association
Pacific Rim College of Psychiatrists
Pakistan Psychiatric Society
Palestinian Psychiatric Association
Panamanian Society of Psychiatry
Papua New Guinea Psychiatric Association
Paraguayan Society of Psychiatry
Peruvian Psychiatric Association
Philippine Psychiatric Association
Polish Psychiatric Association
Portuguese Society of Psychiatry and Mental Health
Psychiatric Association of Rio Grande do Sul (Brazil)
Psychiatric Association of Slovenia
Psychiatric Association of Thailand
Psychiatric Association of Turkey
Psychiatric Evolution (France)
Psychiatrists Association of Nepal
Puerto Rican Society of Psychiatry
Romanian Association of Psychiatry and Psychotherapy
Royal Australian and New Zealand College of Psychiatrists
Royal College of Psychiatrists (UK)
Royal Society of Mental Medicine of Belgium
Russian Society of Psychiatrists
Salvadorean Association of Psychiatry
Saudi Psychiatric Association
Serbian Psychiatric Association
Singapore Psychiatric Association
Slovak Psychiatric Association
Society of Georgian Psychiatrists
Society of Neurology, Psychiatry and Neurosurgery (Chile)
Society of Psychiatry of Uruguay
Society of Psychiatrists, Narcologists, Psychotherapists and Clinical Psychologists of the Republic of Moldova
Society of Psychopathology and Mental Hygiene of Dakar (Senegal)
Somaliland Psychiatric Association
South African Society of Psychiatrists
Spanish Association of Neuropsychiatry
Spanish Society of Psychiatry and Mental Health
Sri Lanka College of Psychiatrists
Sudanese Association of Psychiatrists
Swedish Psychiatric Association
Swiss Society of Psychiatry and Psychotherapy
Syrian Arab Association of Psychiatrists
Taiwanese Society of Psychiatry
The Association of Specialists Working in the Field of Mental Health (Kazakhstan)
Tunisian Society of Psychiatry
Turkish Neuropsychiatric Society
Uganda Psychiatric Association
Ukrainian Psychiatric Association
Uzbekistan Psychiatric Association
Venezuelan Society of Psychiatry
World Federation for Mental Health
World Psychiatric Association
Yemen Psychiatrists and Neurologists Association
Zambia Psychiatric Association
Zimbabwe College of Psychiatrists
Featured Sessions

Overcoming Disparities in Alcohol Treatment Among BIPOC Women
8:00 a.m. - 9:30 a.m.

Addiction Psychiatry

Town Hall: COP²: A Global Response to the Mental Health Needs of Our Climate Crisis
10:30 a.m. - 12:00 p.m.

Global, Political and Social Issues

Applying for Psychiatry Residency? Some Tips and Tricks From PDs for IMGs
1:30 p.m. - 3:00 p.m.

Residents, Fellows and Medical Students

Biomarkers in Psychiatry: Are We Ready for Prime Time?
3:45 p.m. - 5:15 p.m.

Biology Psychiatry

8:00 a.m. Sessions

AWARD LECTURE

Nasrallah Award Lecture: New Biology and New Treatments for Schizophrenia and Mood Disorders: My 30-Year Journey With Ketamine Research

Nasrallah Award
8:00 a.m. - 9:30 a.m.
Room 154, Upper Mezzanine
Moscone South
Presenter:
John H. Krystal, M.D.

GENERAL SESSIONS

A Rebellious Guide to Psychosis
8:00 a.m. - 9:30 a.m.
Room 158, Upper Mezzanine
Moscone South
Chair:
Mark Ragins, M.D.

Anti-Racist Research Design and Practice: Lessons From the Refugee Crisis
8:00 a.m. - 9:30 a.m.
Room 307, Third Level
Moscone South
Chair:
Sarah Qadir, M.D.
Presenters:
Meghan Tveit
Georgios Karampoutakis, M.D.
Philip Candilis, M.D.

Artificial Intelligence (AI) to Analyze Open-Source Digital Conversations on Depression and Suicide: Integration Into Psychiatric Practice
8:00 a.m. - 9:30 a.m.
Room 203, Second Level
Moscone South
Chair:
Maria Antonia Oquendo, M.D., Ph.D., M.A., M.S.W.
Presenters:
Laura Daniela Jimenez, M.D.
Tatiana A. Falcone, M.D.
Ruby C. Castilla Puentes, M.D., Dr.P.H.

Becoming a “Good Enough” Psychotherapy Supervisor

8:00 a.m. - 9:30 a.m.
Room 314, Third Level
Moscone South
Chair:
Katherine Kennedy, M.D.
Presenters:
Randon Welton, M.D.
Maya Prabhu
Frank Yeomans, M.D., Ph.D.

Building a Better Psychiatric ED: A Focus on Special Populations

American Association for Emergency Psychiatry (AAEP)
8:00 a.m. - 9:30 a.m.
Room 155, Upper Mezzanine
Moscone South
Chair:
Brandon C. Newsome, M.D.
Presenters:
Kuan-I (Lester) Wu
Vamsi Kalari
Meghan Schott

Charting Future Intersectionalities: Mental Health, Spirituality, and Marginalized Children and Adolescents

Caucus on Religion, Spirituality and Psychiatry
8:00 a.m. - 9:30 a.m.
Room 213, Second Level
Moscone South
Chair:
Mary Lynn Dell, M.D.
Presenters:
Lisa Fortuna, M.D., M.P.H.
Margaret Stuber

Clinical Updates
Residents, Fellows, & Med Students
International Medical Graduates
Technology
Humanities
Diversity and Health Equity
Well-being and Burnout
NIAAA Research Track
Annual Meeting On Demand
Virtual Annual Meeting
**Chronic Cyclical Disasters: A Community Context-Sensitive Approach to Promoting Adaptive Disaster Response**

*Committee on Psychiatric Dimensions of Disasters*

6

8:00 a.m. - 9:30 a.m.
Room 153, Upper Mezzanine
Moscone South

Chairs:
Sander Koyfman, M.D.
Grant H. Brenner, M.D.

Presenters:
James West, M.D.
Kathleen Anne Clegg

**Climate Psychiatry 102: Climate Change and Implications for Community Psychiatry**

8:00 a.m. - 9:30 a.m.
Room 308, Third Level
Moscone South

Chair:
Wesley Eugene Sowers, M.D.

Presenters:
John Sullenbarger, M.D.
Emily Margaret Schutzenhofer, M.D.
Elizabeth Haase

**Covid-19 Changed the Way We Talk About Burnout and Mental Health: Building Individual and Systems Level Interventions to Promote Well-Being**

2

8:00 a.m. - 9:30 a.m.
Rooms 305/309, Third Level
Moscone South

Chair:
Laurel Mayer, M.D.

Presenters:
Carol Bernstein, M.D.
Sara S. Nash, M.D.
Mickey Trockel, M.D.

**Everything You Wanted to Know About Digital Health Technology but Were Afraid to Ask**

8:00 a.m. - 9:30 a.m.
Room 152, Upper Mezzanine
Moscone South

Chair:
Sherry Ann Nykiel, M.D.

Presenters:
Alena Alekseyevna Balasova, M.D.
Akiva M. Daum, M.D.

**Here Fishy, Fishy... Catfishing and Other Cyber Crimes Across the Ages**

*Council on Children, Adolescents, and Their Families*

8:00 a.m. - 9:30 a.m.
Room 212, Second Level
Moscone South

Chair:
Rana Elmaghraby, M.D.

Presenters:
Stephanie Alexis Garayalde, M.D.
Caitlin Costello, M.D.
Gabrielle Shapiro, M.D.

**I Think You’re Muted: Diagnosing and Treating Catatonia Via Video Platforms in the Ambulatory Setting**

8:00 a.m. - 9:30 a.m.
Room 214, Second Level
Moscone South

Chair:
Jane Richardson, M.D.

Presenters:
Stephanie Susan Kulaga, M.D.
Ashley Malka, M.D.

**Innovations in Improving Access to Mental Health Care for Frontline Healthcare Clinicians**

*presented by APA Foundation*

7

8:00 a.m. - 9:30 a.m.
Room 204, Second Level
Moscone South

Chair:
Gaurava Agarwal, M.D.

Presenters:
Linda Bresnahan, MS
Nathalie Dougé, MD
Mary Moffit, PhD
Christine Yu Moutier, MD

**Improving the Quality of Mental Health Care: Lessons from Collaborative Care to Inform Future Psychiatric Practice**

*APA Distinguished Psychiatrist Lecture Series*

8:00 a.m. - 9:30 a.m.
Room 202, Second Level
Moscone South

Presenter:
Anna Ratzliff, M.D., Ph.D.

Moderator:
Farah Zaidi, M.D.

**Innovative Versus Inappropriate: Examining a Psychiatrist’s Role to Support Mental Health in a Politically Divided Society**

8:00 a.m. - 9:30 a.m.
Room 160, Upper Mezzanine
Moscone South

Chair:
Mira Zein, M.D., M.P.H.

Presenters:
Diana Robinson
Adrienne Taylor
Abhisek Khandai
Promoting Women’s Mental Health in a Difficult Environment: Current Challenges in the United States

Committee on Women’s Mental Health
8:00 a.m. - 9:30 a.m.
Room 201, Second Level
Moscone South
Chair:
A. Evan Eyler, M.D., M.P.H.
Presenters:
Leslie Gise, M.D.
Amanda Koire, M.D., Ph.D.
Carole Warshaw, M.D.

Putting Your Best Foot Forward: The AAP/APA Curriculum Vitae Boot Camp

Resident, Fellow and Medical Student Track Featured Session
8:00 a.m. - 9:30 a.m.
Room 301, Third Level
Moscone South
Chairs:
Catherine Crone, M.D.
Sean M. Blitzstein, M.D.
Amin Azzam, M.D., M.A.

Overcoming Disparities in Alcohol Treatment Among BIPOC Women

U.S. National Institute on Alcohol Abuse and Alcoholism (NIAAA)
8:00 a.m. - 9:30 a.m.
Room 211, Second Level
Moscone South
Chair:
Deidra Roach, M.D.
Presenters:
Catherine McKinley, Ph.D., L.M.S.W.
Ayana Jordan, M.D., Ph.D.
Christina Lee, Ph.D.
Successful Aging: How African-Americans and Hispanics Do It, the Connection With Nature and Motivating Our Patients Through Outdoor “Prescriptions”

8:00 a.m. - 9:30 a.m.
Room 310/311, Third Level
Moscone South
Chair:
Maria D. Llorente, M.D.
Presenters:
Maria D. Llorente, M.D.
Rita Rozanne Hargrave, M.D.
Antoinette Shappell, M.D.

Treatment Resistant Depression: Definitions, Associated Factors, Available Treatment Approaches and Vistas for the Future (Not for CME)

8:00 a.m. - 9:30 a.m.
Room 205, Second Level
Moscone South
Presenter:
Roger McIntyre
Moderators:
Ron M. Winchel, M.D.
Justin Smith

What Is the Role of Psychiatry in K-12 Schools? Addressing High Risk Scenarios While Supporting the Continuum of Mental Health Care in Schools

8:00 a.m. - 9:30 a.m.
Room 304, Third Level
Moscone South
Chair:
Justine J. Larson, M.D., M.P.H.
Presenters:
Nikhil Patel, M.D., M.P.H.
Heather Gotham
Jessica Gonzalez

When the Supervisor Needs a Supervisor: Navigating Challenges in the Supervision Dyad

American Association of Directors of Psychiatric Residency Training (AADPRT)

8:00 a.m. - 9:30 a.m.
Room 302, Third Level
Moscone South
Chair:
Amber Frank
Presenters:
Aimee Murray
Donna Marie Sudak, M.D.
Anne Ruble
Oskar Pfister Award Lecture:
From the Margins to the Center:
It Is Not Just About “Them”

Oskar Pfister Award
10:30 a.m. - Noon
Room 210, Second Level
Moscone South
Presenter:
William C. Gaventa Jr., M.Div.

GENERAL SESSIONS

Addressing the Mental Health Needs of Sub-Saharan Africans at Home and in the United States: The Role of Diaspora Psychiatrists and Mobile Technology

10:30 a.m. - Noon
Room 313, Third Level
Moscone South
Chair:
Charles Dike, M.D.
Presenters:
Theddeus I. Iheanacho, M.D.
Sosunmolu Shoyinka, M.D., M.B.A.
Yvonne Uyanwune, M.D., M.P.H.

Advancing Psychiatry Using Insights From Philosophy of Science

10:30 a.m. - Noon
Room 307, Third Level
Moscone South
Chair:
Awais Aftab, M.D.
Presenters:
Jonathan Fuller, M.D., Ph.D.
Awais Aftab, M.D.
Serife Tekin, Ph.D.

Clinical Updates
Residents, Fellows, & Med Students
International Medical Graduates
Technology
Humanities
Diversity and Health Equity
Well-being and Burnout
NIAAA Research Track
Annual Meeting On Demand
Virtual Annual Meeting
Catatonia: What Should Psychiatrists Know and Why?
10:30 a.m. - Noon
Room 158, Upper Mezzanine
Moscone South
Chair:
Brian Scott Barnett, M.D.
Presenters:
Scott Beach
Andrew Francis, M.D., Ph.D.
Discussant:
Gregory Fricchione

Chatbots: Increasing Patient and Provider Engagement in Substance Use Disorder Care
10:30 a.m. - Noon
Room 152, Upper Mezzanine
Moscone South
Chair:
M. Justin Coffey, M.D.

Closing the Treatment Gap: How Can Psychiatry Help?
U.S. National Institute on Alcohol Abuse and Alcoholism (NIAAA)
8
10:30 a.m. - Noon
Room 211, Second Level
Moscone South
Chair:
Laura E. Kwako, Ph.D.
Presenters:
Carrie Mintz, M.D.
Nassima Ait-Daoud, M.D.
Lewei Lin, M.D.

Cult Leaders: The Fine Line Between Mental Illness and Opportunism
10:30 a.m. - Noon
Room 310/311, Third Level
Moscone South
Chair:
Kayla Fisher, M.D., J.D.
Presenter:
Shree Sarathy, M.D.

Answering the Judges Gavel: Decriminalizing Mental Illness and the National Judicial Mental Health Task Force
10:30 a.m. - Noon
Room 302, Third Level
Moscone South
Chair:
Michael K. Champion, M.D.
Presenters:
Steven Leifman, J.D.
Robert Brutinel
Sarah Yvonne Vinson, M.D.

Applying to Psychiatry Residencies: A Discussion With Residency Directors
Resident, Fellow and Medical Student Track Featured Session
2
10:30 a.m. - Noon
Room 308, Third Level
Moscone South
Chair:
Art C. Walaszek, M.D.
Presenters:
Ana Ozdoba, M.D.
Ashley Walker
Sallie DeGolia

Behind the Incel Movement: The Misogyny and the Violence
10:30 a.m. - Noon
Room 310/311, Third Level
Moscone South
Chair:
Kayla Fisher, M.D., J.D.
Presenter:
Shree Sarathy, M.D.

Biologizing the Psychobabble: The Emerging Neuroscience of Psychotherapy
10:30 a.m. - Noon
Room 157, Upper Mezzanine
Moscone South
Chair:
Christopher Miller
Presenters:
Hinda F. Dubin
Boris Tizenberg
Christopher Miller

Bridging Research, Accurate Information and Dialogue to Address Unequal Participation of Underrepresented Populations in Psychiatric Research
6
10:30 a.m. - Noon
Room 312, Third Level
Moscone South
Chair:
Nelly Gonzalez-Lepage, M.D., M.B.A.
Presenters:
Azizou Salami
Alexandra Perez
Damara Gutnick, M.D.

Caring for the Whole Person: A Practical Update on Common Medical-Psychiatric Comorbidities and Preventative Care for Clinical Practice
10:30 a.m. - Noon
Room 154, Upper Mezzanine
Moscone South
Chair:
Kate Richards, M.D.
Presenters:
Sandy Ngo Moubarek, M.D.
Kate Richards, M.D.
Darkness Illuminated: How Evolutionary Psychiatry Can Shed New Light on Depression and Improve Clinical Care
10:30 a.m. - Noon
Room 204, Second Level
Moscone South
Chair:
Christopher Gurguis
Presenters:
Randolph Nesse, M.D.
Consuelo Walss-Bass, Ph.D.

Evolving Controversies in Treating Gender Dysphoric Youth
APA Distinguished Psychiatrist Lecture Series

10:30 a.m. - Noon
Room 304, Third Level
Moscone South
Presenter:
Jack Drescher, M.D.
Moderator:
Sofia Elisa Matta, M.D.

Exploring Cannabidiol’s Efficacy in the Treatment of Alcohol Use Disorder, PTSD, and Traumatic Brain Injury

10:30 a.m. - Noon
Room 303, Third Level
Moscone South
Chair:
Michael Bogenschutz
Presenters:
Michelle Jeffers
Esther Blessing
Discussant:
Charles R. Marmar, M.D.

How to Provide Gender-Affirming Mental Health Care in a Clinical Setting

10:30 a.m. - Noon
Room 205, Second Level
Moscone South
Presenter:
Dan Karasic, M.D.
Moderators:
Ron M. Winchel, M.D.
Sofia Elisa Matta, M.D.

I Am Assessing a Minor That Said He/She Will Shoot Its School. What Should/Can I Do?

10:30 a.m. - Noon
Room 156, Upper Mezzanine
Moscone South
Chair:
Cristian Zeni, M.D., Ph.D.
Presenter:
Parnaz Daghighi
Discussant:
Vinay Kothapalli

Identidad, Comunidad y Cuidado Mental Competente: Past, Present and Future of Mental Health Care in the LatinX Community
presented by APA Foundation M/UR Caucus of Hispanic Psychiatrists

10:30 a.m. - Noon
Moscone South
Chair:
Felix Torres, M.D., M.B.A.
Presenter:
Hector Colon-Rivera, M.D.
Sebastian Acevedo, M.P.H.
Bernardo Ng, M.D.

Improving Mental Health Care Outcomes in LGBTQ+ Populations: Challenges, Solutions, and Applications to the General Population

10:30 a.m. - Noon
Rooms 305/309, Third Level
Moscone South
Chair:
Christine Marchionni, M.D.
Presenters:
Jerica Gerena, D.O.
Olivia Danforth, M.D.
Chris Gauthier, D.O.

Mental Health Repercussions of Migration in the Americas (Part 2)

10:30 a.m. - Noon
Room 209, Second Level
Moscone South
Chair:
Bernardo Ng, M.D.
Presenters:
Thelma Sanchez, M.D.
Rodrigo Cordoba
Santiago Levin

Painting With a Broader Palette of Colors: A Psychiatrist Explores Themes of Diversity and Health Equity in His Art

10:30 a.m. - Noon
Room 202, Second Level
Moscone South
Chair:
John Bostwick, M.D., M.F.A.
Presenter:
Suliman Salahuddin El-Amin, M.D., M.S.
Discussant:
Tiffani Bell, M.D., M.P.H.
Persons of Color Living With Mood Disorders: Community Engagement and a Call to Action

10:30 a.m. - Noon
Room 153, Upper Mezzanine
Moscone South
Chair:
Monica J. Taylor-Desir, M.D.
Presenters:
Andres Pumariega
Monica J. Taylor-Desir, M.D.
Robert Dabney Jr., M.Div.

Psychiatry and the Humanities: How to Maintain Balance
Resident, Fellow and Medical Student Track Featured Session

10:30 a.m. - Noon
Room 306, Third Level
Moscone South
Chair:
Carlyle Hung-Lun Chan, M.D.
Presenters:
Margaret Chisolm, M.D.
David Elkin, M.D.
Shieva Khayam-Bashi, M.D.

Psychopharmacology Master Class: The Art of Psychopharmacology

10:30 a.m. - Noon
Room 155, Upper Mezzanine
Moscone South
Chairs:
David L. Mintz, M.D.
Carl Salzman, M.D.

Supporting the Mental Health of Health Care Workers During Covid-19 and Beyond

Well-being and Burnout

10:30 a.m. - Noon
Room 201, Second Level
Moscone South
Chair:
George L. Alvarado, M.D.
Presenter:
Mayer Bellehsen
Discussant:
Manish Sapra, M.D.

Teaching Decision-Making Capacity: An Asynchronous Workshop Model

American Association of Directors of Psychiatric Residency Training (AADPRT)

10:30 a.m. - Noon
Room 206, Second Level
Moscone South
Chair:
Cara Angelotta, M.D.
Presenter:
Brittany N. Goldstein, M.D.

The Overturning of Roe Versus Wade: Implications for Women’s Mental Health

10:30 a.m. - Noon
Room 203, Second Level
Moscone South
Chair:
Madeleine Anne Becker, M.D., M.A.
Presenters:
Celeste Peay, M.D., J.D.
Nancy Byatt, D.O., M.B.A., M.S.

The Role of Animals in the Treatment of Mental Disorders

10:30 a.m. - Noon
Room 160, Upper Mezzanine
Moscone South
Chair:
Nancy R. Gee, Ph.D.
Presenters:
Aubrey H. Fine, Ph.D.
Sabrina Schuck, Ph.D.
Lisa Townsend, Ph.D.

Town Hall: COP²: A Global Response to the Mental Health Needs of Our Climate Crisis

10:30 a.m. - Noon
Room 151, Upper Mezzanine
Moscone South
Chair:
Elizabeth Haase, M.D.
Presenters:
Gary Belkin, M.D., Ph.D., M.P.H.
Joshua Wortzel, M.D., M.Phil., M.S.
Carissa Cabán-Alemán, M.D.

LEARNING LAB

Supporting Person-Centered Care: A Simulation of Hearing Voices

SMI Adviser: An APA and SAMHSA Initiative

10:30 a.m. - Noon
Room 301, Third Level
Moscone South
Chair:
Sherin Khan, L.C.S.W.
**1:30 p.m. Sessions**

**AWARD LECTURES**

Patient Advocacy Award: The Law Is Not Magic but Collaboration Works

*Patient Advocacy Award*

1:30 p.m. - 3:00 p.m.

Room 151, Upper Mezzanine

Moscone South

*Introduction:*

Rebecca Brendel, M.D., J.D.

*Presenter:*

Mark Heyrman, J.D.

**GENERAL SESSIONS**

Addressing Anti-Racism and Structural Competency in Schools: A Collaborative Approach

1:30 p.m. - 3:00 p.m.

Room 201, Second Level

Moscone South

*Chair:*

Aishwarya Kamakshi Rajagopalan, D.O., M.H.S.

*Presenter:*

Sonal Jain

*Discussants:*

Shashank V. Joshi, M.D.

Wanjiku Njoroge, M.D.

Applying for Psychiatry Residency? Some Tips and Tricks From PDs for IMGs

*International Medical Graduates Track Featured Session*

1:30 p.m. - 3:00 p.m.

Room 308, Third Level

Moscone South

*Presenters:*

Benedicto R. Borja, M.D.

Rashi Aggarwal

Jason E. Curry, D.O.

*Discussants:*

Farooq Mohyuddin, M.D.

Vineeth P. John, M.D., M.B.A.

Asians in America: Not a Model Minority and Not a Minority

*presented by APA Foundation M/UR Caucus of Asian-American Psychiatrists*

1:30 p.m. - 3:00 p.m.

Room 206, Second Level

Moscone South

*Chair:*

Dora-Linda Wang, M.D.

*Presenters:*

Edmond H. Pi, M.D.

Nhi-Ha T. Trinh, M.D., M.P.H.

Steven Richard Chan, M.D., M.B.A.

Benzodiazepines, Prescribing and De-Prescribing: A Panel Discussion

1:30 p.m. - 3:00 p.m.

Room 205, Second Level

Moscone South

*Chairs:*

Ron M. Winchel, M.D.

Catherine Crone, M.D.

*Presenters:*

Donovan Maust, M.D.

Edward Silberman, M.D.

Ilse Wiechers, M.D., M.H.S.

Oscar Bienvenu, M.D.

Brain Health and Well-Being in Older Adults: The Impact of Lifestyle Interventions

1:30 p.m. - 3:00 p.m.

Room 154, Upper Mezzanine

Moscone South

*Chair:*

Helen Hisae Kyomen, M.D., M.S.

