Message from the APA CEO and Medical Director

Dear Resident-Fellow Member,

Welcome to the American Psychiatric Association (APA). The APA is the world’s largest professional association of psychiatrists and it is our mission to support our members and the patients they serve.

You are entering a career in medicine at one of the most exciting times in the history of both medicine and psychiatry. With our nation’s focus on access to health care as well as ensuring support for mental health and substance abuse services, there is a great demand for highly trained and dedicated psychiatrists. In addition, we continue to achieve major scientific breakthroughs in the understanding of the brain that will revolutionize the treatments for individuals with mental illness and substance use disorders.

The APA is here to be a resource and partner as you move into the field of psychiatry. Whether it is through important fellowships, prestigious awards or participation in the governance of the APA, the APA offers you ample opportunity to expand the scope of your experience and make a difference in the lives of your patients. In addition, the APA will keep you abreast of the latest research, prepare you to lead in a quickly changing health care environment, advocate for the interests of our patients and the profession on Capitol Hill, and offer opportunities to connect with and learn from well-respected colleagues in the areas of research, academics, and clinical practice.

This guide will get you started by providing you with a high level overview of the APA. It is my hope that you join the APA and experience the peer support, intellectual stimulation, camaraderie and, above all, the sense of family that you get by belonging to this noble profession.

Sincerely,

Saul Levin, MD, MPA
CEO & Medical Director
American Psychiatric Association
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## Leadership Opportunities

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<th>Eligibility</th>
<th>Contact</th>
<th>Deadline</th>
</tr>
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<tbody>
<tr>
<td>RFMT / RFMTE</td>
<td>- APA Resident-Fellow Member</td>
<td>Chiharu Tobita</td>
<td>September</td>
</tr>
<tr>
<td></td>
<td>- PGY-2 or PGY-3</td>
<td><a href="mailto:ctobita@psych.org">ctobita@psych.org</a></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>703-907-8527</td>
<td></td>
</tr>
<tr>
<td>ACORF</td>
<td>- APA Resident-Fellow Member</td>
<td>Jon Fanning</td>
<td>Varies</td>
</tr>
<tr>
<td></td>
<td>- PGY-2 or PGY-3</td>
<td><a href="mailto:ifanning@psych.org">ifanning@psych.org</a></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>703-907-8656</td>
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</tr>
<tr>
<td>AMA-RFS Delegate</td>
<td>- APA &amp; AMA Member</td>
<td>Becky Yowell</td>
<td>Varies</td>
</tr>
<tr>
<td></td>
<td>- In training during 2-year term</td>
<td><a href="mailto:byowell@psych.org">byowell@psych.org</a></td>
<td></td>
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<tr>
<td></td>
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<td>703-907-8593</td>
<td></td>
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<tr>
<td>ACGME-RRC Representative</td>
<td>- APA Resident-Fellow Member</td>
<td>Tristan Gorrindo, MD</td>
<td>Varies</td>
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<tr>
<td></td>
<td>- In training during 2-year term</td>
<td><a href="mailto:tgorrindo@psych.org">tgorrindo@psych.org</a></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>703-907-8633</td>
<td></td>
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<tr>
<td>American Psychiatric Leadership</td>
<td>- APA Resident-Fellow Member</td>
<td>Rosa Bracey</td>
<td>December</td>
</tr>
<tr>
<td></td>
<td>- PGY-2</td>
<td><a href="mailto:apl@psych.org">apl@psych.org</a></td>
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</tr>
<tr>
<td></td>
<td>- One nominee per program</td>
<td>703-907-8539</td>
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<tr>
<td>Jeanne Spurlock M.D. Congressional</td>
<td>- APA Member</td>
<td>Marilyn King</td>
<td>September</td>
</tr>
<tr>
<td></td>
<td>- U.S. Citizen/Resident</td>
<td><a href="mailto:mking@psych.org">mking@psych.org</a></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>703-907-8653</td>
<td></td>
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<tr>
<td>Public Psychiatry</td>
<td>- APA Resident-Fellow Member</td>
<td>Marilyn King</td>
<td>December</td>
</tr>
<tr>
<td></td>
<td>- PGY-2 or PGY-3</td>
<td><a href="mailto:mking@psych.org">mking@psych.org</a></td>
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<tr>
<td></td>
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<td>703-907-8653</td>
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<td>Child &amp; Adolescent Fellowship</td>
<td>- APA Resident-Fellow Member</td>
<td>Alison Bondurant</td>
<td>December</td>
</tr>
<tr>
<td></td>
<td>- PGY-1 or PGY-3</td>
<td><a href="mailto:kids@psych.org">kids@psych.org</a></td>
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<td></td>
<td></td>
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</tr>
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<td>APA/SAMHSA</td>
<td>- APA Resident-Fellow Member</td>
<td>Marilyn King</td>
<td>January</td>
</tr>
<tr>
<td></td>
<td>- PGY-2</td>
<td><a href="mailto:mking@psych.org">mking@psych.org</a></td>
<td></td>
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<td></td>
<td>- U.S. Citizen/Resident</td>
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<td>Diversity Leadership</td>
<td>- APA Resident-Fellow Member</td>
<td>Marilyn King</td>
<td>January</td>
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<tr>
<td></td>
<td>- PGY-2</td>
<td><a href="mailto:mking@psych.org">mking@psych.org</a></td>
<td></td>
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<tr>
<td></td>
<td></td>
<td>703-907-8653</td>
<td></td>
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<td>Marilyn King</td>
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</tr>
<tr>
<td></td>
<td>- PGY-5</td>
<td><a href="mailto:mking@psych.org">mking@psych.org</a></td>
<td></td>
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<tr>
<td></td>
<td>- U.S. Citizen/Resident</td>
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<tr>
<td>Psychiatric Research Fellowship</td>
<td>- APA Resident-Fellow Member</td>
<td>Alison Bondurant</td>
<td>October</td>
</tr>
<tr>
<td></td>
<td>- Not already an established investigator</td>
<td><a href="mailto:psychresearch@psych.org">psychresearch@psych.org</a></td>
<td></td>
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<tr>
<td></td>
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<td>703-907-8639</td>
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<td>Resident Psychiatric Research Scholars</td>
<td>- APA Resident-Fellow Member</td>
<td>Rosa Bracey</td>
<td>January</td>
</tr>
<tr>
<td></td>
<td>- PGY-1, PGY-2, or PGY-3</td>
<td><a href="mailto:scholars@psych.org">scholars@psych.org</a></td>
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</tr>
<tr>
<td></td>
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<tr>
<td>Schizophrenia Research</td>
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<td>Marilyn King</td>
<td>N/A</td>
</tr>
<tr>
<td></td>
<td>- Not already an established investigator</td>
<td><a href="mailto:schizophrenia@psych.org">schizophrenia@psych.org</a></td>
<td></td>
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<td></td>
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<td>703-907-8653</td>
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<tr>
<td>Awards &amp; Competitions</td>
<td>- APA Resident-Fellow Member</td>
<td>Claire Van Wagner</td>
<td>February</td>
</tr>
<tr>
<td></td>
<td>- One nominee per program</td>
<td><a href="mailto:evanwagner@psych.org">evanwagner@psych.org</a></td>
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<td></td>
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<td>703-907-8635</td>
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### Research Awards

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<tr>
<th>Award</th>
<th>Description</th>
<th>Contact Person</th>
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<tbody>
<tr>
<td>Resident Research Award</td>
<td>APA membership is not required</td>
<td>Alison Bondurant</td>
<td><a href="mailto:residentresearch@psych.org">residentresearch@psych.org</a></td>
<td>703-907-8639</td>
<td>December</td>
</tr>
<tr>
<td>Research Colloquium for Junior Investigators</td>
<td>APA Resident-Fellow Member: Senior psychiatric resident, fellow, junior faculty</td>
<td>Sejal Patel</td>
<td><a href="mailto:colloquium@psych.org">colloquium@psych.org</a></td>
<td>703-907-8579</td>
<td>November</td>
</tr>
<tr>
<td>Kempf Fund Award for Research Development in Psychobiological Psychiatry</td>
<td>Completed training in U.S. or Canada</td>
<td>Marilyn King</td>
<td><a href="mailto:kempf@psych.org">kempf@psych.org</a></td>
<td>703-907-8653</td>
<td>October</td>
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### Resident Competitions

