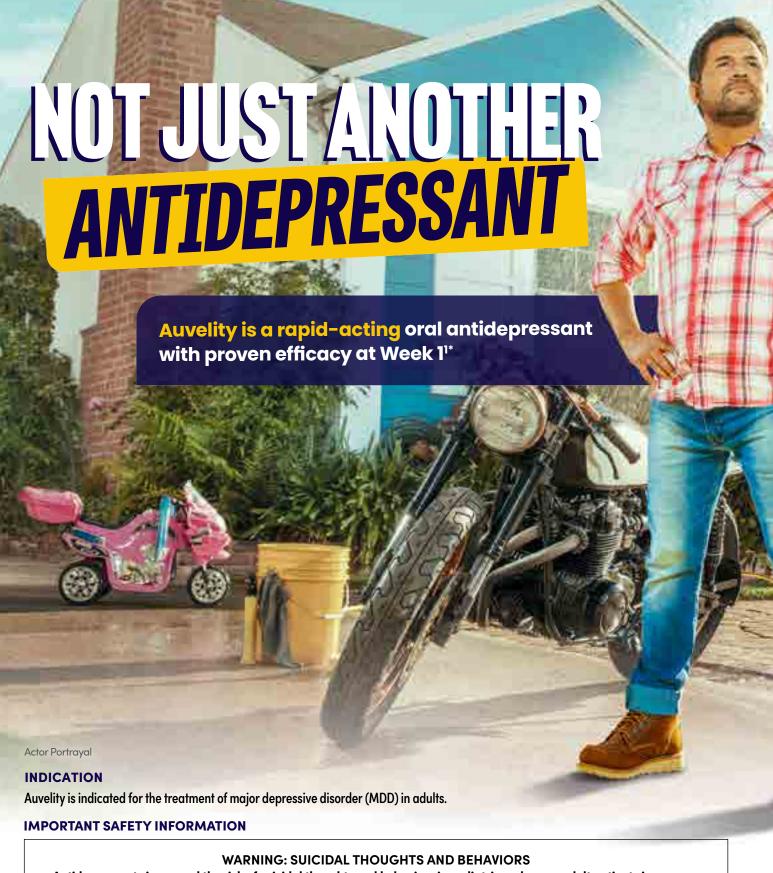


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- Antidepressants increased the risk of suicidal thoughts and behaviors in pediatric and young adult patients in short-term studies.
- Closely monitor all antidepressant-treated patients for clinical worsening, and emergence of suicidal thoughts and behaviors.
- Auvelity is not approved for use in pediatric patients.

Please see additional Important Safety Information and the Brief Summary of Prescribing Information on the following pages, including **Boxed Warning** for suicidal thoughts and behaviors.





Auvelity uses a new approach to treat MDD that is different from other oral antidepressants approved in more than 60 years^{1-4†}

Join us for an educational event:

"Beyond the monoamine hypothesis: Auvelity, a glutamatergic approach to treating major depressive disorder"

Monday, May 22nd
1:00pm-2:00pm PT
The Moscone Center Product Showcase #1,
Booth #130 Exhibition Level, Halls A-C

Presented by:







Gus Alva, MD

*As measured by change from baseline in MADRS total score vs placebo.

†The mechanism of action of Auvelity in the treatment of MDD is unclear.

MADRS=Montgomery-Åsberg Depression Rating Scale

This is an informational event provided by Axsome Therapeutics, Inc. Participants cannot claim CME credit for attending this informational event and participation may be subject to reporting under the Sunshine Act. The Industry Product Showcase content and the views expressed therein are solely those of Axsome and do not represent APA.

Discover the Auvelity difference at booth 349

IMPORTANT SAFETY INFORMATION (CONT'D)

CONTRAINDICATIONS

Seizure: Do not use Auvelity in patients with a seizure disorder.

<u>Current or prior diagnosis of bulimia or anorexia nervosa:</u> A higher incidence of seizure was observed in such patients treated with bupropion.

Undergoing abrupt discontinuation of alcohol, benzodiazepines, barbiturates, and antiepileptic drugs: Due to risk of seizure.

Monoamine Oxidase Inhibitors (MAOIs): Do not use Auvelity concomitantly with, or within 14 days of stopping, an MAOI due to the risk of serious and possibly fatal drug interactions, including hypertensive crisis and serotonin syndrome. Conversely, at least 14 days must be allowed after stopping Auvelity before starting an MAOI antidepressant. Do not use Auvelity with reversible MAOIs such as linezolid or intravenous methylene blue.

<u>Hypersensitivity:</u> Do not use in patients with known hypersensitivity to dextromethorphan, bupropion, or any component of Auvelity. Anaphylactoid/anaphylactic reactions and Stevens-Johnson syndrome have been reported with bupropion. Arthralgia, myalgia, fever with rash, and other serum sickness-like symptoms suggestive of delayed hypersensitivity have also been reported with bupropion.

WARNINGS AND PRECAUTIONS

Suicidal Thoughts and Behaviors in Pediatrics and Young Adults: Monitor all antidepressant-treated patients for any indication for clinical worsening and emergence of suicidal thoughts and behaviors, especially during the initial few months of drug therapy, and at times of dosage changes. Counsel family members or caregivers of patients to monitor for changes in behavior and to alert the healthcare provider. Consider changing the therapeutic regimen, including possibly discontinuing Auvelity, in patients whose depression is persistently worse, or who are experiencing emergent suicidal thoughts or behaviors.

Seizure: Bupropion, a component of Auvelity, can cause seizure and the risk is dose related. Because the risk of seizure with bupropion is dose-related, screen patients for use of other bupropion-containing products prior to initiating Auvelity. If concomitant use of Auvelity with other bupropion-containing products is clinically warranted, inform patients of the risk. Discontinue Auvelity and do not restart treatment if the patient experiences a seizure.

Increased Blood Pressure and Hypertension: Treatment with bupropion, a component of Auvelity, can cause elevated blood pressure and hypertension. The risk of hypertension is increased if Auvelity is used concomitantly with MAOIs or other drugs that increase dopaminergic or noradrenergic activity. Assess blood pressure before initiating treatment with Auvelity and monitor periodically during treatment. Monitor blood pressure, particularly in patients who receive the combination of bupropion and nicotine replacement.

Activation of Mania/Hypomania: Antidepressant treatment can precipitate a manic, mixed, or hypomanic episode. The risk appears to be increased in patients with bipolar disorder or who have risk factors for bipolar disorder. Prior to initiating Auvelity, screen patients for a history of bipolar disorder and the presence of risk factors for bipolar disorder (e.g., family history of bipolar disorder, suicide, or depression). Auvelity is not approved for use in treating bipolar depression.

Psychosis and Other Neuropsychiatric Reactions: Auvelity contains bupropion and dextromethorphan. Depressed patients treated with bupropion have had a variety of neuropsychiatric signs and symptoms, including delusions, hallucinations, psychosis, concentration disturbance, paranoia, and confusion. In some cases, these symptoms abated upon dose reduction and/or withdrawal of treatment. Dextromethorphan overdose can cause toxic psychosis, stupor, coma, and hyperexcitability.

Because the risks of neuropsychiatric reactions are dose-related, screen patients for use of other bupropion- or dextromethorphan-containing products prior to initiating Auvelity. If concomitant use of Auvelity with other bupropion- or dextromethorphan-containing products is clinically warranted, monitor patients for neuropsychiatric reactions and instruct patients to contact a healthcare provider if such reactions occur.

Angle-Closure Glaucoma: The pupillary dilation that occurs following use of many antidepressants, including Auvelity, may trigger an angle closure attack in a patient with anatomically narrow angles who does not have a patent iridectomy. Avoid use of antidepressants, including Auvelity, in patients with untreated anatomically narrow angles.

Dizziness: Auvelity may cause dizziness. Precautions to reduce the risk of falls should be taken, particularly for patients with motor impairment affecting gait or a history of falls. Caution patients about operating hazardous machinery, including motor vehicles, until they are reasonably certain that Auvelity therapy does not affect them adversely.

Serotonin Syndrome: Auvelity contains dextromethorphan. Concomitant use with selective serotonin reuptake inhibitors (SSRIs) or tricyclic antidepressants increases the risk of serotonin syndrome, a potentially life-threatening condition. Prior to initiating therapy with Auvelity, screen patients for use of other dextromethorphan-containing products. If concomitant use of Auvelity with other serotonergic drugs is clinically warranted, inform patients of the increased risk for serotonin syndrome, and monitor for symptoms. Discontinue Auvelity and/or concomitant serotonergic drug(s) immediately if symptoms of serotonin syndrome occur and initiate supportive symptomatic treatment.

WARNINGS AND PRECAUTIONS (CONT'D)

Embryo-fetal Toxicity: Based on animal studies, Auvelity may cause fetal harm when administered during pregnancy. Discontinue treatment in pregnant females and advise the patient about the potential risk to a fetus. Use alternative treatment for females who are planning to become pregnant.



DRUG INTERACTIONS

Strong Inhibitors of CYP2D6: Concomitant use with Auvelity increases plasma concentrations of dextromethorphan. Dosage adjustment is necessary. Monitor patients for adverse reactions potentially attributable to dextromethorphan, such as somnolence and dizziness.

Strong CYP2B6 Inducers: Concomitant use with Auvelity decreases plasma concentrations of dextromethorphan and bupropion and may decrease efficacy of Auvelity. Avoid co-administration of Auvelity.

CYP2D6 Substrates: Concomitant use with Auvelity can increase the exposures of drugs that are substrates of CYP2D6. It may be necessary to decrease the dose of CYP2D6 substrates, particularly for drugs with a narrow therapeutic index.

Digoxin: Concomitant use with Auvelity may decrease plasma digoxin levels. Monitor plasma digoxin levels in patients treated concomitantly with Auvelity.

Drugs that Lower Seizure Threshold: Concomitant use with Auvelity may increase risk of seizure. Use Auvelity with caution. Discontinue Auvelity and do not restart treatment if the patient experiences a seizure.

Dopaminergic Drugs: Concomitant use with Auvelity can result in central nervous system toxicity. Use Auvelity with caution.

USE IN SPECIFIC POPULATIONS

Lactation: Because of the potential for neurotoxicity, advise patients that breast-feeding is not recommended during treatment with Auvelity and for 5 days following final dose.

Renal Impairment: Dosage adjustment is recommended in patients with moderate renal impairment (eGFR 30 to 59 mL/minute/1.73 m²). Auvelity is not recommended in patients with severe renal impairment (eGFR 15 to 29 mL/minute/1.73 m²). Hepatic Impairment: Auvelity is not recommended in patients with severe hepatic impairment.

ADVERSE REACTIONS

Most common adverse reactions (\geq 5% and twice the rate of placebo): dizziness (16%), headache (8%), diarrhea (7%), somnolence (7%), dry mouth (6%), sexual dysfunction (6%), and hyperhidrosis (5%).

Please see Brief Summary of Prescribing Information on the following pages, including **Boxed Warning** for suicidal thoughts and behaviors.

AUV HCP ISI 10/2022

References: 1. Auvelity [Prescribing Information]. Axsome Therapeutics, Inc.: New York, NY 2. FDA Depression Medicines. https://www.fda.gov/media/132665/download. Accessed March 21, 2022. 3. Machado-Vieira R, Henter ID, and Zarate CA Jr. New targets for rapid antidepressant action. *Prog Neurobiol*. 2017;152:21-37. 4. Thomas D, and Wessel C. The state of innovation in highly prevalent chronic diseases volume I: Depression therapeutics. December 2017. https://www.bio.org/sites/default/files/legacy/bioorg/docs/BIO_HPCD_Series-Depression_2018-01-03.pdf. Accessed March 21, 2022.



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AUVELITY® (dextromethorphan Hbr-bupropion HCI) extended-release tablets, for oral use

Brief Summary of Prescribing Information

BEFORE PRESCRIBING AUVELITY, PLEASE SEE FULL PRESCRIBING INFORMATION, INCLUDING BOXED WARNING.

WARNING: SUICIDAL THOUGHTS AND BEHAVIORS

See full prescribing information for complete boxed warning.

- Antidepressants increased risk of suicidal thoughts and behavior in pediatric and young adult patients in short-term studies.
- Closely monitor all antidepressant-treated patients for clinical worsening, and emergence of suicidal thoughts and behaviors.
- AUVELITY is not approved for use in pediatric patients.

INDICATIONS AND USAGE

AUVELITY is indicated for the treatment of major depressive disorder (MDD) in adults.

CONTRAINDICATIONS

AUVELITY is contraindicated in patients:

- with a seizure disorder
- with a current or prior diagnosis of bulimia or anorexia nervosa as a higher incidence
 of seizures was observed in such patients treated with the immediate release formulation
 of bupropion
- undergoing abrupt discontinuation of alcohol, benzodiazepines, barbiturates, and antiepileptic drugs
- taking, or within 14 days of stopping, MAOIs due to the risk of serious and possibly fatal drug interactions, including hypertensive crisis and serotonin syndrome.
 Starting AUVELITY in a patient treated with reversible MAOIs such as linezolid or intravenous methylene blue is contraindicated.
- with known hypersensitivity to bupropion, dextromethorphan, or other components
 of AUVELITY. Anaphylactoid / anaphylactic reactions and Stevens-Johnson syndrome
 have been reported with bupropion. Arthralgia, myalgia, fever with rash, and other
 serum sickness-like symptoms suggestive of delayed hypersensitivity have also been
 reported with bupropion.

WARNINGS AND PRECAUTIONS

Suicidal Thoughts and Behaviors in Adolescents and Young Adults

In pooled analyses of placebo-controlled trials of antidepressant drugs (SSRIs and other antidepressant classes) that included approximately 77,000 adult patients and 4,500 pediatric patients, the incidence of suicidal thoughts and behaviors in antidepressant-treated patients age 24 years and younger was greater than in placebo-treated patients. There was considerable variation in risk of suicidal thoughts and behaviors among drugs, but there was an increased risk identified in young patients for most drugs studied. There were differences in absolute risk of suicidal thoughts and behaviors across the different indications, with the highest incidence in patients with MDD. The drug-placebo differences in the number of cases of suicidal thoughts and behaviors per 1000 patients treated are provided in Table 1.

Table 1: Risk Differences of the Number of Patients of Suicidal Thoughts and Behavior in the Pooled Placebo-Controlled Trials of Antidepressants in Pediatric* and Adult Patients

Age Range	Drug-Placebo Difference in Number of Patients of Suicidal Thoughts or Behaviors per 1000 Patients Treated	
	Increases Compared to Placebo	
<18 years old	4 additional patients	
18-24 years old	5 additional patients	
	Decreases Compared to Placebo	
25-64 years old	1 fewer patient	
≥65 years old	6 fewer patients	

^{*}AUVELITY is not approved for use in pediatric patients.

It is unknown whether the risk of suicidal thoughts and behaviors in children, adolescents, and young adults extends to longer-term use, i.e., beyond four months. However, there is substantial evidence from placebo-controlled maintenance studies in adults with MDD that antidepressants delay the recurrence of depression and that depression itself is a risk factor for suicidal thoughts and behaviors.

Monitor all antidepressant-treated patients for any indication for clinical worsening and emergence of suicidal thoughts and behaviors, especially during the initial few months of drug therapy, and at times of dosage changes. Counsel family members or caregivers of patients to monitor for changes in behavior and to alert the healthcare provider. Consider changing the therapeutic regimen, including possibly discontinuing AUVELITY, in patients whose depression is persistently worse, or who are experiencing emergent suicidal thoughts or behaviors.

Soizura

Bupropion, a component of AUVELITY, can cause seizure. The risk of seizure with bupropion is dose-related.

When a bupropion hydrochloride (HCl) sustained-release tablet was dosed up to 300 mg per day (approximately 1.5 times the maximum recommended daily dosage of AUVELITY), the incidence of seizure was approximately 0.1% (1/1,000) and increased to approximately 0.4% (4/1,000) at the maximum recommended dosage for the sustained-release tablet of 400 mg per day (approximately 2 times the maximum recommended daily dosage of AUVELITY). The risk of seizures is also related to patient factors, clinical situations, and concomitant

medications that lower the seizure threshold. Consider these risks before initiating treatment

with AUVELITY. AUVELITY is contraindicated in patients with a seizure disorder, current or prior diagnosis of anorexia nervosa or bulimia, or undergoing abrupt discontinuation of alcohol, benzodiazepines, barbiturates, and antiepileptic drugs. The following conditions can also increase the risk of seizure: severe head injury; arteriovenous malformation; CNS tumor or CNS infection; severe stroke; concomitant use of other medications that lower the seizure threshold (e.g., other bupropion products, antipsychotics, tricyclic antidepressants, theophylline, and systemic corticosteroids); metabolic disorders (e.g., hypoglycemia, hyponatremia, severe hepatic impairment, and hypoxia); use of illicit drugs (e.g., cocaine); or abuse or misuse of prescription drugs such as CNS stimulants. Additional predisposing conditions include diabetes mellitus treated with oral hypoglycemic drugs or insulin; use of anorectic drugs; and excessive use of alcohol, benzodiazepines, sedative/hypotics, or opiates.

Because the risk of seizure with bupropion is dose-related, screen patients for use of other bupropion-containing products prior to initiating AUVELITY. If concomitant use of AUVELITY with other bupropion-containing products is clinically warranted, inform patients of the risk. Discontinue AUVELITY and do not restart treatment if the patient experiences a seizure.

Increased Blood Pressure and Hypertension

AUVELITY contains bupropion, which can cause elevated blood pressure and hypertension. The risk of hypertension is increased if AUVELITY is used concomitantly with MAOIs or other drugs that increase dopaminergic or noradrenergic activity. Assess blood pressure prior to initiating treatment, and periodically monitor blood pressure during treatment with AUVELITY.

Activation of Mania/Hypomania

Antidepressant treatment can precipitate a manic, mixed, or hypomanic episode. The risk appears to be increased in patients with bipolar disorder or who have risk factors for bipolar disorder. Prior to initiating AUVELITY, screen patients for a history of bipolar disorder and the presence of risk factors for bipolar disorder (e.g., family history of bipolar disorder, suicide, or depression). AUVELITY is not approved for use in treating bipolar depression.

Psychosis and Other Neuropsychiatric Reactions

AUVELITY contains bupropion and dextromethorphan. Depressed patients treated with bupropion have had a variety of neuropsychiatric signs and symptoms, including delusions, hallucinations, psychosis, concentration disturbance, paranoia, and confusion. Some of these patients had a diagnosis of bipolar disorder. In some cases, these symptoms abated upon dose reduction and/or withdrawal of treatment. Dextromethorphan overdose can cause toxic psychosis, stupor, coma, and hyperexcitability.

Because the risks of neuropsychiatric reactions are dose-related, screen patients for use of other bupropion- or dextromethorphan-containing products prior to initiating AUVELITY. If concomitant use of AUVELITY with other bupropion- or dextromethorphan-containing products is clinically warranted, monitor patients for neuropsychiatric reactions and instruct patients to contact a healthcare provider if such reactions occur.

Angle-Closure Glaucoma

The pupillary dilation that occurs following use of many antidepressant drugs including bupropion, a component of AUVELITY, may trigger an angle-closure attack in a patient with anatomically narrow angles who does not have a patent iridectomy. Avoid use of antidepressants, including AUVELITY, in patients with untreated anatomically narrow angles.

Dizziness

AUVELITY may cause dizziness. In controlled studies of AUVELITY, 14% of patients receiving AUVELITY and 6% of patients on placebo experienced dizziness. Take precautions to reduce the risk of falls, particularly for patients with motor impairment affecting gait or those with a history of falls. Caution patients about operating hazardous machinery, including motor vehicles, until they are reasonably certain that AUVELITY therapy does not affect them adversely.

Serotonin Syndrome

AUVELITY contains dextromethorphan. Concomitant use of AUVELITY with SSRIs or tricyclic antidepressants may cause serotonin syndrome, a potentially life-threatening condition with changes including altered mental status, hypertension, restlessness, myoclonus, hyperthermia, hyperreflexia, diaphoresis, shivering, and tremor.

Prior to initiating AUVELITY, screen patients for use of other dextromethorphan-containing products. If concomitant use of AUVELITY with other serotonergic drugs is clinically warranted, inform patients of the increased risk for serotonin syndrome and monitor for symptoms. Discontinue AUVELITY and/or concomitant serotonergic drug(s) immediately if the above symptoms occur and initiate supportive symptomatic treatment.

Embryo-fetal Toxicity

Based on animal studies, AUVELITY may cause fetal harm when administered during pregnancy. In developmental toxicity studies in rats and rabbits, when a combination of dextromethorphan/quinidine was given to pregnant animals, fetal malformations (rabbits) and embryolethality were demonstrated in offspring. Neurotoxicity findings were observed in juvenile rats treated with a combination of dextromethorphan/quinidine on postnatal day (PND) 7, which corresponds to the third trimester of gestation through the first few months of life and may extend through the first three years of life in humans. The separate effect of dextromethorphan on developmental toxicity at the recommended clinical dose is unclear. Discontinue treatment in pregnant females and advise the patient about the potential risk to a fetus. Use alternative treatment for females who are planning to become pregnant.

ADVERSE REACTIONS

Clinical Trials Experience

AUVELITY was evaluated for safety in a total of 1114 patients with MDD or another indication from four studies (two 6-week studies in MDD, one 6-week study in another indication, and one long-term study in MDD and another indication). One 6-week study in MDD employed placebo as a control arm. Two 6-week studies, one in MDD and one in another indication, employed bupropion as a control arm. In the patients treated with AUVELITY in the long-term study (n=876), 597 received at least 6 months of treatment, and 110 received at least 12 months of treatment. The data below are based on the 6-week, placebo-controlled study in which either AUVELITY (n=162) or placebo (n=164) was administered twice daily to patients with MDD (Study 1).

Adverse Reactions Leading to Discontinuation

In the 6-week placebo-controlled study, 4% of patients treated with AUVELITY and 0% of placebo-treated patients discontinued participation due to adverse reactions. The adverse reaction that led to study discontinuation in ≥1% of patients treated with AUVELITY was anxiety (2%).

Most Common Adverse Reactions

In the 6-week placebo-controlled clinical study, the most common (incidence ≥5% for AUVELITY and more than twice as frequently as placebo) adverse reactions were dizziness (16%), headache (8%), diarrhea (7%), somnolence (7%), dry mouth (6%), sexual dysfunction (6%), and hyperhidrosis (5%).

Table 2: Adverse Reactions Occurring in ≥ 2% of Adult Patients with MDD Treated with AUVELITY and More Frequently than in Patients Treated with Placebo in a 6-Week Placebo-Controlled Study (Study 1)

Adverse Reaction	AUVELITY (N=162) %	Placebo (N=164) %
Dizziness	16	6
Nausea	13	9
Headache	8	4
Diarrhea	7	3
Somnolence	7	3
Dry mouth	6	2
Sexual dysfunction ^a	6	0
Hyperhidrosis	5	0
Anxiety	4	1
Constipation	4	2
Decreased appetite	4	1
Insomnia	4	2
Arthralgia	3	0
Fatigue ^b	3	2
Paraesthesia ^c	3	0
Vision blurred	3	0

[°]Sexual dysfunction includes orgasm abnormal, erectile dysfunction, libido decreased, anorgasmia

DRUG INTERACTIONS

Table 3: Clinically Important Drug Interactions with AUVELITY

Monoamine Oxid	dase Inhibitors (MAOIs)		
Clinical Impact	The concomitant use of AUVELITY with MAOIs increases the risk of hypertensive crisis and serotonin syndrome.		
Intervention	AUVELITY is contraindicated in patients taking MAOIs (including MAOIs such as linezolid or intravenous methylene blue) or in patients who have taken MAOIs within the preceding 14 days. Allow at least 14 days after stopping AUVELITY before starting an MAOI.		
Serotonergic Dr	ugs		
Clinical Impact	Concomitant use of AUVELITY with other serotonergic drugs increases the risk of serotonin syndrome.		
Intervention	Monitor for symptoms of serotonin syndrome when AUVELITY is used concomitantly with other drugs that may affect the serotonergic neurotransmitter systems. If serotonin syndrome occurs, consider discontinuation of AUVELITY and/or concomitant serotonergic drugs.		
Drugs that Lowe	r Seizure Threshold		
Clinical Impact	AUVELITY contains bupropion which can cause seizure. Co-administrati with other drugs that lower seizure threshold may increase risk of seizur		
Intervention	Use caution when administering AUVELITY concomitantly with drugs tha lower the seizure threshold. Discontinue AUVELITY and do not restart treatment if the patient experiences a seizure.		
Strong Inhibitor	s of CYP2D6		
Clinical Impact	Concomitant use of AUVELITY with strong CYP2D6 inhibitors increases plasma concentrations of dextromethorphan.		
Intervention	Dosage adjustment is necessary when AUVELITY is coadministered with strong inhibitors of CYP2D6. Monitor patients for adverse reactions potentially attributable to dextromethorphan, such as somnolence and dizziness.		
Strong Inducers	of CYP2B6		
Clinical Impact	Concomitant use of AUVELITY with strong CYP2B6 inducers decreases plasma concentrations of dextromethorphan and bupropion and may decrease efficacy of AUVELITY.		
Intervention	Avoid co-administration of AUVELITY with strong inducers of CYP2B6. Consider alternatives to strong CYP2B6 inducers if needed.		

Drugs Metabolized by CYP2D6				
Clinical Impact	CYP2D6 Substrates Coadministration of AUVELITY with drugs that are metabolized by CYP2D6 can increase the exposures of drugs that are substrates of CYP2D6. Drugs that Require Metabolic Activation by CYP2D6 to be effective could have reduced efficacy when administered concomitantly with AUVELITY.			
Intervention	CYP2D6 Substrates When used concomitantly with AUVELITY, it may be necessary to decrease the dose of CYP2D6 substrates, particularly for drugs with a narrow therapeutic index. Drugs that Require Metabolic Activation by CYP2D6			
	Patients treated concomitantly with AUVELITY may require increased doses of drugs that require activation by CYP2D6 to be effective.			
Digoxin				
Clinical Impact	Coadministration of AUVELITY with digoxin may decrease plasma digoxin levels.			
Intervention	Monitor plasma digoxin levels in patients treated concomitantly with AUVELITY and digoxin.			
Dopaminergic D	rugs			
Clinical Impact	CNS toxicity was reported when bupropion was co-administered with levodopa or amantadine. Adverse reactions have included restlessness, agitation, tremor, ataxia, gait disturbance, vertigo, and dizziness.			
Intervention	Use caution when administering AUVELITY concomitantly with dopaminergic drugs.			
Alcohol				
Clinical Impact	AUVELITY contains bupropion which can increase adverse neuropsychiatric events or reduce alcohol tolerance.			
Intervention	The consumption of alcohol should be minimized or avoided during treatment with AUVELITY.			

USE IN SPECIFIC POPULATIONS

Preanancy

Pregnancy Exposure Registry

There is a pregnancy exposure registry that monitors pregnancy outcomes in women exposed to antidepressants, including AUVELITY, during pregnancy. Healthcare providers are encouraged to register patients by contacting the National Pregnancy Registry for Antidepressants at 1-866-961-2388 or online at: https://womensmentalhealth.org/research/pregnancyregistry/antidepressants/

Risk Summary

Based on animal studies, AUVELITY may cause fetal harm when administered during pregnancy. AUVELITY is not recommended during pregnancy. If a female becomes pregnant while being treated with AUVELITY, discontinue treatment and counsel the patient about the potential risk to a fetus.

Clinical Considerations

Disease-Associated Maternal and/or Embryo/Fetal Risk

Women who discontinued antidepressants during pregnancy were more likely to experience a relapse of major depression than women who continued antidepressants. Consider the risks to the mother of untreated depression and potential effects on the fetus when discontinuing or changing treatment with antidepressant medications during pregnancy and postpartum.

Lactation

Risk Summary

Because of the potential for neurotoxicity, advise patients that breast-feeding is not recommended during treatment with AUVELITY and for 5 days following final dose.

Renal Impairmen

Dosage adjustment of AUVELITY is recommended in patients with moderate renal impairment (eGFR 30 to 59 mL/minute/1.73 m²). The pharmacokinetics of AUVELITY have not been evaluated in patients with severe renal impairment. AUVELITY is not recommended in patients with severe renal impairment (eGFR 15 to 29 mL/minute/1.73 m²).

Hepatic Impairment

No dose adjustment of AUVELITY is recommended in patients with mild (Child-Pugh A) or moderate hepatic impairment (Child-Pugh B). The pharmacokinetics of AUVELITY have not been evaluated in patients with severe hepatic impairment (Child-Pugh C). AUVELITY is not recommended in patients with severe hepatic impairment.

CYP2D6 Poor Metabolizers

Dosage adjustment is recommended in patients known to be poor CYP2D6 metabolizers because these patients have higher dextromethorphan concentrations than extensive/intermediate CYP2D6 metabolizers.

AUV HCP BS 08/2022

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^bFatigue includes fatigue, lethargy

Paraesthesia includes paraesthesia, hypoaesthesia

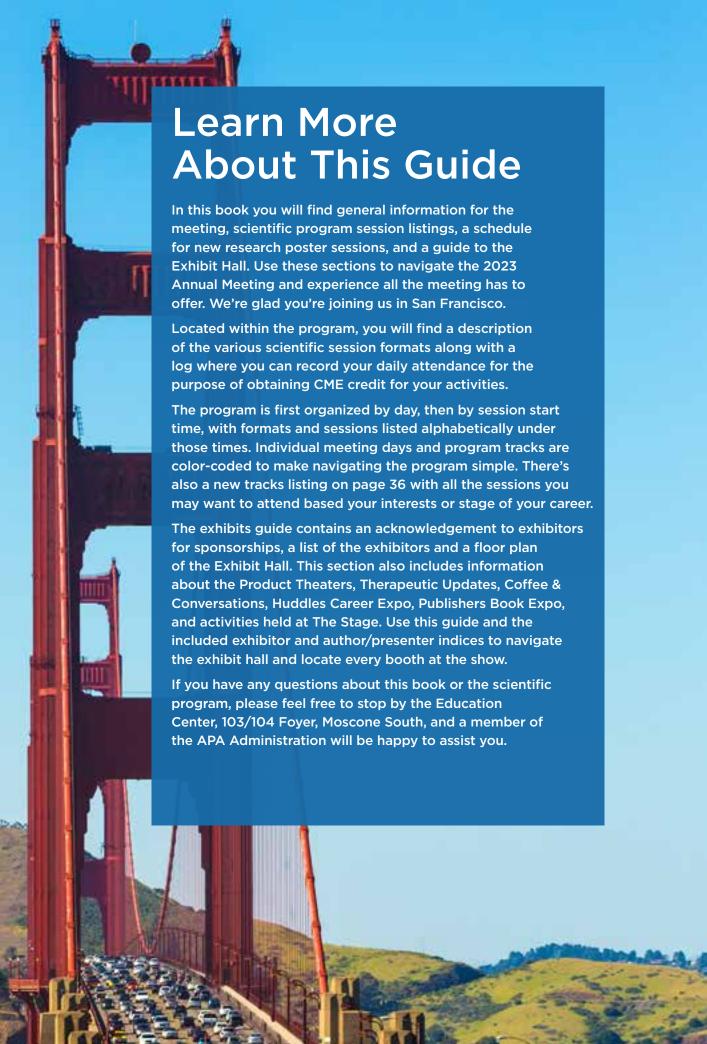
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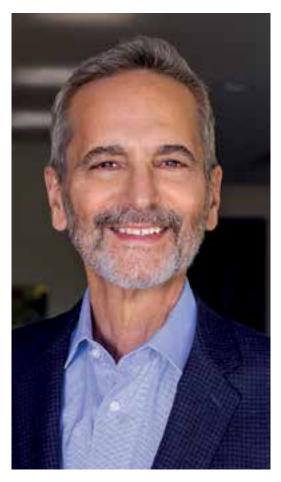


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WELCOME APA JOIN US IN SHAPING THE FUTURE OF BEHAVIORAL HEALTH!

"As an APA Distinguished Life Fellow and Recipient of the Jack Weinberg Memorial Award for Excellence in Geriatric Psychiatry, I believe your career options and trajectory at Hackensack Meridian Health could be truly unique. Our leadership team is committed to expanding behavioral health care services and access, and our culture is rooted in collaboration and innovation. Through our medical school, academic programs, clinical trials, other research, and specialized programs and services, I believe you can find a home for your passion as a member of our team. I look forward to speaking with you."

Gary W. Small, M.D.

Professor and Chair of Psychiatry, Hackensack Meridian School of Medicine

Behavioral Health Physician-in-Chief, Hackensack Meridian Health

We are expanding our psychiatry services and programs across our network of 18 hospitals, more than 500 locations, over 7,000 physicians and 35,000 team members, and invite you to learn why joining Hackensack Meridian *Health* could be the rewarding and fulfilling home for your skills and talents.

As the largest and most comprehensive behavioral health network in New Jersey, we have **immediate positions available in a broad range of care settings from acute inpatient care, outpatient services, and telepsychiatry** to innovative models of care including collaborative, integrative care and behavioral health urgent care.

With an expansive network, our own medical school, new facilities and units opening for children, adults, older-adults and addiction treatment, we are committed to providing the much-needed care and resources for every community and demographic need.

I relocated from California to be part of the very special behavioral health mission and vision of the Hackensack Meridian *Health* team. It was the best decision I could have made. I am a short drive from New York City and the Jersey Shore, so a lifestyle here offers unlimited culture and cuisine, beautiful beaches, and a great place to raise a family, and I am engaged in the most challenging and rewarding work of my career.

If change is on your horizon (or just a remote thought in the back of your head), please reach out today to explore how your passion and our mission to shape the future of behavioral health care may be the perfect fit.

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A NOVEL, NONSTIMULANT APPROACH for ADHD patients 6 years and older^{1,2}



- First novel, nonstimulant approach in ADHD in over a decade¹²
 -First nonstimulant approved for adult ADHD in 20 years¹
- Proven efficacy in treating ADHD: inattention and hyperactivity/impulsivity symptom score reductions observed early in treatment^{1,3†}
- Proven safety and tolerability, with no evidence of abuse potential observed in clinical studies^{1,3}
- 4 Once-daily, rapid- and extended-release, sprinkleable capsules for full-day exposure13



*Gelbree was studied in 4 clinical trials. In one study of children 6 to 11 years of age, ADHD symptom score reductions were statistically significant for the 100 mg and 200 mg doses, beginning at week 1. In the study of teens 12 to 17 years of age, ADHD symptom score reductions were statistically significant for the 400 mg dose, beginning at week 2. In the flexible-dose study of adults 18 to 65 years of age, ADHD symptom score reductions were statistically significant in patients taking Gelbree, beginning at week 2.



Order samples today.

Supernus Pharmaceuticals proudly supports the APA 2023 Annual Meeting.

INDICATION

Qelbree is indicated for the treatment of ADHD in adults and pediatric patients 6 years and older.

IMPORTANT SAFETY INFORMATION

WARNING: SUICIDAL THOUGHTS AND BEHAVIORS

In clinical studies, higher rates of suicidal thoughts and behaviors were reported in patients with ADHD treated with Qelbree than in patients treated with placebo. Closely monitor all Qelbree-treated patients for clinical worsening and for emergence of suicidal thoughts and behaviors.

CONTRAINDICATIONS

- Concomitant administration of a monoamine oxidase inhibitor (MAOI), or dosing within 14 days after discontinuing an MAOI, because of an increased risk of hypertensive crisis
- Concomitant administration of sensitive CYP1A2 substrates or CYP1A2 substrates with a narrow therapeutic range

WARNINGS & PRECAUTIONS

- Suicidal thoughts and behaviors: Closely monitor all Qelbree-treated patients for clinical worsening and emergence of suicidal thoughts and behaviors, especially during the initial few months of drug therapy, and at times of dosage changes
- Heart rate, blood pressure increases: Qelbree can cause an increase in diastolic blood pressure and heart rate. Assess these measures prior to starting therapy, following increases in dosage, and periodically during therapy
- Activation of mania or hypomania: Noradrenergic drugs may induce a manic or mixed episode in patients with bipolar disorder. Prior to initiating treatment with Qelbree, screen patients to determine if they are at risk for bipolar disorder. Screening should include a detailed psychiatric history, including a personal or family history of suicide, bipolar disorder, and depression
- Somnolence and fatigue: Patients should not perform activities requiring mental alertness, such as operating a motor vehicle or hazardous
 machinery, due to potential somnolence (including sedation or lethargy) and fatigue, until they know how they will be affected by Qelbree

ADVERSE REACTIONS

The most common adverse reactions (≥5% and at least twice the rate of placebo for any dose) in patients 6 to 17 years were somnolence, decreased appetite, fatigue, nausea, vomiting, insomnia, and irritability, and in adults, insomnia, headache, somnolence, fatigue, nausea, decreased appetite, dry mouth, and constipation.

PREGNANCY

There is a pregnancy exposure registry that monitors pregnancy outcomes in women exposed to Qelbree during pregnancy. Healthcare providers are encouraged to register patients by calling the National Pregnancy Registry for Psychiatric Medications at 1-866-961-2388 or by visiting www.womensmentalhealth.org/preg.

Abbreviations: ADHD, attention-deficit/hyperactivity disorder; APA, American Psychiatric Association.

REFERENCES: 1. Qelbree [package insert]. Rockville, MD: Supernus Pharmaceuticals, Inc. **2.** Food and Drug Administration. Novel drug approvals for 2021. May 13, 2022. Accessed January 9, 2023. https://www.fda.gov/drugs/new-drugs-fda-cders-new-molecular-entities-and-new-therapeutic-biological-products/novel-drug-approvals-2021. **3.** Data on file, Supernus Pharmaceuticals.

Please see the brief summary of full Prescribing Information including Boxed Warning on adjacent pages, or visit QelbreeHCP.com.





Qelbree® (viloxazine extended-release capsules), for oral use BRIEF SUMMARY OF FULL PRESCRIBING INFORMATION

For full prescribing information, see package insert.

WARNING: SUICIDAL THOUGHTS AND BEHAVIORS

In clinical studies, higher rates of suicidal thoughts and behavior were reported in patients with ADHD treated with Qelbree than in patients treated with placebo. Closely monitor all Qelbree-treated patients for clinical worsening, and for emergence of suicidal thoughts and behaviors.

INDICATIONS AND USAGE

Qelbree is indicated for the treatment of Attention-Deficit Hyperactivity Disorder (ADHD) in adults and pediatric patients 6 years and older.

CONTRAINDICATIONS

Qelbree is contraindicated in patients receiving concomitant treatment with monoamine oxidase inhibitors (MAOI), or within 14 days following discontinuing an MAOI, because of an increased risk of hypertensive crisis.

Qelbree should not be taken when receiving concomitant administration of sensitive CYP1A2 substrates or CYP1A2 substrates with a narrow therapeutic range.

WARNINGS AND PRECAUTIONS

Suicidal Thoughts and Behaviors

Higher rates of suicidal thoughts and behaviors were reported in pediatric and adult patients with ADHD treated with Qelbree than in patients treated with placebo.

Among 1019 patients exposed to Qelbree 100 mg to 400 mg in short-term trials, a total of nine patients (0.9%) reported suicidal ideation (N=6), behavior (N=1) or both (N=2). Eight patients reported suicidal ideation or behavior on the Columbia Suicide Severity Rating Scale (C-SSRS), a validated scale that assesses suicide risk. An additional patient treated with Qelbree reported suicidal behavior during the clinical trials, but did not report it on the C-SSRS. Among 463 patients treated with placebo in these studies, two patients (0.4%) reported suicidal ideation on the C-SSRS. No patients treated with placebo reported suicidal behavior. No completed suicides occurred in these trials.

Among 189 adults treated with Qelbree, a total of three patients (1.6%) reported suicidal ideation on the C-SSRS, versus 0 of 183 adults treated with placebo. No adults treated with either Qelbree or placebo reported suicidal behavior on the C-SSRS in the study. No attempted or completed suicides occurred in the trial. Patients treated with Qelbree had higher rates of insomnia and irritability. Although a causal link between the emergence of insomnia and irritability and the emergence of suicidal impulses has not been established, there is a concern that these and other symptoms such as depressed mood, anxiety, agitation, akathisia, mania, hypomania, panic attacks, impulsive behavior, and aggression may represent precursors to emerging suicidal ideation or behavior. Thus, patients being treated with Qelbree should be observed for the emergence of precursor symptoms.

Closely monitor all Qelbree-treated patients for clinical worsening and emergence of suicidal thoughts and behaviors, especially during the initial few months of drug therapy, and at times of dosage changes.

Consider changing the therapeutic regimen, including possibly discontinuing Qelbree, in patients who are experiencing emergent suicidal thoughts and behaviors or symptoms that might be precursors to emerging suicidal ideation or behavior, especially if these symptoms are severe or abrupt in onset, or were not part of the patient's presenting symptoms. Advise family members or caregivers of patients to monitor for the emergence of suicidal ideation or behavior, and to report such symptoms immediately to the healthcare provider.

Effects on Blood Pressure and Heart Rate

Qelbree can cause an increase in heart rate and diastolic blood pressure. In a clinical study in patients 6 to 11 years of age, 34/154 (22%) of patients treated with Qelbree 100 mg daily had a \geq 20 beat per minute (bpm) increase in heart rate at any time point in the clinical trial, compared to 15/159 (9%) of patients who received placebo. This finding was observed in 84/268 (31%) who received the 200 mg dose, compared to 39/262 (15%) of patients in the placebo group, and in 28/100 (28%) of patients who received the 400 mg dose, compared to 24/103 (23%) of patients who received placebo.

In a clinical study in patients 12 to 17 years of age, 22/99 (22%) of patients treated with Qelbree 200 mg daily had a ≥20 bpm increase in heart rate at any time point in the clinical trial, compared to 15/104 (14%) of patients who received placebo. This finding was observed in 69/205 (34%) who received the 400 mg dose, compared to 35/201 (17%) of patients in the placebo group.

In patients ages 12 to 17 years, 52/205 (25%) of patients treated with Qelbree 400 mg daily had a \geq 15 mmHg increase in diastolic blood pressure at any time in the clinical trial, compared to 26/201 (13%) of patients in the placebo group.

In a clinical study in adult patients (18 to 60 years of age), 52/178 (29%) of patients treated daily with Qelbree (200 mg to 600 mg) had a \geq 20 beat per minute (bpm) increase in heart rate at any time point in the clinical trial, compared to 23/181 (13%) of patients who received placebo. Of patients treated daily with Qelbree (200 to 600 mg), 23/178 (13%) had a \geq 15 mmHg increase in diastolic blood

pressure at any time in the clinical trial, compared to 16/181 (9%) of patients in the placebo group.

Assess heart rate and blood pressure prior to initiating treatment with Qelbree, following increases in dosage, and periodically while on therapy.

Activation of Mania or Hypomania

Noradrenergic drugs, such as Qelbree, may induce a manic or mixed episode in patients with bipolar disorder. Prior to initiating treatment with Qelbree, screen patients to determine if they are at risk for bipolar disorder; such screening should include a detailed psychiatric history, including a personal or family history of suicide, bipolar disorder, and depression.

Somnolence and Fatigue

Qelbree can cause somnolence and fatigue. In the short-term, placebo-controlled clinical trials in pediatric patients 6 to 17 years of age with ADHD, somnolence (including lethargy and sedation) was reported in 16% of Qelbree-treated patients compared to 4% of placebo-treated patients. Fatigue was reported in 6% of Qelbree-treated patients compared to 2% of placebo-treated patients.

In adults, somnolence was reported in 6% of Qelbree-treated patients versus 2% in placebo-treated patients. Fatigue was reported in 12% of Qelbree-treated patients versus 3% of placebo-treated patients.

Patients should not perform activities requiring mental alertness, such as operating a motor vehicle or operating hazardous machinery until they know how they will be affected by Qelbree.

ADVERSE REACTIONS

Clinical Trials Experience

The safety of Qelbree has been evaluated in 1118 patients 6 to 17 years of age with ADHD exposed to one or more doses in short-term (6 to 8 week), randomized, double-blind, placebo-controlled trials.

A total of 682 pediatric patients were treated for at least 6 months, and 347 pediatric patients for at least 12 months with Qelbree.

The safety of Qelbree has been evaluated in 189 adult patients (18 to 60 years of age) with ADHD exposed to one or more doses in a short-term (6 week), randomized, double-blind, placebo-controlled trial. A total of 277 adult patients with ADHD have been exposed to one or more doses of Qelbree.

Eighty-four adult patients were treated for at least 6 months, and 22 adult patients for at least 12 months.

The data described below reflect exposure to Qelbree in 826 patients (6 to 17 years) who participated in randomized, double-blind, placebo-controlled trials with doses ranging from 100 mg to 400 mg. The population (N=826) was 65% male, 35% female, 54% White, 41% Black, 4% multiracial, and 1% other races. Adverse Reactions Leading to Discontinuation of Qelbree Treatment: Approximately 3% (n=27) of the 826 patients receiving Qelbree in clinical studies discontinued treatment due to an adverse reaction. The adverse reactions most commonly associated with discontinuation of Qelbree were somnolence (n=5),

decreased appetite (n=2).

Most Common Adverse Reactions (occurring at ≥5% and at least twice the placebo rate for any dose): somnolence, decreased appetite, fatigue, nausea, vomiting, insomnia, and irritability.

nausea (n=3), headache (n=2), irritability (n=2), tachycardia (n=2), fatigue (n=2), and

Tables 1 and 2 below lists adverse reactions that occurred in at least 2% of patients treated with Qelbree and more frequently in Qelbree-treated patients than in placebo-treated patients. Table 1 data represents pooled data from pediatric patients 6-17 years of age who were enrolled in randomized, placebo-controlled trials of Qelbree. Table 2 represents data from adults with ADHD who were enrolled in a flexible-dose, randomized, placebo-controlled trial of Qelbree at doses of 200mg to 600mg.

Table 1. Adverse Reactions Reported in ≥2% of Pediatric Patients (6 to 17 Years of Age) Treated with Qelbree and at a Rate of Greater than Placebo-Treated Patients in Placebo-Controlled ADHD Studies

		Qelbree			
Body System Adverse Reaction	Placebo N=463 (%)	100mg N=154 (%)	200mg N=367 (%)	400mg N=305 (%)	All Qelbree N=836 (%)
Nervous system dis	orders				
Somnolence*	4	12	16	19	16
Headache*	7	10	11	11	11
Metabolic and nutr	itional disor	ders			
Decreased appetite	0.4	5	8	8	7
Infections and infe	Infections and infestations				
Upper respiratory tract infections*	6	5	7	8	7
Body as a Whole - 0	Body as a Whole - General disorders				
Fatigue	2	4	5	9	6
Pyrexia	0.2	3	2	1	2
Gastrointestinal system disorders					
Abdominal Pain*	4	3	6	7	5
Nausea	3	1	4	7	5
Vomiting	2	5	3	6	4

Table 1. Adverse Reactions Reported in ≥2% of Pediatric Patients (6 to 17 Years of Age) Treated with Qelbree and at a Rate of Greater than Placebo-Treated Patients in Placebo-Controlled ADHD Studies (continued)

		Qelbree			
Body System Adverse Reaction	Placebo N=463 (%)	100mg N=154 (%)	200mg N=367 (%)	400mg N=305 (%)	All Qelbree N=836 (%)
Psychiatric disorders					
Insomnia*	1	2	5	5	4
Irritability	1	3	2	5	3

^{*}The following items were combined:

Somnolence: somnolence, lethargy, sedation

Headache: headache, migraine, migraine with aura, tension headache

Upper respiratory tract infection: nasopharyngitis, pharyngitis, sinusitis, upper
respiratory tract infection, viral sinusitis, viral upper respiratory tract infection

Addominal pairs addominal discomfort addominal pairs, addominal pairs addominal p

Abdominal pain: abdominal discomfort, abdominal pain, abdominal pain lower, abdominal pain upper

abdominal pain upper Insomnia: initial insomnia, insomnia, middle insomnia, poor quality sleep, sleep disorder, terminal insomnia

The data described below reflect exposure to Qelbree in 189 adults with ADHD who participated in the flexible-dose, randomized, double-blind, placebo-controlled trial with doses ranging from 200 mg to 600 mg. The population (N=189) was 56% male, 44% female, 81% White, 12% Black, 3% Asian, 3% other races and 1% multiracial.

Adverse Reactions Leading to Discontinuation of Qelbree Treatment: Approximately 9% of the 189 patients receiving Qelbree in clinical studies discontinued treatment due to an adverse reaction. The adverse reactions most commonly associated with discontinuation of Qelbree were fatigue (n=4), insomnia (n=3), constipation (n=3), and headache (n=2).

Most Common Adverse Reactions (occurring at \geq 5% and at least twice the placebo rate of Qelbree): insomnia, headache, somnolence, fatigue, nausea, decreased appetite, dry mouth, and constipation.

Listed here are adverse reactions that occurred in at least 2% of patients treated with Qelbree and more frequently in the Qelbree-treated patients than in the placebo-treated patients. Table 2 represents data from adults with ADHD who were enrolled in a flexible-dose, randomized, placebo-controlled trial of Qelbree at doses of 200 mg to 600 mg.

Table 2. Adverse Reactions Reported in ≥2% of Adults Treated with Qelbree and at a Rate Greater than Placebo-Treated Patients in a Flexible-Dose Placebo-Controlled ADHD Study

Body System Adverse Reaction	Placebo N=183 (%)	Qelbree (200 mg to 600 mg) N=189 (%)		
Psychiatric disorders				
Insomnia*	7	23		
Irritability	3	4		
Nervous system disorders				
Headache*	7	17		
Somnolence*	2	6		
Dizziness	2	4		
Gastrointestinal system disorde	rs			
Nausea	3	12		
Dry mouth	2	10		
Constipation	1	6		
Vomiting	1	4		
Gastroesophageal reflux disease	1	2		
Body as a Whole - General disorders				
Fatigue	3	12		
Metabolic and nutritional disorders				
Decreased appetite	3	10		
Cardiac disorders	Cardiac disorders			
Tachycardia	1	4		

^{*}The following items were combined:

Somnolence: somnolence, lethargy, sedation

Headache: headache, migraine, migraine with aura, tension headache **Insomnia:** initial insomnia, insomnia, middle insomnia, poor quality sleep, sleep

disorder, terminal insomnia

DRUG INTERACTIONS

Drugs Having Clinically Important Interactions with Qelbree Monoamine Oxidase Inhibitors (MAOI)

- Clinical Impact: Concomitant use of Qelbree with an MAOI may lead to a
 potentially life-threatening hypertensive crisis.
- Intervention: Concomitant use of Qelbree with an MAOI or within 2 weeks after discontinuing an MAOI is contraindicated.

Sensitive CYP1A2 Substrates or CYP1A2 Substrates with a Narrow Therapeutic Range

 Clinical Impact: Viloxazine is a strong CYP1A2 inhibitor. Concomitant use of viloxazine significantly increases the total exposure, but not peak exposure, of

- sensitive CYP1A2 substrates, which may increase the risk of adverse reactions associated with these CYP1A2 substrates.
- Intervention: Coadministration with Qelbree is contraindicated.

Moderate Sensitive CYP1A2 Substrate

- Clinical Impact: Viloxazine is a strong CYP1A2 inhibitor. Concomitant use of viloxazine significantly increases the total, but not peak, exposure of sensitive CYP1A2 substrates, which may increase the risk of adverse reactions associated with these CYP1A2 substrates.
- Intervention: Not recommended for coadministration with Qelbree. Dose reduction may be warranted if coadministered.

CYP2D6 Substrates

- Clinical Impact: Viloxazine is a weak inhibitor of CYP2D6, and increases the exposure of CYP2D6 substrates when coadministered.
- Intervention: Monitor patients for adverse reactions and adjust dosages of CYP2D6 substrates, as clinically indicated.