*Presenters:*

Sehba Husain-Krautter, M.D., Ph.D.

John L. Beyer, M.D.

Ebony Dix, M.D.
From the Front Lines of Trauma to the Front Lines of Medicine: Addressing Moral Injury in Healthcare Workers Through a Military Perspective

1:30 p.m. - 3:00 p.m.
Room 153, Upper Mezzanine
Moscone South
Chair:
Bhagwan A. Bahroo, M.D.
Presenters:
Chelsea R. Younghans, M.D.
Adam Bumgardner, M.D.
Zachary Brooks, D.O.

Impact of the Environment on Adolescent Development: Findings From BIPOC Scholars in the ABCD Study START Program

U.S. National Institute on Drug Abuse (NIDA)

1:30 p.m. - 3:00 p.m.
Room 209, Second Level
Moscone South
Chair:
Gayathri J. Dowling, Ph.D.
Presenters:
Neo Gebru, Ph.D.
Skye Bristol
Stacy Ryan-Pettes, Ph.D.
Discussant:
Micah Johnson, Ph.D.

Innovations in Community-Based Mental Health Interventions Within and Beyond the Military

1:30 p.m. - 3:00 p.m.
Room 204, Second Level
Moscone South
Chair:
Jerry Trotter, M.D.
Presenters:
Kenneth Stewart Thompson, M.D.
Monica D. Ormeno, D.O.

Creating Spanish/English Networks to Support Mental Health of Hispanic/Latinx Communities

M/UR Caucus of Hispanic Psychiatrists

1:30 p.m. - 3:00 p.m.
Room 302, Third Level
Moscone South
Chair:
Ruby C. Castilla Puentes, M.D., Dr.P.H.
Presenters:
Fernando Espi Forcen
Tatiana A. Falcone, M.D.
Discussant:
Esperanza Diaz

Dr. IMG in the Multiverse of ECPs: Moving Beyond Training: What Should I Do? Where Do I Go? What Do I Become?

1:30 p.m. - 3:00 p.m.
Room 314, Third Level
Moscone South
Chair:
Sudhakar Shenoy, M.D.
Presenters:
Sudhakar Shenoy, M.D.
Raman Baweja, M.D., M.S.
Kamalika Roy, M.D.
Discussant:
Vishal Madaan, M.D.

Facing Off, Facing Ourselves: Dealing With Microaggressions in APA Sessions

1:30 p.m. - 3:00 p.m.
Room 307, Third Level
Moscone South
Chairs:
Ravi Chandra, M.D.
Flavia Alecia Ruth De Souza, M.D., M.H.S.
Presenters:
Fiona D. Fonseca, M.D., M.S.
Nicole Woodson-DeFauw, M.D.
Regina James, M.D.

Creating Spanish/English Networks to Support Mental Health of Hispanic/Latinx Communities

1:30 p.m. - 3:00 p.m.
Room 203, Second Level
Moscone South
Chair:
Donna Marie Sudak, M.D.
Presenter:
Jesse H. Wright, M.D.

Complex Neuropsychiatric Presentations in Consultation-Liaison Psychiatry: Acute Psychosis, Delirious Mania, and Catatonia

1:30 p.m. - 3:00 p.m.
Room 157, Upper Mezzanine
Moscone South
Chair:
Laura T. Safar, M.D.
Presenters:
David Van Norstrand, M.D., Ph.D.
Hema Venigalla, M.D.
Larry Schibuk, M.D.

Confident Clozapine Prescribing: Motivating Clinicians to Address Racial and Ethnic Disparities in Clozapine Utilization

1:30 p.m. - 3:00 p.m.
Room 304, Third Level
Moscone South
Chair:
Claire C. Holderness, M.D.
Presenters:
Laura A. Clarke, M.D.
Jean-Marie Alves-Bradford
Discussant:
T. Scott Stroup, M.D., M.P.H.
Integrating Patients? Work Identity Into Practice: The Military as an Exemplar in How It Cares for Military Service Members, Veterans, and Families
1:30 p.m. - 3:00 p.m.
Room 312, Third Level
Moscone South
Chair: Walter J. Sowden, Ph.D.
Presenters: Sean Wilkes, M.D.
Natalie Picciano, M.D.
Jazmin Scott, M.D.

Making “Good Trouble” in Psychiatry: Creating More Equitable Systems of Mental Health Care (in the Spirit of US Representative John Lewis)
Presented by APA Foundation M/UR Caucus of Black Psychiatrists
1:30 p.m. - 3:00 p.m.
Room 212, Second Level
Moscone South
Chair: Cynthia Turner-Graham, M.D.
Presenters: Topaz Sampson-Mills
Jonathan Joel Shepherd, M.D.
Ja’Nelle Maxine Blocker, M.D.

Mental Health Professionals’ Role in the Criminal Justice System: How to Be an Agent of Change
Presented by APA Foundation
1:30 p.m. - 3:00 p.m.
Room 160, Upper Mezzanine
Moscone South
Chair: Michael K. Champion, M.D.
Presenters: Alicia Barnes, D.O., M.P.H.
Damon Johnson
Cotton Walker

Perspectives on Developing a Global Mental Health Training Curriculum: Education, Research, and Policy
Caucus on Global Mental Health and Psychiatry
Presented by APA Foundation
1:30 p.m. - 3:00 p.m.
Room 202, Second Level
Moscone South
Chair: Sunil D. Khushalani, M.D.

Psychiatric Diagnosis: Do Race and Ethnicity Still Matter?
1:30 p.m. - 3:00 p.m.
Room 159, Upper Mezzanine
Moscone South
Chair: William Bradford Lawson, M.D., Ph.D.
Presenters: Stephen M. Strakowski, M.D.
Sidney H. Hankerson, M.D., M.B.A.

Recognizing and Addressing Burnout Among Healthcare Workers in Rural Nepal: A Proof of Concept Study Using Visual Learning Aids
Presented by APA Foundation
1:30 p.m. - 3:00 p.m.
Rooms 305/309, Third Level
Moscone South
Chair: Bibhav Acharya, M.D.
Presenters: Kristin Nguyen, M.D.
Raj Kumar Dangal, M.D.
Eva Studer, M.D.
The Heart of the Matter, “Narrative Means to Therapeutic Ends”: Exploring Narrative Therapy and the Healing Power of Stories in Medicine

1:30 p.m. - 3:00 p.m.
Room 158, Upper Mezzanine
Moscone South
Chair:
Nada L. Stotland, M.D., M.P.H.
Presenters:
Komal Trivedi
Maryam Zulfiqar, M.D.
Trishna Narula, M.D., M.P.H.

Training Together: Building and Bolstering Trainee Communities in a Post-Pandemic World

1:30 p.m. - 3:00 p.m.
Room 306, Third Level
Moscone South
Chair:
Jessica Gold, M.D.
Presenters:
Sean Woodward
Amanda Koire, M.D., Ph.D.
Simone Ariel Bernstein, M.D.

Ukrainian Mental Healthcare Provider Stress Relief With Breath-Centered Mind-Body Practices

1:30 p.m. - 3:00 p.m.
Room 214, Second Level
Moscone South
Chair:
Patricia Lynn Gerbarg, M.D.
Presenters:
Richard Paul Brown, M.D.
Liudmyla Moskalenko, Ph.D.
Tatyana Vatulova, Ph.D.

United We Stand: An Integrated Approach to Psychotherapy Training

1:30 p.m. - 3:00 p.m.
Room 310/311, Third Level
Moscone South
Chair:
Hinda F. Dubin
Presenters:
Christopher Miller
Donald Ross
Anna Zeira

Virtual Reality in Suicide Prevention: A New Frontier in Teaching and Training

1:30 p.m. - 3:00 p.m.
Room 155, Upper Mezzanine
Moscone South
Chair:
Igor I. Galynker, M.D., Ph.D.
Presenters:
Igor I. Galynker, M.D., Ph.D.
Skip Rizzo, Ph.D.
Aaron Norr

LEARNING LAB
Launching and Navigating a Successful Career in Academic Medicine

1:30 p.m. - 3:00 p.m.
Room 301, Third Level
Moscone South
Chair:
Laura W. Roberts, M.D.
Presenters:
Bernice Yau, M.D.
Matthew Yung, M.D.
Neema Khonsari, M.D.
Wayles Haynes, M.D.

POSTER
Poster Session 6
1:30 p.m. - 3:00 p.m.
Hall B Foyer, Exhibition Level
Moscone South

Presidential Session
Update on the Psychiatric Bed Crisis: Real-World Problems and Potential Virtual-World Solutions

1:30 p.m. - 3:00 p.m.
Room 156, Upper Mezzanine
Moscone South
Chairs:
Sandra M. DeJong, M.D.
Anita Everett, M.D.
Presenters:
Steven Samuel Sharfstein, M.D.
Robert L. Trestman, M.D., Ph.D.
Kristen Hassmiller Lich, Ph.D.

COURSES
A Measurement-Based Care Approach to Identification and Management of Treatment Resistant Depression

1:30 p.m. - 5:30 p.m.
Room 7, Exhibition Level
Moscone South
Directors:
Madhukar H. Trivedi, M.D.
Faculty:
Manish Kumar Jha, M.B.B.S.
Alan F. Schatzberg, M.D.
Maurizio Fava, M.D.
Melissa Martinez

Clinical Updates
Residents, Fellows, & Med Students
International Medical Graduates
Technology
Humanities
Diversity and Health Equity
Well-being and Burnout
NIAAA Research Track
Annual Meeting On Demand
Virtual Annual Meeting
Neurology Update for the Psychiatrists
1:30 p.m. - 5:30 p.m.
Room B, Exhibition Level
Moscone South
Director:
Sanjay Pratap Singh, M.D.
Faculty:
Rammohan R. Sankaraneni, M.B.B.S.
■ 3:45 p.m. Sessions

AWARD LECTURES

Administrative Psychiatry Award: Preparing for the Next Frontier of Mental Health Care: Opportunities for Current and Future Leaders

Administrative Psychiatry Award Lecture
3:45 p.m. - 5:15 p.m.
Room 202, Second Level
Moscone South
Introduction:
Tobias Wasser, M.D.
Presenter:
Manish Sapra, M.D.

Manfred S. Guttmacher Award Lecture: Antisocial Personality Disorder: From Myths to Multimodal Imaging

Manfred S. Guttmacher Award Lecture
3:45 p.m. - 5:15 p.m.
Rooms 305/309, Third Level
Moscone South
Chair:
Donald W. Black, M.D.
Presenter:
Nathan Kolla

Simon Bolivar Award Lecture: The First Call for Human Rights in the Americas (1511): Father Antonio De Montesinos and His Relevance to the Mission of the Psychiatrist

Simon Bolivar Award
3:45 p.m. - 5:15 p.m.
Room 210, Second Level
Moscone South
Introduction:
Andres Pumariega
Presenter:
Eugenio M. Rothe, M.D.

GENERAL SESSIONS

A Clinician’s Guide to the Management of Behavioral and Psychological Symptoms of Dementia in the Era of Boxed Warnings

3:45 p.m. - 5:15 p.m.
Room 152, Upper Mezzanine
Moscone South
Chair:
Rajesh R. Tampi, M.D., M.S.

A Journey to Death: The Story of Migrant Children

Council on Children, Adolescents, and Their Families
3:45 p.m. - 5:15 p.m.
Room 159, Upper Mezzanine
Moscone South
Chair:
Gabrielle Shapiro, M.D.
Presenters:
German E. Velez, M.D.
Balkozar Adam, M.D.
Suzan Song, M.D.

A Roadmap to Psychiatric Residency: Assisting Stakeholders in the Medical Student Advising and Residency Recruitment Process

3:45 p.m. - 5:15 p.m.
Room 314, Third Level
Moscone South
Chair:
Shambhavi Chandraiah, M.D.
Presenters:
John J. Spollen, M.D.
Daniel E. Gih, M.D.
Jessica Kovach

Clinical Updates
Residents, Fellows, & Med Students
International Medical Graduates
Technology
Humanities
Diversity and Health Equity
Well-being and Burnout
NIAAA Research Track
Annual Meeting On Demand
Virtual Annual Meeting
Addressing the Management of Incidents of Racial Bias and Discrimination in Graduate Medical Education

3:45 p.m. - 5:15 p.m.
Room 212, Second Level
Moscone South
Chair:
Constance E. Dunlap, M.D.
Presenters:
Drhuv Gupta, M.D., M.S.
Sade Frazier, D.O., M.S.
Discussant:
Francis G. Lu, M.D.

Behind Closed Doors: Providing Psychiatric Treatment and Promoting Safety Remotely for Survivors of IPV

3:45 p.m. - 5:15 p.m.
Room 153, Upper Mezzanine
Moscone South
Chair:
Elizabeth Fitelson, M.D.
Presenters:
Farah R. Herbert, M.D.
Carole Warshaw

Biomarkers in Psychiatry: Are We Ready for Prime Time?

3:45 p.m. - 5:15 p.m.
Room 304, Third Level
Moscone South
Chair:
Nina Kraguljac, O.D.
Presenters:
Anand Kumar
Adrienne Grzenda, M.D., Ph.D.
Discussant:
Charles Barnet Nemeroff, M.D., Ph.D.

Considerations in the Use of Seclusion or Restraint: Introducing a New APA Resource Document

Council on Quality Care

3:45 p.m. - 5:15 p.m.
Room 204, Second Level
Moscone South
Chair:
Jacqueline A. Hobbs, M.D., Ph.D.
Presenters:
Jose Arriola Vigo, M.D., M.P.H.
Erick H. Cheung, M.D.
Molly T. Finnerty, M.D.

Double Trouble: Management of AUD and Co-Occurring Disorders

U.S. National Institute on Alcohol Abuse and Alcoholism (NIAAA)

3:45 p.m. - 5:15 p.m.
Room 211, Second Level
Moscone South
Chair:
Laura E. Kwako, Ph.D.
Presenters:
Kathleen Brady, M.D., Ph.D.
Ismene Petrakis, M.D.
Geetanjali Chander, M.D., M.P.H.

Dying to Tell You: How Personal Grief Shapes the Practice of Psychotherapy From the Perspective of Gay-Identified Psychiatrists

3:45 p.m. - 5:15 p.m.
Room 213, Second Level
Moscone South
Chair:
Robert Michael Kertzner, M.D.
Presenters:
Marshall Forstein, M.D.
Jeffrey S. Akman, M.D.

Emerging Biomarkers of Response to Ketamine: Opportunities and Challenges

3:45 p.m. - 5:15 p.m.
Room 156, Upper Mezzanine
Moscone South
Chair:
Gustavo Costa Medeiros
Presenters:
Balwinder Singh, M.D., M.S.
Jennifer Vande Voort
Giselli Scaini, Ph.D., M.Sc.

Exploring Fellowship Awards in Psychiatry: Opportunities Beyond the APA

3:45 p.m. - 5:15 p.m.
Room 306, Third Level
Moscone South
Chair:
Vikas Gupta, M.D., M.P.H.
Presenters:
Brandi S. Kames, M.D.
Fiona D. Fonseca, M.D., M.S.
Jeremy Chaikind
Samuel Wesley Jackson, M.D.
Dwight E. Kemp, M.D.
Caridad Ponce Martinez, M.D.

Global Community of Psychiatry: Part 1

3:45 p.m. - 5:15 p.m.
Room 308, Third Level
Moscone South
Chair:
Dinesh Bhugra, M.D.
Presenters:
Johannes Wancata
Robert Delfin Buenaventura, M.D.

Sessions with this icon will be captured as part of APA Annual Meeting on Demand, subject to speaker permission. Visit the APA on Demand Sales Booth in the Education Center to learn more and purchase.
Healing Moral Injury, Developing Moral Resilience
Scattergood Ethics Program at the University of Pennsylvania, and St. Elizabeths Hospital, Washington DC

3:45 p.m. - 5:15 p.m.
Room 312, Third Level
Moscone South
Chair:
Monica J. Taylor-Desir, M.D.
Presenters:
Karen Meagher, Ph.D.
Monica J. Taylor-Desir, M.D.

Innovating Chalk Talks 3.0: Incorporating Virtual Learning Platforms to Improve In-Person Learning

3:45 p.m. - 5:15 p.m.
Room 302, Third Level
Moscone South
Chair:
Paul Riordan
Presenters:
Miles Christensen
Bryan Lao
Jordan Broadway

Inspiring Motivation and Collaboration Through Social Justice Education in the General Hospital

3:45 p.m. - 5:15 p.m.
Room 201, Second Level
Moscone South
Chair:
Diana Robinson
Presenters:
Adrienne Taylor
Abhisek Khandai
Mira Zein, M.D., M.P.H.

International Medical Graduates: Trends, Trials and Tribulations

3:45 p.m. - 5:15 p.m.
Room 307, Third Level
Moscone South
Chair:
Raman Marwaha, M.D.
Presenter:
Saul Levin, M.D., M.PA.
Discussants:
Vishal Madaan, M.D.
Tanuja Gandhi, M.D.
Manal Khan, M.D.
Zeeshan Nisarahmed Mansuri, M.D., M.P.H.
Muhammad Zeshan, M.D.
Narpinder K. Malhi, M.D.

Maximizing Vaccinations Against Pulmonary Infections in Patients With Serious Mental Illness: A Multi-Pronged Approach in Mental Health Settings

3:45 p.m. - 5:15 p.m.
Room 310/311, Third Level
Moscone South
Chair:
Oliver Freudenreich, M.D.
Presenters:
Oliver Freudenreich, M.D.
Carol S. Lim, M.D., M.P.H.
Manjola Ujkaj Van Alphen

Neuroscience in the Court Room

3:45 p.m. - 5:15 p.m.
Room 203, Second Level
Moscone South
Chair:
Octavio Choi, M.D.
Presenters:
James Armontrout, M.D.
Shafi Lodhi, M.D.
Grace Cherry, M.D.

New Guideline Recommendations for Strengthening Psychiatric Practice
Steering Committee on Practice Guidelines

3:45 p.m. - 5:15 p.m.
Room 155, Upper Mezzanine
Moscone South
Chairs:
Catherine Crone, M.D.
Jacqueline Posada, M.D.
Presenters:
Laura Fochtman, M.D.
Victor Reus, M.D.
George Keepers, M.D.
Discussant:
Daniel Anzia, M.D.

Pediatric Bipolar Disorder: Advances in Diagnosis and Treatment

3:45 p.m. - 5:15 p.m.
Room 205, Second Level
Moscone South
Presenter:
Janet Wozniak
Moderator:
A. Jacques H. Ambrose, M.D., M.P.H.
Powerful Beliefs: The Interplay Between a Patient’s Spiritual Practices and Psychiatric Outcomes

Caucus on Religion, Spirituality and Psychiatry
3:45 p.m. - 5:15 p.m.
Room 158, Upper Mezzanine
Moscone South
Chair:
Kayla Fisher, M.D., J.D.
Presenters:
Helen Lavretsky, M.D.
Donna Ames, M.D.

Project Engage: Engaging Communities to Gain Mental Wellbeing and Equity Everywhere
3:45 p.m. - 5:15 p.m.
Room 151, Upper Mezzanine
Moscone South
Chair:
Milton Leonard Wainberg, M.D.
Presenter:
Milton Leonard Wainberg, M.D.

Responding to the Impact of Suicide on Clinicians
3:45 p.m. - 5:15 p.m.
Room 303, Third Level
Moscone South
Chair:
Eric M. Plakun, M.D.
Presenter:
Jane G. Tillman, Ph.D.

The Evolution of Exposure-Based Psychosocial Treatments: What’s Known and What’s Next!
3:45 p.m. - 5:15 p.m.
Room 209, Second Level
Moscone South
Chair:
Robert D. Friedberg, Ph.D.
Presenters:
Ciera Korte, M.S.
Ramaris German, Ph.D.
Jamal Essayli, Ph.D.

The Mental Health Impacts of Climate Change: A Diversity and Health Equity Approach
3:45 p.m. - 5:15 p.m.
Room 214, Second Level
Moscone South
Chair:
Andreea Seritan, M.D.
Presenters:
Ali Abbas Asghar-Ali, M.D.
Amalia Hatcher, M.D.

Too Much Is Never Enough: Compulsive Sexual Behavior in Psychiatric Practice
3:45 p.m. - 5:15 p.m.
Room 160, Upper Mezzanine
Moscone South
Chair:
Kathryn Basilece, M.D.
Presenter:
Sara Gilmer West, M.D.

Treating Evangelical Christians: Challenges and Opportunities
3:45 p.m. - 5:15 p.m.
Room 301, Third Level
Moscone South
Chair:
John Raymond Peteet, M.D.
Presenters:
Samuel Thielman
Jennifer Harris, M.D.
Steve Chennankara, M.D.

POSTER
Poster Session 7
3:45 p.m. - 5:15 p.m.
Hall B Foyer, Exhibition Level
Moscone South

PRESIDENTIAL SESSION
Interventional Psychiatry: Advances, Acceptability, and Access
3:45 p.m. - 5:15 p.m.
Room 154, Upper Mezzanine
Moscone South
Chair:
Saydra Wilson
Presenters:
Cristina Cusin, M.D.
Sarah Lisanby, M.D.
Laura Cabrera

5:30 p.m. Session
MindGames

MindGames Resident Competition
5:30 p.m. - 7:00 p.m.
Hall A Foyer,
Moscone South
Host:
Art C. Walaszek, M.D.
Moderators:
Rashi Aggarwal, M.D.
Michelle B. Riba, M.D., M.S.
Iqbal “Ike” Ahmed, M.D.
Emerging Voices: DEIB, Innovation & Leadership

10:30 a.m. - Noon
Featuring

Heather McGhee
Author of the 2021 Best-Seller The Sum of Us: What Racism Costs Everyone and How We Can Prosper Together

Convocation of Distinguished Fellows

5:30 p.m. - 6:30 p.m.
Featuring

Beth Macy
Journalist and Best-Selling Author
Emerging Voices:
DEIB, Innovation & Leadership

10:30 a.m.
Hall F, Exhibition Level
Moscone North
This interactive plenary session will feature a keynote address from Heather McGhee, the author of the 2021 best-seller The Sum of Us: What Racism Costs Everyone and How We Can Prosper Together. After her talk, she will join a panel with APA President Rebecca W. Brendel, M.D., J.D., American Bar Association President Deborah Enix-Ross, J.D., and American Medical Association President Jack Resneck, M.D. Together, they will discuss the role and responsibility of the professions of medicine and law in advocacy and action to advance diversity, equity, inclusion, and belonging in America.

Heather McGhee
McGhee holds a B.A. in American Studies from Yale University and a J.D. from the University of California at Berkeley School of Law, and currently serves as a Visiting Lecturer in Urban Studies at the City University of New York’s School of Labor and Urban Studies. She is the Chair of the Board of Color of Change, the country’s largest online racial justice organization, and serves on multiple other boards of trustees, including the Rockefeller Brothers Fund and Demos.

Don’t miss Heather McGhee’s book-signing in the Exhibit Hall after the panel from 12:15-12:45!

Deborah Enix-Ross
Deborah Enix-Ross, a senior adviser to the International Dispute Resolution Group of Debevoise & Plimpton in New York City, is president of the American Bar Association, the world’s largest voluntary association of lawyers, judges, and other legal professionals. Enix-Ross served as chair of the ABA’s policymaking House of Delegates and as chair of the ABA Center for Human Rights. As chair of the ABA International Law Section, she co-founded the Women’s Interest Network and worked with the International Bar Association to create its Women’s Interest Group. She also led an international legal exchange delegation to Liberia, Sierra Leone, and Ghana, where she delivered an address commemorating the country’s 50th anniversary of independence.

Jack Resneck
Jack Resneck Jr., MD, became president of the American Medical Association in June 2022. For more than 20 years, Dr. Resneck has demonstrated an unwavering commitment to organized medicine. He is a passionate advocate for physicians and patients, a prominent spokesperson for innovation, and a champion for a more equitable health care system.