<table>
<thead>
<tr>
<th>Competition</th>
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<th>Contact Person</th>
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<td>Resident Poster Competition</td>
<td>Psychiatry resident or fellow during poster presentation</td>
<td>Anarda Weaver</td>
<td><a href="mailto:aweaver@psych.org">aweaver@psych.org</a></td>
<td>703-907-8635</td>
<td>December</td>
</tr>
<tr>
<td>Mind Games</td>
<td>APA Resident-Fellow Member: Must be part of a team</td>
<td>Nancy Archev</td>
<td><a href="mailto:narchey@psych.org">narchey@psych.org</a></td>
<td>703-907-8635</td>
<td>February</td>
</tr>
</tbody>
</table>

### Networking

**Twitter:** The APA and APF use the microblogging service to stay connected on emerging developments and news.
APA: twitter.com/APAPsychiatric
APA CEO/Medical Director: twitter.com/DCdoctweets
APF: twitter.com/PsychFoundation
AJP Residents’ Journal: twitter.com/AJP_ResJournal

**Facebook:** The APA and APF Facebook pages service as a social utility to connect people with each other on mental health issues.
APA: www.facebook.com/AmericanPsychiatricAssociation
APF: www.facebook.com/psychfoundation

**LinkedIn:** APA Members can build their professional identity and network by joining the LinkedIn group American Psychiatric Association.
APA: www.linkedin.com/groups?gid=72472
Section 1: Leadership Opportunities

A. APA Resident-Fellow Member Trustee (RFMT) and Trustee-Elect (RFMTE)

Each year, a RFMTE is elected nationally by the membership and serves on the APA Board of Trustees for one year without a vote. At the end of that year, the Trustee-Elect advances to Trustee and serves on the Board for one year with voting privileges. A new RFMTE is elected. The RFM Trustee is the only RFM on the Board with a vote, although the other RFMs contribute to Board discussions and work groups. These positions provide national leadership opportunities for RFMs. The Board is the governing body of the APA, and its primary function is to formulate and implement the policies of the APA. In these roles, they facilitate communication between the RFM groups and the Board. For more information, feel free to contact Chiharu Tobita at ctobita@psych.org or 703-907-8527.

Eligibility:
Residents who are APA Resident-Fellow Member and in their PGY-2 or PGY-3 year the summer prior to the election in January of the following year are eligible. PGY-3 residents must remain in training through PGY-5 so as to be in training through the term as Trustee (through May two years after the election) and must submit a signed statement of intent to do so prior to nomination. The residents elected as Trustee and Trustee-elect cannot, while serving, simultaneously belong to or hold a position in the Assembly Committee of Area Resident-Fellow Members, APA Public Psychiatry Fellowship, APA Minority Fellowship or APA Leadership Fellowships.

Submission Requirements:
- Must be an APA Resident-Fellow Member
- Disclosure of Interests and Affiliations Form
- Curriculum Vitae (no more than two pages)
- One-page personal statement from the resident supporting his/her recommendation, including answers to:
  - What would your particular skills and experience bring to the APA?
  - What would you do to address the major issues facing psychiatry and/or the APA?
- Letter of recommendation (optional)
- Completed RFM Trustee Nomination Release Form
- Contact and demographic information: Name, Mailing address, Daytime phone, Fax, Evening phone, Email, District Branch, and APA member number

B. Assembly Committee of Residents and Fellows (ACORF)

The Assembly Committee of Area Resident-Fellow Member Representatives (ACORF) provides Assembly representation for members of the American Psychiatric Association who are enrolled in psychiatric residency and fellowship training programs. Committee members are elected by their Area Councils (seven in all), and serve two sequential one-year terms, the first as Area Resident-Fellow Member (RFM) Deputy Representative, and the second as Area RFM Representative. Area RFM Representatives are voting members of the Assembly while Deputy Representatives are not. ACORF members serve on Assembly committees, including the Rules committee, Reference committees, and the Assembly Executive Committee.

Responsibilities:
ACORF Representatives and Deputy Representatives serve as:
- A reference and referral group for the Assembly when seeking input on actions or proposed actions affecting RFMs
- A centralized coordinating group with other groups representing RFMs’ interest in the APA
- A voice regarding issues before the Assembly and Area Councils
C. APA Delegate to the AMA-RFS

The American Medical Association Resident and Fellows Section (AMA-RFS) was created by the AMA in 1974 to represent and advocate for resident and fellow physicians and to train young physician leaders. The APA has two resident-fellow positions in AMA-RFS, a delegate and an alternate delegate, who are part of a greater APA delegation at AMA meetings. Nominations for the delegate positions are accepted every year as terms of current representatives expire. Resident nominees must be both APA and AMA members and be in residency/fellowship training during the duration of the two-year appointment term. For more information on the APA delegate position for the AMA-RFS, feel free to contact Becky Yowell, Assistant Director, Healthcare Systems and Financing at byowell@psych.org. To obtain more information on the AMA-RFS, including current highlights, AMA member benefits and other AMA leadership opportunities, please visit the AMA-RFS website.

Delegate Responsibilities:

- Represent APA professional standards
- Attend two AMA-RFS meetings a year*
- Submit resolutions at AMA-RFS meetings in accordance with APA mission statement
- Report relevant information from AMA-RFS meetings to APA Resident-Fellow Members

*AMA-RFS meetings occur in June and November and travel expenses are covered by APA

D. Resident Representative to the ACGME-RRC

The Accreditation Council for Graduate Medical Education (ACGME) is a private, nonprofit council that evaluates and accredits residency programs in the United States. The ACGME has 28 Review Committees for each of the specialties. Members of the Residency Review Committees (RRCs) are appointed by the AMA Council on Medical Education and the appropriate medical specialty boards and organizations. The APA is a member organization of the RRC in Psychiatry. The APA sends two nominations to the RRC in Psychiatry for its resident member position. Nominees must be able to serve a two-year term before finishing training in Psychiatry or subspecialty fellowship. To be nominated by the APA, a resident must be an active APA member. Visit the ACGME RRC in Psychiatry website for more information.

Selection Criteria:

- Ability to maintain confidentiality of program information
- Availability to attend two meetings a year*
- Availability to review programs**
- Experience in consensus-building group settings
- Ability to concisely write and orally present synthesized program information

* Travel expenses are covered by the ACGME
** Approximately 8-12 hours of review for each meeting)
Section 2: Fellowships

The APA manages multiple fellowships for Resident-Fellow Members that are funded by the APA, the American Psychiatric Foundation, and various outside organizations through federal and private grants. Each fellowship maintains different standards of eligibility and funding, which can be subject to change.

Sunshine Act Disclaimer: Pharmaceutical companies supporting any grant, fellowship or award are required to publicly report any money provided to the physician, whether as stipend, meals, travel or in support of a grant, fellowship or award on a public database through the Centers for Medicare and Medicaid Services. Reporting is legally required only if the physician has completed their four year residency in psychiatry. However, some of the sponsoring companies may report any physician payments, regardless of the stage of their career.

A. American Psychiatric Leadership Fellowship

Funding is provided by the American Psychiatric Foundation
www.americanpsychiatricfoundation.org/leadershipfellow

The American Psychiatric Leadership (APL) Fellowship Program is the oldest and most prestigious fellowship program in the APA. It has contributed to introducing residents to organized psychiatry and launching the careers of many leaders in the field. APL Fellows have the opportunity to network with residents from around the country and serve alongside psychiatrists who are considered leaders in their area of expertise. Fellows are immersed in the governance structure of the APA through service on a Council and receive supplemental training on topics such as leadership development, mentorship, media interaction, and advocacy. The APL Fellowship is a unique opportunity for residents to engage, interact and participate at a national level and further develop their professional networks and psychiatric experience.

Award: Travel support to APA Annual Meeting and September Components Meeting for two years.