CYP3A4 Substrates

- Clinical Impact: Viloxazine is a weak inhibitor of CYP3A4 which increases the exposure of CYP3A4 substrates when coadministered.
- Intervention: Monitor patients for adverse reactions and adjust dosages of CYP3A4 substrates, as clinically indicated.

USE IN SPECIFIC POPULATIONS

Pregnancy

Pregnancy Exposure Registry

There is a pregnancy exposure registry that monitors pregnancy outcomes in women exposed to Qelbree during pregnancy. Healthcare providers are encouraged to register patients by calling the National Pregnancy Registry for Psychiatric Medications at 1-866-961-2388, or visiting online at www. womensmentalhealth.org/preg.

Risk Summary

Based on findings from animal reproduction studies, viloxazine may cause maternal harm when used during pregnancy. Discontinue Qelbree when pregnancy is recognized unless the benefits of therapy outweigh the potential risk to the mother. Available data from case series with viloxazine use in pregnant women are insufficient to determine a drug-associated risk of major birth defects, miscarriage or adverse maternal outcomes.

In animal reproduction studies, oral administration of viloxazine during the period of organogenesis caused fetal toxicities and delayed fetal development in the rat and maternal toxicities in the rabbit at doses approximately equal to the maximum recommended human dose (MRHD) of 600mg in adults, based on mg/m². Oral administration of viloxazine to pregnant rats and mice during pregnancy and lactation caused maternal toxicities and deaths and fetal toxicities at doses equal to or less than the MRHD of 600mg in adults, based on mg/m², respectively.

The estimated background risk of major birth defects and miscarriage for the indicated population is unknown. All pregnancies have a background risk of birth defect, loss, or other adverse outcome. In the U.S. general population, the estimated background risk of major birth defects and miscarriage in clinically recognized pregnancies is 2 to 4% and 15 to 20%, respectively.

Lactation

Risk Summary

There are no data on the presence of viloxazine in human milk, the effects on the breastfed infant, or the effects on milk production. Viloxazine is likely present in rat milk. When a drug is present in animal milk, it is likely that the drug will be present in human milk.

The developmental and health benefits of breastfeeding should be considered along with the mother's clinical need for Qelbree and any potential adverse effects on the breastfed child from Qelbree or from the underlying maternal condition.

Geriatric Use

Clinical trials of Qelbree in the treatment of ADHD did not include sufficient numbers of patients aged 65 and older to determine whether or not they respond differently from younger patients.

Renal Impairment

Dosage reduction is recommended in patients with severe (eGFR of < 30 mL/min/1.73m² [MDRD]) renal impairment.

No dosage adjustment of Qelbree is recommended in patients with mild to moderate (eGFR of 30 to 89 mL/min/1.73m² [MDRD]) renal impairment.

The exposure of viloxazine increases in patients with renal impairment.

OVERDOSAGE

Human Experience

The pre-market clinical trials with Qelbree do not provide information regarding symptoms of overdose.

Literature reports from post marketing experience with immediate-release viloxazine include cases of overdosage from 1000 mg to 6500 mg (1.7 to 10.8 times the maximum recommended daily dose). The most reported symptom was drowsiness. Impaired consciousness, diminished reflexes, and increased heart rate have also been reported.

Treatment and Management

There is no specific antidote for Qelbree overdose. Administer symptomatic and supportive treatment as appropriate. In case of overdose, consult a Certified Poison Control Center (1-800-222-1222 or www.poison.org).

RA-QEL-BS-HCP-V3 Revised: 02/2023 Based on: PI 04/2022

Welcome from the Scientific Program Committee



Dear Colleagues and Guests,

Welcome to San Francisco and welcome to the 2023 APA Annual Meeting!

The last time the Annual Meeting was here, COVID was a word the world had never heard. After four years, we're back and better than ever with over 600

peer-reviewed sessions and courses, and over 1,000 posters. The theme, *Innovate, Collaborate, Motivate: Charting the Future of Mental Health*, is perfect for the location. Innovation is tied into the latest and greatest technology, and what better represents this than Silicon Valley and our new Technology track at the Annual Meeting?

California is often a leader in the what's current, as is the Annual Meeting, so we've brought back the Clinical Updates track. This popular offering that debuted last year in New Orleans will provide you with the current standards in the treatment of anxiety, depression, psychosis, and other mental health disorders that you see in your everyday practice. You'll leave with new tools you can immediately use to help your patients function at their best.

The Golden Gate City is one of the top travel destinations in the world, which parallels our newly formed International Medical Graduate (IMG) track. Whether you are an IMG just out of residency or about to begin, have been

in the field for decades or are a US medical graduate interested in the many facets of our IMG colleagues, there are a number of offerings to meet your needs.

San Francisco is home to a vibrant arts scene, (the SF Museum of Modern Art is just a six-minute walk from the Moscone Center!), and the Annual Meeting is home to another newly formed track – Humanities. Just as art, music, and literature affect the way we think and feel in our day-to-day lives, they do the same for our patients. The humanities have the power not only to entertain, but also to heal.

Last, but certainly not least, our host city is known for looking towards the future, and for us, that future lives in our residents, fellows and medical students (RFMs). We have sessions and experiences ranging from getting into residency to getting that first job, and have partnered with PsychSign (Psychiatry Student Interest Group Network) to offer content exclusively for our trainee members.

We think (know!) you'll enjoy all that the Annual Meeting, and the city, have to offer, and we thank you for taking the time to come. Please be sure to leave us feedback on the sessions and overall experience, so that our future Annual Meetings can continue to get better every year!

Eric R. Williams, M.D.

Chair, Scientific Program Committee

The 2023 Annual Meeting Scientific Program Committee

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Welcome from the APA President



Embracing the Spirit of Innovation & Collaboration in San Francisco

After four years, the APA Annual Meeting returns to San Francisco, a city that is the center of innovation for our nation. Our theme, Innovate, Collaborate, Motivate: Charting the

Future of Mental Health, is both timely and reflective of the attitude and actions we must embrace as we work toward a better future for our patients and profession.

Under the extraordinary leadership of Eric R. Williams, M.D. as Chair, our colleagues on the Scientific Program Committee have curated a peerless offering of 600 peer-reviewed sessions and courses and more than 1,000 posters that represent the best and most groundbreaking work in the world of psychiatry and mental health care.

You will see aspects of our theme woven all throughout the scientific program, which is as diverse and forward-thinking as our host city of San Francisco, a global center of technology and innovation.

The International Medical Graduate (IMG) track is designed to support international members at all levels of their careers integrate with and thrive in the U.S. healthcare system. This track is important to us as IMGs and their contributions to psychiatry and APA are a crucial component of the present and future of mental health care in America.

The future of our profession also lives in our residents. fellows, and medical students (RFMs). Much of the scientific program was curated with RFMs in mind. APA has collaborated with PsychSign (Psychiatry Student Interest Group Network) to offer content exclusively tailored to each of these groups. I encourage our more experienced members to take a moment to engage with and give your support to our RFM attendees should the opportunity arise. I hope you will also pay special attention to invited presidential sessions, which include contributions

from leaders in global psychiatry organizations, the final report of my Roadmap for the Future of Psychiatry Workgroup, late-breaking clinical research, advancing diversity and achieving equity in psychiatry, emerging trends in medical ethics and health policy, and much more.

I want to thank you for dedicating your time and effort to support your colleagues and join us at the Annual Meeting this year. It shows that you are committed to putting in the work that will be essential to advancing APA's mission and realizing our shared dream of a more mentally healthy world.

Rebecca Brendel, M.D., J.D. President American Psychiatric Association

Follow me during the meeting in real time on Twitter at @Pres APA



Welcome from the APA CEO and Medical Director

Dear Colleagues and Guests,



Welcome to the 178th Annual Meeting of the American Psychiatric Association.

The theme of this year's meeting is *Innovate, Collaborate, Motivate:*Charting the Future of Mental
Health—which is appropriate

for the current moment we are experiencing here in America. Given the challenges we face, we will need innovative thinking, collaboration among psychiatrists and other stakeholders in mental health, and motivation and dedication to see the hard work required for a brighter future.

APA is committed to providing our members with the information they need to adapt to and excel in a rapidly changing healthcare landscape, so together, we can secure the future of our profession and obtain better outcomes for our patients. This year you will see that commitment on full display in the truly groundbreaking and forward-thinking work that will be featured in the sessions, courses and symposia available to you.

The APA Annual Meeting is the premier psychiatric event of the year, with a world class scientific program that, this year, offers you the chance to earn up to 43 AMA PRA Category 1 Credits™. I hope you take advantage of this tremendous opportunity to network with colleagues from around the world. As those who have been coming to this meeting for years will tell you, this is a special opportunity to establish lasting personal and professional connections.

I am thrilled we are here in San Francisco, a city where we always enjoy a large, engaging and memorable gatherings of APA members. The Golden Gate City holds a special place in APA history as it was the site of our 175th anniversary celebration in 2019. I am excited to see what kind of history we can make together this year.

I want to offer my heartfelt welcome and thanks for joining us at the 2023 Annual Meeting.

If you're on social media, be sure to share your thoughts and experiences on the meeting by using #APAAM23.

Saul Levin, M.D., M.P.A.

CEO and Medical Director

American Psychiatric Association

Follow me on Twitter at @SaulLevinMD or on Instagram at Saullevinmd



Welcome from the Northern California Psychiatric Society

Dear Colleagues and Guests,



On behalf of the Northern California Psychiatric Society (NCPS), it is my pleasure to welcome you to San Francisco! NCPS, is one of the 5 district branches of APA in California, with a mission "to advance the

quality and effectiveness of psychiatric care through advocacy, professional education and camaraderie."

I would like to begin, by honoring and acknowledging the original people of our vibrant city: We are on the ancestral homeland of Ramaytush Ohlone peoples who are the original inhabitants of the San Francisco Peninsula. We wish to pay our respect to the Ancestors, Elders and Relatives of the Ramaytush Community as the first people of this land. We recognize that we benefit from living and working on their traditional homeland.

While the history of San Francisco dates back to 3000 BC, modern day San Francisco was one of the original counties established at California's statehood in the United States in 1850. Rapid growth started in 1849 with the "Gold Rush" and followed, till 1906 when more than three quarters of the city was destroyed to ruins as a result of major earthquake and related fires. However, the rebuilding of the city resumed quickly, such that by 1915, San Francisco was celebrating its rebirth at Panama-Pacific International Exposition.

San Francisco Bay area is the hub of innovation, education, technology, research, sciences, arts, cultural diversity and much more. I am confident that APA's Annual Meeting in San Francisco this year will offer you a perfect blend of learning, networking, relaxing and sightseeing. I will be barely scratching the surface as I try to share few highlights of San Francisco Bay Area.

San Francisco Bay Area is the home to many prestigious universities including Stanford University, University of California San Francisco, University of California Berkeley, San Francisco State University, and the University of San Francisco. In addition, San Francisco Bay Area has

six psychiatry residency training programs, several psychiatric subspecialty fellowship programs and three Psychoanalytic Training Institutes including the Psychoanalytic Institute of Northern California (PINC), San Francisco Center for Psychoanalysis (SFCP) and C.G. Jung Institute of San Francisco.

The San Francisco is one of the top tourist destinations in the United States. San Francisco offers scenic beaches, lush green parks, museums, and iconic architecture such as the world famous Golden Gate Bridge, Bay Bridge, Alcatraz Island, Coit Tower, War Memorial Opera House, City Hall and the Palace of Fine Arts, to name just a few.

Among the wealth of green spaces in San Francisco, one treasure is the Golden Gate Park. In addition to having biking & walking trails and picnic areas, the Golden Gate Park houses many attractions, including California Academy of Sciences, the de Young Museum, the Japanese Tea Garden, Conservatory of Flowers, and the San Francisco Botanical Garden.

There are many ways to explore San Francisco and neighboring cities. In the vicinity of Moscone Center and within walking distance are plenty of fine and casual dining options with flavors from diverse ethnic backgrounds. Also within walking distance are several attractions such as San Francisco Museum of Modern Art (SFMOMA), Museum of the African Diaspora, Contemporary Jewish Museum, Children Creativity Museum and Yerba Buena Gardens. Additional ways to visit the other parts of San Francisco and neighboring cities include sightseeing tours, ferry rides, biking, public transport (e.g., Muni light rail, BART & Caltrain) and driving. I hope you enjoy visiting some of these attractions.

Again, on behalf of NCPS, welcome to San Francisco!

Farah Zaidi, M.D. President Northern California Psychiatric Society



You'd be amazed at how much we can pack into a CME credit.

As the top-ranked psychiatric hospital in the U.S., you can rely on McLean for the very best in professional education.

Our fully accredited programming offers a wide range of conferences, lectures, and specialty trainings to help mental health professionals enhance their knowledge and grow their careers.

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Key Locations in the Moscone Center

APA Art Association Exhibit	Lower Lobby, Moscone South
APA Art Exhibition	Hall A Foyer
APA Bookstore	Halls A-C
APA Lounges	Halls A-C
APA Central	Halls A-C
Education Center	South Lobby Behind Escalator
APA Housing Desk	South Lobby
APA Information Center	South Lobby
APA JobCentral	APA Central booth # 1231
APA Newsroom	Room 105, Moscone South
CME Certificate of Attendance and Evaluation	South Lobby
Exhibitor Registration	South Lobby
Exhibits	Halls A-C
First Aid Room	Behind Room 6, Lower Mezzanine
International Housing Desk	South Lobby
Lost & Found	Room 70/72 Lower Mezzanine
Luggage/Coat Check	Mezzanine Level/Esplanade
Meetings Office	Room 70/72, Lower Mezzanine
Mothers Nursing Pod Moscone South, Lo	ower Mezzanine Level, near Room 50
On Demand Sales	South Lobby, Moscone South
Psychiatric News	Room 62, Lower Mezzanine
Registration	South Lobby, Moscone South
Shuttle Bus Desk	South Lobby, Moscone South

APA Central

APA Central

Exhibit Halls A-C, Exhibition Level Moscone South

 Saturday
 11:45 a.m. - 4:00 p.m.

 Sunday - Monday
 9:15 a.m. - 10:30 a.m.

 11:45 a.m. - 4:00 p.m.

 Tuesday
 9:15 a.m. - 10:30 a.m.

11:45 a.m. - 4:00 p.m.

All attendees are invited to visit APA Central in the Exhibit Hall to learn how APA provides medical leadership for mind, brain and body. Representatives from the APA are available to answer your questions.

Not an APA Member?

Join APA and discover the value of membership.
By joining onsite, you will receive a gift certificate, that can be used with your next purchase of books, journals, subscriptions, or other products sold by American Psychiatric Association Publishing. Fully trained psychiatrists will receive \$200 certificates, residents and fellows will receive \$50 certificates, and international psychiatrists will receive \$100 certificates. Stop by APA Central for more details and to apply.

Explore PsychPRO

PsychPRO is your comprehensive mental health clinical data registry. Created by APA, PsychPRO helps health care organizations measure mental health care quality and improve patient outcomes. PsychPRO learns and grows as it incorporates new data from organizations like yours. When you join our community, you help accelerate mental health care progress for all patients. Our powerful platform retrieves, aggregates, and analyzes data to uncover best practices and inform providers.

PsychPRO is led by APA and its members to ensure integrity, provide affordability, and encourage widespread adoption — all for the greater good. Our clinical authority and unwavering commitment to serving both the mental health field and the public make APA uniquely equipped to lead the charge in establishing quality care.

APA Foundation

As the charitable foundation of the American Psychiatric Association, our mission is to:

Raise awareness and overcome barriers.

- Invest in the future leaders of psychiatry.
- Support research and training to improve mental health care.
- Lead partnerships to address public challenges in mental health.

All of our initiatives focus on one vision: **A mentally** healthy nation for all.

Donate and support Foundation programs that promote the importance of mental health where we live, learn, work, worship and play. For more information about the APA Foundation, visit apafdn.org.

APAPAC & Congressional Advocacy Network

Together, we're making a difference to reach lawmakers on the importance of the many issues facing our profession and patients like access to high quality mental health care, parity enforcement, research, and social determinants of health. APA members can get involved through the American Psychiatric Association Political Action Committee (APAPAC) and the Congressional Advocacy Network (CAN). APAPAC identifies and makes political contributions to candidates' campaigns for federal office who are supportive of mental health issues affecting our specialty and our patients, through the generous contributions of members. CAN helps to develop, train, and energize a national network of psychiatrists committed to building personal relationships with members of Congress to help educate them on mental health issues and the profession of psychiatry. Please stop by APA Central to learn how you can get involved.

APA JobCentral

Looking for your next career move, or need to hire? Visit APA JobCentral located in APA Central to discover available jobs across the country or post a position. A representative will be available to assist you with the user-friendly system. Using the Event Connection tool, candidates and employers can flag their resume and/or posting to show their attendance at this year's meeting. Stop by and pick up a copy of the 2023 APA JobCentral Featured Jobs guide. Visit us online at psychiatry.org/jobcentral and preview our new career benchmark survey tool.

APA Art Association Exhibit

Lower Lobby, Moscone South

Sunday 10:00 a.m. - 4:00 p.m. **Monday - Tuesday** 10:00 a.m. - 5:00 p.m.

This exhibit includes paintings, photography, ceramics, and crafts created by APA members and/or their significant others. Stop by for information on joining the APA Art Association.

APA Bookstore

Exhibit Halls A-C, Exhibition Level Moscone South

Saturday 11:45 a.m. - 4:00 p.m.

Sunday - Monday 9:15 a.m. - 10:30 a.m.

11:45 a.m. - 4:00 p.m.

Tuesday 9:15 a.m. - 10:30 a.m.

11:45 a.m. - 1:30 p.m.

Stop by the APA Bookstore to see the latest books, journals and online content. You'll find new bestselling titles and classic reference works on every area of psychiatry, including the *DSM-5-TR*. APA members can take advantage of a 20 percent discount, and APA resident-fellow members receive a 25 percent discount on all book purchases. Special member prices are available on subscription products.

Book Signings

Monday, May 22

Bestselling Authors:

Heather McGhee 12:15 p.m. - 2:45 p.m.

Beth Macy 3:15 p.m. - 3:45 p.m.

Psychiatric News and Psychiatric News Update

The Psychiatric News Update is an enewsletter that is produced on-tsite each day of the meeting and reports on major Annual Meeting events, plenary and scientific sessions, and general news. It is emailed to all attendees and APA members and is available in the APA Meetings App. Print copies of the latest issue of Psychiatric News can be picked up from bins located in key locations at the Moscone Center. Extensive coverage of the meeting will appear in later issues of Psychiatric News in special Annual Meeting sections.

APA Foundation Benefit

Monday May 22, 7:00 p.m. -10:00 p.m. Ticketed Event

San Francisco Museum of Modern Art 151 3rd St. San Francisco, CA Get tickets at **apafdn.org/benefit**

APA Meetings App

The APA Meetings App gives you all the information you need to navigate the Annual Meeting.

Search the scientific program by day, format, topic, or speaker. Use maps to find meeting spaces and the Exhibit Hall. Receive real-time alerts from the APA and provide feedback through surveys.

To download the app for Apple and Android devices, visit the App Store or Google Play and search for "APA Meetings" or visit psychiatry.org/app from your mobile device. For app assistance during the meeting, visit the Education Center.

APA Newsroom and Communications Office

Room 105, Moscone South

Saturday - Tuesday 8:00 a.m. - 5:00 p.m. **Wednesday** 8:00 a.m. - 11:00 a.m.

These rooms are for the use of registered and credentialed members of the media.

Continuing Medical Education Certificate of Attendance and Evaluation

The general meeting evaluation and CME certificates are available at the CME Credit Booth located in the South Lobby, Monday – Wednesday, 7:30 a.m. – 5:15 p.m. or online at psychiatry.org/AMcme. The online evaluation website will be available during the meeting and for three months afterward. Participants can claim CME certificates through August 25, 2023 You will need the username and password provided in your registration confirmation email or your badge number to access the evaluation and obtain your certificate. For assistance, please contact educme@psych.org. **Certificates will not be issued after August 25, 2023.**

Educational Objectives

By participating in this meeting, you will:

- ▶ Describe new research findings in psychiatry and neuroscience and how they may impact practice.
- Apply quality improvement strategies to improve clinical care.
- Provide culturally competent care for diverse populations.
- ► Describe the utility of psychotherapeutic and pharmacological treatment options.
- ► Integrate knowledge of current psychiatry into discussions with patients.
- Identify barriers to care, including health service delivery issues.

Accreditation

In support of improving patient care, the American Psychiatric Association is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The APA designates this live activity for a maximum of 43 AMA PRA Category 1 CreditsTM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Unless otherwise specified, scientific sessions on the Annual Meeting program meet the criteria for *AMA PRA Category 1 Credit™*. Sessions in the following program formats are designated as Category 1: courses and master courses, FOCUS Live!, general sessions, learning lab sessions, presidential sessions, and APA Publishing sessions.

Poster sessions, the Emerging Voices plenary, and events in the Mental Health Innovation Zone are NOT designated for AMA PRA Category 1 Credit $^{\text{TM}}$.

Please note that the scientific program schedule is subject to change. Please see the APA Meetings App for details on changes to the scientific program.

Attendance

Scientific sessions and posters are open to all Annual Meeting registrants. Courses and master courses require advance registration and an additional registration fee. You must be registered for the meeting before you can enroll in courses and master courses.

To document CME credit earned at the Annual Meeting, participants should maintain a list of sessions they attend. Credit is earned on an hour-for-hour basis. A daily attendance log is provided in this book for tracking your sessions and credits. See page 66.

Course Enrollment

Moscone Center

Saturday - Wednesday

8:00 a.m. - 5:00 p.m.

Course Information

Take advantage of our unique course offerings to ensure continued success in your profession. The APA provides over 22 courses that will help enhance your skills to provide a superior quality of service to your patients.

Courses are designed to refresh your thinking, gain insight, master new material in depth, and network with mental health professionals. APA Annual Meeting courses will cover a variety of topics this year, including child and adolescent psychiatry, addiction psychiatry, psychotherapy, geriatric psychiatry, and psychopharmacology. The APA offers six master courses that are designed to broaden your professional skills and knowledge in special areas. All master courses include a content-related publication from American Psychiatric Association Publishing.

Course descriptions are available in the APA Meetings App. You must be registered for the meeting before you can enroll in courses and master courses. A separate fee is required for all courses and master courses. Course enrollment can be completed at Registration beginning at Noon on Friday.

Education Center

103/104 Foyer, Moscone South

Saturday - Wednesday

7:30 a.m. - 5:15 p.m.

Education Information

Come to the Education Center to learn more about APA educational opportunities online and after the meeting. Members of the APA administration will be available to answer your questions on MOC, CME and Annual Meeting programming, as well as provide information on how APA educational resources can help you meet your education needs.

APA Meetings App Information

Is this your first APA Annual Meeting? New to the APA Meetings App? Stop by the Education Center to take the mobile meeting app for a test drive.

Scientific Program Concierge

Come here for information on scientific sessions listed in the *Program* or *Syllabus*, to learn how to submit a scientific session for the 2024 Annual Meeting, or for changes to your scientific session.

Presenter Changes

We understand that emergencies can necessitate a last-minute presenter change. If you need to replace, add or remove a presenter for your scientific session, please contact the Scientific Program Concierge in the Education Center no less than 24 hours in advance of the start of your session. All presenters must submit a financial disclosure and presenter release and must be approved by the Scientific Program Committee.

APA Scholar Check-In

If you applied in advance for the APA Scholar program, come to the Education Center to check in and receive instructions at least 30 minutes prior to the start of your session.

On Demand Sales

Lobby, Moscone South

Saturday - Wednesday 7:30 a.m. - 5:30 p.m.

Located in the Education Center, APA Annual Meeting On Demand includes over 300 hours of educational content from the Annual Meeting. Content is available online within 24 hours.

Exhibitor Registration Lobby, Moscone South

Friday 12:00 p.m. - 6:00 p.m. Saturday - Tuesday 7:30 a.m. - 1:00 p.m.

Registered exhibitors will receive red badges that will permit access only to his/her exhibit booth in the Exhibit Hall and to ride the APA shuttle bus. If an exhibitor wants to attend sessions, he/she must register for the meeting and pay the appropriate fee.

Exhibits

Exhibit Halls A-C, Exhibition Level **Moscone South**

Saturday 11:45 a.m. - 4:00 p.m.

Sunday - Monday 9:15 a.m. - 4:00 p.m.

Tuesday 9:15 a.m. - 1:30 p.m.

The Exhibit Hall closes at 10:30 a.m. and reopens at 11:45 a.m. Sunday and Monday. All exhibits in the Exhibit Hall close at 1:30 p.m. on Tuesday. For details of all Exhibit Hall activities, please refer to the Exhibit Guide, Page 135.

Mid-Day Mingles

Enjoy an extended stay to meet exhibitors and learn more about their products and services from 11:45 a.m. - 1:30 p.m. Complimentary snacks will be available throughout the hall.

See Exhibition Information, page 136 for more information on Exhibit Hall activities.

The Stage

This is the hub of the Exhibit Hall where you can rest, recharge electronic devices and take advantage of great non-CME presentations:

Coffee & Conversations

Join thought leaders as they present 30-minute talks on engaging, timely topics over a cup of coffee. See page 143 for details.

Huddles

Huddles are 30-minute presentations hosted by sponsors on various topics. See page 142 for details.

First Aid

Behind Room 6, Exhibition Level **Moscone South**

Tuesday (May 16) -

Wednesday (May 24) 7:00 a.m. - 6:00 p.m.

Mental Health Innovation Zone

Hall B Foyer, Exhibition Level, Moscone South

Saturday (May 20) - Tuesday (May 23)

See page 22 for more information.

Gender-Neutral Restrooms

Gender-neutral restrooms are on each floor of the Moscone Center and are identified with appropriate signage.

International Pavilion

Exhibit Halls A-C, Exhibition Level

Moscone South

Saturday 5:30 p.m. - 7:00 p.m. Sunday - Tuesday 10:00 a.m. - 4:00 p.m.

Lost and Found

Room 70/72, Lower Mezzanine, Moscone South

Friday - Wednesday 6:30 a.m. - 5:00 p.m.

Meetings Office

Room 70/72, Lower Mezzanine, Moscone South

Friday - Wednesday 6:30 a.m. - 5:00 p.m.

Members of the APA Administration located in the Meetings Office are in charge of the logistics for the meeting. Lost and found is also located in this office.

Nursing Mother's Pod

Moscone South, Lower Mezzanine Level, near Room 50

Participation Policy

The American Psychiatric Association's policy is to promote an environment of mutual respect, wellbeing, and collegiality at its meetings. APA values and benefits from the diverse opinions its members hold on the issues with which the Association and the psychiatric profession are confronted. All individuals at the meeting agree to conduct themselves in a manner appropriate for health care professionals. This includes respect for the intellectual property of others, proper display and use of meeting badges, and the avoidance of aggressive or inappropriate behavior towards others. Individuals participating in APA sponsored meetings agree to listen respectfully to all views presented, be courteous to others regardless of whether you agree or disagree with the views presented, and to exhibit the professionalism and collegiality expected of psychiatrists. If an individual believes that these rules have been violated or acceptable social decorum has otherwise been breached, they shall contact a member of the APA Administration to help with the situation. APA reserves the right to remove any posted content and to remove meeting access rights of any individual violating this policy and will not provide a refund.

Publishers Book Expo/Career Expo

Exhibit Halls A-C, Exhibition Level Moscone South

 Saturday
 11:45 a.m. - 4:00 p.m.

 Sunday - Monday
 9:15 a.m. - 4:00 p.m.

 Tuesday
 9:15 a.m. - 1:30 p.m.

Registration

Admission to all sessions is by registration badge only. A separate fee is required for all courses and master courses.

Lobby, Moscone South

Friday Noon – 6:00 p.m. **Saturday – Tuesday** 7:30 a.m. – 5:00 p.m.

The registration fee covers admission to all sessions (except courses and master courses) and shuttle buses and includes a badge and copy of the *Guide to the 2023 Annual Meeting.* The *Guide, Syllabus and Proceedings*, and *Poster Proceedings* will be published online for downloading. Registration badges are required for all sessions and the Exhibit Hall. Only an APA member badge will admit you to the Business Meeting.

Scientific Session Capacity Guidelines

If overcrowding occurs in a scientific session, we ask for your assistance in abiding by the following guidelines so that all in attendance can benefit:

- ► Take a seat as close to the front of the room as possible.
- Move to the center of the row and fill all seats so that chairs are available near the aisles for additional attendees.
- Don't stand or sit in the aisles or lean against walls. The fire marshall may shut down an overcrowded session; therefore, please either find a seat or choose another session to attend.

Session Overflow Theater Rooms 207/208/215/216 Second Level, Moscone South

Sessions will occassionally reach capacity. If this is the case, the session may be made available in the **Session Overflow Theater**.

Bring your **personal phone or mobile device and a pair of headphones** to access audio of any session currently available in the overflow theater.

Overflow information, including availability of sessions in the overflow theater, will be posted in the APA Meetings App.

Session Slides

Some presenters have elected to provide their presentation slides to meeting attendees in advance. Should session slides be available, they can be downloaded from the APA Meetings App under the session description. If slides are not available in the app, this means the session presenters did not provide their slides in advance.

Smoking Policy

Smoking is not allowed anywhere in the Moscone Center.

Audio and Visual Reproduction Policies

Attendees are not permitted to photograph or video record any session, including any slides presented during a session. This prohibition includes photographs taken with cell phone cameras. Audio recording using small portable recorders is permitted for personal use only, unless prohibited by the individual session presenter(s). Use of larger, professional recorders is permitted only for registered members of the working press in accordance with APA press policies. Media will be identified with silver badges, and approved equipment will be identified with APA Newsroom stickers. APA's authorized recording vendor will be clearly identified when recording sessions.

Wi-Fi

Attendees will have free wireless access in all public spaces and meeting rooms.

There is also free Wi-Fi at The Stage (Exhibit Halls A-C, Exhibition Level, open during exhibit hours), with charging stations for electronic devices.

Future APA Meetings

APA Annual Meetings

 May 4-8, 2024
 New York, NY

 May 17-21, 2025
 Los Angeles, CA

Mental Health Service Conference

October 12-14, 2023

Washington, DC

Registration is now open for the 2023 Mental Health Services Conference! For preliminary program information, which includes registration, housing, air travel, and the scientific program, and to register, please visit **psychiatry.org/mhsc**.

SCHEDULE-AT-A-GLANCE				
Friday May 19	Noon - 6:00 p.m.	Registration Open		
	7:30 a.m 5:00 p.m.	Registration Open		
	8:00 a.m 5:15 p.m.	Courses, Scientific Sessions, Education Center		
Saturday	10:30 a.m 5:15 p.m.	Poster Sessions		
May 20	11:45 a.m 4:00 p.m.	Exhibit Hall Open Exhibits, APA JobCentral, APA Bookstore, Publishers & Career Expos, Coffee & Conversations, and Product Showcases, The Stage, Mind & Body Pavilion		
	5:30 p.m 7:00 p.m.	Opening Session		
	7:30 p.m 9:30 p.m.	Therapeutic Update, Hilton San Francisco Union Square		
	7:30 a.m 5:00 p.m.	Registration Open		
	8:00 a.m 5:15 p.m.	Courses, Scientific Sessions, Education Center		
Sunday May 21	9:15 a.m 10:30 a.m. 11:45 a.m 4:00 p.m.	Exhibit Hall Open Exhibits, APA JobCentral, APA Bookstore, Publishers & Career Expos, Huddles, Coffee & Conversations, and Product Showcases, The Stage, Mind & Body Pavilion		
	12:30 p.m 1:30 p.m.	APA Annual Business Meeting APA Members Only		
	5:30 p.m 7:00 p.m.	MindGames live competition		

SCHEDULE-AT-A-GLANCE			
	7:30 a.m 5:00 p.m.	Registration Open	
	8:00 a.m 5:15 p.m.	Courses, Scientific Sessions, Education Center	
Monday	9:15 a.m 10:30 a.m. 11:45 a.m 4:00 p.m.	Exhibit Hall Open Exhibits, APA JobCentral, APA Bookstore, Publishers & Career Expos, Huddles, Coffee & Conversations, and Product Showcases, The Stage, Mind & Body Pavilion	
May 22	10:30 a.m Noon	Emerging Voices: DEIB, Leadership and Innovation Plenary Session	
	5:30 p.m 6:30 p.m.	Convocation of Distinguished Fellows feat. the William C. Menninger	
	7:00 p.m 10:00 p.m.	APA Foundation's Annual Benefit	
	7:30 a.m 5:00 p.m.	Registration Open	
	8:00 a.m 5:15 p.m.	Courses, Scientific Sessions, Poster Sessions, Education Center	
Tuesday May 23	9:15 a.m 10:30 a.m. 11:45 a.m 1:30 p.m.	Exhibit Hall Open Exhibits, APA JobCentral, APA Bookstore, Publishers & Career Expos, Huddles, Coffee & Conversations, and Product Showcases, The Stage, Mind & Body Pavilion	
	10:30 a.m Noon	Changing the Conversation Plenary Session	
Wednesday May 24	7:30 a.m 5:00 p.m.	Registration Open	
	8:00 a.m 5:15 p.m.	Courses, Scientific Sessions, Poster Sessions, Education Center	
	8:00 a.m 9:30 a.m.	Poster Sessions	

Shuttle Service

A 2023 meeting badge is required to ride on the courtesy shuttle bus. The George R. Moscone Convention Center will serve as the hub for all shuttle bus routes.

Shuttle buses will not pick up at each hotel, you must go to the closest shuttle stop to board the bus to and from the Moscone Convention Center.



Route 1 - Red

Hilton SF Union Square

Taylor Street Entrance

at Hilton SF Union Square

Parc 55 Lobby Entrance

Axiom Hotel at Parc 55
Hotel Abri at Parc 55
Hotel Nikko at Parc 55

Hotel Zetta Lobby Entrance



Route 2 - Yellow

Hotel Triton Across Kearny St. at Bush St.

Omni San Francisco Bar Entrance on Montgomery St.

Post Street Entrance

Palace Hotel Lobby Entrance



Route 3 - Blue

Westin St. Francis

Clift Royal Sonesta On Taylor at Geary Street

JW Marriott at Westin St. Francis Stop
Beacon Grand at Westin St. Francis Stop
Handlery Union Square at Westin St. Francis Stop
Grand Hyatt at Westin St. Francis Stop
Marriott Union Square at Westin St. Francis Stop

The Barnes at Westin St. Francis Stop

Villa Florence at Westin

Shuttle information signs will be posted in the lobby of each shuttle hotel. Check the sign in your hotel lobby for additional information and changes. For questions regarding the shuttle or to make an advance reservation for a wheelchair accessible shuttle, please see the shuttle supervisor at the Moscone Convention Center during shuttle hours.

Hours of Operation:

Saturday, May 20, 2023 7:00 a.m. - 8:15 p.m.

Sunday, May 21, 2023 7:00 a.m. - 5:30 p.m.*

Monday, May 22, 2023 7:00 a.m. - 7:30 p.m.

Tuesday, May 23, 2023 7:00 a.m. - 5:30 p.m.

Wednesday, May 24, 2023 7:00 a.m. - 5:30 p.m.

*Shuttle service will temporarily halt between approximately 8:00 a.m. and 10:30 a.m. on Sunday due to the road closure on Howard St. for the Bay to Breakers Race. Exact closure times are subject to change, we recommend taking an early shuttle bus.

The following hotels are **NOT** on a shuttle route but are within walking distance of the Moscone Convention Center:

The Clancy, Autograph Collection

Hyatt Regency
Downtown SOMA

InterContinental San Francisco

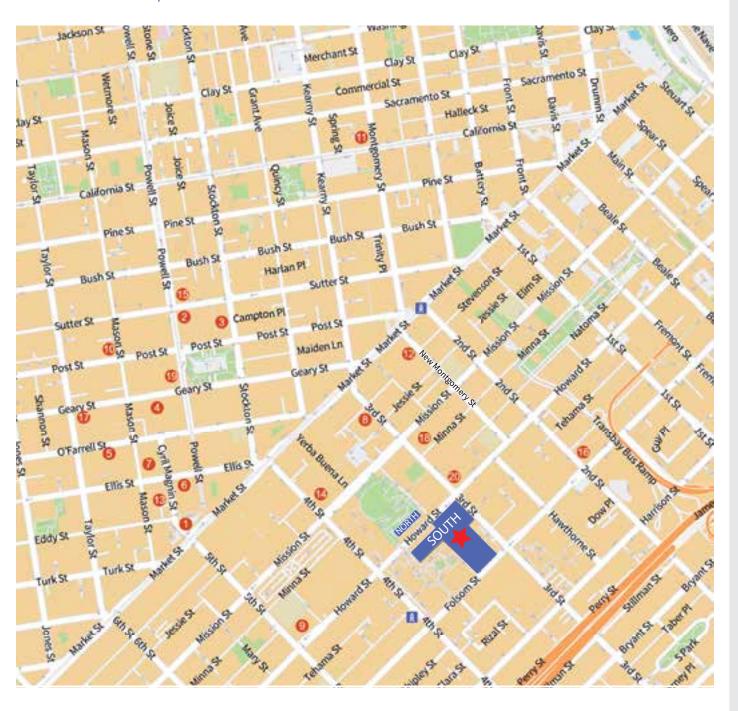
Marriott Marquis San Francisco

Mosser Hotel

St. Regis San Francisco

W San Francisco

Hotel Map



Hotel Names and Locations

- 1 Axiom Hotel San Francisco 28 Cyril Magnin Street
- 2 Beacon Grand, A Union Square Hotel 450 Powell Street
- 3 Grand Hyatt San Francisco Union Square 345 Stockton Street
- 4 Handlery Union Square Hotel 351 Geary Street
- 5 Hilton San Francisco Union Square 333 O'Farrell Street
- 6 Hotel Abri Union Square 127 Ellis Street
- 7 Hotel Nikko San Francisco 222 Mason Street
- 8 Hyatt Regency San Francisco Downtown SOMA 50 Third Street
- 9 InterContinental San Francisco 888 Howard Street
- 10 JW Marriott San Francisco Union Square 515 Mason Street

- 11 Omni San Francisco 500 California Street
- 12 Palace Hotel, a Luxury Collection Hotel, San Francisco 2 New Montgomery Street
- 13 Parc 55 San Francisco, a Hilton Hotel 55 Cyril Magnin Street
- 14 HQ San Francisco Marriott Marquis 780 Mission Street
- 15 San Francisco Marriott Union Square 480 Sutter Street
- 16 The Clancy, Marriott Autograph Collection 299 2nd Street
- 17 The Clift Royal Sonesta Hotel 495 Geary Street
- 18 The St. Regis San Francisco 125 Third Street
- 19 The Westin St. Francis San Francisco on Union Square 335 Powell Street
- 20 W San Francisco 181 Third Street

WE PROTECT **PSYCHIATRISTS**

FORENSIC PART-TIME MILITARY CHILD & ADOLESCENT ADDICTION GERIATRIC TELEPSYCHIATRY MOONLIGHTING RESIDENTS & FELLOWS

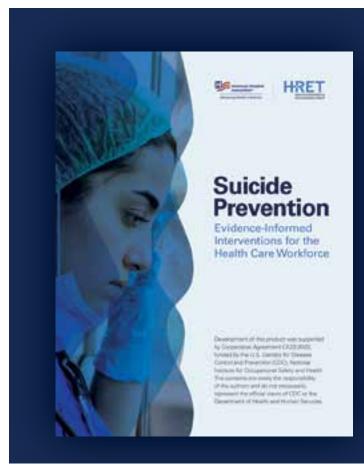
A POLICY WITH PRMS® COVERS YOU FOR THE TYPE OF PSYCHIATRY YOU PRACTICE

Professional liability protection is just one part of our comprehensive insurance program. When it's time to select your insurance provider, choose the program that puts psychiatrists first!



More than an insurance policy
800.245.3333 | PRMS.com/Dedicated | TheProgram@prms.com

nsurance coverage provided by Fair American Insurance and Reinsurance Company (FAIRCO), New York, NY (NAIC 35157). FAIRCO is an authorized carrier in California, ID number 3715-7. www.fairco.com. PRMS, The Psychiatrists' Program and the PRMS Owl are registered Trademarks of Transatlantic Holdings, Inc., a parent company of FAIRCO.



Give health care workers the mental health support they deserve.

Find proven practices to reduce stigma, improve access to behavioral health services, and address job stressors.



Special Acknowledgments

American Association of Chairs of Departments of Psychiatry: co-support of the APAF/AACDP Research Mentorship Award.

American Psychiatric Association Foundation:

support of the Child and Adolescent
Psychiatry Fellowship; Public Psychiatry
Fellowship; Diversity Leadership Fellowship;
Jeanne Spurlock Congressional Fellowship;
American Psychiatric Leadership Fellowship;
Community Diversity Fellowship; and the
Psychiatric Research Fellowship.

American Academy of Psychiatry and the Law: support of the Manfred S. Guttmacher Award and the Isaac Ray Award.

Association of Gay and Lesbian Psychiatrists: co-support of the John Fryer Award.

Association of Women Psychiatrists: co-support of the Alexandra Symonds Award Lecture.

Estate of Agnes Purcell McGavin: support of the Agnes Purcell McGavin Awards for Distinguished Career Achievement in Child and Adolescent Psychiatry, and for Prevention.

Estate of Dorothy C. Kempf: support of the Kempf Fund Award for Research Development in Psychobiological Psychiatry Awards.

Estate of Judd Marmor, M.D.: support of the Judd Marmor Award.

Estate of Kun-Po Soo, M.D., Ph.D.: support of the Kun-Po Soo Award.

The Nasrallah family: support of the Nasrallah Family Award for Advances in Psychiatric Neuroscience.

National Institute on Drug Abuse, American College of Neuropsychopharmacology,
Society of Biological Psychiatry and Medical Technology Enterprise Consortium: the
Research Colloquium for Junior Investigators.

Scattergood Program for Applied Ethics at the University of Pennsylvania and Saint Elizabeths Hospital, Washington, D.C.: recognized for its collaboration with the 2023 Scientific Program Committee in the development of an ethics track for the 2023 Annual Meeting.

Substance Abuse and Mental Health Services
Administration: support of the SAMHSA Minority
Fellowship Program and the APAF Notice. Talk.
Act at School Mental Health Awareness Training.

The Ittleson Foundation: support of the Blanche F. Ittleson Award for Research in Child Psychiatry.

National Institute on Alcohol Abuse and Alcoholism: organizing and support of the 2023 Annual Meeting Research Track.

Sozosei Foundation: support of the APAF Community Diversity Fellowship.

Brave of Heart Fund, founded by the Foundations of New York Life and Cigna and administered by **E4E Relief:** support of Frontline Connect, Mental Health for the Health Care Workforce.



An American Psychiatric Association Initiative

Use the #APAAM23
hashtag or #MHIZ
to stay connected
throughout the meeting.

The Mental Health Innovation Zone is a tech conference within the APA Annual Meeting, bringing together innovators and entrepreneurs to explore what is coming next in mental health technology and the future of innovation in mental health care. This year the Zone will host a series of panel discussions on social media and digital technologies for mental health care, and presentations of new apps and medications on the cutting edge of the field.

WELCOME SESSION

Saturday, May 20, 9:30 a.m. - 10:30 a.m. Steven Chan, M.D., M.B.A.

The Mental Health Innovation Zone (MHIZ) welcome session will showcase the technological advancements in metal and behavioral health. During the meeting, MHIZ will feature presentations that encourage development and this session will provide an overview of the topics. The MHIZ Committee Chair, Steven Chan MD, has collaborated with experts in psychiatry and innovation to develop a cutting edge program throughout annual Meeting. Steven Chan, MD, (@StevenChanMD, www.stevenchanMD.com) is a clinical informaticist and addiction psychiatrist, clinical assistant professor at the Stanford University School of Medicine, and Chair of the Committee on Innovation at the American Psychiatric Association. Dr. Chan's research encompasses telepsychiatry and digital mental health, applied to underserved and minority health. Dr. Chan is a sought-after national speaker whose ideas, thoughts, and research have been featured at Google headquarters, JAMA, Telemedicine and e-Health, JMIR (Journal of Medical Internet Research), Wired, PBS, and NPR Ideastream. His latest venture is Mental Power Hacks - @mpowerhacks - a consumer guide to mental performance, productivity, & success

MINDGAMES COMPETITION

Sunday, May 21, 5:30 p.m.

The Mental Health Innovation Zone will champion the future of psychiatry through 2023 MindGames competition on Sunday, May 21, 5:30pm. The jeopardy style event stimulates and challenges psychiatry residents on their medical knowledge and their ability to quickly, critically and accurately apply such knowledge in answering questions related to psychiatric disorders and treatment approaches. Competitors are expected to exhibit professionalism and fair play throughout the process.

PSYCHIATRY INNOVATION LAB (PIL) Monday, May 22, 2:00 p.m.

On Monday, May 22, MHIZ will facilitate the Psychiatry Innovation Lab (PIL), which brings together leaders in psychiatry with experts in business, technology, medicine, and government. PIL participants will pitch their ideas for innovations in mental health care to win a prize awarded by a panel of expert judges.

Innovations in DEI & Underserved Care

Saturday, May 20, 9:30 a.m. - 10:30 a.m.

Technology has revolutionized the way we access mental health services, and we now have countless options to provide mental health support to underserved and minority communities. Join us to explore how technology can innovate the mental health field with a focus on mobile apps, virtual platforms, and online tools to provide therapy and counseling services to those who may not have access to care. We'll also discuss how technology can be used to collect data, measure progress, and improve collaboration among mental health clinicians. Finally, we'll explore the potential of using technology to create a more equitable and inclusive mental health care system.

How to Build An App — from Psychiatrists Launching their Own Saturday, May 20, Noon – 12:40 p.m.

Building a mental health app can be a great way to reach out to those in need of emotional and mental support who may be lacking access to care. With the right strategy and design, you can create an app that helps users manage their mental health, promote positive habits, and access resources. This panel will give a high level approach to building a mental health app from clinicians who have been involved in the process.

Accelerators, Incubators, and Startups

Saturday, May 20, 12:45 p.m. - 1:30 p.m.

Startup culture is on the rise, and that includes mental health startups. Mental health is one of the top global healthcare issues, and while there has been some progress in recent years, there is still a need for innovative solutions. This is where accelerators, incubators, and startups come in. Accelerators are programs that provide resources, mentorship, and funding to help a startup grow quickly. Incubators provide a longer-term, more structured approach to developing a startup. They provide space and tools for entrepreneurs to develop their ideas and also provide mentorship and resources. Startups are companies that use innovative approaches to develop products and services that address mental health issues. In this panel, we will discuss the different types of accelerators, incubators, and startups that are focused on mental health, look at their different approaches, the services they offer, and the impact they can have on the mental health space. We will also discuss some of the challenges these organizations face and the opportunities for growth in the future.

The 2023 Mental Health Innovation Zone is sponsored by:





VR/AR Applications in psychiatry

Sunday, May 21, Noon - 12:40 p.m.

Virtual Reality (VR) and Augmented Reality (AR) are becoming more prevalent in the field of psychiatry, offering new ways for psychiatrists to treat their patients. The panel will discuss the potential applications of VR and AR in psychiatry and how these technologies can be used to help patients. It will cover how VR and AR can be used to create realistic environments for therapy, allowing psychiatrists to better simulate real-world scenarios and give patients a more immersive experience. The use of AR and VR in psychiatry can also help create virtual spaces where patients can explore their own thoughts and feelings in a safe and controlled environment. Additional applications of VR and AR include treating mental health issues such as depression, anxiety, and post-traumatic stress disorder (PTSD). Finally, the panelists will discuss how these technologies can be used to help create virtual support systems that can help patients cope better with their symptoms as well as the dangers and limitations of using VR and AR in mental health.

Leadership and Innovation in Psychiatric Technology & Engineering

Sunday, May 21, 12:45 p.m. - 1:30 p.m.

Mental health is an important part of any individual's overall well-being and in recent years, technological advancements have allowed for a greater understanding of mental health. These advancements have brought innovative treatments and improved quality of care. This panel explores the role of leadership and innovation in mental health technology. We'll talk about the need for leaders in the field to recognize the potential of new technologies, to inspire and guide researchers and practitioners, and to create an environment that encourages collaboration and creativity. Finally, we'll discuss how the right leadership can enhance the impact of mental health technology, enabling it to reach a wider audience and improving the quality of care available to those in need.

Machine Learning and Biomarkers

Monday, May 22, Noon - 12:40 p.m.

This panel explores the use of machine learning and biomarkers in psychiatry via studies that explore the brain and aim to better understand and treat mental illnesses. Machine learning is a type of artificial intelligence that gives computers the ability to learn and improve from experience. In an effort to better understand

the root causes of mental health conditions and improve treatments, machine learning and biomarkers are being explored as a way to build complex models which can be used to make predictions and classify data. Additionally, machine learning can be used to better understand the patterns and relationships between symptoms, behavior, and mental illness, as well as to predict the effectiveness of treatments. The second topic, biomarkers, are measures which can be used to measure changes in the body related to illness. In psychiatry, biomarkers can be used to measure the activity of the brain and changes in brain chemistry which can be used to identify potential risk factors for mental illness. This panel aims to explore how machine learning and biomarkers can be used to improve our understanding of mental illness and better.

Venture Capital and Funding for Mental Health Monday, May 22, 12:45 p.m. – 1:30 p.m.

Are you an entrepreneur looking to start a mental health startup? Fundraising is one of the most difficult parts of getting a new venture off the ground. We will discuss venture capital and funding for mental health startups by exploring the current landscape of venture capital and funding for mental health startups. We'll explain the types of investments available and the criteria for getting funding as well as identify the key players in the venture capital and funding world. Lastly, we'll discuss the challenges of getting funding for mental health startups as we look at some of the common misconceptions about venture capital and the challenges of gaining traction for an innovative idea.

Sustaining Innovation in Mental Health: Navigating Payment & Monetization

Tuesday, May 23, Noon - 12:40 p.m.

How do you ensure mental health innovations are financially sustainable? Join the panel to discuss how to financially sustain innovation in the mental health industry. We'll go over ways to secure funding and grants, ways to increase revenue, and strategies to ensure that your mental health innovations continue to thrive in the long-term.

ChatGPT, Al Interactions, & Everything Chatbot

Tuesday, May 23, 12:45 p.m. - 1:30 p.m.

Chatbots and conversational agents are becoming increasingly popular in mental health care. We'll discuss how chatbots and conversational agents can be used to provide mental health support and how they can be used to supplement traditional therapy. We'll also look at the ethical considerations of using this technology in the field of mental health as well as challenges that may present with this new technology.

Visit the

APA BOOKSTORE

in the Exhibit Hall May 20-23, 2023

Bookstore Hours

Saturday 11:45 a.m. - 4:00 p.m.

Sunday 9:15 a.m. - 10:30 a.m.

11:45 a.m. - 4:00 p.m.

Monday 9:15 a.m. - 10:30 a.m.

11:45 a.m. - 4:00 p.m.

Tuesday 9:15 a.m. - 10:30 a.m.

11:45 a.m. - 1:30 p.m.