Dr. Resneck was elected to the American Medical Association Board of Trustees in 2014 and served as its chair from 2018 to 2019. He is a former member of the board of the American Academy of Dermatology and the former president of the California Society for Dermatology and Dermatologic Surgery. Currently, he is a member of the editorial board of the Journal of the American Academy of Dermatology and serves on the board of directors for the National Quality Forum.
Convocation of Distinguished Fellows

5:30 p.m. – 6:30 p.m.
Hall F, Lower Mezzanine
Moscone North

The Convocation is a celebration of the APA members who have been awarded the designations of Distinguished Fellow, Distinguished Life Fellow, International Distinguished Fellow, Fellow, International Fellow, and Life Fellow* of the American Psychiatric Association effective January 1, 2023. These individuals join an elite group of psychiatrists with this honorary distinction who continue to make significant contributions to the field of psychiatry. Additionally, we will honor the new class of 50-year Life Members for their commitment to the APA, as well as those receiving Special Presidential Commendations and Distinguished Service Awards. Following the ceremony, Former AMA President Patrice Harris, M.D., M.A., will interview journalist & bestselling author Beth Macy.

Beth Macy
Beth Macy is a Virginia-based journalist with three decades of experience and an award-winning author of three New York Times bestselling books: Factory Man, Truevine and Dopesick: Dealers, Doctors, and the Drug Company That Addicted America. Her first book, Factory Man, won a J. Anthony Lukas Prize and Dopesick was short-listed for the Carnegie Medal, won the L.A. Times Book Prize for Science and Technology, and was described as a “masterwork of narrative nonfiction” by The New York Times. Dopesick has now been made into a Peabody award-winning and Emmy-winning Hulu series on which she acted as an executive producer and cowriter. Her fourth book, Raising Lazarus: Hope, Justice, and the Future of America’s Overdose Crisis, was published on August 16, 2022.

Please visit the Exhibit Hall for a booksigning with Ms. Macy between 3:15 and 3:45 p.m.

Stephen Loyd, M.D.
Stephen Loyd, M.D. currently serves as the Chief Medical Officer of Cedar Recovery, an addiction treatment company headquartered in Mount Juliet, TN servicing patients across Middle Tennessee. On top of his work for Cedar, he is currently a member of the Tennessee Board of Medical Examiners as well as serving as a federal expert witness. A nationally recognized thought leader and clinician, Dr. Loyd has decades of experience in internal medicine, mental health, and substance abuse services. His background includes serving as the Medical Director and Assistant Commissioner for Substance Abuse Services with the Tennessee Department of Mental Health and Substance Abuse Services. Dr. Loyd has been in recovery since 2004. Experiencing addiction first-hand has allowed him to develop a unique approach to patient care that is passionate, effective, and impactful. His daily goal is to help as many people receive the quality treatment they deserve in order for them to feel better, get better, and stay better.

Patrice A. Harris, M.D., M.A.
Patrice A. Harris, M.D., M.A. is the CEO and Co-Founder of eMed, a digital healthcare company. She is a board-certified psychiatrist from Atlanta and has diverse experience as a private practicing physician, county public health director, and patient advocate. She has deep experience and expertise in public policy on both legislative and regulatory fronts and at all levels of government. Dr. Harris was the 174th President of the American Medical Association and the first African American woman elected to that position. She is a visiting professor of psychiatry at the Columbia University Vagelos College of Physicians and Surgeons and serves as Chief Health and Medical Editor of EverydayHealth.com. She also serves on the Boards of United Bankshares, Inc. and Quartet Health. Dr. Harris has received numerous awards in recognition of her service and leadership. Dr. Harris is fellow of the American Psychiatric Association and is adjunct assistant professor in the Emory Department of Psychiatry and Behavioral Sciences, and an adjunct clinical assistant professor in psychiatry and behavioral sciences at the Morehouse School of Medicine.

* Those eligible for medallions may pick them up on-site prior to the Convocation at the Membership Desk.
8:00 a.m. Sessions

GENERAL SESSIONS

An Athlete’s Achilles Heel: The Risk Stratification of Athletes and Barriers to Mental Health Care

8:00 a.m. - 9:30 a.m.
Room 212, Second Level
Moscone South
Chair:
Bhagwan A. Bahroo, M.D.
Presenters:
Thanh T. Nguyen, M.D.
Katrina L. Wachter, M.D.
Marissa Anne Manning, D.O.

Are You Here to Help? The Intersection of Mental Health, Policing, and Race in a Crisis Response

8:00 a.m. - 9:30 a.m.
Room 302, Third Level
Moscone South
Chair:
Dionne Hart, M.D.
Presenters:
Anthony Campbell
Matthew Goldman
Taun Hall

Breaking Through Chronicity: Using Psychotherapy to Overcome Barriers to Change

8:00 a.m. - 9:30 a.m.
Room 156, Upper Mezzanine
Moscone South
Chair:
Jesse H. Wright, M.D.
David Allan Casey, M.D.
Katharina Perlin

Bridging the Gap: Epidemiology, Clinical Care, and Policy at the Intersection of Serious Mental Illness and HIV

8:00 a.m. - 9:30 a.m.
Room 313, Third Level
Moscone South
Chair:
Alison R. Hwong, M.D., Ph.D.
Presenters:
Francine Cournos, M.D.
Alexander Reza Bazazi
Andrew Sudler, M.D.

Changing the Trajectory: Innovations in First-Episode Psychosis to Reduce Risk of Violence, Suicide, and Legal Involvement

8:00 a.m. - 9:30 a.m.
Room 157, Upper Mezzanine
Moscone South
Chair:
Deirdre Caffrey, M.D.
Presenters:
Stephanie Rolin, M.D.
Michael Compton, M.D.
Ilana Nossel, M.D.

Current and Future Treatment of Depression: Glass Half Full or Half Empty?

8:00 a.m. - 9:30 a.m.
Room 213, Second Level
Moscone South
Presenter:
Charles Barnet Nemeroff, M.D., Ph.D.
Deconstructing the Missing White Woman Syndrome: Intimate Partner Crime and Racial Bias in Media Portrayals of Missing Persons Cases

8:00 a.m. - 9:30 a.m.
Room 304, Third Level
Moscone South
Chair:
Susan Hatters-Friedman, M.D.
Presenters:
Nina Ross
Kathleen Kruse
Camille Tastenhoye, M.D.

Ethical and Practical Implications of Psychedelics in Psychiatry

Ethics Committee
8:00 a.m. - 9:30 a.m.
Room 303, Third Level
Moscone South
Chairs:
Gregory Samuel Barber, M.D.
Charles Dike, M.D.
Presenters:
Adriana De Julio, M.D., M.P.H.
Smita Das, M.D., Ph.D., M.P.H.

Ethics and Engagement in Mental Health
8:00 a.m. - 9:30 a.m.
Room 159, Upper Mezzanine
Moscone South
Chair:
Tony W. Thrasher, D.O.

Getting to the Core: The NIAAA Healthcare Professional’s Core Resource on Alcohol and Other Alcohol Education Resources for Healthcare Providers

U.S. National Institute on Alcohol Abuse and Alcoholism (NIAAA)

8:00 a.m. - 9:30 a.m.
Room 211, Second Level
Moscone South
Chair:
Laura E. Kwako, Ph.D.
Presenter:
Katharine Bradley, M.D., M.P.H.

I Need a Psychiatrist but Can’t Find One: An Introduction to the Integrated Care Elective to Increase Access to Care

8:00 a.m. - 9:30 a.m.
Room 312, Third Level
Moscone South
Chair:
Sasidhar Gunturu, M.D.
Presenters:
Souparno Mitra, M.D.
Shalini Dutta, M.D.

Identity, Relationship, Cultural Trauma, and Mental Health Journeys: Lived Experience of an Asian American Psychiatrist

8:00 a.m. - 9:30 a.m.
Room 204, Second Level
Moscone South
Chair:
Ravi Chandra, M.D.
Discussant:
Raymond Matthew Reyes, M.D.

If You Are a Psychiatrist, You Need to Know How to Prescribe Monoamine Oxidase Inhibitors: Guide for MAOIs So an Effective Treatment Option Is Not Lost

8:00 a.m. - 9:30 a.m.
Room 205, Second Level
Moscone South
Chair:
Stephen Michael Stahl, M.D., Ph.D.
Presenter:
Jonathan W. Stewart, M.D.
Moderators:
Philip R. Muskin, M.D., M.A.
Ron M. Winchel, M.D.

Leveraging Technology to Enhance Mental Health Interventions

8:00 a.m. - 9:30 a.m.
Room 154, Upper Mezzanine
Moscone South
Chair:
Aidaspahic S. Mihajlovic, M.D., M.S.
Presenters:
Lara Segalite, M.D.
Samar Khan
Ria Datta
Mentorship: Nuts and Bolts of the Gift of a Dynamic Reciprocal Relationship

Resident, Fellow and Medical Student Track Featured Session

8:00 a.m. - 9:30 a.m.
Room 306, Third Level Moscone South
Chair:
Jacqueline M. Feldman, M.D.
Presenters:
Saul Levin, M.D., M.P.A.
Chase Watson, M.S.
Dwight E. Kemp, M.D.
Urooj Yazdani, M.D.

Novel Positive Psychiatry Interventions: Helping Patients, Professionals, and Populations

8:00 a.m. - 9:30 a.m.
Room 203, Second Level Moscone South
Chair:
Erick Messias, M.D.
Presenters:
Samantha V. Boardman, M.D.
Dilip V. Jeste, M.D.

Pillars of Mental Health: Attachment and Social Connectedness Over the Lifespan

8:00 a.m. - 9:30 a.m.
Room 152, Upper Mezzanine Moscone South
Chair:
John H. Halpern, M.D.
Presenters:
Eugenio M. Rothe, M.D.
Marilyn Benoit
Discussant:
Regina James, M.D.

Publishing During Training: Maintaining Motivation in Academic Writing

8:00 a.m. - 9:30 a.m.
Room 310/311, Third Level Moscone South
Chair:
Danielle W. Lowe, M.D., Ph.D.
Presenters:
Joshua Hamilton, M.D.
Alexander Levit, M.D., Ph.D.
Syeda Razia Haider, M.D.

Roma: Enhancing Compassion as a Means to Resilient Well-Being Through Transcendental Style in Film and Participant Mindful Viewing

8:00 a.m. - 9:30 a.m.
Room 314, Third Level Moscone South
Chair:
Francis G. Lu, M.D.
Presenters:
Bernardo Ng, M.D.
Esperanza Diaz

Seeking Value: Practical Methods for Getting More and Paying Less

8:00 a.m. - 9:30 a.m.
Room 158, Upper Mezzanine Moscone South
Chair:
Deepika Sastry, M.D., M.B.A.
Presenter:
Michelle Joy, M.D.

Supporting the Helpers: A Discussion of the Role of Psychiatry and Psychology in Wellbeing Efforts for Healthcare Workers During Covid-19

8:00 a.m. - 9:30 a.m.
Room 301, Third Level Moscone South
Chair:
Erin K. Engle, Psy.D.
Presenters:
Elizabeth Fitelson, M.D.
Christina Mangurian, M.D.
Jared O’Garro-Moore

Systems Neuroscience of Substance Use

U.S. National Institute on Drug Abuse (NIDA)

8:00 a.m. - 9:30 a.m.
Room 209, Second Level Moscone South
Chair:
Tristan McClure-Begley, Ph.D.
Presenters:
Trey Ideker, Ph.D.
Nevan Krogan, Ph.D.
Discussant:
Susan Wright, Ph.D.

The Intersection of Gun Violence, Race, and Mental Health in the US: An Overview of the Problem and Strategies for Harm Reduction for Psychiatrists

8:00 a.m. - 9:30 a.m.
Room 160, Upper Mezzanine Moscone South
Chair:
Alisa Gutman, M.D., Ph.D.
Presenters:
Dhruv Gupta, M.D., M.S.
Michelle Joy, M.D.
Sarah Yvonne Vinson, M.D.
Oronde McClain
The Unconscious Roots of Racial Bias: Implications for Psychotherapeutic Care and Training

8:00 a.m. - 9:30 a.m.
Room 155, Upper Mezzanine
Moscone South
Chair:
Beverly J. Stoute, M.D.

POSTER

Poster Session 8

8:00 a.m. - 9:30 a.m.
Hall B Foyer, Exhibition Level
Moscone South

PRESIDENTIAL SESSIONS

Food, Music, and Novelas: A Roadmap for Psychiatry at the Intersections of Culture, Resilience and Mental Health Equity

8:00 a.m. - 9:30 a.m.
Room 214, Second Level
Moscone South
Chair:
Lisa Fortuna, M.D., M.PH.
Presenters:
German E. Velez, M.D.
Brenda Cartujano Barrera, M.D.

Presidential Work Group on the Future of Psychiatry

8:00 a.m. - 9:30 a.m.
Room 151, Upper Mezzanine
Moscone South
Chair:
Robert L. Trestman, M.D., Ph.D.
Presenters:
Carol Alter, M.D.
Erik Rudolph Vanderlip, M.D., M.P.H.
Shabana Khan, M.D.

Relevance of Disaster to People’s Mental Health: Studies in the States and Japan

8:00 a.m. - 9:30 a.m.
Rooms 305/309, Third Level
Moscone South
Chairs:
Petros Levounis, M.D., M.A.
Shigenobu Kanba
Presenters:
Naoki Takamatsu
Masaharu Maeda

Technology-Assisted Treatment Interventions for Substance Use Disorders

8:00 a.m. - 9:30 a.m.
Room 153, Upper Mezzanine
Moscone South
Chair:
Larissa J. Mooney, M.D.
Presenters:
Lewe Lin, M.D.
Aimee Campbell, Ph.D.
Dawn Sugarman, Ph.D.

Master Courses

Late-Life Mood and Anxiety Disorders

8:00 a.m. - 5:00 p.m.
Room B, Exhibition Level
Moscone South
Directors:
Art C. Walaszek, M.D.
Susan W. Lehmann, M.D.
Faculty:
Shilpa Srinivasan, M.D.
Brent P. Forester, M.D., M.Sc.
Lucy Wang, M.D.

Master Course: Child and Adolescent Psychiatry

8:00 a.m. - 5:00 p.m.
Room 7, Exhibition Level
Moscone South
Director:
John T. Walkup, M.D.
Faculty:
Jeffrey Strawn, M.D.
Karen Dineen Wagner, M.D., Ph.D.
Aron Janssen, M.D.
Christopher John McDougle, M.D.

10:30 a.m. Session

PLENARY

Emerging Voices: DEIB, Innovation & Leadership

10:30 a.m. - Noon
Hall F, Exhibition Level
Moscone North

1:30 p.m. Sessions

AWARD LECTURE

Chester Pierce Award Lecture: Chester Middlebrook Pierce and Human Dignity

Chester Pierce Human Rights Award

1:30 p.m. - 3:00 p.m.
Room 302, Third Level
Moscone South
Chair:
Ezra E. H. Griffith, M.D.
Moderator:
Rebecca Brendel, M.D., J.D.

Clinical Updates
Residents, Fellows, & Med Students
International Medical Graduates
Technology
Humanities
Diversity and Health Equity
Well-being and Burnout
NIAAA Research Track
Annual Meeting On Demand
Virtual Annual Meeting

All scientific sessions listed in the Scientific Program are designated for AMA PRA Category 1 Credits™, except for poster sessions and where otherwise specified.

Sessions with this icon will be captured as part of APA Annual Meeting on Demand, subject to speaker permission. Visit the APA on Demand Sales Booth in the Education Center to learn more and purchase.
FOCUS LIVE
Focus Live: Suicide Preventive Interventions and Knowledge
2  1:30 p.m. - 3:00 p.m.
Room 304, Third Level
Moscone South
Chair: Christine Yu Moutier, M.D.
Presenters: Sidney Zisook, M.D.
Tami D. Benton, M.D.
Moderator: Mark H. Rapaport, M.D.

GENERAL SESSIONS
A Public Health Crisis: Treating Intimate Partner Violence (IPV) With a Focus on LGBTQ+ Populations
1:30 p.m. - 3:00 p.m.
Rooms 305/309, Third Level
Moscone South
Chair: Amir K. Ahuja, M.D.

A Systematic Approach to Psychiatric Innovation Across Technologies, New Therapeutics and Care Re-Design
4  1:30 p.m. - 3:00 p.m.
Room 213, Second Level
Moscone South
Chair: Jay H. Shore, M.D., M.P.H.
Presenters: Cynthia Epperson, M.D.
Allison Dempsey, Ph.D.
Scott Thompson, Ph.D.

Access and Equity: The Level of Care Utilization System (LOCUS) and the Self-Assessment for Modification of Anti-Racism Tool (SMART)
6  1:30 p.m. - 3:00 p.m.
Room 201, Second Level
Moscone South
Chair: Rachel Talley, M.D.
Presenters: Sosunmolu Shoyinka, M.D., M.B.A.
Kenneth Minkoff, M.D.
Wesley Eugene Sowers, M.D.

Asian American Mental Health, Advocacy and Empowerment in the Age of Covid-19
6  1:30 p.m. - 3:00 p.m.
Room 151, Upper Mezzanine
Moscone South
Chair: Seeba Anam, M.D.
Presenters: Russell Jeung
William Wong

Buprenorphine Update and Evolving Standards of Care
6  1:30 p.m. - 3:00 p.m.
Room 153, Upper Mezzanine
Moscone South
Chair: John A. Renner, M.D.
Presenters: Andrew John Saxon, M.D.
Dongchan Park, M.D.
Petros Levounis, M.D., M.A.

Challenges for International Medical Graduates (IMGs) in Psychiatry in 2023: Top Issues and Solutions
International Medical Graduates Track Featured Session
6  1:30 p.m. - 3:00 p.m.
Room 206, Second Level
Moscone South
Chair: Nhi-Ha T. Trinh, M.D., M.P.H.
Presenters: Elie Aoun, M.D.
Ian Hunter Rutkofsky, M.D.
Dora-Linda Wang, M.D.

Effective Presentation Skills in Psychiatry
Resident, Fellow and Medical Student Track Featured Session
2  1:30 p.m. - 3:00 p.m.
Room 306, Third Level
Moscone South
Chair: Carlyle Hung-Lun Chan, M.D.
Presenters: Monique Yohanan, M.D., M.P.H.
Robert Joseph Boland, M.D.

Fertility Preservation and Family Planning in Residency and Beyond: What Residents, Faculty and Administrators Should Know
2  1:30 p.m. - 3:00 p.m.
Room 307, Third Level
Moscone South
Chair: Stefana Morgan, M.D.
Presenters: Rubi Luna, M.D.
Isaac Johnson, M.D.
Martha Vargas, M.D.

Program changes are posted each day in the APA Meetings App. Please see the app for the definitive program.
Free Will in Psychiatry: A Clinical Introduction
1:30 p.m. - 3:00 p.m.
Room 204, Second Level
Moscone South
Chair:
James Alexander Scott
Presenters:
Lawrence Belcher, M.D.
Awais Aftab, M.D.

Healthcare Provider Resilience and Well-Being: Understanding the Wounded Healer Through Neuroscientific and Epigenetic Lens
APA Frontiers of Science Lecture Series
1:30 p.m. - 3:00 p.m.
Room 205, Second Level
Moscone South
Chair:
Charles Barnet Nemeroff, M.D., Ph.D.
Moderators:
Sofia Elisa Matta, M.D.
John Luo, M.D.

Innovation, Access to Care, and Promoting Psychiatry and Mental Health in Ghana
APA International Psychiatrist Lecture Series
1:30 p.m. - 3:00 p.m.
Rooms 310/311, Third Level
Moscone South
Presenter:
Vincent I. O. Agyapong, M.D., Ph.D.
Moderator:
Lama Bazzi, M.D.

International Medical Graduates: Current and Future Regulatory and Legal Issues
presented by APA Foundation
M/UR Caucus of International Medical Graduate Psychiatrists
1:30 p.m. - 3:00 p.m.
Room 210, Second Level
Moscone South
Chair:
Vishal Madaan, M.D.
Presenters:
William W. Pinsky, M.D.
Lucy Magardichian, Esq.

Mechanisms of Comorbidity
U.S. National Institute on Drug Abuse (NIDA)
1:30 p.m. - 3:00 p.m.
Room 209, Second Level
Moscone South
Chair:
Tristan McClure-Begley, Ph.D.
Presenters:
Edward Vernon Nunes, M.D.
Diana Martinez
Yann Mineur
Raajaram Gowrishankar

Neurobiology and Treatment of Post-Traumatic Stress Disorder
1:30 p.m. - 3:00 p.m.
Room 205, Second Level
Moscone South
Chair:
Charles Barnet Nemeroff, M.D., Ph.D.
Moderators:
Sofia Elisa Matta, M.D.
John Luo, M.D.

Priorities in Mental Health Research
U.S. National Institute of Mental Health (NIMH)
1:30 p.m. - 3:00 p.m.
Room 205, Second Level
Moscone South
Presenter:
Joshua A. Gordon, M.D., Ph.D.
Moderator:
A. Jacques H. Ambrose, M.D., M.P.H.

Psychiatry Training and Parenting: The Dual Learning Curve
2
1:30 p.m. - 3:00 p.m.
Room 212, Second Level
Moscone South
Chair:
Manal Khan, M.D.
Presenters:
Juliet Beni Edgcomb, M.D., Ph.D.
Jonathan Pascal Heldt, M.D.
Sana Younus

Innovate, Collaborate, and Motivate: A Model for Improving Female Retention, Mentorship, and Professional Engagement
2
1:30 p.m. - 3:00 p.m.
Room 152, Upper Mezzanine
Moscone South
Chair:
Monica D. Ormeno, D.O.
Presenters:
Robyn Treadwell
Savannah Lee Woodward, M.D.
Madeline Teisberg, D.O., M.S.

Clinical Updates
Residents, Fellows, & Med Students
International Medical Graduates
Technology
Humanities
Diversity and Health Equity
Well-being and Burnout
NIAAA Research Track
Annual Meeting On Demand
Virtual Annual Meeting

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The Role of Psychodynamic Psychotherapy in Psychiatric Practice

1:30 p.m. - 3:00 p.m.
Room 15B, Upper Mezzanine
Moscone South
Chair: Richa Bhatia, M.D.
Presenters: Mali Mann, M.D.
Amy Alexander, M.D.
Swapan Mehta, M.D.

The Thought Content Continuum (TCC): Fringe Beliefs, Overvalued Ideas, and Delusions Gone Viral

1:30 p.m. - 3:00 p.m.
Room 202, Second Level
Moscone South
Chair: Kanishk Solanki
Presenters: Daniel Mundy
Cheryl Paradis

Thinking About Prescribing: The Psychology of Psychopharmacology With Diverse Youth and Families

1:30 p.m. - 3:00 p.m.
Room 156, Upper Mezzanine
Moscone South
Chair: Shashank V. Joshi, M.D.

What the Clinician Needs to Know About the Personality Disorders: Aggressive, Avoidant, and Borderline

1:30 p.m. - 3:00 p.m.
Room 157, Upper Mezzanine
Moscone South
Chair: James Harry Reich, M.D.
Presenters: Emil Frank Coccaro, M.D.
Harold Warren Koenigsberg, M.D.
Discussant: Alan F. Schatzberg, M.D.
COURSES

Integrative Treatment of Anxiety Disorders
1:30 p.m. - 5:30 p.m.
Room 9, Exhibition Level
Moscone South
Director:
Edward Silberman
Faculty:
Hinda F. Dubin
Oscar Bienvenu
Zoe Luscher

Psychodynamic Psychopharmacology: Enhancing Outcomes in Pharmacologic Treatment-Resistance With Practical Psychodynamics
1:30 p.m. - 5:30 p.m.
Room 11/12, Exhibition Level
Moscone South
Director:
David L. Mintz, M.D.
Faculty:
John Azer, M.D.
Kyle Shepard, D.O.
Samar S. Habi, M.D.
David L. Mintz, M.D.

Understanding Narcissistic Pathology and Its Treatment With Transference Focused Psychotherapy
1:30 p.m. - 5:30 p.m.
Room 10, Exhibition Level
Moscone South
Director:
Frank Yeomans, M.D., Ph.D.
Faculty:
Eve Caligor, M.D.
Diana Diamond, Ph.D.
Otto Kernberg, M.D.

