

*Please Join Us for Otsuka's Product Showcase at the
American Psychiatric Association 2023 Annual Meeting*

The Potential of Digital Therapeutics for the Treatment of Depression

Saturday | May 20, 2023 | 3:00–4:00 PM

Room: Product Showcase #2



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Digital therapeutics (DTx) have the potential to increase patient access to mental health care and may help with healthcare professional (HCP) time constraints, stigma, and healthcare disparities. However, before considering DTx for their patients with depression, HCPs should first understand what they are and what they involve. This presentation will review potential benefits and drawbacks, barriers, and considerations in the use of DTx; nuances in clinical trial design and the regulatory pathway; current evidence for DTx in depression; and future directions for increasing uptake and engagement.

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