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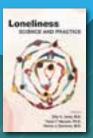
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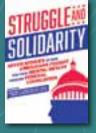










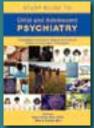


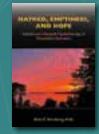
























Disclosure Information

American Psychiatric Association Continuing Medical Education Policy on Full Disclosure

For all program planners and presenters at CME activities, the American Psychiatric Association requires disclosure of all relevant financial relationships with any commercial interest in any amount occurring within the past 12 months, including those of spouse/ partner. A commercial interest is an entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on, patients. Financial relationships are those relationships in which the individual benefits by receiving a salary, royalty, intellectual property rights, consulting fee, honoraria for promotional speakers' bureau, ownership interest, or other financial benefit. An "affiliation" may include holding a position on an advisory committee, speakers' bureau or some other role or benefit to a supporting organization.

In compliance with the ACCME's Standards for Commercial Support, the APA has a management of conflict (MCI) process for all CME activities. This process ensures that all conflicts of interest are identified, managed and resolved prior to the educational activity. Additionally, the prospective audience must be informed of the presenters' or program planners' affiliations with every commercial interest by an acknowledgment in the online disclosure index and verbal or visual disclosure to participants at

the session (disclosure by slide is required if audiovisual equipment is used for the presentation). Disclosing to learners the relevant financial relationships that were present and resolved assists learners in assessing the potential for bias in the information that is presented. The APA also requires verbal disclosure of discussion of unlabeled uses of a commercial product or investigational use of a product not yet approved for this purpose.

The presenters and planners listed in section A of the online disclosure index indicated that either they or a spouse/partner have a financial interest or other affiliation with a commercial entity producing, marketing, re-selling, or distributing health care goods or services consumed by or used on patients; the company name and affiliation is also listed. Providers of clinical service directly to patients are not considered to be commercial interests. The second group of presenters and planners, listed in section B, indicated neither they nor a spouse/partner have any relationship to disclose.

All presenters and planners must complete a disclosure in order to participate in an APA CME activity. The online disclosure listing includes both the presenters and planners of the Scientific Program and New Research Poster Sessions.

For disclosure information for the 2023 Annual Meeting program, visit

psychiatry.org/AMdisclosure





CERTIFICATE OF ATTENDANCE

How do you obtain it?

GET YOUR CERTIFICATE ONLINE OR IN PERSON

To receive your certificate in person:

Complete the general evaluation form at the CME Certificate of Attendance Booth

Located in the Education Center, New Orleans Theater Foyer, Second Floor

Types of Certificates

- Certificate of Credit for physicians
- Certificate of Attendance for non-physicians

CERTIFICATE IS AVAILABLE DURING OR AFTER THE MEETING

CME Certificate of Attendance Booth

Location: Education Center, 103/104 Foyer, Moscone South

Hours of Operation:

May 20-25 7:30a.m. - 6:30p.m. Daily

Note: Canadian physicians may record this group learning activity for Royal College of Canada MOC Section 1 credits.

To receive your certificate online:

Complete the online evaluation at psychiatry.org/AMcme

*Retain badge number to access evaluation online

The website will remain active until: **August 25, 2023**

CME credit for APA members will be recorded at apaeducation.org and transferred to your ABPN Physician Portal in October 2023.

Accreditation & Designation

In support of improving patient care, American Psychiatric Association (APA) is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The American Psychiatric Association designates this live activity for a maximum of 43 AMA PRA Category 1 CreditsTM Physicians should claim only the credit commensurate withthe extent of their participation in the activity.

For questions, contact the American Psychiatric Association Office of Accreditation & Compliance: educme@psych.org



Format Descriptions

Courses/Master Courses

Courses are designed to emphasize learning experiences that actively involve participants, include the opportunity for informal exchange with the faculty, and provide a deeper exploration of a topic than would be found in the general meeting program. Offered in four-hour (half-day), and eight-hour (full-day) sessions, courses either review basic concepts in a special subject area or present advanced material on a circumscribed topic. Courses require an additional fee for enrollment.

FOCUS Live

These 90-minute sessions allow participants to test their knowledge using an interactive audience response technology, Experts, who served as guest editors of *FOCUS*, will lead lively multiple-choice question-based discussions, and the audience will enter their answers with their mobile devices. Results are instantly tallied and projected on the screen, providing participants with immediate feedback. Attendees are expected to bring their own devices for use during the session. MOC-2 credit is available for participants in *FOCUS* Live sessions.

General Sessions

General Sessions emphasize learning through a combination of lecture and audience interaction, such as role playing and small group discussion. All General Sessions are 90 minutes long and comprise the majority of the scientific program at the Annual Meeting.

Learning Lab

The Learning Lab introduces an exciting new way to learn at the Annual Meeting. Each session in the Learning Lab transforms learning through collaboration, rich discussion around issues impacting psychiatry and hands-on learning.

Poster Sessions

This format allows for presentations of very recent findings. Posters are visual, self-explanatory presentations offered in three categories: International, Medical Student/Resident Competition and New Research.

Presidential Sessions

Presidential Sessions are prestigious 90-minute presentations by experts in their respective fields, specially invited by the APA President to speak at the meeting. These sessions feature the most prestigious speakers and will cover topics of the greatest relevance to psychiatry today.

APA Publishing Sessions

These sessions, organized by American Psychiatric Publishing, are 90 minutes and feature presentations on a particular topic by APA authors and editors. During these sessions, attendees can meet and interact with authors and editors of APA publications.

Learning Labs



The Learning Lab introduces an exciting new way to learn at the APA Annual Meeting. Every session in the Learning Lab transforms learning through collaboration, rich discussion around issues impacting psychiatry, and hands-on learning. Sessions include a resident leadership boot camp, crisis simulation, long-acting injectables workshop, and much more.

For more information on Learning Lab sessions, please see the APA Meetings App.

SATURDAY, MAY 20

Learning Labs

Room 301, Third Level, Moscone South

8:00 a.m. - 9:30 a.m.

How to Set Up and Sustain a Telepsychiatry Practice

Shabana Khan, M.D.; John Torous, M.D., M.B.I.; Steven Richard Chan, M.D., M.B.A.; James Shore, M.D., M.P.H.

10:30 a.m. - 12:00 p.m.

Brain-ival! Using interactive games to teach neuroscience

Ashley Walker, M.D.; David Ross, M.D.; Joseph Cooper, M.D.; Melissa Arbuckle, M.D.

1:30 p.m. - 3:00 p.m.

Transcranial Magnetic Stimulation: Future Innovations and Clinical Applications for Psychiatric Practice

Richard Bermudes, M.D.; lan Cook, M.D.; Karl Lanocha, M.D.

SUNDAY, MAY 21

10:30 a.m. - 12:00 p.m.

Supporting Person-Centered Care: A Simulation of Hearing Voices

Sherin Khan, L.C.S.W.

1:30 p.m. - 3:00 p.m.

Launching and Navigating a Successful Career in Academic Medicine

Laura Roberts, M.D.; Bernice Yau, M.D.; Matthew Yung, M.D.; Neema Khonsari, M.D.; Wayles Haynes, M.D.

MONDAY, MAY 22

1:30 p.m. - 3:00 p.m.

Using Social Media to Educate, Advocate, and Empower: A Panel of Social Media Experts in Healthcare

Jake Goodman, M.D., M.B.A.; Gregory Brown, M.D.; Howard Liu, M.D., M.B.A.; Amanda d'Almeida, M.D., M.P.H.; Daniel Villavecer, M.D., M.S.; Sasha Hamdani, M.D.

3:45 p.m. - 5:15 p.m.

Hey Siri: Can you do psychiatric education yet? (NOT FOR CME)

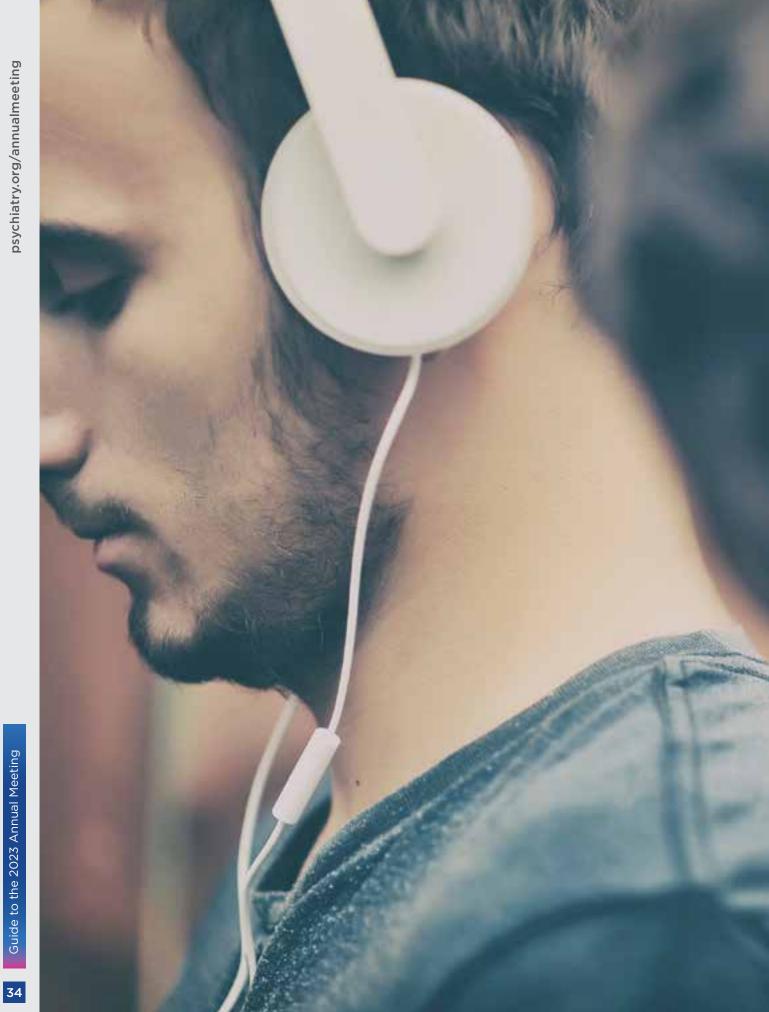
Amin Azzam, M.D., M.A.; Albert Tsai, M.D.

TUESDAY, MAY 23

1:30 p.m. - 3:00 p.m.

Give it Your Best Shot: Learning How to Administer Long-Acting Injectable Antipsychotics

Donna Rolin, Ph.D., A.P.R.N.; Robert Cotes, M.D.; Megan Ehret, Pharm.D., M.S.; Kathryn Hanley, R.N., L.P.A., PMHNP-BC; Raymond Love, Pharm.D., FASHP; Sarah MacLaurin, PMHNP-BC



Session Overflow



Sessions will occassionally reach capacity. If this is the case, the session may be made available in the **Session Overflow Theater**.

Bring your personal phone or mobile device and a pair of headphones to access audio of any session currently available in the overflow theater.

Overflow information, including availability of sessions in the overflow theater, will be posted in the APA Meetings App.

Session Overflow Theater Rooms 207/208/215/216 Second Level, Moscone South

If a session reaches capacity, it may be made available shortly in the overflow theater, Rooms 207/208/215/216 on the second level of the convention center.

If so directed, please follow the instructions of APA Administration to the overflow theater.

Outside the doors of the theater, you will find electronic signs where you can scan a **QR code** on your phone or mobile device to access the audio of any session currently available in the overflow theater. A link is also available in the mobile app.

Once you have connected to your session of choice, please proceed into the theater and choose any seat. You will be able to listen to the presentation on your device and watch on the screens at the front of the room.

For the best experience and as a courtesy to others in the theater, please wear headphones while watching presentations in the overflow theater.



A Welcome to Residents, Fellows and Medical Students

Dear Resident, Fellow (RFM) and Medical Student members, welcome to San Francisco and the 2023 APA Program!



If this is your first meeting (or not, and you are still feeling a bit perplexed by this whole conference process), you might find the number of attendees a bit overwhelming, the plethora of outstanding sessions and posters

inspiring but challenging to prioritize, and the Exhibit Hall and Moscone Convention Center a bit chaotic. Here are some suggestions from **your** RFM Committee to make your meeting the best ever.

As part of her presidential year, Dr. Brendel, with our Scientific Program Committee (SPC) chair, Dr. Eric Williams, championed the development of a new education track specifically designed to meet your needs as RFM members. Two medical students are co-chairs of this committee, and multiple medical students, residents and fellows populate the RFM subcommittee. They were asked to inform the agenda by offering guidance and suggestions for engagement, topics and speakers, and to participate in the sessions as well. We hope to answer your questions below with a wide variety of sessions. Questions like:

- Can I meet the APA leadership faceto-face, understand how the APA works, appreciate the impact of organized medicine on psychiatry, and learn the importance of early career engagement with the APA?
- What's vital to learn about as I begin and continue my career trajectory in psychiatry (structural racism, mentorship, advocacy, the significance of psychotherapy, research networks, and maximizing wellness and avoiding burnout with life/work balance)?
- How can I make incredible presentations, hone my CV, apply for residencies, learn about fellowships, and negotiate good job contracts, start-ups, and telehealth?

Great presentations, panels, and participants, are all identified in the Program Guide as RFM track. Also included in this RFM guide are times and locations of meetings of APA Caucuses and liaison organizations which are open to anyone interested in their foci; these groups specifically have asked that we encourage you to attend. If something piques your interest, please go; start learning more and network with those who share your interests.

But that's not all. Three medical students have developed a welcome video and a one-page tip sheet for you to make this APA meeting experience the best and most helpful it can be. Near the RFM presentation halls there will be the **RFM Nuts and Bolts Oasis** (literally with palm trees), a space specifically designed for RFMs to gather, relax, confab, pick up information on medical student associations, schedule times for mentorship, and dream about your future. And nearby, on Monday (5/22) afternoon, a 3 hour Residency Fair will be held where medical students can interface with numerous representatives of resident education/ training programs, getting your questions answered.

The APA and your RFM Committee are committed to making this the very best program for you. Let us know if we are hitting that mark, and tell us how we can do even better. Our job is to create opportunities for you to learn and grow, and to encourage, engage, and support YOU, our next generation of psychiatrists.

Enjoy!

Jacqueline Maus Feldman, M.D.

Chair, Scientific Program RFM Committee

Residents, Fellows and Medical Students Track

	10:30 a.m Noon	How NAMI Can Collaborate With You to Advocate for Patients Families Communities and Systems
Saturday, May 20	1:30 p.m 3:00 p.m.	The Nuts and Bolts of APA: How Does It Function and How Do RFMs Fit in?
	3:45 p.m 5:15 p.m.	Amplifying Student Voices: How to Seize Leadership Opportunities Within the APA
	8:00 a.m 9:30 a.m.	Putting Your Best Foot Forward: The AAP/ APA Curriculum Vitae Boot Camp
Sunday,	10:30 a.m Noon	Psychiatry and the Humanities: How to Maintain Balance
May 21	10:30 a.m Noon	Applying to Psychiatry Residencies: A Discussion With Residency Directors
	3:45 p.m 5:15 p.m.	Exploring Fellowship Awards in Psychiatry: Opportunities Beyond the APA
	8:00 a.m 9:30 a.m.	Mentorship: Nuts and Bolts of the Gift of a Dynamic Reciprocal Relationship
Monday,	1:30 p.m 3:00 p.m.	Effective Presentation Skills in Psychiatry
May 22	1:30 p.m 4:30 p.m.	Medical Student Residency Fair (Not Available for CME)
	3:45 p.m 5:15 p.m.	Opportunity to Disrupt or Disruptive Opportunity? What You Need to Know About Startups
	8:00 a.m 9:30 a.m.	Addressing Structural Racism and Resilience in Undergraduate Medical Education and Psychiatry Training Programs
Tuesday,	1:30 p.m 3:00 p.m.	Toward an Evolving and Thriving Self During Training and Beyond: A Framework for Maintaining Well-Being
May 23	1:30 p.m 3:00 p.m.	A Psychodynamic Perspective on Psychiatry
	3:45 p.m 5:15 p.m.	Head First: How Psychiatrists Are Moving Medicine
Wednesday,	8:00 a.m 9:30 a.m.	How to Negotiate Contracts
May 24	1:30 p.m 3:00 p.m.	Networking Your Way Into a Research Career

New this year, the Annual Meeting includes a track specifically tailored toward **residents**, **fellows**, **and medical students**.

This track will provide trainees with a curated meeting experience and content throughout all five days of the meeting with topics ranging from how to apply to residency or get involved with the APA as a medical student, to developing your CV and getting started in your career.

NIAAA Research Track		
Saturday, May 20	10:30 a.m Noon	Facilitating Alcohol Recovery in the Context of a Learning Healthcare System: Challenges and Opportunities for Improving Care Delivery and Research
	8:00 a.m 9:30 a.m.	Overcoming Disparities in Alcohol Treatment Among BIPOC Women
Sunday,	10:30 a.m Noon	Closing the Treatment Gap: How Can Psychiatry Help?
May 21	1:30 p.m 3:00 p.m.	Recovery, Remission, Cessation: New Operational Definitions to Assist in the Evaluation of Treatments and Outcomes
	3:45 p.m 5:15 p.m.	Double Trouble: Management of AUD and Co-Occurring Disorders
	8:00 a.m 9:30 a.m.	Getting to the Core: The NIAAA Healthcare Professional's Core Resource on Alcohol and Other Alcohol Education Resources for Healthcare Providers
Monday, May 22	1:30 p.m 3:00 p.m.	The Promise of Precision Medicine for Treating Alcohol Use Disorder and PTSD
	3:45 p.m 5:15 p.m.	Alcohol Use Disorder as the 'Elephant in the Room': The Changing Conversation Around Alcohol in the United States
Tuesday, May 23	8:00 a.m 9:30 a.m.	Harmful Alcohol Use in Women: New Horizons in Assessment and Treatment
Wednesday, May 24	1:30 p.m 3:00 p.m.	Shared Care: The Integration of Alcohol-Associated Organ Damage and Psychiatric Care

Keep up to date on the latest policy developments impacting your practice at the state and federal levels with the Research Track. Hear what's happening and what's coming next from key policy makers who advance mental health on a national scale. Learn how to make yourself heard, as a psychiatrist, in the discussion about social determinants of mental health.

APA partners with several government agencies to develop special sessions and will host a research track with sessions from the National Institute of Mental Health (NIMH). This year's **Research Track** is hosted by **NIAAA**.

Clinical Updates Track		
	8:00 a.m 9:30 a.m.	Psychedelics and Psychedelic-Assisted Therapy: How to Counsel Your Patients
Saturday,	10:30 a.m Noon	Electroconvulsive Therapy (ECT): Clinical Update for Adult and Pediatric Patients
May 20	1:30 p.m 3:00 p.m.	ADHD Across the Lifespan
	3:45 p.m 5:15 p.m.	Approaches to Treatment Resistant OCD
	8:00 a.m 9:30 a.m.	Treatment Resistant Depression: Definitions, Associated Factors, Available Treatment Approaches and Vistas for the Future (Not for CME)
Sunday,	10:30 a.m Noon	How to Provide Gender-Affirming Mental Health Care in a Clinical Setting
May 21	1:30 p.m 3:00 p.m.	Benzodiazepines, Prescribing and De-Prescribing: A Panel Discussion
	3:45 p.m 5:15 p.m.	Pediatric Bipolar Disorder: Advances in Diagnosis and Treatment
	8:00 a.m 9:30 a.m.	If You Are a Psychiatrist, You Need to Know How to Prescribe Monoamine Oxidase Inhibitors: Guide for MAOIs So an Effective Treatment Option Is Not Lost
Monday, May 22	1:30 p.m 3:00 p.m.	Neurobiology and Treatment of Post-Traumatic Stress Disorder
	3:45 p.m 5:15 p.m.	Mental Health Apps: How to Recommend and Review
	8:00 a.m 9:30 a.m.	Medical Comorbidities of AUD and OUD Patients: What You Need to Know
Tuesday, May 23	1:30 p.m 3:00 p.m.	Alcohol Use Disorder
	3:45 p.m 5:15 p.m.	Talk as Treatment: Psychotherapy for Substance Use Disorders
	8:00 a.m 9:30 a.m.	Treatment of Bipolar Depression
Wednesday,	10:30 a.m Noon	Chronic Pain for the General Psychiatrist: A Review of Shared Mechanisms and Treatment Strategies
May 24	1:30 p.m 3:00 p.m.	An Update on Anxiety Disorders and Their Treatment
	3:45 p.m 5:15 p.m.	Advances in Non-Invasive Neuromodulation: Exploring rTMS and SAINT for the Treatment of Psychiatric Disorders

Back for the second year, the popular **Clinical Updates Track** includes practical and pragmatic training.

The Clinical Updates Track includes 18 sessions by renowned experts presenting on the practical domains clinicians deal with every day. The presenters combine their expertise with tangible learning points that provide attendees with a clear "what and why," which can be applied directly into their practice, right away.

International Medical Graduates Track			
	10:30 a.m Noon	George Tarjan Award Lecture: Navigating the Cultural Landscape for Professional Success: an IMG Perspective	
Saturday,	10:30 a.m Noon	Navigating Career Paths for IMGs: Charting Your Successful Future	
May 20	1:30 p.m 5:30 p.m.	2023 Psychiatry Review: Part 1 (\$)	
	3:45 p.m 5:15 p.m.	Innovative Strategies to Collaboratively Enhance IMG Entry and Success in Psychiatry Residency	
	8:00 a.m Noon	2023 Psychiatry Review: Part 2 (\$)	
Sunday,	1:30 p.m 3:00 p.m.	Applying for Psychiatry Residency? Some Tips and Tricks From PDs for IMGs	
May 21	1:30 p.m 3:00 p.m.	Dr. IMG in the Multiverse of ECPs: Moving Beyond Training: What Should I Do? Where Do I Go? What Do I Become?	
	3:45 p.m 5:15 p.m.	Exploring Fellowship Awards in Psychiatry: Opportunities Beyond the APA	
	1:30 p.m 3:00 p.m.	Challenges for International Medical Graduates (IMGs) in Psychiatry in 2023: Top Issues and Solutions	
Monday,	1:30 p.m 3:00 p.m.	International Medical Graduates: Current and Future Regulatory and Legal Issues	
May 22	3:45 p.m 5:15 p.m.	Supporting ECPs and RFMs in Their Careers and Beyond	
	3:45 p.m 5:15 p.m.	The UME, GME, CME Continuum in Psychiatry: An IMG Perspective	
	8:00 a.m 9:30 a.m.	Acculturation as a Component of Immigration: Challenges of the Psychiatric Work Force	
Tuesday, May 23	1:30 p.m 3:00 p.m.	Supporting IMGs Throughout Their Careers	
	3:45 p.m 5:15 p.m.	International Medical Graduates in American Psychiatry: Past, Present, and Future	
Wednesday, May 24	8:00 a.m 9:30 a.m.	The IMG Journey: Snapshots Across the Professional Lifespan	

International Medical Graduates (IMGs) have unique needs and considerations when navigating the mental health workforce. This track will provide IMGs with tools and tricks designed specifically for their unique situation and the issues they encounter on a daily basis.

Diversity, Equity and Inclusion Track		
Saturday,	8:00 a.m 9:30 a.m.	Champions of Social Justice: Psychiatry in Marginalized Communities (Docuseries Project of SCPS Psychiatrists Working in Marginalized Communities)
May 20	1:30 p.m 3:00 p.m.	From Roots to Stem: A Hands-on Approach to Cultivating Diversity
Sunday,	8:00 a.m 9:30 a.m.	Anti-Racist Research Design and Practice: Lessons From the Refugee Crisis
May 21	1:30 p.m 3:00 p.m.	Asians in America: Not a Model Minority and Not a Minority
Monday,	3:45 p.m 5:15 p.m.	The Promise of Precision Medicine for Treating Alcohol Use Disorder and PTSD
May 22	1:30 p.m 3:00 p.m.	Alcohol Use Disorder as the "Elephant in the Room": The Changing Conversation Around Alcohol in the United States
Tuesday,	8:00 a.m 9:30 a.m.	Creating and Sustaining Diversity, Equity, and Inclusion Strategies in Medicine
May 23	1:30 p.m 3:00 p.m.	Innovative Perspectives From Indigenous Visionaries in Psychiatry Supporting Community Resilience in Addressing SDoMH Grounded in Culture
Wednesday,	10:30 a.m Noon	Trauma, Transitions, and Trajectories: Centering Youth of Color Mental Health
May 24	3:45 p.m 5:15 p.m.	Back to the Future: A Dynamic Structural Framework of Migration and Mental Health

Racial/ethnic, socioeconomic, and sexual minorities often suffer from poor mental health outcomes due to multiple sociopolitical determinants, including inaccessibility of high-quality mental health care services, cultural stigma surrounding mental health care, discrimination, and overall lack of awareness regarding mental health. The **Diversity, Equity and Inclusion Track** will examine issues related to health equity and social determinants of health in the care of those with mental illness.

Well-being and Burnout Track		
Saturday,	8:00 a.m 9:30 a.m.	Fostering Wellbeing, Building Resilience and Preventing Mental Illness in Young People: The Role of Public Mental Health Education
May 20	1:30 p.m 3:00 p.m.	Virtually Represented: The Impact of Social Media Usage on Trainee Wellness
Sunday,	8:00 a.m 9:30 a.m.	Covid-19 Changed the Way We Talk About Burnout and Mental Health: Building Individual and Systems Level Interventions to Promote Well- Being
May 21	3:45 p.m 5:15 p.m.	Healing Moral Injury, Developing Moral Resilience
Monday,	8:00 a.m 9:30 a.m.	Novel Positive Psychiatry Interventions: Helping Patients, Professionals, and Populations
May 22	1:30 p.m 3:00 p.m.	The End to Stigma Begins With Us: How Physicians Can Address Stigma in the Medical Profession and Beyond
Tuesday,	8:00 a.m 9:30 a.m.	Mental Health Care Works: A National Campaign to Change the Narrative on Mental Wellness
May 23	1:30 p.m 3:00 p.m.	Resilience, Recovery, and the Role of Creative Partners: Emily Carr's Artistic Development in Middle Age
Wednesday,	10:30 a.m Noon	Implementing an Arts and Humanities Curriculum in a Psychiatry Residency: A One-Year Investigation
May 24	3:45 p.m 5:15 p.m.	T.H.I.N.K. Resiliently: Utilizing the 12 Steps to Overcome Difficulties

Clinicians promote well-being to their patients every day, but mental health providers must care for their own needs as well as the needs of patients. Many physicians have experienced compassion fatigue and burnout, particularly over the past two years. The **Well-being and Burnout Track** explores strategies for promoting physician wellness and interventions that can help both psychiatry as a specialty and colleagues in other branches of medicine.

Technology Track		
Sunday, May 21	3:45 p.m 5:15 p.m.	Preparing Physicians for Digital Psychiatry: Integrating Digital Technology into the Psychiatric Education Curriculum
Monday,	8:00 a.m 9:30 a.m.	Leveraging Technology to Enhance Mental Health Interventions
May 22	1:30 p.m 3:00 p.m.	A Systematic Approach to Psychiatric Innovation Across Technologies, New Therapeutics and Care Re-Design
Wednesday, May 24	8:00 a.m 9:30 a.m.	Word to the Wise: Informing Clinical Decision Making for Psychosis Using Speech and Language Biomarkers

In the COVID era, psychiatry took a leap overnight into telehealth. But what have we learned? How are we protecting patient privacy as we move forward? How can we harness other emerging treatments involving technology in the future, so that we keep our discipline on the cutting edge? Find out with sessions in the **Technology Track**.

Daily Attendance Log

2023 Annual Meeting of the American Psychiatric Association • May 20-24, 2023 • San Francisco, CA

This form is for your records and not for submission. Use this page to keep track of your attendance. Reporting is on an honor basis; claim one credit for each hour of participation.

All scientific sessions listed in the Annual Meeting Program Guide are designated for AMA PRA **Category 1 Credits™**, except for Poster Sessions and where otherwise specified.

Participants can claim their CME certificate of credit or certificate of participation on or before August 25, 2023. Certificates will not be issued after this date.

Date/Time	Title of Session	# of Hours
	Total	

SATURDAY

May 20, 2023

Opening Session

5:30 p.m. - 7:00 p.m.

FEATURING

Ashley Judd

Award-Winning Actress,
Political Activist & Advocate
for Social Justice

Opening Session

May 20, 2023

5:30 p.m.

Hall F, Exhibition Level Moscone North

The official kickoff to #APAAM23

Featuring Remarks From: **Saul Levin, M.D., M.P.A.** *APA CEO & Medical Director*

Eric Williams, M.D.

Scientific Program Committee Chair

Rebecca W. Brendel, M.D., J.D.

APA President

Petros Levounis, M.D., M.A.

APA President-Elect

The Opening Session will also feature the presentation of APA Gives Back to the Homeless Children's Network, the introduction of distinguished guests from around the world, and a keynote address from Ashley Judd.

For a list of U.S. and International Allied Organizations, please turn to page 62.

Opening Session Keynote: Ashley Judd

Renowned actress, humanitarian, and political activist Ashley Judd is heralded for her unforgettable performances and tireless advocacy work. From starring roles in box office hits and award-winning independent films, Judd's films tell very personal stories that tap into larger issues, and she brings this gift for storytelling to all her speaking engagements. A voice for the often voiceless, she shines an illuminating light on the vulnerable and the at-risk. Judd has traveled the world with her international public health work, from maternal health to child survival, human rights to disease prevention and treatment. She has been working with NGO's, grass roots organizations, governments, and supranational bodies since 2004, and detailed her experience in her New York Times bestselling book, *All That Is Bitter and Sweet*.

Judd was named one TIME's "Persons of the Year" for her role as a silence-breaker and change-maker of the #MeToo movement, shifting the culture and conversation around sexual abuse and harassment. She is a sought-after public speaker and frequent op-ed author on topics as diverse as conflict mineral mining and child marriage. She serves as the Global Goodwill Ambassador for UNFPA, the Global Ambassador for Population Services International, and is Chairperson of the Women's Media Center Speech Project: Curbing Abuse, Expanding Freedom. She has received the Muhammad Ali Kentucky Humanitarian Award and her alma mater, the University of Kentucky, established the Ashley T. Judd Distinguished Gradate Fellowship in the Office for Policy Studies on Violence Against Women.

Featured Sessions

How to Set Up and Sustain a Telepsychiatry Practice

8:00 a.m. - 9:30 a.m.

Technology

(EHR, Telepsychiatry, Apps)

Brain-ival! Using Interactive Games to Teach Neuroscience

10:30 a.m. - 12:00 p.m.

Neuroscience and Genetics

Novel Drug Treatments for Psychiatric Disorders

1:30 p.m. - 3:00 p.m.

Psychopharmacology

DEI for the DSM-5-TR: Exploring Cultural, Ethnoracial, Gender, and Social Determinant Revisions

3:45 p.m. - 5:15 p.m.

Diversity and Health Equity



■ 8:00 a.m. Sessions

GENERAL SESSIONS

A Collaborative Approach to Managing the Neuropsychiatric Symptoms of Parkinson's Disease



8:00 a.m. - 9:30 a.m.

Room 209, Second Level

Moscone South

Chair:

Ebony Dix, M.D.

Presenter:

Syeda Arshiya Farheen, M.D.

Am I Ready for My Patients to See Their Records? A Guide to Clinicians on Patient Centered Recovery-Oriented Documentation



8:00 a.m. - 9:30 a.m.

Room 308, Third Level

Moscone South

Chair:

Maria Mirabela Bodic, M.D.

Presenters:

Ludwing Alexis Florez Salamanca, M.D., Ph.D.

Peter Samuel Steen, M.D.

Nubia Amparo Chong, M.D.

Program changes are posted each day in the APA Meetings App. Please see the app for the definitive program.

Clinical Updates
Residents, Fellows, & Med Students 2
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Diversity and Health Equity 6
Well-being and Burnout
NIAAA Research Track8
Annual Meeting On Demand \dots $oldsymbol{D}$
Virtual Annual Meeting

Answering the Call: Implementing Best Practices for Opioid Use Disorder in General Public Mental Health Clinics to Stem the Tide of the Opioid Epidemic



8:00 a.m. - 9:30 a.m.

Room 303, Third Level

Moscone South

Chair:

Molly T. Finnerty, M.D.

Presenters:

Flavio Casoy, M.D.

Allison Ober, Ph.D., M.S.W.

"Anyone Could Have Stopped Me": Early Intervention in the Pathway to Violence to Prevent School Shooting



8:00 a.m. - 9:30 a.m.

Room 157, Upper Mezzanine

Moscone South

Chair:

Shanila Shagufta, M.D., M.P.H.

Presenters:

Stewart Newman, M.D.

Daniel Nicoli, D.O.

BEDside Study and Stomp: Understanding Disordered Sleep Among Adults With Intellectual Disability and Rationalising Antipsychotics



8:00 a.m. - 9:30 a.m.

Room 159, Upper Mezzanine

Moscone South

Chair:

Paul Shanahan

Presenters:

Paul Shanahan

Aruna Sahni

Rupal Ekeberg, M.B.B.S., B.Sc.

All scientific sessions listed in the Scientific Program are designated for AMA PRA Category 1 Credits™, except for poster sessions and where otherwise specified.

Bridging the Gap Through Primary Care Collaboration: Psychotherapeutic Expertise in Integrated Primary and Behavioral Health Care



8:00 a.m. - 9:30 a.m.

Room 158, Upper Mezzanine

Moscone South

Chair:

David L. Mintz, M.D.

Presenters:

Sherry Katz-Bearnot, M.D.

Madeleine Elise Lansky, M.D.

Elizabeth A. Greene, M.D.

Calling Agents of Change: Equipping Psychiatrists to Identify and Tackle Diversity and Inclusion Caucus on College Mental Health



8:00 a.m. - 9:30 a.m.

Room 314, Third Level

Moscone South

Chair:

Amy Alexander, M.D.

Presenters:

Eyuel Terefe, M.D.

Ludmila De Faria, M.D.

Champions of Social Justice: Psychiatry in Marginalized Communities (Docuseries Project of SCPS Psychiatrists Working in Marginalized Communities)



8:00 a.m. - 9:30 a.m.

Room 214, Second Level

Moscone South

Chair:

ljeoma ljeaku, M.D., M.P.H.

Presenters:

Amy Woods, M.D.

Manal Khan, M.D.

Ruqayyah Malik, M.D.

Creative Collaboration in the Correctional Setting

8:00 a.m. - 9:30 a.m.

Room 201. Second Level

Moscone South

Chair:

Peter Nicholas Novalis, M.D., Ph.D.

Presenter:

Carol Novalis, M.A.

Demystifying Personality Disorders in Individuals With Intellectual Disability

Caucus of Psychiatrists Treating Persons With Intellectual Disabilities

8:00 a.m. - 9:30 a.m.

Room 213, Second Level

Moscone South

Chair:

Nita V. Bhatt, M.D., M.P.H.

Presenters:

Julie Gentile, M.D., M.B.A.

Jesse P. Cannella, M.D.

Jeffrey Guina, M.D.

Designing and Implementing a Global Mental Health Curriculum: Challenges and Way Forward



8:00 a.m. - 9:30 a.m.

Room 306. Third Level

Moscone South

Chair:

Kenneth P. Fung, M.D.

Presenters:

Victor Pereira-Sanchez, M.D., Ph.D.

Rick Peter Fritz Wolthusen, M.D.

Barbara Kamholz

Dual Loyalty and Crypto-Apartheid in Psychiatric Acute Services



8:00 a.m. - 9:30 a.m.

Room 307, Third Level

Moscone South

Chair:

Cynthia X. He, M.D., Ph.D.

Presenters:

Ramotse Saunders, M.D.

Carl Ira Cohen, M.D.

Dynamic Therapy With Self-Destructive Borderline Patients: An Alliance Based Intervention for Suicide

8:00 a.m. - 9:30 a.m.

Room 156, Upper Mezzanine

Moscone South

Chair:

Eric M. Plakun, M.D.

Discussant:

Samar S. Habl. M.D.

Enhancing Quality of Mental Health Care Through the Exploring and Addressing the Spiritual and Religious Dimension: Approaches Across the Lifespan



Caucus on Religion, Spirituality and Psychiatry

8:00 a.m. - 9:30 a.m.

Room 204. Second Level

Moscone South

Chair:

Dale Davis Sebastian, M.D., M.B.B.S.

Presenters:

Wai Lun Alan Fung, M.D.

Mary Lynn Dell, M.D.

Hoarding Disorder: A Comprehensive Overview



8:00 a.m. - 9:30 a.m.

Room 304, Third Level

Moscone South

Chair:

Carolyn I. Rodriguez, M.D., Ph.D.

Presenter:

Randy Frost, Ph.D.

Improving the Diagnostic Accuracy of Bipolar Disorder: An Experiential Workshop

8:00 a.m. - 9:30 a.m.

Room 154, Upper Mezzanine

Moscone South

Chair:

Marsal Sanches

Presenters:

Caroline McCool

Sabrina Correa Da Costa Vineeth P. John, M.D., M.B.A. Interdisciplinary Approach to Adult Autism Assessment at Metrohealth Autism Assessment Clinic: Overview With Two Clinical Cases

8:00 a.m. - 9:30 a.m.

Room 202, Second Level

Moscone South

Chairs:

Rajesh Kumar Mehta, M.D.

Raman Marwaha, M.D.

Presenters:

Gurjinder Singh, M.D.

Omaymah Al-Otoom, M.D.

It Takes a Village: The First Two Years of a Resilience-Focused Center at Large Urban Health System

Well-being and Burnout

8:00 a.m. - 9:30 a.m.

Rooms 305/309, Third Level

Moscone South

Chair:

Jonathan DePierro

Presenters:

Jonathan DePierro

Scarlett Ho

Ashley Doukas

Livin' on a Prayer: Mental Health Challenges Facing Transitional Age Muslims After Covid-19

8:00 a.m. - 9:30 a.m.

Room 210, Second Level

Moscone South

Chair:

Sarah Arshad, M.D.

Presenters:

Balkozar Adam, M.D.

Rania Awaad, M.D.

Fatten Elkomy

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People, Place and Purpose: Contributions of Faith Traditions to Recovery and Resilience

8:00 a.m. - 9:30 a.m.

Room 206, Second Level

Moscone South

Chair:

John Raymond Peteet, M.D.

Presenters:

Samuel Thielman

Ahmed Hankir

Steven Moffic, M.D.

Providing Gender Affirming-Care in Vulnerable Patient Populations



8:00 a.m. - 9:30 a.m.

Room 302, Third Level

Moscone South

Chair:

Tamara Murphy, M.D.

Presenters:

Gino Mortillaro

Truc-Vi Huynh Duong, M.D.

Ash Schade

Program changes are posted each day in the APA Meetings App. Please see the app for the definitive program.

 Psychedelics and Psychedelic-Assisted Therapy: How to Counsel Your Patients



8:00 a.m. - 9:30 a.m.

Room 205, Second Level

Moscone South

Chair:

Aaron Wolfgang, M.D.

Presenters:

Bryan Barksdale

Benjamin Kelmendi

Aaron Wolfgang, M.D.

Moderator:

wJacqueline Posada, M.D.

Telehetalth Solutions for Crisis Management in the Acute Psychiatric Care Setting

8:00 a.m. - 9:30 a.m.

Room 152, Upper Mezzanine

Moscone South

Chair:

Owen Muir

Presenters:

Carlene MacMillan

Mirene Winsberg, M.D.

Pamela Hoffman

When Behavioral De-Escalation Isn't Enough: Medication Management of Acute Agitation in Manic and Psychotic Patients



8:00 a.m. - 9:30 a.m.

Room 155, Upper Mezzanine

Moscone South

Chair:

David N. Osser, M.D.

Presenter:

Sean R. Stetson, M.D.

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Where We Are and Where We Must Go: Evidence Driven Substance Use Disorder Treatment



APA Frontiers of Science Lecture Series

8:00 a.m. - 9:30 a.m.

Room 153, Upper Mezzanine

Moscone South

Presenter:

Sarah E. Wakeman, M.D.

Moderator:

Farah Zaidi. M.D.

Why Despite the Current Changes, the Gender Gap in Psychiatry Persists? What Are We Missing?



8:00 a.m. - 9:30 a.m.

Room 203, Second Level

Moscone South

Chair:

Ruby C. Castilla Puentes, M.D., Dr.P.H.

Presenters:

Tatiana A. Falcone, M.D.

Maria Rueda-Lara

Discussant:

Esperanza Diaz

Your Mental Health Starts in Your Gut Microbiota



8:00 a.m. - 9:30 a.m.

Room 160, Upper Mezzanine

Moscone South

Chair:

Gia Merlo, M.D., M.B.A., M.Ed.

LEARNING LAB

How to Set Up and Sustain a Telepsychiatry Practice

Committee on Telepsychiatry

8:00 a.m. - 9:30 a.m.

Room 301, Third Level

Moscone South

Chair:

Shabana Khan, M.D.

Presenters:

John Torous, M.D., M.B.I.

Steven Richard Chan. M.D., M.B.A.

Discussant:

James Shore, M.D., M.P.H.

PRESIDENTIAL SESSIONS

Fostering Wellbeing, Building Resilience and Preventing Mental Illness in Young People: The Role of Public Mental Health Education



8:00 a.m. - 9:30 a.m.

Room 211, Second Level

Moscone South

Chair:

Eugene Victor Beresin, M.D.

Presenter:

Khadijah B. Watkins, M.D., M.P.H.

Leadership: Skills and Development for Psychiatrists Today and for the Future



8:00 a.m. - 9:30 a.m.

Room 151. Upper Mezzanine

Moscone South

Chair:

Bruce Jan Schwartz, M.D.

Presenters:

Thomas Betzler, M.D.

Ana Ozdoba, M.D.

Not Just Hannibal Lecter: Psychiatric Representations in Crime Fiction and Stigmatization

8:00 a.m. - 9:30 a.m.

Rooms 310/311, Third Level

Moscone South

Chair:

Susan Hatters-Friedman, M.D.

■ 10:30 a.m. Sessions

AWARD LECTURES

George Tarjan Award Lecture: Navigating the Cultural Landscape for Professional Success: an IMG Perspective

George Tarjan Award



10:30 a.m. - Noon

Rooms 310/311, Third Level

Moscone South

Chair:

Antony Fernandez, M.D.

Solomon Carter Fuller Award: Reconsidering Vicarious Racism and Trauma - It Could Happen to Someone Like Me

Solomon Carter Fuller Award

10:30 a.m. - Noon

Room 314. Third Level

Moscone South

Chair:

Danielle Hairston, M.D.

GENERAL SESSIONS

Acutely Suicidal Young Patient: Delivering Intervention at Time of Crisis to Target Emotional Aftermath and Repetition of Self-Injurious Behavior

10:30 a.m. - Noon

Room 209, Second Level

Moscone South

Chair:

Yulia Furlong

Presenter:

Zamia Pedro

Anxious and Irritable Endophenotypes of Major Depressive Disorder



10:30 a.m. - Noon

Room 203, Second Level

Moscone South

Chair:

Alan F. Schatzberg, M.D.

Presenters:

Maurice Ohayon

Manish Kumar Jha, M.B.B.S.

Alan F. Schatzberg, M.D.

Athl-Ethics: A Sprint of Ethical Considerations in Clinical Care, Research, and Publication

10:30 a.m. - Noon

Room 154, Upper Mezzanine

Moscone South

Chair.

Kenneth Roland Kaufman, M.D.

Presenters:

Kamaldeep Bhui

Thomas Schulze

Kenneth Roland Kaufman, M.D.

Catharsis Welcomes Creativity: A Poet's Tale of Exploring Mental Health Through the Arts



10:30 a.m. - Noon

Room 202, Second Level

Moscone South

CFrank Clark, M.D.

Challenges, Opportunities and Innovation for Psychiatrists in an Unequal World



10:30 a.m. - Noon

Room 151, Upper Mezzanine

Moscone South

Chair:

Sebolelo Letshego Seape, M.B.B.S.

Presenters:

Vinay Lakra

Gary A. Chaimowitz, M.D.

Andreas Meyer-Lindenberg

Clinical Effects and Indications of Testosterone Therapy in Men With Depression



10:30 a.m. - Noon

Room 152. Upper Mezzanine

Moscone South

Chair:

George Grossberg, M.D.

Presenters:

Mitra Keshtkarjahromi

Sarah Elmi

Hamid Reza Amanatkar, M.D.

Doing Affirmative Dialectical Behavior Therapy With LGBTQ+ People: A Live Demonstration

10:30 a.m. - Noon

Room 160, Upper Mezzanine

Moscone South

Chair:

Jeffrey M. Cohen, Psy.D.

Presenter:

Colleen Sloan, Ph.D.

Electroconvulsive Therapy (ECT): Clinical Update for Adult and Pediatric Patients



10:30 a.m. - Noon

Room 205, Second Level

Moscone South

Chair:

Daniel Francis Maixner, M.D., M.S.

Presenter:

Lee Wachtel

Moderators:

Catherine Crone, M.D.

Jeremy Chaikind

Engagement and Empathy in the Era of the Open Note: Evaluating Our Documentation



10:30 a.m. - Noon

Room 213, Second Level

Moscone South

Chair:

Tony W. Thrasher, D.O.

Ethics in Psychedelics: Equity, Access, Consent, Clinical Boundaries, and Characterizing the Acute Subjective Effects

Scattergood Ethics Program at the University of Pennsylvania, and St. Elizabeths Hospital, Washington DC



10:30 a.m. - Noon

Room 155, Upper Mezzanine

Moscone South

Chair:

David B. Yaden, Ph.D.

Presenters:

Albert Garcia-Romeu

William Smith, M.D., Ph.D.

Mary Yaden, M.D.

Evidence-Based Practice or Egregious Malpractice? What Psychiatric Professionals Need to Know About Supervised Consumption Sites

10:30 a.m. - Noon

Room 153, Upper Mezzanine

Moscone South

Chair:

Adelle M. Schaefer, M.D.

Presenters:

Andrew Dill, M.D.

Nathaniel Morris, M.D.

Robert Kleinman

Facilitating Alcohol Recovery in the Context of a Learning Healthcare System: Challenges and Opportunities for Improving Care Delivery and Research

U.S. National Institute on Alcohol Abuse and Alcoholism (NIAAA)



10:30 a.m. - Noon

Room 211, Second Level

Moscone South

Presenter:

Stacy Sterling, D.P.H., M.P.H., M.S.W.

Food, Mood, and the Microbiome – the Gut-Brain Axis: Moving Beyond the Monoamine Neurotransmitter Hypothesis and Toward Understanding the Holobiome



10:30 a.m. - Noon

Room 303, Third Level

Moscone South

Chair:

Christopher E. Hines, M.D.

Presenters:

Matthew Rusling, D.O.

Landin David Sorenson, M.D.

From Fearing the Other to Annihilation: A Primer on the the Psychology and Sociology of Hate and Genocide

10:30 a.m. - Noon

Room 212, Second Level

Moscone South

Chair:

Aliya Saeed

Presenters:

Havat Alvi

Ansar Haroun, M.D.

Gastroentero-Psychiatry: Nutritional Influences on Developmental Mental Health in a Growing Crisis



10:30 a.m. - Noon

Room 307, Third Level

Moscone South

Chair:

Bhagwan A. Bahroo, M.D.

Presenters:

Jonathan Bui, M.D.

Lino Gutierrez. M.D.

Thanh T. Nauven. M.D.

How NAMI Can Collaborate With You to Advocate for Patients Families Communities and Systems

Resident, Fellow and Medical Student Track Featured Session



10:30 a.m. - Noon

Room 306, Third Level

Moscone South

Chair:

Kenneth Duckworth, M.D.

Presenters:

Teri S. Brister, Ph.D.

Jessica Cruz

Innovative and Collaborative Care Models in Dementia

10:30 a.m. - Noon

Room 158, Upper Mezzanine

Moscone South

Chair:

Allan A. Anderson, M.D.

Presenters:

Ganesh Gopalakrishna, M.D.

Pallavi Joshi, D.O., M.A.

Is Measurement Based Care the Future of Psychiatric Practice?



10:30 a.m. - Noon

Room 304, Third Level

Moscone South

Chairs:

Carol Alter, M.D.

Erik Rudolph Vanderlip, M.D., M.P.H.

Presenters:

Daniel Rollings Karlin, M.D., M.A.

Glenda Wrenn Gordon

Michael Schoenbaum

Long-Term, Lifetime Management of Psychiatric Illness



10:30 a.m. - Noon

Room 302, Third Level

Moscone South

Chair:

Ira David Glick, M.D.

Presenters:

Carl Salzman, M.D.

Sidney Zisook, M.D.

Mental Health and Faith Community Partnerships 2023: Needed Now More Than Ever!

presented by APA Foundation Caucus on Religion, Spirituality and Psychiatry



10:30 a.m. - Noon

Room 210, Second Level

Moscone South

Chair:

Mary Lynn Dell, M.D.

Presenters:

Paul Summergrad, M.D.

Sidney H. Hankerson, M.D., M.B.A.

Farha Abbasi, M.D.

Wai Lun Alan Fung, M.D.

Minor Charges With Major Impacts: Misdemeanors Versus Pre-Arrest Jail Diversion for Individuals With Serious Mental Illnesses

10:30 a.m. - Noon

Room 204, Second Level

Moscone South

Chair:

Michael Compton, M.D.

Presenter:

Leah Pope

Navigating Career Paths for IMGs: Charting Your Successful Future

International Medical Graduates Track Featured Session



10:30 a.m. - Noon

Room 313, Third Level

Moscone South

Chair:

Toni Johnson Liggins, M.D.

Presenters:

Vikas Malik, M.D.

Leon Ravin, M.D.

No Good Deed Goes Unpunished: Determining Decisional Capacity for Medically III Patients and Getting Sued for It



10:30 a.m. - Noon

Room 157, Upper Mezzanine

Moscone South

Chair:

Philip R. Muskin, M.D., M.A.

Presenters:

Seema Quraishi, M.D.

Kathryn Skimming, M.D., M.A.

Physician Aid in Dying Based on a Mental Disorder: What Have We Learned? Lessons for the US and Rest of the World



10:30 a.m. - Noon

Room 156, Upper Mezzanine

Moscone South

Chair:

Karandeep Gaind

Presenters:

Marie Nicolini

John Raymond Peteet, M.D.

Karandeep Gaind

Preparing Psychiatrists for Combat: Providing Collaborative Care in Ukraine and Beyond

10:30 a.m. - Noon

Room 312, Third Level

Moscone South

Chair:

Vincent F. Capaldi II, M.D.

Presenters:

Daniel May, D.O.

Katrina L. Wachter, M.D.

Scott G. Williams, M.D.

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Reclaiming Purpose: Journeys Toward Justice, Anti-Racism, and Public Service in Psychiatry

American Association of Directors of Psychiatric Residency Training (AADPRT)



10:30 a.m. - Noon

Room 201, Second Level

Moscone South

Chair:

Enrico Guanzon Castillo, M.D.

Presenters:

Michelle P. Durham, M.D., M.P.H.

Amanda Calhoun

Matthew Goldman

When Provider Bias Becomes Lethal, High Utilizers in the Healthcare System



10:30 a.m. - Noon

Room 206, Second Level

Moscone South

Chair:

Kelley-Anne Cyzeski Klein, M.D.

Presenters:

Raunak Khisty

Sahil Munjal, M.D.

Discussant:

James Kimball, M.D.

Suicide Among Black Youth: Where Are We in 2023?

APA Distinguished Psychiatrist Lecture Series

10:30 a.m. - Noon

Rooms 305/309, Third Level

Moscone South

Presenter:

Tami D. Benton, M.D.

Moderator:

Eric R. Williams, M.D.

LEARNING LAB

Brain-ival! Using Interactive Games to Teach Neuroscience

10:30 a.m. - Noon

Room 301, Third Level

Moscone South

Chairs:

Ashley Walker, M.D.

David A. Ross, M.D., Ph.D.

Presenters:

Joseph J. Cooper, M.D.