3:45 p.m. Sessions

Awards Lecture
John Fryer Award Lecture: Out of the Frying Pan and Into the Fryer: 54 Years of LGBTQ+ Advocacy Within Psychiatry
John Fryer Award
3:45 p.m. - 5:15 p.m.
Room 152, Upper Mezzanine
Moscone South
Presenter:
Nanette K. Gartrell, M.D.

Focus Live
Focus Live: Personality Disorders
3:45 p.m. - 5:15 p.m.
Room 304, Third Level
Moscone South
Chair:
Lois W. Choi-Kain, M.D., M.Ed.
Presenter:
Erik C. Nook, Ph.D.
Moderator:
Mark H. Rapaport, M.D.

General Sessions

A Practical View Into the Growing Digital Psychiatry Era: Integrating Pdts Into Clinical Psychiatric Practice and Advancing Access to Care (Not Available for CME)
3:45 p.m. - 5:15 p.m.
Room 209, Second Level
Moscone South
Chair:
Yuri Maricich
Presenter:
Yauheni Solad, M.D., M.B.A., M.H.S.
Michelle Primeau, M.D.
Mariya Petrova, Ph.D.
A Psychiatrist, a Teacher and a Pediatrician Walk Into a Bar: A Multidisciplinary Approach to Active Shooter Drills in Schools
3:45 p.m. - 5:15 p.m.
Room 154, Upper Mezzanine
Moscone South
Chair:
Margaret A. McKeathern, M.D.
Presenters:
Chelsea R. Younghans, M.D.
Brittany Bumgardner
Barrett Younghans

Alcohol Use Disorder as the ‘Elephant in the Room’: The Changing Conversation Around Alcohol in the United States
U.S. National Institute on Alcohol Abuse and Alcoholism (NIAAA)
3:45 p.m. - 5:15 p.m.
Room 157, Upper Mezzanine
Moscone South
Presenter:
George F. Koob, Ph.D.
Moderator:
Vikas Gupta, M.D., M.P.H.

Ascertaining Evidence and Strategies for Medical Treatment of Adolescents With Substance Use Disorders (SUD)
3:45 p.m. - 5:15 p.m.
Room 153, Upper Mezzanine
Moscone South
Chair:
Nita V. Bhatt, M.D., M.P.H.
Presenters:
Jesse P. Cannella, M.D.
Julie Gentile, M.D., M.B.A.
Kari Harper, M.D.

Back to the Future: Psychiatry and Abortion in a Post-Roe v. Wade World
Scattergood Ethics Program at the University of Pennsylvania, and St. Elizabeths Hospital, Washington DC
3:45 p.m. - 5:15 p.m.
Room 303, Third Level
Moscone South
Chair:
Eva Mathews
Presenters:
Leah Dlugolecki
Natalie Hunsinger

Bridging the Digital Divide: The Interplay of Innovations in Digital Mental Health and Healthcare Disparities
6
3:45 p.m. - 5:15 p.m.
Room 310, Third Level
Moscone South
Chair:
George F. Koob, Ph.D.
Presenters:
Hossam M. Mahmoud, M.D., M.P.H.

Collaborating With South Asian Communities to Combat Microaggressions
6
3:45 p.m. - 5:15 p.m.
Rooms 305/309, Upper Mezzanine
Moscone South
Chair:
Rohit Chandra, M.D.
Presenters:
Dhruv Gupta, M.D., M.S.
Bhagirathy Sahasranaman, M.D.

Covid19 Microchips, Chemtrails, and Q: What Can the Fringe Teach Us?
3:45 p.m. - 5:15 p.m.
Room 156, Upper Mezzanine
Moscone South
Chair:
George David Annas, M.D., M.P.H.
Presenters:
Philip Saragoza, M.D.

Cultural and Spiritual Considerations in Mindfulness-Based Interventions
3:45 p.m. - 5:15 p.m.
Room 310/311, Third Level
Moscone South
Chair:
Farooq Naeem, M.B.B.S.
Presenters:
Ahmad N. Alhadi, M.D.
Kenneth P. Fung, M.D.

Depression and Social Determinants of Health
6
3:45 p.m. - 5:15 p.m.
Room 213, Second Level
Moscone South
Chair:
Tatiana A. Falcone, M.D.
Presenter:
Fernando Espi Forcen
Discussant:
Ruby C. Castilla Puente, M.D., Dr.P.H.

Empowering Trainees to Engage in Scholarly Work and Leadership Roles
2
3:45 p.m. - 5:15 p.m.
Room 308, Third Level
Moscone South
Chair:
Donna Marie Sudak, M.D.
Presenters:
Muhammad Zeshan, M.D.
Sadiq Naveed, M.D.
Discussant:
Cathryn Galanter, M.D.
Flipping the Power Dynamic and Learning From People With Lived Experience: The Peer Advisor Program Model?
3:45 p.m. - 5:15 p.m.
Room 211, Second Level
Moscone South
Chair:
Stephanie Le Melle, M.D., M.S.
Presenters:
Maria Mirabela Bodic, M.D.
Antonio Munoz-Hilliard
Sacha Agrawal, M.D., M.Sc.

I Am in My Lane: A Public Health Approach to the Role of Health Care Providers in Firearm Violence

Mass Killers and Mass Shooters: Perspectives on Initiatives to Investigate and Reduce Mass Killings in a Systematic Quantitative Manner
3:45 p.m. - 5:15 p.m.
Room 159, Upper Mezzanine
Moscone South
Chair:
David V. Sheehan, M.D., M.B.A.
Presenters:
Ulrik Fredrik Malt, M.D.
Ira David Glick, M.D.
Steve Eliason, M.B.A.

I Need a She-Ro: Mentoring Through Narratives, Stories of Women in Leadership for the Advancement of Psychiatry
Association of Women Psychiatrists (AWP)
3:45 p.m. - 5:15 p.m.
Room 202, Second Level
Moscone South
Chair:
Aradhana Bela Sood, M.D.

I Need a She-Ro: Mentoring Through Narratives, Stories of Women in Leadership for the Advancement of Psychiatry

Mission-Based Media Collaborative Work Concerning “Controversial” Topics in Psychiatry
3:45 p.m. - 5:15 p.m.
Room 205, Second Level
Moscone South
Chair:
John Torous, M.D., M.B.I.
Presenters:
Steven Richard Chan, M.D., M.B.A.
James Shore, M.D., M.P.H.
John Luo, M.D.
Moderators:
Joseph McCullen Truett, D.O.
A. Jacques H. Ambrose, M.D., M.P.H.

Management of Shame and Guilt in Work With Social Determinants of Mental Health
APA Distinguished Psychiatrist Lecture Series
3:45 p.m. - 5:15 p.m.
Room 201, Second Level
Moscone South
Chair:
Christina T. Khan, M.D., Ph.D.
Presenters:
Komal Trivedi
Maryam Zulfiqar, M.D.
Silvia Olarte, M.D.

Moderators:
Joseph McCullen Truett, D.O.
A. Jacques H. Ambrose, M.D., M.P.H.

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Maryam Zulfiqar, M.D.
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Moderators:
Joseph McCullen Truett, D.O.
A. Jacques H. Ambrose, M.D., M.P.H.
Supporting ECPs and RFMs in Their Careers and Beyond

3:45 p.m. - 5:15 p.m.
Room 307, Third Level
Moscone South
Chair:
Saul Levin, M.D., M.P.A.
Presenters:
Nitin Gogtay, M.D.
Regina James, M.D.
Vishal Madaan, M.D.

The Cumulative Effect of Rural Residence, Mental Health Care Disparities and Communities of Color

3:45 p.m. - 5:15 p.m.
Room 202, Second Level
Moscone South
Chair:
R. Lawrence Merkel Jr., M.D.
Presenters:
Dia L. Arpon, M.D.
Bernardo Ng, M.D.

The UME, GME, CME Continuum in Psychiatry: An IMG Perspective

3:45 p.m. - 5:15 p.m.
Room 204, Second Level
Moscone South
Chair:
Daniel Castellanos, M.D.
Presenters:
Joshua D. Tapia, M.D.
Roberto Orozco Vega
Erick Acosta Heredia

Trauma and Psychosis: Pathways, Therapeutic Plans and Prevention Strategies

3:45 p.m. - 5:15 p.m.
Room 155, Upper Mezzanine
Moscone South
Chair:
Pial J. Rosenfield, M.D.
Presenters:
David Jiang, M.D.
Luca Pauselli, M.D.

When a Difference Becomes a Disparity: Addressing Racialized Inequities in Psychiatric Emergency Treatment

Council on Research

3:45 p.m. - 5:15 p.m.
Room 203, Second Level
Moscone South
Presenters:
Diana Clarke, Ph.D.
Carmen Black, M.D.
Rachel Oblath, Ph.D.
Alison R. Hwong, M.D., Ph.D.

LEARNING LAB

Hey Siri: Can You Do Psychiatric Education Yet? (Not Available for CME)

3:45 p.m. - 5:15 p.m.
Room 301, Third Level
Moscone South
Presenters:
Amin Azzam, M.D., M.A.
Albert Tsai, M.D.

Poster

Poster Session 10

3:45 p.m. - 5:15 p.m.
Hall B Foyer, Exhibition Level
Moscone South

PRESIDENTIAL SESSIONS

Social Determinants, Public Policy, and Population Mental Health

3:45 p.m. - 5:15 p.m.
Room 206, Second Level
Moscone South
Chair:
Alexander Chung-Yu Tsai, M.D.
Presenters:
Aderonke Olufunlola Pederson, M.D.
Kevin Mauclair Simon, M.D.
Anthony J. Carino, M.D.

Zoomers in Mind: Engaging the Youth Mental Health Crisis

American Society for Adolescent Psychiatry (ASAP)

3:45 p.m. - 5:15 p.m.
Room 160, Upper Mezzanine
Moscone South
Chair:
Aaron J. Krasner, M.D.

PLENARY

Convocation of Distinguished Fellows

5:30 p.m. Session
Don’t miss the May issue:

• Treatment delays reduced among recent veterans
• Predictors of adequate treatment for PTSD among veterans
• Use of text messaging to screen for postpartum depression
• Involving family caregivers in shared decision making

Coming in the June issue:

• Self-injury among adults with autism spectrum disorder
• 333 model: transforming inpatient mental health care in U.K.
• Mental health of college students: race-ethnicity comparison
• Review: expanding individual placement and support

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Changing the Conversation: Our Shared Grand Challenge
10:30 a.m. - Noon

Featuring

Christena Huntsman
Executive Vice President, Huntsman Foundation

David Huntsman
President and COO, Huntsman Foundation

Mark Rapaport, M.D.
CEO of the Huntsman Mental Health Institute

Monica Taylor-Desir, M.D., M.P.H.
APA Foundation Board Secretary

Saul Levin, M.D., M.P.A.
APA CEO & Medical Director
Changing the Conversation: Our Shared Grand Challenge

May 23, 2023
10:30 a.m.- Noon
Hall F, Exhibition Level
Moscone North

The tide is turning: Americans more than ever are likely to speak up about mental health. But strong leadership is required to ensure that everyone understands: the health of the mind and the body are related and inseparable, and they must be treated as such. This plenary will feature a few of the most powerful voices in the country for ensuring this message is heard loud and clear and show you how you can take action. APA CEO and Medical Director Saul Levin, M.D., M.P.A., will be joined by President and CEO of the Huntsman Foundation David Huntsman, Executive Vice President of the Huntsman Foundation Christena Huntsman, CEO of the Huntsman Mental Health Institute Mark Rapaport, M.D., and APA Foundation Board Member Monica Taylor-Desir in this powerful discussion.

Central to the discussion is the Grand Challenge to Eliminate Mental Health and Substance Use Disorders Stigma, an effort launched in 2021 and spearheaded the Huntsman Mental Health Institute at the University of Utah. David Huntsman and Christena Huntsman will tell the story of its founding and its inspiration, and Dr. Mark Rapaport will show how they have utilized the methodology of social impact models to engage more than 130 organizations interested in participating in eliminating stigma, including the Ad Council, and how to get involved. Dr. Saul Levin and Dr. Monica Taylor-Desir will discuss efforts at the APA Foundation to bolster the efforts of the Grand Challenge through a parallel campaign focused on encouraging Americans to better perceive mental health and substance use disorders as medical illnesses. The five presenters then will reflect on the creation and implementation of these messages and how they are involving different communities in its rollout, and how you can get involved.
Featured Sessions

The Unconscious Roots of Racial Bias: Implications for Psychotherapeutic Care and Training
8:00 a.m. - 9:30 a.m.
Psychotherapy

A Roundtable Discussion With the Experts on the Future of the DSM Part 1: A Focus on Suicide, Perinatal Mental Disorders, and Gender Dysphoria
8:00 a.m. - 9:30 a.m.
Diagnosis/Assessment

Changing the Conversation: Our Shared Grand Challenge
10:30 a.m. - 12:00 p.m.
Plenary

America’s Overdose Crisis Amidst the Covid-19 Pandemic: What Are We Learning?
1:30 p.m. - 3:00 p.m.
Addiction Psychiatry

Is This Bud for You? The Science of Medical Cannabis and Cannabidiol (CBD)
3:45 p.m. - 5:15 p.m.
Psychopharmacology

8:00 a.m. Sessions

AWARD LECTURES
Alexandra Symonds Award Lecture: Severe Mental Illness During Pregnancy and the Postpartum Period
Alexandra Symonds Award
8:00 a.m. - 9:30 a.m.
Room 159, Upper Mezzanine Moscone South
Chair:
Veerle Bergink

Psychiatric Services Achievement Awards
Psychiatric Services Achievement Awards
8:00 a.m. - 9:30 a.m.
Room 212, Second Level Moscone South
Presenters:
Robert M. McCarron, D.O.
Jane Gagliardi
Jaesu Han, M.D.
Gerard Gallucci, M.D.
Alexia Wolf, M.P.H.
Robert J. Gregory, M.D.

GENERAL SESSIONS
A Roundtable Discussion With the Experts on the Future of the DSM Part 1: A Focus on Suicide, Perinatal Mental Disorders, and Gender Dysphoria
8:00 a.m. - 9:30 a.m.
Room 209, Second Level Moscone South
Chairs:
Diana Clarke, Ph.D.
Nitin Gogtay, M.D.
Presenters:
Nancy Byatt, D.O., M.B.A., M.S.
Adrienne Grzenda, M.D., Ph.D.

Acculturation as a Component of Immigration: Challenges of the Psychiatric Work Force
International Medical Graduates Track Featured Session
8:00 a.m. - 9:30 a.m.
Rooms 305/309, Third Level Moscone South
Chair:
Sanya A. Virani, M.D., M.P.H.
Presenters:
Isheeta Zalpuri, M.B.B.S.
Mohammed Molla
Vishal Madaan, M.D.

Addressing Structural Racism and Resilience in Undergraduate Medical Education and Psychiatry Training Programs
Resident, Fellow and Medical Student Track Featured Session
8:00 a.m. - 9:30 a.m.
Room 306, Third Level Moscone South
Chair:
Frank Clark, M.D.
Presenters:
Nhi-Ha T. Trinh, M.D., M.P.H.
Sarah Arshad, M.D.
Rachel Talley, M.D.
Moderator:
Dionne Hart, M.D.
Advances in Affect-Focused Psychotherapies for Posttraumatic Stress Disorder

8:00 a.m. - 9:30 a.m.
Room 160, Upper Mezzanine
Moscone South
Chair:
John C. Markowitz, M.D.
Presenters:
Barbara Milrod, M.D.
Marcelo Mello, M.D., Ph.D.
M. Tracie Shea, Ph.D.
John Keefe

Animals on Campus: Ethical, Legal, and Logistical Considerations (a HEMHA Guide)
Caucus on College Mental Health

8:00 a.m. - 9:30 a.m.
Room 157, Upper Mezzanine
Moscone South
Chair:
Leigh White, M.D.
Presenters:
Meera Menon, M.D.
Leigh White, M.D.

Applying Quality Improvement Methods to Implement Principles of Collaborative Care

Emerging Potential Biomarkers to Inform Bipolar Clinical Practice

8:00 a.m. - 9:30 a.m.
Room 156, Upper Mezzanine
Moscone South
Chair:
Amy M. Bauer, M.D.
Presenters:
Jennifer M. Erickson, D.O.
Denise Chang
Discussant:
Anna Ratzliff, M.D., Ph.D.

At-Home Sublingual Ketamine for Depression: Large Scale Outcomes and Safety

8:00 a.m. - 9:30 a.m.
Room 154, Upper Mezzanine
Moscone South
Chair:
Thomas D. Hull, Ph.D.
Presenters:
Matteo Malgaroli
Leonardo Vando Sarkis, M.D.

Being Intentional: A Journey Toward Inclusion

APA Frontiers of Science Lecture Series

Breaking the Glass Closet: Challenges and Opportunities for LGBTQ+ individuals in a Minority Culture of Psychiatry and Leadership

8:00 a.m. - 9:30 a.m.
Room 213, Second Level
Moscone South
Chair:
Pratik P. Bahekar, M.B.B.S.
Presenter:
Kenneth Bryan Ashley, M.D.

Existentialism and Climate Change: The Next Frontier in Mental Health

8:00 a.m. - 9:30 a.m.
Room 203, Second Level
Moscone South
Chair:
Andre R. Marseille, Ph.D.

Fighting for Our Future: The Effects of Anti-Asian Racism and the Covid-19 Pandemic on Asian College Students and Asian Medical Trainees
Caucus on College Mental Health

8:00 a.m. - 9:30 a.m.
Room 307, Third Level
Moscone South
Chair:
Amy Alexander, M.D.
Presenters:
Huiqiong Deng, M.D., Ph.D.
Rishab Gupta, M.D.
Donna Tran, M.P.H.

Mental Health Care Works: A National Campaign to Change the Narrative on Mental Wellness presented by APA Foundation

8:00 a.m. - 9:30 a.m.
Room 151, Upper Mezzanine
Moscone South
Chair:
Petros Levounis, M.D., M.A.
Presenter:
Kevin Earley
Food Addiction: A New Substance Use Disorder?
8:00 a.m. - 9:30 a.m.
Room 303, Third Level
Moscone South
Chair:
Ashley N. Gearhardt, Ph.D.
Presenters:
George F. Koob, Ph.D.
Gene-Jack Wang, M.D.
Discussant:
Nora D. Volkow, M.D.

From the Battlefield to Home Base: Traumatic Brain Injury Advances in Active-Duty Military to Veteran Healthcare
8:00 a.m. - 9:30 a.m.
Room 308, Third Level
Moscone South
Chair:
Sofia Elisa Matta, M.D.
Presenters:
Christina La Croix, D.O.
Kaloyan Tanev, M.D., M.P.H.

Harmful Alcohol Use in Women: New Horizons in Assessment and Treatment
U.S. National Institute on Alcohol Abuse and Alcoholism (NIAAA)
8:00 a.m. - 9:30 a.m.
Room 211, Second Level
Moscone South
Chair:
Deidra Roach, M.D.
Presenters:
Kathleen Brady, M.D., Ph.D.
Ismene Petrakis, M.D.
Grace Chang, M.D.

Innovation for Future Generations: Child and Adolescent Mental Health Integration in Primary Care Settings
8:00 a.m. - 9:30 a.m.
Room 314, Third Level
Moscone South
Chair:
Catherine Hormats, M.A.
Presenters:
Daronique Hensler, M.H.A.
Nicole Carr-Lee, Psy.D.
Anne Bird, M.D.

Learning Healthcare Systems and Real World Research
8:00 a.m. - 9:30 a.m.
Room 301, Third Level
Moscone South
Chair:
Philip Wang, M.D.
Presenters:
Rachel Wood
Matthew W. Ruble, M.D.

Medical Comorbidities of AUD and OUD Patients: What You Need to Know
8:00 a.m. - 9:30 a.m.
Room 205, Second Level
Moscone South
Presenters:
Nancy Diazgranados, M.D.
Edward Vernon Nunes, M.D.
Moderators:
Joseph McCullen Truett, D.O.
Shuchi Khosla, M.D.

Mental Health 360: A Comprehensive Approach to Address Mental Health Disparity Facing Asian American Community
8:00 a.m. - 9:30 a.m.
Room 204, Second Level
Moscone South
Chair:
Xiaoping Shao
Presenter:
Huixing Lu

Motivate Psychopharmacology Teaching by Innovative and Collaborative Transfer of Knowledge From Bench to Bedside
8:00 a.m. - 9:30 a.m.
Room 155, Upper Mezzanine
Moscone South
Chair:
Mujeeb Uddin Shad, M.D., M.S.
Presenters:
Obiora Edward Onwuameze, M.D., Ph.D.
Vimal M. Aga, M.D.
Discussant:
Jair Soares, M.D.

Multidisciplinary Partnering in an Effort to Address Mental Health and Substance Use Concerns in Central Appalachia
8:00 a.m. - 9:30 a.m.
Room 202, Second Level
Moscone South
Chair:
R. Lawrence Merkel Jr., M.D.
Presenters:
Sy Atezaz Saeed, M.D., M.S.
Nicky Fadley
Alexandria Widener

On the Front Lines: A Resident/Fellow Perspective on Workplace Violence in Psychiatry
8:00 a.m. - 9:30 a.m.
Room 312, Third Level
Moscone South
Chair:
Amanda Wallace, M.D.
Presenters:
Jeffrey Anderson, M.D.
Jack Wilkinson, M.D.
Nana Asabere
TUESDAY, MAY 23

PSYCHIATRY IN THE COURTS: APA CONFRONTS LEGAL ISSUES OF CONCERN TO THE FIELD

8:00 a.m. - 9:30 a.m.
Room 304, Third Level
Moscone South
Chair: Reena Kapoor, M.D.
Presenters: Maya Prabhu Margarita Abi Zeid Daou, M.D.

PSYCHOGERIATRIC OUTREACH: ADAPTING OUTREACH TO BETTER SERVICE AN AGING POPULATION

8:00 a.m. - 9:30 a.m.
Room 153, Upper Mezzanine
Moscone South
Chair: Sarah A. Colman
Presenters: Michael Tau Claire Stanley

SAMHSA’S STATISTICS AND STRATEGIES YOU SHOULD KNOW TO KEEP BLACK AMERICANS SAFE

U.S. SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMINISTRATION (SAMHSA)

8:00 a.m. - 9:30 a.m.
Room 210, Second Level
Moscone South
Chair: Billina R. Shaw, M.D., M.P.H.
Presenters: Twyla Adams, M.H.S.
Brandon Johnson

MASTER COURSE

MASTER’S COURSE IN CLINICAL PSYCHOPHARMACOLOGY

8:00 a.m. - 5:00 p.m.
Room 7, Exhibition Level
Moscone South
Director: Alan F. Schatzberg, M.D.
Faculty: Charles DeBattista, M.D.
Rona J. Hu, M.D.
Manpreet K. Singh, M.D., M.S.
Rafael Pelayo, M.D.
Charles Barnet Nemeroff, M.D., Ph.D.

Program changes are posted each day in the APA Meetings App. Please see the app for the definitive program.
10:30 a.m. Session
PLENARY
Changing the Conversation: Our Shared Grand Challenge
10:30 a.m. - Noon
Hall F, Exhibition Level
Moscone North

1:30 p.m. Sessions

AWARD LECTURE
Award for Research in Psychiatry Lecture: The Brain Stimulation Revolution in Psychiatry: Past, Present, and Amazing Future
Award for Research in Psychiatry
1:30 p.m. - 3:00 p.m.
Room 152, Upper Mezzanine
Moscone South
Presenter:
Mark Stork George, M.D.

GENERAL SESSIONS
A Practical Approach to Social Determinants of Mental Health in Children and Youth
Council on Children, Adolescents, and Their Families
1:30 p.m. - 3:00 p.m.
Room 151, Upper Mezzanine
Moscone South
Chair:
German E. Velez, M.D.
Presenters:
Lisa Fortuna, M.D., M.P.H.
Tresha Gibbs, M.D.

A Psychodynamic Perspective on Psychiatry
Resident, Fellow and Medical Student Track Featured Session
1:30 p.m. - 3:00 p.m.
Room 308, Third Level
Moscone South
Chairs:
Eric M. Plakun, M.D.
Dhruv Gupta, M.D., M.S.
Discussant:
Samar S. Habi, M.D.

