

Anxiety is higher in the Hispanic community around:

Personal Finances: 70% vs. 58% of all adults

Mental Health: 45% vs. 37% of all adults

Relationships with friends & family:

40% vs. 28% of all adults

Job security: 42% vs. 27% of all adults

*Results based on The American Psychiatric Association's (APA) Healthy Minds Monthly, a poll conducted by Morning Consult (Dec. 2021)

More than 1/3 (35%) of those who identified themselves as Hispanic said they plan to make a mental health resolution (vs. 26% of all adults).



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