COMPLEMENTARY, ALTERNATIVE AND INTEGRATIVE MEDICINE IN PSYCHIATRY TRACK

Sessions Listing

Understanding alternative and complementary treatments in psychiatry and the integration of non-conventional treatments into psychiatric care.
Saturdays, May 3, 2014

1:30 p.m. – 3:00 p.m.
New York Marriott Marquis, Majestic/Music Box/Winter Garden, 6th Floor
Self-Care Meditation Approaches Used Adjunctively in PTSD Management | Workshop 27
Chairperson(s): Marina Khusid, MD, Matthew Fritts, MPH
Speaker(s): Marina Khusid, MD, Matthew Fritts, MPH

3:30 p.m. – 5:00 p.m.
New York Marriott Marquis, Shubert/Uris/Plymouth, 6th Floor
Employing Mind-Body Medicine: Modalities in the Military Health System | Workshop 38
Chairperson(s): Jeffrey Millegan, MD, MPH, Paul Sargent, MD
Speaker(s): Jeffrey Millegan, MD, MPH, Paul Sargent, MD

3:30 p.m. – 5:00 p.m.
New York Marriott Marquis, Majestic/Music Box/Winter Garden, 6th Floor
Chairperson(s): Elspeth Ritchie, MD, MPH, Brian Engdahl, PhD
Speaker(s): Anita Hickey, MD, Maryam Navaie, DrPH, Salahadin Abdin, MD, PhD

Sundays, May 4, 2014

9:00 a.m. – 11:00 a.m.
Sheraton New York Times Square Hotel, Conference J, Lower Lobby
APA Caucus on Complementary & Alternative Medicines ■
Chairperson(s): Lila Massoumi, MD

10:00 a.m. – 11:30 a.m.
Javits Convention Center, Rooms 3D05/06/07/08, Level 3
Mind/Body Medicine: The Link Between Clinical Medicine and Public Health | Advances in Medicine 5
Chairperson(s): Kelli Harding, MD
Speaker(s): Gregory Fricchione, MD

12:30 p.m. – 2:00 p.m.
Javits Convention Center, Rooms 1E16, Level 1
Chairperson(s): Patricia Gerbarg, MD, Richard Brown, MD
Speaker(s): Heather Mason

■ = not a part of the scientific program
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<th>MONDAY, MAY 5, 2014</th>
<th>TUESDAY, MAY 6, 2014</th>
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<td><strong>9:00 a.m. – 10:30 a.m.</strong></td>
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<tr>
<td><em>New York Marriott Marquis, Majestic/Music Box, Winter Garden, 6th Floor</em></td>
<td><em>Javits Convention Center, Rooms 1E12, Level 1</em></td>
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<tr>
<td>**Complementary and Alternative Medicine (CAM) in the Military</td>
<td>Workshop 91**</td>
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<td>Chairperson(s): Elspeth Ritchie, MD, MPH, Gary Wynn, MD</td>
<td>Moderators: Iqbal Ahmed, MD, Elizabeth Guinto, MD</td>
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<tr>
<td>Speaker(s): Paul Sargent, MD, Joseph Helms, MD, Gary Wynn, MD, Elspeth Ritchie, MD</td>
<td><strong>9:00 a.m. – 10:30 a.m.</strong></td>
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<td><strong>9:00 a.m. – 12 noon</strong></td>
<td><em>Javits Convention Center, Rooms 1A19/1A20, Level 1</em></td>
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<tr>
<td><em>New York Marriott Marquis, Soho/Herald/Gramercy, 7th Floor</em></td>
<td>**Exercise Prescription for Major Depressive Disorder</td>
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<td><strong>The Meaning of Despair: Existential &amp; Spiritual Dimensions of Depression and Its Treatment I Symposia 54</strong></td>
<td>Chairperson(s): Chad Rethorst, PhD, Madhukar Trivedi, MD</td>
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<td>Chairperson(s): John Peteet, MD</td>
<td>Speaker(s): Chad Rethorst, PhD, Madhukar Trivedi, MD</td>
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<td>Speaker(s): David Rosmarin, PhD, Arjan Braam, MD, Gerrit Glas, MD, John Peteet, MD, Walid Sarhan, MD</td>
<td><strong>9:00 a.m. – 10:30 a.m.</strong></td>
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<td><strong>9:00 a.m. – 4:00 p.m.</strong></td>
<td><em>New York Marriott Marquis, Columbia/Duffy, 7th Floor</em></td>
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<td><em>New York Hilton Midtown, Petit Trianon, 3rd Floor</em></td>
<td><strong>Yoga-Mindfulness Interventions in Mental Health and Illness: Moving Toward Symptom-Specific Models I Workshop 138</strong></td>
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<td><strong>Yoga of the East &amp; West Experiential for Stress, Anxiety, PTSD, Mass Disasters, Stress-Related Medical Conditions and More I Course 24</strong></td>
<td>Chairperson(s): Basant Pradham, MD, Barry Sarvet, MD</td>
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<td>Director: Patricia Gerbarg, MD</td>
<td>Speaker(s): Basant Pradham, MD, Vijoy Varma, MD, Andres Pumariega, MD, Madhusmita Sahoo, MD, Anup Sharma, MD, PhD, Nitin Gupta, MD</td>
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<td>Co-Director: Richard Brown, MD</td>
<td><strong>9:00 a.m. – 12 noon</strong></td>
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<td><strong>2:00 p.m. – 5:00 p.m.</strong></td>
<td><em>New York Marriott Marquis, Westside Ballroom 3-4, 5th Floor</em></td>
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<td><em>Javits Convention Center, Rooms 1A10, Level 1</em></td>
<td><strong>Integrative and Non-Medication Treatments for Attention Deficit/Hyperactivity Disorder: Herbs, Nutrients, Mindfulness, Yoga, Breathing and Movement I Symposia 81</strong></td>
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<td><strong>Evolutionary Psychiatry: Clinical Pearls from a Paradigm Shift I Symposia 57</strong></td>
<td>Chairperson(s): Lidia Zylowska, MD, Patricia Gerbarg, MD</td>
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<td>Chairperson(s): Drew Ramsey, MD</td>
<td>Speaker(s): Patricia Gerbarg, MD, Lidia Zylowska, MD, Joy Bennett, Richard Brown, MD</td>
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<td>Speaker(s): Emily Deans, MD, Drew Ramsey, MD, Georgia, MD</td>
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TUESDAY, MAY 6, 2014 (continued)

