<table>
<thead>
<tr>
<th>eMeasure Title</th>
<th>Maternal Depression Screening</th>
</tr>
</thead>
<tbody>
<tr>
<td>eMeasure Identifier (Measure Authoring Tool)</td>
<td>82</td>
</tr>
<tr>
<td>eMeasure Version number</td>
<td>4.0.000</td>
</tr>
<tr>
<td>NQF Number</td>
<td>Not Applicable</td>
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<tr>
<td>GUID</td>
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<tr>
<td>Measurement Period</td>
<td>January 1, 20XX through December 31, 20XX</td>
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<tr>
<td>Measure Steward</td>
<td>National Committee for Quality Assurance</td>
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<tr>
<td>Measure Developer</td>
<td>National Committee for Quality Assurance</td>
</tr>
<tr>
<td>Endorsed By</td>
<td>None</td>
</tr>
<tr>
<td>Description</td>
<td>The percentage of children who turned 6 months of age during the measurement year, who had a face-to-face visit between the clinician and the child during child’s first 6 months, and who had a maternal depression screening for the mother at least once between 0 and 6 months of life.</td>
</tr>
</tbody>
</table>

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**Measure Scoring**

Proportion

**Measure Type**

Process

**Stratification**

None

**Risk Adjustment**

None

**Rate Aggregation**

None

**Rationale**

Maternal depression, also known as post-partum depression, is one of the most common perinatal complications; however, the disorder often remains unrecognized, undiagnosed, and untreated (VanLandeghem, 2006). Studies suggest that over 10 percent of mothers experience depression six weeks after giving birth, whether it is minor or major. Three to 25 percent of women experience major depression during the year following childbirth (Gaynes BN, 2005; Kessler RC, 1994). The incidence of depression may be higher in women who already have young children (VanLandeghem, 2006; Gaynes BN, 2005). Maternal depression can greatly affect mothers, their baby, and their family’s well-being. It can have lasting effects on a mother’s self-esteem and confidence as a mother (Epperson, 1999).

Screening is important, as mothers with post-partum depression who are not treated can have symptoms that carry over into the second year post-partum. Mothers that have had post-partum depression are also more likely to have a recurrence with subsequent children. (Epperson, 1999). There are effective treatments available, but less than half of post-partum depression cases are ever diagnosed (Gibson, 2010). Less than 50 percent of mothers with an infant child are currently being screened for post-partum depression (Gjerdingen, Crow, McGovern, Miner, Center, 2009). This measure encourages clinicians to screen new mothers for depression.

**Clinical Recommendation Statement**


The USPSTF recommends screening for depression in clinical practices that have systems in place to assure accurate diagnosis, effective treatment, and follow up for the general adult population*

Grade: B Recommendation
*NOTE: This recommendation applies to all adults.

Bright Futures (2008)
Health care professionals should screen mothers on the following topics:

Mothers of one week old infants:
Discuss health and depression, family stress, uninvited advice, parent role.
Differentiate between short-term "baby blues" and postpartum depression, and counsel and refer as appropriate:
It may be helpful to advise women that the "postpartum blues" are a different entity from depression. The "blues," with characteristic tearfulness, anxiety and low mood, are relatively common but are transient, peaking at 3-5 days after birth and resolving by 10-14 days.

Mothers of one month old infants:
Discuss maternal health (postpartum, checkup, depression, substance abuse)

Mothers of two month old children:
Discuss maternal health (maternal postpartum, checkup and resumption of activities, depression)

Grade: Expert Consensus

References


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- Data Criteria (QDM Variables)
- Data Criteria (QDM Data Elements)
**Supplemental Data Elements**

- **Risk Adjustment Variables**

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**Population Criteria**

- **Initial Population**
  - AND:
    - OR: "Birthdate : Patient Characteristic Birthdate" <= 5 month(s) starts before start of "Measurement Period"
    - OR:
      - AND: "Birthdate : Patient Characteristic Birthdate" starts after start of "Measurement Period"
      - AND: "Birthdate : Patient Characteristic Birthdate" >= 6 month(s) starts before end of "Measurement Period"
  - AND: Union of:
    - "Encounter, Performed: Office Visit"
    - "Encounter, Performed: Face-to-Face Interaction"
    - "Encounter, Performed: BH Medical or psychiatric consultation"
    - <= 6 month(s) ends after start of "Birthdate : Patient Characteristic Birthdate"

- **Denominator**
  - AND: Initial Population

- **Denominator Exclusions**
  - None

- **Numerator**
  - AND: Union of:
    - "Intervention, Performed: Maternal Post Partum Depression Care"
    - "Intervention, Performed: Maternal Post Partum Depression Screening"
  - <= 6 month(s) ends after start of "Birthdate : Patient Characteristic Birthdate"

- **Numerator Exclusions**
  - None

- **Denominator Exceptions**
  - None

- **Stratification**
  - None

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**Data Criteria (QDM Variables)**

- None

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**Data Criteria (QDM Data Elements)**

- "Encounter, Performed: BH Medical or psychiatric consultation" using "BH Medical or psychiatric consultation Grouping Value Set (2.16.840.1.113883.3.1257.1.1652)"
- "Encounter, Performed: Face-to-Face Interaction" using "Face-to-Face Interaction Grouping Value Set (2.16.840.1.113883.3.464.1003.101.12.1048)"
- "Encounter, Performed: Office Visit" using "Office Visit Grouping Value Set (2.16.840.1.113883.3.464.1003.101.12.1001)"
- "Encounter, Performed: BH Medical or psychiatric consultation Grouping Value Set (2.16.840.1.113883.3.464.1003.111.12.1013)"
- "Intervention, Performed: Maternal Post Partum Depression Care" using "Maternal Post Partum Depression Care Grouping Value Set (2.16.840.1.113883.3.464.1003.111.12.1014)"
- "Intervention, Performed: Maternal Post Partum Depression Screening" using "Maternal Post Partum Depression Screening Grouping Value Set (2.16.840.1.113883.3.464.1003.111.12.1014)"

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**Supplemental Data Elements**

- "Patient Characteristic Ethnicity: Ethnicity" using "Ethnicity CDCREC Value Set (2.16.840.1.114222.4.11.837)"
- "Patient Characteristic Payer: Payer" using "Payer SOP Value Set (2.16.840.1.114222.4.11.3591)"
- "Patient Characteristic Race: Race" using "Race CDCREC Value Set (2.16.840.1.114222.4.11.836)"
- "Patient Characteristic Sex: ONC Administrative Sex" using "ONC Administrative Sex AdministrativeGender Value Set (2.16.840.1.113762.1.4.1)"

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**Risk Adjustment Variables**

- None