Melissa Arbuckle, M.D., Ph.D.

POSTER

Poster Session 1

10:30 a.m. - Noon

Hall B Foyer, Exhibition Level

Moscone South

PRESIDENTIAL SESSION

Indo-American Psychiatric Association and the Asian Indian: Trials, Victories and Opportunities

Indo-American Psychiatric Association (IAPA)



10:30 a.m. - Noon

Room 308, Third Level

Moscone South

Chair:

Bhagirathy Sahasranaman, M.D.

Presenters:

Bhagirathy Sahasranaman, M.D.

Tanuja Gandhi, M.D.

Tarak Vasavada, M.D.

Vani Rao, M.D.

Discussant:

Ravi Chandra, M.D.

Using Data to Drive Policy for Evidence-Based Models of Care in the Future

10:30 a.m. - Noon

Room 214, Second Level, Moscone

South

Chair:

Robert L. Trestman, M.D., Ph.D.

Presenters:

Michele Reid, M.D.

Robert Phillips, Jr., M.D., M.S.H.P.

Bryan M. Batson, M.D.

■ 1:30 p.m. Sessions

GENERAL SESSIONS

A Blueprint to Frame, Follow, and Treat the Neuropsychiatric Aspects of Long-Covid

U.S. Substance Abuse and Mental Health Services Administration (SAMHSA)



1:30 p.m. - 3:00 p.m.

Room 158, Upper Mezzanine

Moscone South

Chair:

Anita Everett, M.D.

Presenters:

Jacqueline Becker, Ph.D.

Christopher John McKinney, Ph.D.

Alexandra Yonts, M.D.

Achieving Mental Health Parity in New York State: Patient-Centered, Quality-Focused, Clinically-Driven Utilization Review and Eliminating Disparities

1:30 p.m. - 3:00 p.m.

Room 310/311, Third Level

Moscone South

Chair:

Thomas Smith, M.D.

Presenter:

Flavio Casoy, M.D.

ADHD Across the Lifespan



1:30 p.m. - 3:00 p.m.

Room 205, Second Level

Moscone South

Presenter:

James J. McGough, M.D.

Moderator:

Jacqueline Posada, M.D.

Program changes are posted each day in the APA Meetings App. Please see the app for the definitive program.

Audits and/or Profits? Understanding the 2023 Changes in Coding and Documentation Requirements, an Interactive Workshop



Committee on RBRVS, Codes and Reimbursements

1:30 p.m. - 3:00 p.m.

Room 209, Second Level

Moscone South

Chair:

Jeremy Musher

Presenters:

David Yankura

Patrick Ying, M.D.

Autoimmune Brain Disorders: Immune Regulation and Psychiatric Symptoms



1:30 p.m. - 3:00 p.m.

Room 203, Second Level

Moscone South

Presenter^{*}

GenaLynne C. Mooneyham, M.D.

Behind the Screen: Cyberbullying and Its Connection With Mental Illness and Substance Use

1:30 p.m. - 3:00 p.m.

Room 152, Upper Mezzanine

Moscone South

Chair:

Kanya Nesbeth, M.D.

Presenters:

Camila Havnes, M.D.

Marcus Hughes, M.D.

Yushekia Woodford, M.D.

Boston HEAT: Psychology, Survivor, Law Enforcement Collaboration to Engage Women at the Intersection of Sex Trafficking and Substance Use Disorder

APA Guest Lecture Series

1:30 p.m. - 3:00 p.m.

Room 154, Upper Mezzanine

Moscone South

Presenter:

Abigail Judge, Ph.D.

Moderator:

Lucy Ogbu-Nwobodo, M.D., M.S.

Building and Sustaining a Statewide Telepsychiatry Network: A Decade Long Experience of the North Carolina Statewide Telepsychiatry Program (NC-STeP)

1:30 p.m. - 3:00 p.m.

Room 312, Third Level

Moscone South

Chair:

Sy Atezaz Saeed, M.D., M.S.

Presenters:

Lucia Smith-Martinez, M.D.

Radhika Kothadia

Katherine Jones, M.D.

Yajiong Xue

Conceptual Competence in Psychiatric Training: Building a Culture of Conceptual Inquiry

1:30 p.m. - 3:00 p.m.

Room 212, Second Level

Moscone South

Chair:

G. Scott Waterman, M.D.

Presenters:

Awais Aftab, M.D.

John Zell Sadler, M.D.

Brent Michael Kious, M.D., Ph.D.

Cultural Psychiatry and Psychedelics: The Role of Context, Beliefs, and Culture



1:30 p.m. - 3:00 p.m.

Room 155, Upper Mezzanine

Moscone South

Chair:

Sandeep Nayak

Presenters:

David B. Yaden, Ph.D.

Manvir Singh

Erika Dyck

Digital Applications and Their Utility in Reducing Suicidality in Underrepresented Youth



1:30 p.m. - 3:00 p.m.

Room 159, Upper Mezzanine

Moscone South

Chair:

Aidaspahic S. Mihajlovic, M.D., M.S.

Presenters:

Consuelo Cagande, M.D.

Lara Segalite, M.D.

Discussant:

Steven Moffic, M.D.

Digital Psychiatry: Health Equity and Digital Divide in the Post-COVID-19 Era

Committee on Telepsychiatry



1:30 p.m. - 3:00 p.m.

Room 304, Third Level

Moscone South

Chair:

Darlene King, M.D.

Presenters:

Julia Tartaglia, M.D.

Morkeh Blay-Tofey, M.D.

Discussant:

Jay H. Shore, M.D., M.P.H.

All scientific sessions listed in the Scientific Program are designated for AMA PRA Category 1 CreditsTM, except for poster sessions and where otherwise specified.

Empathic Listening and Mental Status Assessments: Teaching "Empathic Listening Assessment" to Medical Students, Residents and Physicians



1:30 p.m. - 3:00 p.m.

Room 314, Third Level

Moscone South

Chair:

Parameshwaran Ramakrishnan

Discussants:

Anil Krishna Bachu, M.D.

Charles Jenson

From Roots to Stem: A Hands-on Approach to Cultivating Diversity



1:30 p.m. - 3:00 p.m.

Room 307, Third Level

Moscone South

Chair:

Ludmila De Faria, M.D.

Presenters:

Jeena Kar

Isabella Kathryn Caldwell, M.D.

Discussant:

Carol Mathews. M.D.

All scientific sessions listed in the Scientific Program are designated for AMA PRA Category 1 Credits™, except for poster sessions and where otherwise specified.

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Diversity and Health Equity 6
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NIAAA Research Track8
Annual Meeting On Demand \dots $oldsymbol{ extstyle D}$
Virtual Annual Meeting

High Intensity Interventions for Youth: Treating the Fast and Furious



1:30 p.m. - 3:00 p.m.

Room 160, Upper Mezzanine

Moscone South

Chair:

Robert D. Friedberg, Ph.D.

Presenters:

Micaela Thordarson, Ph.D.

Paul Sullivan, Ph.D.

Inclusive Psychiatric Care for Women: Identity, Community, and Culturally Competent Care During Changing Social Landscape

presented by APA Foundation M/UR Caucus of Women Psychiatrists



1:30 p.m. - 3:00 p.m.

Rooms 305/309, Third Level

Moscone South

Chair:

Kamalika Roy, M.D.

Presenter:

Michelle B. Riba, M.D., M.S.

Innovative Delivery of Care for Patients Diagnosed With Cancer: A Collaborative Team Approach

1:30 p.m. - 3:00 p.m.

Room 156, Upper Mezzanine

Moscone South

Chair:

Maria Rueda-Lara

Presenters:

Joycelyn Lee, Ph.D.

Zelde Espinel, M.D.

Ingrid Barrera, Ph.D.

Meaningful Community Participation: An Essential Aspect of Recovery for Persons With Serious Mental Illness

SMI Adviser: An APA and SAMHSA Initiative



1:30 p.m. - 3:00 p.m.

Room 206, Second Level

Moscone South

Chair:

Alexia Wolf, M.P.H.

Presenters:

Mark Salzer, Ph.D.

Jessica Klaver, Ph.D.

Helen 'Skip' Skipper, B.S.

Models of Care for Pregnant Individuals With Substance Use Disorders



1:30 p.m. - 3:00 p.m.

Room 153, Upper Mezzanine

Moscone South

Chair:

Caridad Ponce Martinez, M.D.

Presenters:

Constance Guille

Nancy Byatt, D.O., M.B.A., M.S.

Ariadna Forray

Partnering to Address Mental Health Care for Forensically Involved Individuals: Innovative Strategies and Examples of State and County Programs



1:30 p.m. - 3:00 p.m.

Room 302, Third Level

Moscone South

Chair:

Luming Li, M.D.

Presenters:

Octavio N. Martinez Jr.

Rishi Sawhney

Jennie Simpson

Program changes are posted each day in the APA Meetings App. Please see the app for the definitive program.

PCP Coaching: An Underutilized but Very Effective Method to Increase Mental Healthcare Availability in the Community



1:30 p.m. - 3:00 p.m.

Room 210. Second Level

Moscone South

Chair:

Sasidhar Gunturu, M.D.

Presenters:

Shalini Dutta, M.D.

Souparno Mitra, M.D.

Restorative Psychiatry: Disclosure; Broaching Race, Ethnicity, and Culture; and Cultivating Empathic Identity in the Therapeutic Relationship

D_2

1:30 p.m. - 3:00 p.m.

Room 214. Second Level

Moscone South

Chair:

Ravi Chandra, M.D.

Presenters:

Sandra C. Walker, M.D.

Fiona D. Fonseca, M.D., M.S.

Lisa Nakamura

The Measurement Based Care Imperative: Knowing Is Half the Battle



1:30 p.m. - 3:00 p.m.

Room 213. Second Level

Moscone South

Chair:

Erik Rudolph Vanderlip, M.D., M.P.H.

Presenters:

Kathryn Ridout, M.D., Ph.D.

Andrew Carlo, M.D., M.P.H.

Discussant:

Carol Alter, M.D.

The Nuts and Bolts of APA: How Does It Function and How Do RFMs Fit in?

Resident, Fellow and Medical Student Track Featured Session





1:30 p.m. - 3:00 p.m.

Room 306, Third Level

Moscone South

Chair:

Dionne Hart. M.D.

Discussants:

Saul Levin, M.D., M.P.A.

Rebecca Brendel, M.D., J.D.

Petros Levounis, M.D., M.A.

Urooj Yazdani, M.D.

The Role of the Photographic Arts in Psychiatry



1:30 p.m. - 3:00 p.m.

Room 202. Second Level

Moscone South

Chair:

Carlyle Hung-Lun Chan, M.D.

Presenters:

David L. Mintz, M.D.

Josepha A. Cheong, M.D.

Mara Pheister, M.D.

Treatment Resistant Depression From Multiple Perspectives: Does It Exist?



1:30 p.m. - 3:00 p.m.

Room 303. Third Level

Moscone South

Chair:

Carl D. Marci, M.D.

Presenters:

Joseph Zabinski, Ph.D.

Steven P. Levine, M.D.

Lisa Harding

Understanding Munchausen's by Proxy or Factitious Disorder Imposed on Another: Child Abuse by Another Name

1:30 p.m. - 3:00 p.m.

Room 201, Second Level

Moscone South

Chair:

Susan Hatters-Friedman, M.D.

Presenters:

Kathleen Kruse

Joshua Friedman

Renee M. Sorrentino, M.D.

Karen B. Rosenbaum, M.D.

Virtually Represented: The Impact of Social Media Usage on Trainee Wellness

Well-being and Burnout

1:30 p.m. - 3:00 p.m.

Room 211. Second Level

Moscone South

Chair:

Carisa Maureen Kymissis, M.D.

Presenters:

Rachael Holbreich, M.D.

Calvin Sung, M.D.

Chaden Noureddine, M.D.

LEARNING LAB

Transcranial Magnetic Stimulation: Future Innovations and Clinical Applications for Psychiatric Practice



1:30 p.m. - 3:00 p.m.

Room 301, Third Level

Moscone South

Chair:

Richard Arden Bermudes, M.D.

Discussants:

lan Cook, M.D.

Karl Lanocha M.D.

POSTER

Poster Session 2

1:30 p.m. - 3:00 p.m. Hall B Foyer, Exhibition Level Moscone South

PRESIDENTIAL SESSIONS

Novel Drug Treatments for Psychiatric Disorders



1:30 p.m. - 3:00 p.m.

Room 157, Upper Mezzanine

Moscone South

Chair:

Maurizio Fava, M.D.

Presenters:

John Michael Kane, M.D.

Andrew Krystal, M.D.

The State of LGBTQ Mental Health

Association of Gay and Lesbian Psychiatrists (AGLP)

1:30 p.m. - 3:00 p.m.

Room 308, Third Level

Moscone South

Chair:

Amir K. Ahuja, M.D.

You Are What You Eat, So Learn About Nutrition

Well-being and Burnout

1:30 p.m. - 3:00 p.m.

Room 151, Upper Mezzanine

Moscone South

Chair:

Philip R. Muskin, M.D., M.A.

Presenters:

Drew A. Ramsey, M.D.

Umadevi Naidoo, M.D.

Madeleine Anne Becker, M.D., M.A.

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COURSE

Reproductive Psychiatry: What Every Psychiatrist Should Know

1:30 p.m. - 5:30 p.m.

Room 7. Exhibition Level

Moscone South

Director:

Sarah M. Nagle-Yang, M.D.

Faculty:

Lindsay Standeven, M.D.

Joanna V. MacLean, M.D.

Claire Smith, M.D.

MASTER COURSE

2023 Psychiatry Review: Part 1

34

1:30 p.m. - 5:30 p.m.

Room 8, Exhibition Level

Moscone South

Directors:

Venkata B. Kolli, M.D.

Vishal Madaan, M.D.

Faculty:

Meghan Schott, D.O.

Shashank V. Joshi. M.D.

Vikas Gupta, M.D., M.P.H.

■ 3:45 p.m. Sessions

AWARD LECTURE

Frank J. Menolascino Award Lecture: The Search for Better Autism Treatments: Conventional to Complementary/Alternative

Frank J. Menolascino Award

3:45 p.m. - 5:15 p.m.

Room 302, Third Level

Moscone South

Chair:

L. Eugene Arnold

All scientific sessions listed in the Scientific Program are designated for *AMA PRA Category 1 Credits™*, except for poster sessions and where otherwise specified.

GENERAL SESSIONS

Addictions and Psychiatry and Law: Issues in LMICs

APA International Psychiatrist Lecture Series



3:45 p.m. - 5:15 p.m.

Room 152, Upper Mezzanine

Moscone South

Presenters:

Pratima Murthy, M.D.

Venkata Lakshmi Narasimha, M.D.

Advocating for the Integration of Culture Into Forensic Therapeutics



3:45 p.m. - 5:15 p.m.

Room 312, Third Level

Moscone South

Chair:

Bushra Khan, M.D.

AIDS and Covid: Similarities and Differences. Lessons for Psychiatry in the 21st Century and Beyond

3:45 p.m. - 5:15 p.m.

Room 213, Second Level

Moscone South

Chair:

Marshall Forstein, M.D.

Presenters:

Kenneth Bryan Ashley, M.D.

Adjoa Smalls-Mantey, M.D., D.Phil.

Will R. Boles

	,
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	Virtual Annual Meeting

Amplifying Student Voices: How to Seize Leadership Opportunities Within the APA

Resident, Fellow and Medical Student Track Featured Session



3:45 p.m. - 5:15 p.m.

Room 306, Third Level

Moscone South

Chair:

Philip R. Muskin, M.D., M.A.

Presenters:

Diego Regalado

Brandon Manor

Sean Woodward

Approaches to Treatment Resistant OCD



3:45 p.m. - 5:15 p.m.

Room 205, Second Level

Moscone South

Chair:

Wayne K. Goodman, M.D.

Moderators:

Edmond H. Pi, M.D.

Ron M. Winchel, M.D.

Clinical Pearls: Lesson Learned From Treating Mental Illness Among Arab Americans



3:45 p.m. - 5:15 p.m.

Room 202, Second Level

Moscone South

Chair:

Rana Elmaghraby, M.D.

Presenters:

Alaa Elnaijar, M.D.

Magdoline Daas, M.D.

Bazif Bala

Clozapine 101: Everything You Need to Know to Start a New Patient on Clozapine

SMI Adviser: An APA and SAMHSA Initiative



3:45 p.m. - 5:15 p.m.

Room 158, Upper Mezzanine

Moscone South

Chair:

Robert Osterman Cotes, M.D.

Presenters:

Frederick Nucifora, M.D.

Oliver Freudenreich, M.D.

Creating a Life Worth Living: Implementing Dialectical Behavior Therapy on Acute Inpatient Units for Children and Adolescents

3:45 p.m. - 5:15 p.m.

Room 214, Second Level

Moscone South

Chair:

Deborah Zlotnik

Presenters:

Alexandra Hyejoo Yoon, M.D.

Stefania Pinto

DEI for the DSM-5-TR: Exploring Cultural, Ethnoracial, Gender, and Social Determinant Revisions



3:45 p.m. - 5:15 p.m.

Room 155, Upper Mezzanine

Moscone South

Chair:

Christopher E. Hines, M.D.

Presenters:

Candice Passerella, M.D.

Alexa Kaylin Couture Bell, M.D.

Discussant:

Danielle Hairston, M.D.

Detecting the Undetectable: Training Healthcare Providers in Identifying Victims of Human Trafficking



3:45 p.m. - 5:15 p.m.

Room 206, Second Level

Moscone South

Chair:

Sukanya Vartak, M.D.

Presenters:

Erica Cohenmehr, M.D.

Jinal Rajendrakumar Patel, M.B.B.S.

Maria Mirabela Bodic, M.D.

Documentary "Envision the Big Picture": Indigenous Knowledges and a Call to Action for Climate Change



3:45 p.m. - 5:15 p.m.

Room 314, Third Level

Moscone South

Chair:

Mary Hasbah Roessel, M.D.

Presenter:

Mary Hasbah Roessel, M.D.

Everyday Analytics: Using Public Data and Free Tools to Yield Meaningful Insights for Your Patients, Your Clinic, and Beyond



3:45 p.m. - 5:15 p.m.

Room 304. Third Level

Moscone South

Chair:

Michael Joseph Sernyak, M.D.

Presenters:

Walter Stanley Mathis, M.D.

Oluwole Jegede, M.D.

Peter Kahn

Expanding Access to Expertise: Innovating to Share Our Knowledge

3:45 p.m. - 5:15 p.m.

Room 212, Second Level

Moscone South

Chair:

Robert Paul Roca, M.D., M.P.H.

Presenters:

Ebony Dix, M.D.

Maureen Nash, M.D.

Elizabeth J. Santos, M.D., M.P.H.

From Racism to Wisdom: Critical Role of Social and Psychological Determinants of Health in Psychiatry

APA Distinguished Psychiatrist Lecture Series

Well-being and Burnout



3:45 p.m. - 5:15 p.m.

Room 154, Upper Mezzanine

Moscone South

Presenter:

Dilip V. Jeste, M.D.

Moderator:

Sofia Elisa Matta, M.D.

Golden Gate Bridge Suicide: The Final Chapter

3:45 p.m. - 5:15 p.m.

Room 160, Upper Mezzanine

Moscone South

Chair:

Mel Ira Blaustein, M.D.

Presenters:

Raymond Zablotny, M.D.

Denis Mulligan

Human Asexuality: Understanding Why It Matters to Mental Health Practitioners

3:45 p.m. - 5:15 p.m.

Room 209, Second Level

Moscone South

Chair:

Samantha Hayes, M.D.

Presenter:

Aubri Lancaster

Discussant:

Carole Filangieri

Informing Depression Treatment in the Hispanic/Latinx Community: Sentiment, Practical Application, and Clinical Utility of Pharmacogenomic Testing

3:45 p.m. - 5:15 p.m.

Room 159, Upper Mezzanine

Moscone South

Chair:

Ruby C. Castilla Puentes, M.D., Dr.P.H.

Presenters:

Tatiana A. Falcone, M.D.

Ruby C. Castilla Puentes, M.D., Dr.P.H.

Pilar Lachhwani, M.D.

Discussant:

Estela Abraham, M.D.

Innovative Strategies to Collaboratively Enhance IMG Entry and Success in Psychiatry Residency

M/UR Caucus of International Medical Graduate Psychiatrists



3:45 p.m. - 5:15 p.m.

Rooms 305/309, Third Level

Moscone South

Chair:

Shambhavi Chandraiah, M.D.

Presenters:

Narpinder K. Malhi, M.D.

Raman Marwaha, M.D.

Madhu Rajanna

Metabolic Regulators of Psychological Stress and Brain Trauma

3:45 p.m. - 5:15 p.m.

Room 153, Upper Mezzanine

Moscone South

Chair:

Charles R. Marmar, M.D.

Presenters:

Burook Misganaw

Seid Muhie

Ruoting Yang

Potential for Artificial-Intelligence Powered Chat Therapy in Psychiatry



3:45 p.m. - 5:15 p.m.

Room 157, Upper Mezzanine

Moscone South

Chair:

Young Suhk Jo, M.D.

Presenters:

Rebecca Stenersen

Jordan Craig Calabrese, D.O.

Thuy Le

Psychiatrists Tomorrow: A New Avatar



3:45 p.m. - 5:15 p.m.

Room 151, Upper Mezzanine

Moscone South

Chair:

Norman Sartorius, M.D., Ph.D.

Public Testimonies as a Form of Community-Based Research to Educate Professionals on the State of Our Current Mental Health Care System

3:45 p.m. - 5:15 p.m.

Room 211, Second Level

Moscone South

Chair:

Jane Tien Thuy Nguyen

Presenters:

Folake Adegboye

Scott Collins

Adriana Hall

Redefining the Role of the Psychiatrist in the Post Roe Era



3:45 p.m. - 5:15 p.m.

Room 303, Third Level

Moscone South

Chair:

Johanna Beck, M.D.

Presenters:

Anum Baig, M.D., M.B.A.

Faisal Kagadkar, M.D.

Karen Dionesotes, M.D., M.P.H.

Representation of South Asian Americans in Media and Its Impact on Identity Formation and Mental Health



3:45 p.m. - 5:15 p.m.Rooms 310/311, Third Level

Moscone South

Chair:

Seeba Anam, M.D.

Presenters:

Manal Khan, M.D.

Deepika Shaligram

Supporting Students and Medical Educators: Trends in the Match, Advising, and Mentoring

Association of Directors of Medical Student Education in Psychiatry (ADMSEP)



3:45 p.m. - 5:15 p.m.

Room 204, Second Level

Moscone South

Chair:

Erin Malloy, M.D.

Presenters:

Lindsey S. Pershern, M.D.

Linda Mintle, Ph.D.

Lorin M. Scher, M.D.

Surviving and Thriving Under Cross Examination



3:45 p.m. - 5:15 p.m.

Room 203, Second Level

Moscone South

Chair:

Stephen George Noffsinger, M.D.

Presenters:

Ashley H. VanDercar, M.D., J.D.

James Alexander Scott

The Couch, the Clinic and the Scanner: Changing Models of Psychiatry Over the Past 5 Decades



3:45 p.m. - 5:15 p.m.

Room 308, Third Level

Moscone South

Chair:

David Joel Hellerstein, M.D.

The Intersection of Trauma, Grief, and Sexuality: Benjamin Britten's War Requiem



3:45 p.m. - 5:15 p.m.

Room 307, Third Level

Moscone South

Chair:

Gene Nakajima, M.D.

Presenters:

Gene Nakajima, M.D.

Howard Rubin

Discussant:

Petros Levounis, M.D., M.A.

Tips, Tactics, and Training to Improve Youth Mental Health in Your Community

presented by APA Foundation Council on Children, Adolescents, and Their Families



3:45 p.m. - 5:15 p.m.

Room 201, Second Level

Moscone South

Chair:

Anish Ranjan Dube, M.D.

Discussants:

Gabrielle Shapiro, M.D.

Latoya Frolov

Christopher Seeley

Translating Between the Social and Political Determinants of Health



3:45 p.m. - 5:15 p.m.

Room 210, Second Level

Moscone South

Chair:

Mandar Jadhav, M.D.

Presenters:

Eric Rafla-Yuan, M.D.

Devika Bhushan, M.D.

POSTER

Poster Session 3

3:45 p.m. - 5:15 p.m.

Hall B Foyer, Exhibition Level

Moscone South

PRESIDENTIAL SESSION

What Lies Ahead: Removal of the X-Waiver and The Future of Opioid Use Disorder Treatment



3:45 p.m. - 5:15 p.m.

Room 156, Upper Mezzanine

Moscone South

Chair:

Patrice Harris, M.D.

Presenters:

Sarah Wakeman, M.D.

Smita Das, M.D., Ph.D., M.P.H.

Daniel Ciccarone, M.D., M.P.H.

■ 5:30 p.m. Session

PLENARY

Opening Session ft. Ashley Judd

5:30 p.m. - 7:00 p.m.

Hall F, Exhibition Level

Moscone North

U.S. Allied Organizations

Academy of Cognitive Therapy

Academy of Consultation-Liaison Psychiatry.

Academy of Organizational and

Occupational Psychiatry

American Academy of Addiction Psychiatry

American Academy of Child and Adolescent Psychiatry

American Academy of Family Physicians

American Academy of Neurology

American Academy of Psychiatry and the Law

American Academy of Psychodynamic

Psychiatry and Psychoanalysis

American Association for Emergency Psychiatry

American Association for Geriatric Psychiatrists

American Association for Social Psychiatry

American Association for the Advancement of Science

American Association of Chairs of

Departments of Psychiatry

American Association of Community Psychiatrists

American Association of Directors of

Psychiatric Residency Training

American Association of Psychiatric Administrators

American Board of Psychiatry and Neurology, Inc

American College of Emergency Physicians

American College of Obstetricians and Gynecologists

American College of Physicians

American College of Psychiatrists

American College of Psychoanalysts

American College of Surgeons

American Group Psychotherapy Association

American Medical Association

American Medical Women's Association

American Neurological Association

American Neuropsychiatric Association

American Nurses Association

American Psychoanalytic Association

American Psychological Association

American Psychosomatic Society

American Society for Adolescent Psychiatry

American Society of Addiction Medicine

American Society of Clinical Psychopharmacology, Inc.

American Society of Hispanic Psychiatry

Association for Academic Psychiatry

Association for Behavioral and Cognitive Therapies

Association of American Medical Colleges

Association of Chinese American Psychiatrists

Association of Directors of Medical Student Education

Association of Gay and Lesbian Psychiatrists

Association of Korean American Psychiatrists

Association of Women Psychiatrists

The College for Behavioral Health Leadership

American College of surgeons/Council of Medical Global Alliance on Behavioral Health and Social Justice

Group for the Advancement of Psychiatry

Hellenic American Psychiatric Association

Indo-American Psychiatric Association

Mental Health America

National Alliance on Mental Illness (NAMI)

National Association of County Behavioral Health

and Developmental Disability Directors

National Association of Psychiatric Health Systems

National Association of Social Workers, Inc

National Council for Community Behavioral Healthcare

National Institutes of Health

National Institute of Mental Health (NIMH)

National Institute on Alcohol Abuse

and Alcoholism (NIAAA)

National Institute on Drug Abuse, (NIDA)

Nigerian American Psychiatric Association

Philippine Psychiatrists in America

Substance Abuse and Mental Health

Services Administration (SAMHSA)

Turkish American Neuropsychiatric Association

International Allied Organizations

Afghanistan National Psychiatrist Association

Albanian Psychiatric Association

Algerian Psychiatric Association

Arab Gulf Psychiatric Association

Argentinean Association of Psychiatrists

Armenian Psychiatric Association

Association of Argentinean Psychiatrists

Association of Free Psychiatrists of Romania

Association of Neurologists, Psychiatrists

and Narcologists of Ukraine

Association of Psychiatric Institutions of Serbia

Association of Psychiatrists in Nigeria

Association of Psychiatrists of Uzbekistan

Austrian Association of Psychiatry, Psychotherapy

and Psychosomatics

Azerbaijan Psychiatric Association

Bangladesh Association of Psychiatrists

Barbados Association of Psychiatrists

Belarusian Psychiatric Association

Bolivian Society of Psychiatry

Botswana Psychiatric Association

Brazilian Association of Psychiatry

Bulgarian Psychiatric Association

Canadian Psychiatric Association

Chinese Society of Psychiatry

College of Psychiatrists of Ireland

Colombian Association of Psychiatry

Costa Rican Psychiatric Association

Croatian Psychiatric Association

Cuban Society of Psychiatry

Cyprus Psychiatric Association

Czech Psychiatric Association

Danish Psychiatric Society

Dominican Society of Psychiatry

Ecuadorian Association of Psychiatry

Egyptian Psychiatric Association

Emirates Society of Mental Health

Estonian Psychiatric Association

Ethiopian Psychiatric Association

European Federation of Psychiatric Trainees

European Psychiatric Association

Finnish Psychiatric Association

Flemish Psychiatric Association (Belgium)

Foundation for Interdisciplinary Investigation

of Communication (Argentina)

French Association of Psychiatrists in Private Practice

French Association of Psychiatry

French Psychiatric Information Society

German Association for Psychiatry, Psychotherapy

and Psychosomatics

Ghana Psychiatric Association

Guatemalan Psychiatric Association

Hellenic Psychiatric Association

Hellenic Society of Neurology and Psychiatry

Honduran Society of Psychiatry

Hong Kong College of Psychiatrists

Hungarian Psychiatric Association

Icelandic Psychiatric Association

Independent Psychiatric Association of Russia

Indian Association for Social Psychiatry

Indian Psychiatric Society

Indonesian Psychiatric Association

International Society of Psychopathology

of Expression (France)

Iranian Psychiatric Association

Iraqi Psychiatric Association

Israeli Psychiatric Association

Italian Association for Research in Schizophrenia

Italian Psychiatric Association

Jamaica Psychiatric Association

Japanese Society of Psychiatry and Neurology

Jordan Association of Psychiatrists

Kazakh Association of Psychiatrists and Narcologists

Kenya Psychiatric Association

Korean Neuropsychiatric Association

Kuwait Psychiatric Association

Kyrgyz Psychiatric Association

Latvian Psychiatric Association

International Allied Organizations

League for Mental Health from Republic of Moldova

Lebanese Psychiatric Society

Libyan Association of Psychiatry, Neurology and Neurosurgery

Lithuanian Psychiatric Association

Luxembourguese Society of Psychiatry,

Neurology and Psychotherapy

Macedonian Psychiatric Association

Malaysian Psychiatric Association

Mauritius Psychiatric Association

Medical Psychologic Society (France)

Mental Health Association of Cambodia

Mexican Psychiatric Association

Mexican Society of Neurology and Psychiatry

Mongolian Mental Health Association

Montenegrin Psychiatric Association

Moroccan Society of Psychiatry

Mozambican Association of Psychiatry and Mental Health

Myanmar Medico-Psychological Society

Netherlands Psychiatric Association

Nicaraguan Psychiatric Association

Nordic Psychiatric Association

Norwegian Psychiatric Association

Pacific Rim College of Psychiatrists

Pakistan Psychiatric Society

Palestinian Psychiatric Association

Panamanian Society of Psychiatry

Papua New Guinea Psychiatric Association

Paraguayan Society of Psychiatry

Peruvian Psychiatric Association

Philippine Psychiatric Association

Polish Psychiatric Association

Portuguese Society of Psychiatry and

Mental Health

Psychiatric Association of Bosnia-Herzegovina

Psychiatric Association of Rio de

Janeiro State (Brazil)

Psychiatric Association of Rio Grande do Sul (Brazil)

Psychiatric Association of Slovenia

Psychiatric Association of Thailand

Psychiatric Association of Turkey

Psychiatric Evolution (France)

Psychiatrists Association of Nepal

Puerto Rican Society of Psychiatry

Romanian Association of Psychiatry

and Psychotherapy

Royal Australian and New Zealand

College of Psychiatrists

Royal College of Psychiatrists (UK)

Royal Society of Mental Medicine of Belgium

Russian Society of Psychiatrists

Salvadorean Association of Psychiatry

Saudi Psychiatric Association

Serbian Psychiatric Association

Singapore Psychiatric Association

Slovak Psychiatric Association

Society of Georgian Psychiatrists

Society of Neurology, Psychiatry and

Neurosurgery (Chile)

Society of Psychiatry of Uruguay

Society of Psychiatrists, Narcologists, Psychotherapists and Clinical Psychologists of the Republic of Moldova

Society of Psychopathology and Mental

Hygiene of Dakar (Senegal)

Somaliland Psychiatric Association

South African Society of Psychiatrists

Spanish Association of Neuropsychiatry

Spanish Society of Psychiatry and Mental Health

Sri Lanka College of Psychiatrists

Sudanese Association of Psychiatrists

Swedish Psychiatric Association

Swiss Society of Psychiatry and Psychotherapy

Syrian Arab Association of Psychiatrists

Taiwanese Society of Psychiatry

The Association of Specialists Working in the Field of Mental Health (Kazakhstan)

Tunisian Society of Psychiatry

Turkish Neuropsychiatric Society

Uganda Psychiatric Association

Ukrainian Psychiatric Association

Uzbekistan Psychiatric Association

Venezuelan Society of Psychiatry

World Federation for Mental Health

World Psychiatric Association

Yemen Psychiatrists and Neurologists Association

Zambia Psychiatric Association

Zimbabwe College of Psychiatrists





SUNDAY

May 21, 2023

Featured Sessions

Overcoming Disparities in Alcohol Treatment Among BIPOC Women

8:00 a.m. - 9:30 a.m.

Addiction Psychiatry

Town Hall: COP²: A Global Response to the Mental Health Needs of Our Climate Crisis

10:30 a.m. - 12:00 p.m.

Global, Political and Social Issues

Applying for Psychiatry Residency? Some Tips and Tricks From PDs for IMGs

1:30 p.m. - 3:00 p.m.

Residents, Fellows and Medical Students

Biomarkers in Psychiatry: Are We Ready for Prime Time?

3:45 p.m. - 5:15 p.m.

Biological Psychiatry

Clinical Updates
Residents, Fellows, & Med Students 2
International Medical Graduates3
Technology4
Humanities
Diversity and Health Equity 6
Well-being and Burnout
NIAAA Research Track8
Annual Meeting On Demand \dots $oldsymbol{ extstyle D}$
Virtual Annual Meeting

■ 8:00 a.m. Sessions

AWARD LECTURE

Nasrallah Award Lecture: New Biology and New Treatments for Schizophrenia and Mood Disorders: My 30-Year Journey With Ketamine Research

Nasrallah Award

8:00 a.m. - 9:30 a.m.

Room 154, Upper Mezzanine

Moscone South

Presenter:

John H. Krystal, M.D.

GENERAL SESSIONS

A Rebellious Guide to Psychosis

8:00 a.m. - 9:30 a.m.

Room 158, Upper Mezzanine

Moscone South

Chair:

Mark Ragins, M.D.

Anti-Racist Research Design and Practice: Lessons From the Refugee Crisis

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8:00 a.m. - 9:30 a.m.

Room 307, Third Level

Moscone South

Chair:

Sarah Qadir, M.D.

Presenters:

Meghan Tveit

Georgios Karampoutakis, M.D.

Philip Candilis, M.D.

Artificial Intelligence (AI) to Analyze Open-Source Digital Conversations on Depression and Suicide: Integration Into Psychiatric Practice



8:00 a.m. - 9:30 a.m.

Room 203, Second Level

Moscone South

Chair:

Maria Antonia Oquendo, M.D., Ph.D., M.A., M.S.W.

Presenters:

Laura Daniela Jimenez, M.D.

Tatiana A. Falcone, M.D.

Ruby C. Castilla Puentes, M.D., Dr.P.H.

Becoming a "Good Enough" Psychotherapy Supervisor



8:00 a.m. - 9:30 a.m.

Room 314, Third Level

Moscone South

Chair:

Katherine Kennedy, M.D.

Presenters:

Randon Welton, M.D.

Maya Prabhu

Frank Yeomans, M.D., Ph.D.

Building a Better Psychiatric ED: A Focus on Special Populations

American Association for Emergency Psychiatry (AAEP)



8:00 a.m. - 9:30 a.m.

Room 155, Upper Mezzanine

Moscone South

Chair:

Brandon C. Newsome, M.D.

Presenters:

Kuan-I (Lester) Wu

Vamsi Kalari

Meghan Schott

Charting Future Intersectionalities: Mental Health, Spirituality, and Marginalized Children and Adolescents

Caucus on Religion, Spirituality and Psychiatry

8:00 a.m. - 9:30 a.m.

Room 213, Second Level

Moscone South

Chair:

Mary Lynn Dell, M.D.

Presenters:

Lisa Fortuna, M.D., M.P.H.

Margaret Stuber

Chronic Cyclical Disasters: A Community Context-Sensitive Approach to Promoting Adaptive Disaster Response

Committee on Psychiatric Dimensions of Disasters



8:00 a.m. - 9:30 a.m.

Room 153, Upper Mezzanine

Moscone South

Chairs:

Sander Koyfman, M.D.

Grant H. Brenner, M.D.

Presenters:

James West, M.D.

Kathleen Anne Clegg

Climate Psychiatry 102: Climate Change and Implications for Community Psychiatry

8:00 a.m. - 9:30 a.m.

Room 308. Third Level

Moscone South

Chair:

Wesley Eugene Sowers, M.D.

Presenters:

John Sullenbarger, M.D.

Emily Margaret Schutzenhofer, M.D.

Elizabeth Haase

Covid-19 Changed the Way We Talk About Burnout and Mental Health: Building Individual and Systems Level Interventions to Promote Well-Being



8:00 a.m. - 9:30 a.m.

Rooms 305/309, Third Level

Moscone South

Chair:

Laurel Mayer, M.D.

Presenters:

Carol Bernstein, M.D.

Sara S. Nash, M.D.

Mickey Trockel, M.D.

Everything You Wanted to Know About Digital Health Technology but Were Afraid to Ask



8:00 a.m. - 9:30 a.m.

Room 152, Upper Mezzanine

Moscone South

Chair:

Sherry Ann Nykiel, M.D.

Presenters:

Alena Alekseyevna Balasanova, M.D.

Akiva M. Daum, M.D.

Here Fishy, Phishy... Catfishing and Other Cyber Crimes Across the Ages

Council on Children, Adolescents, and Their Families

8:00 a.m. - 9:30 a.m.

Room 212. Second Level

Moscone South

Chair:

Rana Elmaghraby, M.D.

Presenters:

Stephanie Alexis Garayalde, M.D.

Caitlin Costello, M.D.

Gabrielle Shapiro, M.D.

I Think You're Muted: Diagnosing and Treating Catatonia Via Video Platforms in the Ambulatory Setting

8:00 a.m. - 9:30 a.m.

Room 214, Second Level

Moscone South

Chair:

Jane Richardson, M.D.

Presenters:

Stephanie Susan Kulaga, M.D.

Ashley Malka, M.D.

Innovations in Improving Access to Mental Health Care for Frontline Healthcare Clinicians

presented by APA Foundation



8:00 a.m. - 9:30 a.m.

Room 204, Second Level

Moscone South

Chair:

Gaurava Agarwal, M.D.

Presenters:

Linda Bresnahan, MS

Nathalie Dougé, MD

Mary Moffit, PhD

Christine Yu Moutier, MD

Improving the Quality of Mental Health Care: Lessons from Collaborative Care to Inform Future Psychiatric Practice

APA Distinguished Psychiatrist Lecture Series

8:00 a.m. - 9:30 a.m.

Room 202, Second Level

Moscone South

Presenter:

Anna Ratzliff, M.D., Ph.D.

Moderator:

Farah Zaidi, M.D.

Innovative Versus Inappropriate: Examining a Psychiatrist's Role to Support Mental Health in a Politically Divided Society



8:00 a.m. - 9:30 a.m.

Room 160, Upper Mezzanine

Moscone South

Chair:

Mira Zein, M.D., M.P.H.

Presenters:

Diana Robinson

Adrienne Taylor

Abhisek Khandai

Lights, Camera, Action! Creating a Short Film to Put Asian American Mental Health in the Spotlight



8:00 a.m. - 9:30 a.m. Room 313. Third Level

Moscone South

Chair:

Elizabeth Ma, M.D., Ph.D.

Presenters:

Joseph Wong, M.D.

Jessica Chen, Ph.D.

Look Who Came to Treatment Team: Threat Management and Working With Federal Agencies to Manage High Risk Patients

8:00 a.m. - 9:30 a.m.

Room 151, Upper Mezzanine

Moscone South

Chair:

John S. Rozel, M.D.

Presenters:

Jennifer Cohen, Ph.D.

Karie A. Gibson, Ph.D.

Ronald Schouten, M.D., J.D.

Mental Health Repercussions of Migration in the Americas (Part 1)



8:00 a.m. - 9:30 a.m.

Room 209. Second Level

Moscone South

Chair:

Bernardo Ng, M.D.

Presenters:

Jacqueline Cortes, M.D.

Juan Andres Gallego, M.D., M.S.

Mysore S. Renuka-Prasad

	Clinical Updates	
1	Residents, Fellows, & Med Students 2	
1	International Medical Graduates 3	
1	Technology4	
1	Humanities	
	Diversity and Health Equity 6	
	Well-being and Burnout \dots 7	
1	NIAAA Research Track8	
1	Annual Meeting On Demand \dots	
ĺ	Virtual Annual Meeting	ı

Minimizing Outpatient Malpractice Risk



8:00 a.m. - 9:30 a.m.

Room 303, Third Level

Moscone South

Chair:

Stephen George Noffsinger, M.D.

Presenters:

James Alexander Scott

Lawrence Belcher, M.D.

No Wrong Door: Ushering in Collaborative Solutions for College Mental Health

Caucus on College Mental Health



8:00 a.m. - 9:30 a.m.

Room 306, Third Level

Moscone South

Chair:

Meera Menon, M.D.

Presenters:

Ludmila De Faria, M.D.

Amy Alexander, M.D.

Maryam Zulfigar, M.D.

Overcoming Disparities in Alcohol Treatment Among BIPOC Women

U.S. National Institute on Alcohol Abuse and Alcoholism (NIAAA)



8:00 a.m. - 9:30 a.m.

Room 211, Second Level

Moscone South

Chair:

Deidra Roach, M.D.

Presenters:

Catherine McKinley, Ph.D., L.M.S.W.

Ayana Jordan, M.D., Ph.D.

Christina Lee, Ph.D.

Promoting Women's Mental Health in a Difficult Environment: Current Challenges in the United States

Committee on Women's Mental Health



8:00 a.m. - 9:30 a.m.

Room 201, Second Level

Moscone South

Chair:

A. Evan Eyler, M.D., M.P.H.

Presenters:

Leslie Gise, M.D.

Amanda Koire, M.D., Ph.D.

Carole Warshaw, M.D.

Putting Your Best Foot Forward: The AAP/APA Curriculum Vitae Boot Camp

Resident, Fellow and Medical Student Track Featured Session



8:00 a.m. - 9:30 a.m.

Room 301, Third Level

Moscone South

Chairs:

Catherine Crone, M.D.

Sean M. Blitzstein, M.D.

Amin Azzam, M.D., M.A.

Revisiting the Imposter Phenomenon



8:00 a.m. - 9:30 a.m.

Room 206. Second Level

Moscone South

Chair:

Tanuja Gandhi, M.D.

Presenter:

Cheryl D. Wills, M.D.

Risky Business? An Analysis of Recent Medical Malpractice Claim Trends and Risk Mitigation Strategies



8:00 a.m. - 9:30 a.m.

Room 157, Upper Mezzanine

Moscone South

Chair:

Allison Funicelli, M.P.A.

Presenters:

Nicole Paquette, Esq.

Allison Funicelli, M.P.A.

Rollout of Measurement-Based Care in Different Healthcare Settings: Successes and Pitfalls



8:00 a.m. - 9:30 a.m.

Room 156, Upper Mezzanine

Moscone South

Chair:

Jessica Lynn Thackaberry

Presenters:

Andres Ricardo Schneeberger, M.D.

Rahul Gupta, M.D.

Erik Rudolph Vanderlip, M.D., M.P.H.

How to Safely Manage High Level Escalations: Applied engagement skills while intervening in crisis situations

SMI Adviser: An APA and SAMHSA Initiative



8:00 a.m. - 9:30 a.m.

Room 159, Upper Mezzanine

Moscone South

Presenter:

Jose M. Viruet, L.C.P.C.

Successful Aging: How African-Americans and Hispanics Do It, the Connection With Nature and Motivating Our Patients Through Outdoor "Prescriptions"



8:00 a.m. - 9:30 a.m.

Room 310/311, Third Level

Moscone South

Chair:

Maria D. Llorente, M.D.

Presenters:

Maria D. Llorente, M.D.

Rita Rozanne Hargrave, M.D.

Antoinette Shappell, M.D.

Treatment Resistant Depression: Definitions, Associated Factors, Available Treatment Approaches and Vistas for the Future (Not for CME)



8:00 a.m. - 9:30 a.m.

Room 205. Second Level

Moscone South

Presenter:

Roger McIntyre

Moderators:

Ron M. Winchel, M.D.

Justin Smith

What Is the Role of Psychiatry in K-12 Schools? Addressing High Risk Scenarios While Supporting the Continuum of Mental Health Care in Schools



8:00 a.m. - 9:30 a.m.

Room 304, Third Level

Moscone South

Chair:

Justine J. Larson, M.D., M.P.H.

Presenters:

Nikhil Patel, M.D., M.P.H.

Heather Gotham

Jessica Gonzalez

When the Supervisor Needs a Supervisor: Navigating Challenges in the Supervision Dyad

American Association of Directors of Psychiatric Residency Training (AADPRT)



8:00 a.m. - 9:30 a.m.

Room 302, Third Level

Moscone South

Chair:

Amber Frank

Presenters:

Aimee Murray

Donna Marie Sudak, M.D.

Anne Ruble

POSTERS

Poster Session 4

8:00 a.m. - 9:30 a.m.

Hall B Foyer, Exhibition Level

Moscone South

PRESIDENTIAL SESSION

Rethinking Core Values: How Medical "Professionalism" Perpetuates Discrimination Against Black, Indigenous, and People of Color (BIPOC)

American Association of Directors of Psychiatric Residency Training (AADPRT)



8:00 a.m. - 9:30 a.m.

Room 210. Second Level

Moscone South

Chair:

J. Corey Williams, M.D.

Presenters:

Ashley Walker, M.D.

Kaosoluchi Enendu, M.D., M.B.A.

David A. Ross, M.D., Ph.D.

Discussant:

Michael John Travis, M.B.B.S.

COURSE

Evaluation and Treatment of Neurocognitive Disorders

8:00 a.m. - Noon

Room 7, Exhibition Level

Moscone South

Director:

Allan A. Anderson, M.D.

Faculty:

Ganesh Gopalakrishna, M.D.

Allan A. Anderson, M.D.

Pallavi Joshi, D.O., M.A.

MASTER COURSE

2023 Psychiatry Review: Part 2



8:00 a.m. - Noon

Room 8, Exhibition Level

Moscone South

Directors:

Venkata B. Kolli, M.D.

Vishal Madaan, M.D.

Faculty:

Rajesh R. Tampi, M.D., M.S.

Rajiv Radhakrishnan, M.D.

Donna Marie Sudak, M.D.

COURSE

Buprenorphine and Office-Based Treatment of Opioid Use Disorder

8:00 a.m. - 5:00 p.m.

Room 9, Exhibition Level

Moscone South

Directors:

John A. Renner, M.D.

Petros Levounis, M.D., M.A.

Faculty:

Andrew John Saxon, M.D.

Dongchan Park, M.D.

MASTER COURSES

Consultation-Liaison Psychiatry Master Course

8:00 a.m. - 5:00 p.m.

Room 11/12, Exhibition Level

Moscone South

Director:

James L. Levenson, M.D.

Faculty:

Jeffrey Staab, M.D.

David Perez, M.D., M.Sc.

Mark Oldham, M.D.

Sleep Disorders and Their Management: An Overview of Common Sleep Conditions Associated With Mental Health Disorders

8:00 a.m. - 5:00 p.m.

Room 10, Exhibition Level

Moscone South

Director:

Emmanuel During

Faculty:

Clete Kushida, M.D., Ph.D.

Rafael Pelayo, M.D.

Jamie M. Zeitzer, Ph.D.

Oliver Sum-Ping, M.D.

Fiona Barwick, Ph.D.

■ 10:30 a.m. Sessions

AWARD LECTURE

Kun-Po Soo Award Lecture: Journey From the West to the East: Diagnostic and Therapeutic Approaches to Treatment Resistant Mood Disorders

Kun-Po Soo Award

10:30 p.m. - Noon

Room 214, Second Level

Moscone South

Introduction:

Dora-Linda Wang, M.D.

Presenter:

Tung-Ping Su, M.D.

Oskar Pfister Award Lecture: From the Margins to the Center: It Is Not Just About "Them"

Oskar Pfister Award

10:30 a.m. - Noon

Room 210, Second Level

Moscone South

Presenter:

William C. Gaventa Jr., M.Div.

GENERAL SESSIONS

Addressing the Mental Health Needs of Sub-Saharan Africans at Home and in the United States: The Role of Diaspora Psychiatrists and Mobile Technology



10:30 a.m. - Noon

Room 313, Third Level

Moscone South

Chair:

Charles Dike, M.D.

Presenters:

Theddeus I. Iheanacho, M.D.

Sosunmolu Shoyinka, M.D., M.B.A.

Yvonne Uyanwune, M.D., M.P.H.

Advancing Psychiatry Using Insights From Philosophy of Science

10:30 a.m. - Noon

Room 307, Third Level

Moscone South

Chair:

Awais Aftab, M.D.

Presenters:

Jonathan Fuller, M.D., Ph.D.

Awais Aftab, M.D.

Serife Tekin, Ph.D.

Clinical Updates
Residents, Fellows, & Med Students 2
International Medical Graduates
Technology4
Humanities5
Diversity and Health Equity
Well-being and Burnout
NIAAA Research Track8
Annual Meeting On Demand
Virtual Annual Meeting
L

Answering the Judges Gavel: Decriminalizing Mental Illness and the National Judicial Mental Health Task Force

10:30 a.m. - Noon

Room 302, Third Level

Moscone South

Chair:

Michael K. Champion, M.D.

Presenters:

Steven Leifman, J.D.

Robert Brutinel

Sarah Yvonne Vinson, M.D.

Applying to Psychiatry Residencies: A Discussion With Residency Directors

Resident, Fellow and Medical Student Track Featured Session



10:30 a.m. - Noon

Room 308. Third Level

Moscone South

Chair:

Art C. Walaszek, M.D.

Presenters:

Ana Ozdoba, M.D.

Ashley Walker

Sallie DeGolia

Behind the Incel Movement: The Misogyny and the Violence

10:30 a.m. - Noon

Room 310/311, Third Level

Moscone South

Chair:

Kayla Fisher, M.D., J.D.

Presenter:

Shree Sarathy, M.D.

Biologizing the Psychobabble: The Emerging Neuroscience of Psychotherapy



10:30 a.m. - Noon

Room 157, Upper Mezzanine

Moscone South

Chair:

Christopher Miller

Presenters:

Hinda F. Dubin

Boris Tizenberg

Christopher Miller

Bridging Research, Accurate Information and Dialogue to Address Unequal Participation of Underrepresented Populations in Psychiatric Research



10:30 a.m. - Noon

Room 312. Third Level

Moscone South

Chair:

Nelly Gonzalez-Lepage, M.D., M.B.A.

Presenters:

Azizou Salami

Alexandra Perez

Damara Gutnick, M.D.

