Position Statement on Discriminatory Disability Insurance Coverage

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Approved by the Assembly, November 2019
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“Policy documents are approved by the APA Assembly and Board of Trustees... These are... position statements that define APA official policy on specific subjects...” – APA Operations Manual

APA Position:

The APA supports that coverage for disability due to psychiatric disorders should be equivalent to coverage for disability due to other non-psychiatric medical conditions. The APA is opposed to restrictions for psychiatric disorders, such as diagnosis-based contracts, in the coverage of disability. The APA is also opposed to the limiting of coverage for non-psychiatric conditions due to the presence of co-morbid psychiatric diagnoses. The APA recognizes that discriminatory disability coverage policies perpetuate stigma of mental illness and thereby may limit access to psychiatric care.

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