Number of Awards: 5 per year

Eligibility:
- APA Resident-Fellow Member
- PGY-2 at time of application
- Passed appropriate board examinations (i.e. USMLE 1-3; COMLEX 1-3; Canadian QE; LMCC 1-2)
- Only one nomination per training program
- Must not be in another APA or APF Fellowship program

Submission Requirements:
- Completed application form
- Curriculum Vitae
- Personal Statement of 500 words or less regarding career vision, insight into larger issues facing psychiatry and how the American Psychiatric Leadership Fellowship would benefit career goals.
- Letter of Recommendation from Residency Training Director/Department Chair

Selection Criteria:
- Clinical Skills: Demonstrated clinical excellence in residency through evaluations and awards.
- Leadership: Demonstrated leadership in psychiatric and/or other medical pursuits prior to and during residency, including any community and/or regional leadership activities.
- Involvement: Involvement in components and/or activities in residency training program, hospital, university, APA (including District Branches), state/national psychiatric organizations, other medical organizations, and/or within the community.
- Research/Publications: Demonstrated academic accomplishment in research and publication prior to or during residency training.
- Teaching: Demonstrated academic accomplishment teaching residents, medical students and/or the community, with evidence of excellence such as awards, notable feedback and/or other recognition. This includes presentations at departmental Grand Rounds.

Where to Apply: All materials should be submitted either electronically to apl@psych.org or mailed to the APA, attention Rosa Bracey.
B. Jeanne Spurlock, M.D. Congressional Fellowship

Funding is provided by the American Psychiatric Foundation
www.psychiatry.org/practice/professional-interests/diversity/awards-and-fellowships/minority-fellowships/jeanne-spurlock-congressional-fellowship

The Jeanne Spurlock Congressional Fellowship provides all psychiatry residents, fellows and early career psychiatrists an opportunity to work in a Congressional office on federal health policy, particularly policy related to child and/or minority issues. One award recipient per year serves a ten-month fellowship in Washington, DC starting in January. The fellow is introduced to the structure and development of federal and Congressional health policy procedures, with a focus on mental health issues affecting minorities and underserved populations, including children. Fellows traditionally help develop legislative proposals, track and analyze legislative initiatives, arrange hearings, brief Members of Congress and their staff, and interact with their constituents. During the fellowship, recipients have opportunities to interact with health policymakers and advocacy/professional groups, including the APA. The recipient will be required to submit a written summary of the Fellowship experience at the end of the fellowship and may make recommendations or suggestions for improving it.

Award:
- $85K stipend
- Travel support to and from Washington, DC for congressional interviews & moving expenses to the DC area
- Health Insurance (if not covered by training program or individual insurance plan)
- Travel support to attend the APA Annual Meeting (if funds are available)

Eligibility:
- APA Member (RFM or ECP)
- U.S. citizen or permanent resident

Submission Requirements:
- Curriculum Vitae
- Two letters of recommendation from psychiatrists who have personal knowledge of the applicant’s clinical expertise, interpersonal skills, and interest in minority mental health and underserved populations, including children.
- Statement or essay giving the reasons for applying for this fellowship, including any past educational and/or political experience that would enhance performance in a Congressional office. While not an absolute requirement, demonstrated experience with child and/or minority mental health programs, advocacy and/or policy development is encouraged.
- Detailed letter (no more than two typed pages) from the department chair or training director delineating the candidate’s qualifications and describing plans the institution may have for using the experience to be gained. For early career psychiatrists, a letter from their District Branch President or Executive Director noting contributions to the DB of the applicant and how this experience will enhance the DB and its community.

Selection Criteria:
The Jeanne Spurlock Congressional Fellowship Selection Committee reviews all applications. Personal interviews between top-ranked applicants and members of the Committee are arranged by the APA. Award recipients are encouraged to maintain membership in the APA and expected to serve on the Selection Committee for at least three years upon completion of the fellowship.

Where to Apply:
All materials should be submitted either electronically to mking@psych.org, faxed to 703-907-7894, or mailed to the APA, attention Marilyn King.

C. Public Psychiatry Fellowship

Funding is provided by the American Psychiatric Foundation and Bristol-Myers Squibb
www.psychiatry.org/residents/public-psychiatry-fellowship

The APA Public Psychiatry fellowship program provides support for a group of outstanding residents interested in the field of public and community psychiatry. The purpose of the APA Public Psychiatry fellowship program are to (1) provide experiences that will contribute to the professional development of residents who will play leadership roles within the public sector in future years and (2) to heighten awareness of the psychiatric residents of the many activities of psychiatry in the public sector and of the career opportunities in this area.

Award: Travel support to September Components Meeting and Institute on Psychiatric Services (IPS) for two years.

Number of Awards: 10 per year
Eligibility:
- APA Resident-Fellow Member
- Only one resident nominated per residency program
- PGY-1 to PGY-3 in an accredited US or Canadian psychiatry residency program
- Must not be in ACORF or another APA or APF Fellowship program

Submission Requirements:
- Completed application form
- Two-page essay
- Letter of Nomination – from residency training director or department chair

Selection Criteria:
- Public Service & Leadership: Evidence of volunteer work/activities with underserved populations (not including required residency activities), advocacy pursuits and/or leadership and/or collaborative capacity.
- Creative Pursuits: Evidence of creative activity (i.e.: research, program development, editorials, etc.). Include presentations, publications, and grants.
- Academic Record: Undergraduate training, medical school, and graduate training (e.g., MPH), special clinical training and/or any awards received by the applicant.
- Personal Statement: Quality of the personal statement indicating the applicant’s dedication to serving underserved populations with mental illness.

Where to Apply: All materials should be submitted either electronically to mking@psych.org or mailed to the APA, attention Marilyn King.

D. Child and Adolescent Psychiatry Fellowship

Funding is provided by the American Psychiatric Foundation
www.americanpsychiatricfoundation.org/what-we-do/fellowships/child-and-adolescent-psychiatry-fellowship

The Child and Adolescent Psychiatry Fellowship is designed to promote interest among general psychiatry residents in pursuing careers in child and adolescent psychiatry. Fellows engage with other general psychiatry residents with a future in child and adolescent psychiatry and learn about new clinical research, successful treatments for child and adolescents with mental disorders and many other issues associated with child and adolescent mental health. Fellows also experience the unique opportunity of meeting and networking with future child and adolescent psychiatrists and leaders in the field and being matched with a mentor.

Award: Travel support for two Annual Meetings and submit a proposal for a presentation at the second Annual Meeting.

Eligibility:
- APA Resident-Fellow Member
- PGY-1 to PGY-3 resident in an accredited US or Canadian psychiatry residency program
- Approval from Residency Training Director or Department Chair

Submission Requirements:
- Only two applicants will be accepted from a training program
- Completed application form
- Curriculum Vitae
- Letter of Interest (detailing experience, knowledge, career path and how you will make use of the fellowship) - Should not exceed 500-words
- Letter of Support (from Residency Training Director or Department Chair addressing resident's potential contribution to the field of child and adolescent psychiatry)

Where to Apply: All materials should be submitted either electronically to kids@psych.org or mailed to the APA, attention Alison Bondurant.
E. Minority Fellowships

www.psychiatry.org/practice/professional-interests/diversityomna/awards-and-fellowships/minority-fellowships

The Minority Fellowships Program (MFP) endeavors to eliminate racial and ethnic disparities in mental health and substance use care by providing specialized training to psychiatry residents and medical students interested in serving minority communities. It is designed to (1) provide fellowship recipients with enriching training experiences through participation in the APA September Components and Annual Meetings, (2) provide recipients with resources to support activities that enhance culturally relevant aspects of their training programs, (3) stimulate their interest in pursuing training in areas of psychiatry where minority groups are underrepresented, such as research, child psychiatry, and addiction psychiatry, and (4) develop leadership to improve the quality of mental health care for the following federally recognized ethnic minority groups: American Indians, Native Alaskans, Asian Americans, Native Hawaiians, Native Pacific Islanders, African Americans and Hispanics/Latinos. All applicants are welcome to apply regardless of race, ethnicity, gender, national origin, religion, sexual orientation or disability.

