

The U.S. Hispanic Population & Hispanic Mental Health

Facts for Patients and Families



20% of Americans are Hispanic



79% are U.S. citizens



67% were born in the U.S.



68% speak a language other than English at home

U.S. HISPANIC POPULATION, BY ORIGIN



57% Mexican

11% Central American

9% Puerto Rican

8% South American

6% Other Hispanic or Latino

4% Dominican

4% Cuban

DISCRIMINATION

33% of Hispanic Americans have experienced discrimination when seeking healthcare

SUICIDE

Suicide is the second leading cause of death among Hispanics aged 25-34

DEMENTIA

Hispanic adults are 1.5 times more likely than whites to have dementia

HISPANIC MENTAL HEALTH

Compared to the total population, US Hispanics are:

- Less likely to experience serious psychological distress (13% vs 14%)
- Less likely to receive mental healthcare (16% vs 23%)
- Twice as likely to be without health insurance (25% vs 12%)

HEALTH INSURANCE AND MENTAL HEALTH TREATMENT