Caring for the Whole Person: A Practical Update on Common Medical-Psychiatric Comorbidities and Preventative Care for Clinical Practice

10:30 a.m. - Noon

Room 154, Upper Mezzanine

Moscone South

Chair:

Kate Richards, M.D.

Presenters:

Sandy Ngo Moubarek, M.D.

Kate Richards, M.D.

Catatonia: What Should Psychiatrists Know and Why?



10:30 a.m. - Noon

Room 158, Upper Mezzanine

Moscone South

Chair:

Brian Scott Barnett, M.D.

Presenters:

Scott Beach

Andrew Francis, M.D., Ph.D.

Discussant:

Gregory Fricchione

Chatbots: Increasing Patient and Provider Engagement in Substance Use Disorder Care

10:30 a.m. - Noon

Room 152, Upper Mezzanine

Moscone South

Chair:

M. Justin Coffey, M.D.

Closing the Treatment Gap: How Can Psychiatry Help?

U.S. National Institute on Alcohol Abuse and Alcoholism (NIAAA)



10:30 a.m. - Noon

Room 211, Second Level

Moscone South

Chair:

Laura E. Kwako, Ph.D.

Presenters:

Carrie Mintz, M.D.

Nassima Ait-Daoud, M.D.

Lewei Lin. M.D.

Cult Leaders: The Fine Line Between Mental Illness and Opportunism

10:30 a.m. - Noon

Room 159, Upper Mezzanine

Moscone South

Chair:

Ashley H. VanDercar, M.D., J.D.

Presenters:

Susan Hatters-Friedman M.D.

Lawrence Belcher, M.D.

Karen B. Rosenbaum. M.D.

Darkness Illuminated: How Evolutionary Psychiatry Can Shed New Light on Depression and Improve Clinical Care

10:30 a.m. - Noon

Room 204, Second Level

Moscone South

Chair:

Christopher Gurguis

Presenters:

Randolph Nesse, M.D.

Consuelo Walss-Bass, Ph.D.

Evolving Controversies in Treating Gender Dysphoric Youth

APA Distinguished Psychiatrist Lecture Series



10:30 a.m. - Noon

Room 304, Third Level

Moscone South

Presenter:

Jack Drescher, M.D.

Moderator:

Sofia Elisa Matta, M.D.

Exploring Cannabidiol's Efficacy in the Treatment of Alcohol Use Disorder, PTSD, and Traumatic Brain Injury



10:30 a.m. - Noon

Room 303. Third Level

Moscone South

Chair:

Michael Bogenschutz

Presenters:

Michelle Jeffers

Esther Blessing

Discussant:

Charles R. Marmar, M.D.

How to Provide Gender-Affirming Mental Health Care in a Clinical Setting



10:30 a.m. - Noon

Room 205, Second Level

Moscone South

Presenter:

Dan Karasic, M.D.

Moderators:

Ron M. Winchel, M.D.

Sofia Elisa Matta, M.D.

I Am Assessing a Minor That Said He/She Will Shoot Its School. What Should/Can I Do?



10:30 a.m. - Noon

Room 156, Upper Mezzanine

Moscone South

Chair:

Cristian Zeni, M.D., Ph.D.

Presenter:

Parnaz Daghighi

Discussant:

Vinay Kothapalli

Identidad, Comunidad y Cuidado Mental Competente: Past, Present and Future of Mental Health Care in the LatinX Community

presented by APA Foundation M/UR Caucus of Hispanic Psychiatrists



10:30 a.m. - Noon

Moscone South

Chair:

Felix Torres, M.D., M.B.A.

Presenter:

Hector Colon-Rivera, M.D.

Sebastian Acevedo, M.P.H.

Bernardo Ng, M.D.

Improving Mental Health Care Outcomes in LGBTQ+ Populations: Challenges, Solutions, and Applications to the General Population

10:30 a.m. - Noon

Rooms 305/309, Third Level

Moscone South

Chair:

Christine Marchionni, M.D.

Presenters:

Jerica Gerena, D.O.

Olivia Danforth, M.D.

Chris Gauthier, D.O.

Mental Health Repercussions of Migration in the Americas (Part 2)



10:30 a.m. - Noon

Room 209. Second Level

Moscone South

Chair:

Bernardo Ng, M.D.

Presenters:

Thelma Sanchez, M.D.

Rodrigo Cordoba

Santiago Levin

Painting With a Broader Palette of Colors: A Psychiatrist Explores Themes of Diversity and Health Equity in His Art



10:30 a.m. - Noon

Room 202, Second Level

Moscone South

Chair:

John Bostwick, M.D., M.F.A.

Presenter:

Suliman Salahuddin El-Amin, M.D., M.S.

Discussant:

Tiffani Bell, M.D., M.P.H.

Persons of Color Living With Mood Disorders: Community Engagement and a Call to Action



10:30 a.m. - Noon

Room 153, Upper Mezzanine

Moscone South

Chair:

Monica J. Taylor-Desir, M.D.

Presenters:

Andres Pumariega

Monica J. Taylor-Desir, M.D.

Robert Dabney Jr., M.Div.

Psychiatry and the Humanities: How to Maintain Balance

Resident, Fellow and Medical Student Track Featured Session



10:30 a.m. - Noon

Room 306, Third Level

Moscone South

Chair:

Carlyle Hung-Lun Chan, M.D.

Presenters:

Margaret Chisolm, M.D.

David Elkin, M.D.

Shieva Khayam-Bashi, M.D.

Psychopharmacology Master Class: The Art of Psychopharmacology



10:30 a.m. - Noon

Room 155, Upper Mezzanine

Moscone South

Chairs:

David L. Mintz, M.D.

Carl Salzman, M.D.

Supporting the Mental Health of Health Care Workers During Covid-19 and Beyond

Well-being and Burnout



10:30 a.m. - Noon

Room 201. Second Level

Moscone South

Chair:

George L. Alvarado, M.D.

Presenter:

Mayer Bellehsen

Discussant:

Manish Sapra, M.D.

Teaching Decision-Making Capacity: An Asynchronous Workshop Model

American Association of Directors of Psychiatric Residency Training (AADPRT)



10:30 a.m. - Noon

Room 206. Second Level

Moscone South

Chair:

Cara Angelotta, M.D.

Presenter:

Brittany N. Goldstein, M.D.

The Overturning of Roe Versus Wade: Implications for Women's Mental Health



10:30 a.m. - Noon

Room 203, Second Level

Moscone South

Chair:

Madeleine Anne Becker, M.D., M.A.

Presenters:

Celeste Peay, M.D., J.D.

Nancy Byatt, D.O., M.B.A., M.S.

The Role of Animals in the Treatment of Mental Disorders

10:30 a.m. - Noon

Room 160, Upper Mezzanine

Moscone South

Chair:

Nancy R. Gee, Ph.D.

Presenters:

Aubrey H. Fine, Ph.D.

Sabrina Schuck, Ph.D.

Lisa Townsend, Ph.D.

Town Hall: COP²: A Global Response to the Mental Health Needs of Our Climate Crisis

10:30 a.m. - Noon

Room 151, Upper Mezzanine

Moscone South

Chair:

Elizabeth Haase, M.D.

Presenters:

Gary Belkin, M.D., Ph.D., M.P.H.

Joshua Wortzel, M.D., M.Phil., M.S.

Carissa Cabán-Alemán, M.D.

LEARNING LAB

Supporting Person-Centered Care: A Simulation of Hearing Voices

SMI Adviser: An APA and SAMHSA Initiative

10:30 a.m. - Noon

Room 301, Third Level

Moscone South

Chair:

Sherin Khan, L.C.S.W.

POSTER

Poster Session 5

10:30 a.m. - Noon

Hall B Foyer, Exhibition Level

Moscone South

Presidential Sessions

40 Years of the Association of Women Psychiatrists: A Historical and Contemporary Look at Social Justice in Psychiatry

Association of Women Psychiatrists (AWP)



10:30 a.m. - Noon

Room 213. Second Level

Moscone South

Chair:

Christina T. Khan, M.D., Ph.D.

Presenters:

Carol C. Nadelson, M.D.

Altha J. Stewart, M.D.

Nada L. Stotland, M.D., M.P.H.

Silvia Olarte, M.D.

Discussant:

Patricia Isbell Ordorica, M.D.

The Evolving Canadian Mental Health System: Challenges and Opportunities for Psychiatrists

10:30 a.m. - Noon

Room 212, Second Level

Moscone South

Presenters:

Gary A. Chaimowitz, M.D.

Alison Freeland

■ 12:30 p.m. Sessions

APA Annual Business Meeting

12:30 p.m. - 1:30 p.m.

Room 22, Exhibition Level

Moscone North

*APA Members Only. No CME is offered for this meeting.

■ 1:30 p.m. Sessions

AWARD LECTURES

Patient Advocacy Award: The Law Is Not Magic but Collaboration Works

Patient Advocacy Award

1:30 p.m. - 3:00 p.m.

Room 151, Upper Mezzanine

Moscone South

Introduction:

Rebecca Brendel, M.D., J.D.

Presenter:

Mark Heyrman, J.D.

GENERAL SESSIONS

Addressing Anti-Racism and Structural Competency in Schools: A Collaborative Approach



1:30 p.m. - 3:00 p.m.

Room 201, Second Level

Moscone South

Chair:

Aishwarya Kamakshi Rajagopalan,

D.O., M.H.S.

Presenter:

Sonal Jain

Discussants:

Shashank V. Joshi, M.D.

Wanjiku Njoroge, M.D.

Applying for Psychiatry Residency? Some Tips and Tricks From PDs for IMGs

International Medical Graduates Track Featured Session



1:30 p.m. - 3:00 p.m.

Room 308. Third Level

Moscone South

Presenters:

Benedicto R. Borja, M.D.

Rashi Aggarwal

Jason E. Curry, D.O.

Discussants:

Faroog Mohyuddin, M.D.

Vineeth P. John, M.D., M.B.A.

Asians in America: Not a Model Minority and Not a Minority

presented by APA Foundation M/UR Caucus of Asian-American Psychiatrists



1:30 p.m. - 3:00 p.m.

Room 206, Second Level

Moscone South

Chair:

Dora-Linda Wang, M.D.

Presenters:

Edmond H. Pi, M.D.

Nhi-Ha T. Trinh, M.D., M.P.H.

Steven Richard Chan, M.D., M.B.A.

Benzodiazepines, Prescribing and De-Prescribing: A Panel Discussion



1:30 p.m. - 3:00 p.m.

Room 205, Second Level

Moscone South

Chairs:

Ron M. Winchel, M.D.

Catherine Crone, M.D.

Presenters:

Donovan Maust, M.D.

Edward Silberman, M.D.

Ilse Wiechers, M.D., M.H.S.

Oscar Bienvenu. M.D.

Brain Health and Well-Being in Older Adults: The Impact of Lifestyle Interventions



1:30 p.m. - 3:00 p.m.

Room 154, Upper Mezzanine

Moscone South

Chair:

Helen Hisae Kyomen, M.D., M.S.

Presenters:

Sehba Husain-Krautter, M.D., Ph.D.

John L. Beyer, M.D.

Ebony Dix, M.D.

CBT for Suicidal Behavior



1:30 p.m. - 3:00 p.m.

Room 203, Second Level

Moscone South

Chair:

Donna Marie Sudak, M.D.

Presenter:

Jesse H. Wright, M.D.

Complex Neuropsychiatric Presentations in Consultation-Liaison Psychiatry: Acute Psychosis, Delirious Mania, and Catatonia



1:30 p.m. - 3:00 p.m.

Room 157, Upper Mezzanine

Moscone South

Chair:

Laura T. Safar, M.D.

Presenters:

David Van Norstrand, M.D., Ph.D.

Hema Venigalla, M.D.

Larry Schibuk, M.D.

Confident Clozapine Prescribing: Motivating Clinicians to Address Racial and Ethnic Disparities in Clozapine Utilization



1:30 p.m. - 3:00 p.m.

Room 304, Third Level

Moscone South

Chair:

Claire C. Holderness, M.D.

Presenters:

Laura A. Clarke, M.D.

Jean-Marie Alves-Bradford

Discussant:

T. Scott Stroup, M.D., M.P.H.

Creating Spanish/English Networks to Support Mental Health of Hispanic/ Latinx Communities

M/UR Caucus of Hispanic Psychiatrists

1:30 p.m. - 3:00 p.m.

Room 302, Third Level

Moscone South

Chair:

Ruby C. Castilla Puentes, M.D., Dr.P.H.

Presenters:

Fernando Espi Forcen

Tatiana A. Falcone, M.D.

Discussant:

Esperanza Diaz

Dr. IMG in the Multiverse of ECPs: Moving Beyond Training: What Should I Do? Where Do I Go? What Do I Become?



1:30 p.m. - 3:00 p.m.

Room 314, Third Level

Moscone South

Chair:

Sudhakar Shenoy, M.D.

Presenters:

Sudhakar Shenoy, M.D.

Raman Baweja, M.D., M.S.

Kamalika Roy, M.D.

Discussant:

Vishal Madaan, M.D.

Facing Off, Facing Ourselves: Dealing With Microaggressions in APA Sessions



1:30 p.m. - 3:00 p.m.

Room 307, Third Level

Moscone South

Chairs:

Ravi Chandra, M.D.

Flavia Alecia Ruth De Souza, M.D.,

M.H.S.

Presenters:

Fiona D. Fonseca, M.D., M.S.

Nicole Woodson-DeFauw, M.D.

Regina James, M.D.

From the Front Lines of Trauma to the Front Lines of Medicine: Addressing Moral Injury in Healthcare Workers Through a Military Perspective

1:30 p.m. - 3:00 p.m.

Room 153, Upper Mezzanine

Moscone South

Chair:

Bhagwan A. Bahroo, M.D.

Presenters:

Chelsea R. Younghans, M.D.

Adam Bumgardner, M.D.

Zachary Brooks, D.O.

Impact of the Environment on Adolescent Development: Findings From BIPOC Scholars in the ABCD Study START Program

U.S. National Institute on Drug Abuse (NIDA)



1:30 p.m. - 3:00 p.m.

Room 209, Second Level

Moscone South

Chair:

Gayathri J. Dowling, Ph.D.

Presenters:

Neo Gebru, Ph.D.

Skye Bristol

Stacy Ryan-Pettes, Ph.D.

Discussant:

Micah Johnson, Ph.D.

Innovations in Community-Based Mental Health Interventions Within and Beyond the Military

1:30 p.m. - 3:00 p.m.

Room 204, Second Level

Moscone South

Chair:

Jerry Trotter, M.D.

Presenters:

Kenneth Stewart Thompson, M.D.

Monica D. Ormeno, D.O.

Integrating Patients? Work Identity Into Practice: The Military as an Exemplar in How It Cares for Military Service Members, Veterans, and Families

1:30 p.m. - 3:00 p.m.

Room 312. Third Level

Moscone South

Chair:

Walter J. Sowden, Ph.D.

Presenters:

Sean Wilkes, M.D.

Natalie Picciano, M.D.

Jazmin Scott, M.D.

Making "Good Trouble" in Psychiatry: Creating More Equitable Systems of Mental Health Care (in the Spirit of US Representative John Lewis)

presented by APA Foundation M/UR Caucus of Black Psychiatrists



1:30 p.m. - 3:00 p.m.

Room 213, Second Level

Moscone South

Chair:

Cynthia Turner-Graham, M.D.

Presenters:

Topaz Sampson-Mills

Jonathan Joel Shepherd, M.D.

Ja'Nelle Maxine Blocker, M.D.

Mental Health Professionals' Role in the Criminal Justice System: How to Be an Agent of Change

presented by APA Foundation



1:30 p.m. - 3:00 p.m.

Room 160, Upper Mezzanine

Moscone South

Chair:

Michael K. Champion, M.D.

Presenters:

Alicia Barnes, D.O., M.P.H.

Damon Johnson

Cotton Walker

Perspectives on Developing a Global Mental Health Training Curriculum: Education, Research, and Policy

Caucus on Global Mental Health and Psychiatry



1:30 p.m. - 3:00 p.m.

Room 212, Second Level

Moscone South

Chair:

Seeba Anam, M.D.

Presenters:

Manal Khan

James Griffith

Discussant:

Pamela Collins

Physician, Heal Thyself by Healing Systems



1:30 p.m. - 3:00 p.m.

Room 202, Second Level

Moscone South

Chair:

Sunil D. Khushalani, M.D.

Psychiatric Diagnosis: Do Race and Ethncity Still Matter?

1:30 p.m. - 3:00 p.m.

Room 159, Upper Mezzanine

Moscone South

Chair:

William Bradford Lawson, M.D., Ph.D.

Presenters:

Stephen M. Strakowski, M.D.

Sidney H. Hankerson, M.D., M.B.A.

Recognizing and Addressing Burnout Among Healthcare Workers in Rural Nepal: A Proof of Concept Study Using Visual Learning Aids



1:30 p.m. - 3:00 p.m.

Rooms 305/309, Third Level

Moscone South

Chair:

Bibhav Acharya, M.D.

Presenters:

Kristin Nguyen, M.D.

Raj Kumar Dangal, M.D.

Eva Studer, M.D.

Recovery, Remission, Cessation: New Operational Definitions to Assist in the Evaluation of Treatments and Outcomes

U.S. National Institute on Alcohol Abuse and Alcoholism (NIAAA)

1:30 p.m. - 3:00 p.m.

Room 211, Second Level

Moscone South

Chair:

Brett Hagman, Ph.D.

Presenters:

Paul A. Gilbert, Ph.D.

Christine Timko, Ph.D.

Sarah Zemore, Ph.D.

Reproductive Rights, Physician Roles, Government Interference and More: Advocating for Your Patients and Profession in a Time of Societal Division



1:30 p.m. - 3:00 p.m.

Room 303, Third Level

Moscone South

Chairs:

Craig Obey, J.D.

Craig Obey, J.D.

Presenters:

Eric Rafla-Yuan, M.D.

Katherine Kennedy, M.D.

The Association of LGBTQ+ Psychiatrist (AGLP) and the American Psychiatric Association



1:30 p.m. - 3:00 p.m.

Room 152, Upper Mezzanine

Moscone South

Chair:

Pratik P. Bahekar, M.B.B.S.

Presenters:

Nathen Spitz, B.A.

Amir K. Ahuja, M.D.

The Heart of the Matter,
"Narrative Means to Therapeutic
Ends": Exploring Narrative
Therapy and the Healing
Power of Stories in Medicine

1:30 p.m. - 3:00 p.m. Room 158, Upper Mezzanine Moscone South *Chair:*

Nada L. Stotland, M.D., M.P.H.

Presenters:

Komal Trivedi

Maryam Zulfiqar, M.D.

Trishna Narula, M.D., M.P.H.

Training Together: Building and Bolstering Trainee Communities in a Post-Pandemic World



1:30 p.m. - 3:00 p.m. Room 306, Third Level Moscone South

Chair:

Jessica Gold, M.D.

Presenters:

Sean Woodward

Amanda Koire, M.D., Ph.D. Simone Ariel Bernstein. M.D.

Ukrainian Mental Healthcare Provider Stress Relief With Breath-Centered Mind-Body Practices

1:30 p.m. - 3:00 p.m. Room 214, Second Level Moscone South *Chair:*

Patricia Lynn Gerbarg, M.D.

Presenters:

Richard Paul Brown, M.D. Liudmyla Moskalenko, Ph.D. Tatyana Vatulova, Ph.D. United We Stand: An Integrated Approach to Psychotherapy Training

1:30 p.m. - 3:00 p.m. Room 310/311, Third Level Moscone South *Chair:*

Hinda F. Dubin

Presenters:

Christopher Miller

Donald Ross

Anna Zeira

Virtual Reality in Suicide Prevention: A New Frontier in Teaching and Training

1:30 p.m. - 3:00 p.m. Room 155, Upper Mezzanine Moscone South

Igor I. Galynker, M.D., Ph.D.

Presenters:

Chair:

Igor I. Galynker, M.D., Ph.D.

Skip Rizzo, Ph.D.

Aaron Norr

LEARNING LAB

Launching and Navigating a Successful Career in Academic Medicine



1:30 p.m. - 3:00 p.m. Room 301, Third Level Moscone South *Chair:*

Laura W. Roberts, M.D.

Presenters:

Bernice Yau, M.D.

Matthew Yung, M.D.

Neema Khonsari, M.D.

Wayles Haynes, M.D.

POSTER

Poster Session 6

1:30 p.m. - 3:00 p.m. Hall B Foyer, Exhibition Level Moscone South

Presidential Session

Update on the Psychiatric Bed Crisis: Real-World Problems and Potential Virtual-World Solutions



1:30 p.m. - 3:00 p.m. Room 156, Upper Mezzanine Moscone South *Chairs:*

Sandra M. DeJong, M.D. Anita Everett, M.D.

Presenters:

Steven Samuel Sharfstein, M.D. Robert L. Trestman, M.D., Ph.D. Kristen Hassmiller Lich, Ph.D.

COURSES

A Measurement-Based Care Approach to Identification and Management of Treatment Resistant Depression

1:30 p.m. - 5:30 p.m. Room 7, Exhibition Level Moscone South *Directors:* Madhukar H. Trivedi, M.D. Faculty: Manish Kumar Jha, M.B.B.S. Alan F. Schatzberg, M.D.

Maurizio Fava, M.D. Melissa Martinez

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1	Clinical Updates
	Residents, Fellows, & Med Students 2
1	International Medical Graduates3
1	Technology4
i	Humanities5
i	Diversity and Health Equity 6
	Well-being and Burnout
	NIAAA Research Track8
	Annual Meeting On Demand \dots
1	Virtual Annual Meeting
ì	

Neurology Update for the Psychiatrists

1:30 p.m. - 5:30 p.m.

Room 8. Exhibition Level

Moscone South

Director:

Sanjay Pratap Singh, M.D.

Faculty:

Rammohan R. Sankaraneni, M.B.B.S.

■ 3:45 p.m. Sessions

AWARD LECTURES

Administrative Psychiatry Award: Preparing for the Next Frontier of Mental Health Care: Opportunities for Current and Future Leaders

Administrative Psychiatry Award

3:45 p.m. - 5:15 p.m.

Room 202, Second Level

Moscone South

Introduction:

Tobias Wasser, M.D.

Presenter:

Manish Sapra, M.D.

Adolf Meyer Award Lecture: Can Psychiatry Really Make Medicine Better? Lessons From Three Clinical Trials

Adolf Meyer Award

3:45 p.m. - 5:15 p.m.

Room 152, Upper Mezzanine

Moscone South

Introduction:

Rebecca Brendel, M.D., J.D.

Presenter:

Michael Sharpe, M.D.

Manfred S. Guttmacher Award Lecture: Antisocial Personality Disorder: From Myths to Multimodal Imaging

Manfred S. Guttmacher Award Lecture

3:45 p.m. - 5:15 p.m.

Rooms 305/309, Third Level

Moscone South

Chair:

Donald W. Black, M.D.

Presenter:

Nathan Kolla

Simon Bolivar Award Lecture: The First Call for Human Rights in the Americas (1511): Father Antonio De Montesinos and His Relevance to the Mission of the Psychiatrist

Simon Bolivar Award

3:45 p.m. - 5:15 p.m.

Room 210, Second Level

Moscone South

Introduction:

Andres Pumariega

Presenter:

Eugenio M. Rothe, M.D.

GENERAL SESSIONS

A Clinician's Guide to the Management of Behavioral and Psychological Symptoms of Dementia in the Era of Boxed Warnings



3:45 p.m. - 5:15 p.m.

Room 157, Upper Mezzanine

Moscone South

Chair:

Rajesh R. Tampi, M.D., M.S.

A Journey to Death: The Story of Migrant Children

Council on Children, Adolescents, and Their Families

3:45 p.m. - 5:15 p.m.

Room 159, Upper Mezzanine

Moscone South

Chair:

Gabrielle Shapiro, M.D.

Presenters:

German E. Velez, M.D.

Balkozar Adam, M.D.

Suzan Song, M.D.

A Roadmap to Psychiatric Residency: Assisting Stakeholders in the Medical Student Advising and Residency Recruitment Process



3:45 p.m. - 5:15 p.m.

Room 314, Third Level

Moscone South

Chair:

Shambhavi Chandraiah, M.D.

Presenters:

John J. Spollen, M.D.

Daniel E. Gih, M.D.

Jessica Kovach

Addressing the Management of Incidents of Racial Bias and Discrimination in Graduate Medical Education



3:45 p.m. - 5:15 p.m.

Room 212, Second Level

Moscone South

Chair:

Constance E. Dunlap, M.D.

Presenters:

Dhruv Gupta, M.D., M.S.

Sade Frazier, D.O., M.S.

Discussant:

Francis G. Lu. M.D.

Behind Closed Doors: Providing Psychiatric Treatment and Promoting Safety Remotely for Survivors of IPV

3:45 p.m. - 5:15 p.m.

Room 153, Upper Mezzanine

Moscone South

Chair:

Elizabeth Fitelson, M.D.

Presenters:

Farah R. Herbert, M.D.

Carole Warshaw

Biomarkers in Psychiatry: Are We Ready for Prime Time?



3:45 p.m. - 5:15 p.m.

Room 304, Third Level

Moscone South

Chair:

Nina Kraguljac, D.O.

Presenters:

Anand Kumar

Adrienne Grzenda, M.D., Ph.D.

Discussant:

Charles Barnet Nemeroff, M.D., Ph.D.

Considerations in the Use of Seclusion or Restraint: Introducing a New APA Resource Document

Council on Quality Care



3:45 p.m. - 5:15 p.m.

Room 204, Second Level

Moscone South

Chair:

Jacqueline A. Hobbs, M.D., Ph.D.

Presenters:

Jose Arriola Vigo, M.D., M.P.H.

Erick H. Cheung, M.D.

Molly T. Finnerty, M.D.

Double Trouble: Management of AUD and Co-Occurring Disorders

U.S. National Institute on Alcohol Abuse and Alcoholism (NIAAA)



3:45 p.m. - 5:15 p.m.

Room 211, Second Level

Moscone South

Chair:

Laura E. Kwako, Ph.D.

Presenters:

Kathleen Brady, M.D., Ph.D.

Ismene Petrakis, M.D.

Geetanjali Chander, M.D., M.P.H.

Dying to Tell You: How Personal Grief Shapes the Practice of Psychotherapy From the Perspective of Gay-Identified Psychiatrists

3:45 p.m. - 5:15 p.m.

Room 213, Second Level

Moscone South

Chair:

Robert Michael Kertzner, M.D.

Presenters:

Marshall Forstein, M.D.

Jeffrey S. Akman, M.D.

Emerging Biomarkers of Response to Ketamine: Opportunities and Challenges



3:45 p.m. - 5:15 p.m.

Room 156, Upper Mezzanine

Moscone South

Chair:

Gustavo Costa Medeiros

Presenters:

Balwinder Singh, M.D., M.S.

Jennifer Vande Voort

Giselli Scaini, Ph.D., M.Sc.

Exploring Fellowship Awards in Psychiatry: Opportunities Beyond the APA



3:45 p.m. - 5:15 p.m.

Room 306, Third Level

Moscone South

Chair:

Vikas Gupta, M.D., M.P.H.

Presenters:

Brandi S. Karnes, M.D.

Fiona D. Fonseca, M.D., M.S.

Jeremy Chaikind

Samuel Wesley Jackson, M.D.

Dwight E. Kemp. M.D.

Caridad Ponce Martinez. M.D.

Global Community of Psychiatry: Part 1



3:45 p.m. - 5:15 p.m.

Room 308, Third Level

Moscone South

Chair:

Dinesh Bhugra, M.D.

Presenters:

Johannes Wancata

Robert Delfin Buenaventura, M.D.

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Healing Moral Injury, Developing Moral Resilience

Scattergood Ethics Program at the University of Pennsylvania, and St. Elizabeths Hospital, Washington DC



3:45 p.m. - 5:15 p.m.

Room 312, Third Level

Moscone South

Chair:

Monica J. Taylor-Desir, M.D.

Presenters:

Karen Meagher, Ph.D.

Monica J. Taylor-Desir, M.D.

Innovating Chalk Talks 3.0: Incorporating Virtual Learning Platforms to Improve in-Person Learning



3:45 p.m. - 5:15 p.m.

Room 302, Third Level

Moscone South

Chair:

Paul Riordan

Presenters:

Miles Christensen

Bryan Lao

Jordan Broadway

 Inspiring Motivation and Collaboration Through Social Justice Education in the General Hospital



3:45 p.m. - 5:15 p.m.

Room 201, Second Level

Moscone South

Chair:

Diana Robinson

Presenters:

Adrienne Taylor

Abhisek Khandai

Mira Zein, M.D., M.P.H.

International Medical Graduates: Trends, Trials and Tribulations

3:45 p.m. - 5:15 p.m.

Room 307, Third Level

Moscone South

Chair:

Raman Marwaha, M.D.

Presenter:

Saul Levin, M.D., M.P.A.

Discussants:

Vishal Madaan, M.D.

Tanuja Gandhi, M.D.

Manal Khan, M.D.

Zeeshan Nisarahmed Mansuri, M.D.,

M.P.H.

Muhammad Zeshan, M.D.

Narpinder K. Malhi, M.D.

Maximizing Vaccinations Against Pulmonary Infections in Patients With Serious Mental Illness: A Multi-Pronged Approach in Mental Health Settings

3:45 p.m. - 5:15 p.m.

Room 310/311, Third Level

Moscone South

Chair:

Oliver Freudenreich, M.D.

Presenters:

Oliver Freudenreich, M.D.

Carol S. Lim, M.D., M.P.H.

Manjola Ujkaj Van Alphen

Neuroscience in the Court Room



3:45 p.m. - 5:15 p.m.

Room 203, Second Level

Moscone South

Chair:

Octavio Choi, M.D.

Presenters:

James Armontrout, M.D.

Shafi Lodhi, M.D.

Grace Cheney, M.D.

New Guideline Recommendations for Strengthening Psychiatric Practice

Steering Committee on Practice Guidelines

3:45 p.m. - 5:15 p.m.

Room 155, Upper Mezzanine

Moscone South

Chairs:

Catherine Crone, M.D.

Jacqueline Posada, M.D.

Presenters:

Laura Fochtmann, M.D.

Victor Reus, M.D.

George Keepers, M.D.

Discussant:

Daniel Anzia, M.D.

Pediatric Bipolar Disorder: Advances in Diagnosis and Treatment



3:45 p.m. - 5:15 p.m.

Room 205. Second Level

Moscone South

Presenter:

Janet Wozniak

Moderator:

A. Jacques H. Ambrose, M.D., M.P.H.

Powerful Beliefs: The Interplay Between a Patient's Spiritual Practices and Psychiatric Outcomes

Caucus on Religion, Spirituality and Psychiatry

3:45 p.m. - 5:15 p.m.

Room 158, Upper Mezzanine

Moscone South

Chair:

Kayla Fisher, M.D., J.D.

Presenters:

Helen Lavretsky, M.D.

Donna Ames, M.D.

Project Engage: Engaging Communities to Gain Mental Wellbeing and Equity Everywhere

3:45 p.m. - 5:15 p.m.

Room 151, Upper Mezzanine

Moscone South

Chair:

Milton Leonard Wainberg, M.D.

Presenter:

Milton Leonard Wainberg, M.D.

Responding to the Impact of Suicide on Clinicians

3:45 p.m. - 5:15 p.m.

Room 303, Third Level

Moscone South

Chair:

Eric M. Plakun, M.D.

Presenter:

Jane G. Tillman, Ph.D.

The Evolution of Exposure-Based Psychosocial Treatments: What's Known and What's Next!

3:45 p.m. - 5:15 p.m.

Room 209, Second Level

Moscone South

Chair:

Robert D. Friedberg, Ph.D.

Presenters:

Ciera Korte, M.S.

Ramaris German, Ph.D.

Jamal Essayli, Ph.D.

The Mental Health Impacts of Climate Change: A Diversity and Health Equity Approach



3:45 p.m. - 5:15 p.m.

Room 214, Second Level

Moscone South

Chair:

Andreea Seritan, M.D.

Presenters:

Ali Abbas Asghar-Ali, M.D.

Amalia Hatcher, M.D.

Too Much Is Never Enough: Compulsive Sexual Behavior in Psychiatric Practice



3:45 p.m. - 5:15 p.m.

Room 160, Upper Mezzanine

Moscone South

Chair:

Kathryn Baselice, M.D.

Presenter:

Sara Gilmer West, M.D.

Treating Evangelical Christians: Challenges and Opportunities

3:45 p.m. - 5:15 p.m.

Room 301, Third Level

Moscone South

Chair:

John Raymond Peteet, M.D.

Presenters:

Samuel Thielman

Jennifer Harris, M.D.

Steve Chennankara, M.D.

POSTER

Poster Session 7

3:45 p.m. - 5:15 p.m.

Hall B Foyer, Exhibition Level

Moscone South

PRESIDENTIAL SESSION

Interventional Psychiatry: Advances, Acceptability, and Access



3:45 p.m. - 5:15 p.m.

Room 154, Upper Mezzanine

Moscone South

Chair:

Saydra Wilson

Presenters:

Cristina Cusin, M.D.

Sarah Lisanby, M.D.

Laura Cabrera

■ 5:30 p.m. Session

MindGames

MindGames Resident Competition

5:30 p.m. - 7:00 p.m.

Hall A Foyer,

Moscone South

Host:

Art C. Walaszek, M.D.

Moderators:

Rashi Aggarwal, M.D.

Michelle B. Riba, M.D., M.S.

Igbal "Ike" Ahmed, M.D.

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MONDAY

May 22, 2023

Emerging Voices: DEIB, Innovation & Leadership

10:30 a.m. - Noon

Featuring

Heather McGhee

Author of the 2021 Best-Seller The Sum of Us: What Racism Costs Everyone and How We Can Prosper Together

Convocation of Distinguished Fellows

5:30 p.m. - 6:30 p.m.

Featuring

Beth Macy

Journalist and Best-Selling Author



Emerging Voices: DEIB, Innovation & Leadership

10:30 a.m.

Hall F, Exhibition Level

Moscone North

This interactive plenary session will feature a keynote address from Heather McGhee, the author of the 2021 best-seller The Sum of Us: What Racism Costs Everyone and How We Can Prosper Together. After her talk, she will join a panel with APA President Rebecca W. Brendel, M.D., J.D., American Bar Association President Deborah Enix-Ross, J.D., and American Medical Association President Jack Resneck, M.D. Together, they will discuss the role and responsibility of the professions of medicine and law in advocacy and action to advance diversity, equity, inclusion, and belonging in America.

Heather McGhee

An influential voice in the media and an NBC contributor, Heather McGhee regularly appears on NBC's Meet the Press and MSNBC's Morning Joe, Deadline White House, and All In. Her opinions, writing, and research have appeared in numerous outlets, including The Washington Post, The New York Times, The Wall Street Journal, USA Today, Politico and National Public Radio.

McGhee holds a B.A. in American Studies from Yale University and a J.D. from the University of California at Berkeley School of Law, and currently serves as a Visiting Lecturer in Urban Studies at the City University of New York's School of Labor and Urban Studies. She is the Chair of the Board of Color of Change, the country's largest online racial justice organization, and serves on multiple other boards of trustees, including the Rockefeller Brothers Fund and Demos.

Don't miss **Heather McGhee's booksigning** in the Exhibit Hall after the panel from **12:15-12:45!**

Deborah Enix-Ross

Deborah Enix-Ross, a senior adviser to the International Dispute Resolution Group of Debevoise & Plimpton in New York City, is president of the American Bar Association, the world's largest voluntary association of lawyers, judges, and other legal professionals.

Enix-Ross served as chair of the ABA's policymaking House of Delegates and as chair of the ABA Center for Human Rights. As chair of the ABA International Law Section, she co-founded the Women's Interest Network and worked with the International Bar Association to create its Women's Interest Group. She also led an international legal exchange delegation to Liberia, Sierra Leone, and Ghana, where she delivered an address commemorating the country's 50th anniversary of independence.

Jack Resneck

Jack Resneck Jr., MD, became president of the American Medical Association in June 2022. For more than 20 years, Dr. Resneck has demonstrated an unwavering commitment to organized medicine. He is a passionate advocate for physicians and patients, a prominent spokesperson for innovation, and a champion for a more equitable health care system.

Dr. Resneck was elected to the American Medical Association Board of Trustees in 2014 and served as its chair from 2018 to 2019. He is a former member of the board of the American Academy of Dermatology and the former president of the California Society for Dermatology and Dermatologic Surgery. Currently, he is a member of the editorial board of the Journal of the American Academy of Dermatology and serves on the board of directors for the National Quality Forum.

Convocation of Distinguished Fellows

5:30 p.m. - 6:30 p.m.

Hall F, Lower Mezzanine Moscone North

The Convocation is a celebration of the APA members who have been awarded the designations of Distinguished Fellow, Distinguished Life Fellow, International Distinguished Fellow, Fellow, International Fellow, and Life Fellow* of the American Psychiatric Association effective **January** 1, 2023. These individuals join an elite group of psychiatrists with this honorary distinction who continue to make significant contributions to the field of psychiatry. Additionally, we will honor the new class of 50-year Life Members for their commitment to the APA, as well as those receiving Special Presidential Commendations and Distinguished Service Awards. Following the ceremony, Former AMA President Patrice Harris, M.D., M.A., will interview journalist & bestselling author Beth Macy.

Beth Macy

Beth Macy is a Virginia-based journalist with three decades of experience and an awardwinning author of three New York Times bestselling books: Factory Man, Truevine and Dopesick: Dealers, Doctors, and the Drug Company That Addicted America. Her first book, Factory Man, won a J. Anthony Lukas Prize and Dopesick was short-listed for the Carnegie Medal, won the L.A. Times Book Prize for Science and Technology, and was described as a "masterwork of narrative nonfiction" by The New York Times. Dopesick has now been made into a Peabody awardwinning and Emmy-winning Hulu series on which she acted as an executive producer and cowriter. Her fourth book, Raising Lazarus: Hope, Justice, and the Future of America's Overdose Crisis, was published on August 16, 2022.

Please visit the Exhibit Hall for a booksigning with Ms. Macy between 3:15 and 3:45 p.m

Stephen Loyd, M.D.

Stephen Loyd, M.D. currently serves as the Chief Medical Officer of Cedar Recovery, an addiction treatment company headquartered in Mount Juliet, TN servicing patients across Middle Tennessee. On top of his work for Cedar, he is currently a member of the Tennessee Board of Medical Examiners as well as serving as a federal expert witness. A nationally recognized thought leader and clinician, Dr. Loyd has decades of experience in internal medicine, mental health, and substance abuse services. His background includes serving as the Medical Director and Assistant Commissioner for Substance Abuse Services with the Tennessee Department of Mental Health and Substance Abuse Services. Dr. Loyd has been in recovery since 2004. Experiencing addiction first hand has allowed him to develop a unique approach to patient care that is passionate, effective, and impactful. His daily goal is to help as many people receive the quality treatment they deserve in order for them to feel better, get better, and stay better.

Patrice A. Harris, M.D., M.A.

Patrice A. Harris, M.D., M.A. is the CEO and Co-Founder of eMed, a digital healthcare company. She is a board-certified psychiatrist from Atlanta and has diverse experience as a private practicing physician, county public health director, and patient advocate. She has deep experience and expertise in public policy on both legislative and regulatory fronts and at all levels of government. Dr. Harris was the 174th President of the American Medical Association and the first African American woman elected to that position. She is a visiting professor of psychiatry at the Columbia University Vagelos College of Physicians and Surgeons and serves as Chief Health and Medical Editor of Everydayhealth. com. She also serves on the Boards of United Bankshares, Inc. and Quartet Health. Dr. Harris has received numerous awards in recognition of her service and leadership. Dr. Harris is fellow of the American Psychiatric Association and is adjunct assistant professor in the Emory Department of Psychiatry and Behavioral Sciences, and an adjunct clinical assistant professor in psychiatry and behavioral sciences at the Morehouse School of Medicine.

^{*} Those eligible for medallions may pick them up on-site prior to the Convocation at the Membership Desk.

Featured Sessions

The Unconscious Roots of Racial Bias: Implications for Psychotherapeutic Care and Training

8:00 a.m. - 9:30 a.m.

Psychotherapy

Getting Serious About Equality, Diversity, and Inclusion

1:30 p.m. - 3:00 p.m.

Diversity and Health Equity

I Am in My Lane: A Public Health Approach to the Role of Health Care Providers in Firearm Violence

3:45 p.m. - 5:15 p.m.

Prevention

■ 8:00 a.m. Sessions

GENERAL SESSIONS

An Athlete's Achilles Heel: The Risk Stratification of Athletes and Barriers to Mental Health Care



8:00 a.m. - 9:30 a.m. Room 212, Second Level

Moscone South

Chair:

Bhagwan A. Bahroo, M.D.

Presenters:

Thanh T. Nguyen, M.D.

Katrina L. Wachter, M.D.

Marissa Anne Manning, D.O.

Are You Here to Help? The Intersection of Mental Health, Policing, and Race in a Crisis Response



8:00 a.m. - 9:30 a.m.

Room 302, Third Level

Moscone South

Chair:

Dionne Hart, M.D.

Presenters:

Anthony Campbell

Matthew Goldman

Taun Hall

Breaking Through Chronicity: Using Psychotherapy to Overcome Barriers to Change



8:00 a.m. - 9:30 a.m.

Room 156, Upper Mezzanine

Moscone South

Chair:

Donna Marie Sudak, M.D.

Presenters:

Jesse H. Wright, M.D.

David Allan Casev. M.D.

Katharina Perlin

Bridging the Gap: Epidemiology, Clinical Care, and Policy at the Intersection of Serious Mental Illness and HIV

8:00 a.m. - 9:30 a.m.

Room 313, Third Level

Moscone South

Chair:

Alison R. Hwong, M.D., Ph.D.

Presenters:

Francine Cournos, M.D.

Alexander Reza Bazazi

Andrew Sudler, M.D.

Changing the Trajectory: Innovations in First-Episode Psychosis to Reduce Risk of Violence, Suicide, and Legal Involvement



8:00 a.m. - 9:30 a.m.

Room 157, Upper Mezzanine

Moscone South

Chair:

Deirdre Caffrey, M.D.

Presenters:

Stephanie Rolin, M.D.

Michael Compton, M.D.

Ilana Nossel, M.D.

Current and Future Treatment of Depression: Glass Half Full or Half Empty?



8:00 a.m. - 9:30 a.m.

Room 213. Second Level

Moscone South

Presenter:

Charles Barnet Nemeroff, M.D., Ph.D.

Deconstructing the Missing White Woman Syndrome: Intimate Partner Crime and Racial Bias in Media Portrayals of Missing Persons Cases



8:00 a.m. - 9:30 a.m. Room 304, Third Level Moscone South

Chair:

Susan Hatters-Friedman, M.D.

Presenters: Nina Ross

Kathleen Kruse

Camille Tastenhove, M.D.

Ethical and Practical Implications of Psychedelics in Psychiatry

Ethics Committee

8:00 a.m. - 9:30 a.m.

Room 303, Third Level

Moscone South

Chairs:

Gregory Samuel Barber, M.D.

Charles Dike, M.D.

Presenters:

Adriana De Julio, M.D., M.P.H. Smita Das, M.D., Ph.D., M.P.H.

Ethics and Engagement in Mental Health

8:00 a.m. - 9:30 a.m.

Room 159, Upper Mezzanine

Moscone South

Chair:

Tony W. Thrasher, D.O.

Getting to the Core: The NIAAA Healthcare Professional's Core Resource on Alcohol and Other Alcohol Education Resources for Healthcare Providers

U.S. National Institute on Alcohol Abuse and Alcoholism (NIAAA)



8:00 a.m. - 9:30 a.m.

Room 211, Second Level

Moscone South

Chair:

Laura E. Kwako, Ph.D.

Presenter:

Katharine Bradley, M.D., M.P.H.

I Need a Psychiatrist but Can't Find One: An Introduction to the Integrated Care Elective to Increase Access to Care



8:00 a.m. - 9:30 a.m.

Room 312. Third Level

Moscone South

Chair:

Sasidhar Gunturu, M.D.

Presenters:

Souparno Mitra, M.D.

Shalini Dutta, M.D.

Identity, Relationship, Cultural Trauma, and Mental Health Journeys: Lived Experience of an Asian American Psychiatrist

8:00 a.m. - 9:30 a.m.

Room 204, Second Level

Moscone South

Chair:

Ravi Chandra, M.D.

Discussant:

Raymond Matthew Reyes, M.D.

If You Are a Psychiatrist, You Need to Know How to Prescribe Monoamine Oxidase Inhibitors: Guide for MAOIs So an Effective Treatment Option Is Not Lost



8:00 a.m. - 9:30 a.m.

Room 205, Second Level

Moscone South

Chair:

Stephen Michael Stahl, M.D., Ph.D.

Presenter:

Jonathan W. Stewart, M.D.

Moderators:

Philip R. Muskin, M.D., M.A.

Ron M. Winchel, M.D.

Leveraging Technology to Enhance Mental Health Interventions



8:00 a.m. - 9:30 a.m.

Room 154, Upper Mezzanine

Moscone South

Presenters:

John Michael Kane, M.D.

Skip Rizzo, Ph.D.

LIFTnow: An Innovative CBTi-Based Video Game for the Treatment of Insomnia



8:00 a.m. - 9:30 a.m.

Room 307, Third Level

Moscone South

Chair:

Nina Vasan, M.D., M.B.A.

Presenters:

David Dupee, M.D., M.B.A.

Christopher Flinton

Varun K. Thvar

Meeting the Health Needs of LGBTQIA+ and Marginalized Psychiatry Trainees

8:00 a.m. - 9:30 a.m.

Room 206, Second Level

Moscone South

Chair:

Chelsea R. Cosner, M.D.

Presenter:

Teddy G. Goetz, M.D., M.S.

Mental Health and Philanthropy

presented by APA Foundation

8:00 a.m. - 9:30 a.m.

Room 210, Second Level

Moscone South

Chair:

Richard Fredric Summers, M.D.

Presenters:

Thomas R. Insel, M.D.

Rawle Andrews, J.D., Esq.

Joseph Pyle

Lyell Sakaue

Caroline Fenkel

Mental Health Stigma and Its Implications Among the Ukrainian Immigrant Population



8:00 a.m. - 9:30 a.m.

Room 202, Second Level

Moscone South

Chair:

Aidaspahic S. Mihajlovic, M.D., M.S.

Presenters:

Lara Segalite, M.D.

Samar Khan

Ria Datta

Mentorship: Nuts and Bolts of the Gift of a Dynamic Reciprocal Relationship

Resident, Fellow and Medical Student Track Featured Session



8:00 a.m. - 9:30 a.m.

Room 306, Third Level

Moscone South

Chair:

Jacqueline M. Feldman, M.D.

Presenters:

Saul Levin, M.D., M.P.A.

Chase Watson, M.S.

Dwight E. Kemp, M.D.

Urooj Yazdani, M.D.

Novel Positive Psychiatry Interventions: Helping Patients, Professionals, and Populations



8:00 a.m. - 9:30 a.m.

Room 203, Second Level

Moscone South

Chair:

Erick Messias, M.D.

Presenters:

Samantha V. Boardman, M.D.

Dilip V. Jeste, M.D.

Pillars of Mental Health: Attachment and Social Connectedness Over the Lifespan



8:00 a.m. - 9:30 a.m.

Room 152, Upper Mezzanine

Moscone South

Chair:

John H. Halpern, M.D.

Presenters:

Eugenio M. Rothe, M.D.

Marilyn Benoit

Discussant:

Regina James, M.D.

Publishing During Training: Maintaining Motivation in Academic Writing



8:00 a.m. - 9:30 a.m.

Room 310/311, Third Level

Moscone South

Chair:

Danielle W. Lowe, M.D., Ph.D.

Presenters:

Joshua Hamilton, M.D.

Alexander Levit, M.D., Ph.D.

Syeda Razia Haider, M.D.

Roma: Enhancing Compassion as a Means to Resilient Well-Being Through Transcendental Style in Film and Participant Mindful Viewing



8:00 a.m. - 9:30 a.m.

Room 314, Third Level

Moscone South

Chair:

Francis G. Lu, M.D.

Presenters:

Bernardo Ng, M.D.

Esperanza Diaz

Seeking Value: Practical Methods for Getting More and Paying Less



8:00 a.m. - 9:30 a.m.

Room 158, Upper Mezzanine

Moscone South

Chair:

Deepika Sastry, M.D., M.B.A.

Presenter:

Michelle Joy, M.D.

Supporting the Helpers: A
Discussion of the Role of
Psychiatry and Psychology in
Wellbeing Efforts for Healthcare
Workers During Covid-19



8:00 a.m. - 9:30 a.m.

Room 301, Third Level

Moscone South

Chair:

Erin K. Engle, Psy.D.

Presenters:

Elizabeth Fitelson, M.D.

Christina Mangurian, M.D.

Jared O'Garro-Moore

Systems Neuroscience of Substance Use

U.S. National Institute on Drug Abuse (NIDA)



8:00 a.m. - 9:30 a.m.

Room 209, Second Level

Moscone South

Chair:

Tristan McClure-Begley, Ph.D.

Presenters:

Trev Ideker, Ph.D.

Nevan Krogan, Ph.D.

Discussant:

Susan Wright, Ph.D.

The Intersection of Gun Violence, Race, and Mental Health in the US: An Overview of the Problem and Strategies for Harm Reduction for Psychiatrists

8:00 a.m. - 9:30 a.m.

Room 160, Upper Mezzanine

Moscone South

Chair:

Alisa Gutman, M.D., Ph.D.

Presenters:

Dhruv Gupta, M.D., M.S.

Michelle Jov. M.D.

Sarah Yvonne Vinson, M.D.

Oronde McClain

The Unconscious Roots of Racial Bias: Implications for Psychotherapeutic Care and Training



8:00 a.m. - 9:30 a.m. Room 155, Upper Mezzanine Moscone South *Chair:*

Beverly J. Stoute, M.D.

POSTER

Poster Session 8

8:00 a.m. - 9:30 a.m. Hall B Foyer, Exhibition Level Moscone South

PRESIDENTIAL SESSIONS

Food, Music, and Novelas: A Roadmap for Psychiatry at the Intersections of Culture, Resilience and Mental Health Equity



8:00 a.m. - 9:30 a.m. Room 214, Second Level Moscone South Chair:

Lisa Fortuna, M.D., M.P.H.

Presenters:

German E. Velez, M.D.

Brenda Cartujano Barrera, M.D.

Presidential Work Group on the Future of Psychiatry

8:00 a.m. - 9:30 a.m. Room 151, Upper Mezzanine Moscone South *Chair:*

Robert L. Trestman, M.D., Ph.D.

Presenters:

Carol Alter, M.D.

Erik Rudolph Vanderlip, M.D., M.P.H. Shabana Khan, M.D.

All scientific sessions listed in the Scientific Program are designated for AMA PRA Category 1 CreditsTM, except for poster sessions and where otherwise specified.

Relevance of Disaster to People's Mental Health: Studies in the States and Japan

8:00 a.m. - 9:30 a.m. Rooms 305/309, Third Level Moscone South *Chairs:*

Petros Levounis, M.D., M.A.

Shigenobu Kanba

Presenters:

Naoki Takamatsu

Masaharu Maeda

Technology-Assisted
Treatment Interventions for
Substance Use Disorders



8:00 a.m. - 9:30 a.m. Room 153, Upper Mezzanine Moscone South *Chair:*

Larissa J. Mooney, M.D.

Presenters:

Lewei Lin, M.D.

Aimee Campbell, Ph.D. Dawn Sugarman, Ph.D.

Master Courses

Late-Life Mood and Anxiety Disorders

8:00 a.m. - 5:00 p.m. Room 8, Exhibition Level Moscone South *Directors:*

Art C. Walaszek, M.D. Susan W. Lehmann, M.D.