1. APA/SAMHSA Fellowship

*Funding is provided by the Substance Abuse and Mental Health Services Administration (SAMHSA)*

**Award:**
- Travel support to APA September Components Meeting (1st year only; recipient may apply for a 2nd year with no additional funds)
- $20-25K stipend for various projects and travel to conferences like the APA annual meeting, etc. Stipend level varies based on fellows PGY level as of July of the year they apply

**Number of Awards:** Varies based on funding from SAMHSA (awarded between 20-26 over the last couple of years)

**Eligibility:**
- APA Resident-Fellow member
- Enrolled as a PGY2 to PGY3 in an accredited US psychiatry residency program
- Must be in training during the duration of the Fellowship
- American citizen or permanent resident
- Federal employees are ineligible

**Submission Requirements:**
- Completed application form
- Curriculum Vitae
- Three letters of reference
- Essay outlining career goals
- Proposed budget plan prepared with training director

**Selection Criteria:**
- Commitment to serve ethnic minority populations
- Awareness of the importance of culture in mental health
- Interest in the interrelationship between mental health/illness and transcultural factors
- Demonstrated leadership abilities

Where to Apply: All materials should be submitted either electronically to mking@psych.org, faxed to 703-907-7894, or mailed to the APA, attention Marilyn King.

2. Diversity Leadership Fellowship

*Funding is provided by the American Psychiatric Foundation*

The APA Diversity Leadership Fellowship (DLF) is designed to meet the following goals: identify and motivate a cadre of ethnic minority psychiatry residents who, through the experiential and training opportunities of the program, will become well-equipped leaders in psychiatry who will teach, administer, conduct services research, and provide culturally competent, evidence based mental health and substance use disorder services to diverse and underserved populations.

**Award:**
- Travel support to APA Annual Meeting and the September Components Meeting for two years
- Travel support may be offered to attend the IPS meeting and other allied conferences (dependent on funding availability)

**Number of Awards:** 10 per year
Eligibility:
- APA Resident-Fellow Member
- PGY-2 by July of the year of application
- In training during the entire academic year
- Applicants need not be U.S. citizens, permanent residents, or graduates of a U.S. medical school
- Federal employees are ineligible

Submission Requirements:
- Completed application form
- Curriculum Vitae
- Three letters of reference
- Essay outlining career goals

Selection Criteria:
- Commitment to serve ethnic minority populations
- Awareness of the importance of culture in mental health
- Interest in the interrelationship between mental health/illness and transcultural factors
- Demonstrated leadership abilities

Where to Apply: All materials should be submitted either electronically to mking@psych.org, faxed to 703-907-7894, or mailed to the APA, attention Marilyn King.

3. APA/SAMHSA Substance Abuse Fellowship

Funding is provided by the Substance Abuse and Mental Health Services Administration (SAMHSA)

The APA/SAMHSA Substance Abuse Fellowship is used as an effective means for getting trained mental health professionals to work in the public mental health system. Because substance abuse is one of the most devastating health and social issues currently confronting America, SAMHSA’s Center for Substance Abuse Treatment (CSAT) and the Center for Substance Abuse Prevention (CSAP) have provided funding specifically addressing substance abuse treatment.

Award:
- Provides monthly stipends (subject to fund availability)
- Travel related expenses in connection with fellow’s attendance at program-related activities.

Number of Awards: Varies based on funding from SAMHSA (awarded between 2-4 in previous years).

Eligibility:
- APA Resident-Fellow Member
- PGY-5 by July of year of application in a substance abuse training program approved by the affiliated medical school or agency where a significant number of substance use patients are from minority and underserved groups
- American citizen or permanent resident - permanent residents must submit a notarized statement indicating possession of the alien registration receipt card, I-151 or I-551 by July
- Individuals on temporary or student visas are not eligible
- Federal employees are not eligible

Submission Requirements:
- Completed application form
- Curriculum Vitae
- Three letters of reference
- Essay outlining career goals
- Proposed budget plan prepared with training director

Selection Criteria:
- Commitment to serve underrepresented populations
- Demonstrated leadership abilities
- Interest in the interrelationship between mental health/illness and transcultural factors

Where to Apply: All materials should be submitted either electronically to mking@psych.org, faxed to 703-907-7894, or mailed to the APA, attention Marilyn King.
F. **Research Fellowships**  
www.psychiatry.org/researchers/research-training-and-career-distinction-awards

1. **Psychiatric Research Fellowship**  
*Funding is provided by Eli Lilly and Company*

The American Psychiatric Association is sponsoring the one-year Psychiatric Research Fellowship, for two postgraduate psychiatry trainees specifically to focus on research and personal scholarship. Minimal time (less than 15%) will be devoted to teaching, patient care, consultation, or other duties. The protection of time for research should be assured by the department chair.

**Award:** $45,000 stipend award will be paid to each institution for disbursement to the fellow. The fellow’s institution must agree not to deduct indirect costs or tuition payments (but may augment the stipend).

**Number of awards:** 2 per year

**Eligibility:**
- APA Resident-Fellow Member  
- Received MD or DO degree  
- Completed residency training in general psychiatry or child psychiatry immediately prior to the time the fellowship commences.  
- Receiving training in the U.S. or Canada  
- Demonstration of significant research potential  
- No extensive research training prior to residency and not already an established investigator

**Submission Requirements:**
- Curriculum Vitae  
- Letter of Recommendation from department chair describing: Candidate's accomplishments, activities and institutional resources available to support the applicant in his/her research training endeavors.  
- Statement (1-4 pages) - Describing: a) his/her career goals and b) the specific objectives for his/her research training fellowship and the specific plans for meeting those objectives.  
- Preceptor Statement - Describing: Preceptor's accomplishments as both a researcher and mentor, and the specific responsibilities the preceptor would have regarding the applicant's research training program

**Selection Criteria:**
The selection committee will consist of three to five members of the APA Council on Research or a subcomponent thereof. Applications are evaluated on the basis of the following criteria:
- Applicant's qualifications  
- Quality of research training plan  
- Preceptor's qualifications  
- Adequacy of institutional resources and facilities

**Where to Apply:** All materials should be submitted either electronically to psychresearch@psych.org or mailed to the APA, attention Alison Bondurant.

2. **Resident Psychiatric Research Scholars**  
*Funding is provided by the American Psychiatric Foundation and Janssen Pharmaceuticals*

A program to identify promising psychiatric residents with the potential to become leaders in clinical and health services research in all areas of psychiatric research. Emphasis is placed on special mentoring and career enrichment programs at the APA Annual Meeting and throughout the year. Each participant is asked to identify an individual research mentor who will oversee the resident's fellowship. The mentor advises and encourages the scholar during the one-year fellowship.

**Award:**
- Travel support to APA Annual Meeting  
- $2,500 award for use in developing a pilot research project, obtaining statistical consultation, or visiting potential research training programs (Fellow’s institution must agree not to deduct indirect cost from stipend)

**Number of Awards:** 20 per year

**Eligibility:**
- PGY-1 to PGY-3

**Submission Requirements:**
- Completed application form (request application by emailing scholars@psych.org)  
- Curriculum Vitae
- Letter of Recommendation from chairman describing: Candidate's accomplishments, activities and institutional resources available to support the applicant in his/her research training endeavors.
- Statement (1-2 pages) - Describing: career development, research interests, plans for developing a career in psychiatric research, and post residency training plans
- Research Proposal Plan (1-3 pages) - Detailing planned use of grant, relevance to career development, proposed activities timeline, and detailed budget
- Mentor - the identification of local mentor available to assist project development

An advisory committee of senior researchers will assist in the evaluation and selection of the Scholars.

Where to Apply: All materials should be submitted either electronically to scholars@psych.org or mailed to the APA, attention Rosa Bracey

3. Schizophrenia Research Fellowship

Due to funding issues, not accepting applications at this time.

The American Psychiatric Foundation sponsors a one-year Psychiatric Research Fellowship for three post-graduate psychiatry trainees specifically to focus on research and personal scholarship. Minimal time (less than 15%) will be devoted to teaching, patient care, consultation, or other duties. The protection of time for research should be assured by the department chairman.

