

A vertical photograph of the Golden Gate Bridge in San Francisco, taken from a low angle looking up the bridge deck. The bridge's red-orange towers and cables are prominent against a sky transitioning from blue at the top to a warm orange and yellow at the bottom, suggesting a sunset or sunrise. The bridge deck is filled with cars, and the surrounding landscape is visible in the background.

A CALL TO ACTION:

NIAAA *PRESENTS:*

IMPROVING CARE

2023 ANNUAL MEETING

AT THE

MAY 20-24, 2023

INTERSECTION OF

SAN FRANCISCO, CA

PSYCHIATRY AND

MOSCONE CENTER

ALCOHOL USE

AMERICAN
PSYCHIATRIC
ASSOCIATION



National Institute
on Alcohol Abuse
and Alcoholism

**A CALL TO ACTION: IMPROVING CARE AT THE
INTERSECTION OF PSYCHIATRY AND ALCOHOL USE**



AT-A-GLANCE AGENDA

**DAY 1
5/20**

10:30 AM – 12:00 PM

**Facilitating Alcohol Recovery in the
Context of a Learning Healthcare System:
Challenges and Opportunities for
Improving Care Delivery and Research**

Room 211
PLENARY SESSION

Speaker:

Stacy Sterling, D.P.H., M.P.H., M.S.W.

8:00 AM – 9:30 AM

**Overcoming Disparities in Alcohol
Treatment Among BIPOC Women**

Room 211
PANEL SESSION

Chair:

Deidra Roach, M.D.

Speakers: Catherine McKinley, Ph.D.,
L.M.S.W.; Ayana Jordan, M.D., Ph.D.;
Christina Lee, Ph.D.

10:30 AM – 12:00 PM

**Closing the Treatment Gap:
How Can Psychiatry Help?**

Room 211
PANEL SESSION

Chair:

Laura Kwako, Ph.D.

Speakers: Carrie Mintz, M.D.;
Nassima Ait-Daoud, M.D.; Lewei Lin, M.D.

1:30 PM – 3:00 PM

**Recovery, Remission, Cessation: New
Operational Definitions to Assist in the
Evaluation of Treatments and Outcomes**

Room 211
PANEL SESSION

Chair: Brett Hagman, Ph.D.

Speakers: Paul A. Gilbert, Ph.D.;
Christine Timko, Ph.D.; Sarah Zemore, Ph.D.

3:45 PM – 5:15 PM

**Double Trouble: Management of AUD and
Co-Occurring Disorders**

Room 211
PANEL SESSION

Chair: Laura Kwako, Ph.D.

Speakers: Kathleen Brady, M.D., Ph.D.;
Ismene Petrakis, M.D.;
Geetanjali Chander, M.D., M.P.H.

**DAY 2
5/21**



AT-A-GLANCE AGENDA



DAY 3 5/22

8:00 AM – 9:30 AM

Getting to the Core: The NIAAA Healthcare Professional's Core Resource on Alcohol and Other Alcohol Education Resources for Healthcare Providers

Speakers: Laura Kwako, Ph.D.;
Katharine Bradley, M.D., M.P.H.

Room 211
PANEL SESSION

1:30 PM – 3:00 PM

The Promise of Precision Medicine for Treating Alcohol Use Disorder and PTSD

Speaker: Charles R. Marmar, M.D.

Room 211
PLENARY SESSION

3:45 PM – 5:15 PM

Alcohol Use Disorder as the 'Elephant in the Room': The Changing Conversation Around Alcohol in the United States

Speaker: George F. Koob, Ph.D.

Room 157
PLENARY SESSION

DAY 4 5/23

8:00 AM – 9:30 AM

Harmful Alcohol Use in Women: New Horizons in Assessment and Treatment

Chair: Deidra Roach, M.D.

Speakers: Kathleen Brady, M.D., Ph.D.;
Ismene Petrakis, M.D.; Grace Chang, M.D.

