

*Pro Tip: Title clearly defines the session focus and target audience signaling relevance and scope.*

## **Publishing During Training: Tips and strategies for first time authors from the AJP-Residents' Journal Editorial Board**

Publishing peer-reviewed manuscripts is important for academic career development, with publication records playing a role in academic promotion (1). For psychiatry trainees, involvement in scholarly activity helps develop skills critical thinking and communication skills. Participation in scholarly activity falls under the ACGME core clinical competency of “Practice-Based Learning and Improvement” (2). First-time authors face numerous challenges to publishing such as limited understanding of the publication process, lack of mentorship, and struggling with receiving critical peer review feedback.

*Protip: Opening identifies a real-world training gap and constraints, reflecting strong clinical/educational content.*

Since its inception in 2006, the entirely trainee-run *American Journal of Psychiatry-Residents Journal* (AJP-RJ) has provided numerous opportunities for trainees to publish early in their careers (3, 4). In this session, members of the *AJP-RJ* editorial board will share tips and strategies for first-time authors. This session is geared toward medical students, psychiatry trainees, and their educators. Using a combination of didactics and active discussion with *AJP-RJ* editorial board members, participants will learn how to choose a target journal, identify predatory journals, prepare manuscripts, respond to peer review (5), and write an effective peer review. Given the advancements in artificial intelligence (AI) technology over the past year, we will also examine the role of generative AI in academic writing. At the end of this session, the peer review and publication process will be demystified for trainees.

*Protip: Session content is operationalized (e.g., choosing journals, identifying predatory journals, responding to peer review), using mechanism-oriented verbs that signal practical skill acquisition rather than passive discussion. Clear session structure includes didactics, discussion and inclusion of active audience participation*

0:00 Introduction

0:05 Brief overview of the AJP-RJ and its mission

0:15 Overview of the manuscript publication process and “roadmap” to publishing

0:25 Authorship Pearls for Manuscript Preparation

*Protip: Strong program/agenda. The abstract clearly describes what will happen in the room (didactics + active discussion). Always end the session with 15 minutes of Q&A.*

0:45 Working Through Peer Review

1:00 Role of Generative AI Technology in Academic Publishing

1:10 Summary and Concluding Remarks

1:15 Q&A session