Abortion Is Just the Beginning
1:30 p.m. - 3:00 p.m.
Room 303, Third Level
Moscone South
Chair:
Carol C. Nadelson, M.D.
Presenters:
Nada L. Stotland, M.D., M.P.H.
Gail Robinson, M.D.
Gisele Apter, M.D., Ph.D.

Alternatives to Facts: Mental Health Impact of Social Media, Phone Applications, and Technology
Association of Gay and Lesbian Psychiatrists (AGLP)
1:30 p.m. - 3:00 p.m.
Room 210, Second Level
Moscone South
Chair:
Pratik P. Bahekar, M.B.B.S.
Presenter:
Amir K. Ahuja, M.D.
Discussant:
Petros Levounis, M.D., M.A.

America’s Overdose Crisis Amidst the Covid-19 Pandemic: What Are We Learning?
U.S. National Institute on Drug Abuse (NIDA)
1:30 p.m. - 3:00 p.m.
Room 157, Upper Mezzanine
Moscone South
Presenter:
Nora D. Volkow, M.D.
Moderator:
Vikas Gupta, M.D., M.P.H.

Breaking the Silence: Innovative Community-Based Approaches to Addressing the Mental Health Crisis in AAPI Populations
6
1:30 p.m. - 3:00 p.m.
Room 302, Third Level
Moscone South
Chair:
Justin A. Chen, M.D., M.P.H.
Presenters:
Xiaoping Shao
Cixin Wang

1:30 p.m. - 3:00 p.m.
Room 205, Second Level
Moscone South
Chairs:
George F. Koob, Ph.D.
Frances Rudnick Levin, M.D.
Moderators:
Philip R. Muskin, M.D., M.A.
Sofia Elisa Matta, M.D.
Bridging Military and Civilian Psychiatry: Differences in the Diagnosis and Treatment of Adjustment Disorders
1:30 p.m. - 3:00 p.m.
Room 154, Upper Mezzanine
Moscone South
Chair: David Asher Nissan, M.D.
Presenters: Eric G. Meyer, M.D., Allison Margaret Brown Webb, M.D., Daniel Knoepfimacher, M.D.

Challenges and Opportunities in Implementing 988: A Tale of 3 Cities
1:30 p.m. - 3:00 p.m.
Room 202, Second Level
Moscone South
Chair: Ashley M. Overley, M.D.

Ethics Dilemmas in Psychiatric Practice
Ethics Committee
1:30 p.m. - 3:00 p.m.
Room 156, Upper Mezzanine
Moscone South
Chair: Charles Dike, M.D.
Discussants: Daniel Anzia, Philip Candilis, M.D., Catherine May, Christopher R. Thomas, M.D.

Hiding in Plain Sight: Youth Mental Illness: Lessons in Centering Youth and Lived Experience From a Ken Burns Documentary
1:30 p.m. - 3:00 p.m.
Room 158, Upper Mezzanine
Moscone South
Chair: Sarah Yvonne Vinson, M.D.
Presenters: Kevin Earley, David Blistein

Identifying and Addressing Persistent Inequities in Quality and Outcomes of Health Care for People With Disabilities
APA Guest Lecture Series
1:30 p.m. - 3:00 p.m.
Room 155, Upper Mezzanine
Moscone South
Presenter: Tara Lagu, M.D., M.P.H.
Moderator: Hector Colon-Rivera, M.D.

Identifying and Addressing Treatment and Training Gaps in Perinatal Mental Health
1:30 p.m. - 3:00 p.m.
Room 211, Second Level
Moscone South
Chair: Diana Clarke, Ph.D.
Presenters: Nina Kraguljac, D.O., Tinh Luong, M.D., Ph.D., Rubiaha Vaughn, M.D., M.P.H., Jonathan Alpert

Innovative Perspectives From Indigenous Visionaries in Psychiatry Supporting Community Resilience in Addressing SDOMH Grounded in Culture
presented by APA Foundation M/UR Caucus of American Indian/Alaska Native/Native Hawaiian Psychiatrists
1:30 p.m. - 3:00 p.m.
Room 314, Third Level
Moscone South
Chair: Mary Hasbah Roessel, M.D.
Presenters: Roger Dale Walker, M.D., Mary Hasbah Roessel, M.D., Linda B. Nahulu, M.D.

LGBT Primary Care and Gender Affirming Care for Children and Adolescents
1:30 p.m. - 3:00 p.m.
Rooms 305/309, Third Level
Moscone South
Chair: Walter E. Wilson, M.D., M.H.A.
Presenter: Shamieka Virella Dixon, M.D.
Discussant: Regina James, M.D.

Psychiatric Neuroscience: A Reckoning
American Association of Directors of Psychiatric Residency Training (AADPRT)
1:30 p.m. - 3:00 p.m.
Room 304, Third Level
Moscone South
Chair: Joseph J. Cooper, M.D.
Presenters: Ashley Walker, David A. Ross, M.D., Ph.D.

Sessions with this icon will be captured as part of APA Annual Meeting on Demand, subject to speaker permission. Visit the APA on Demand Sales Booth in the Education Center to learn more and purchase.
Supporting IMGs Throughout Their Careers
1:30 p.m. - 3:00 p.m.
Room 307, Third Level
Moscone South
Chair:
Saul Levin, M.D., M.P.A.
Presenters:
Nitin Gogtay, M.D.
Vishal Madaan, M.D.

Transgender Care: Using the New WPATH Standards of Care Version 8
1:30 p.m. - 3:00 p.m.
Room 201, Second Level
Moscone South
Chair:
Dan Karasic, M.D.
Presenters:
Dan Karasic, M.D.
Aron Janssen, M.D.
Madeline Deutsch, M.D.

The True Cost of Fame: Protecting and Promoting Mental Wellness in the Entertainment Industry
presented by APA Foundation
1:30 p.m. - 3:00 p.m.
Room 213, Second Level
Moscone South
Chairs:
Vasilis K. Pozios, M.D.

Who Do We Care for/Who Do We Care About: Defining Mental Illness and Redefining Treatment for Individuals With Criminal-Legal Contact
1:30 p.m. - 3:00 p.m.
Room 212, Second Level
Moscone South
Chair:
Merrill Richard Rotter, M.D.
Presenters:
Leah Pope
Elizabeth Ford
Anna Huh

Resilience, Recovery, and the Role of Creative Partners: Emily Carr’s Artistic Development in Middle Age
5
1:30 p.m. - 3:00 p.m.
Room 204, Second Level
Moscone South
Chair:
Kathryn Zerbe
Discussant:
Alastair John Stewart McKean, M.D.

Security and Privacy Concerns in the Future of Mental Health
6
1:30 p.m. - 3:00 p.m.
Room 160, Upper Mezzanine
Moscone South
Chair:
John Luo, M.D.
Presenter:
Kalyn Reddy, M.D.

Social Determinants of Mental Health
6
1:30 p.m. - 3:00 p.m.
Room 209, Second Level
Moscone South
Chair:
Rajesh R. Tampi, M.D., M.S.
Presenters:
Dilip V. Jeste, M.D.
Pallavi Joshi, D.O., M.A.
John Torous, M.D., M.B.I.

(SAMHSA) No Wrong Doors: Strategies for Advancing Access to Behavioral Health
Substance Abuse and Mental Health Services Administration
1:30 p.m. - 3:00 p.m.
Room 153, Upper Mezzanine
Moscone South
Presenters:
Miriam Delphin-Rittmon, Ph.D.
Karran Phillips, M.D., M.Sc.
Anita Everett, M.D.

All scientific sessions listed in the Scientific Program are designated for AMA PRA Category 1 Credits™, except for poster sessions and where otherwise specified.
LEARNING LAB
Give It Your Best Shot: Learning How to Administer Long-Acting Injectable Antipsychotics

SMI Adviser:
An APA and SAMHSA Initiative

1:30 p.m. - 3:00 p.m.
Room 301, Third Level
Moscone South
Chair:
Donna Rolin, Ph.D., A.P.R.N.
Presenters:
Robert Cotes, M.D.
Megan Ehret, Pharm.D., M.S.
Kathryn Hanley, R.N., L.P.A., PMHNP-BC
Raymond Love, Pharm.D., FASHP
Sarah MacLaurin, PMHNP-BC

POSTER
Poster Session 12

1:30 p.m. - 3:00 p.m.
Hall B Foyer, Exhibition Level
Moscone South

PRESIDENTIAL SESSIONS
A Model for Carrying Out Low Cost Multicentric Studies: A Unique Research Model From India

1:30 p.m. - 3:00 p.m.
Room 214, Second Level
Moscone South
Presenters:
Vinay Kumar, M.D.
Sandeep Grover, M.D.
Om Prakash Singh, M.D., M.B.B.S.

Sounding the Alarm for Children’s Mental Health

American Academy of Child and Adolescent Psychiatry (AACAP)

1:30 p.m. - 3:00 p.m.
Room 203, Second Level
Moscone South
Presenters:
Warren Y. K. Ng, M.D.
Tami D. Benton, M.D.

COURSES
Agitation: Identification, Evaluation, and Treatment: From the Experts

1:30 p.m. - 5:30 p.m.
Room 11/12, Exhibition Level
Moscone South
Director:
Leslie Zun, M.D.
Michael Wilson, M.D., Ph.D.
Scott L. Zeller, M.D.

Change Is the Goal of Psychodynamic Therapy: Practical Strategies and New Evidence

1:30 p.m. - 5:30 p.m.
Room 10, Exhibition Level
Moscone South
Director:
Richard Fredric Summers, M.D.
Faculty:
Jacques P. Barber, Ph.D.

Family-Focused Therapy: An Outpatient Approach to Bipolar Disorder

1:30 p.m. - 5:30 p.m.
Room 9, Exhibition Level
Moscone South
Director:
David J. Miklowitz, Ph.D.
Faculty:
Megan Ichinose, Ph.D.

AWARD LECTURES
Alexander Gralnick Award Lecture: Redefining Normal: Brain Growth Curve Charting in First Episode Psychosis

Alexander Gralnick Award
3:45 p.m. - 5:15 p.m.
Room 151, Upper Mezzanine
Moscone South
Chair:
Nina Kraguljac, D.O.

General Sessions
#American Idols: The Role of Influencers in Shaping the Public’s Understanding and Utilization of Mental Health Care

3:45 p.m. - 5:15 p.m.
Room 152, Upper Mezzanine
Moscone South
Chair:
Anna Russell, D.O.
Presenters:
Keelan O’Connell
Cecily Lehman
Anna Russell, D.O.

A Roundtable Discussion With the Experts on the Future of the DSM Part 2: Revisiting Dimensionality

3:45 p.m. - 5:15 p.m.
Room 209, Second Level
Moscone South
Chairs:
Diana Clarke, Ph.D.
Nitin Gogtay, M.D.
Presenters:
Bruce Cuthbert, Ph.D.
Jonathan E. Alpert, M.D., Ph.D.

David Mrazek Award Lecture: Pharmacogenetics and Precision Psychiatry: How Can We Do Better?

David Mrazek, M.D., Memorial Award
3:45 p.m. - 5:15 p.m.
Room 307, Third Level
Moscone South
Introduction:
Rebecca Brendel, M.D., J.D.
Presenter:
Jordan W. Smoller, M.D., Sc.D.
A Subacute Inpatient Unit for People Experiencing Homelessness and Serious Mental Illness in NYC
3:45 p.m. - 5:15 p.m.
Room 212, Second Level
Moscone South
Chair:
Carine Nzodom, M.D.
Presenters:
Carine Nzodom, M.D.
Charles Barron
Ann Sullivan

Advancing Racial Equity in Early Intervention Services (EIS) for Psychosis Through Partnership With Diverse Stakeholders
3:45 p.m. - 5:15 p.m.
Rooms 305/309, Third Level
Moscone South
Chair:
Sapana Patel, Ph.D.
Presenters:
Elaina Montague, Ph.D.
Ana Stefancic, Ph.D.
Iruma Bello, Ph.D.

APAF SAMHSA Minority Fellowship Program
3:45 p.m. - 5:15 p.m.
Room 210, Second Level
Moscone South
1. A Closer Look at Racial/Ethnic Disparities in Opioid Use Disorder Treatment Access Among Individuals Experiencing Homelessness
   Michael Hsu, M.D.
2. Christian Mental Health Initiative: Mental Health First Aid Pilot with Black Churches in Philadelphia
   Atasha Jordan, M.D., M.B.A.
3. Patterns and Predictors of the Use of Chemical Sedation and Physical Restraints in Agitation Management
   Stephanie A. Eng, M.D.

Assessing Psychic Pain and Proximal States of Mind Associated With Suicidal Thinking and Behavior
3:45 p.m. - 5:15 p.m.
Room 157, Upper Mezzanine
Moscone South
Chair:
Jane G. Tillman, Ph.D.
Presenter:
Katie C. Lewis, Ph.D.

Autism Spectrum Disorder: Practical Management and Cutting-Edge Treatments
3:45 p.m. - 5:15 p.m.
Room 159, Upper Mezzanine
Moscone South
Chair:
Eric Hollander, M.D.
Presenters:
Casara J. Ferretti, M.S.
Randi Hagerman

Crazy in Love: The Portrayal of Sexual Orientation and Mental Health in Popular Feature Films
3:45 p.m. - 5:15 p.m.
Room 314, Third Level
Moscone South
Chair:
Howard Rubin
Presenters:
Efe Sari
Nevin Durdu
Discussant:
Christopher A. McIntosh, M.D.

Eat to Treat: Improving Mental Health of a Nation Through Nutritional Innovations
3:45 p.m. - 5:15 p.m.
Room 303, Third Level
Moscone South
Chair:
Bhagwan A. Bahroo, M.D.
Presenters:
Kristin Walhberg-Painter, D.O.
Jessica Nelson, M.D.
Taylor Tucker, M.D.
Effective Psychotherapeutic Interventions and Task-Shifting Delivery Methods for Youth With Posttraumatic Stress Disorder (PTSD)

3:45 p.m. - 5:15 p.m.
Room 154, Upper Mezzanine
Moscone South
Presenter:
Soraya Seedat, M.D., Ph.D.

Facing Campus Sexual Assault and Relationship Violence With Courage

3:45 p.m. - 5:15 p.m.
Room 154, Upper Mezzanine
Moscone South
Chair:
Helen W. Wilson, Ph.D.
Discussant:
Christina T. Khan, M.D., Ph.D.

Expanding the Impact of Collaborative Care

3:45 p.m. - 5:15 p.m.
Room 304, Third Level
Moscone South
Chair:
Anna Ratzliff, M.D., Ph.D.
Presenters:
Amy M. Bauer, M.D.
Barry David Sarvet, M.D.

Exposing Thomas Eakins: Polymorphous Perversity in the Life and Art of a 19th Century Painter

5

3:45 p.m. - 5:15 p.m.
Room 202, Second Level
Moscone South
Chair:
John Bostwick, M.D., M.F.A.
Discussant:
Kathryn Zerbe

Implementing Effective Communication Skills Training for Psychiatrists in a Virtual World: A Primer and Methodology

2

3:45 p.m. - 5:15 p.m.
Room 214, Second Level
Moscone South
Chair:
Lauren Marie Pengrin, D.O.
Presenters:
John Echevarria
Abidemi Onabadejo, M.D.

No Laughing Matter: Fandom, Fanaticism, and the Joker

3:45 p.m. - 5:15 p.m.
Room 301, Third Level
Moscone South
Chair:
Vasilis K. Pozios, M.D.
Presenters:
Amber Benjamin
Praveen R. Kambam, M.D.
Philip Saragoza, M.D.
Yes, We Can: Increasing Clozapine Uptake at a Safety Net Health System
3:45 p.m. - 5:15 p.m.
Room 158, Upper Mezzanine
Moscone South
Chair:
Jessica Goren
Presenters:
Jessica Goren
Adam Bazari, M.D., M.Sc.
Andrew Steven Hyatt, M.D.

POSTER
Poster Session 13
3:45 p.m. - 5:15 p.m.
Hall B Foyer, Exhibition Level
Moscone South

PRESIDENTIAL SESSION
American Society of Hispanic Psychiatry: Community Activities and Addressing the Underrepresentation of Hispanic/Latinx Clinicians and Investigators
American Society of Hispanic Psychiatry (ASHP)
3:45 p.m. - 5:15 p.m.
Room 206, Second Level
Moscone South
Chair:
Juan Andres Gallego, M.D., M.S.
Presenters:
Bernardo Ng, M.D.
Ruby C. Castilla Puentes, M.D., Dr.P.H.
Juan Andres Gallego, M.D., M.S.

The Goldilocks Zone of Addiction Treatment Programs: Designing the ‘Just Right’ Intervention for Marginalized Communities
3:45 p.m. - 5:15 p.m.
Room 153, Upper Mezzanine
Moscone South
Chair:
Ozlem Gunal, M.D., Ph.D.
Presenters:
Keshav Holani, M.D.
Sezai Ustun Aydin, M.D.
Sebastian Acevedo, M.P.H.

The New Public Health Psychiatry: Addressing the Social Determinants of Mental Health
3:45 p.m. - 5:15 p.m.
Room 204, Second Level
Moscone South
Chair:
Kenneth Stewart Thompson, M.D.
Presenters:
Michael Compton, M.D.
Sanya A. Virani, M.D., M.P.H.
Discussant:
Ron W. Manderscheid, Ph.D.

What Terror Research Teaches Us About Risk, Treatment, and Policy
Scattergood Ethics Program at the University of Pennsylvania, and St. Elizabeths Hospital, Washington DC
3:45 p.m. - 5:15 p.m.
Room 160, Upper Mezzanine
Moscone South
Chair:
Najat Khalifa, M.D.
Presenters:
Philip Candilis, M.D.
Allen Dyer, M.D., Ph.D.
Saleh Dhumad, M.D.

The Future of Mental Health Is Social Media
3:45 p.m. - 5:15 p.m.
Room 306, Third Level
Moscone South
Chair:
Simone Ariel Bernstein, M.D.
Presenters:
Katharine Nelson, M.D.
Jessica Gold, M.D.
Chase Anderson, M.D., M.S.
Focus
The Journal of Lifelong Learning in Psychiatry

The Best Resource for
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• Expert Guidance
• Lifelong Learning
• Maintenance of Certification

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Featured Sessions

The Unconscious Roots of Racial Bias: Implications for Psychotherapeutic Care and Training
8:00 a.m. - 9:30 a.m.
Psychotherapy

Psychedelics and Psychedelic-Assisted Therapy: How to Counsel Your Patients
8:00 a.m. - 9:30 a.m.
Psychopharmacology

Trauma, Transitions, and Trajectories: Centering Youth of Color Mental Health
10:30 a.m. - 12:00 p.m.
Diversity and Health Equity

An Update on Anxiety Disorders and Their Treatment
1:30 p.m. - 3:00 p.m.
Anxiety Disorders

Precision Psychiatry: Perspectives, Pitfalls, and Possibilities
3:45 p.m. - 5:15 p.m.
Practice Management
8:00 a.m. Sessions

GENERAL SESSIONS

Treatment of Bipolar Depression
8:00 a.m. - 9:30 a.m.
Room 205, Second Level
Moscone South
Presenter:
Michael Gitlin, M.D.
Moderator:
Ronald Winchel, M.D.

A Journal’s Systematic Effort to Tackle Structural Racism
8:00 a.m. - 9:30 a.m.
Room 301, Third Level
Moscone South
Chair:
Lisa Dixon, M.D.
Presenters:
Roberto Lewis-Fernández, M.D.
Demarie Jackson
Michael Roy
Kenneth P. Fung, M.D.

A New Paradigm for Suicide Prevention: Recovery-Based High Risk Treatment Programs
8:00 a.m. - 9:30 a.m.
Room 158, Upper Mezzanine
Moscone South
Chair:
Robert J. Gregory, M.D.
Presenters:
Rebecca Shields, D.O.
Amruthur Gita Ramamurthy, M.D.
Rachael Kuch-Cecconi, M.D.

A Paradigm Shift: The Evolving Concepts of Innovation and Integration in Telebehavioral Health
8:00 a.m. - 9:30 a.m.
Room 306, Third Level
Moscone South
Chair:
Hossam M. Mahmoud, M.D., M.P.H.
Presenters:
Hossam M. Mahmoud, M.D., M.P.H.
Shane W. Rau, M.D., Ph.D.
Nicole Christian-Brathwaite, M.D.

ADHD: New and Novel Therapeutics and Technology
8:00 a.m. - 9:30 a.m.
Room 213, Second Level
Moscone South
Chair:
Michael Van Ameringen, M.D.
Presenters:
Carolina Goldman Bergmann, M.D., M.Sc.
Barbara Tietbohl-Santos, M.D., Ph.D.
Michael Van Ameringen, M.D.
Barbara Tietbohl-Santos, M.D., Ph.D.

Advocacy Across the Lifespan: Training, Promotions, and Late Career
Council on Advocacy and Government Relations
8:00 a.m. - 9:30 a.m.
Room 314, Third Level
Moscone South
Chair:
Brandon C. Newsome, M.D.
Presenters:
Meghan Schott
Jennifer Dorr
Karen Pierce

Asian Medical Trainees and the Model Minority Myth
Caucus on College Mental Health
8:00 a.m. - 9:30 a.m.
Room 308, Third Level
Moscone South
Chair:
Vanika Chawla, M.D.
Presenters:
Donna Tran, M.P.H.
B. Li, M.D.
Discussant:
Amy Alexander, M.D.

Avoiding Legal Trouble With Medications for Opioid Use Disorder
8:00 a.m. - 9:30 a.m.
Room 153, Upper Mezzanine
Moscone South
Chair:
Adelle M. Schaefer, M.D.
Presenters:
Andrew Dill, M.D.
Nathaniel Morris, M.D.
Robert Andrew Kleinman, M.D.

Beyond Race, Sex, and Gender: Intersectionality, Intersex, and Nonbinary Identities
8:00 a.m. - 9:30 a.m.
Room 157, Upper Mezzanine
Moscone South
Chair:
Albert Ning Zhou, M.D.
Presenters:
Terence Howard
Kai Huang
Comprehensive Care of the Transgender Patient: A Multidisciplinary Approach
8:00 a.m. - 9:30 a.m.
Room 155, Upper Mezzanine
Moscone South
Chair:
Murat Altinay, M.D.
Presenters:
Henry Ng, M.D., M.P.H.
Cecile Ferrando, M.D., M.P.H.
Jason V. Lambrese, M.D.

Equity, Ethics, and the World as It Is: An Oxford Debate on Whether Private Practice Psychiatrists Should Accept Insurance
Scattergood Ethics Program at the University of Pennsylvania, and St. Elizabeths Hospital, Washington DC
8:00 a.m. - 9:30 a.m.
Room 304, Third Level
Moscone South
Chair:
David W. Brody, M.D.
Presenters:
Danielle Kushner, M.D.
Eric M. Plakun, M.D.
Robert Trestman, M.D., Ph.D.
Colleen Coyle, J.D.
Erik Rudolph Vanderlip, M.D., M.P.H.

Evaluation of the REMs Programs for Psychiatric Medications
8:00 a.m. - 9:30 a.m.
Room 201, Second Level
Moscone South
Chair:
Catherine E. Cooke, Pharm.D., M.S.
Presenters:
Megan Ehret, Pharm.D., M.S.
Catherine E. Cooke, Pharm.D., M.S.
Ray Love, Pharm.D.

Identifying Child Mental Health and Neurodevelopmental Conditions Using Real-World Clinical Data: Considerations for Mental Health Care Quality
Council on Quality Care
8:00 a.m. - 9:30 a.m.
Room 159, Upper Mezzanine
Moscone South
Chair:
Juliet Beni Edgcomb, M.D., Ph.D.
Presenters:
Nicole Benson, M.D.
Amber Angell, Ph.D.
Discussant:
Carol Altar, M.D.

Imagine Sisyphus Happy: Application of Community Programs to Improve Outcomes of Serious Mental Illness in Active Duty Military Settings
8:00 a.m. - 9:30 a.m.
Room 151, Upper Mezzanine
Moscone South
Chair:
Laura Marrone, M.D.
Presenters:
Glennie Leshen, M.D.
Morgan Schmidt, M.D.
Benjamin Taylor, M.D.