Room 211
PANEL SESSION

DAY 5 5/24

1:30 PM – 3:00 PM

Shared Care: The Integration of Alcohol-Associated Organ Damage and Psychiatric Care

Chair: Laura Nagy, Ph.D.

Speakers: Arun Sanyal, M.D.;
Anne Fernandez, Ph.D.;
Mandana Khalili, M.D.

Room 211
PANEL SESSION

WELCOME LETTER



May 2023

Dear Colleague:

On behalf of the National Institute on Alcohol Abuse and Alcoholism/National Institutes of Health (NIAAA/NIH) and the American Psychiatric Association (APA), it is our privilege to welcome you to the NIAAA research-based track, A Call to Action: Improving Care at the Intersection of Psychiatry and Alcohol Use, during the 176th Annual Meeting of the American Psychiatric Association in San Francisco, California.

The NIAAA-supported sessions featured in this research track include lectures, symposia, and forums by some of the world's leading scientists that will address the aforementioned and other topics of importance to general psychiatrists.

Examples of presentations include:

- *Overcoming Disparities in Alcohol Treatment Among BIPOC Women*
- *Recovery, Remission, Cessation: New Operational Definitions to Assist in the Evaluation of Treatments and Outcomes*
- *Getting to the Core: The NIAAA Healthcare Professional's Core Resource on Alcohol and Other Alcohol Education Resources for Healthcare Providers*
- *Alcohol Use Disorder as the 'Elephant in the Room': The Changing Conversation Around Alcohol in the United States*
- *Shared Care: The Integration of Alcohol-Associated Organ Damage and Psychiatric Care*

In addition to providing updates on new research, several sessions will focus on the development of clinical knowledge and skills. We look forward to sharing the NIAAA research series with you, and hope you find it both educational and inspirational.

A handwritten signature in black ink that reads "George F. Koob".

George F. Koob, Ph.D.

Director

National Institute on
Alcohol Abuse and Alcoholism

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ORGANIZING COMMITTEE



NIAAA STAFF

George F. Koob, Ph.D.
NIAAA Director

Patricia Powell, Ph.D.
NIAAA Deputy Director

Vicki Buckley, M.B.A.
NIAAA Executive Officer

Raye Z. Litten, Ph.D.
Director,
Division of Treatment and Recovery

Laura Kwako, Ph.D.
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Director, Office of the Director

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Medical Program Officer
Division of Treatment and Recovery

Brett Hagman, Ph.D.
Program Director, Division of Treatment and Recovery

Kathy Jung, Ph.D.
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Svetlana Radaeva, Ph.D.
Deputy Director,
Division of Metabolism and Health Effects

Bridget Williams-Simmons, Ph.D.
Director, Office of Science Policy and Communications

Julie Simonds
Program Specialist

AMERICAN PSYCHIATRIC ASSOCIATION

Rebecca Brendel, M.D., J.D.
2022 – 2023 APA President

Eric R. Williams, M.D.
Chairperson, 2023 Annual Meeting
Scientific Program Committee

Joseph A. Cheong, M.D.
Vice-Chairperson, 2023 Annual Meeting
Scientific Program Committee

Saul Levin, M.D., M.P.A.
CEO and Medical Director

Vishal Madaan, M.D.
Chief, Division of Education

Austin DeMarco
Interim Director
Office of Scientific Programs

Maggie Dougherty
Project Manager
Office of Scientific Programs

Brittany Bullamore
Project Coordinator
Office of Scientific Programs

HIGHLIGHTS & CONFERENCE INFORMATION



FEATURED SESSIONS



Overcoming Disparities in Alcohol Treatment Among BIPOC Women

Deidra Roach, M.D.

Catherine McKinley, Ph.D., L.M.S.W.

Ayana Jordan, M.D., Ph.D.

Christina Lee, Ph.D.