Award: A stipend of $45,000 will be paid to each institution for disbursement to the fellow. The institution must agree not to deduct indirect costs or tuition payments, but may augment the stipend

Number of Awards: 3 per year

Eligibility:
- APA Resident-Fellow Member
- Received MD or DO degree
- Completed residency training in general psychiatry or child psychiatry immediately prior to the time the fellowship commences
- Receiving training in the U.S. or Canada
- Demonstrate significant research potential
- No extensive research training prior to residency
- Not already an established investigator

Submission Requirements:
- Curriculum Vitae
- Letter of Recommendation from department chair describing: Candidate's accomplishments, activities and institutional resources available to support the applicant in his/her research training endeavors
- Statement (1-4 pages) - Describing: a) his/her career goals and b) the specific objectives for his/her research training fellowship and the specific plans for meeting those objectives
- Preceptor Statement - Describing: Preceptor's accomplishments as both a researcher and mentor, and the specific responsibilities the preceptor would have regarding the applicant's research training program

Selection Criteria:
The selection committee will consist of members of the APA Council on Research. Applications are evaluated on the basis of the following criteria:
- Applicant's qualifications
- Quality of research training plan
- Preceptor's qualifications
- Adequacy of institutional resources and facilities
Section 3: Awards and Competitions

A. Resident Recognition Award

*Funding is provided by the American Psychiatric Association*

www.psychiatry.org/residents/fellowships-awards/apa-resident-recognition-awards

These awards are presented annually to a psychiatric resident or fellow from each department or institution. Departments are eligible to nominate one APA Resident-Fellow Member who exemplifies one or more APA values. Program directors should consider all psychiatric trainees (general, CAP, combined, fellows). Every eligible psychiatry resident training program is encouraged to choose an outstanding trainee and submit their name to the APA. Each institution may select only one resident for this award annually. The award certificates are sent directly to the residency training program.

**Awards:** Each selected winner will receive an award certificate.

**Number of Awards:** Varies. Each eligible nominee will receive the award.

**Eligibility:**
- APA Resident-Fellow Member
- Good standing in general psychiatry or fellowship program
- One nominee per training program

**Submission Requirements:**
- Curriculum vitae
- **Nomination Form**
- Nomination letter must contain information documenting the candidate's achievement as outlined in the selection criteria above. Only one candidate from each institution/department may be nominated by the recommending institution.

**Selection Criteria:**
- *Compassion*, as evidenced by exemplary patient care and/or compassion to colleagues and in the workplace
- *Leadership* in the field of psychiatry as evidenced by holding leadership roles in individual residency programs, at the District Branch level of the APA and/or at the national level
- *Community Service* on the local or national level
- *Political Action* on behalf of their patients, their profession, and/or their community.
- *Clinical Excellence* as evidenced by exemplary patient care.

Where to Apply: All materials should be submitted either electronically to cvanwagner@psych.org or mailed to the APA, attention Claire Van Wagner.

B. Resident Research Award

*Funding is provided by Eli Lilly and Company*

www.psychiatry.org/researchers/research-training-and-career-distinction-awards/resident-research-award

The APA Resident Research Award Competition provides an honorarium to five psychiatry residents who submit the best original, unpublished scientific paper. Research may be conducted in any area of psychiatry. In addition, award is given to the residency program in which the resident was in training at the time the work was completed.

**Awards:** $1,500 to the winning resident and $1,000 to the residency program.

**Number of Awards:** 5 annually

**Eligibility:**
- Resident/fellow in accredited psychiatry training program in U.S./Canada at time of submission.
- Applications will not be accepted from previous winners of this award
- Please note that the paper must describe original scientific research; case reports and literature reviews will not be accepted

**Submission Requirements:**
Only one paper per applicant is accepted
The nomination packet should include the following:
- Curriculum Vitae
- Research paper (unpublished, finished paper, suitable for publication, which outlines conducted research scope and results, describes research study, includes literature review and discussion)
- Signed statement by director of residency training or the chairperson verifying work was performed during the applicant’s residency training, indicating if work was undertaken in more than one setting or if work was done prior to entry into the current residency training program

**Selection Criteria:**
In order to ensure a fair and impartial review, the Award Board reviews each submission anonymously with no identifying information on the resident or the affiliated training program. *It is helpful if the resident’s name is not printed on each page of the document.*
- The award is given entirely to the resident who is the senior author. If two or more applicants attest that they have contributed equally to the project, the honorarium may be shared.
- Should the work have been completed in another setting in which the resident is no longer in training, the departmental award is given to the previous department.
- Should the paper be published at a later date, appropriate acknowledgement is made
- While working with senior colleagues is encouraged, the work submitted must be that primarily of the applicant, rather than the senior faculty member or investigator.

**Where to Apply:** All materials should be submitted either electronically to [residentresearch@psych.org](mailto:residentresearch@psych.org) or mailed to the APA, attention Alison Bondurant.

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### C. Research Colloquium for Junior Investigators

*Funding is provided by National Institutes of Health*

[www.psychiatry.org/researchers/research-training-and-funding/research-colloquium-for-junior-investigators](http://www.psychiatry.org/researchers/research-training-and-funding/research-colloquium-for-junior-investigators)

The purpose of the colloquium is to provide guidance, mentorship and encouragement to young investigators in the early phases of their training. Junior investigators have the opportunity to obtain feedback about their past, present, and future research from mentors who are at the top of their field in a small group setting as well as general information about career development and grantsmanship. An all-day workshop for junior psychiatric investigators focuses on the Areas of Focus.

**Award:** $1,000 for travel expenses to the APA meeting

**Number of Awards:** 24-30 junior researchers annually

**Eligibility:**
- APA Resident-Fellow Member or be eligible to become members of the APA
- Must be in a U.S. or Canadian training program
- Senior psychiatry resident, fellow, junior faculty
- Interest and potential in developing research career in following **Areas of Focus:** Molecular, Translational, and Neuroscience Research, Clinical Psychobiology, Treatment from Psychopharmacology, and Psychotherapy to Neural Strategies
- Applicants with individual federal research awards (e.g. R-01) and past participants of the Research Colloquium are not eligible
- Investigators conducting minority health and health disparities research in these subject areas are especially encouraged to apply

**Submission Requirements:**
- Completed [application form](#)
- Curriculum Vitae
- Two-page statement describing current and proposed research projects
- **500 word abstract** by the nominee of a study in progress or completed
- 250-word statement by the nominee describing how attendance at the colloquium will further his/her career goals
- Sponsor's letter of recommendation, from the nominee's research mentor or other faculty member, describing the nominee's potential as a researcher and his/her potential to benefit from the colloquium.

Presented by the American Psychiatric Association in conjunction with a research training advisory committee.
- If accepted to attend the colloquium, this abstract should be used for the poster session.
- If accepted, participants will be asked to give an oral and poster presentation of their study.

**Where to Apply:** All materials should be submitted either electronically to [colloquium@psych.org](mailto:colloquium@psych.org) or mailed to the APA, attention Sejal Patel.
D. Kempf Fund Award for Research Development in Psychobiological Psychiatry

This award recognizes a senior researcher who has made a significant contribution to research on the causes and treatment of schizophrenia as both a researcher and a mentor.

**Award:** $1,500 to the senior researcher and $20,000 research career development of a young research psychiatrist working in a mentor-trainee relationship with the award winner on further research in this field.

**Number of Awards:** 1 annually

**Selection Criteria:** Submissions are judged on the excellence of the nominee's overall contribution to the body of research in schizophrenia. The selection committee will consist of members of the APA Council on Research. Applications are evaluated on the basis of the following criteria:
- Candidate's accomplishments and activities
- Need for the award
- Adequacy of institutional resources and facilities, including senior faculty with whom the young faculty award designate can collaborate
- Quality of a brief research plan for the coming academic year
- Three letters of recommendation

**How to Apply:** All materials should be submitted either electronically to Kempf@psych.org or mailed to the APA, attention Marilyn King.