Navigating Leadership in Residency: Trial by Fire
8:00 a.m. - 9:30 a.m.
Room 209, Second Level
Moscone South
Chair:
Daniel Castellanos, M.D.
Presenters:
Stephane Degraff
Prisa Zachariah
Jose Hawayek, M.D.

Navigating What’s Next in Interventional Psychiatry
8:00 a.m. - 9:30 a.m.
Room 156, Upper Mezzanine
Moscone South
Chair:
Samidha Tripathi, M.D.
Presenters:
Payton D. Lea, M.D.
Shobhit Sharma, M.D.

All scientific sessions listed in the Scientific Program are designated for AMA PRA Category 1 Credits™, except for poster sessions and where otherwise specified.

Clinical Updates
Residents, Fellows, & Med Students
International Medical Graduates
Technology
Humanities
Diversity and Health Equity
Well-being and Burnout
NIAAA Research Track
Annual Meeting On Demand
Virtual Annual Meeting

Program changes are posted each day in the APA Meetings App. Please see the app for the definitive program.
New York and Amsterdam
400 Years Later: Sharing Insights Across the Atlantic Regarding Public Mental Health and Forensic Populations

8:00 a.m. - 9:30 a.m.
Room 204, Second Level
Moscone South
Chair:
Abhishek Jain, M.D.
Presenters:
René Zegerius
Victor Buwalda, M.D., Ph.D.
Li-Wen Lee

Overcoming Shame, Stigma and Barriers in Addressing Victims of Male Sexual Violence

8:00 a.m. - 9:30 a.m.
Room 202, Second Level
Moscone South
Chair:
Dhruv Gupta, M.D., M.S.
Presenters:
Saranyan Senthelal, M.D.
Marissa Goldberg, D.O.
Obiora Nnaji, M.D.

Peers, Clubhouses, and Psychiatry Residents: A Recovery Oriented Training Experience

8:00 a.m. - 9:30 a.m.
Room 206, Second Level
Moscone South
Chair:
Arkaprava Deb, M.D., M.P.A., M.P.H.
Presenters:
Pranav Aurora, M.D., M.Sc.
Sacha Agrawal, M.D., M.Sc.

Recovery Mapping: A Practical Method to Produce Transformative Outcomes in Team-Based Care

8:00 a.m. - 9:30 a.m.
Room 302, Third Level
Moscone South
Chair:
Paul Grant, Ph.D.

Social Media and Psychiatry: Effects of Social Media on Users, Research, Advocacy, Networking and Intervention Opportunities

8:00 a.m. - 9:30 a.m.
Room 310/311, Third Level
Moscone South
Chair:
Mariana Pinto Da Costa, M.D.
Presenters:
Víctor Pereira-Sanchez, M.D., Ph.D.
Miguel Ángel Álvarez De Mon
Rosa Molina

Struggle and Solidarity: Stories of How Americans Fight for Their Mental Health Through Federal Legislation

8:00 a.m. - 9:30 a.m.
Room 303, Second Level
Moscone South
Chair:
Michael Compton, M.D.
Presenters:
Marc W. Manseau, M.D., M.P.H.
Flavio Casoy, M.D.
Jacob Michael Izenberg, M.D.

Suicidal Ideation in Teens: Treatment Beyond Inpatient Admissions

8:00 a.m. - 9:30 a.m.
Room 152, Upper Mezzanine
Moscone South
Chair:
Robert Holloway, M.D.
Presenters:
Sudhakar Shenoy, M.D.
Sohail Nibras, M.D.
Tapan Parikh

The Birth of SBIRT“h”: Incorporating Harm Reduction Strategies Into the SBIRT Model

8:00 a.m. - 9:30 a.m.
Room 154, Upper Mezzanine
Moscone South
Chair:
Vineeth P. John, M.D., M.B.A.
Presenters:
Michael Weaver
Daryl Shorter, M.D.
Namrata Wala

The IMG Journey: Snapshots Across the Professional Lifespan

8:00 a.m. - 9:30 a.m.
Rooms 305/309, Third Level
Moscone South
Chair:
Muhammad Zeshan, M.D.
Presenters:
Consuelo Cagande
Naziya Hassan, M.D.
Vishal Madaan, M.D.

The Psychiatry Research Lab: A Novel Intervention to Promote and Improve Research Literacy and Advocacy in an Inner City Community Hospital

8:00 a.m. - 9:30 a.m.
Room 210, Second Level
Moscone South
Chair:
Sasidhar Gunturu, M.D.
Presenters:
Souparno Mitra, M.D.
Joshua Adam Jay, M.D.
Shalini Dutta, M.D.
We Are All in This Together: Expanding Psychiatrists? Responsibility for Reproductive Health Post-Roe

8:00 a.m. - 9:30 a.m.
Room 303, Third Level
Moscone South
Chair:
S. Therese Garrett, M.D.
Presenters:
Camila Arnaudo, M.D.
Mary Morreale, M.D.
Kathryn Gunnison, M.D.

Word to the Wise: Informing Clinical Decision Making for Psychosis Using Speech and Language Biomarkers

8:00 a.m. - 9:30 a.m.
Room 211, Second Level
Moscone South
Presenter:
Sunny X. Tang, M.D.

PRESIDENTIAL SESSION
Education: An Essential Component of Consultation-Liaison Psychiatry

Academy of Consultation-Liaison Psychiatry (ACLP)
8:00 a.m. - 9:30 a.m.
Room 214, Second Level
Moscone South
Chair:
Philip Aaron Bialer
Presenters:
Scott Beach
Sandra Rackley
Nancy Byatt, D.O., M.B.A., M.S.

COURSES
Challenges and Opportunities: Forensics and Corrections: What You Need to Know

8:00 a.m. - Noon
Room 11/12, Exhibition Level
Moscone South
Directors:
Tanuja Gandhi, M.D.
Joseph Penn
Faculty:
John Northrop, M.D., Ph.D.
Clarence Watson Jr., M.D., J.D.
Patricia Ryan Recupero

Evaluation and Treatment of Sexual Dysfunctions

8:00 a.m. - Noon
Room 8, Exhibition Level
Moscone South
Director:
Waguih W. Ishak, M.D.

Imminent Suicide Risk Assessment in High-Risk Individuals Denying Suicidal Ideation or Intent: Introduction and Training

8:00 a.m. - Noon
Room 9, Exhibition Level
Moscone South
Director:
Igor I. Galynker, M.D., Ph.D.

Integrating Technology and Psychiatry

8:00 a.m. - Noon
Room 7, Exhibition Level
Moscone South
Directors:
Steven Richard Chan, M.D., M.B.A.
John Luo, M.D.
Faculty:
Darlene King, M.D.
Edward Kaftarian, M.D.
Sara Johansen, M.D.
Nishi Bhopal, M.D.

Religion/Spirituality as a Determinant of Mental Health: Assessment and Integration Into Clinical Practice

Caucus on Religion, Spirituality and Psychiatry

8:00 a.m. - Noon
Room 10, Exhibition Level
Moscone South
Director:
Alexander Moreira-Almeida, M.D., Ph.D.
Faculty:
Francis G. Lu, M.D.
Wai Lun Alan Fung, M.D.
John Raymond Peteet, M.D.
Dilip V. Jeste, M.D.

Clinical Updates: 
Residents, Fellows, & Med Students 
International Medical Graduates 
Technology 
Humanities 
Diversity and Health Equity 
Well-being and Burnout 
NIAAA Research Track 
Annual Meeting On Demand 
Virtual Annual Meeting

Program changes are posted each day in the APA Meetings App. Please see the app for the definitive program.
10:30 a.m. Sessions

**GENERAL SESSIONS**

**Advancing Mental Health Service Access Through Equity-Driven Quality Improvement Initiatives**
10:30 a.m. - Noon
Room 206, Second Level
Moscone South
Chair:
Lucy Ogbu-Nwobodo, M.D., M.S.
Presenters:
Samuel Ricardo Saenz, M.D., M.P.H.
Harminder Gill
Paul Wallace

**Applying EDI: Innovating to Improve Child and Adolescent Psychiatry Training in Equity, Diversity, and Inclusion Principles**
10:30 a.m. - Noon
Room 214, Second Level
Moscone South
Chair:
Nikhita Singhal, M.D.
Presenters:
Nikhita Singhal, M.D.
Ayan Dey, M.D., Ph.D.
Jenny Chum, M.D.

**Becoming an Advocate: Moving From Outrage to Outreach**
10:30 a.m. - Noon
Room 159, Upper Mezzanine
Moscone South
Chair:
Katherine Kennedy, M.D.
Presenters:
Dionne Hart, M.D.
Jasleen Chhatwal, M.D., M.B.B.S.
Sarah Katherine Pannel, D.O.

**Birth Trauma Basics: Understanding and Treating Childbirth-Related PTSD**
Association of Women Psychiatrists (AWP)
10:30 a.m. - Noon
Room 155, Upper Mezzanine
Moscone South
Chair:
Christina T. Khan, M.D., Ph.D.
Presenters:
Reid Mergler, M.D.
Amanda Koire, M.D., Ph.D.

**Centering Psychiatry in Multidisciplinary Chronic Disease Treatment Via Collaborative Care**
10:30 a.m. - Noon
Room 156, Upper Mezzanine
Moscone South
Chair:
Katharina Hill, M.D.
Presenters:
Katharina Hill, M.D.
Ashley Nader, B.S.
Amy Pike, M.A.

**Changing US Trends in Alcohol, Hallucinogens, Cannabis, and in Opioid Overdoses**
10:30 a.m. - Noon
Room 154, Upper Mezzanine
Moscone South
Chair:
Dustin Graham
Presenters:
Katherine Keyes
Magdalena Cerdá
Ofir Livne
Discussant:
Deborah Hasin

**Chronic Pain for the General Psychiatrist: A Review of Shared Mechanisms and Treatment Strategies**
10:30 a.m. - Noon
Room 205, Second Level
Moscone South
Presenter:
Xavier Jimenez, M.D.
Moderator:
Joseph McCullen Truett, D.O.

**Climate Change and Mental Health of Older Adults**
10:30 a.m. - Noon
Room 307, Third Level
Moscone South
Chair:
Jason Strauss
Presenters:
Eduardo Espiridion
Rajdip Barman
Badr Ratnakaran, M.B.B.S.

**Covid-19 and Higher Education Students’ Well-Being: An International Approach**
6
10:30 a.m. - Noon
Room 310/311, Third Level
Moscone South
Chair:
Tyler L. Frank, M.S.
Presenters:
Jason Jabbari, Ph.D., M.Ed.
Miriam Schiff, Ph.D., M.A., M.S.W.

**Covid-19: Clinical Neuropsychiatric Manifestations in Patients and Wellness Interventions for Healthcare Workers**
7
10:30 a.m. - Noon
Room 157, Upper Mezzanine
Moscone South
Chair:
Laura T. Safar, M.D.
Presenters:
Joseph Keating, M.D.
Smita Patel, M.D.
Erica Savino Moffatt, N.P., R.N.

*Sessions with this icon will be captured as part of APA Annual Meeting on Demand, subject to speaker permission. Visit the APA on Demand Sales Booth in the Education Center to learn more and purchase.*
Decentralized Clinical Trials: Advantages, Challenges, and Benefits for the Psychiatric Drug Development Process

10:30 a.m. - Noon
Room 209, Second Level
Moscone South
Chair:
Tapan Parikh
Presenters:
Scott Kollins
Amir Kalali
Jane Myles

Evolutionary Psychiatry: How an Evolutionary Framework Increases Patient Engagement, Treatment Effectiveness, and Clinician Wellbeing

10:30 a.m. - Noon
Room 211, Second Level
Moscone South
Chair:
Cynthia M. Stonnington, M.D.
Presenters:
Dan Stein, M.D., Ph.D.
Randolph Nesse, M.D.
Kathy Smith, M.D.

Expansion of Private Telehealth Services for Opioid Use Disorder in Rural Populations, 2020-2022

10:30 a.m. - Noon
Room 153, Upper Mezzanine
Moscone South
Chair:
M. Justin Coffey, M.D.
Presenter:
Marlene C. Lira, M.P.H.

How About a Drink? Addressing Prenatal Alcohol Exposure and FASD

10:30 a.m. - Noon
Room 15B, Upper Mezzanine
Moscone South
Chair:
Sherry Ann Nykiel, M.D.
Presenter:
Omar Shah, M.D.

Impact of Social Determinants of Mental Health on Access to Care

10:30 a.m. - Noon
Room 302, Third Level
Moscone South
Chair:
Nitin Gogtay, M.D.
Presenters:
Diana Clarke, Ph.D.
Adrienne Grzenda, M.D., Ph.D.
John Torous, M.D., M.B.I.
Alison R. Hwong, M.D., Ph.D.

Implementing an Arts and Humanities Curriculum in a Psychiatry Residency: A One-Year Investigation

10:30 a.m. - Noon
Room 210, Second Level
Moscone South
Chair:
Christopher Rogers
Presenter:
Brian Tillman, D.O.
Matthew Adamson
Christine Wahlemeier

Is It All in My Head? Subjective Cognitive Impairment in Neuropsychiatry

10:30 a.m. - Noon
Room 314, Third Level
Moscone South
Chair:
Adriano Mollica, M.D.
David Eli Freedman, M.D.

Moral Injury in Healthcare Providers: What Clinicians and Hospital Leadership Can Do

10:30 a.m. - Noon
Room 213, Second Level
Moscone South
Chair:
Steven Paul Cuffe, M.D.
Presenter:
Lourdes P. Dale, Ph.D.
David Chesire, Ph.D.

Now Is the Time to Rethink Adolescent and Young Adult Community Mental Health Care

10:30 a.m. - Noon
Rooms 305/309, Third Level
Moscone South
Chairs:
Vanessa Vorhies Klodnick, Ph.D.
Deborah Ann Cohen, Ph.D., M.S.W.
Presenter:
Laura Stevens, L.P.C.

Clinical Updates ........................................1
Residents, Fellows, & Med Students ..................2
International Medical Graduates ....................3
Technology ...............................................4
Humanities ...............................................5
Diversity and Health Equity ............................6
Well-being and Burnout ...............................7
NIAAA Research Track .................................8
Annual Meeting On Demand ..........................9
Virtual Annual Meeting ...............................10
Optimizing Physician Learner and Provider Resilience, Engagement, Wellness and Mental Health

10:30 a.m. - Noon
Room 201, Second Level Moscone South
Chair:
Sidney Zisook, M.D.
Presenters:
Mickey Trockel, M.D.
Sydney Ey, Ph.D.
Sidney Zisook, M.D.

Protecting Your Trainees and Your Program: How to Deal With Trainee Unprofessionalism

10:30 a.m. - Noon
Room 152, Upper Mezzanine Moscone South
Presenters:
Ahmad Hameed, M.D.
Randon Welton, M.D.

Psychotherapy Models for Patients on Ketamine Treatment in Patients With Suicidal Risk

10:30 a.m. - Noon
Room 303, Third Level Moscone South
Chair:
Tatiana A. Falcone, M.D.
Presenters:
Murat Altinay, M.D.
Albert Yeung, M.D.
Fernando Espi Forcen

Tales Tattoos Tell

10:30 a.m. - Noon
Room 202, Second Level Moscone South
Chair:
John Bostwick, M.D., M.F.A.
Presenter:
Rachel Hammer, M.D., M.F.A.

The Fragmented Life: Examining Relationships Between PTSD, Nightmares, and Sleep Moving Towards Integrated Personalized Care

10:30 a.m. - Noon
Room 304, Third Level Moscone South
Chair:
James West, M.D.
Presenters:
Francie Gabbay, Ph.D.
Peter Colvonen, Ph.D.
Patricia Spangler, Ph.D.

Mental Health of Medical Students and Medical Professionals in South Asian Countries: Challenges and Opportunities

10:30 a.m. - 12:00 p.m.
Room 212, Second Level Moscone South
Chair:
Gautam Saha, M.D.
Presenters:
Imtiaz Ahmad
Sandeep Grover, M.D.

The Future of Patient Safety and Quality Improvement Education and Practice: A National Collaboration Among Psychiatry Residency Training Programs

American Association of Directors of Psychiatric Residency Training (AADPRT)

10:30 a.m. - Noon
Room 306, Third Level Moscone South
Chairs:
Ray C. Hsiao, M.D.
Jacqueline A. Hobbs, M.D., Ph.D.
Presenters:
Michelle Dick, M.D.
Timothy Kreider, M.D., Ph.D.

The Future of Psychotherapy: Creating Healing Moments Instead of Waiting for Them

10:30 a.m. - Noon
Room 203, Second Level Moscone South
Chair:
Jeffery S. Smith, M.D.

The Impact of Psychiatric Diagnoses and Treatments on Active-Duty Military Members

10:30 a.m. - Noon
Room 151, Upper Mezzanine Moscone South
Chair:
Heather Hauck, M.D.
Presenters:
Eric G. Meyer, M.D.
Monica D. Ormeno, D.O.
Sebastian R. Schnellbacher

Trauma, Transitions, and Trajectories: Centering Youth of Color Mental Health

10:30 a.m. - Noon
Room 204, Second Level Moscone South
Chair:
Gina Newsome Duncan, M.D.

Unleash the “Paws”itivity! Using Animal Assisted Therapy in Colleges and Universities

Caucus on College Mental Health

10:30 a.m. - Noon
Room 160, Upper Mezzanine Moscone South
Chair:
Meera Menon, M.D.
Presenters:
LaRae Copley, M.D., Ph.D., R.Ph.
Colleen Tennyson, M.D.
Evita Singh, M.D.
PRESIDENTIAL SESSION
Collaborating With Compassion in Contemporary Medical Spaces: A Psychodynamic Seminar
American Academy of Psychodynamic Psychiatry and Psychoanalysis (AAPDPP)
10:30 a.m. - Noon
Room 308, Third Level
Moscone South
Chair:
Joanna E. Chambers, M.D.
Presenters:
Joseph Rasimas, M.D.
Danielle Patterson, M.D.
Jeffrey W. Katzman, M.D.

1:30 p.m. - Noon
Room 308, Third Level
Moscone South
Chair:
Mark H. Rapaport, M.D.
Moderators:
Edmond H. Pi, M.D.
John Luo, M.D.

Anti-AAPI+ Racism: Coalition Building and Healing Our Communities and Workforce
1:30 p.m. - 3:00 p.m.
Room 308, Third Level
Moscone South
Chair:
Adam Chan
Presenters:
Teresa T. Lee
Robert Hsiung

Dementia or Primary Psychiatric Disorder? Early Diagnosis and Treatment of Neurocognitive Disorders in the Psychiatric Setting
1:30 p.m. - 3:00 p.m.
Room 157, Upper Mezzanine
Moscone South
Chair:
Vineeth P. John, M.D., M.B.A.
Presenters:
Marsal Sanches
Amanda Actor, M.D.
Lokesh Shahani, M.D.

Informing and Empowering Providers to Have Difficult Conversations: Goals of Care in Mental Health
1:30 p.m. - 3:00 p.m.
Room 301, Third Level
Moscone South
Chair:
Christine DeCaire, M.D.
Presenters:
Carole Filangieri
Sophia Mikityanskiy, D.O.
Samantha Lichtschein

GENERAL SESSIONS
A Silent Disease: Looking at Chronic Pain in Children
1:30 p.m. - 3:00 p.m.
Room 304, Third Level
Moscone South
Chair:
Grace Ibitamuno, Ph.D.
Presenters:
Christine Kim, M.D.
Victor Mensah, M.D.
William Zempsky, M.D., M.P.H.

Diagnosing Schizophrenia in the 21st Century: Natural Language Processing as an Emerging Biomarker
1:30 p.m. - 3:00 p.m.
Room 203, Second Level
Moscone South
Chair:
Marlon Danilewitz, M.D.
Presenters:
Michael J. Spilka, Ph.D.
Justin Baker, M.D., Ph.D.
Sunny X. Tang, M.D.

Focused Brief Group Therapy: An Integrative Interpersonal Process Group Approach Using Measurement Based Care
1:30 p.m. - 3:00 p.m.
Room 160, Upper Mezzanine
Moscone South
Chair:
Martyn Whittingham
Presenter:
Meenakshi Denduluri, M.D.

Gender-Affirming Psychiatric Care: Discussion and Preview of Forthcoming APA Textbook
1:30 p.m. - 3:00 p.m.
Room 159, Upper Mezzanine
Moscone South
Chair:
Teddy G. Goetz, M.D., M.S.
Presenters:
Alex S. Keuroghlian, M.D., M.P.H.
Hyun-Hee Kim, M.D.

Clinical Updates.
2. International Medical Graduates.
3. Technology.
4. Humanities.
5. Diversity and Health Equity.
6. Well-being and Burnout.
7. NIAAA Research Track.
Life in ACEs: An Interactive Experience to Teach About Social Determinants of Health
1:30 p.m. - 3:00 p.m.
Room 152, Upper Mezzanine
Moscone South
Chair: Paul J. Rosenfield, M.D.
Presenters: Tomas Felipe Restrepo Palacio, M.D.
Arifa Zaidi, M.D.
Susan Kim, M.D.

Lifestyle Interventions for Mental Health: Drugs Are Not Everything
1:30 p.m. - 3:00 p.m.
Room 156, Upper Mezzanine
Moscone South
Chair: Anna Szczegielniak, M.D., Ph.D., M.Sc.
Presenters: Mariana Pinto Da Costa, M.D.
Victor Pereira-Sanchez, M.D., Ph.D.
Aditi Agrawal

Management of Patients Who Repeatedly Ingest Foreign Objects
1:30 p.m. - 3:00 p.m.
Room 201, Second Level
Moscone South
Chair: Kenneth Michael Certa, M.D.
Presenters: Zachary Certa, M.D.
Marissa L. Beal, D.O.
Kathleen C. Dougherty, M.D.

My Head Hurts! Migraines, Misery, and Mental Health—a Case for Diagnosing and Treating Co-Morbid Headache Disorders
1:30 p.m. - 3:00 p.m.
Room 213, Second Level
Moscone South
Chair: Mia T. Minen, M.D., M.P.H.
Presenters: Mia T. Minen, M.D., M.P.H.
Melinda Thiam, M.D.
Lex Derysenko, M.D.

Networking Your Way Into a Research Career
Resident, Fellow and Medical Student Track Featured Session
1:30 p.m. - 3:00 p.m.
Room 306, Third Level
Moscone South
Chair: Maryland Pao, M.D.
Presenters: Olusola Ajilore, M.D., Ph.D.
Sarah Lisanby, M.D.

1:30 p.m. - 3:00 p.m.
Room 153, Upper Mezzanine
Moscone South
Chair: Saba Afzal
Presenters: Amir Elsamadisi
Harsh Patel
Wasib Malik

“No One Leaves Home Unless Home is the Mouth of a Shark”: Collaborating to Advance the Emotional Health of LGBTQ Individuals in Crisis Zones
1:30 p.m. - 3:00 p.m.
Room 214, Second Level
Moscone South
Chair: Omar Fattal, M.D., M.P.H.
Presenter: Joanne Ahola, M.D.

Phenomenology of Identity: Mobilizing Narrative Medicine Towards the Care of Eating Disorders
1:30 p.m. - 3:00 p.m.
Room 314, Third Level
Moscone South
Chair: Laila Knio, M.D., M.S.
Presenters: Laila Knio, M.D., M.S.
Harini Sridhar, M.S.

Seeking Euphoria: Trauma, Addiction, and the Family Structure
1:30 p.m. - 3:00 p.m.
Room 303, Third Level
Moscone South
Chair: Marcus Hughes
Presenters: Camila Haynes
Kanya Nesbeth, M.D.
Yusheka Woodford

Shared Care: The Integration of Alcohol-Associated Organ Damage and Psychiatric Care
U.S. National Institute on Alcohol Abuse and Alcoholism (NIAAA)
1:30 p.m. - 3:00 p.m.
Room 211, Second Level
Moscone South
Chair: Laura Nagy, Ph.D.
Presenters: Arun Sanyal, M.D.
Anne Fernandez, Ph.D.
Mandana Khalili, M.D.
Sylvia the Wood Nymph: A Documentary Film on Dissociative Identity Disorder and BarriERs to Research, Treatment and Acceptance of Childhood Sexual Abuse

1:30 p.m. - 3:00 p.m.
Room 209, Second Level
Moscone South
Chair:
Timothy David Brewerton, M.D.
Discussants:
Robyn Hussa Farrell, M.F.A.
Tim Farrell, B.A.