Sunday, May 21 • 8:00 AM – 9:30AM

Room 211



Recovery, Remission, Cessation: New Operational Definitions to Assist in the Evaluation of Treatments and Outcomes

Brett Hagman, Ph.D.

Paul A. Gilbert, Ph.D., Christine Timko, Ph.D.

Sarah Zemore, Ph.D.

Sunday, May 21 • 1:30 PM – 3:00 PM

Room 211



Getting to the Core: The NIAAA Healthcare Professional's Core Resource on Alcohol and Other Alcohol Education Resources for Healthcare Providers

Laura Kwako, Ph.D.

Katharine Bradley, M.D., M.P.H.

Monday, May 22 • 1:30 PM – 3:00 PM

Room 211



Alcohol Use Disorder as the 'Elephant in the Room': The Changing Conversation Around Alcohol in the United States

George F. Koob, Ph.D.

Sunday, May 21 • 3:45 PM – 5:15 PM

Room 157



Shared Care: The Integration of Alcohol-Associated Organ Damage and Psychiatric Care

Laura Nagy, Ph.D.

Arun Sanyal, M.D., Anne Fernandez, Ph.D.

Mandana Khalili, M.D.

Wednesday, May 24 • 1:30 PM – 3:00 PM

Room 211

CONTINUING MEDICAL EDUCATION (CME)

The NIAAA Research Track is part of the American Psychiatric Association (APA) Annual Meeting Scientific Program. This track includes presentations focused on improving patient care at the intersection of psychiatry and alcohol use. Specific topics include but are not limited to those on minority health and health disparities; comorbid psychiatric disorders and alcohol use disorder; and newly-developed NIAAA resources to assist practicing healthcare professionals.

In support of improving patient care, the American Psychiatric Association is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The APA designates this live activity for a maximum of *43 AMA PRA Category 1 Credits*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Any non-physicians will receive a Certificate of Participation from APA that states how many hours of education they participated in and shows that we are accredited to provide AMA PRA Category 1 Credit™. Psychologists or any other non-physicians will need to check with their state licensing board to see if they will accept AMA PRA Category 1 Credit™ or a certificate of participation towards their education requirements.

WEBSITE

Information about NIAAA research, programs, and publications is available on the NIAAA website: www.niaaa.nih.gov.

DETAILED AGENDA

DAY 1 • SATURDAY, MAY 20



TIME	SESSION / SPEAKERS	OBJECTIVES
10:30 AM – 12:00 PM Room 211 PLENARY SESSION	Facilitating Alcohol Recovery in the Context of a Learning Healthcare System: Challenges and Opportunities for Improving Care Delivery and Research Speaker: Brett Hagman, Ph.D.	<ul style="list-style-type: none"> • Identify key barriers to and facilitators of the continuum of care for alcohol use problems in the context of healthcare settings • Discuss components of recovery-supportive healthcare, for the spectrum of alcohol use problems from unhealthy drinking to severe alcohol use disorders • Identify factors associated with early, sustained, and stable recovery from alcohol use problems, among healthcare patients • Describe the uses of an alcohol registry for facilitating research and improving quality of care for people with alcohol problems

DETAILED AGENDA

DAY 2 • SUNDAY, MAY 21



TIME	SESSION / SPEAKERS	OBJECTIVES
8:00 AM – 9:30 AM Room 211 PANEL SESSION	Overcoming Disparities in Alcohol Treatment Among BIPOC Women Chair: Deidra Roach, M.D. Speakers: Catherine McKinley, Ph.D., L.M.S.W. Ayana Jordan, M.D., Ph.D. Christina Lee, Ph.D.	<ul style="list-style-type: none"> • Describe the latest findings regarding the prevalence and trends in problem drinking among American Indian, African American women, and Hispanic American women • Summarize the most salient risk factors for problem drinking in American Indian, African American, and Hispanic American women • Identify some of the unique barriers to treatment access among BIPOC women and effective approaches to overcoming those barriers • Describe at least one promising treatment program for each group. Discuss the strengths and limitations of these programs; barriers and possible solutions to implementation challenges