E. Resident Poster Competition

The APA recognizes the best resident and medical student poster at a special Resident Poster Session at the APA Annual Meeting. Abstracts are judged by the editors of Academic Psychiatry and awards are presented during the poster sessions. All submissions are automatically accepted and the resident is required to be onsite during the poster session. Awards are given to the best poster in each of the 5 categories:
- Community Service
- Curriculum Development and Education
- Patient Care and Epidemiology
- Psychosocial and Biomedical
- Clinical Case Studies

**Award:** Certificate awarded during Poster Presentation at the APA Annual Meeting.

**Number of Awards:** One award for each of the 5 categories

F. Mind Games National Residency Team Competition

Mind Games is APA’s national residency team competition and is intended to be a fun, educational activity challenging residents on patient care and medical knowledge. A preliminary round takes place in February of each year. The top 3 scoring residency programs send their team to the national Mind Games competition held during the APA Annual Meeting.

**Award:** Trophy for the overall champion at the APA Annual Meeting.

**Number of Awards:** Top 3 teams qualify for the finals, only 1 overall champion

**Eligibility:**
- APA Resident-Fellow Members
- The team can be made up of members from the general/adult psychiatry residency or fellowship programs (i.e. Child)
- Any Department of Psychiatry is eligible to form a team

**Submission Requirements:**
To prepare for this competition, the Training Director and/or Chair must select three (3) residents who will form the program team. The team (together) takes a timed online examination - 150 multiple choice questions in 60 minutes. Questions cover various topics in psychiatry including history, epidemiology and neurology.

**Selection Criteria:**
The three highest scoring teams with the fastest posted time advance to compete in the live national competition.
Section 4: Governance Structure of the APA

www.psychiatry.org/about-apacitypsiatry/governance

Board of Trustees
(20 Voting Members)
&
Executive Committee

Standing Committees
Joint Reference Committee
(also a Standing Committee)

Assembly &
Executive Committee

Ad Hoc Committees

Finance &
Budget

Tellers

Bylaws

Elections

Membership

Ethics

Nominating

Counsels
(13)

Committees
Task Forces
Work Groups

Assembly Committees &
Task Forces

Area Councils
(7)

District Branches
(U.S. & Canada)
(74)
A. Board of Trustees

The Board of Trustees, composed of officers and trustees, elected by the membership, governs the Association. The power to make policy is vested in the Board, and the Board’s primary function is to formulate and implement the policies of the Association. The Board exercises all powers of the Association that are not otherwise assigned. Trustees are expected to attend all Board meetings and participate in the matters at hand, for they cannot delegate responsibility to govern or give a proxy vote. Area Trustees are ex-officio members of their respective Area Councils (non-voting).

<table>
<thead>
<tr>
<th>Voting members of the Board of Trustees:</th>
<th>Non-voting members of the Board of Trustees:</th>
</tr>
</thead>
<tbody>
<tr>
<td>- President (Chairperson)</td>
<td>- Past presidents elected prior to 2000</td>
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<tr>
<td>- President-elect</td>
<td>- Resident-Fellow Member Trustee-Elect</td>
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<tr>
<td>- Secretary</td>
<td>elected by RFMs who serve a one-year</td>
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<tr>
<td>- Treasurer</td>
<td>term without a vote and advance to</td>
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<tr>
<td>- Three immediate Past Presidents</td>
<td>Resident-Fellow Member Trustee</td>
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<tr>
<td>- Speaker of the Assembly</td>
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<td>- Speaker-Elect of the Assembly</td>
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<tr>
<td>- One Trustee elected by the membership of each geographical area as defined by the Assembly (Seven)</td>
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<tr>
<td>- One Trustee-at-Large</td>
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<tr>
<td>- One Minority Under-Represented (MUR) Trustee (elected by Minority Caucuses)</td>
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</tr>
<tr>
<td>- One Early Career Psychiatrist (ECP) Trustee elected at large</td>
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<tr>
<td>- Resident-Fellow Member Trustee (elected by the RFMs)</td>
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</table>

The President, President-Elect, Secretary, Treasurer, ECP Trustee-at-Large, and one Trustee-at-Large are elected by the entire eligible voting membership. The Resident-Fellow Member Trustee-Elect is elected by the Resident-Fellow Members. One Minority Under-Represented (MUR) Trustee is elected by the Minority Caucuses. Candidates are selected by the Nominating Committee, with recommendations received from members, or nominated by petition. The seven Area Trustees are nominated by their Area Councils and elected by the members belonging to district branches within their respective areas.

The Board Executive Committee is composed of the President (Chairperson), President-Elect, Secretary, Treasurer, Immediate Past President, Assembly Speaker, and the APA CEO & Medical Director (non-voting).

1. Standing Committees

The Bylaws establish eight committees to conduct the business affairs of the Association: Finance and Budget; Bylaws; Elections; Ethics; Joint Reference; Membership; Nominating; and Tellers. With the exception of the Joint Reference Committee, whose composition is specified, the President designates the committees’ chairpersons and fills the vacancies in the membership of the committees.

2. Joint Reference Committee

The Joint Reference Committee (JRC) is a standing committee that acts as a liaison between the Board, Assembly, and the APA’s components. It ensures that matters receive thorough review and consideration by referring items to the appropriate components within the APA. It then reviews recommendations and transmits proposals to the Assembly and Board for action.
Voting Members of the JRC
- President-Elect (Chairperson)
- Speaker-Elect (Vice Chairperson)
- Immediate Past President
- One additional member of the Board of Trustees (appointed by President)
- Two additional members of the Assembly
- APA CEO & Medical Director

Non-Voting Members of the JRC
- Chairpersons of Councils

Observers (non-voting) of the JRC
- Representative from American Psychiatric Leadership Fellows
- Representative from APA/SAMHSA or Diversity Leadership Fellows
- Representative from APA Public Psychiatry Fellows

Councils are established by the Board and dedicated to specific topics of interest to the Association. Each Council is composed of up to twelve voting members, including the chairperson. One member of the Council must be an ECP and one member of the Council is selected from the Assembly. Corresponding members, without vote on Council actions, may be appointed at the discretion of the President. Appointments and tenures are staggered to ensure continuity on the Council. Up to two consultants may be appointed as needed, but only in rare instances. Where applicable, a current member of a Council may be identified as a liaison to a subspecialty organization. Councils are authorized to create and eliminate informal work groups and are authorized to act, subject to approval of the Board, within their area of interest to implement the objectives of the Association.

Committees are established within a Council to perform ongoing functions (as opposed to time- and task-limited functions). A Council reassesses the need for a committee every three years. They are composed of up to six voting members. Subcommittees are established at the request of a committee, typically in extraordinary circumstances, upon determining the need for the performance of a continuing function (distinct from a project-oriented and time-limited task) that falls within its purview. They are customarily composed of six members or fewer. Task Forces are established to carry out a specific, time-limited task and are discharged upon submission of a final report. They are composed of up to four members, including the chairperson. Caucuses are groups of self-selected special interest psychiatrists for whom there is no other vehicle or subspecialty organization already relating to the Association. A minimum of ten APA members is required to form a caucus. Work Groups are established within a Council and is usually comprised of Council members to address specific projects of short duration.

The following are the twelve Councils and their committees. Each year, soon after his/her election, the President-Elect begins to make appointments for the terms starting the following May. If you are interested in becoming a member of a Council or committee, please write directly to the President-Elect, c/o Association Governance, APA Central Office. Please be sure to enclose a curriculum vitae and background information demonstrating your qualifications for a particular role. You may also wish to speak to the chairperson of the Council or committee in which you are interested or contact the Speaker or Speaker-Elect of the Assembly.

Don’t be discouraged if you are not appointed the first time. The Association is fortunate in having hundreds of qualified members who are willing to serve, but there are only 50+ available positions each year.
### 3. Assembly

The Assembly is the national body that meets twice a year and represents the individual members in the affairs of the Association. It is composed of representatives from the Association’s district branches. It brings to the attention of the Board of Trustees and other components the concerns of District Branch members. In turn, the Board and its components often refer issues to the Assembly and the District Branches for consideration and study.

All representatives and deputy representatives to the Assembly are elected by procedures established by the pertinent group: District Branch, Area Council, Minority/Underrepresented Groups, Early Career Psychiatrists, Resident-Fellow Members, and Allied Organizations. Residents who want to get involved with the Assembly can do so through the Assembly Committee of Area Resident-Fellow Member Representatives (ACORF).

