A YOUTH SUMMIT ON MENTAL WELLBEING

JOIN US TO:
GET MENTAL HEALTH RESOURCES AND SUMMIT SWAG.
CONNECT WITH PEERS AND MENTAL HEALTH CLINICIANS.
WIN PRIZES AND MEET OUR AMAZING SPEAKERS!

APA MOORE EQUITY IN MENTAL HEALTH YOUTH SUMMIT
in partnership with the Marion Barry Youth Leadership Institute

JULY 12, 2023
Catholic University

Register today at this QR Code!
Check-In & Opening Remarks  9:30AM - 10:00AM
MBYLI Representative
Regina James, MD, Chief of Diversity & Health Equity, Deputy Medical Director, APA

Mentalish  10:00AM - 10:30AM
Jay Barnett, Mental Health Therapist & Author

Am I Depressed or Just in My Feelings?  10:30AM - 11:00AM
Eric Williams, MD, Child & Adolescent Psychiatrist

SAMHSA Minority Fellows Clinician Panel  11:00AM - 11:30AM
Vishal Madaan, MD, Chief of Education, Deputy Medical Director APA (Moderator)
Psychiatry Fellows (Panelists)

Lunch  11:30AM - 12:30PM

Peer to Peer Support Workshop  12:30PM - 2:00PM
Arthur Ashe Institute for Urban Health

What it Cost Us Author Talk  2:30PM - 3:00PM
Shout Mouse Press Authors:
Joseph Chuku
Najae Purvis
T'Asia Bates

Closing Remarks & Author Meet and Greet  3:00PM - 3:30PM
Jay Barnett is a former NFL player turned Mental Health Therapist, renowned for his expertise in personal development, holistic well-being, finding your voice, and healing. With a unique perspective shaped by his athletic background, Jay empowers individuals and organizations to overcome obstacles, heal from past traumas, and achieve optimal mental health. Through engaging speaking engagements, bestselling books, and transformative programs, he inspires resilience, promotes self-discovery, and fosters a culture of emotional intelligence.

Joseph (he/him) was a junior in high school when he wrote his first book, Shayla’s Shutdown Solution with Shout Mouse Press and was a senior when he wrote his story, “Democracy How?,” in What It Cost Us. Currently, he is trying to find a balance. He has not yet, but he will let you know when he does! In the future, he plans to go to grad school and study medicine in hopes of becoming a radiology oncologist. He wants readers of this book to know that you are never alone. He wants parents to know that it’s okay to listen to kids. And he wants kids to know that their feelings matter.

T’Asia (she/her) was in middle school when she wrote her first book The Day Tajon Got Shot and was 18 when she wrote her story “Not What I Signed Up For” in What It Cost Us. She is a graduate of Benjamin Banneker High School and is currently working and trying to reinvent her clothing business. When she’s older, she would like to be in the art field, working in fashion, painting, drawing, and modeling. She wants readers to know that when things get hard, you can still persevere and find things that make you happy so that you can keep pushing.

Najae Purvis (she/her) was in middle school when she wrote her first book, The Day Tajon Got Shot with Shout Mouse Press and was 19 when she started writing her story, “The Things We Do Not Speak” in What It Cost Us. Currently, a freshman in college studying engineering, she is working on getting business registrations for multiple ventures. She plans on being a licensed architect, realtor, and entrepreneur. In her free time, she does creative projects like art, fashion, and design. She hopes that people are fascinated by the different perspectives presented and that teens are able to connect with the book and realize that they are not alone. Although their story may not be the exact same, this pandemic cost us all something.
Participating Organizations

AMERICAN PSYCHIATRIC ASSOCIATION

arthur ashe institute for urban health

SHOUT MOUSE PRESS

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APAF SAMHSA Minority Fellowship Program