TIME	SESSION / SPEAKERS	OBJECTIVES
10:30 AM – 12:00 PM Room 211 PANEL SESSION	Closing the Treatment Gap: How Can Psychiatry Help? Chair: Laura Kwako, Ph.D. Speakers: Carrie Mintz, M.D. Nassima Ait-Daoud, M.D. Lewei Lin, M.D.	<ul style="list-style-type: none"> • Describe ways that big data may be used to identify barriers to and facilitators of receiving treatment for AUD • Describe how e-consultation may be used in psychiatry to reduce the treatment gap in alcohol health services • Describe the role of telehealth in increasing access to treatment for individuals with AUD

TIME	SESSION / SPEAKERS	OBJECTIVES
1:30 PM – 3:00 PM Room 211 PANEL SESSION	Recovery, Remission, Cessation: New Operational Definitions to Assist in the Evaluation of Treatments and Outcomes Chair: Brett Hagman, Ph.D. Speakers: Paul A. Gilbert, Ph.D. Christine Timko, Ph.D. Sarah Zemore, Ph.D.	<ul style="list-style-type: none"> • Identify the important components of the newly released NIAAA research definition of recovery from DSM-5 AUD • Understand more about the many pathways to recovery among those who do not seek treatment • Understand how recovery is defined and operationalized for concerned others (e.g., family members; loved ones)

TIME	SESSION / SPEAKERS	OBJECTIVES
3:45 PM – 5:15 PM Room 211 PANEL SESSION	Double Trouble: Management of AUD and Co-Occurring Disorders Chair: Laura Kwako, Ph.D. Speakers: Kathleen Brady, M.D., Ph.D. Ismene Petrakis, M.D. Geetanjali Chander, M.D., M.P.H.	<ul style="list-style-type: none"> • Describe the essential elements of the COPE treatment for AUD/PTSD • Identify three different medications that may be used to treat AUD/PTSD • Describe how unhealthy alcohol use contributes to poorer outcomes for PWH and PWTB

DETAILED AGENDA

DAY 3 • MONDAY, MAY 22



TIME	SESSION / SPEAKERS	OBJECTIVES
8:00 AM – 9:30 AM Room 211 PANEL SESSION	Getting to the Core: The NIAAA Healthcare Professional's Core Resource on Alcohol and Other Alcohol Education Resources for Healthcare Providers Speakers: Laura Kwako, Ph.D. Katharine Bradley, M.D., M.P.H.	<ul style="list-style-type: none"> • Describe five topics included in the Healthcare Professional's Core Resource on Alcohol (HPCR) • Identify which HPCR topics are most relevant for practicing psychiatrists • Describe how the Alcohol Symptom Checklist may be used to improve care for individuals with AUD

DETAILED AGENDA

DAY 3 • MONDAY, MAY 22



TIME	SESSION / SPEAKERS	OBJECTIVES
1:30 PM – 3:00 PM Room 211 PLENARY SESSION	The Promise of Precision Medicine for Treating Alcohol Use Disorder and PTSD Speaker: Charles R. Marmar, M.D.	<ul style="list-style-type: none"> • Understand the role of precision medicine in advancing diagnostics, treatment and prevention of alcohol use disorder and PTSD • Understand computational approaches to identify likely responders in randomized clinical trials based on individual clinical, cognitive data • Understand the roles of demographics, clinical features, neurocognitive functioning, pharmacogenomics and neural circuitry in advancing precision medicine

TIME	SESSION / SPEAKERS	OBJECTIVES
3:45 PM – 5:15 PM Room 157 PLENARY SESSION	Alcohol Use Disorder as the ‘Elephant in the Room’: The Changing Conversation Around Alcohol in the United States Speaker: George F. Koob, Ph.D.	<ul style="list-style-type: none"> • Define the negative consequences of alcohol misuse • Identify positive societal changes related to consumption • Describe drivers of AUD and alcohol misuse amplified by the COVID-19 pandemic