Assembly officers (Speaker-Elect and Recorder) are elected at the Assembly meeting prior to the Association’s Annual Meeting in May.

The seven Area Councils are regional links between the Assembly and the district branches. Each Area Council consists of representatives from each of the District Branches within the area, an Area Representative and Deputy Representative elected by the Council itself, an Area Early Career Psychiatrist Representative and Deputy Representative, an Area Resident-Fellow Member Representative and Deputy Representative, and Allied Organization Liaisons within the area. The Area Trustee to the Board of Trustees is an ex officio member. The Area Councils promote relationships between organized psychiatry and state governments, coordinate a range of branch activities, hold scientific meetings, and other programs in continuing medical education, and provide a forum for discussion of national and regional issues.
**Voting Members of the Assembly:**
- Speaker
- Speaker-Elect
- Recorder
- Two voting past Speakers
- District Branch Representatives
- Seven Area Representatives
- Seven Area Deputy Representatives
- Seven Resident-Fellow Member Area Representatives
- Seven M/UR Representatives
- Seven Early Career Psychiatrist Area Representatives
- Allied Organization Liaisons

**Non-Voting Members of the Assembly:**
- District Branch Deputy Representatives
- Seven M/UR Deputy Representatives
- Seven Early Career Psychiatrist Area Deputy Representatives
- Seven Resident-Fellow Member Area Deputy Representatives
- Parliamentarian

**Assembly Minority/Under-Represented (M/UR) Caucuses**
- American Indian, Native Alaskan & Native Hawaiian Psychiatrists
- Asian American Psychiatrists
- Black Psychiatrists
- Hispanic Psychiatrists
- International Medical Graduate Psychiatrists
- Lesbian, Gay & Bisexual Psychiatrists
- Women Psychiatrists

**Assembly Allied Organizations**
- Academy of Psychosomatic Medicine
- American Academy of Addiction Psychiatry
- American Academy of Child & Adolescent Psychiatry
- American Academy of Clinical Psychiatrists
- American Academy of Psychiatry & Law
- American Academy of Psychoanalysis and Dynamic Psychiatry
- American Association for Emergency Psychiatry
- American Association of Community Psychiatrists
- American Association of Geriatric Psychiatrists
- American Association of Psychiatric Administrators
- American Association of Social Psychiatry
- American Group Psychotherapy Association
- American Psychoanalytic Association
- American Society for Adolescent Psychiatry
- Association of Family Psychiatrists
- Association of Gay and Lesbian Psychiatrists
- Senior Psychiatrists
- Southern Psychiatric Association

**Seven Areas of the APA (By State or Territory)**
- Area 1: New England/Eastern Canada
- Area 2: New York
- Area 3: Middle Atlantic
- Area 4: North Central
- Area 5: South, Puerto Rico
- Area 6: California
- Area 7: West/Western Canada

**District Branches** are constituent parts of the Association that work locally to foster the science of psychiatry, promote its progress as a healing profession, and maintain high professional standards. Most correspond to state or metropolitan areas, the exception being the Society of Uniformed Services Psychiatrists. Each branch establishes dues for its members, elects its own officers, and arranges and funds its own programs. Each District Branch elects its own representatives to the Assembly.
APA District Branches and State Associations (by Area)

<table>
<thead>
<tr>
<th>Area 1</th>
<th>Area 2</th>
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<tbody>
<tr>
<td>07 Connecticut Psychiatric Society</td>
<td>02 Bronx District Branch</td>
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<td>32 Massachusetts Psychiatric Society</td>
<td>03 Brooklyn Psychiatric Society Inc.</td>
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<td>37 Ontario District Branch</td>
<td>05 Genesee Valley Psychiatric Association</td>
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<td>39 Quebec &amp; Eastern Canada District Branch</td>
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<td>41 Rhode Island Psychiatric Society</td>
<td>25 Greater Long Island Psychiatric Society</td>
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<td>62 Maine Association of Psychiatric Physicians</td>
<td>27 New York County District Branch</td>
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<td>26 New Jersey Psychiatric Association</td>
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<td>74 Nevada Psychiatric Association</td>
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<td>75 Wyoming Psychiatric Association</td>
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4. **Ad Hoc Committees**

Ad Hoc Committees of the Board are created by the President, with the approval of the Board, to study specific, and usually time limited, issues of immediate concern. They are disbanded automatically if either their task is completed or at the June meeting of the Board, unless specifically continued.
Section 5: Creating APA Policy

A. How an Idea Can Become Policy

IDEA

1A APA Assembly

2A, 4B The Assembly reviews and discusses the proposal, reaches consensus, and refers it to the Joint Reference Committee

1B APA Components

4A, 2B APA component considers the proposal, takes action or makes recommendations and submits a report to the Joint Reference Committee

3A The Joint Reference Committee may direct the proposal to an appropriate component, act upon it or send it to the Board of Trustees for consideration.

3B If the proposal is a position statement, the JRC refers it to the Assembly for consideration and possible approval. If approved, a position statement is sent to the Board for final action.

The Board of Trustees takes final action on the proposal
### B. How to Submit an Action Paper

www.psychiatry.org/network/assembly/action-paper-central (Member log-in required)

An action paper is a vehicle by which the APA Assembly considers and adopts new policies, positions and procedures. An action paper is a written document drafted by a member or members of the Assembly, representing the views, opinions or ideas of the author or authors. Action papers can address a variety of topics, such as APA governance and membership issues, positions on societal issues or current events, academic endeavors, issues affecting the practice of psychiatry in general, and improving patient care, among others. Please remember that this is not an all-inclusive list and you should not feel limited to the specific subjects listed.

<table>
<thead>
<tr>
<th>Identify a Topic</th>
<th>Organization &amp; Submission</th>
<th>Review &amp; Approval Process</th>
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<tr>
<td>The first step is to identify an idea or topic that you determine is relevant and important to the APA and the practice of psychiatry and ideally, something you feel passionately about. After you have outlined the basic concept, it is advisable to discuss it with colleagues or other senior members of the APA or your District Branch. This helps you obtain additional advice, recommendations and suggestions on your topic and also verify that this issue has not already been addressed in the past. It may be helpful to look up past actions, using your Member login, on AITS: Action Item Tracking System (Member log-in required).</td>
<td>All action papers must follow a specific format designated by the APA. They must include the following: Title, Whereas (statements listing reason for action), Be it Resolved (a statement of what action the APA should take and who should carry it out), Author(s), Estimated Cost, Estimated Savings, Estimated Revenue Generated, Endorsed By, Keywords, and APA Strategic Goal.</td>
<td>All action papers submitted to the Assembly are first reviewed by the Rules Committee. The Rules Committee may decide to place the action paper on the Consent Calendar for approval without discussion or debate. Typically, action papers placed on the Consent Calendar are seen as non-controversial and not requiring further review. Action papers placed on the Consent Calendar may be removed at the request of any Assembly member at the meeting.</td>
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<td>Endeavor to limit your paper’s topic to one clear goal or issue. A well-written action paper should be as cogent and succinct as possible. Once you have formulated a coherent idea, you must contact your RFM Assembly Representative, i.e. a member of the Assembly Committee of Resident-Fellows (ACORF). All action papers must be authored or co-authored by an Assembly member in order to be eligible for submission. If you are not an Assembly member, you will need to identify an Assembly member who is willing to serve as co-author for your paper.</td>
<td>It is advisable to garner support for your action paper prior to the upcoming Assembly meeting by presenting it to your District Branch or Area Council for their endorsement. If the action paper is endorsed by your District Branch or Area Council, they should be included in the Endorsed By section of the paper. At the Assembly meeting, take the opportunity to speak with other Assembly members and advocate for your paper. Let people know why your paper is important and useful.</td>
<td>The remaining papers are then referred to either one of several Reference Committees, comprised of Assembly members or to one or all of the seven Area Councils for review and recommendation. The Reference Committees and Area Councils will either endorse the paper, endorse the paper with changes, or decline to endorse the paper. The Reference Committee or Area Council assigned to review the action paper may suggest amendments or request that the author make changes for their review. Even if the Reference Committee or Area Council does not support the paper, the author still has the opportunity to have the action paper moved for consideration on the floor of the Assembly.</td>
</tr>
<tr>
<td></td>
<td>The Reference Committees and Area Councils for review and recommendation. The remaining papers are then referred to either one of several Reference Committees, comprised of Assembly members or to one or all of the seven Area Councils for review and recommendation. The Reference Committees and Area Councils will either endorse the paper, endorse the paper with changes, or decline to endorse the paper. The Reference Committee or Area Council assigned to review the action paper may suggest amendments or request that the author make changes for their review. Even if the Reference Committee or Area Council does not support the paper, the author still has the opportunity to have the action paper moved for consideration on the floor of the Assembly.</td>
<td>If the Reference Committee or Area Council approves your paper (with or without changes) or if the Reference Committee or Area Council rejects the paper, but it is successfully moved on the floor of the Assembly, it is then discussed by the members of the Assembly. After adequate discussion, the voting members of the Assembly vote on whether to approve the paper. Action papers can be tabled or postponed to another date by action of the Assembly. Approval of a paper requires an affirmative vote of a majority of the voting members in attendance. Finally, if an action paper passes, it is then referred to the Joint Reference Committee (JRC), which considers the paper and determines appropriate next steps.</td>
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<td>For information on submitting an action paper including the action paper template, please visit Action Paper Central (Member log-in required).</td>
</tr>
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</table>
Section 6: Membership Value

