Anxiety is higher in the Hispanic community around:

- Personal Finances: 70% vs. 58% of all adults
- Mental Health: 45% vs. 37% of all adults
- Relationships with friends & family: 40% vs. 28% of all adults
- Job security: 42% vs. 27% of all adults

*Results based on The American Psychiatric Association’s (APA) Healthy Minds Monthly, a poll conducted by Morning Consult (Dec. 2021)*
More than 1/3 (35%) of those who identified themselves as Hispanic said they plan to make a mental health resolution (vs. 26% of all adults).

*Results based on The American Psychiatric Association’s (APA) Healthy Minds Monthly, a poll conducted by Morning Consult (Dec. 2021)*