11:00 a.m. – 12:30 p.m.
New York Marriott Marquis, Majestic/Music Box/Winter Garden, 6th Floor
Depression, Inflammation, and Adiposity: Obesity as a Causal and Perpetuating Factor for Depression I Workshop 147
Chairperson(s): Richard Shelton, MD

11:00 a.m. – 12:30 p.m.
New York Marriott Marquis, Cantor/Jolson, 9th Floor
Food For Thought: Eating Well for Psychiatric Health I Workshop 151
Chairperson(s): Nubia Lluberes, MD
Speaker(s): Kaitlin Mock, MS, Nubia Lluberes, MD

11:00 a.m. – 12:30 p.m.
Javits Convention Center, Rooms 1A19/1A20, Level 1
Shamanism in Mental Health Care: Views from the Outside and the Inside I Workshop 142
Chairperson(s): Janet Lewis, MD, Cecile Carson, MD

3:30 p.m. – 5:00 p.m.
Javits Convention Center, Rooms 1E12, Level 1
Particular and Rarely Discussed Treatments in Psychiatry I Scientific and Clinical Report 28
Moderators: Elias Shaya, MD, Jerome Taylor, MD
Speaker(s): Barbara Bartlik, MD, David Sheski, MD, Alejandro Acevedo, MD

WEDNESDAY, MAY 7, 2014

9:00 a.m. – 10:30 a.m.
Javits Convention Center, Rooms 1D03/04, Level 1
Yoga and Breath Practices as Add-On Treatments for Schizophrenia: Effects on Cognition, Epigenetics, PANSS Symptoms, Oxytocin, and Brain Imaging I Workshop 176
Chairperson(s): Robert Smith, MD, PhD, Patricia Gerbarg, MD
Speaker(s): Shivarama Varambally, MD, Robert Smith, MD, PhD, Richard P. Brown, MD, Elizabeth Visceglia, MD, Patricia Gerbarg, MD

9:00 a.m. – 12 noon
New York Marriott Marquis, Broadway South Center, 6th Floor
Emerging Neuroscience of Mind/Body Interventions for Stress-Related Neuropsychiatric Disorders Across the Life Cycle I Symposium 107
Chairperson(s): Helen Lavretsky, MD, MS
Discussant: David Spiegel, MD
Speaker(s): Elizabeth Hoque, MD, Autumn Gallegos, PhD, Thaddeus Pace, PhD, Chris Streeter, MD

11:00 a.m. – 12:30 p.m.
New York Marriott Marquis, Majestic Music Box, Winter Garden, 6th Floor
Veterans at Ease: Integrating Complementary and Alternative Therapies I Workshop 186
Chairperson(s): Jennifer Cho, LCSW, MSW
Speaker(s): Harita Raja, MD, Jennifer Cho, LCSW, MSW, Gail Feagans, RN

1:30 p.m. - 3:00 p.m.
Javits Convention Center, Rooms 1D03/04, Level 1
Feeling Burned Out? There’s an App for That! Mindfulness Training and Compassion Cultivations as a Potential Antidote for Burnout I Workshop 190
Chairperson(s): Sermsak Lolak, MD