Faculty:

Shilpa Srinivasan, M.D. Brent P. Forester, M.D., M.Sc.

Lucy Wang, M.D.

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Master Course: Child and Adolescent Psychiatry

8:00 a.m. - 5:00 p.m. Room 7, Exhibition Level Moscone South *Director:*

John T. Walkup, M.D.

Faculty:

Jeffrey Strawn, M.D.

Karen Dineen Wagner, M.D., Ph.D.

Aron Janssen, M.D.

Christopher John McDougle, M.D.

■ 10:30 a.m. Session

PLENARY

Emerging Voices: DEIB, Innovation & Leadership



10:30 a.m. - Noon Hall F, Exhibition Level Moscone North

■ 1:30 p.m. Sessions

AWARD LECTURE

Chester Pierce Award Lecture: Chester Middlebrook Pierce and Human Dignity

Chester Pierce Human Rights Award



1:30 p.m. - 3:00 p.m. Room 302, Third Level Moscone South Chair:

Ezra E. H. Griffith, M.D.

Moderator:

Rebecca Brendel, M.D., J.D.

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1	Clinical Updates
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1	Virtual Annual Meeting
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FOCUS LIVE

Focus Live: Suicide Preventive Interventions and Knowledge



1:30 p.m. - 3:00 p.m.

Room 304, Third Level

Moscone South

Chair:

Christine Yu Moutier, M.D.

Presenters:

Sidney Zisook, M.D.

Tami D. Benton, M.D.

Moderator:

Mark H. Rapaport, M.D.

GENERAL SESSIONS

A Public Health Crisis: Treating Intimate Partner Violence (IPV) With a Focus on LGBTQ+ Populations

1:30 p.m. - 3:00 p.m.

Rooms 305/309, Third Level

Moscone South

Chair:

Amir K. Ahuja, M.D.

A Systematic Approach to Psychiatric Innovation Across Technologies, New Therapeutics and Care Re-Design



1:30 p.m. - 3:00 p.m.

Room 213, Second Level

Moscone South

Chair:

Jay H. Shore, M.D., M.P.H.

Presenters:

Cynthia Epperson, M.D.

Allison Dempsey, Ph.D.

Scott Thompson, Ph.D.

Access and Equity: The Level of Care Utilization System (LOCUS) and the Self-Assessment for Modification of Anti-Racism Tool (SMART)



1:30 p.m. - 3:00 p.m.

Room 201, Second Level

Moscone South

Chair:

Rachel Talley, M.D.

Presenters:

Sosunmolu Shoyinka, M.D., M.B.A.

Kenneth Minkoff, M.D.

Wesley Eugene Sowers, M.D.

Asian American Mental Health, Advocacy and Empowerment in the Age of Covid-19



1:30 p.m. - 3:00 p.m.

Room 151, Upper Mezzanine

Moscone South

Chair:

Seeba Anam, M.D.

Presenters:

Russell Jeung

William Wong

Buprenorphine Update and Evolving Standards of Care



1:30 p.m. - 3:00 p.m.

Room 153, Upper Mezzanine

Moscone South

Chair:

John A. Renner, M.D.

Presenters:

Andrew John Saxon, M.D.

Dongchan Park, M.D.

Petros Levounis, M.D., M.A.

Challenges for International Medical Graduates (IMGs) in Psychiatry in 2023: Top Issues and Solutions

International Medical Graduates Track Featured Session



1:30 p.m. - 3:00 p.m.

Room 206, Second Level

Moscone South

Chair:

Nhi-Ha T. Trinh, M.D., M.P.H.

Presenters:

Elie Aoun, M.D.

Ian Hunter Rutkofsky, M.D.

Dora-Linda Wang, M.D.

Effective Presentation Skills in Psychiatry

Resident, Fellow and Medical Student Track Featured Session



1:30 p.m. - 3:00 p.m.

Room 306, Third Level

Moscone South

Chair:

Carlyle Hung-Lun Chan, M.D.

Presenters:

Monique Yohanan, M.D., M.P.H.

Robert Joseph Boland, M.D.

Fertility Preservation and Family Planning in Residency and Beyond: What Residents, Faculty and Administrators Should Know



1:30 p.m. - 3:00 p.m.

Room 307, Third Level

Moscone South

Chair:

Stefana Morgan, M.D.

Presenters:

Rubi Luna, M.D.

Isaac Johnson, M.D.

Martha Vargas, M.D.

Program changes are posted each day in the APA Meetings App. Please see the app for the definitive program.

Free Will in Psychiatry: A Clinical Introduction

1:30 p.m. - 3:00 p.m.

Room 204, Second Level

Moscone South

Chair:

James Alexander Scott

Presenters:

Lawrence Belcher, M.D.

Awais Aftab, M.D.

Healthcare Provider Resilience and Well-Being: Understanding the Wounded Healer Through Neuroscientific and Epigenetic Lens

APA Frontiers of Science Lecture Series



1:30 p.m. - 3:00 p.m.

Room 314, Third Level

Moscone South

Presenter:

Darshan H. Mehta, M.D., M.P.H.

Moderator:

Madeleine Anne Becker, M.D., M.A.

Innovate, Collaborate, and Motivate: A Model for Improving Female Retention, Mentorship, and Professional Engagement



1:30 p.m. - 3:00 p.m.

Room 152, Upper Mezzanine

Moscone South

Chair:

Monica D. Ormeno, D.O.

Presenters:

Robyn Treadwell

Savannah Lee Woodward, M.D.

Madeline Teisberg, D.O., M.S.

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Innovation, Access to Care, and Promoting Psychiatry and Mental Health in Ghana

APA International Psychiatrist Lecture Series

1:30 p.m. - 3:00 p.m.

Rooms 310/311, Third Level

Moscone South

Presenter:

Vincent I. O. Agyapong, M.D., Ph.D.

Moderator:

Lama Bazzi, M.D.

International Medical Graduates: Current and Future Regulatory and Legal Issues

presented by APA Foundation M/UR Caucus of International Medical Graduate Psychiatrists



1:30 p.m. - 3:00 p.m.

Room 210, Second Level

Moscone South

Chair:

Vishal Madaan, M.D.

Presenters:

William W. Pinsky, M.D.

Lucy Magardichian, Esq.

Mechanisms of Comorbidity

U.S. National Institute on Drug Abuse (NIDA)

1:30 p.m. - 3:00 p.m.

Room 209, Second Level

Moscone South

Chair:

Tristan McClure-Begley, Ph.D.

Presenters:

Edward Vernon Nunes, M.D.

Diana Martinez

Yann Mineur

Raajaram Gowrishankar

Neurobiology and Treatment of Post-Traumatic Stress Disorder



1:30 p.m. - 3:00 p.m.

Room 205, Second Level

Moscone South

Chair:

Charles Barnet Nemeroff, M.D., Ph.D.

Moderators:

Sofia Elisa Matta, M.D.

John Luo, M.D.

Priorities in Mental Health Research

U.S. National Institute of Mental Health (NIMH)



1:30 p.m. - 3:00 p.m.

Room 203, Second Level

Moscone South

Presenter:

Joshua A. Gordon, M.D., Ph.D.

Moderator:

A. Jacques H. Ambrose, M.D., M.P.H.

Psychiatry Training and Parenting: The Dual Learning Curve



1:30 p.m. - 3:00 p.m.

Room 212, Second Level

Moscone South

Chair:

Manal Khan, M.D.

Presenters:

Juliet Beni Edgcomb, M.D., Ph.D.

Jonathan Pascal Heldt, M.D.

Sana Younus

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	Annual Meeting On Demand
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The End to Stigma Begins With Us: How Physicians Can Address Stigma in the Medical Profession and Beyond



1:30 p.m. - 3:00 p.m.

Room 159, Upper Mezzanine

Moscone South

Chair:

Devika Bhushan, M.D.

Presenters:

Michael Myers, M.D.

Linda Worley, M.D.

Discussant:

Dionne Hart, M.D.

The Future of Virtual Care for People With Serious Mental Illness



1:30 p.m. - 3:00 p.m.

Room 154, Upper Mezzanine

Moscone South

Chair:

Nicole Rachel Kozloff, M.D.

Presenters:

Alexia Polillo, Ph.D.

Carrie Melissa Cunningham, M.D.

Fumi Mitsuishi, M.D.

The Promise of Precision Medicine for Treating Alcohol Use Disorder and PTSD

U.S. National Institute on Alcohol Abuse and Alcoholism (NIAAA)



1:30 p.m. - 3:00 p.m.

Room 211, Second Level

Moscone South

Chair:

Charles R. Marmar, M.D.

The Role of Psychodynamic Psychotherapy in Psychiatric Practice



1:30 p.m. - 3:00 p.m.

Room 158, Upper Mezzanine

Moscone South

Chair:

Richa Bhatia, M.D.

Presenters:

Mali Mann, M.D.

Amy Alexander, M.D.

S wapnil Mehta, M.D.

The Thought Content Continuum (TCC): Fringe Beliefs, Overvalued Ideas, and Delusions Gone Viral

1:30 p.m. - 3:00 p.m.

Room 202, Second Level

Moscone South

Chair:

Kanishk Solanki

Presenters:

Daniel Mundy

Cheryl Paradis

Thinking About Prescribing: The Psychology of Psychopharmacology With Diverse Youth and Families

1:30 p.m. - 3:00 p.m.

Room 156, Upper Mezzanine

Moscone South

Chair:

Shashank V. Joshi, M.D.



What the Clinician Needs to Know About the Personality Disorders: Aggressive, Avoidant, and Borderline



1:30 p.m. - 3:00 p.m.

Room 157. Upper Mezzanine

Moscone South

Chair:

James Harry Reich, M.D.

Presenters:

Emil Frank Coccaro, M.D.

Harold Warren Koenigsberg, M.D.

Discussant:

Alan F. Schatzberg, M.D.

LEARNING LAB

Using Social Media to Educate, Advocate, and Empower: A Panel of Social Media Experts in Healthcare

Council on Communications

1:30 p.m. - 3:00 p.m.

Room 301, Third Level

Moscone South

Chair:

Jake Goodman, M.D., M.B.A.

Presenters:

Gregory Scott Brown, M.D.

Howard Liu, M.D., M.B.A.

Amanda dt'Almeida, M.D., M.P.H.

Daniel Villavecer, M.D., M.S.

Sasha Hamdani, M.D.

Drew A. Ramsey, M.D.

Poster

Poster Session 9

1:30 p.m. - 3:00 p.m.

Hall B Foyer, Exhibition Level

Moscone South

PRESIDENTIAL SESSIONS

Finding Healing for Ourselves and Nation: A Prescription

1:30 p.m. - 3:00 p.m.

Room 155, Upper Mezzanine

Moscone South

Chair:

Cynthia Turner-Graham, M.D.

Getting Serious About Equality, Diversity, and Inclusion

Royal College of Psychiatrists (RCPsych)



1:30 p.m. - 3:00 p.m.

Room 214, Second Level

Moscone South

Chair:

Adrian James, M.B.B.S.

Presenters:

Paul Rees

John Crichton

Subodh Dave

Shubulade Smith

Psychiatry Around the Globe: Needs and Opportunities

World Psychiatric Association (WPA)

1:30 p.m. - 3:00 p.m.

Room 308, Third Level

Moscone South *Introduction:*

Saul Levin, M.D., M.P.A.

Chair:

Afzal Javed, M.B.B.S.

Presenters:

Danuta Wasserman, M.D., Ph.D.

Paul Summergrad, M.D.

Edmond H. Pi, M.D.

Resilience and Wellbeing in Older Adults With Neuropsychiatric Disorders

American Association for Geriatric Psychiatry (AAGP)



1:30 p.m. - 3:00 p.m.

Room 160, Upper Mezzanine

Moscone South

Chair:

Helen Lavretsky, M.D.

Presenters:

Dilip V. Jeste, M.D.

Feng Lin, Ph.D., R.N.

Special Session

Medical Student Residency Fair (Not Available for CME)

Resident, Fellow and Medical Student Track Featured Session



1:30 p.m. - 4:30 p.m.

Chair:

Eric R. Williams, M.D.

Presenter:

Sean Woodward

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COURSES

Integrative Treatment of Anxiety Disorders

1:30 p.m. - 5:30 p.m.

Room 9, Exhibition Level

Moscone South

Director:

Edward Silberman

Faculty:

Hinda F. Dubin

Oscar Bienvenu

Zoe Luscher

Psychodynamic
Psychopharmacology: Enhancing
Outcomes in Pharmacologic
Treatment-Resistance With
Practical Psychodynamics

1:30 p.m. - 5:30 p.m.

Room 11/12, Exhibition Level

Moscone South

Director:

David L. Mintz, M.D.

Faculty:

John Azer, M.D.

Kyle Shepard, D.O.

Samar S. Habl. M.D.

David L. Mintz, M.D.

Understanding Narcissistic Pathology and Its Treatment With Transference Focused Psychotherapy

1:30 p.m. - 5:30 p.m.

Room 10, Exhibition Level

Moscone South

Director:

Frank Yeomans, M.D., Ph.D.

Faculty:

Eve Caligor, M.D.

Diana Diamond, Ph.D.

Otto Kernberg, M.D.

■ 3:45 p.m. Sessions

Award Lecture

John Fryer Award Lecture: Out of the Frying Pan and Into the Fryer: 54 Years of LGBTQ+ Advocacy Within Psychiatry

John Fryer Award

3:45 p.m. - 5:15 p.m.

Room 152, Upper Mezzanine

Moscone South

Presenter:

Nanette K. Gartrell. M.D.

Focus Live

Focus Live: Personality Disorders



3:45 p.m. - 5:15 p.m.

Room 304, Third Level

Moscone South

Chair:

Lois W. Choi-Kain, M.D., M.Ed.

Presenter:

Erik C. Nook, Ph.D.

Moderator:

Mark H. Rapaport, M.D.

GENERAL SESSIONS

A Practical View Into the Growing Digital Psychiatry Era: Integrating Pdts Into Clinical Psychiatric Practice and Advancing Access to Care (Not Available for CME)

3:45 p.m. - 5:15 p.m.

Room 209, Second Level

Moscone South

Chair:

Yuri Maricich

Presenters:

Yauheni Solad, M.D., M.B.A., M.H.S.

Michelle Primeau, M.D.

Mariya Petrova, Ph.D.

A Psychiatrist, a Teacher and a Pediatrician Walk Into a Bar: A Multidisciplinary Approach to Active Shooter Drills in Schools

3:45 p.m. - 5:15 p.m.

Room 154, Upper Mezzanine

Moscone South

Chair:

Margaret A. Mc Keathern, M.D.

Presenters:

Chelsea R. Younghans, M.D.

Brittany Bumgardner

Barrett Younghans

Alcohol Use Disorder as the 'Elephant in the Room': The Changing Conversation Around Alcohol in the United States

U.S. National Institute on Alcohol Abuse and Alcoholism (NIAAA)



3:45 p.m. - 5:15 p.m.

Room 157, Upper Mezzanine

Moscone South

Presenter:

George F. Koob, Ph.D.

Moderator:

Vikas Gupta, M.D., M.P.H.

Ascertaining Evidence and Strategies for Medical Treatment of Adolescents With Substance Use Disorders (SUD)



3:45 p.m. - 5:15 p.m.

Room 153, Upper Mezzanine

Moscone South

Chair:

Nita V. Bhatt, M.D., M.P.H.

Presenters:

Jesse P. Cannella, M.D.

Julie Gentile, M.D., M.B.A.

Kari Harper, M.D.

Back to the Future: Psychiatry and Abortion in a Post-Roe v. Wade World

Scattergood Ethics Program at the University of Pennsylvania, and St. Elizabeths Hospital, Washington DC

3:45 p.m. - 5:15 p.m.

Room 303. Third Level

Moscone South

Chair:

Eva Mathews

Presenters:

Leah Dlugolecki

Natalie Hunsinger

Bridging the Digital Divide: The Interplay of Innovations in Digital Mental Health and Healthcare Disparities



3:45 p.m. - 5:15 p.m.

Room 151, Upper Mezzanine

Moscone South

Chair:

Nicole Christian-Brathwaite, M.D.

Presenters:

Hossam M. Mahmoud, M.D., M.P.H.

Leroy Arenivar, M.D.

Collaborating With South Asian Communities to Combat Microaggressions



3:45 p.m. - 5:15 p.m.

Rooms 305/309, Upper Mezzanine

Moscone South

Chair:

Altha J. Stewart, M.D.

Presenters:

Dhruv Gupta, M.D., M.S.

Rohit Chandra, M.D.

Bhagirathy Sahasranaman, M.D.

Covid19 Microchips, Chemtrails, and Q: What Can the Fringe Teach Us?

3:45 p.m. - 5:15 p.m.

Room 156, Upper Mezzanine

Moscone South

Chair:

George David Annas, M.D., M.P.H.

Presenters:

Corina Freitas, M.D., M.B.A., M.Sc.

Philip Saragoza, M.D.

Cultural and Spiritual Considerations in Mindfulness-Based Interventions

3:45 p.m. - 5:15 p.m.

Room 310/311, Third Level

Moscone South

Chair:

Faroog Naeem, M.B.B.S.

Presenters:

Ahmad N. Alhadi, M.D.

Faroog Naeem, M.B.B.S.

Kenneth P. Fung, M.D.

Depression and Social Determinants of Health



3:45 p.m. - 5:15 p.m.

Room 213, Second Level

Moscone South

Chair:

Tatiana A. Falcone, M.D.

Presenter:

Fernando Espi Forcen

Discussant:

Ruby C. Castilla Puentes, M.D., Dr.P.H.

Empowering Trainees to Engage in Scholarly Work and Leadership Roles



3:45 p.m. - 5:15 p.m.

Room 308, Third Level

Moscone South

Chair:

Donna Marie Sudak, M.D.

Presenters:

Muhammad Zeshan, M.D.

Sadiq Naveed, M.D.

Discussant:

Cathryn Galanter, M.D.

Flipping the Power Dynamic and Learning From People With Lived Experience: The Peer Advisor Program Model?

3:45 p.m. - 5:15 p.m.

Room 211, Second Level

Moscone South

Chair:

Stephanie Le Melle, M.D., M.S.

Presenters:

Maria Mirabela Bodic, M.D.

Antonio Munoz-Hilliard

Sacha Agrawal, M.D., M.Sc.

I Am in My Lane: A Public Health Approach to the Role of Health Care Providers in Firearm Violence



3:45 p.m. - 5:15 p.m.

Room 201, Second Level

Moscone South

Chair:

Aradhana Bela Sood, M.D.

I Need a She-Ro: Mentoring Through Narratives, Stories of Women in Leadership for the Advancement of Psychiatry

Association of Women Psychiatrists (AWP)



3:45 p.m. - 5:15 p.m.

Room 212, Second Level

Moscone South

Chair:

Christina T. Khan, M.D., Ph.D.

Presenters:

Komal Trivedi

Maryam Zulfigar, M.D.

Silvia Olarte, M.D.

Management of Shame and Guilt in Work With Social Determinants of Mental Health

APA Distinguished Psychiatrist Lecture Series



3:45 p.m. - 5:15 p.m.

Room 302, Third Level

Moscone South

Presenter:

Constance E. Dunlap, M.D.

Moderator:

Lama Bazzi, M.D.

Mass Killers and Mass Shooters: Perspectives on Initiatives to Investigate and Reduce Mass Killings in a Systematic Quantitative Manner

3:45 p.m. - 5:15 p.m.

Room 159, Upper Mezzanine

Moscone South

Chair:

David V. Sheehan, M.D., M.B.A.

Presenters:

Ulrik Fredrik Malt. M.D.

Ira David Glick, M.D.

Steve Eliason, M.B.A.

Mental Health Apps: How to Recommend and Review



3:45 p.m. - 5:15 p.m.

Room 205. Second Level

Moscone South

Chair:

John Torous, M.D., M.B.I.

Presenters:

Steven Richard Chan, M.D., M.B.A.

James Shore, M.D., M.P.H.

John Luo, M.D.

Moderators:

Joseph McCullen Truett, D.O.

A. Jacques H. Ambrose, M.D., M.P.H.

Mission-Based Media Collaborative Work Concerning "Controversial" Topics in Psychiatry



3:45 p.m. - 5:15 p.m.

Room 210, Second Level

Moscone South

Chair:

Jessica Gold, M.D.

Presenters:

Amanda Joy Calhoun, M.D., M.P.H.

Jack Turban, M.D., M.H.S.

New and Improved! The ABPN Continuing Certification Program



3:45 p.m. - 5:15 p.m.

Room 314, Third Level

Moscone South

Chair:

Robert Joseph Boland, M.D.

Presenter:

Joan Anzia, M.D.

Opportunity to Disrupt or Disruptive Opportunity? What You Need to Know About Startups

Resident, Fellow and Medical Student Track Featured Session



3:45 p.m. - 5:15 p.m.

Room 306, Third Level

Moscone South

Chair:

Jacqueline Posada, M.D.

Presenters:

Catherine Crone, M.D.

Arun Gopal, M.D.

Joseph McCullen Truett, D.O.

Ravi Shah, M.D.

Queer in the Cornfields: How Psychiatrists Can Help Rural Youth Navigate the Coming Out Process

Caucus on College Mental Health



3:45 p.m. - 5:15 p.m.

Room 214, Second Level

Moscone South

Chair:

Ronald R. Holt. D.O.

Presenters:

Colleen Waickman, M.D.

Gabrielle Shapiro, M.D.

Supporting ECPs and RFMs in Their Careers and Beyond



3:45 p.m. - 5:15 p.m.

Room 307, Third Level

Moscone South

Chair:

Saul Levin, M.D., M.P.A.

Presenters:

Nitin Gogtay, M.D.

Regina James, M.D.

Vishal Madaan, M.D.

The Cumulative Effect of Rural Residence, Mental Health Care Disparities and Communities of Color



3:45 p.m. - 5:15 p.m.

Room 202, Second Level

Moscone South

Chair:

R. Lawrence Merkel Jr., M.D.

Presenters:

Dia L. Arpon, M.D.

Bernardo Ng, M.D.

The UME, GME, CME Continuum in Psychiatry: An IMG Perspective



3:45 p.m. - 5:15 p.m.

Room 204. Second Level

Moscone South

Chair:

Daniel Castellanos, M.D.

Presenters:

Joshua D. Tapia, M.D.

Roberto Orozco Vega

Erick Acosta Heredia

Trauma and Psychosis: Pathways, Therapeutic Plans and Prevention Strategies

3:45 p.m. - 5:15 p.m.

Room 155, Upper Mezzanine

Moscone South

Chair:

Paul J. Rosenfield, M.D.

Presenters:

David Jiang, M.D.

Luca Pauselli, M.D.

When a Difference Becomes a Disparity: Addressing Racialized Inequities in Psychiatric Emergency Treatment

Council on Research



3:45 p.m. - 5:15 p.m.

Room 203, Second Level

Moscone South

Presenters:

Diana Clarke, Ph.D.

Carmen Black, M.D.

Rachel Oblath, Ph.D.

Alison R. Hwong, M.D., Ph.D.

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LEARNING LAB

Hey Siri: Can You Do Psychiatric Education Yet? (Not Available for CME)

3:45 p.m. - 5:15 p.m.

Room 301, Third Level

Moscone South

Presenters:

Amin Azzam, M.D., M.A.

Albert Tsai, M.D.

Poster

Poster Session 10

3:45 p.m. - 5:15 p.m.

Hall B Foyer, Exhibition Level

Moscone South

PRESIDENTIAL SESSIONS

Social Determinants, Public Policy, and Population Mental Health



3:45 p.m. - 5:15 p.m.

Room 206, Second Level

Moscone South

Chair:

Alexander Chung-Yu Tsai, M.D.

Presenters:

Aderonke Olufunlola Pederson, M.D.

Kevin Mauclair Simon. M.D.

Anthony J. Carino, M.D.

Zoomers in Mind: Engaging the Youth Mental Health Crisis

American Society for Adolescent Psychiatry (ASAP)

3:45 p.m. - 5:15 p.m.

Room 160, Upper Mezzanine

Moscone South

Chair:

Aaron J. Krasner, M.D.

■ 5:30 p.m. Session

PLENARY

Convocation of Distinguished Fellows

5:30 p.m. - 6:30 p.m. Hall F, Exhibition Level Moscone North



Subscribe to Psychiatric Services today!

Don't miss the May issue:

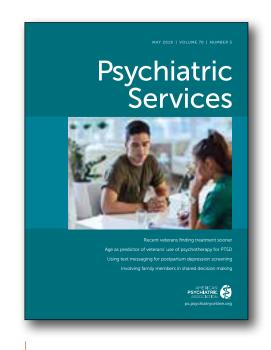
- Treatment delays reduced among recent veterans
- Predictors of adequate treatment for PTSD among veterans
- Use of text messaging to screen for postpartum depression
- Involving family caregivers in shared decision making

Coming in the June issue:

- Self-injury among adults with autism spectrum disorder
- 333 model: transforming inpatient mental health care in U.K.
- Mental health of college students: race-ethnicity comparison
- Review: expanding individual placement and support

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TUESDAY

May 23, 2023

Changing the Conversation: Our Shared Grand Challenge

10:30 a.m. - Noon

Featuring

Christena Huntsman

Executive Vice President, Huntsman Foundation

David Huntsman

President and COO, Huntsman Foundation

Mark Rapaport, M.D.

CEO of the Huntsman Mental Health Institute

Monica Taylor-Desir, M.D., M.P.H.

APA Foundation Board Secretary

Saul Levin, M.D., M.P.A.

APA CEO & Medical Director

Changing the Conversation: Our Shared Grand Challenge

May 23, 2023

10:30 a.m.- Noon Hall F, Exhibition Level Moscone North

The tide is turning: Americans more than ever are likely to speak up about mental health. But strong leadership is required to ensure that everyone understands: the health of the mind and the body are related and inseparable, and they must be treated as such. This plenary will feature a few of the most powerful voices in the country for ensuring this message is heard loud and clear and show you how you can take action. APA CEO and Medical Director Saul Levin, M.D., M.P.A., will be joined by President and CEO of the Huntsman Foundation David Huntsman, Executive Vice President of the Huntsman Foundation Christena Huntsman, CEO of the Huntsman Mental Health Institute Mark Rapaport, M.D., and APA Foundation Board Member Monica Taylor-Desir in this powerful discussion.

Central to the discussion is the Grand Challenge to Eliminate Mental Health and Substance Use Disorders Stigma, an effort launched in 2021 and spearheaded the Huntsman Mental Health Institute at the University of Utah. David Huntsman and Christena Huntsman will tell the story of its founding and its inspiration, and Dr. Mark Rapaport will show how they have utilized the methodology of social impact models to engage more than 130 organizations interested in participating in eliminating stigma, including the Ad Council, and how to get involved. Dr. Saul Levin and Dr. Monica Taylor-Desir will discuss efforts at the APA Foundation to bolster the efforts of the Grand Challenge through a parallel campaign focused on encouraging Americans to better perceive mental health and substance use disorders as medical illnesses. The five presenters then will reflect on the creation and implementation of these messages and how they are involving different communities in its rollout, and how you can get involved.

Featured Sessions

The Unconscious Roots of Racial Bias: Implications for Psychotherapeutic Care and Training

8:00 a.m. - 9:30 a.m.

Psychotherapy

A Roundtable Discussion With the Experts on the Future of the DSM Part 1: A Focus on Suicide, Perinatal Mental Disorders, and Gender Dysphoria

8:00 a.m. - 9:30 a.m.

Diagnosis/Assessment

Changing the Conversation: Our Shared Grand Challenge

10:30 a.m. - 12:00 p.m.

Plenary

America's Overdose Crisis Amidst the Covid-19 Pandemic: What Are We Learning?

1:30 p.m. - 3:00 p.m.

Addiction Psychiatry

Is This Bud for You? The Science of Medical Cannabis and Cannabidiol (CBD)

3:45 p.m. - 5:15 p.m.

Psychopharmacology

■ 8:00 a.m. Sessions

AWARD LECTURES

Alexandra Symonds Award Lecture: Severe Mental Illness During Pregnancy and the Postpartum Period

Alexandra Symonds Award

8:00 a.m. - 9:30 a.m.

Room 159, Upper Mezzanine

Moscone South

Chair.

Veerle Bergink

Psychiatric Services Achievement Awards

Psychiatric Services Achievement Awards

8:00 a.m. - 9:30 a.m.

Room 212, Second Level

Moscone South

Presenters:

Robert M. McCarron, D.O.

Jane Gagliardi

Jaesu Han. M.D.

Gerard Gallucci, M.D.

Alexia Wolf, M.P.H.

Robert J. Gregory, M.D.

GENERAL SESSIONS

A Roundtable Discussion With the Experts on the Future of the DSM Part 1: A Focus on Suicide, Perinatal Mental Disorders, and Gender Dysphoria

8:00 a.m. - 9:30 a.m.

Room 209, Second Level

Moscone South

Chairs:

Diana Clarke, Ph.D.

Nitin Gogtay, M.D.

Presenters:

Nancy Byatt, D.O., M.B.A., M.S.

Adrienne Grzenda, M.D., Ph.D.

Acculturation as a Component of Immigration: Challenges of the Psychiatric Work Force

International Medical Graduates Track Featured Session



8:00 a.m. - 9:30 a.m.

Rooms 305/309, Third Level

Moscone South

Chair:

Sanya A. Virani, M.D., M.P.H.

Presenters:

Isheeta Zalpuri, M.B.B.S.

Mohammed Molla

Vishal Madaan, M.D.

Addressing Structural Racism and Resilience in Undergraduate Medical Education and Psychiatry Training Programs

Resident, Fellow and Medical Student Track Featured Session



8:00 a.m. - 9:30 a.m.

Room 306, Third Level

Moscone South

Chair:

Frank Clark, M.D.

Presenters:

Nhi-Ha T. Trinh, M.D., M.P.H.

Sarah Arshad, M.D.

Rachel Talley, M.D.

Moderator:

Dionne Hart, M.D.

	Clinical Updates
1	Residents, Fellows, & Med Students 2
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1	Humanities
i	Diversity and Health Equity 6
1	Well-being and Burnout
1	NIAAA Research Track8
1	Annual Meeting On Demand D
1	Virtual Annual Meeting
i	

Advances in Affect-Focused Psychotherapies for Posttraumatic Stress Disorder

8:00 a.m. - 9:30 a.m.

Room 160, Upper Mezzanine

Moscone South

Chair:

John C. Markowitz, M.D.

Presenters:

Barbara Milrod, M.D.

Marcelo Mello, M.D., Ph.D.

M. Tracie Shea, Ph.D.

John Keefe

Animals on Campus: Ethical, Legal, and Logistical Considerations (a HEMHA Guide)

Caucus on College Mental Health



8:00 a.m. - 9:30 a.m.

Room 157, Upper Mezzanine

Moscone South

Chair:

Leigh White, M.D.

Presenters:

Meera Menon, M.D.

Leigh White, M.D.

Program changes are posted each day in the APA Meetings App. Please see the app for the definitive program.

Applying Quality Improvement Methods to Implement Principles of Collaborative Care



8:00 a.m. - 9:30 a.m.

Room 156, Upper Mezzanine

Moscone South

Chair:

Amy M. Bauer, M.D.

Presenters:

Jennifer M. Erickson, D.O.

Denise Chang

Discussant:

Anna Ratzliff, M.D., Ph.D.

At-Home Sublingual Ketamine for Depression: Large Scale Outcomes and Safety

8:00 a.m. - 9:30 a.m.

Room 154, Upper Mezzanine

Moscone South

Chair:

Thomas D. Hull, Ph.D.

Presenters:

Matteo Malgaroli

Leonardo Vando Sarkis, M.D.

Being Intentional: A Journey Toward Inclusion

APA Frontiers of Science Lecture Series 6

8:00 a.m. - 9:30 a.m.

Room 158, Upper Mezzanine

Moscone South

Presenter:

Joan Reede, M.D., M.P.H., M.S.

Moderator:

Rebecca Brendel, M.D., J.D.

Breaking the Glass Closet: Challenges and Opportunities for LGBTQ+ Individuals in a Minority Culture of Psychiatry and Leadership



8:00 a.m. - 9:30 a.m.

Room 213. Second Level

Moscone South

Chair:

Pratik P. Bahekar, M.B.B.S.

Presenter:

Kenneth Bryan Ashley, M.D.

Emerging Potential Biomarkers to Inform Bipolar Clinical Practice



8:00 a.m. - 9:30 a.m.

Room 203, Second Level

Moscone South

Chair:

Balwinder Singh, M.D., M.S.

Presenters:

Michael Jay Gitlin, M.D.

Susan McElroy, M.D.

Mark Frye, M.D.

Existentialism and Climate Change: The Next Frontier in Mental Health

8:00 a.m. - 9:30 a.m.

Room 206, Second Level

Moscone South

Chair:

Andre R. Marseille, Ph.D.

Fighting for Our Future: The Effects of Anti-Asian Racism and the Covid-19 Pandemic on Asian College Students and Asian Medical Trainees

Caucus on College Mental Health

6 7

8:00 a.m. - 9:30 a.m.

Room 307, Third Level

Moscone South

Chair:

Amy Alexander, M.D.

Presenters:

Huigiong Deng, M.D., Ph.D.

Rishab Gupta, M.D.

Donna Tran, M.P.H.

Mental Health Care Works: A National Campaign to Change the Narrative on Mental Wellness

presented by APA Foundation



8:00 a.m. - 9:30 a.m.

Room 151, Upper Mezzanine

Moscone South

Chair:

Petros Levounis, M.D., M.A.

Presenter:

Saul Levin, M.D., M.P.A., M.Sc.

Kevin Earley

Food Addiction: A New Substance Use Disorder?

8:00 a.m. - 9:30 a.m.

Room 303, Third Level

Moscone South

Chair:

Ashley N. Gearhardt, Ph.D.

Presenters:

George F. Koob, Ph.D.

Gene-Jack Wang, M.D.

Discussant:

Nora D. Volkow, M.D.

From the Battlefield to Home Base: Traumatic Brain Injury Advances in Active-Duty Military to Veteran Healthcare

8:00 a.m. - 9:30 a.m.

Room 308, Third Level

Moscone South

Chair:

Sofia Elisa Matta, M.D.

Presenters:

Christina La Croix, D.O.

Kaloyan Tanev, M.D., M.P.H.

Harmful Alcohol Use in Women: New Horizons in Assessment and Treatment

U.S. National Institute on Alcohol Abuse and Alcoholism (NIAAA)



8:00 a.m. - 9:30 a.m.

Room 211, Second Level

Moscone South

Chair:

Deidra Roach, M.D.

Presenters:

Kathleen Brady, M.D., Ph.D.

Ismene Petrakis, M.D.

Grace Chang, M.D.

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Innovation for Future Generations: Child and Adolescent Mental Health Integration in Primary Care Settings

8:00 a.m. - 9:30 a.m.

Room 314, Third Level

Moscone South

Chair:

Catherine Hormats, M.A.

Presenters:

Domonique Hensler, M.H.A.

Nicole Carr-Lee, Psy.D.

Anne Bird, M.D.

Learning Healthcare Systems and Real World Research

8:00 a.m. - 9:30 a.m.

Room 301, Third Level

Moscone South

Chair:

Philip Wang, M.D.

Presenters:

Rachel Wood

Matthew W. Ruble, M.D.

Medical Comorbidities of AUD and OUD Patients: What You Need to Know



8:00 a.m. - 9:30 a.m.

Room 205. Second Level

Moscone South

Presenters:

Nancy Diazgranados, M.D.

Edward Vernon Nunes, M.D.

Moderators:

Joseph McCullen Truett, D.O.

Shuchi Khosla, M.D.

Mental Health 360: A Comprehensive Approach to Address Mental Health Disparity Facing Asian American Community

8:00 a.m. - 9:30 a.m.

Room 204. Second Level

Moscone South

Chair:

Xiaoping Shao

Presenter:

Huixing Lu

Motivate Psychopharmacology Teaching by Innovative and Collaborative Transfer of Knowledge From Bench to Bedside

8:00 a.m. - 9:30 a.m.

Room 155, Upper Mezzanine

Moscone South

Chair:

Mujeeb Uddin Shad, M.D., M.S.

Presenters:

Obiora Edward Onwuameze, M.D.,

Ph.D.

Vimal M. Aga, M.D.

Discussant:

Jair Soares, M.D.

Multidisciplinary Partnering in an Effort to Address Mental Health and Substance Use Concerns in Central Appalachia

8:00 a.m. - 9:30 a.m.

Room 202, Second Level

Moscone South

Chair:

R. Lawrence Merkel Jr., M.D.

Presenters:

Sy Atezaz Saeed, M.D., M.S.

Nicky Fadley

Alexandria Widener

On the Front Lines: A Resident/ Fellow Perspective on Workplace Violence in Psychiatry



8:00 a.m. - 9:30 a.m.

Room 312, Third Level

Moscone South

Chair:

Amanda Wallace, M.D.

Presenters:

Jeffrey Anderson, M.D.

Jack Wilkinson, M.D.

Nana Asabere

Psychiatry in the Courts: APA Confronts Legal Issues of Concern to the Field



8:00 a.m. - 9:30 a.m.

Room 304, Third Level

Moscone South

Chair:

Reena Kapoor, M.D.

Presenters:

Maya Prabhu

Margarita Abi Zeid Daou, M.D.

Psychogeriatric Outreach: Adapting Outreach to Better Service an Aging Population

8:00 a.m. - 9:30 a.m.

Room 153, Upper Mezzanine

Moscone South

Chair:

Sarah A. Colman

Presenters:

Michael Tau

Claire Stanley

Program changes are posted each day in the APA Meetings App. Please see the app for the definitive program.

SAMHSA's Statistics and Strategies You Should Know to Keep Black Americans Safe

U.S. Substance Abuse and Mental Health Services Administration (SAMHSA)

6

8:00 a.m. - 9:30 a.m.

Room 210, Second Level

Moscone South

Chair:

Billina R. Shaw, M.D., M.P.H.

Presenters:

Twyla Adams, M.H.S.

Brandon Johnson

Social Media for Seniors: Pros, Cons and Scams

Council on Geriatric Psychiatry

8:00 a.m. - 9:30 a.m.

Room 313, Third Level

Moscone South

Chair:

Maria D. Llorente, M.D.

Presenters:

Stephanie Alexis Garayalde, M.D.

Daniel Carl Dahl, M.D.

The Challenge of Addressing Depression and Unhealthy Alcohol Use in Low and Middle-Income Countries: Lessons From Our Experience in Colombia

8:00 a.m. - 9:30 a.m.

Room 310/311. Third Level

Moscone South

Chair:

William Chandler Torrey, M.D.

Presenters:

Carlos Gómez, M.D., Ph.D.

Magda Cepeda, M.D., Ph.D.

Leonardo Cubillos, M.D.

What Is on the Horizon for WPA and Future of Collaboration Between WPA and APA?

World Psychiatric Association (WPA)

8:00 a.m. - 9:30 a.m.

Room 214. Second Level

Moscone South

Presenter:

Danuta Wasserman, M.D., Ph.D.

POSTER

Poster Session 11

8:00 a.m. - 9:30 a.m.

Hall B Foyer, Exhibition Level

Moscone South

PRESIDENTIAL SESSIONS

Advancing Diversity, Equity and Inclusion in Psychiatry Research

Council on Research



8:00 a.m. - 9:30 a.m.

Room 201, Second Level

Moscone South

Chairs:

Jonathan E. Alpert, M.D., Ph.D.

Carolyn Rodriguez

Presenters:

Christina Mangurian, M.D.

Helena Hansen, M.D., Ph.D.

Ayana Jordan, M.D., Ph.D.

The Role of Community Psychiatry in Mental Health Systems of the Future

American Association for Community Psychiatry (AACP)

8:00 a.m. - 9:30 a.m.

Room 152. Upper Mezzanine

Moscone South

Presenter:

Altha J. Stewart, M.D.

MASTER COURSE

Master's Course in Clinical Psychopharmacology

8:00 a.m. - 5:00 p.m.

Room 7, Exhibition Level

Moscone South

Director:

Alan F. Schatzberg, M.D.

Faculty:

Charles DeBattista, M.D.

Rona J. Hu, M.D.

Manpreet K. Singh, M.D., M.S.

Rafael Pelayo, M.D.

Charles Barnet Nemeroff, M.D., Ph.D.

■ 10:30 a.m. Session

PLENARY

Changing the Conversation: Our Shared Grand Challenge

10:30 a.m. - Noon Hall F, Exhibition Level Moscone North

■ 1:30 p.m. Sessions

AWARD LECTURE

Award for Research in Psychiatry Lecture: The Brain Stimulation Revolution in Psychiatry: Past, Present, and Amazing Future

Award for Research in Psychiatry

1:30 p.m. - 3:00 p.m. Room 152, Upper Mezzanine Moscone South *Presenter: Mark Stork George, M.D.*

GENERAL SESSIONS

A Practical Approach to Social Determinants of Mental Health in Children and Youth

Council on Children, Adolescents, and Their Families

1:30 p.m. - 3:00 p.m. Room 151, Upper Mezzanine Moscone South *Chair:*

German E. Velez, M.D.

Presenters:

Lisa Fortuna, M.D., M.P.H.

Tresha Gibbs, M.D.

A Psychodynamic Perspective on Psychiatry

Resident, Fellow and Medical Student Track Featured Session

2

1:30 p.m. - 3:00 p.m. Room 308, Third Level

Moscone South

Chairs'

Eric M. Plakun, M.D.

Dhruv Gupta, M.D., M.S.

Discussant:

Samar S. Habl, M.D.

Abortion Is Just the Beginning

1:30 p.m. - 3:00 p.m. Room 303, Third Level Moscone South

Chair:

Carol C. Nadelson, M.D.

Presenters:

Nada L. Stotland, M.D., M.P.H.

Gail Robinson, M.D.

Gisele Apter, M.D., Ph.D.

Adaptation of Cognitive Behavior Therapy Across Cultures



1:30 p.m. - 3:00 p.m. Room 310/311, Third Level Moscone South Chair:

Faroog Naeem, M.B.B.S.

Presenters:

Meshal Khaled Alageel, M.D.

Ahmad N. Alhadi, M.D.

Tariq Allauddin Munshi, M.D.

Adding a New Diagnosis to the DSM: How Prolonged Grief Disorder Became an Official Diagnosis

DSM Steering Committee

1:30 p.m. - 3:00 p.m.

Room 159, Upper Mezzanine

Moscone South

Chair:

Paul Appelbaum, M.D.

Presenters:

M. Katherine Shear, M.D.

Roberto Lewis-Fernández, M.D. Holly G. Prigerson, Ph.D.

.. 5: .

Alcohol Use Disorder



1:30 p.m. - 3:00 p.m. Room 205, Second Level Moscone South Chairs:

George F. Koob, Ph.D.

Frances Rudnick Levin, M.D.

Moderators:

Philip R. Muskin, M.D., M.A. Sofia Elisa Matta. M.D. Alternatives to Facts: Mental Health Impact of Social Media, Phone Applications, and Technology

Association of Gay and Lesbian Psychiatrists (AGLP)

1:30 p.m. - 3:00 p.m.

Room 210, Second Level

Moscone South

Chair:

Pratik P. Bahekar, M.B.B.S.

Presenter:

Amir K. Ahuja, M.D.

Discussant:

Petros Levounis, M.D., M.A.

America's Overdose Crisis Amidst the Covid-19 Pandemic: What Are We Learning?

U.S. National Institute on Drug Abuse (NIDA)



1:30 p.m. - 3:00 p.m.

Room 157, Upper Mezzanine

Moscone South

Presenter:

Nora D. Volkow, M.D.

Moderator:

Vikas Gupta, M.D., M.P.H.

Breaking the Silence: Innovative Community-Based Approaches to Addressing the Mental Health Crisis in AAPI Populations



1:30 p.m. - 3:00 p.m. Room 302, Third Level Moscone South *Chair:*

Justin A. Chen, M.D., M.P.H.

Presenters:

Xiaoping Shao

Cixin Wang

Bridging Military and Civilian Psychiatry: Differences in the Diagnosis and Treatment of Adjustment Disorders

1:30 p.m. - 3:00 p.m.

Room 154, Upper Mezzanine

Moscone South

Chair:

David Asher Nissan, M.D.

Presenters:

Eric G. Meyer, M.D.

Allison Margaret Brown Webb, M.D.

Daniel Knoepflmacher, M.D.

Challenges and Opportunities in Implementing 988:
A Tale of 3 Cities

1:30 p.m. - 3:00 p.m.

Room 202, Second Level

Moscone South

Chair:

Ashley M. Overley, M.D.

Presenters:

Robert Gadomski. D.O.

James Richter

Sosunmolu Shoyinka, M.D., M.B.A.

Ethics Dilemmas in Psychiatric Practice

Ethics Committee

1:30 p.m. - 3:00 p.m.

Room 156, Upper Mezzanine

Moscone South

Chair:

Charles Dike, M.D.

Discussants:

Daniel Anzia

Philip Candilis, M.D.

Catherine May

Christopher R. Thomas, M.D.

Hiding in Plain Sight: Youth Mental Illness: Lessons in Centering Youth and Lived Experience From a Ken Burns Documentary

1:30 p.m. - 3:00 p.m.

Room 158, Upper Mezzanine

Moscone South

Chair:

Sarah Yvonne Vinson, M.D.

Presenters:

Kevin Earley

David Blistein

Identifying and Addressing Persistent Inequities in Quality and Outcomes of Health Care for People With Disabilities

APA Guest Lecture Series

1:30 p.m. - 3:00 p.m.

Room 155, Upper Mezzanine

Moscone South

Presenter:

Tara Lagu, M.D., M.P.H.

Moderator:

Hector Colon-Rivera, M.D.

Identifying and Addressing Treatment and Training Gaps in Perinatal Mental Health

1:30 p.m. - 3:00 p.m.

Room 211, Second Level

Moscone South

Chair:

Diana Clarke, Ph.D.

Presenters:

Nina Kraguljac, D.O.

Tinh Luong, M.D., Ph.D.

Rubiahna Vaughn, M.D., M.P.H.

Jonathan Alpert

Innovative Perspectives From Indigenous Visionaries in Psychiatry Supporting Community Resilience in Addressing SDOMH Grounded in Culture

presented by APA Foundation M/UR Caucus of American Indian/ Alaska Native/Native Hawaiian Psychiatrists



1:30 p.m. - 3:00 p.m.

Room 314, Third Level

Moscone South

Chair:

Mary Hasbah Roessel, M.D.

Presenters:

Roger Dale Walker, M.D.

Mary Hasbah Roessel, M.D.

Linda B. Nahulu, M.D.

LGBT Primary Care and Gender Affirming Care for Children and Adolescents



1:30 p.m. - 3:00 p.m.

Rooms 305/309, Third Level

Moscone South

Chair:

Walter E. Wilson, M.D., M.H.A.

Presenter:

Shamieka Virella Dixon, M.D.

Discussant:

Regina James, M.D.

Psychiatric Neuroscience: A Reckoning

American Association of Directors of Psychiatric Residency Training (AADPRT)



1:30 p.m. - 3:00 p.m.

Room 304, Third Level

Moscone South

Chair:

Joseph J. Cooper, M.D.

Presenters:

Ashley Walker

David A. Ross, M.D., Ph.D.

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Resilience, Recovery, and the Role of Creative Partners: Emily Carr's Artistic Development in Middle Age



1:30 p.m. - 3:00 p.m.

Room 204. Second Level

Moscone South

Chair:

Kathryn Zerbe

Discussant:

Alastair John Stewart McKean, M.D.

Security and Privacy Concerns in the Future of Mental Health

1:30 p.m. - 3:00 p.m.

Room 160, Upper Mezzanine

Moscone South

Chair:

John Luo, M.D.

Presenter:

Kalyn Reddy, M.D.

Social Determinants of Mental Health



1:30 p.m. - 3:00 p.m.

Room 209, Second Level

Moscone South

Chair:

Rajesh R. Tampi, M.D., M.S.

Presenters:

Dilip V. Jeste, M.D.

Pallavi Joshi, D.O., M.A.

John Torous, M.D., M.B.I.

(SAMHSA) No Wrong Doors: Strategies for Advancing Access to Behavioral Health

Substance Abuse and Mental Health Services Administration

1:30 p.m. - 3:00 p.m.

Room 153, Upper Mezzanine

Moscone South

Presenters:

Miriam Delphin-Rittmon, Ph.D.

Karran Phillips, M.D., M.Sc.

Anita Everett, M.D.

Supporting IMGs Throughout Their Careers



1:30 p.m. - 3:00 p.m.

Room 307. Third Level

Moscone South

Chair:

Saul Levin, M.D., M.P.A.

Presenters:

Nitin Gogtav, M.D.

Vishal Madaan, M.D.

The Mental Health Impact of Covid-19 in at-Risk, **Underrepresented Minorities**



1:30 p.m. - 3:00 p.m.

Room 206, Second Level

Moscone South

Chair:

Tatiana A. Falcone, M.D.

Presenters:

Murat Altinay, M.D.

Youssef Mahfoud, M.D.

Toward an Evolving and Thriving Self During Training and Beyond: A Framework for Maintaining Well-Being

Resident, Fellow and Medical Student Track Featured Session





1:30 p.m. - 3:00 p.m.

Room 306, Third Level

Moscone South

Chair:

Linda Worley, M.D.

Presenters:

Elizabeth Kieff, M.D.

Lisa Cullins. M.D.

Marvland Pao. M.D.

Transgender Care: Using the New WPATH Standards of Care Version 8



1:30 p.m. - 3:00 p.m.

Room 201. Second Level

Moscone South

Chair:

Dan Karasic, M.D.

Presenters:

Dan Karasic, M.D.

Aron Janssen, M.D.

Madeline Deutsch, M.D.

The True Cost of Fame: Protecting and Promoting Mental Wellness in the Entertainment Industry

presented by APA Foundation

1:30 p.m. - 3:00 p.m.

Room 213. Second Level

Moscone South

Chairs:

Vasilis K. Pozios, M.D.

Who Do We Care for/Who Do We Care About: Defining Mental Illness and Redefining Treatment for Individuals With Criminal-Legal Contact

1:30 p.m. - 3:00 p.m.

Room 212, Second Level

Moscone South

Chair:

Merrill Richard Rotter, M.D.

Presenters:

Leah Pope

Elizabeth Ford

Anna Huh

All scientific sessions listed in the Scientific Program are designated for AMA PRA Category 1 Credits™, except for poster sessions and where otherwise specified.

LEARNING LAB

Give It Your Best Shot: Learning How to Administer Long-Acting Injectable Antipsychotics

SMI Adviser:

An APA and SAMHSA Initiative

1:30 p.m. - 3:00 p.m.

Room 301, Third Level

Moscone South

Chair:

Donna Rolin, Ph.D., A.P.R.N.

Presenters:

Robert Cotes. M.D.

Megan Ehret, Pharm.D., M.S.

Kathryn Hanley, R.N., L.P.A., PMHNP-BC

Raymond Love, Pharm.D., FASHP

Sarah MacLaurin, PMHNP-BC

POSTER

Poster Session 12

1:30 p.m. - 3:00 p.m.

Hall B Foyer, Exhibition Level

Moscone South

PRESIDENTIAL SESSIONS

A Model for Carrying Out Low Cost Multicentric Studies: A Unique Research Model From India

1:30 p.m. - 3:00 p.m.

Room 214, Second Level

Moscone South

Presenters:

Vinay Kumar, M.D.

Sandeep Grover, M.D.

Om Prakash Singh, M.D., M.B.B.S.