A. RFM Member Benefits

APA Resident-Fellow Members enjoy many benefits as members of the APA.

| Fellowships/Leadership Opportunities: | - Opportunities for funded public psychiatry, child & adolescent, minority, leadership, Congressional, and research fellowships
| | - Opportunities to become involved with advocacy (for example, attending the annual Advocacy Day in Washington, DC - as a RFM, the APA will cover all of your expenses for this event)
| Networking: | - Full access to the searchable online Member Directory for referrals or networking (Members-only section)
| | - A Member-to-Member Listserv (Member log-in required)
| Educational Resources: | - Building a Career in Psychiatry guide, [Part I: Medical School and Residency](#) and [Part II: Transitioning to Practice](#) (opens a PDF file, Member log-in required)
| | - 25% discount on all [American Psychiatric Publishing](#) publications (includes the DSM, as well as FOCUS and eFOCUS for boards review)
| | - Free subscriptions to the [American Journal of Psychiatry](#) and [Psychiatric News](#), both online and in print
| | - Access to and opportunities to publish in the online [Resident's Journal](#)
| | - [Online Courses](#), including Buprenorphine Training, Research Literacy
| | - Discounts on [Epocrates](#) (Member log-in required)
| | - Ability to sign up for drug/patient safety alerts
| | - Resources for “Teaching How to Teach” (opens a PDF file)
| | - Free HIV psychiatry course that will provide in-person, on-site education for any residency program
| | - CME resources
| Research: | - [Directory of Research Fellowship Opportunities](#)
| | - [Resident Research Colloquium](#) and [Poster Competition](#) at the Annual Meeting
| | - [Resident Research Award](#)
| Resources for Practice: | - [Clinical Practice Guidelines](#) for various diagnoses and treatment options
| | - Access to [JobCentral](#), which lists positions across the country (and can include moonlighting opportunities)
| | - [Patient Education](#) materials
| | - Resources for setting up and starting a private practice
| | - [Practice Management Helpline](#) for issues with coding/billing
| | - Access to [Prescriber's Clinical Support System-Opioid Therapies](#), an online collaboration between multiple addiction specialty groups that provides webinars, mentoring, a clinical support app, and virtual patients for practice encounters
| | - Following graduation, access to an established [Professional Liability Insurance Program](#)
| Additional Benefits: | - Discounted admission to the [Annual Meeting](#) and other meetings, and a discount on the Annual Meeting [OnDemand](#)
| | - A Resident Resource center for orientation/socializing/RFM-specific events at the Annual Meeting, as well as a specific resident track with resident/fellow-oriented presentations
| | - Specific support resources in the event of [Patient Suicide](#)
| | - [Residency Survival Guide for starting out](#) (opens a PDF file)
| | - Discounts on home/auto insurance, credit card programs, financial planning, rental cars, magazines, legal services
B. Join APA as RFM

Resident-Fellow Members (RFM) are physicians who have been accepted into a psychiatric residency training program that is approved by the ACGME, RCPs(C), or AOA and remain enrolled therein. Residents enrolled in a one-year primary care training program to be followed by an approved psychiatric residency are eligible for Resident-Fellow Member status. **First-Year APA Dues are waived for Resident-Fellow Members. After the first year, Resident-Fellow Member annual national dues are only $105/U.S. and $65/Canada.**

**Automatic Advancement to General Member:** Resident-Fellow Members are automatically advanced to General Member (GM) status upon completion of psychiatry residency training. APA requires that members verify they meet the General Membership requirements by completing the **GM Verification Form**. If a Resident-Fellow Member is continuing training in a fellowship program, the information must be reported to APA on the GM Verification Form or by email (membership@psych.org) so the member’s status can be changed back to Resident-Fellow Member.

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C. 100% Club for Residency Training Programs

The APA 100% Club was established to encourage residents throughout the United States and Canada to join the APA with fellow trainees in their programs. Many psychiatric residency programs come very close to making 100% Club each year, but fall a little short. In order to honor those programs for their efforts, the 100% Club has been expanded to three levels of Gold, Silver and Bronze, as well as the addition of a Platinum level, which will recognize programs that have been part of the 100% Club Gold level for the past five consecutive years. **See below for eligibility requirements, description and benefits for each level.** Email your general psychiatry resident roster at the start of the training year to Nancy Archey at narchey@psych.org to verify memberships and maintain your 100% Club status.

<table>
<thead>
<tr>
<th>Level of Membership</th>
<th>Description</th>
<th>Benefits</th>
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<tbody>
<tr>
<td><strong>Platinum Level:</strong></td>
<td>Programs that have been part of 100% Club Gold Level for the past 5 consecutive years.</td>
<td>APPI Gift Card: $200, Gift per Resident: X, Plaque: X, Certificate: X, Psych News: X</td>
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<tr>
<td><strong>Gold Level:</strong></td>
<td>Programs that have 100% of their residents as APA members.</td>
<td>APPI Gift Card: $100, Gift per Resident: X, Plaque: X, Certificate: X, Psych News: X</td>
</tr>
<tr>
<td><strong>Silver Level:</strong></td>
<td>Programs that have 90-99% of their residents as APA members.</td>
<td>APPI Gift Card: X, Gift per Resident: X, Plaque: X, Certificate: X, Psych News: X</td>
</tr>
<tr>
<td><strong>Bronze Level:</strong></td>
<td>Programs that have 80-89% of their residents as APA members.</td>
<td>APPI Gift Card: X, Gift per Resident: X, Plaque: X, Certificate: X, Psych News: X</td>
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</table>

**100% Club Member List:** Residency Programs that have obtained 100% Club Status

D. Chief Resident Leadership Conference

Many leaders in psychiatry, indeed medicine, started their career as chief residents. These are individuals selected for their natural ability to serve in this demanding role. However, most chief residents begin their tenure with only the example of their predecessors to guide them. Very few have any formal training in organizational issues, teaching, or leadership, and many have no preparation at all for their new responsibilities. This conference will train and guide the participants in their current role as "chief" and future leaders in the field. Each ACGME-accredited general psychiatry residency training program and child psychiatry fellowship can send at least one chief resident to attend this conference. The conference is held in conjunction with APA’s Annual Meeting every May. Over 120 incoming chief residents from the across the United States and Canada attend this one-day, experiential leadership course.

**Goals and Objective:**
- Enrich the participants' command of their personal leadership style as they lead teams and groups of colleagues to build consensus between the program leadership and residents
- Train the participants as they deal with administrators and faculty
- Meet and network with leaders in psychiatry
- Delve deeper in particular career tracks through breakout sessions that are hands-on and interactive in style
- Increase resident leaders' participation in areas of medicine where psychiatry is not normally represented
### C. Acronym Glossary

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