Telepsychiatry in Residency Training: Lessons Learned, Value as Standard Curriculum, What Residents Want, and Where We Go From Here

6
1:30 p.m. - 3:00 p.m.
Room 158, Upper Mezzanine
Moscone South
Chair:
Alec Kinczewski, M.D.
Presenters:
Kimberlyn Baig-Ward, M.D.
Logan Noone, D.O.

The Impact of Sleep, Fatigue, and Circadian Misalignment in Special Populations: Medical Education, Military, and Public Safety

1:30 p.m. - 3:00 p.m.
Room 154 Upper Mezzanine
Moscone South
Chair:
Connie L. Thomas, M.D.
Presenters:
Adam Bumgardner, M.D.
Meghan E. Quinn, M.D.
Ava Lynn, M.D.

To Look or Not to Look: Vicarious Trauma From Reviewing Graphic Images

7
1:30 p.m. - 3:00 p.m.
Rooms 305/309, Third Level
Moscone South
Chair:
Raina Aggarwal, M.D.
Presenters:
Maya Prabhu
Charles Dike, M.D.
Kathryn Thomas

Trying to Prevent the “Fall Off the Cliff”: Implementing Collaborative Care for the Good of All in College Health

6
1:30 p.m. - 3:00 p.m.
Room 155, Upper Mezzanine
Moscone South
Lisa M. Frappier, D.O.
Presenters:
Michael D. Wolfe, M.D.
Lisa M. Frappier, D.O.
Samantha Cerimele, M.D.

What Does It Take to Implement Collaborative Care in Resource-Constrained Settings: Generalizable Lessons From Diverse Settings in Rural Nepal

1:30 p.m. - 3:00 p.m.
Room 302, Third Level
Moscone South
Chair:
Bibhav Acharya, M.D.
Presenters:
Pragya Rimal
Raj Kumar Dangal, M.D.
James Jackson

3:45 p.m. Sessions

GENERAL SESSIONS

A Patient Centered Research Road Map to Inform the Clinical Practice of Bipolar Disorder

3:45 p.m. - 5:15 p.m.
Room 303, Third Level
Moscone South
Chair:
Mark Frye, M.D.
Presenters:
Mark Frye, M.D.
Philip Wang, M.D.

Advances in Non-Invasive Neuromodulation: Exploring rTMS and SAINT for the Treatment of Psychiatric Disorders

1
3:45 p.m. - 5:15 p.m.
Room 205, Second Level
Moscone South
Presenter:
Nolan Williams, M.D.
Moderators:
Ron M. Winchel, M.D.
John Luo, M.D.
Back to the Future: A Dynamic Structural Framework of Migration and Mental Health
3:45 p.m. - 5:15 p.m.
Room 159, Upper Mezzanine
Moscone South
Chair:
Pamela Montano, M.D.
Presenters:
Olivia Shadid, M.D.
Natan Vega Potler

Battle-Tested Meditation: Military Psychiatric Approach to Meditation and Spirituality and Translating the Knowledge Gained to the Civilian Practice
3:45 p.m. - 5:15 p.m.
Room 203, Second Level
Moscone South
Chair:
Bhagwan A. Bahroo, M.D.
Presenters:
Daniel C. Hart, M.D.
Kellin Keith Mair, D.O.
Michael McCarthy, M.D.

Behavioral Health Practice Managed Services Organizations (MSO): Addressing Access to Quality Care for Consumers, Payers, and Providers
3:45 p.m. - 5:15 p.m.
Room 152, Upper Mezzanine
Moscone South
Chair:
Yavar Moghimi, M.D.
Presenters:
Kathleen Coughlin
Kyle Talcott
Julian Cohen

Borderline Adolescents: Therapeutic Innovation, Collaboration With Families, Motivation of Caregivers
3:45 p.m. - 5:15 p.m.
Room 154, Upper Mezzanine
Moscone South
Chair:
Maurice Corcos, M.D., Ph.D.
Presenters:
Marion Robin
Alexandra Pham-Scottez
Jean Belbeze

Bringing Recovery to College Mental Health
3:45 p.m. - 5:15 p.m.
Room 306, Third Level
Moscone South
Chair:
Mark Ragins, M.D.

Creating Psychodynamic Psychiatrists
3:45 p.m. - 5:15 p.m.
Room 209, Second Level
Moscone South
Chair:
Sherry Katz-Bearnor, M.D.
Presenters:
Erin M. Crocker, M.D.
Timothy Sullivan, M.D.
Randon Welton, M.D.

Diagnosing and Treating Internet Gaming Disorder (IGD): An Interdisciplinary and Inter-Specialty Approach
3:45 p.m. - 5:15 p.m.
Room 153, Upper Mezzanine
Moscone South
Chair:
Ramon Solikhah, M.D.
Presenters:
James Sherer
Lauren Kaczka-Weiss, M.D.
Daniel Weiner, M.D.

Emotional Support Animals: What Psychiatrists Need to Know
3:45 p.m. - 5:15 p.m.
Room 151, Upper Mezzanine
Moscone South
Chair:
Ariana Nesbit, M.D.
Presenters:
Meera Menon, M.D.
Kathryn Ridout
Charles Dike, M.D.

From Collaboration to Innovation: How Two Local Hospitals Are Working Together to Provide Physicians Access to Barrier-Free Mental Healthcare
3:45 p.m. - 5:15 p.m.
Room 213, Second Level
Moscone South
Chair:
Joseph David Varley, M.D.
Presenters:
Christina M. Rowan, Ph.D.
Dimitrios Tsatiris, M.D.
Angela Miller, Ph.D., M.P.H.

"I'd Rather Die Than Eat" an Examination of Ethicolegal Conflict in Three Cases of Severe Anorexia Nervosa
3:45 p.m. - 5:15 p.m.
Room 304, Third Level
Moscone South
Chair:
Lauren Ashley Schmidt, M.D.
Presenters:
Gabriel Jerkins
Nadia Surexa Cacodcar, M.D.
Lauren Ashley Schmidt, M.D.
Identifying Ageism: Moving Towards Addressing Gaps in Mental Health Care for Older Adults

*Council on Geriatric Psychiatry*

3:45 p.m. - 5:15 p.m.
Room 156, Upper Mezzanine
Moscone South

Chair:
Daniel Carl Dahl, M.D.

Presenters:
Badr Ratnakaran, M.B.B.S.
Karen Dionesotes, M.D., M.P.H.
Margaret Wang, M.D.

Innovative Care Pathways: Integrating Equitable Screening and Treatment for Substance Use Disorders in Primary Care

3:45 p.m. - 5:15 p.m.
Room 314, Third Level
Moscone South

Chair:
Lorin M. Scher, M.D.

Presenters:
Gina Rossetti
Jeremy DeMartini, M.D.
Annabelle Ostrander, M.H.A.

Involuntary Celibates (Incels), Violence and Mental Disorder: Recommendations for Best Practice in Risk Assessment and Clinical Intervention

3:45 p.m. - 5:15 p.m.
Room 201, Second Level
Moscone South

Chair:
Jonathan Hafferty

Presenters:
Alexander Westphal
Damon Parsons
Josephine Broyd

Mental Health Meets Social Innovation: The How Matters

3:45 p.m. - 5:15 p.m.
Room 211, Second Level
Moscone South

Chair:
Rick Peter Fritz Wolthusen, M.D.

Presenter:
Paul Andra

Discussants:
Julia Kirsten
Gordon Adamdza

Navigating Complex Systems of Care for Individuals With Intellectual and Developmental Disabilities: A Systems Approach for Treatment in New York City

3:45 p.m. - 5:15 p.m.
Room 158, Upper Mezzanine
Moscone South

Chair:
Scott Stiefel

Presenters:
Jennifer Morrison-Diallo, Ph.D.
Stefon Smith

Precision Psychiatry: Perspectives, Pitfalls, and Possibilities

3:45 p.m. - 5:15 p.m.
Room 157, Upper Mezzanine
Moscone South

Chair:
Aria Ghahramani

T.H.I.N.K. Resiliently: Utilizing the 12 Steps to Overcome Difficulties

3:45 p.m. - 5:15 p.m.
Room 302, Third Level
Moscone South

Chair:
Alan Heide

The Consequence and Causes of Trauma and Violence Exposure in Children: Complex Pathways, Complicated Solutions, and an Urgent Call for Action

3:45 p.m. - 5:15 p.m.
Room 160, Upper Mezzanine
Moscone South

Chair:
Stacy Drury, M.D., Ph.D.

This American Psychiatric Life: Podcasting for Psychiatrists

3:45 p.m. - 5:15 p.m.
Room 308, Third Level
Moscone South

Chair:
Blake Novy

Presenters:
Matthew Yung
Kierstin Utter
Nina Bihani

Through the Wire: An Exploration of Sequential Intercept Mapping

3:45 p.m. - 5:15 p.m.
Rooms 305/309, Third Level
Moscone South

Chair:
Marcus Hughes

Presenters:
Omotola Ajibade
Marcus Hughes
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As the non-profit charitable arm of the APA, the APA Foundation works to:

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• Support research and training to improve mental health care
• Lead partnerships to address public challenges in mental health

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Monday, May 22

7:00 PM
10:00 PM
San Francisco Museum of Modern Art

Purchase tickets at Foundation booths or at apafdn.org/benefit. Proceeds benefit Foundation programs.

Please visit us and learn more at our exhibit booths

<table>
<thead>
<tr>
<th>Location</th>
<th>Friday, May 19</th>
<th>Saturday, May 20</th>
<th>Sunday, May 21</th>
<th>Monday, May 22</th>
<th>Tuesday, May 23</th>
</tr>
</thead>
<tbody>
<tr>
<td>APA Assembly</td>
<td>10:00 AM - 6:00 PM</td>
<td>8:00 AM - 12:00 PM</td>
<td>Closed</td>
<td>Closed</td>
<td>Closed</td>
</tr>
<tr>
<td>APA Central, Exhibit Halls A-C, Exhibition Level, Moscone South</td>
<td>Closed</td>
<td>11:45 AM-4:00 PM &amp; 5:30-6:30 PM</td>
<td>9:15 AM-4:00 PM</td>
<td>9:15 AM-4:00 PM</td>
<td>9:15 AM-1:30 PM</td>
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Questions?
Contact us at 202-559-3888 or email apafoundation@psych.org for more information. Thank you for your support!
New Research

Medical Student/Resident Poster Competition ........ 132
Poster Schedule ........................................... 133

Program listings for poster sessions is available in the APA Meetings App. For up-to-date session details, please download the APA Meetings App.
SUPPORTED BY

MEDICAL STUDENT/RESIDENT POSTER COMPETITION

The Medical Student/Resident Poster Competition is an APA Annual Meeting tradition that allows residents and medical students to attend the meeting, present their research, and be recognized for quality work.

Eligible participants submitted abstracts for posters in five categories: Clinical Case Studies, Psychosocial and Biomedical Research Projects, Patient-Oriented Care and Epidemiology, Community Development and Service Projects, and Curriculum Development and Educational Projects. Submitted abstracts were evaluated by a panel of judges from the Scientific Program Committee. All winners have already been selected and will be announced on Sunday, May 21 at 10:00 AM at the Mental Health Innovation Zone in Hall A Foyer. All are welcome to attend the award ceremony.
Poster Schedule

Explore 1,000 poster presentations on a variety of topics from Diversity and Health Equity to Global, Political, and Social Issues and more, in San Francisco. Attendees can view each poster and interact directly with presenters. The poster program is divided into eight sessions based on submission type (e.g., Medical Student/Resident Poster Competition, International and New Research).

Please see below for the date and time of each poster session:

**SATURDAY, MAY 20**
- 10:30 a.m. - Noon
- 1:30 p.m. - 3:00 p.m.
- 3:45 p.m. - 5:15 p.m.

**SUNDAY, MAY 21**
- 8:00 a.m. - 9:30 a.m.
- 10:30 a.m. - Noon
- 1:30 p.m. - 3:00 p.m.
- 3:45 p.m. - 5:15 p.m.

**MONDAY, MAY 22**
- 8:00 a.m. - 9:30 a.m.
- 10:30 a.m. - Noon
- 1:30 p.m. - 3:00 p.m.
- 3:45 p.m. - 5:15 p.m.

**TUESDAY, MAY 23**
- 8:00 a.m. - 9:30 a.m.
- 10:30 a.m. - Noon
- 1:30 p.m. - 3:00 p.m.
- 3:45 p.m. - 5:15 p.m.

**WEDNESDAY, MAY 24**
- 8:00 a.m. - 9:30 a.m.

**VIEW FULL PROGRAM ONLINE**
The full poster program is available online or through the APA Meetings App.

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Joe DiMaggio
Children’s Hospital®
Exhibits Guide

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Exhibition Information

Located in Exhibit Halls A-C, Exhibition Level of Moscone South.
The APA exhibits program is an integral part of the overall Annual Meeting and provides an excellent opportunity for meeting registrants to obtain the latest information on products and services related to the psychiatric profession. Make time in your daily schedule to visit the exhibits.

Here is what’s in store for you when you visit the exhibition:

1. More than 200 exhibitors offering the latest developments in technology, solutions and services
2. The ultimate networking hub to mingle with your colleagues
3. Lounge areas to: The Stage and The Mind & Body Pavilion
4. Product Showcases sessions given by industry leaders
5. Complimentary snacks during the Mid-Day Mingles

The Sunshine Act and How It Affects You
The Physician Payment Sunshine Act is a federal law that requires pharmaceutical and device manufacturers under certain circumstances to publicly report any complimentary gift, food, beverage, non-CME certified education or other item of value given to physicians. Some of the food, product theaters and trinkets that may be available to you at this meeting have been sponsored by companies that may be required to report your receipt of that gift. The APA recommends that you ask the person providing the complimentary item whether your name will be reported under the Act before accepting complimentary products or food so that you can make an independent and educated decision to accept or not accept it.

Show Days & Times

**SATURDAY, MAY 20**
11:45 a.m. – 4:00 p.m.
Mid-Day Mingle
11:45 a.m. – 1:30 p.m.

**SUNDAY, MAY 21**
9:15 a.m. – 10:30 a.m.
11:45 a.m. – 4:00 p.m.
Mid-Day Mingle
11:45 a.m. – 1:30 p.m.

**MONDAY, MAY 22**
9:15 a.m. – 10:30 a.m.
11:45 a.m. – 4:00 p.m.
Mid-Day Mingle
11:45 a.m. – 1:30 p.m.

**TUESDAY, MAY 23**
9:15 a.m. – 1:30 p.m.
11:45 a.m. – 1:30 p.m.
Mid-Day Mingle
11:45 a.m. – 1:30 p.m.
Exhibition Information

Publishers Book Expo
Major publishers and book sellers, including APA Publishing, are located in this designated area. Participating companies are selling and taking orders for new and current professional books in the field of psychiatry.

Career Expo
Exhibitors in this area include government agencies, hospitals, locum tenens, mental health clinics, psychiatric facilities and recruiters seeking psychiatrists to fill open positions. Find APA JobCentral, the career hub for psychiatry and ultimate recruitment tool for employers and job seekers alike, located in APA Central, next to the APA Bookstore.

Mind and Body Pavilion
Focus on self care and well being in three areas to Calm, Create, and Challenge. In the “Calm” area, get a massage with a licensed massage therapist trained to address tension areas in the upper body. In the “Create” area, paint selected works of art. In the “Challenge” area, compete for the win at giant Jenga, Connect Four and Corn Hole games.

Endorsements
Products and services displayed in the Exhibit Hall occur by the contractual arrangement between the American Psychiatric Association and participating companies. This arrangement does not constitute or imply an endorsement by the American Psychiatric Association of these products or services.

Exhibit Hall Activities
- The full Exhibit Hall opens Saturday, May 20.
- Mid-Day Mingles to meet exhibitors. Snacks available throughout the Exhibit hall. Saturday, May 20
  Tuesday, May 23
  11:45 a.m.- 1:30 p.m.

APA Bookstore
Book Signings at APA Bookstore

**Monday, May 22**

Bestselling Authors:

Heather McGhee
12:15 p.m. - 12:45 p.m.

Beth Macy
3:15 p.m. - 3:45 p.m.
Product Showcases

Fifteen (15) Product Showcases, supported by pharmaceutical companies exhibiting at the meeting, will be held this year. These promotional programs are being held as an extension of the Exhibit Hall. Seating is limited to 225, on a first-come basis. They are 60-minute promotional programs, and CME credit is not provided. The programs will be held in a theater in Exhibit Halls A-C, Exhibition Level, Moscone Convention Center Saturday-Tuesday. A boxed breakfast, lunch, or snack is provided (as approved by the presenting company). Look for signs announcing the presenters and topics in the Convention Center, Exhibit Hall and at the product showcases. Supporters of these sessions include AbbVie, Alkermes, Asome Therapeutics, Boehringer Ingelheim U.S., Idorsia Pharmaceuticals, US Inc., Intra-Cellular Therapies, Karuna Therapeutics, MAPS Public Benefit Corporation, Otsuka Pharmaceutical Development & Commercialization, Inc., Sage Therapeutics, Inc., & Biogen Inc., Sunovion Pharmaceuticals Inc., and TEVA.

These sessions are covered by the Physician Payment Sunshine Act, and physicians attending will be required to provide their identifying information for public reports.

SATURDAY, MAY 20

Noon - 1:00 p.m.
Product Theater 1 (Booth #130)
Supported by TEVA
Discover the Difference With a New LAI for the Treatment of Schizophrenia
Presenter:
Leslie Citrome, M.D.

1:00 p.m. - 2:00 p.m.
Product Theater 2 (Booth #2331)
Supported by Karuna Therapeutics
Forging a New Path: Targeting Muscarinic Receptor Circuits in Schizophrenia
Presenter:
Andrew Cutler, M.D.
Clinical Associate Professor of Psychiatry, SUNY Upstate Medical University, Chief Medical Officer, Neuroscience Education Institute, working remotely from Lakewood Ranch, FL

2:00 p.m. - 3:00 p.m.
Product Theater 1 (Booth #130)
Supported by TEVA
Guiding the S.C.O.P.E.™ of Schizophrenia Care Forward Through Interactive Digital Education for Clinicians
Presenters:
John Kane, M.D.
Leslie Citrome, M.D., MPH
Christoph Correll, M.D.
Jose Rubio, M.D.

3:00 p.m. - 4:00 p.m.
Product Theater 2 (Booth #2331)
Supported by Otsuka Pharmaceutical Development & Commercialization, Inc.
The Potential of Digital Therapeutics for the Treatment of Depression
Presenter:
Sandeep Vaishnavi, M.D., Ph.D.

SUNDAY, MAY 21

9:30 a.m. - 10:30 a.m.
Product Theater 1 (Booth #130)
Supported by AbbVie
Adjunctive Treatment for Major Depressive Disorder in Adults
Presenter:
Rakesh Jain, M.D., Clinical Professor, Department of Psychiatry, Texas Tech University School of Medicine; Private Practice, Austin, TX

Noon - 1:00 p.m.
Product Theater 2 (Booth #2331)
Supported by TEVA
AUSTEDO XR: Clinical Considerations Across a Patient’s Journey with TD
Presenters:
Craig Chepke, M.D.
Leslie Citrome, M.D.
Product Showcases

**SUNDAY, MAY 21**

**1:00 p.m. - 2:00 p.m.**
Product Theater 1 (Booth #130)
Supported by Sunovion Pharmaceuticals Inc. and Otsuka Pharmaceutical Development & Commercialization, Inc.

* A Potential New TAARget for Schizophrenia Treatment: The Science Behind TAAR1

Presenters:
Leslie Citrome, M.D., MPH
Clinical Professor, Department of Psychiatry and Behavioral Sciences
New York Medical College, Valhalla, NY; Paid Consultant of Sunovion Pharmaceuticals Inc. and Otsuka Pharmaceutical Development & Commercialization, Inc.

Andrew J. Cutler, M.D.
Clinical Associate Professor of Psychiatry; SUNY Upstate Medical University; Chief Medical Officer Neuroscie Institute

**2:00 pm - 3:00 p.m.**
Product Theater 2 (Booth #2331)
Supported by Boehringer Ingelheim U.S. Tackling Borderline Personality Disorder

Presenters:
Mark Zimmerman, M.D.
Blaise Aguirre, M.D.
Brandon Marshall
Patient Advocate

**3:00 p.m. - 4:00 p.m.**
Product Theater 1 (Booth #130)
Supported by Idorsia Pharmaceuticals, US, Inc.

* Redefining the Treatment of Insomnia

Presenter:
Vidhya Selvaraj, M.D.
Founder, Omaha Insomnia and Psychiatric Services, Omaha, NE

**MONDAY, MAY 22**

**9:30 a.m. - 10:30 a.m.**
Product Theater 1 (Booth #130)
Supported by Alkermes

* Learn More About This Long-Acting Injectable Option for Schizophrenia Treatment in Adults

Presenter:
Andrew Cutler, M.D.
Chief Medical Officer, Neuroscience Educational Institute, Carlsbad, CA; Clinical Associate Professor of Psychiatry, SUNY Upstate Medical University, Syracuse, NY

**Noon - 1:00 p.m.**
Product Theater 2 (Booth #2331)
Sage Therapeutics, Inc., & Biogen Inc.

* Patient Goals vs Real World Considerations: How do we help patients with depression get the care they need?

Presenters:
Gustavo Alva, M.D., DFAPA
Andreas Reif, M.D.

**1:00 p.m. - 2:00 p.m.**
Product Theater 1 (Booth #130)
Supported by Axsome Therapeutics

* Beyond the Monoamine Hypothesis: A Glutamatergic Approach to Treating Major Depressive Disorder

Presenters:
Ian Melnick M.D.
Gustavo Alva, M.D.

**3:00 pm - 4:00 p.m.**
Product Theater 2 (Booth #2331)
Supported by Boehringer Ingelheim U.S.

* The Expanding Role of Digital Therapeutics in Psychiatry

Presenters:
Lisa Marsch, Ph.D.
Danial Fulford, Ph.D.

**TUESDAY, MAY 23**

**Noon - 1:00 p.m.**
Product Theater 2 (Booth #2331)
MAPS Public Benefit Corporation

* Is it Time to Rethink Our Approach to PTSD? Exploring Novel Modalities Through Investigational Research

Presenters:
Charles B. Nemeroff, M.D., Ph.D.
Matthew P. Nemeroff Professor and Chair, Department of Psychiatry and Behavioral Sciences; Co-Director Center for Psychedelic Research and Therapy; Director, Institute of Early Life Adversity Research; Dell Medical School; The University of Texas at Austin; President, Anxiety and Depression Association of America (ADAA)

Barbara O. Rothbaum, Ph.D., ABBPP
Professor in Psychiatry, Director, Veterans Program and the Trauma and Anxiety Recovery Program; Paul A. Janssen Chair in Neuropsychopharmacology
Associate Vice Chair of Clinical Research
The Mental Health Services Conference brings together the whole team caring for those with mental illness, including practicing psychiatrists, resident and fellow physicians, nurse practitioners, primary care physicians, social workers, and more, to collaborate on practical advice to influence systems-level change for their patients.

The conference also includes plenary sessions on psychopharmacology and addictions, and a special leadership track for trainees.

Experience engaging discussions and gain new insights into topics such as:

- Psychopharmacology and addictions
- Neurobiology of addictions
- 988 and the future of community care
- New technologies in mental health care
- Providing gender-affirming care
- Mental health care leadership
- And much more!

Join us in Washington, D.C.
Thursday, October 12 - Saturday, October 14 for The 2023 Mental Health Services Conference.

Registration opens at the Annual Meeting
Search for “MHSC” in the APA Meetings App for more information.
The Mental Health Services Conference brings together the whole team caring for those with mental illness, including practicing psychiatrists, resident and fellow physicians, nurse practitioners, primary care physicians, social workers, and more, to collaborate on practical advice to influence systems-level change for their patients.