Sounding the Alarm for Children's Mental Health

American Academy of Child and Adolescent Psychiatry (AACAP)

6 🔼

1:30 p.m. - 3:00 p.m.

Room 203, Second Level

Moscone South

Presenters:

Warren Y. K. Ng, M.D.

Tami D. Benton, M.D.

COURSES

Agitation: Identification, Evaluation, and Treatment: From the Experts

1:30 p.m. - 5:30 p.m.

Room 11/12, Exhibition Level

Moscone South

Director:

Kimberly D. Nordstrom, M.D., J.D.

Faculty:

Leslie Zun, M.D.

Michael Wilson, M.D., Ph.D.

Scott L. Zeller, M.D.

Change Is the Goal of Psychodynamic Therapy: Practical Strategies and New Evidence

1:30 p.m. - 5:30 p.m.

Room 10, Exhibition Level

Moscone South

Director:

Richard Fredric Summers, M.D.

Faculty:

Jacques P. Barber, Ph.D.

Family-Focused Therapy: An Outpatient Approach to Bipolar Disorder

1:30 p.m. - 5:30 p.m.

Room 9, Exhibition Level

Moscone South

Director:

David J. Miklowitz, Ph.D.

Faculty:

Megan Ichinose, Ph.D.

■ 3:45 p.m. Sessions

AWARD LECTURES

Alexander Gralnick Award Lecture: Redefining Normal: Brain Growth Curve Charting in First Episode Psychosis

Alexander Gralnick Award

3:45 p.m. - 5:15 p.m.

Room 151. Upper Mezzanine

Moscone South

Chair:

Nina Kraguljac, D.O.

David Mrazek Award Lecture: Pharmacogenetics and Precision Psychiatry: How Can We Do Better?

David A. Mrazek, M.D., Memorial Award

3:45 p.m. - 5:15 p.m.

Room 307, Third Level

Moscone South

Introduction:

Rebecca Brendel, M.D., J.D.

Presenter:

Jordan W. Smoller, M.D., Sc.D.

GENERAL SESSIONS

#American Idols: The Role of Influencers in Shaping the Public's Understanding and Utilization of Mental Health Care

3:45 p.m. - 5:15 p.m.

Room 152, Upper Mezzanine

Moscone South

Chair:

Anna Russell, D.O.

Presenters:

Keelan O'Connell

Cecily Lehman

Anna Russell, D.O.

A Roundtable Discussion With the Experts on the Future of the DSM Part 2: Revisiting Dimensionality

3:45 p.m. - 5:15 p.m.

Room 209, Second Level

Moscone South

Chairs:

Diana Clarke, Ph.D.

Nitin Gogtay, M.D.

Presenters:

Bruce Cuthbert, Ph.D.

Jonathan E. Alpert, M.D., Ph.D.

A Subacute Inpatient Unit for People Experiencing Homelessness and Serious Mental Illness in NYC

3:45 p.m. - 5:15 p.m.

Room 212, Second Level

Moscone South

Chair:

Carine Nzodom, M.D.

Presenters:

Carine Nzodom, M.D.

Charles Barron

Ann Sullivan

Advancing Racial Equity in Early Intervention Services (EIS) for Psychosis Through Partnership With Diverse Stakeholders



3:45 p.m. - 5:15 p.m.

Rooms 305/309, Third Level

Moscone South

Chair:

Sapana Patel, Ph.D.

Presenters:

Elaina Montague, Ph.D.

Ana Stefancic, Ph.D.

Iruma Bello, Ph.D.

APAF SAMHSA Minority Fellowship Program

3:45 p.m. - 5:15 p.m.

Room 210, Second Level

Moscone South

1. A Closer Look at Racial/Ethnic Disparities in Opioid Use Disorder Treatment Access Among Individuals Experiencing Homelessness

Michael Hsu. M.D.

2. Christian Mental Health Initiative: Mental Health First Aid Pilot with Black Churches in Philadelphia

Atasha Jordan, M.D., M.B.A.

3. Patterns and Predictors of the Use of Chemical Sedation and Physical Restraints in Agitation Management

Stephanie A. Eng, M.D.

Assessing Psychic Pain and Proximal States of Mind Associated With Suicidal Thinking and Behavior



3:45 p.m. - 5:15 p.m.

Room 157, Upper Mezzanine

Moscone South

Chair:

Jane G. Tillman, Ph.D.

Presenter:

Katie C. Lewis, Ph.D.

Autism Spectrum Disorder: Practical Management and Cutting-Edge Treatments



3:45 p.m. - 5:15 p.m.

Room 159, Upper Mezzanine

Moscone South

Chair:

Eric Hollander, M.D.

Presenters:

Casara J. Ferretti. M.S.

Randi Hagerman

Crazy in Love: The Portrayal of Sexual Orientation and Mental Health in Popular Feature Films

3:45 p.m. - 5:15 p.m.

Room 314, Third Level

Moscone South

Chair:

Howard Rubin

Presenters:

Efe Sari

Nevin Durdu

Discussant:

Christopher A. McIntosh, M.D.

CURED: The Past, Present, and Future of LGBTQ
Rights and the APA

presented by APA Foundation M/UR Caucus of Lesbian, Gay, Bisexual, Transgender and Queer Psychiatrists



3:45 p.m. - 5:15 p.m.

Room 211, Second Level

Moscone South

Chair:

Amir K. Ahuja, M.D.

Presenters:

Patrick Sammon

Bennett Singer

Petros Levounis, M.D., M.A.

Fiona D. Fonseca, M.D., M.S.

Dr. Max Fink Centennial Symposium

3:45 p.m. - 5:15 p.m.

Room 310/311, Third Level

Moscone South

Chair:

Andrew Francis, M.D., Ph.D.

Presenters:

William Vaughn McCall, M.D.

Charles H. Kellner, M.D.

Edward Shorter, Ph.D.

Georgios Petrides

Eat to Treat: Improving Mental Health of a Nation Through Nutritional Innovations

3:45 p.m. - 5:15 p.m.

Room 303, Third Level

Moscone South

Chair:

Bhagwan A. Bahroo, M.D.

Presenters:

Kristin Walhberg-Painter, D.O.

Jessica Nelson, M.D.

Taylor Tucker, M.D.

Effective Psychotherapeutic Interventions and Task-Shifting Delivery Methods for Youth With Posttraumatic Stress Disorder (PTSD)

3:45 p.m. - 5:15 p.m.

Room 155, Upper Mezzanine

Moscone South

Presenter:

Soraya Seedat, M.D., Ph.D.

Expanding the Impact of Collaborative Care



3:45 p.m. - 5:15 p.m.

Room 304. Third Level

Moscone South

Chair:

Anna Ratzliff, M.D., Ph.D.

Presenters:

Amy M. Bauer, M.D.

Barry David Sarvet, M.D.

Exposing Thomas Eakins: Polymorphous Perversity in the Life and Art of a 19th Century Painter



3:45 p.m. - 5:15 p.m.

Room 202, Second Level

Moscone South

Chair:

John Bostwick, M.D., M.F.A.

Discussant:

Kathryn Zerbe

Facing Campus Sexual Assault and Relationship Violence With Courage

3:45 p.m. - 5:15 p.m.

Room 154, Upper Mezzanine

Moscone South

Chair:

Helen W. Wilson, Ph.D.

Discussant:

Christina T. Khan, M.D., Ph.D.

Head First: How Psychiatrists Are Moving Medicine

Resident, Fellow and Medical Student Track Featured Session



3:45 p.m. - 5:15 p.m.

Room 308, Third Level

Moscone South

Chair:

Patrice Harris, M.D., M.A.

Presenters:

Frank Clark, M.D.

Altha J. Stewart, M.D.

Dionne Hart, M.D.

Moderator:

Dionne Hart, M.D.

Implementing Effective Communication Skills Training for Psychiatrists in a Virtual World: A Primer and Methodology



3:45 p.m. - 5:15 p.m.

Room 214, Second Level

Moscone South

Chair:

Lauren Marie Pengrin, D.O.

Presenters:

John Echevarria

Abidemi Onabadejo, M.D.

International Medical Graduates in American Psychiatry:
Past, Present, and Future

International Medical Graduates Track Featured Session



3:45 p.m. - 5:15 p.m.

Room 302, Third Level

Moscone South

Chair:

Dilip V. Jeste, M.D.

Presenters:

Daniel Castellanos, M.D.

Jair Soares, M.D.

Is This Bud for You? The Science of Medical Cannabis and Cannabidiol (CBD)



3:45 p.m. - 5:15 p.m.

Room 203, Second Level

Moscone South

Chair:

David Alan Gorelick, M.D., Ph.D.

Presenters:

Kevin Patrick Hill, M.D., M.H.S.

Smita Das, M.D., Ph.D., M.P.H.

Megalomania in the American Psyche: Dangerous Influence in Conscious and Unconscious Life

3:45 p.m. - 5:15 p.m.

Room 201, Second Level

Moscone South

Chair:

Ravi Chandra, M.D.

Presenters:

Steven Hassan, Ph.D.

Nancy Hollander

No Laughing Matter: Fandom, Fanaticism, and the Joker

3:45 p.m. - 5:15 p.m.

Room 301, Third Level

Moscone South

Chair:

Vasilis K. Pozios, M.D.

Presenters:

Amber Benjamin

Praveen R. Kambam, M.D.

Philip Saragoza, M.D.

Precision Psychiatry: Using Neuroscience Insights to Inform Personally Tailored, Measurement-Based Care

APA Frontiers of Science Lecture Series

3:45 p.m. - 5:15 p.m.

Room 213, Second Level

Moscone South

Presenter:

Leanne Williams, Ph.D.

Moderator:

Vikas Gupta, M.D., M.P.H.

Talk as Treatment: Psychotherapy for Substance Use Disorders



3:45 p.m. - 5:15 p.m.

Room 205, Second Level

Moscone South

Chair:

Carla Marienfeld, M.D.

Presenter:

Eve Lasswell, Psy.D.

Moderators:

Sofia Elisa Matta, M.D.

Shuchi Khosla, M.D.

The Algorithm Will See You Now: The Current State of Precision Psychiatry's Deployment Into Research and Practice

3:45 p.m. - 5:15 p.m.

Room 156, Upper Mezzanine

Moscone South

Chair:

Daniel Rollings Karlin, M.D., M.A.

Presenters:

Todd Solomon, Ph.D.

Erik Rudolph Vanderlip, M.D., M.P.H.

The Future of Mental Health Is Social Media



3:45 p.m. - 5:15 p.m.

Room 306, Third Level

Moscone South

Chair:

Simone Ariel Bernstein, M.D.

Presenters:

Katharine Nelson, M.D.

Jessica Gold, M.D.

Chase Anderson, M.D., M.S.

The Goldilocks Zone of Addiction Treatment Programs: Designing the 'Just Right' Intervention for Marginalized Communities



3:45 p.m. - 5:15 p.m.

Room 153, Upper Mezzanine

Moscone South

Chair:

Ozlem Gunal, M.D., Ph.D.

Presenters:

Keshav Holani, M.D.

Sezai Ustun Aydin, M.D.

Sebastian Acevedo, M.P.H.

The New Public Health Psychiatry: Addressing the Social Determinants of Mental Health

3:45 p.m. - 5:15 p.m.

Room 204. Second Level

Moscone South

Chair:

Kenneth Stewart Thompson, M.D.

Presenters:

Michael Compton, M.D.

Sanya A. Virani, M.D., M.P.H.

Discussant:

Ron W. Manderscheid, Ph.D.

What Terror Research Teaches Us About Risk, Treatment, and Policy

Scattergood Ethics Program at the University of Pennsylvania, and St. Elizabeths Hospital, Washington DC

Room 160, Upper Mezzanine

Moscone South

MOSCOILE

Chair:

Najat Khalifa, M.D.

3:45 p.m. - 5:15 p.m.

Presenters:

Philip Candilis, M.D.

Allen Dyer, M.D., Ph.D.

Saleh Dhumad, M.D.

Yes, We Can: Increasing Clozapine Uptake at a Safety Net Health System

3:45 p.m. - 5:15 p.m.

Room 158, Upper Mezzanine

Moscone South

Chair:

Jessica Goren

Presenters:

Jessica Goren

Adam Bazari, M.D., M.Sc.

Andrew Steven Hyatt, M.D.

POSTER

Poster Session 13

3:45 p.m. - 5:15 p.m.

Hall B Foyer, Exhibition Level

Moscone South

PRESIDENTIAL SESSION

American Society of Hispanic Psychiatry: Community Activities and Addressing the Underrepresentation of Hispanic/ Latinx Clinicians and Investigators

American Society of Hispanic Psychiatry (ASHP)



3:45 p.m. - 5:15 p.m.

Room 206, Second Level

Moscone South

Chair:

Juan Andres Gallego, M.D., M.S.

Presenters:

Bernardo Ng, M.D.

Ruby C. Castilla Puentes, M.D., Dr.P.H.

Juan Andres Gallego, M.D., M.S.

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WEDNESDAY

May 23, 2023

Featured Sessions

The Unconscious Roots of Racial Bias: Implications for Psychotherapeutic Care and Training

8:00 a.m. - 9:30 a.m.

Psychotherapy

Psychedelics and Psychedelic-Assisted Therapy: How to Counsel Your Patients

8:00 a.m. - 9:30 a.m.

Psychopharmacology

Trauma, Transitions, and Trajectories: Centering Youth of Color Mental Health

10:30 a.m. - 12:00 p.m.

Diversity and Health Equity

An Update on Anxiety Disorders and Their Treatment

1:30 p.m. - 3:00 p.m.

Anxiety Disorders

Precision Psychiatry: Perspectives, Pitfalls, and Possibilities

3:45 p.m. - 5:15 p.m.

Practice Management



■ 8:00 a.m. Sessions

GENERAL SESSIONS

Treatment of Bipolar Depression

8:00 a.m. - 9:30 a.m.

Room 205, Second Level

Moscone South

Presenter:

Michael Gitlin, M.D.

Moderator:

Ronald Winchel, M.D.

A Journal's Systematic Effort to Tackle Structural Racism



8:00 a.m. - 9:30 a.m.

Room 301, Third Level

Moscone South

Chair:

Lisa Dixon, M.D.

Presenters:

Roberto Lewis-Fernández, M.D.

Demarie Jackson

Michael Rov

Kenneth P. Fung, M.D.

A New Paradigm for Suicide Prevention: Recovery-Based High Risk Treatment Programs

8:00 a.m. - 9:30 a.m.

Room 158, Upper Mezzanine

Moscone South

Chair:

Robert J. Gregory, M.D.

Presenters:

Rebecca Shields, D.O.

Amruthur Gita Ramamurthy, M.D.

Rachael Kuch-Cecconi, M.D.

A Paradigm Shift: The Evolving Concepts of Innovation and Integration in Telebehavioral Health



8:00 a.m. - 9:30 a.m.

Room 306, Third Level

Moscone South

Chair:

Hossam M. Mahmoud, M.D., M.P.H.

Presenters:

Hossam M. Mahmoud, M.D., M.P.H.

Shane W. Rau, M.D., Ph.D.

Nicole Christian-Brathwaite, M.D.

ADHD: New and Novel Therapeutics and Technology

8:00 a.m. - 9:30 a.m.

Room 213, Second Level

Moscone South

Chair:

Michael Van Ameringen, M.D.

Presenters:

Carolina Goldman Bergmann, M.D.,

M.Sc.

Barbara Tietbohl-Santos, M.D., Ph.D.

Michael Van Ameringen, M.D.

Barbara Tietbohl-Santos, M.D., Ph.D.

Advocacy Across the Lifespan: Training, Promotions, and Late Career

Council on Advocacy and Government Relations



8:00 a.m. - 9:30 a.m.

Room 314, Third Level

Moscone South

Chair:

Brandon C. Newsome, M.D.

Presenters:

Meghan Schott

Jennifer Dorr

Karen Pierce

Asian Medical Trainees and the Model Minority Myth

Caucus on College Mental Health



8:00 a.m. - 9:30 a.m.

Room 308, Third Level

Moscone South

Chair:

Vanika Chawla, M.D.

Presenters:

Donna Tran, M.P.H.

B. Li, M.D.

Discussant:

Amy Alexander, M.D.

Avoiding Legal Trouble With Medications for Opioid Use Disorder

8:00 a.m. - 9:30 a.m.

Room 153, Upper Mezzanine

Moscone South

Chair:

Adelle M. Schaefer, M.D.

Presenters:

Andrew Dill, M.D.

Nathaniel Morris, M.D.

Robert Andrew Kleinman, M.D.

Beyond Race, Sex, and Gender: Intersectionality, Intersex, and Nonbinary Identities



8:00 a.m. - 9:30 a.m.

Room 157. Upper Mezzanine

Moscone South

Chair:

Albert Ning Zhou, M.D.

Presenters:

Terence Howard

Kai Huang

Comprehensive Care of the Transgender Patient: A Multidisciplinary Approach

8:00 a.m. - 9:30 a.m.

Room 155, Upper Mezzanine

Moscone South

Chair:

Murat Altinay, M.D.

Presenters:

Henry Ng, M.D., M.P.H.

Cecile Ferrando, M.D., M.P.H.

Jason V. Lambrese, M.D.

Equity, Ethics, and the World as It Is: An Oxford Debate on Whether Private Practice Psychiatrists Should Accept Insurance

Scattergood Ethics Program at the University of Pennsylvania, and St. Elizabeths Hospital, Washington DC



8:00 a.m. - 9:30 a.m.

Room 304, Third Level

Moscone South

Chair:

David W. Brody, M.D.

Presenters:

Danielle Kushner, M.D.

Eric M. Plakun, M.D.

Robert L. Trestman, M.D., Ph.D.

Colleen Coyle, J.D.

Erik Rudolph Vanderlip, M.D., M.P.H.

Clinical Updates							
Residents, Fellows, & Med Students 2							
International Medical Graduates 3							
Technology4							
Humanities							
Diversity and Health Equity 6							
Well-being and Burnout							
NIAAA Research Track8							
Annual Meeting On Demand \dots $oldsymbol{D}$							
Virtual Annual Meeting							

Program changes are posted each day in the APA Meetings App. Please see the app for the definitive program.

Evaluation of the REMs Programs for Psychiatric Medications

8:00 a.m. - 9:30 a.m.

Room 201, Second Level

Moscone South

Chair:

Catherine E. Cooke, Pharm.D., M.S.

Presenters:

Megan Ehret, Pharm.D., M.S.

Catherine E. Cooke, Pharm.D., M.S.

Ray Love, Pharm.D.

Identifying Child Mental Health and Neurodevelopmental Conditions Using Real-World Clinical Data: Considerations for Mental Health Care Quality

Council on Quality Care

8:00 a.m. - 9:30 a.m.

Room 159, Upper Mezzanine

Moscone South

Chair:

Juliet Beni Edgcomb, M.D., Ph.D.

Presenters:

Nicole Benson, M.D.

Amber Angell, Ph.D.

Discussant:

Carol Alter, M.D.

Imagine Sisyphus Happy: Application of Community Programs to Improve Outcomes of Serious Mental Illness in Active Duty Military Settings

8:00 a.m. - 9:30 a.m.

Room 151, Upper Mezzanine

Moscone South

Chair:

Laura Marrone, M.D.

Presenters:

Glennie Leshen, M.D.

Morgan Schmidt, M.D.

Benjamin Taylor, M.D.

Navigating Leadership in Residency: Trial by Fire



8:00 a.m. - 9:30 a.m.

Room 209, Second Level

Moscone South

Chair:

Daniel Castellanos, M.D.

Presenters:

Stephane Degraff

Prisa Zachariah

Jose Hawayek, M.D.

Navigating What's Next in Interventional Psychiatry

8:00 a.m. - 9:30 a.m.

Room 160. Upper Mezzanine

Moscone South

Chair:

Carlene MacMillan

Presenters:

Nolan Williams, M.D.

Owen Muir

Eugene Lipov, M.D.

Neuro-Radiology for the Consult Psychiatrist: What Every CL Psychiatrist Needs to Know

8:00 a.m. - 9:30 a.m.

Room 156, Upper Mezzanine

Moscone South

Chair:

Samidha Tripathi, M.D.

Presenters:

Payton D. Lea, M.D.

Shobhit Sharma, M.D.

All scientific sessions listed in the Scientific Program are designated for AMA PRA Category 1 Credits™, except for poster sessions and where otherwise specified.

New York and Amsterdam 400 Years Later: Sharing Insights Across the Atlantic Regarding Public Mental Health and Forensic Populations

8:00 a.m. - 9:30 a.m.

Room 204, Second Level

Moscone South

Chair:

Abhishek Jain, M.D.

Presenters:

René Zegerius

Victor Buwalda, M.D., Ph.D.

Li-Wen Lee

Overcoming Shame, Stigma and Barriers in Addressing Victims of Male Sexual Violence

8:00 a.m. - 9:30 a.m.

Room 202. Second Level

Moscone South

Chair:

Dhruv Gupta, M.D., M.S.

Presenters:

Saranyan Senthelal, M.D.

Marissa Goldberg, D.O.

Obiora Nnaji, M.D.

Peers, Clubhouses, and Psychiatry Residents: A Recovery Oriented Training Experience

8:00 a.m. - 9:30 a.m.

Room 206, Second Level

Moscone South

Chair:

Arkaprava Deb, M.D., M.P.A., M.P.H.

Presenters:

Pranav Aurora, M.D., M.Sc.

Sacha Agrawal, M.D., M.Sc.

Recovery Mapping: A Practical Method to Produce Transformative Outcomes in Team-Based Care

8:00 a.m. - 9:30 a.m.

Room 302, Third Level

Moscone South

Chair:

Paul Grant, Ph.D.

Social Media and Psychiatry: Effects of Social Media on Users, Research, Advocacy, Networking and Intervention Opportunities

8:00 a.m. - 9:30 a.m.

Room 310/311, Third Level

Moscone South

Chair:

Mariana Pinto Da Costa, M.D.

Presenters:

Victor Pereira-Sanchez, M.D., Ph.D.

Miguel Ángel Álvarez De Mon

Rosa Molina

Struggle and Solidarity: Stories of How Americans Fight for Their Mental Health Through Federal Legislation



8:00 a.m. - 9:30 a.m.

Room 203, Second Level

Moscone South

Chair:

Michael Compton, M.D.

Presenters:

Marc W. Manseau, M.D., M.P.H.

Flavio Casoy, M.D.

Jacob Michael Izenberg, M.D.

Suicidal Ideation in Teens: Treatment Beyond Inpatient Admissions

8:00 a.m. - 9:30 a.m.

Room 152, Upper Mezzanine

Moscone South

Chair:

Robert Holloway, M.D.

Presenters:

Sudhakar Shenoy, M.D.

Sohail Nibras, M.D.

Tapan Parikh

The Birth of SBIRT"h": Incorporating Harm Reduction Strategies Into the SBIRT Model



8:00 a.m. - 9:30 a.m.

Room 154, Upper Mezzanine

Moscone South

Chair:

Vineeth P. John, M.D., M.B.A.

Presenters:

Michael Weaver

Daryl Shorter, M.D.

Namrata Walia

The IMG Journey: Snapshots Across the Professional Lifespan



8:00 a.m. - 9:30 a.m.

Rooms 305/309, Third Level

Moscone South

Chair:

Muhammad Zeshan, M.D.

Presenters:

Consuelo Cagande

Naziya Hassan, M.D.

Vishal Madaan, M.D.

The Psychiatry Research Lab: A Novel Intervention to Promote and Improve Research Literacy and Advocacy in an Inner City Community Hospital

8:00 a.m. - 9:30 a.m.

Room 210, Second Level

Moscone South

Chair:

Sasidhar Gunturu, M.D.

Presenters:

Souparno Mitra, M.D.

Joshua Adam Jay, M.D.

Shalini Dutta, M.D.

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We Are All in This Together: Expanding Psychiatrists? Responsibility for Reproductive Health Post-Roe

8:00 a.m. - 9:30 a.m. Room 303. Third Level

Noom 505, mild Lev

Moscone South

Chair:

S. Therese Garrett, M.D.

Presenters:

Camila Arnaudo, M.D.

Mary Morreale, M.D.

Kathryn Gunnison, M.D.

Word to the Wise: Informing Clinical Decision Making for Psychosis Using Speech and Language Biomarkers



8:00 a.m. - 9:30 a.m.

Room 211, Second Level

Moscone South

Presenter:

Sunny X. Tang, M.D.

POSTER

Poster Session 14

8:00 a.m. - 9:30 a.m.

Hall B Foyer, Exhibition Level

Moscone South

PRESIDENTIAL SESSION

Education: An Essential Component of Consultation-Liaison Psychiatry

Academy of Consultation-Liaison Psychiatry (ACLP)

8:00 a.m. - 9:30 a.m.

Room 214, Second Level

Moscone South

Chair:

Philip Aaron Bialer

Presenters:

Scott Beach

Sandra Rackley

Nancy Byatt, D.O., M.B.A., M.S.

COURSES

Challenges and Opportunities: Forensics and Corrections: What You Need to Know

8:00 a.m. - Noon

Room 11/12, Exhibition Level

Moscone South

Directors:

Tanuja Gandhi, M.D.

Joseph Penn

Faculty:

John Northrop, M.D., Ph.D.

Clarence Watson Jr., M.D., J.D.

Patricia Ryan Recupero

Evaluation and Treatment of Sexual Dysfunctions

8:00 a.m. - Noon

Room 8, Exhibition Level

Moscone South

Director:

Waguih W. IsHak, M.D.

Imminent Suicide Risk Assessment in High-Risk Individuals Denying Suicidal Ideation or Intent: Introduction and Training

8:00 a.m. - Noon

Room 9, Exhibition Level

Moscone South

Director:

Igor I. Galynker, M.D., Ph.D.

Integrating Technology and Psychiatry

8:00 a.m. - Noon

Room 7, Exhibition Level

Moscone South

Directors:

Steven Richard Chan, M.D., M.B.A.

John Luo, M.D.

Faculty:

Darlene King, M.D.

Edward Kaftarian, M.D.

Sara Johansen, M.D.

Nishi Bhopal, M.D.

Religion/Spirituality as a Determinant of Mental Health: Assessment and Integration Into Clinical Practice

Caucus on Religion, Spirituality and Psychiatry



8:00 a.m. - Noon

Room 10, Exhibition Level

Moscone South

Director:

Alexander Moreira-Almeida, M.D., Ph.D.

Faculty:

Francis G. Lu, M.D.

Wai Lun Alan Fung, M.D.

John Raymond Peteet, M.D.

Dilip V. Jeste, M.D.

All scientific sessions listed in the Scientific Program are designated for AMA PRA Category 1 Credits™, except for poster sessions and where otherwise specified.

Program changes are posted each day in the APA Meetings App. Please see the app for the definitive program.

■ 10:30 a.m. Sessions

GENERAL SESSIONS

Advancing Mental Health Service Access Through Equity-Driven Quality Improvement Initiatives

10:30 a.m. - Noon

Room 206, Second Level

Moscone South

Chair.

Lucy Ogbu-Nwobodo, M.D., M.S.

Presenters:

Samuel Ricardo Saenz, M.D., M.P.H.

Harminder Gill

Paul Wallace

Applying EDI: Innovating to Improve Child and Adolescent Psychiatry Training in Equity, Diversity, and Inclusion Principles

10:30 a.m. - Noon

Room 214. Second Level

Moscone South

Chair:

Nikhita Singhal, M.D.

Presenters:

Nikhita Singhal, M.D.

Ayan Dey, M.D., Ph.D.

Jenny Chum, M.D.

Becoming an Advocate: Moving From Outrage to Outreach

10:30 a.m. - Noon

Room 159, Upper Mezzanine

Moscone South

Chair:

Katherine Kennedy, M.D.

Presenters:

Dionne Hart, M.D.

Jasleen Chhatwal, M.D., M.B.B.S.

Sarah Katherine Pannel, D.O.

Birth Trauma Basics: Understanding and Treating Childbirth-Related PTSD

Association of Women Psychiatrists (AWP)

10:30 a.m. - Noon

Room 155, Upper Mezzanine

Moscone South

Chair:

Christina T. Khan, M.D., Ph.D.

Presenters:

Reid Mergler, M.D.

Amanda Koire, M.D., Ph.D.

Centering Psychiatry in Multidisciplinary Chronic Disease Treatment Via Collaborative Care

10:30 a.m. - Noon

Room 156, Upper Mezzanine

Moscone South

Chair:

Katharina Hill, M.D.

Presenters:

Katharina Hill, M.D.

Ashley Nader, B.S.

Amy Pike, M.A.

Changing US Trends in Alcohol, Hallucinogens, Cannabis, and in Opioid Overdoses

10:30 a.m. - Noon

Room 154, Upper Mezzanine

Moscone South

Chair:

Dustin Graham

Presenters:

Katherine Keves

Magdalena Cerdá

Ofir Livne

Discussant:

Deborah Hasin

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Chronic Pain for the General Psychiatrist: A Review of Shared Mechanisms and Treatment Strategies



10:30 a.m. - Noon

Room 205, Second Level

Moscone South

Presenter:

Xavier Jimenez, M.D.

Moderator:

Joseph McCullen Truett, D.O.

Climate Change and Mental Health of Older Adults

10:30 a.m. - Noon

Room 307, Third Level

Moscone South

Chair:

Jason Strauss

Presenters:

Eduardo Espiridion

Rajdip Barman

Badr Ratnakaran, M.B.B.S.

Covid-19 and Higher Education Students? Well-Being: An International Approach



10:30 a.m. - Noon

Room 310/311, Third Level

Moscone South

Chair:

Tyler L. Frank, M.S.

Presenters:

Jason Jabbari, Ph.D., M.Ed.

Miriam Schiff, Ph.D., M.A., M.S.W.

Covid-19: Clinical Neuropsychiatric Manifestations in Patients and Wellness Interventions for Healthcare Workers



10:30 a.m. - Noon

Room 157, Upper Mezzanine

Moscone South

Chair:

Laura T. Safar, M.D.

Presenters:

Joseph Keating, M.D.

Smita Patel, M.D.

Erica Savino Moffatt, N.P., R.N.

Decentralized Clinical Trials: Advantages, Challenges, and Benefits for the Psychiatric Drug Development Process

10:30 a.m. - Noon

Room 209, Second Level

Moscone South

Chair:

Tapan Parikh

Presenters:

Scott Kollins

Amir Kalali

Jane Myles

Evolutionary Psychiatry: How an Evolutionary Framework Increases Patient Engagement, Treatment Effectiveness, and Clinician Wellbeing

10:30 a.m. - Noon

Room 211, Second Level

Moscone South

Chair:

Cynthia M. Stonnington, M.D.

Presenters:

Dan Stein, M.D., Ph.D.

Randolph Nesse, M.D.

Kathy Smith, M.D.

Expansion of Private Telehealth Services for Opioid Use Disorder in Rural Populations, 2020-2022

10:30 a.m. - Noon

Room 153, Upper Mezzanine

Moscone South

Chair:

M. Justin Coffey, M.D.

Presenter:

Marlene C. Lira, M.P.H.

How About a Drink? Addressing Prenatal Alcohol Exposure and FASD

10:30 a.m. - Noon

Room 158, Upper Mezzanine

Moscone South

Chair:

Sherry Ann Nykiel, M.D.

Presenter:

Omar Shah, M.D.

Impact of Social Determinants of Mental Health on Access to Care



10:30 a.m. - Noon

Room 302, Third Level

Moscone South

Chair:

Nitin Gogtay, M.D.

Presenters:

Diana Clarke, Ph.D.

Adrienne Grzenda, M.D., Ph.D.

John Torous, M.D., M.B.I.

Alison R. Hwong, M.D., Ph.D.

Implementing an Arts and Humanities Curriculum in a Psychiatry Residency: A One-Year Investigation



10:30 a.m. - Noon

Room 210, Second Level

Moscone South

Chair:

Christopher Rogers

Presenters:

Briana Tillman DO

Matthew Adamson

Christine Wahlmeier

Integrated Gender-Affirming Services in California State Prisons: Re-Thinking Our Therapeutic Interventions



10:30 a.m. - Noon

Room 301, Third Level

Moscone South

Chair:

Christine Osterhout, M.D.

Presenters:

Trisha Wallis, Psy.D.

Nicole Morrison, M.D.

Is It All in My Head? Subjective Cognitive Impairment in Neuropsychiatry

10:30 a.m. - Noon

Room 314, Third Level

Moscone South

Chair:

Omar Ghaffar, M.D.

Presenters:

Adriano Mollica, M.D.

David Eli Freedman, M.D.

Moral Injury in Healthcare Providers: What Clinicians and Hospital Leadership Can Do

7

10:30 a.m. - Noon

Room 213. Second Level

Moscone South

Chair:

Steven Paul Cuffe, M.D.

Presenters:

Lourdes P. Dale, Ph.D.

David Chesire. Ph.D.

Now Is the Time to Rethink Adolescent and Young Adult Community Mental Health Care

10:30 a.m. - Noon

Rooms 305/309, Third Level

Moscone South

Chairs:

Vanessa Vorhies Klodnick, Ph.D.

Deborah Ann Cohen, Ph.D., M.S.W.

Presenter:

Laura Stevens, L.P.C.

Optimizing Physician Learner and Provider Resilience, Engagement, Wellness and Mental Health



10:30 a.m. - Noon

Room 201, Second Level

Moscone South

Chair:

Sidney Zisook, M.D.

Presenters:

Mickey Trockel, M.D.

Sydney Ey, Ph.D.

Sidney Zisook, M.D.

Protecting Your Trainees and Your Program: How to Deal With Trainee Unprofessionalism

10:30 a.m. - Noon

Room 152, Upper Mezzanine

Moscone South

Presenters:

Ahmad Hameed, M.D.

Randon Welton, M.D.

Psychotherapy Models for Patients on Ketamine Treatment in Patients With Suicidal Risk

10:30 a.m. - Noon

Room 303, Third Level

Moscone South

Chair:

Tatiana A. Falcone, M.D.

Presenters:

Murat Altinay, M.D.

Albert Yeung, M.D.

Fernando Espi Forcen

Tales Tattoos Tell



10:30 a.m. - Noon

Room 202, Second Level

Moscone South

Chair:

John Bostwick, M.D., M.F.A.

Presenter:

Rachel Hammer, M.D., M.F.A.

The Fragmented Life: Examining Relationships Between PTSD, Nightmares, and Sleep Moving Towards Integrated Personalized Care



10:30 a.m. - Noon

Room 304, Third Level

Moscone South

Chair:

James West, M.D.

Presenters:

Francie Gabbay, Ph.D.

Peter Colvonen, Ph.D.

Patricia Spangler, Ph.D.

Mental Health of Medical Students and Medical Professionals in South Asian Countries: Challenges and Opportunities

10:30 a.m. - 12:00 p.m.

Room 212. Second Level

Moscone South

Chair:

Gautam Saha, M.D.

Presenters:

Imtiaz Ahmad

Sandeep Grover, M.D.

The Future of Patient Safety and Quality Improvement Education and Practice: A National Collaboration Among Psychiatry Residency Training Programs

American Association of Directors of Psychiatric Residency Training (AADPRT)



10:30 a.m. - Noon

Room 306, Third Level

Moscone South

Chairs:

Ray C. Hsiao, M.D.

Jacqueline A. Hobbs, M.D., Ph.D.

Presenters:

Michelle Dick. M.D.

Timothy Kreider, M.D., Ph.D.

The Future of Psychotherapy: Creating Healing Moments Instead of Waiting for Them



10:30 a.m. - Noon

Room 203, Second Level

Moscone South

Chair:

Jeffery S. Smith, M.D.

The Impact of Psychiatric Diagnoses and Treatments on Active-Duty Military Members

10:30 a.m. - Noon

Room 151, Upper Mezzanine

Moscone South

Chair:

Heather Hauck, M.D.

Presenters:

Eric G. Meyer, M.D.

Monica D. Ormeno, D.O.

Sebastian R. Schnellbacher

Trauma, Transitions, and Trajectories: Centering Youth of Color Mental Health



10:30 a.m. - Noon

Room 204. Second Level

Moscone South

Chair:

Gina Newsome Duncan, M.D.

Presenters:

David Rivera, Ph.D.

Mary Hasbah Roessel, M.D.

Marcia Liu, Ph.D.

Unleash the "Paws"itivity! Using Animal Assisted Therapy in Colleges and Universities

Caucus on College Mental Health

10:30 a.m. - Noon

Room 160, Upper Mezzanine

Moscone South

Chair:

Meera Menon, M.D.

Presenters:

LaRae Copley, M.D., Ph.D., R.Ph.

Colleen Tennyson, M.D.

Evita Singh, M.D.

PRESIDENTIAL SESSION

Collaborating With Compassion in Contemporary Medical Spaces: A Psychodynamic Seminar

American Academy of Psychodynamic Psychiatry and Psychoanalysis (AAPDPP)

10:30 a.m. - Noon

Room 308. Third Level

Moscone South

Chair:

Joanna E. Chambers, M.D.

Presenters:

Joseph Rasimas, M.D.

Danielle Patterson, M.D.

Jeffrey W. Katzman, M.D.

■ 1:30 p.m. Sessions

GENERAL SESSIONS

A Silent Disease: Looking at Chronic Pain in Children



1:30 p.m. - 3:00 p.m.

Room 304, Third Level

Moscone South

Chair:

Grace Ibitamuno, Ph.D.

Presenters:

Christine Kim, M.D.

Victor Mensah, M.D.

William Zempsky, M.D., M.P.H.

 An Update on Anxiety Disorders and Their Treatment



1:30 p.m. - 3:00 p.m.

Room 205, Second Level

Moscone South

Chair:

Mark H. Rapaport, M.D.

Moderators:

Edmond H. Pi. M.D.

John Luo, M.D.

Anti-AAPI+ Racism: Coalition Building and Healing Our Communities and Workforce



1:30 p.m. - 3:00 p.m.

Room 308, Third Level

Moscone South

Chair:

Adam Chan

Presenters:

Teresa T. Lee

Robert Hsiung

Dementia or Primary Psychiatric Disorder? Early Diagnosis and Treatment of Neurocognitive Disorders in the Psychiatric Setting



1:30 p.m. - 3:00 p.m.

Room 157, Upper Mezzanine

Moscone South

Chair:

Vineeth P. John, M.D., M.B.A.

Presenters:

Marsal Sanches

Amanda Actor, M.D.

Lokesh Shahani, M.D.

Demystifying Disaster Psychiatry: What Can District Branches Do?

1:30 p.m. - 3:00 p.m.

Room 151, Upper Mezzanine

Moscone South

Chair

Leslie Gise. M.D.

Presenters:

Giuseppe J. Raviola, M.D.

Danielle Chang, M.D.

S. Therese Garrett, M.D.

Diagnosing Schizophrenia in the 21st Century: Natural Language Processing as an Emerging Biomarker



1:30 p.m. - 3:00 p.m.

Room 203, Second Level

Moscone South

Chair:

Marlon Danilewitz, M.D.

Presenters:

Michael J. Spilka, Ph.D.

Justin Baker, M.D., Ph.D.

Sunny X. Tang, M.D.

Focused Brief Group Therapy: An Integrative Interpersonal Process Group Approach Using Measurement Based Care

1:30 p.m. - 3:00 p.m.

Room 160, Upper Mezzanine

Moscone South

Chair:

Martyn Whittingham

Presenter:

Meenakshi Denduluri, M.D.

Gender-Affirming Psychiatric Care: Discussion and Preview of Forthcoming APA Textbook



1:30 p.m. - 3:00 p.m.

Room 159, Upper Mezzanine

Moscone South

Chair:

Teddy G. Goetz, M.D., M.S.

Presenters:

Alex S. Keuroghlian, M.D., M.P.H.

Hyun-Hee Kim, M.D.

Informing and Empowering Providers to Have Difficult Conversations: Goals of Care in Mental Health

1:30 p.m. - 3:00 p.m.

Room 301, Third Level

Moscone South

Chair.

Christine DeCaire. M.D.

Presenters:

Carole Filangieri

Sophia Mikityanskiy, D.O.

Samantha Lichtschein

Life in ACEs: An Interactive Experience to Teach About Social Determinants of Health



1:30 p.m. - 3:00 p.m.

Room 152, Upper Mezzanine

Moscone South

Chair:

Paul J. Rosenfield, M.D.

Presenters:

Tomas Felipe Restrepo Palacio, M.D.

Arifa Zaidi, M.D.

Susan Kim, M.D.

Lifestyle Interventions for Mental Health: Drugs Are Not Everything



1:30 p.m. - 3:00 p.m.

Room 156, Upper Mezzanine

Moscone South

Chair:

Anna Szczegielniak, M.D., Ph.D., M.Sc.

Presenters:

Mariana Pinto Da Costa, M.D.

Victor Pereira-Sanchez, M.D., Ph.D.

Aditi Agrawal

Management of Patients Who Repeatedly Ingest Foreign Objects

1:30 p.m. - 3:00 p.m.

Room 201, Second Level

Moscone South

Chair:

Kenneth Michael Certa M.D.

Presenters:

Zachary Certa, M.D.

Marissa L. Beal, D.O.

Kathleen C. Dougherty, M.D.

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My Head Hurts! Migraines, Misery, and Mental Health-a Case for Diagnosing and Treating Co-Morbid Headache Disorders

1:30 p.m. - 3:00 p.m.

Room 213, Second Level

Moscone South

Chair:

Mia T. Minen, M.D., M.P.H.

Presenters:

Mia T. Minen, M.D., M.P.H.

Melinda Thiam, M.D.

Lex Denysenko, M.D.

Networking Your Way Into a Research Career

Resident, Fellow and Medical Student Track Featured Session



1:30 p.m. - 3:00 p.m.

Room 306, Third Level

Moscone South

Chair:

Maryland Pao, M.D.

Presenters:

Olusola Ajilore, M.D., Ph.D.

Sarah Lisanby, M.D.

New Tech-New Treatments-New Psychiatrists



1:30 p.m. - 3:00 p.m.

Room 153, Upper Mezzanine

Moscone South

Chair:

Saba Afzal

Presenters:

Amir Elsamadisi

Harsh Patel

Wasib Malik

"No One Leaves Home Unless Home Is the Mouth of a Shark": Collaborating to Advance the Emotional Health of LGBTQ Individuals in Crisis Zones

1:30 p.m. - 3:00 p.m.

Room 214, Second Level

Moscone South

Chair:

Omar Fattal, M.D., M.P.H.

Presenter:

Joanne Ahola, M.D.

Phenomenology of Identity: Mobilizing Narrative Medicine Towards the Care of Eating Disorders

1:30 p.m. - 3:00 p.m.

Room 314, Third Level

Moscone South

Chair:

Laila Knio, M.D., M.S.

Presenters:

Laila Knio, M.D., M.S.

Harini Sridhar, M.S.

Seeking Euphoria: Trauma, Addiction, and the Family Structure

1:30 p.m. - 3:00 p.m.

Room 303, Third Level

Moscone South

Chair:

Marcus Hughes

Presenters:

Camila Haynes

Kanya Nesbeth, M.D.

Yushekia Woodford

Shared Care: The Integration of Alcohol-Associated Organ Damage and Psychiatric Care

U.S. National Institute on Alcohol Abuse and Alcoholism (NIAAA)



1:30 p.m. - 3:00 p.m.

Room 211, Second Level

Moscone South

Chair:

Laura Nagy, Ph.D.

Presenters:

Arun Sanyal, M.D.

Anne Fernandez, Ph.D.

Mandana Khalili, M.D.

Sylvia the Wood Nymph: A Documentary Film on Dissociative Identity Disorder and BarriERs to Research, Treatment and Acceptance of Childhood Sexual Abuse

1:30 p.m. - 3:00 p.m.

Room 209, Second Level

Moscone South

Chair:

Timothy David Brewerton, M.D.

Discussants:

Robyn Hussa Farrell, M.F.A.

Tim Farrell, B.A.

Telepsychiatry in Residency Training: Lessons Learned, Value as Standard Curriculum, What Residents Want, and Where We Go From Here



1:30 p.m. - 3:00 p.m.

Room 158, Upper Mezzanine

Moscone South

Chair:

Alec Kinczewski, M.D.

Presenters:

Kimberlyn Baig-Ward, M.D.

Logan Noone, D.O.

 The Impact of Sleep, Fatigue, and Circadian Misalignment in Special Populations: Medical Education, Military, and Public Safety

1:30 p.m. - 3:00 p.m.

Room 154 Upper Mezzanine

Moscone South

Chair:

Connie L. Thomas, M.D.

Presenters:

Adam Bumgardner, M.D.

Meghan E. Quinn, M.D.

Ava Lynn, M.D.

To Look or Not to Look: Vicarious Trauma From Reviewing Graphic Images



1:30 p.m. - 3:00 p.m.

Rooms 305/309. Third Level

Moscone South

Chair:

Raina Aggarwal, M.D.

Presenters:

Maya Prabhu

Charles Dike. M.D.

Kathryn Thomas

Trying to Prevent the "Fall Off the Cliff": Implementing Collaborative Care for the Good of All in College Health



1:30 p.m. - 3:00 p.m.

Room 155, Upper Mezzanine

Moscone South

Lisa M. Frappier, D.O.

Presenters:

Michael D. Wolfe, M.D.

Lisa M. Frappier, D.O.

Samantha Cerimele, M.D.

What Does It Take to Implement Collaborative Care in Resource-Constrained Settings: Generalizable Lessons From Diverse Settings in Rural Nepal

1:30 p.m. - 3:00 p.m.

Room 302, Third Level

Moscone South

Chair:

Bibhav Acharya, M.D.

Presenters:

Pragya Rimal

Raj Kumar Dangal, M.D.

James Jackson

■ 3:45 p.m. Sessions

GENERAL SESSIONS

A Patient Centered Research Road Map to Inform the Clinical Practice of Bipolar Disorder

3:45 p.m. - 5:15 p.m.

Room 303, Third Level

Moscone South

Chair:

Mark Frye, M.D.

Presenters:

Mark Frve. M.D.

Philip Wang, M.D.

Advances in Non-Invasive Neuromodulation: Exploring rTMS and SAINT for the Treatment of Psychiatric Disorders



3:45 p.m. - 5:15 p.m.

Room 205, Second Level

Moscone South

Presenter:

Nolan Williams, M.D.

Moderators:

Ron M. Winchel, M.D.

John Luo, M.D.

Back to the Future: A Dynamic Structural Framework of Migration and Mental Health



3:45 p.m. - 5:15 p.m.

Room 159, Upper Mezzanine

Moscone South

Chair:

Pamela Montano, M.D.

Presenters:

Olivia Shadid, M.D.

Natan Vega Potler

Battle-Tested Meditation: Military Psychiatric Approach to Meditation and Spirituality and Translating the Knowledge Gained to the Civilian Practice



3:45 p.m. - 5:15 p.m.

Room 203, Second Level

Moscone South

Chair:

Bhagwan A. Bahroo, M.D.

Presenters:

Daniel C. Hart, M.D.

Kellin Keith Mair, D.O.

Michael McCarthy, M.D.

Behavioral Health Practice Managed Services Organizations (MSO): Addressing Access to Quality Care for Consumers, Payers, and Providers

3:45 p.m. - 5:15 p.m.

Room 152, Upper Mezzanine

Moscone South

Chair:

Yavar Moghimi, M.D.

Presenters:

Kathleen Coughlin

Kyle Talcott

Julian Cohen

Borderline Adolescents: Therapeutic Innovation, Collaboration With Families, Motivation of Caregivers

3:45 p.m. - 5:15 p.m.

Room 154, Upper Mezzanine

Moscone South

Chair:

Maurice Corcos, M.D., Ph.D.

Presenters:

Marion Robin

Alexandra Pham-Scottez

Jean Belbeze

Bringing Recovery to College Mental Health



3:45 p.m. - 5:15 p.m.

Room 306, Third Level

Moscone South

Chair:

Mark Ragins, M.D.

Creating Psychodynamic Psychiatrists



3:45 p.m. - 5:15 p.m.

Room 209, Second Level

Moscone South

Chair:

Sherry Katz-Bearnot, M.D.

Presenters:

Erin M. Crocker, M.D.

Timothy Sullivan, M.D.

Randon Welton, M.D.

Diagnosing and Treating Internet Gaming Disorder (IGD): An Interdisciplinary and Inter-Specialty Approach

3:45 p.m. - 5:15 p.m.

Room 153. Upper Mezzanine

Moscone South

Chair:

Ramon Solhkhah, M.D.

Presenters:

James Sherer

Lauren Kaczka-Weiss M.D.

Daniel Weiner, M.D.

Emotional Support Animals: What Psychiatrists Need to Know

3:45 p.m. - 5:15 p.m.

Room 151, Upper Mezzanine

Moscone South

Chair:

Ariana Nesbit, M.D.

Presenters:

Meera Menon, M.D.

Kathryn Ridout

Charles Dike, M.D.

From Collaboration to Innovation: How Two Local Hospitals Are Working Together to Provide Physicians Access to Barrier-Free Mental Healthcare



3:45 p.m. - 5:15 p.m.

Room 213, Second Level

Moscone South

Chair:

Joseph David Varley, M.D.

Presenters:

Christina M. Rowan, Ph.D.

Dimitrios Tsatiris, M.D.

Angela Miller, Ph.D., M.P.H.

"I'd Rather Die Than Eat" an Examination of Ethicolegal Conflict in Three Cases of Severe Anorexia Nervosa



3:45 p.m. - 5:15 p.m.

Room 304, Third Level

Moscone South

Chair:

Lauren Ashley Schmidt, M.D.

Presenters:

Gabriel Jerkins

Nadia Surexa Cacodcar, M.D.

Lauren Ashley Schmidt, M.D.

Identifying Ageism: Moving Towards Addressing Gaps in Mental Health Care for Older Adults

Council on Geriatric Psychiatry

3:45 p.m. - 5:15 p.m.

Room 156, Upper Mezzanine

Moscone South

Chair:

Daniel Carl Dahl, M.D.

Presenters:

Badr Ratnakaran, M.B.B.S.

Karen Dionesotes, M.D., M.P.H.

Margaret Wang, M.D.

Innovative Care Pathways: Integrating Equitable Screening and Treatment for Substance Use Disorders in Primary Care



3:45 p.m. - 5:15 p.m.

Room 314, Third Level

Moscone South

Chair:

Lorin M. Scher, M.D.

Presenters:

Gina Rossetti

Jeremy DeMartini, M.D.

Annabelle Ostrander, M.H.A.

Involuntary Celibates (Incels), Violence and Mental Disorder: Recommendations for Best Practice in Risk Assessment and Clinical Intervention

3:45 p.m. - 5:15 p.m.

Room 201, Second Level

Moscone South

Chair:

Jonathan Hafferty

Presenters:

Alexander Westphal

Damon Parsons

Josephine Broyd

Mental Health Meets Social Innovation: The How Matters

3:45 p.m. - 5:15 p.m.

Room 211, Second Level

Moscone South

Chair:

Rick Peter Fritz Wolthusen, M.D.

Presenter:

Paul Andrä

Discussants:

Julia Kirsten

Gordon Adomdza

Navigating Complex Systems of Care for Individuals With Intellectual and Developmental Disabilities: A Systems Approach for Treatment in New York City

3:45 p.m. - 5:15 p.m.

Room 158, Upper Mezzanine

Moscone South

Chair:

Scott Stiefel

Presenters:

Jennifer Morrison-Diallo, Ph.D.

Stefon Smith

Precision Psychiatry: Perspectives, Pitfalls, and Possibilities



3:45 p.m. - 5:15 p.m.

Room 157, Upper Mezzanine

Moscone South

Chair:

Aria Ghahramani

T.H.I.N.K. Resiliently: Utilizing the 12 Steps to Overcome Difficulties



3:45 p.m. - 5:15 p.m.

