



## CME & Continuing Certification Activities Guide

The American Psychiatric Association (APA) offers a number of educational initiatives that provide high-quality and innovative continuing medical education (CME) for psychiatrists and other mental health clinicians with the ultimate goal of advancing patient care. Please see below for a list of CME activities that assist APA members and the American Board of Psychiatry and Neurology (ABPN) diplomates in meeting the four components of Continuing Certification (CC) requirements.

APA reports CME and CC completion data on behalf of our members directly to ABPN, however, diplomates are still required to log on to their [ABPN Physician Portal](#) at least once per calendar year to attest to completion of their activities. Please [click here](#) for more information on the ABPN CC Requirements.

### Professionalism and Professional Standing

To show evidence of professional standing, all board-certified physicians must continuously hold an active, full, and unrestricted license to practice medicine in at least one state, commonwealth, territory, or possession of the United States, or province of Canada. Full details of licensure requirements can be found in the General Information and Board Policies publication on the [ABPN website](#). Licenses must be kept up to date in an [ABPN Physician Portal](#).

### CME, Self-Assessment (SA) and Patient Safety

#### CME

**In support of improving patient care, the American Psychiatric Association (APA) is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.**

Title	CME Credit	CC Requirement	Cost
<a href="#">APA Learning Center</a>	The APA provides CME credit for Learning Center activities based on the length of each educational offering.	Part 2	Most APA webinars and eLearning courses are free; Some cost to enroll or attend at a discounted rate for members.

## Self-Assessment (SA)

The APA offers self-assessment activities to help physicians assess current knowledge in major topics in psychiatry, providing feedback that can be used as the subsequent basis for focused CME, lifelong learning, and/or professional development.

Title	CME Credit	CC Requirement	Cost
<a href="#">2026 APA Annual Meeting Self-Assessment in Psychiatry</a>	APA designates this enduring material CME activity for a maximum of 8 <i>AMA PRA Category 1 Credits™</i> .	Part 2	Free to APA members and ABPN Diplomates
<a href="#">2024 FOCUS Self-Assessment Exam</a>	The APA designates the <b>Focus Self-Assessment Examination</b> for a maximum of 24 <i>AMA PRA Category 1 Credits™</i> .	Part 2	Free to <a href="#">FOCUS Journal Subscribers</a>

For more information on Continuing Certification SA Requirements [click here](#).

## Assessment of Knowledge, Judgment, and Skills

ABPN has selected over 50 APA articles as part of their Article-Based Continuing Certification (ABCC) Pathway. As a member benefit, APA is providing these articles free to members along with CME credit for reading each article. Each article is accredited for 1 *AMA PRA Category 1 Credit™*.

Title	CME Credits	CC Requirement	Cost
<a href="#">Lifelong Learning: Continuous Certification Articles</a>	The APA designates each article for a maximum of 1 <i>AMA PRA Category 1 Credits™</i> . <b>Learners must complete assessments for each article on the ABPN website.</b>	Part 3	Free to APA members and ABPN Diplomates

For more information on Article-Based Continuing Certification (ABCC) Pathway Requirements [click here](#).

## Improvement in Medical Practice (PIP)

The APA's PIP modules are guided practice improvement programs created for psychiatrists and are designed to meet Part 4 Continuing Certification requirements for clinical modules. PIP Modules follow a three-stage Performance Improvement CME structure that takes place within a 24-month period. Psychiatrists can earn up to 20 AMA PRA Category 1 credits™ for the completion of each 3-stage module.

Title	CME Credits	CC Requirement	Cost
<a href="#">PIP: Practice Assessment Tool for the Care of Patients With Eating Disorders</a>	The APA designates this PIP CME activity for a maximum of 20 AMA PRA Category 1 Credits™.	Part 4	Free to APA members and <a href="#">FOCUS journal subscribers</a> ; \$399 for non-members
<a href="#">PIP: Practice Assessment Tool of the Care of Patients with Borderline Personality Disorder</a>	The APA designates this PIP CME activity for a maximum of 20 AMA PRA Category 1 Credits™.	Part 4	Free to APA members and <a href="#">FOCUS journal subscribers</a> ; \$399 for non-members
<b>For more information on Part 4 PIP requirements <a href="#">click here</a>.</b>			

## Additional APA CME Offerings

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Below are additional live and enduring CME activities that are provided to APA members:

Title	CME Credit	Cost
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<a href="#">APA Annual Meeting</a>	The APA designates this live meeting for a maximum of 43 <i>AMA PRA Category 1 Credits™</i> .	Cost to attend
<a href="#">MindSET- An Education Subscription</a>	Credit can be claimed at the individual course-level.	Annual Subscription
<a href="#">Focus: The Journal of Lifelong Learning in Psychiatry</a>	The APA designates the Quarterly Focus Article Quizzes for a maximum of 5 <i>AMA PRA Category 1 Credits™</i> .  <i>*Up to 20 CME credits annually</i>	Annual Subscription
<a href="#">American Journal of Psychiatry</a>	The APA designates each AJP journal-based CME activity for a maximum of 1 <i>AMA PRA Category 1 Credit™</i> .  <i>*Up to 36 CME credits annually (3 CME articles per month)</i>	Annual Subscription
<b>For more information on APA Education</b> <a href="#">click here.</a>		

Questions? Please contact us at [educme@psych.org](mailto:educme@psych.org) for any questions about APA educational offerings.