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- Providing gender-affirming care
- Mental health care leadership
- And much more!

Oct. 12-14, 2023
Washington, D.C.

Join us in Washington, D.C. Thursday, October 12 - Saturday, October 14 for The 2023 Mental Health Services Conference. Registration opens at the Annual Meeting Search for “MHSC” in the APA Meetings App for more information.
Therapeutic Updates are two-hour informational programs held as an extension of the Exhibit Hall. They feature presentations by thought leaders in therapeutic areas. CME Credit is not provided for these programs.

Attendees must be registered for the Annual Meeting, and the meeting badge is required for admittance. The information presented does not represent any endorsement by the American Psychiatric Association of any company or product.

Therapeutic Updates are covered by the Physician Payment Sunshine Act, and physicians attending will be required to provide their identifying information for public reports.

Huddles are 30-minute sessions hosted by sponsors on various topics. CME Credit is not provided for these programs.

Huddle sessions are covered by the Physician Payment Sunshine Act and physicians attending will be required to provide their identifying information for public reports.

**SATURDAY, MAY 20**

7:30 p.m. – 9:30 p.m.
Continental Ballroom 4/5/6
Hilton San Francisco Union Square
Supported by Otsuka America Pharmaceutical, Inc. and Lundbeck

Agitation Associated with Alzheimer's Dementia: Experts Discuss Treatment Considerations and Current Guidelines

Presenters:
Gustavo Alva, M.D.
George Grossberg, M.D.

**SUNDAY, MAY 21**

12:15 p.m. – 12:45 p.m.
The Stage (Booth #859)
Supported by Ironshore Pharmaceuticals Inc.

What Have We Learned About Evening Administration of ADHD Medication?

Presenters:
James Anderson, M.D.
Maitri Patel, M.D.

**MONDAY, MAY 22**

12:15 p.m. – 12:45 p.m.
The Stage (Booth #859)
Supported by TEVA

IMPACT-TD: A novel tool to assess the true story of the impact of TD in our patients

Presenter:
Richard Jackson, M.D.
Coffee & Conversations

Join thought leaders and experts as they present 30-minute talks on engaging, timely topics over a cup of coffee (served at selected times). There is no CME Credit provided.

LOCATION:
The Stage (Booth 859)
Exhibit Halls A-C, Exhibition Level
Moscone Center

SATURDAY, MAY 20
1:00 p.m. to 1:30 p.m.
SMI is NOT a CRIME: Decriminalize Mental Health and Substance Use Disorders Through Our Justice Programming Efforts
Presenters:
Joy Lloyd-Montgomery, MPH
Michael Champion, M.D.

SUNDAY, MAY 21
3:15 p.m. – 3:45 p.m.
Creating an Environment to Talk About Mental Health
Presenter:
Gregory Scott Brown, M.D.

MONDAY, MAY 22
9:45 a.m. - 10:15 am
CV and Interview Preparation
Presenter:
HCA Healthcare
(No coffee served)

SUNDAY, MAY 21
9:45 a.m. - 10:15 am
Mental Illness in Families of Mental Health Providers
Presenter:
Steven S. Sharfstein, M.D.

1:00 p.m. -1:30 p.m.
Practical Steps to Psychological Wellness
Presenter:
Tiffani Bell, M.D.

TUESDAY, MAY 23
9:45 a.m. - 10:15 a.m.
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Presenter:
Ezra E. H. Griffith, M.D.

12:15 p.m. - 12:45 p.m.
A Fast Track to Success: APA Foundation Fellowships
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Vedrana Hodzic, M.D.
German Velez, M.D.
Christian Sosa
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Mental health is in the headlines every day—but when policymakers don’t understand psychiatry’s role and importance, they risk passing laws and regulations that hurt your patients and your practice.

APA CAN empowers member psychiatrists to connect with members of Congress and speak on behalf of the APA on mental health issues.

You are psychiatry’s best advocate for parity enforcement, fair reimbursement, and a health care system that values mental health. Your voice is needed in these debates. You’ll be provided the resources and guidance you need to be effective.

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- Presented Online Summer 2023
- 5 Courses Available
- 4 CME per Course

APA’s 2023 Virtual Summer Courses are four-hour, clinically-focused content allowing participants to learn from and amongst their peers with instruction from leading experts on important topics in mental health care.

Each virtual course starts with an interactive, self-paced module, after which participants meet with the faculty experts for virtual skill building instruction that includes live case presentations, breakout groups, and more.

- Psychiatrists as Leaders
- Brief Supportive Psychotherapy for Depression
- Mind-Body Treatments for Global Mental Health and Provider Self-Care: Mass Disasters, Refugees, and PTSD – Experiential Training and Lecture
- Lifestyle Psychiatry for Optimal Performance and Mental Health
- Does rTMS Work for That? A Practical Clinical Update on Latest Advances and When to Refer

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In support of improving patient care, the American Psychiatric Association is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The APA designates the Virtual Summer courses for a maximum of 4 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
2023 Virtual Summer Courses

Psychiatrists as Leaders

May 30, 2023
Live Session Date: June 9, 2023, 1:00 – 2:00 p.m. ET

Course Faculty:
Tobias Wasser, M.D.; Luming Li, M.D., M.H.S.; Victor Buwalda, M.D., Ph.D.; James Rachal, M.D. and Manish Sapra, M.D.

CME Offered:
4 AMA PRA Category 1 Credits™.

Learning Objectives:
- Identify various components of leadership in psychiatry
- Outline important career dynamics to consider when presented with leadership opportunities in psychiatry
- Improve capacity to function as a psychiatric leader
- Identify avenues for further career development
- Apply physician leadership techniques, including negotiation, quality improvement, financial management, and leadership theory to daily work and future career as a physician in leadership

Primary Topic:
Administrative Psychiatry

Secondary Topic:
Residents, Fellows, and Medical Students

Abstract:
This course, developed by the American Association of Psychiatric Administration and Leadership (AAPAL), is geared towards early career psychiatrists who may be interested in administrative roles for the first time or experienced psychiatrists interested in growing their leadership skills. This program will introduce learners to important elements of leadership training in a practical and pragmatic manner as it applies to the field of psychiatry.

The course will cover several important topics within leadership, including career development, the role of influence, negotiation, quality improvement and fiscal management. Faculty presenters will also review the benefits and challenges of leadership roles. Participants will be given an opportunity to consider and participate in case-based discussion considering nuanced challenges of psychiatric leadership and to have ample opportunity to engage faculty presenters to further explore their individual questions.

Brief Supportive Psychotherapy for Depression

Start Date:
May 30, 2023

Live Session:
June 7, 2023, 3:00 – 5:00 p.m. ET

Course Faculty:
John Markowitz, M.D.

CME Offered:
4 AMA PRA Category 1 Credits™.

Learning Objectives:
- Distinguish the common factors of psychotherapy
- Utilize affect and emotion in psychotherapy in practice
- Evaluate the evidence-based for brief supportive psychotherapy in your practice decision making
Primary Topic:
Psychotherapy

Secondary Topic:
Depressive Disorders

Abstract:
Supportive psychotherapy has a long tradition and is widely practiced. It has acquired an undeservedly poor reputation as a mediocre treatment and the term has been loosely used in psychotherapy research as a weak control condition. Years ago we defined Brief Supportive Psychotherapy (BSP) in a manual as a time-limited, affect-focused, “common factors” treatment for depression research studies. In testing it we found, to our surprise, that in nine successive studies it generally worked as well as the fancier therapies to which it was compared. In other words, BSP is a powerful brief treatment for major depression.

The common factors of psychotherapy, defined decades ago by Carl Rogers and Jerome Frank, comprise factors like emotional arousal, helping a patient to feel understood, building a strong treatment alliance through therapeutic ritual and communication of expertise, realistic optimism, and success experiences. A stripped down, elemental therapy, BSP focuses on the patient’s emotional life, helping the patient to tolerate and understand feelings rather than viewing them as problems. The therapist sketches an emotional portrait of the patient and uses this as a therapeutic guide. This approach is simple in concept yet can be hard to do well. Patients like and benefit from it, and dropout rates have been low.

This course rehabilitates supportive psychotherapy for attendees, reviewing its checkered history, shabby reputation, and contrastingly potent research performance. The bulk of the course focuses on describing and using its “common factor” elements and particularly its affect focus. Participants will learn not only the use of brief supportive psychotherapy as a focused treatment but also its role as the basis of all good common factor psychotherapies. Particularly in an era when therapy risks becoming too mechanical and intellectualized, awareness of emotional techniques hones psychotherapeutic skills. Course participants may want to but are not required to read the newly published BSP manual, Brief Supportive Psychotherapy, published by Oxford University Press.

Mind-Body Treatments for Global Mental Health and Provider Self-Care: Mass Disasters, Refugees, and PTSD – Experiential Training and Lecture

Start Date:
June 12, 2023

Live Session:
July 29, 2023, 6:00 – 9:00 p.m. ET

Course Faculty:
Patricia Gerbarg, M.D. and Richard Brown, M.D.

CME Offered:
4 AMA PRA Category 1 Credits™.

Learning Objectives:

» Describe four advantages for simple, effective, evidence-based mind-body programs to support the emotional recovery of populations affected by mass disasters.

» Apply Polyvagal Theory to understanding how Voluntarily Regulated Breathing Practices (VRPs) help shift the organism from states of defensive disconnection towards a state of safety and connectedness.

» Describe initiatives using mind-body techniques to relieve stress and trauma among survivors of war and terrorism in Ukraine and Rwanda.

» Practice Coherent Breathing and other Voluntarily Regulated Breathing Practices (VRPs) for self-care and to reduce stress, anxiety, insomnia, depression, and symptoms of trauma.

» Access resources for learning how to integrate breath and movement techniques experienced in this course into clinical practice.
Primary Topic:
Physician Well-Being

Secondary Topic:
Trauma and Stressor-Related Disorders

Abstract:
This update of Mind-Body & Breath Techniques for Stress, Anxiety, Depression, and PTSD focuses on Stress Reduction for Healthcare Providers and on international, cross-cultural trauma recovery for survivors of mass disasters. Neurophysiology, Research, Clinical Integration: Breath-Body-Mind (BBM) uses simple practices, mainly voluntarily regulated breathing practices (VRBPs) with movement, mindfulness, and attention focus derived from yoga, qigong, martial arts, and neuropsychiatry. Easily learned, evidence-based techniques help relieve stress, anxiety, depression, and PTSD; are accepted across cultures; and can be modified for office, hospital, family and group therapy, schools, military bases, or disaster settings.

Evolving neurophysiological theory shows how VRBPs may improve sympathy-vagal balance and emotion regulation, and incorporates polyvagal theory (Stephen Porges), GABA pathways, respiratory entrainment of EEG patterns, neuroendocrine response, and social engagement networks. Specific mind-body practices reduce defensive reactions while restoring capacities for emotion regulation, better cognitive function, and meaningful connectedness with self and others.

Dr. Patricia Gerbarg updates evidence that VRBPs and related practices improvement stress symptoms in caregivers as well as stress, trauma, and exhaustion in disasters survivors. We discuss current, highly effective Breath-Body-Mind programs for Ukrainian mental healthcare providers and for Rwandan genocide survivors. Experiential Training: Dr. Richard Brown leads rounds of gentle movement (standing or sitting), VRBPs, and open focus attention training. Awareness/mindfulness of breath and psychophysiological state are cultivated.

Group interaction with Q & A enhance learning. Attendees learn a short set of mind-body practices for self-care and stress reduction. Dr. Brown & Dr. Gerbarg: During the last hour attendees will learn how to teach Coherent Breathing to their patients and will practice this skill with co-attendees. This training will include discussion of risks, benefits, and adaptations of practices for individuals with physical and psychological conditions.

Lifestyle Psychiatry for Optimal Performance and Mental Health

Start Date: June 26, 2023

Course Faculty:
Gia Merlo, M.D., M.B.A.; Douglas Noordsy, M.D.; Vanika Chawla, M.D.; Jonathan Burgess, M.D.; and Cheri Mah, M.D., M.S.

CME Offered:
4 AMA PRA Category 1 Credits™.

Learning Objectives:
» Summarize iterative behavioral reinforcement strategies to support patients in achieving sustained independent exercise.
» Evaluate the evidence for the efficacy of yoga for people with psychiatric disorders.
» Describe how global dietary changes improve mood and enhance remission rates from depression, and may prevent the risk of cognitive disorders.
» Apply the science of accumulated sleep debt and the benefits of sleep extension to clinical practice.
» Identify evidence-based social connectivity strategies that support mental health.

Primary Topic:
Treatment (other non-pharmacological)
Secondary Topic:
Wellness

Abstract:
While most psychiatrists agree that lifestyle factors play an important role in mental health, many are unprepared to address these in the clinical encounter. This course will provide a foundational review of the science, literature, and practical tools for the clinician both as primary interventions and in conjunction with psychopharmacology and/or psychotherapy.

This course will review exercise, nutrition, yoga, sleep health, and social connectivity. We begin with a review of the neuroscience of physical exercise and impact on brain health. The impact of active or sedentary behavior on risk for psychiatric disorders and evidence on use of exercise interventions to manage psychiatric disorders will be discussed. A case presentation with highlight the strategies for supporting people in developing a physical exercise routine in clinical care. The role of diet and nutritional psychiatry on mood disorders and cognitive disorders will be presented. The proposed expansion of the bio-psycho-social model to the bio-psycho-social-lifestyle model will be presented (Royal Australian and New Zealand College of Psychiatry). The strategies to incorporate nutritional psychiatry science in clinical practice will be addressed in a case presentation.

Next, we presented the growing research on the therapeutic application of yoga for people with psychiatric disorders. Yoga is theorized to exert its effects through regulation of the autonomic nervous system and hypothalamic pituitary axis. Yoga is recommended as second-line adjunctive therapy for mild to moderate Major Depressive Disorder, and there is evidence for yoga as an intervention for anxiety, schizophrenia spectrum disorders, eating disorders, trauma, and substance use disorders, and for child and adolescent populations. Actionable clinical recommendations for yoga and applications for general psychiatrists based on the existing literature will be highlighted.

Our course then addresses the impact of sleep on health including cognition, mental health, immune function, physical performance, and injury risk stressing the importance of healthy sleep as a lifestyle anchor. The concept of accumulated sleep debt and ways to pay it back through sleep extension will be discussed. We will provide practical strategies for improving sleep duration, sleep quality, and sleep timing. Through professional athlete sleep success stories, we will illustrate the impact of improving sleep and how it can significantly improve performance.

We will end the course with a review of the science of social connectivity including the recent literature and practical applications for clinical practice. The attendees will engage in a small group exercise to practice the power of social connection. Multiple question and answer sessions with active audience engagement will be present during the course and special consideration for diversity, equity, and inclusion through lifestyle interventions will be presented throughout the course.

Does rTMS Work for That? A Practical Clinical Update on Latest Advances and When to Refer

Course Date and Time:
July 14, 2023, 1:00 – 5:00 p.m. ET

Course Faculty:
Mark George, M.D.; Lindsay Oberman, Ph.D.; Lysianne Beynel; Suzanne Kerns, MBBS, M.D.

CME Offered:
4 AMA PRA Category 1 Credits™.

Learning Objectives:
» Evaluate the current FDA approved indications for rTMS.
» Explain studies using TMS in adolescents and children.
» Apply methods of combining TMS with cognitive behavioral therapy.
» Recognize recent advances and trends in using TMS for treating depression.
Primary Topic:
Treatment (other non-pharmacological)

Abstract:
Repetitive transcranial magnetic stimulation (rTMS) was FDA-approved in 2008 for treating depression. 5 years later it is emerging as an important new approach for the practicing psychiatrist. There are over 7 FDA-approved TMS devices, and new FDA indications emerge each year. This course is geared toward the practicing psychiatrist who wants to understand who to refer for TMS, and what outcomes to expect.

As in many areas of medicine and science, there are many who claim more than TMS can deliver. Dr. Suzanne Kerns will start with an overview of what is known about TMS clinical outcomes for depression, discussing acute and chronic remission rates and side effects. Following that comprehensive update and review, Dr. Lindsay Oberman will discuss pioneering work using TMS for treating children and adolescents. Next, Dr. Lysianne Beynel will provide examples of how to combine TMS with talking or behavioral therapies, to improve outcomes or foster durability. Finally, Dr. George will review TMS for other neuropsychiatric disorders including smoking cessation, OCD and anxious depression. This will be responsive workshop with ample time for participant questions of faculty and discussion.

Registration and Access to Courses
Visit the Education Center to learn more about registering for a Summer Virtual Course.

Summer Virtual Courses will be released during the weeks following the Annual Meeting. Please see course descriptions for additional information regarding release dates and Live Skills Trainings.

How to Claim Credit
Participants who wish to earn 4.0 AMA PRA Category 1 Credit™ or a certificate of participation may do so by completing all sections of the course including the live learning sessions and course evaluations. After evaluating the program, course participants will be provided with an opportunity to claim hours of participation and print an official CME certificate (physicians) or certificate of participation (other disciplines) showing the event date and hours earned.

Questions?
For technical assistance or questions about any of these courses, email LearningCenter@psych.org.

psychiatry.org/VirtualCourses
Moscone Center Maps

**MOSOCONE NORTH**
- NORTH LOBBY
  - APA Newsroom
  - Luggage/Coat Check
- EXHIBITION LEVEL
  - Opening Session + Convocation (Hall F)
  - APA Art Association Exhibit (Lower Lobby)

**MOSOCONE SOUTH**
- SOUTH LOBBY
  - Registration
  - Education Center
  - CME Certificate of Attendance & Evaluation
  - On Demand Sales
  - APA Housing Desk
  - APA Newsroom
  - APA Information Center
  - Exhibitor Registration
  - International Housing Desk (in Registration)
  - Shuttle Bus Desk
  - APA Foundation (Saturday + Sunday only)
- SECOND LEVEL
  - Rooms 201 - 216
  - Session Overflow (Rooms 207, 208, 215, 216)
- THIRD LEVEL
  - Rooms 301 - 314
- UPPER MEZZANINE
  - Luggage/Coat Check
- EXHIBITION LEVEL
  - Exhibits (Halls A-C)
    - APA Bookstore
    - APA Central
    - APA JobCentral
    - APA Lounges
  - Mental Health Innovation Zone (Hall B Foyer)
  - MindGames (Hall B Foyer)
  - Posters (Hall B Foyer)
- LOWER MEZZANINE
  - Lost and Found
  - Nursing Mother’s Pod (Near Room 50)

**MAP KEY**
- Building Entrances
- Walking Path
- North/South Corridor
Serious mental illness (SMI) involves complex situations. That means mental health clinicians often make complex choices during a crisis.

Now you can access My Mental Health Crisis Plan, a new app from SMI Adviser. It helps individuals in your care create a crisis plan. This app can improve continuity of care. Enhance the therapeutic alliance. Involve family members in treatment. And empower people to advocate at a time when individuals need it most.

This is just one of many free resources from SMI Adviser.
APA MOORE EQUITY IN Mental Health Initiative

LIST OF EVENTS

Community Fair in partnership with Morgan State University - Saturday, July 8, 2023
An event to provide Washington, D.C., Maryland, and Virginia communities with mental health information and resources, connect individuals with mental health services, and foster a day of family fun with games, music, prizes and more.

Sneaker Soirée - Friday, July 21, 2023
An evening dedicated to promoting awareness around the mental health inequities and opportunities for promoting mental health and well-being for youth of color. We look forward to seeing you and your best sneakers.

5K: Run, Walk, & Roll benefiting the APAF Community Grants Program - Saturday, July 29, 2023
Run, walk, and roll individually or with your community in Wheaton, MD, across the country and across the globe to raise awareness and combat mental health inequities facing young people of color.

Register today at psychiatry.org/5k

Youth Summit in partnership with DC’s Marion Barry Youth Leadership Institute - Wednesday, July 12, 2023
A day of programming in partnership with the Marion Barry Youth leadership Institute to empower and center the voices of young people of color in Washington, D.C., featuring speakers, workshops, and resources from adolescent-psychiatry experts.

Virtual Roundtables
Virtual conversations that give attendees the opportunity to gain a deeper understanding of mental health issues spanning from athletes, advocacy, community-based interventions, and beyond.

Community Grants
A program managed by the APA Foundation that supports community organizations that have undertaken innovative awareness programs and/or are providing services to improve the mental health of young people of color.

For more information scan the QR code or visit: psychiatry.org/mooreequity
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PsychPRO: Your Comprehensive Mental Health Clinical Data Registry

Created by the American Psychiatric Association, PsychPRO helps healthcare organizations measure mental health care quality and improve patient outcomes.

The drumbeat of value-based care and improved quality outcomes is growing louder and echoing through every part of health care.

The inherently nuanced nature of mental health makes it challenging to evaluate clinician performance or patient progress objectively.

How can you demonstrate quality and provide advanced, evidence-based care that leads to better outcomes while maintaining reimbursement levels and retaining clinicians?

The path to clear mental health care standards is finally here.

PsychPRO retrieves, aggregates, and analyzes EHR and other application data to uncover best practices, inform providers, and generate reliable, accurate benchmarks.

Evaluate or compare performance in-house or against other high-quality organizations with:

- User-Friendly Dashboards
- Efficient Workflows
- Easy Tracking
- Insightful Visualizations
A Continually-Evolving, Holistic View of Mental Health Quality Data

PsychPRO continuously learns by incorporating and analyzing clinical data from a broad spectrum of mental health professionals. We discover and refine best practices and identify optimal care standards to measure and evaluate patient progress, making information easily accessible.

An Advanced CMS-Qualified Clinical Data Registry, Designed for You

EHR Integration • Patient Portal & Applications Integration • Psychiatric Data Aggregation • Data Integrity & Oversight • HIPAA Compliance

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PsichPRO Features
✓ User Management
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✓ Patient Records
✓ Patient-Reported Outcome Measures
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✓ MIPS Explorer
✓ Standard File Validator

Join us as we transform the future of mental health care — together.

To learn more, visit: psychiatry.org/PsychPRO
MENTAL HEALTH CARE WORKS.

Because you do.
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Visit the Foundation Booth, APA Central.
Please join APA leadership, colleagues, resident fellows, and partners for an elegant evening of entertainment, dancing and California-fusion inspired cuisine.

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Monday, May 22
7:00 - 10:00 PM
San Francisco Museum of Modern Art

TICKETS
Visit apafdn.org/benefit
General Admission: $250

Questions?
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**Alkermes ISS Program in Serious Mental Illness**

Alkermes responds to unsolicited requests for support of investigator sponsored studies (ISS) in which investigators and/or their affiliated institutions assume responsibility for all aspects of the study, including design, regulatory/IRB approval and reporting, initiation, conduct and monitoring of the study, as well as analysis and publication of study results.

Investigator sponsored study grants are awarded solely for the purpose of advancement or enhancement of disease understanding or clinical outcomes with the goal of publishing the research results.

**Information for Applicants**

The ISS program accepts submissions from applicants with varied education and training backgrounds including MDs, PhDs, PAs, PharmDs, NPs, and RNs.

The following types of research are considered for submission to the ISS program:

- Interventional
- Observational
- Monitoring: surveillance
- Use of registry data
- Historical chart review
- Secondary research or meta-analysis
- Patient reported outcomes

Refer to [http://ISS.Alkermes.com](http://ISS.Alkermes.com) for a complete listing of the therapeutic areas of research interest, submission deadlines and additional information about the program.

**VIST BOOTH #341**

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May 20-23, 2023

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11:45 a.m. - 4:00 p.m.
Monday 9:15 a.m. - 10:30 a.m.
11:45 a.m. - 4:00 p.m.
Tuesday 9:15 a.m. - 10:30 a.m.
11:45 a.m. - 1:30 p.m.

**The Penn State Health Milton S. Hershey Medical Center**

The Penn State Health Milton S. Hershey Medical Center Department of Psychiatry and Behavioral Health is currently recruiting board-eligible/certified psychiatrists for inpatient, consultation-liaison and outpatient positions in adult, child/adolescent and addiction psychiatry.

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egeist@pennstatehealth.psu.edu

EOE
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There may be other neurotransmitters at play in major depressive disorder (MDD) and postpartum depression (PPD).

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