Room 302, Third Level

Moscone South

Chair:

Alan Heide

The Consequence and Causes of Trauma and Violence Exposure in Children: Complex Pathways, Complicated Solutions, and an Urgent Call for Action

3:45 p.m. - 5:15 p.m.

Room 160, Upper Mezzanine

Moscone South

Chair:

Stacy Drury, M.D., Ph.D.

This American Psychiatric Life: Podcasting for Psychiatrists

3:45 p.m. - 5:15 p.m.

Room 308, Third Level

Moscone South

Chair:

Blake Novy

Presenters:

Matthew Yung

Kierstin Utter

Nina Bihani

Through the Wire: An Exploration of Sequential Intercept Mapping

3:45 p.m. - 5:15 p.m.

Rooms 305/309, Third Level

Moscone South

Chair:

Marcus Hughes

Presenters:

Omotola Ajibade

Marcus Hughes



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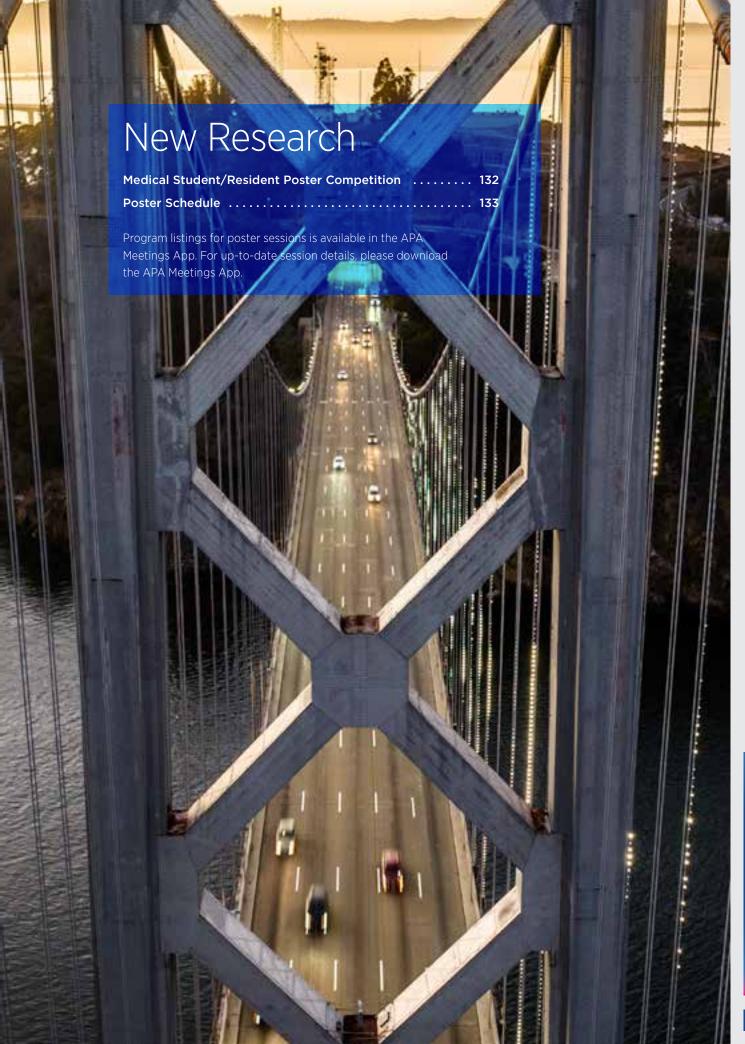
Monday, May 22 7:00 PM 10:00 PM

San Francisco Museum of Modern Art

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Please visit us and learn more at our exhibit booths

Location	Friday, May 19	Saturday, May 20	Sunday, May 21	Monday, May 22	Tuesday, May 23
APA Assembly	10:00 AM - 6:00 PM	8:00 AM - 12:00 PM	Closed	Closed	Closed
APA Central, Exhibit Halls A-C, Exhibition Level, Moscone South	Closed	11:45 AM-4:00 PM & 5:30-6:30 PM	9:15 AM-4:00 PM	9:15 AM-4:00 PM	9:15 AM-1:30 PM



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MEDICAL STUDENT/RESIDENT POSTER COMPETITION

The Medical Student/Resident Poster Competition is an APA Annual Meeting tradition that allows residents and medical students to attend the meeting, present their research, and be recognized for quality work.

Eligible participants submitted abstracts for posters in five categories: Clinical Case Studies, Psychosocial and Biomedical Research Projects, Patient-Oriented Care and Epidemiology, Community Development and Service Projects, and Curriculum Development and Educational Projects. Submitted abstracts were evaluated by a panel of judges from the Scientific Program Committee. All winners have already been selected and will be announced on Sunday, May 21 at 10:00 AM at the Mental Health Innovation Zone in Hall A Foyer. All are welcome to attend the award ceremony.



Poster Schedule

Explore 1,000 poster presentations on a variety of topics from Diversity and Health Equity to Global, Political, and Social Issues and more, in San Francisco. Attendees can view each poster and interact directly with presenters. The poster program is divided into eight sessions based on submission type (e.g., Medical Student/Resident Poster Competition, International and New Research).

Please see below for the date and time of each poster session:

SATURDAY, MAY 20

10:30 a.m. - Noon 1:30 p.m. - 3:00 p.m. 3:45 p.m. - 5:15 p.m.

SUNDAY, MAY 21

8:00 a.m. - 9:30 a.m. 10:30 a.m. - Noon 1:30 p.m. - 3:00 p.m. 3:45 p.m. - 5:15 p.m.

MONDAY, MAY 22

8:00 a.m. - 9:30 a.m. 10:30 a.m. - Noon 1:30 p.m. - 3:00 p.m. 3:45 p.m. - 5:15 p.m.

TUESDAY, MAY 23

8:00 a.m. - 9:30 a.m. 10:30 a.m. - Noon 1:30 p.m. - 3:00 p.m. 3:45 p.m. - 5:15 p.m.

WEDNESDAY, MAY 24

8:00 a.m. - 9:30 a.m.

VIEW FULL PROGRAM ONLINE

The full poster program is available online or through the APA Meetings App.

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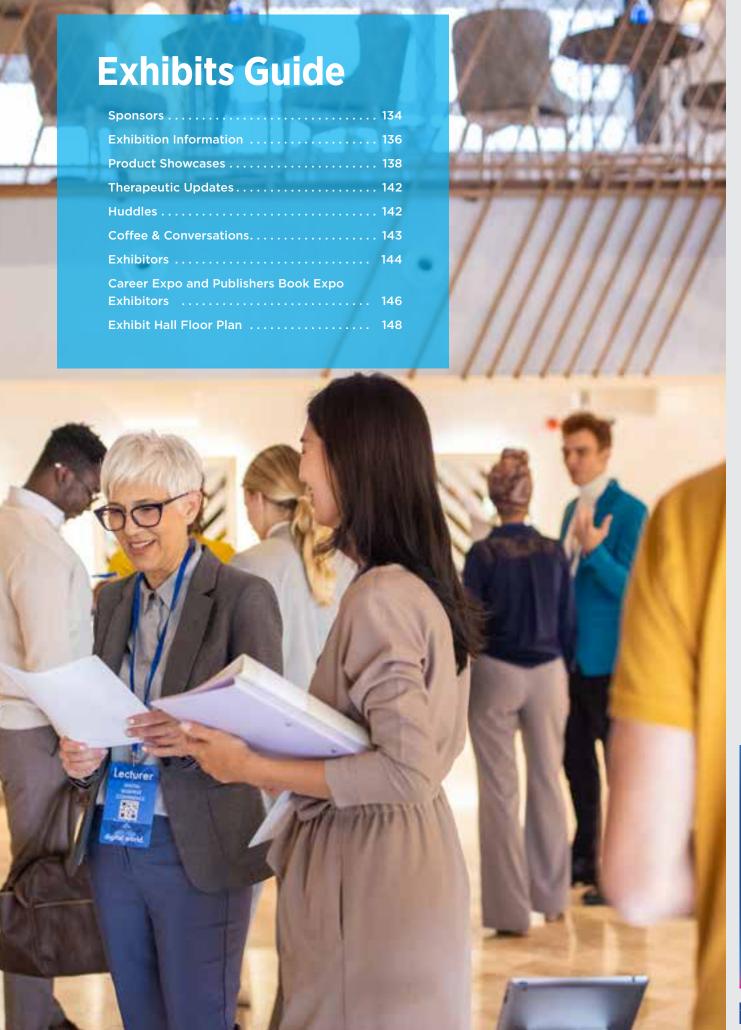












Exhibition Information

Located in Exhibit Halls A-C, Exhibition Level of Moscone South.

The APA exhibits program is an integral part of the overall Annual Meeting and provides an excellent opportunity for meeting registrants to obtain the latest information on products and services related to the psychiatric profession. Make time in your daily schedule to visit the exhibits.

Here is what's in store for you when you visit the exhibition:

- 1. More than 200 exhibitors offering the latest developments in technology, solutions and services
- 2. The ultimate networking hub to mingle with your colleagues
- 3. Lounge areas to: The Stage and The Mind & Body Pavilion
- 4. Product Showcases sessions given by industry leaders
- 5. Complimentary snacks during the Mid-Day Mingles

The Sunshine Act and How It Affects You

The Physician Payment Sunshine Act is a federal law that requires pharmaceutical and device manufacturers under certain circumstances to publicly report any complimentary gift, food, beverage, non-CME certified education or other item of value given to physicians. Some of the food, product theaters and trinkets that may be available to you at this meeting have been sponsored by companies that may be required to report your receipt of that gift. The APA recommends that you ask the person providing the complimentary item whether your name will be reported under the Act before accepting complimentary products or food so that you can make an independent and educated decision to accept or not accept it.

Show Days & Times

SATURDAY, MAY 20

11:45 a.m. - 4:00 p.m.

Mid-Day Mingle 11:45 a.m. – 1:30 p.m.

SUNDAY, MAY 21

9:15 a.m. - 10:30 a.m. 11:45 a.m. - 4:00 p.m.

Mid-Day Mingle 11:45 a.m. - 1:30 p.m.

MONDAY, MAY 22

9:15 a.m. - 10:30 a.m. 11:45 a.m. - 4:00 p.m.

Mid-Day Mingle 11:45 a.m. - 1:30 p.m.

TUESDAY, MAY 23

9:15 a.m. - 1:30 p.m. 11:45 a.m. - 1:30 p.m.

Mid-Day Mingle 11:45 a.m. - 1:30 p.m.

Exhibition Information

Publishers Book Expo

Major publishers and book sellers, including APA Publishing, are located in this designated area. Participating companies are selling and taking orders for new and current professional books in the field of psychiatry.

Career Expo

Exhibitors in this area include government agencies, hospitals, locum tenens, mental health clinics, psychiatric facilities and recruiters seeking psychiatrists to fill open positions. Find **APA JobCentral**, the career hub for psychiatry and ultimate recruitment tool for employers and job seekers alike, located in APA Central, next to the APA Bookstore.

Mind and Body Pavilion

Focus on self care and well being in three areas to Calm, Create, and Challenge. In the "Calm" area, get a massage with a licensed massage therapist trained to address tension areas in the upper body. In the "Create" area, paint selected works of art . In the "Challenge" area, compete for the win at giant Jenga, Connect Four and Corn Hole games.

Endorsements

Products and services displayed in the Exhibit Hall occur by the contractual arrangement between the American Psychiatric Association and participating companies. This arrangement does not constitute or imply an endorsement by the American Psychiatric Association of these products or services.

Exhibit Hall Activities

- ► The full Exhibit Hall opens Saturday, May 20.
- Mid-Day Mingles to meet exhibitors. Snacks available throughout the Exhibit hall. Saturday, May 20 Tuesday, May 23 11:45 a.m.- 1:30 p.m.

APA Bookstore

Book Signings at APA Bookstore **Monday, May 22**

Bestselling Authors: **Heather McGhee** 12:15 p.m. - 12:45 p.m.

Beth Macy

3:15 p.m. - 3:45 p.m.



Product Showcases

Fifteen (15) Product Showcases, supported by pharmaceutical companies exhibiting at the meeting, will be held this year. These promotional programs are being held as an extension of the Exhibit Hall. Seating is limited to 225, on a first-come basis. They are 60-minute promotional programs, and CME credit is not provided. The programs will be held in a theater in Exhibit Halls A-C, Exhibition Level, Moscone Convention Center Saturday-Tuesday. A boxed breakfast, lunch, or snack is provided (as approved by the presenting company). Look for signs announcing the presenters and topics in the Convention Center, Exhibit Hall and at the product showcases. Supporters of these sessions include AbbVie, Alkermes, Axsome Therapeutics, Boehringer Ingelheim U.S, Idorsia Pharmaceuticals, US Inc., Intra-Cellular Therapies, Karuna Therapeutics, MAPS Public Benefit Corporation, Otsuka Pharmaceutical Development & Commercialization, Inc., Sage Therapeutics, Inc., & Biogen Inc., Sunovion Pharmaceuticals Inc., and TEVA.

These sessions are covered by the Physician Payment Sunshine Act, and physicians attending will be required to provide their identifying information for public reports.

LOCATIONS/SCHEDULE

Exhibit Halls A-C Exhibition Level Moscone Center

Sunday - Tuesday

Product Theater 1 (Booth #130)

Product Theater 2 (Booth #2331)

SATURDAY, MAY 20

11:00 a.m. - Noon

Product Theater 1 (Booth #130)
Supported by TEVA

Discover the Difference With a New LAI for the Treatment of Schizophrenia

Presenter:

Leslie Citrome, M.D.

Noon - 1:00 p.m.

Product Theater 2 (Booth #2331)
Supported by Karuna Therapeutics

Forging a New Path: Targeting Muscarinic Receptor Circuits in Schizophrenia

Presenter:

Andrew Cutler, M.D.
Clinical Associate Professor of
Psychiatry, SUNY Upstate Medical
University; Chief Medical Officer,
Neuroscience Education Institute,
working remotely from Lakewood
Ranch, FL

SATURDAY, MAY 20

2:00 p.m. - 3:00 p.m.

Product Theater 1 (Booth #130)
Supported by TEVA

Guiding the S.C.O.P.E.™ of Schizophrenia Care Forward Through Interactive Digital Education for Clinicians

Presenters:

John Kane, M.D. Leslie Citrome, M.D., MPH Christoph Correll, M.D. Jose Rubio, M.D.

3:00 p.m. - 4:00 p.m.

Product Theater 2 (Booth #2331)

Supported by Otsuka Pharmaceutical Development & Commercialization, Inc.

The Potential of Digital
Therapeutics for the Treatment of
Depression

Presenter:

Sandeep Vaishnavi, M.D., Ph.D.

SUNDAY, MAY 21

9:30 a.m. - 10:30 a.m.

Product Theater 1 (Booth #130)
Supported by AbbVie

Adjunctive Treatment for Major Depressive Disorder in Adults

Presenter:

Rakesh Jain, M.D., Clinical Professor, Department. of Psychiatry, Texas Tech University School of Medicine; Private Practice, Austin, TX

Noon - 1:00 p.m.

Product Theater 2 (Booth #2331)
Supported by TEVA

AUSTEDO XR: Clinical Considerations Across a Patient's Journey with TD

Presenters:

Craig Chepke, M.D. Leslie Citrome, M.D.

Product Showcases

SUNDAY, MAY 21

1:00 p.m. - 2:00 p.m.

Product Theater 1 (Booth #130)

Supported by Sunovion
Pharmaceuticals Inc. and Otsuka
Pharmaceutical Development &
Commercialization, Inc.

A Potential New TAARget for Schizophrenia Treatment: The Science Behind TAAR1

Presenters:

Leslie Citrome, M.D., MPH
Clinical Professor, Department of
Psychiatry and Behavioral Sciences
New York Medical College, Valhalla,
NY; Paid Consultant of Sunovion
Pharmaceuticals Inc. and Otsuka
Pharmaceutical Development &
Commercialization, Inc.

Andrew J. Cutler, M.D.
Clinical Associate Professor of
Psychiatry; SUNY Upstate Medical
University; Chief Medical Officer
Neuroscience Education Institute

2:00 pm - 3:00 p.m.

Product Theater 2 (Booth #2331)

Supported by Boehringer Ingelheim U.S. Tackling Borderline Personality Disorder

Presenters:

Mark Zimmerman, M.D. Blaise Aguirre, M.D. Brandon Marshall Patient Advocate

3:00 p.m.- 4:00 p.m.

Product Theater 1 (Booth #130)

Supported by Idorsia Pharmaceuticals, US, Inc.

Redefining the Treatment of Insomnia

Presenter:

Vidhya Selvaraj, M.D. Founder, Omaha Insomnia and Psychiatric Services, Omaha, NE

MONDAY, MAY 22

9:30 a.m. - 10:30 a.m.

Product Theater 1 (Booth #130)
Supported by Alkermes

Learn More About This Long-Acting Injectable Option for Schizophrenia Treatment in Adults

Presenter:

Andrew Cutler, M.D.
Chief Medical Officer, Neuroscience
Educational Institute, Carlsbad, CA;
Clinical Associate Professor of
Psychiatry, SUNY Upstate Medical
University, Syracuse, NY

Noon - 1:00 p.m.

Product Theater 2 (Booth #2331)

Sage Therapeutics, Inc., & Biogen Inc.

Patient Goals vs Real World Considerations: How do we help patients with depression get the care they need?

Presenters:

Gustavo Alva, M.D., DFAPA Andreas Reif, M.D.

1:00 p.m. - 2:00 p.m.

Product Theater 1 (Booth #130)
Supported by Axsome Therapeutics

Beyond the Monoamine Hypothesis: A Glutamatergic Approach to Treating Major Depressive Disorder Presenters:

lan Melnick M.D. Gustavo Alva, M.D.

2:00 p.m. - 3:00 p.m.

Product Theater 2 (Booth #2331)

Supported by Boehringer Ingelheim U.S.

The Expanding Role of Digital Therapeutics in Psychiatry

Presenters:

Lisa Marsch, Ph.D. Danial Fulford, Ph.D.

MONDAY, MAY 22

3:00 pm - 4:00 pm

Product Theater 1 (Booth #130)
Supported by Intra-Cellular Therapies

Clinical Perspectives on Bipolar I and Bipolar II Depression, and a Treatment Option

Presenter:

Vladimir Maletic, M.D., M.S. Clinical Professor of Psychiatry in Behavioral Sciences, University of South Carolina, School of Medicine, Greenville, SC

TUESDAY, MAY 23

Noon - 1:00 pm

Product Theater 2 (Booth #2331)

MAPS Public Benefit Corporation

Is it Time to Rethink Our Approach to PTSD? Exploring Novel Modalities Through Investigational Research Presenters:

Charles B. Nemeroff, M.D., Ph.D.
Matthew P. Nemeroff Professor and
Chair, Department of Psychiatry and
Behavioral Sciences; Co-Director
Center for Psychedelic Research
and Therapy; Director, Institute of
Early Life Adversity Research; Dell
Medical School; The University of
Texas at Austin; President, Anxiety
and Depression Association of
America (ADAA)

Barbara O. Rothbaum, Ph.D., ABBPP Professor in Psychiatry, Director, Veterans Program and the Trauma and Anxiety Recovery Program; Paul A. Janssen Chair in Neuropsychopharmacology Associate Vice Chair of Clinical Research



The Mental Health Services Conference brings together the whole team caring for those with mental illness, including practicing psychiatrists, resident and fellow physicians, nurse practitioners, primary care physicians, social workers, and more, to collaborate on practical advice to influence systems-level change for their patients.

The conference also includes plenary sessions on psychopharmacology and addictions, and a special leadership track for trainees.

Experience engaging discussions and gain new insights into topics such as:

- Psychopharmacology and addictions
- Neurobiology of addictions
- 988 and the future of community care
- · New technologies in mental health care
- · Providing gender-affirming care
- Mental health care leadership
- And much more!



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nimh.nih.gov/training Research training and career development opportunities



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Therapeutic Updates

Therapeutic Updates are two-hour informational programs held as an extension of the Exhibit Hall. They feature presentations by thought leaders in therapeutic areas.

CME Credit is not provided for these programs.

Attendees must be registered for the Annual Meeting, and the meeting badge is required for admittance. The Information presented does not represent any endorsement by the American Psychiatric Association of any company or product.

Therapeutic Updates are covered by the Physician Payment Sunshine Act, and physicians attending will be required to provide their identifying information for public reports.

Huddles

Huddles are 30-minute sessions hosted by sponsors on various topics. CME Credit is not provided for these programs.

Huddle sessions are covered by the Physician Payment Sunshine Act and physicians attending will be required to provide their identifying information for public reports.

LOCATION:

The Stage (Booth 859)

Exhibit Halls A-C Exhibition Level

Moscone Center

SATURDAY, MAY 20

7:30 p.m. - 9:30 p.m.

Continental Ballroom 4/5/6

Hilton San Francisco Union Square

Supported by Otsuka America Pharmaceutical, Inc. and Lundbeck

Agitation Associated with Alzheimer's Dementia: Experts Discuss Treatment Considerations and Current Guidelines

Presenters:

Gustavo Alva, M.D. George Grossberg, M.D.

SUNDAY, MAY 21

12:15 p.m. - 12:45 p.m.

The Stage (Booth #859)

Supported by Ironshore Pharmaceuticals Inc.

What Have We Learned About Evening Administration of ADHD Medication?

Presenters:

James Anderson, M.D. Maitri Patel, M.D.

MONDAY, MAY 22

12:15 p.m. - 12:45 p.m.

The Stage (Booth #859)

Supported by TEVA

IMPACT-TD: A novel tool to assess the true story of the impact of TD in our patients

Presenter:

Richard Jackson, M.D.

Coffee & Conversations

Join thought leaders and experts as they present 30-minute talks on engaging, timely topics over a cup of coffee (served at selected times). There is no CME Credit provided.

LOCATION:

The Stage (Booth 859)

Exhibit Halls A-C, Exhibition Level

Moscone Center

SATURDAY, MAY 20

1:00 p.m. to 1:30 p.m.

SMI is NOT a CRIME: Decriminalize Mental Health and Substance Use Disorders Through Our Justice Programming Efforts

Presenters:

Joy Lloyd-Montgomery, MPH Michael Champion, M.D.

3:15 p.m. - 3:45 p.m.

Get Involved: You Are APA's Future

Presenter:

Josepha Cheong, M.D.

SUNDAY, MAY 21

9:45 a.m. - 10:15 am Mental Illness in Families of Mental Health Providers

Presenter:

Steven S. Sharfstein, M.D.

1:00 p.m. -1:30 p.m. Practical Steps to Psychological Wellness

Presenter:

Tiffani Bell, M.D.

SUNDAY, MAY 21

3:15 p.m. - 3:45 p.m. Creating an Environment to Talk About Mental Health

Presenter:

Gregory Scott Brown, M.D.

MONDAY, MAY 22

9:45 a.m. - 10:15 am

CV and Interview Preparation

Presenter:

HCA Healthcare
(No coffee served)

1:00 p.m. - 1:30 p.m.

Administrative and Leadership Challenges in Psychiatry

Presenter:

Tobias Wasser, M.D.

3:15 p.m. - 3:45 p.m.

Wellness - Physician "Burnout"

Presenter:

Michael A. Flaum, M.D.

TUESDAY, MAY 23

9:45 a.m. - 10:15 a.m.

Ezra E. H. Griffith's Race &
Excellence and Its Connection to
Chester Pierce: The Conflating of
Chet's Life and Mine

Presenter:

Ezra E. H. Griffith, M.D.

12:15 p.m. - 12:45 p.m.

A Fast Track to Success: APA Foundation Fellowships

Presenters:

Vedrana Hodzic, M.D. German Velez, M.D. Christian Sosa

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Exhibit Hall Floor Plan





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Join APA in New York City next year from **May 4-8**. Registration opens in early 2024.

Housing

Housing is now open. Stop by the Housing desk in the Lobby, Moscone South, near the APA Information Center or visit psychiatry.org/annualmeeting.





Your voice is needed.

APA Congressional Advocacy Network (CAN)

Mental health is in the headlines every day-but when policymakers don't understand psychiatry's role and importance, they risk passing laws and regulations that hurt your patients and your practice.

APA CAN empowers member psychiatrists to connect with members of Congress and speak on behalf of the APA on mental health issues.

You are psychiatry's best advocate for parity enforcement, fair reimbursement, and a health care system that values mental health. Your voice is needed in these debates. You'll be provided the resources and guidance you need to be effective.

Are you in?

APA Members can visit us at our booth in **APA Central** in the Exhibit Hall, and at **psychiatry.org/advocacy**.



Learn more with APA's : Virtual Summer Courses

- Presented Online Summer 2023
- 5 Courses Available
- 4 CME per Course

APA's 2023 Virtual Summer Courses are four-hour, clinically-focused content allowing participants to learn from and amongst their peers with instruction from leading experts on important topics in mental health care.

Each virtual course starts with an interactive, self-paced module, after which participants meet with the faculty experts for virtual skill building instruction that includes live case presentations, breakout groups, and more.

- » Psychiatrists as Leaders
- » Brief Supportive Psychotherapy for Depression
- Mind-Body Treatments for Global Mental Health and Provider Self-Care: Mass Disasters, Refugees, and PTSD - Experiential Training and Lecture
- » Lifestyle Psychiatry for Optimal Performance and Mental Health
- » Does rTMS Work for That? A Practical Clinical Update on Latest Advances and When to Refer



psychiatry.org/VirtualCourses

In support of improving patient care, the American Psychiatric Association is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The APA designates the Virtual Summer courses for a maximum of 4 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Psychiatrists as Leaders

May 30, 2023

Live Session Date: June 9, 2023, 1:00 - 2:00 p.m. ET

Course Faculty:

Tobias Wasser, M.D.; Luming Li, M.D., M.H.S.; Victor Buwalda, M.D., Ph.D.; James Rachal, M.D. and Manish Sapra, M.D.

CME Offered:

4 AMA PRA Category 1 Credits™.

Learning Objectives:

- » Identify various components of leadership in psychiatry
- » Outline important career dynamics to consider when presented with leadership opportunities in psychiatry
- » Improve capacity to function as a psychiatric leader
- » Identify avenues for further career development
- » Apply physician leadership techniques, including negotiation, quality improvement, financial management, and leadership theory to daily work and future career as a physician in leadership

Primary Topic:

Administrative Psychiatry

Secondary Topic:

Residents, Fellows, and Medical Students

Abstract:

This course, developed by the American Association of Psychiatric Administration and Leadership (AAPAL), is geared towards early career psychiatrists who may be interested in administrative roles for the first time or experienced psychiatrists interested in growing their leadership skills. This program will introduce learners to important elements of leadership training in a practical and pragmatic manner as it applies to the field of psychiatry.

The course will cover several important topics within leadership, including career development, the role of influence, negotiation, quality improvement and fiscal management. Faculty presenters will also review the benefits and challenges of leadership roles. Participants will be given an opportunity to consider and participate in case-based discussion considering nuanced challenges of psychiatric leadership and to have ample opportunity to engage faculty presenters to further explore their individual questions.

Brief Supportive Psychotherapy for Depression

Start Date:

May 30, 2023

Live Session:

June 7, 2023, 3:00 - 5:00 p.m. ET

Course Faculty:

John Markowitz, M.D.

CME Offered:

4 AMA PRA Category 1 Credits™.

Learning Objectives:

- » Distinguish the common factors of psychotherapy
- » Utilize affect and emotion in psychotherapy in practice
- » Evaluate the evidence-based for brief supportive psychotherapy in your practice decision making

Primary Topic:

Psychotherapy

Secondary Topic:

Depressive Disorders

Abstract:

Supportive psychotherapy has a long tradition and is widely practiced. It has acquired an undeservedly poor reputation as a mediocre treatment and the term has been loosely used in psychotherapy research as a weak control condition. Years ago we defined Brief Supportive Psychotherapy (BSP) in a manual as a time-limited, affect-focused, "common factors" treatment for depression research studies. In testing it we found, to our surprise, that in nine successive studies it generally worked as well as the fancier therapies to which it was compared. In other words, BSP is a powerful brief treatment for major depression.

The common factors of psychotherapy, defined decades ago by Carl Rogers and Jerome Frank, comprise factors like emotional arousal, helping a patient to feel understood, building a strong treatment alliance through therapeutic ritual and communication of expertise, realistic optimism, and success experiences. A stripped down, elemental therapy, BSP focuses on the patient's emotional life, helping the patient to tolerate and understand feelings rather than viewing them as problems. The therapist sketches an emotional portrait of the patient and uses this as a therapeutic guide. This approach is simple in concept yet can be hard to do well. Patients like and benefit from it, and dropout rates have been low.

This course rehabilitates supportive psychotherapy for attendees, reviewing its checkered history, shabby reputation, and contrastingly potent research performance. The bulk of the course focuses on describing and using its "common factor" elements and particularly its affect focus. Participants will learn not only the use of brief supportive psychotherapy as a focused treatment but also its role as the basis of all good common factor psychotherapies. Particularly in an era when therapy risks becoming too mechanical and intellectualized, awareness of emotional techniques hones psychotherapeutic skills. Course participants may want to but are not required to read the newly published BSP manual, Brief Supportive Psychotherapy, published by Oxford University Press.

Mind-Body Treatments for Global Mental Health and Provider Self-Care: Mass Disasters, Refugees, and PTSD -Experiential Training and Lecture

Start Date:

June 12, 2023

Live Session:

July 29, 2023, 6:00 - 9:00 p.m. ET

Course Faculty:

Patricia Gerbarg, M.D. and Richard Brown, M.D.

CME Offered:

4 AMA PRA Category 1 Credits™.

Learning Objectives:

- » Describe four advantages for simple, effective, evidencebased mind-body programs to support the emotional recovery of populations affected by mass disasters.
- » Apply Polyvagal Theory to understanding how Voluntarily Regulated Breathing Practices (VRPs) help shift the organism from states of defensive disconnection towards a state of safety and connectedness.
- » Describe initiatives using mind-body techniques to relieve stress and trauma among survivors of war and terrorism in

Ukraine and Rwanda.

- » Practice Coherent Breathing and other Voluntarily Regulated Breathing Practices (VRPs) for self-care and to reduce stress, anxiety, insomnia, depression, and symptoms of trauma.
- » Access resources for learning how to integrate breath and movement techniques experienced in this course into clinical practice.

Primary Topic:

Physician Well-Being

Secondary Topic:

Trauma and Stressor-Related Disorders

Abstract:

This update of Mind-Body & Breath Techniques for Stress, Anxiety, Depression, and PTSD focuses on Stress Reduction for Healthcare Providers and on international, cross-cultural trauma recovery for survivors of mass disasters. Neurophysiology, Research, Clinical Integration: Breath-Body-Mind (BBM) uses simple practices, mainly voluntarily regulated breathing practices (VRBPs) with movement, mindfulness, and attention focus derived from yoga, qigong, martial arts, and neuropsychiatry. Easily learned, evidence-based techniques help relieve stress, anxiety, depression, and PTSD; are accepted across cultures; and can be modified for office, hospital, family and group therapy, schools, military bases, or disaster settings.

Evolving neurophysiological theory shows how VRBPs may improve sympathy-vagal balance and emotion regulation, and incorporates polyvagal theory (Stephen Porges), GABA pathways, respiratory entrainment of EEG patterns, neuroendocrine response, and social engagement networks. Specific mind-body practices reduce defensive reactions while restoring capacities for emotion regulation, better cognitive function, and meaningful connectedness with self and others.

Dr. Patricia Gerbarg updates evidence that VRBPs and related practices improvement stress symptoms in caregivers as well as stress, trauma, and exhaustion in disasters survivors. We discuss current, highly effective Breath-Body-Mind programs for Ukrainian mental healthcare providers and for Rwandan genocide survivors. Experiential Training: Dr. Richard Brown leads rounds of gentle movement (standing or sitting), VRBPs, and open focus attention training. Awareness/mindfulness of breath and psychophysiological state are cultivated.

Group interaction with Q & A enhance learning. Attendees learn a short set of mind-body practices for self-care and stress reduction. Dr. Brown & Dr. Gerbarg: During the last hour attendees will learn how to teach Coherent Breathing to their patients and will practice this skill with co-attendees. This training will include discussion of risks, benefits, and adaptations of practices for individuals with physical and psychological conditions.

Lifestyle Psychiatry for Optimal Performance and Mental Health

Start Date:

June 26, 2023

Course Faculty:

Gia Merlo, M.D., M.B.A.; Douglas Noordsy, M.D.; Vanika Chawla, M.D.; Jonathan Burgess, M.D.; and Cheri Mah, M.D., M.S.

CME Offered:

4 AMA PRA Category 1 Credits™.

Learning Objectives:

- » Summarize iterative behavioral reinforcement strategies to support patients in achieving sustained independent exercise.
- » Evaluate the evidence for the efficacy of yoga for people with psychiatric disorders.
- » Describe how global dietary changes improve mood and enhance remission rates from depression, and may prevent the risk of cognitive disorders.

Primary Topic:

Treatment (other non-pharmacological)

- » Apply the science of accumulated sleep debt and the benefits of sleep extension to clinical practice.
- » Identify evidence-based social connectivity strategies that support mental health.

Secondary Topic:

Wellness

Abstract:

While most psychiatrists agree that lifestyle factors play an important role in mental health, many are unprepared to address these in the clinical encounter. This course will provide a foundational review of the science, literature, and practical tools for the clinician both as primary interventions and in conjunction with psychopharmacology and/or psychotherapy.

This course will review exercise, nutrition, yoga, sleep health, and social connectivity. We begin with a review of the neuroscience of physical exercise and impact on brain health. The impact of active or sedentary behavior on risk for psychiatric disorders and evidence on use of exercise interventions to manage psychiatric disorders with be discussed. A case presentation with highlight the strategies for supporting people in developing a physical exercise routine in clinical care. The role of diet and nutritional psychiatry on mood disorders and cognitive disorders will be presented. The proposed expansion of the bio-psycho-social model to the bio-psycho-social-lifestyle model will be presented (Royal Australian and New Zealand College of Psychiatry). The strategies to incorporate nutritional psychiatry science in clinical practice will be addressed in a case presentation.

Next, we presented the growing research on the therapeutic apvplication of yoga for people with psychiatric disorders. Yoga is theorized to exert its effects through regulation of the autonomic nervous system and hypothalamic pituitary axis. Yoga is recommended as second-line adjunctive therapy for mild to moderate Major Depressive Disorder, and there is evidence for yoga as an intervention for anxiety, schizophrenia spectrum disorders, eating disorders, trauma, and substance use disorders, and for child and adolescent populations. Actionable clinical recommendations for yoga and applications for general psychiatrists based on the existing literature will be highlighted.

Our course then addresses the impact of sleep on health including cognition, mental health, immune function, physical performance, and injury risk stressing the importance of healthy sleep as a lifestyle anchor. The concept of accumulated sleep debt and ways to pay it back through sleep extension will be discussed. We will provide practical strategies for improving sleep duration, sleep quality, and sleep timing. Through professional athlete sleep success stories, we will illustrate the impact of improving sleep and how it can significantly improve performance.

We will end the course with a review of the science of social connectivity including the recent literature and practical applications for clinical practice. The attendees will engage in a small group exercise to practice the power of social connection. Multiple question and answer sessions with active audience engagement will be present during the course and special consideration for diversity, equity, and inclusion through lifestyle interventions will be presented throughout the course.

Does rTMS Work for That? A Practical Clinical Update on Latest Advances and When to Refer

Course Date and Time:

July 14, 2023, 1:00 - 5:00 p.m. ET

Course Faculty:

Mark George, M.D.; Lindsay Oberman, Ph.D.; Lysianne Beynel; Suzanne Kerns, MBBS, M.D.

CME Offered:

4 AMA PRA Category 1 Credits™.

Learning Objectives:

- » Evaluate the current FDA approved indications for rTMS.
- » Explain studies using TMS in adolescents and children.
- » Apply methods of combining TMS with cognitive behavioral therapy.

» Recognize recent advances and trends in using TMS for treating depression.

Primary Topic:

Treatment (other non-pharmacological)

Abstract

Repetitive transcranial magnetic stimulation (rTMS) was FDA-approved in 2008 for treating depression. 5 years later it is emerging as an important new approach for the practicing psychiatrist. There are over 7 FDA-approved TMS devices, and new FDA indications emerge each year. This course is geared toward the practicing psychiatrist who wants to understand who to refer for TMS, and what outcomes to expect.

As in many areas of medicine and science, there are many who claim more than TMS can deliver. Dr. Suzanne Kerns will start with an overview of what is known about TMS clinical outcomes for depression, discussing acute and chronic remission rates and side effects. Following that comprehensive update and review, Dr. Lindsay Oberman will discuss pioneering work using TMS for treating children and adolescents. Next, Dr. Lysianne Beynel will provide examples of how to combine TMS with talking or behavioral therapies, to improve outcomes or foster durability. Finally, Dr. George will review TMS for other neuropsychiatric disorders including smoking cessation, OCD and anxious depression. This will be responsive workshop with ample time for participant questions of faculty and discussion.

Registration and Access to Courses

Visit the Education Center to learn more about registering for a Summer Virtual Course.

Summer Virtual Courses will be released during the weeks following the Annual Meeting. Please see course descriptions for additional information regarding release dates and Live Skills Trainings.

How to Claim Credit

Participants who wish to earn 4.0 AMA PRA Category 1 Credit™ or a certificate of participation may do so by completing all sections of the course including the live learning sessions and course evaluations. After evaluating the program, course participants will be provided with an opportunity to claim hours of participation and print an official CME certificate (physicians) or certificate of participation (other disciplines) showing the event date and hours earned.

Questions?

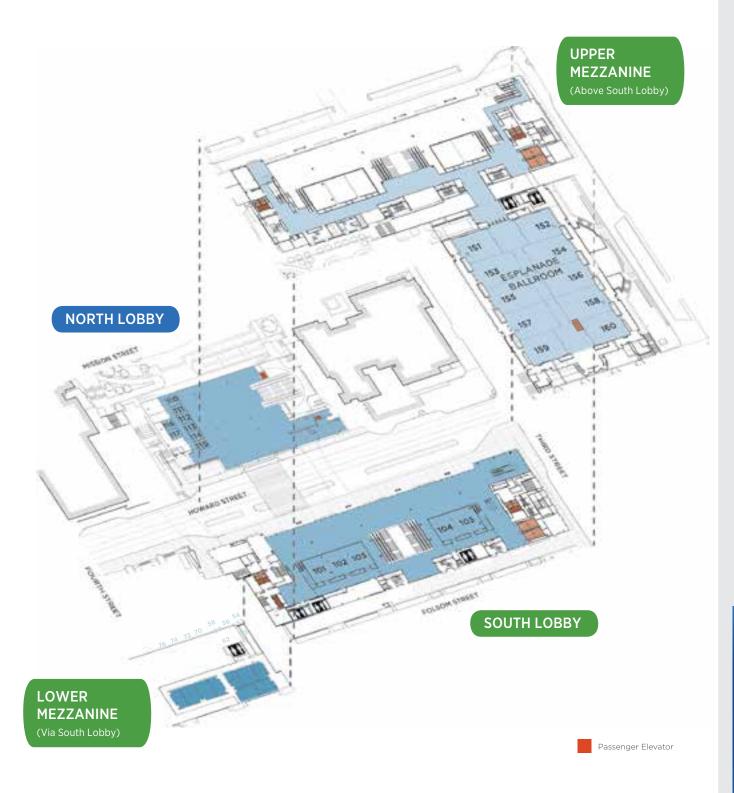
For technical assistance or questions about any of these courses, email LearningCenter@psych.org.

psychiatry.org/VirtualCourses

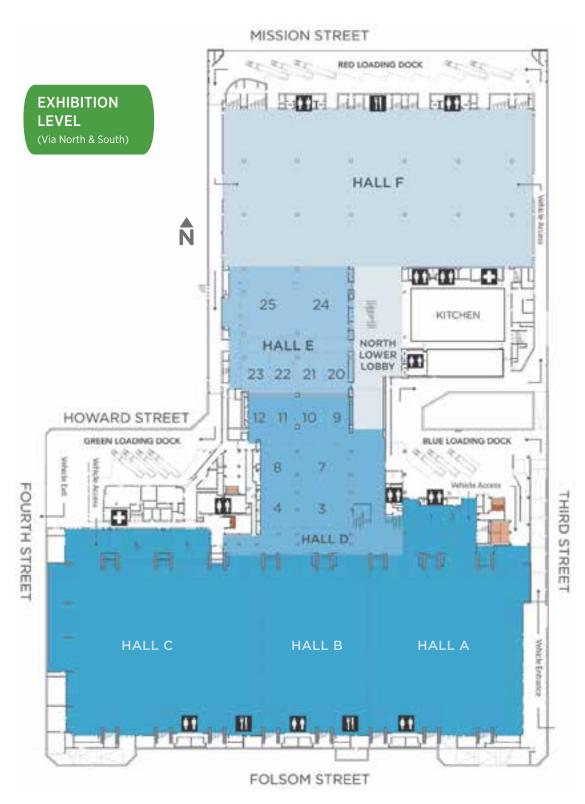
THIRD LEVEL
• Rooms 301 - 314

Moscone Center Maps

MOSCONE NORTH **NORTH LOBBY** APA Newsroom Luggage/Coat Check **EXHIBITION LEVEL** • Opening Session + Convocation (Hall F) MAP KEY • APA Art Association Exhibit (Lower Lobby) Building Entrances •• • Walking Path ■ North/South Corridor MARRIOTT MARQUIS INTERCONTINENTAL MISSION STREET MOSCONE NORTH ACCESS WALKWAY HOWARD STREET MOSCONE SOUTH MOSCONE SOUTH **SOUTH LOBBY UPPER MEZZANINE** LOWER MEZZANINE · Registration · Lost and Found Luggage/Coat Check · Education Center · Nursing Mother's Pod · CME Certificate of Attendance & Evaluation (Near Room 50) **EXHIBITION LEVEL** • On Demand Sales • Exhibits (Halls A-C) APA Housing Desk - APA Bookstore · APA Newsroom - APA Central • APA Information Center - APA JobCentral • Exhibitor Registration - APA Lounges • International Housing Desk (in Registration) • Mental Health Innovation Zone (Hall B Foyer) · Shuttle Bus Desk • APA Foundation (Saturday + Sunday only) • MindGames (Hall B Foyer) • Posters (Hall B Foyer) **SECOND LEVEL** • Rooms 201 - 216 • Session Overflow (Rooms 207, 208, 215, 216)



Moscone Center Maps



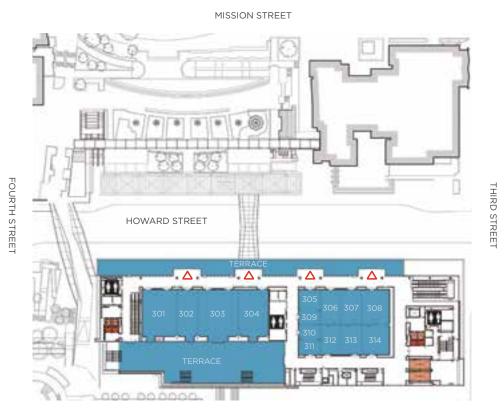


MISSION STREET



SECOND LEVEL

FOLSOM STREET



THIRD LEVEL

FOLSOM STREET





Advocate

Serious mental illness (SMI) involves complex situations. That means mental health clinicians often make complex choices during a crisis.

Now you can access My Mental Health Crisis Plan, a new app from SMI Adviser. It helps individuals in your care create a crisis plan. This app can improve continuity of care. Enhance the therapeutic alliance. Involve family members in treatment. And empower people to advocate at a time when individuals need it most.

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An APA and SAMHSA Initiative









APA MOORE EQUITY IN

Mental Health Initiative

LIST OF EVENTS

Community Fair in partnership with Morgan State University - Saturday, July 8, 2023

An event to provide Washington, D.C., Maryland, and Virginia communities with mental health information and resources, connect individuals with mental health services, and foster a day of family fun with games, music, prizes and more.

Sneaker Soirée - Friday, July 21, 2023

An evening dedicated to promoting awareness around the mental health inequities and opportunities for promoting mental health and well-being for youth of color. We look forward to seeing you and your best sneakers.





MOORE EQUITY IN MENTAL HEALTH INITIATIVE

5K: Run, Walk, & Roll benefiting the APAF Community Grants Program - Saturday, July 29, 2023

Run, walk, and roll individually or with your community in Wheaton, MD, across the country and across the globe to raise awareness and combat mental health inequities facing young people of color.

Register today at psychiatry.org/5k

Youth Summit in partnership with DC's Marion Barry Youth Leadership Institute - Wednesday, July 12, 2023

A day of programming in partnership with the Marion Barry Youth leadership Institute to empower and center the voices of young people of color in Washington, D.C., featuring speakers, workshops, and resources from adolescent-psychiatry experts.

Virtual Roundtables

Virtual conversations that give attendees the opportunity to gain a deeper understanding of mental health issues spanning from athletes, advocacy, community-based interventions, and beyond.

Community Grants

A program managed by the APA Foundation that supports community organizations that have undertaken innovative awareness programs and/or are providing services to improve the mental health of young people of color.













Shaping the Future of Quality Mental Health Care



PsychPRO: Your Comprehensive Mental Health Clinical Data Registry

Created by the American Psychiatric Association, PsychPRO helps healthcare organizations measure mental health care quality and improve patient outcomes.

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The inherently nuanced nature of mental health makes it challenging to evaluate clinician performance or patient progress objectively.

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We discover and refine best practices and identify optimal care standards to measure and evaluate patient progress, making information easily accessible.



Measure Care Against Clear Standards

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- ✓ Patient Records
- ✓ Patient-Reported Outcome Measures
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To learn more, visit: psychiatry.org/PsychPRO







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APA 20 Foundation Benefit 23

Please join APA leadership, colleagues, resident fellows, and partners for an elegant evening of entertainment, dancing and California-fusion inspired cuisine.

All proceeds support APAF programs and our vision: A Mentally Healthy Nation - Where We Live, Learn, Work, Worship and Play. Monday, May 22

7:00 -10<u>:00 PM</u>

San Francisco Museum of Modern Art

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Questions?

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Alkermes ISS Program in Serious Mental Illness

Alkermes responds to unsolicited requests for support of investigator sponsored studies (ISS) in which investigators and/or their affiliated institutions assume responsibility for all aspects of the study, including design, regulatory/IRB approval and reporting, initiation, conduct and monitoring of the study, as well as analysis and publication of study results.

Investigator sponsored study grants are awarded solely for the purpose of advancement or enhancement of disease understanding or clinical outcomes with the goal of publishing the research results.

Information for Applicants

The ISS program accepts submissions from applicants with varied education and training backgrounds including MDs, PhDs, PAs, PharmDs, NPs, and RNs.

The following types of research are considered for submission to the ISS program:

- Interventional
- Observational
- Monitoring; surveillance
- Use of registry data
- Historical chart review
- Secondary research or meta-analysis
- Patient reported outcomes

Refer to http://ISS.Alkermes.com for a complete listing of therapeutic areas of research interest, submission deadlines and additional information about the program.

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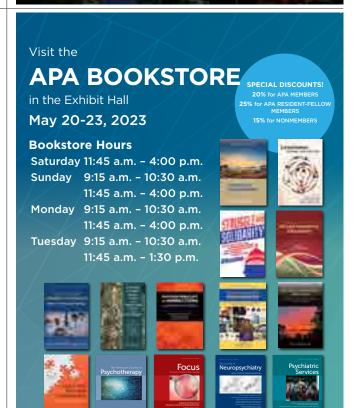
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ADDENDUM: PROGRAM CHANGES

Disclosure Updates

Presenter Changes

"Anyone Could Have Stopped Me": Early Intervention in the Pathway to Violence to Prevent School Shooting—Greg A. Concepcion also presented and has nothing to disclose

Autoimmune Brain Disorders: Immune Regulation and Psychiatric Symptoms— Jeffrey Gelfand also presented and has nothing to disclose

Autoimmune Brain Disorders: Immune Regulation and Psychiatric Symptoms—Richard Jin also presented and has nothing to disclose

Digital Applications and Their Utility in Reducing Suicidality in Underrepresented Youth—Guhan Krishnan also presented and has nothing to disclose

Innovations in Community-Based Mental Health Interventions Within and Beyond the Military—Monica D. Ormeno, D.O. also presented

Innovations in Community-Based Mental Health Interventions Within and Beyond the Military—Sebastian R. Schnellbacher also presented

Innovations in Community-Based Mental Health Interventions Within and Beyond the Military—Eric G. Meyer, M.D. also presented

Rethinking Core Values: How Medical "Professionalism" Perpetuates Discrimination Against Black, Indigenous, and People of Color (BIPOC)—Michael John Travis, M.B.B.S. did not present

The Overturning of Roe Versus Wade: Implications for Women's Mental Health—Paul Appelbaum, M.D. also presented

The Overturning of Roe Versus Wade: Implications for Women's Mental Health—Nicole Huberfeld, J.D. also presented and has nothing to disclose

Treating Acute Mania Reveals Underlying Frontotemporal Dementia and the Improvement of Symptoms With Loxapine—Khaled Said, M.D. also presented and has nothing to disclose

Schedule Changes

Additional Sessions

Addiction and Our Brains-Monday, May 22, 2023, 3:15 PM - 3:45 PM

Late Breaking Advances in Research for Treatment-Resistant Depression—Wednesday, May 24, 2023, 3:45 PM - 5:15 PM

The War in Ukraine: Searching for Hope in the Ashes—Tuesday, May 23, 2023, 8:00 AM - 9:30 AM

Cancelations/Withdrawals

Adolescents and ICTs: Knowing Their Uses to Promote a Healthy Future. a Representative Study of Adolescents in the Province of Córdoba, Argentina (P14-055)

Canceled: Addictions and Psychiatry and Law: Issues in LMICs

Canceled: Bridging Research, Accurate Information and Dialogue to Address Unequal Participation of Underrepresented Populations in Psychiatric Research

Canceled: Covid-19 Changed the Way We Talk About Burnout and Mental Health: Building Individual and Systems Level Interventions to Promote Well-Being

Canceled: Creating and Sustaining Diversity, Equity, and Inclusion Strategies in Medicine

Canceled: Engagement and Empathy in the Era of the Open Note: Evaluating Our Documentation

Canceled: Ethics and Engagement in Mental Health

Canceled: External Control Arms in Psychiatry: Current Use and Future Directions

Canceled: Finding Healing for Ourselves and Nation: A Prescription

Canceled: Finding Healing for Ourselves and Nation: A Prescription

Canceled: I Am Assessing a Minor That Said He/She Will Shoot Its School. What Should/Can I Do?

Canceled: Leadership Is a Journey: Reflections on the Road to APA's Presidency

Canceled: Looking for the Missing Piece(s): Addressing the Behavioral Health Workforce Crisis

Canceled: Mental Health Meets Social Innovation: The How Matters

Canceled: Navigating Complex Systems of Care for Individuals With Intellectual and Developmental Disabilities: A Systems Approach for Treatment in New York City

Canceled: Social Media and Psychiatry: Effects of Social Media on Users, Research, Advocacy, Networking and Intervention Opportunities

Canceled: The Unconscious Roots of Racial Bias: Implications for Psychotherapeutic Care and Training

Canceled: Transcranial Magnetic Stimulation: Future Innovations and Clinical Applications for Psychiatric Practice

Canceled: Vestermark Award Lecture: Caring for Our Patients, an Inspiration for Academic Medicine

Canceled: Where We Are and Where We Must Go: Evidence Driven Substance Use Disorder Treatment

Canceled: Your Mental Health Starts in Your Gut Microbiota