DETAILED AGENDA

DAY 4 • TUESDAY, MAY 23



TIME	SESSION / SPEAKERS	OBJECTIVES
8:00 AM – 9:30 AM Room 211 PANEL SESSION	Harmful Alcohol Use in Women: New Horizons in Assessment and Treatment Chair: Deidra Roach, M.D. Speakers: Kathleen Brady, M.D., Ph.D. Ismene Petrakis, M.D. Grace Chang, M.D.	<ul style="list-style-type: none"> • Describe at least one evidence-based approach to screening for and treating harmful substance in women in primary care settings • Describe one or more promising strategies for treating substance use in pregnant people • Articulate the rationale for targeting stress pathophysiology as an effective treatment strategy for women who use alcohol and other substances at harmful levels

DETAILED AGENDA

DAY 5 • WEDNESDAY, MAY 23



TIME

1:30PM – 3:00PM
Room 211

PANEL SESSION

SESSION / SPEAKERS

Shared Care: The Integration of Alcohol-Associated Organ Damage and Psychiatric Care

Chair: Laura Nagy, Ph.D.

Speakers:

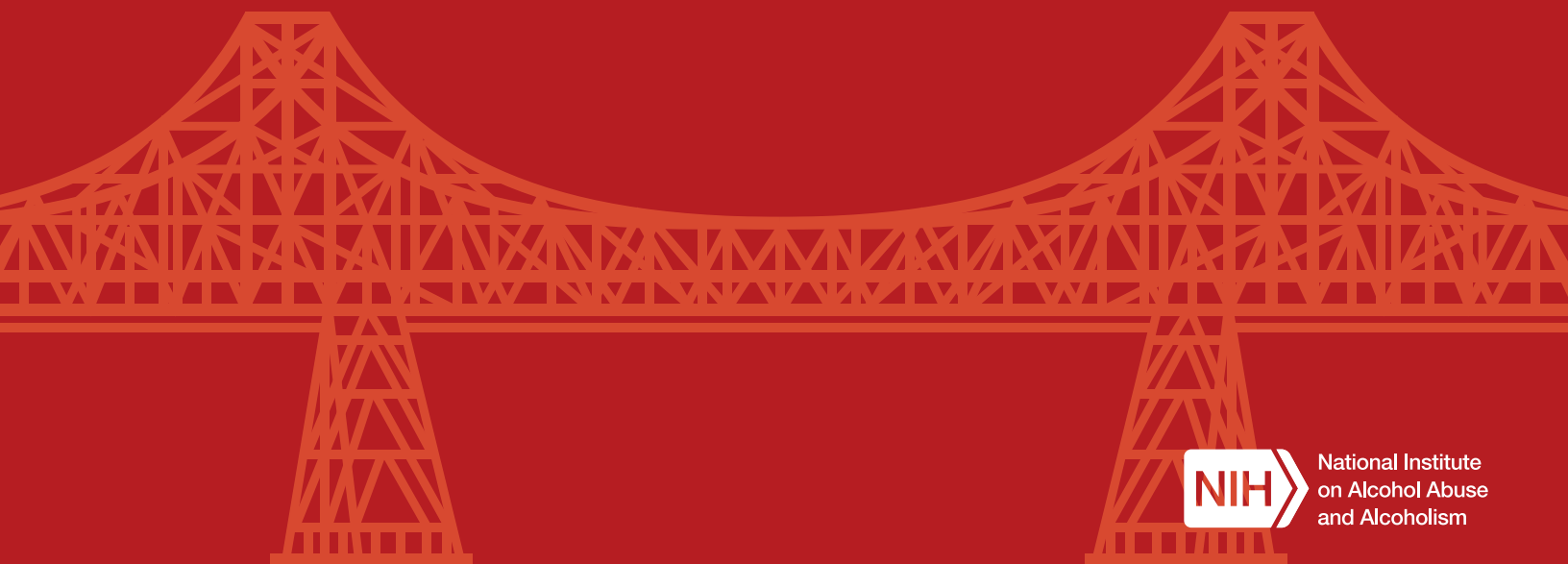
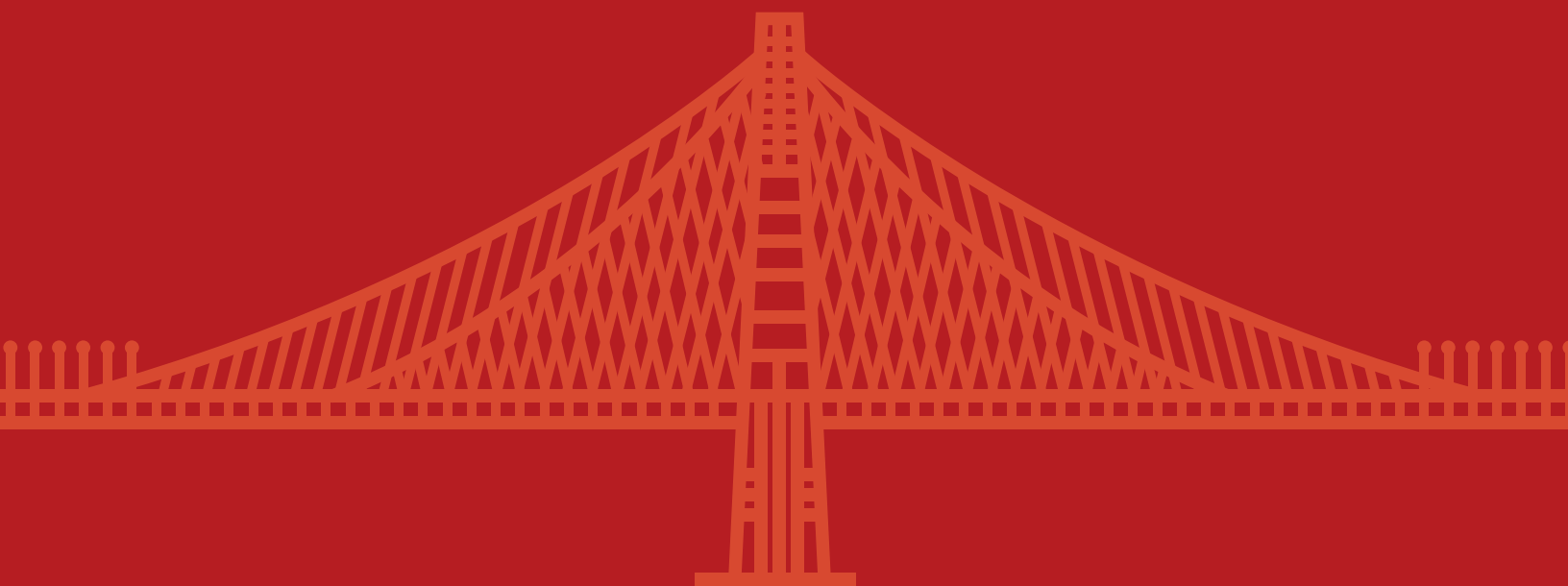
Arun Sanyal, M.D.
Anne Fernandez, Ph.D.
Mandana Khalili, M.D.

OBJECTIVES

- Identify four organ systems that may be damaged by heavy alcohol consumption
- Describe lessons learned from the integration of care for individuals with comorbid AUD, mental illness, and liver disease
- Describe how telehealth may be used to treat individuals in vulnerable populations with comorbid AUD and liver disease

FLOOR PLAN





National Institute
on Alcohol Abuse
and Alcoholism