PRESIDENTIAL TASK FORCE ON
SOCIAL DETERMINANTS OF MENTAL HEALTH
2021-2022

2021 September Components Meetings
ESTABLISHMENT & CHARGE

April/May: Task Force established; Call for nominations for appointments
June: Task Force Chair and members appointed and begin meeting monthly

**Task Force Charge**

- Develop sustainable policies and programs to bring about change in the psychiatric healthcare of affected populations consistent with the APA Position Statement on Mental Health Equity & the Social and Structural Determinants of Mental Health.
- Build upon the outcome of the 2020-21 APA Presidential Task Force to Address Structural Racism Throughout Psychiatry and existing research to produce tools for action, specifically programs and policy aimed at improving the well-being of patients, the public, and psychiatrists.
- The outcome may be used by clinicians, teachers, researchers, and administrators of healthcare systems and community organizations among others, to assess social determinants of mental health and improve individual and community well-being
TASK FORCE WORKGROUPS

Clinical Workgroup
Francis Lu, MD (Chair), Steve Koh, MD, Tresha Gibbs, MD

Research & Education Workgroup
Dolores Malaspina, MD (Chair), Elie Aoun, MD, Kimberly Gordon-Achebe, MD

Public Health Workgroup
Kenneth Thompson, MD (Chair), Michael Compton, MD, Sanya Virani, MD

Policy Workgroup
Allan Tasman, MD (Chair), Gary Belkin, MD, Lisa Fortuna, MD
TASK FORCE ADMINISTRATION

Consultants

Saul Levin, MD, MPA
CEO and Medical Director

Regina James, MD
Chief, Division of Diversity and Health Equity; Deputy Medical Director

Staff

Yoshie Davison, MSW
Chief of Staff

Ricardo A. Juarez, MS
Director, District Branch and International Relations
SOCIAL DETERMINANTS OF HEALTH (WHO & CDC)

• Early childhood development
• Education, job opportunities, and income
• Social inclusion and freedom from racial & other forms of discrimination
• Safe housing, transportation, neighborhoods
• Access to clean air and water
• Access to nutritious foods & physical activity opportunities
• Access to decent-quality affordable health services
SOCIAL DETERMINANTS OF MENTAL HEALTH (SDOMH)

- Exposure to the Impacts of Global Climate Change
- Exposure to Conflict, Violence, Shootings, War, Migration, etc.
- Interaction and Involvement with the Criminal Justice System
- Adverse Features of the Built Environment

Compton and Shim, 2020
BROADENING SDOMH

• Stigmas against the mentally ill, aged, immigrants and other marginalized persons
• Social connectedness by number and quality
• Disruptive use of social media to society and individuals
• Positive psychosocial factors: Community-level Wisdom, Compassion, Resilience
SOCIAL DETERMINANTS ANALYSIS

Impact Assessment Guide

1. Identifying Stakeholders
2. Engaging Stakeholders
3. Identify and Document Social Determinants
   Adverse vs. Positive Social Determinants. Which groups are most advantaged/disadvantaged? What quantitative & qualitative evidence of inequality exists?
4. Examining the Causes
   What factors may be producing and perpetuating adverse social determinants and inhibiting positive social determinants?
5. Clarifying the Purpose
6. Considering Adverse vs. Positive Impacts
7. Advancing Equitable Impacts
8. Examining Improvements
   What are the ways to reduce the negative effects of adverse social determinants and promote positive ones?
9. Ensuring Viability and Sustainability
10. Identifying Success Indicators
**Clinical:** Clinical competency; Practice Guidelines

**Research and Education:** Bio-psycho-social studies; Mechanisms; Interventions; Set training goals for psychiatric education; Identify the determinants of education, relationships with caregivers and the community for children with adverse exposures, inform the public and clinicians on mechanisms linking social determinants to mental health.

**Public Health:** Public education; Prevention

**Policy:** Advocacy, Healthcare access; Healthcare economics
Addressing Social Determinants of Mental Health

Francesca Bonnansini, M.D., Luigi Krappe, M.D., Emilio Notari, M.D., Michael T. Conigli, M.D., MPH

Social Determinants of Mental Health as Mediators and Moderators of the Mental Health Impacts of the COVID-19 Pandemic

APA Official Actions

Position Statement on Mental Health Equity and the Social and Structural Determinants of Mental Health

Approved by the Board of Trustees, December 2019

Policy documents are approved by the APA Assembly and Board of Trustees. These are position statements that define APA official policy on specific subjects... – APA Operations Manual

APA Resource Document

Resource Document on Social Determinants of Health

Approved by the Assembly, November 2019

The Role of Physicians in Addressing Social Determinants of Health

To a large degree, health is shaped by the conditions in which people are born, grow, live, work, and age. Culturally, socially, and economically distinct populations experience varying levels of health and illness. The social determinants of health, as defined by the World Health Organization, are the conditions in which people are born, grow, live, work, and age. These are the factors that influence the health and well-being of individuals and populations. The social determinants of health include the following:

1. Economic Security
2. Education and Employment
3. Social Support
4. Physical Environment
5. Health Care Services

Social Determinants of Health

What are social determinants of health?

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3. Social Support
4. Physical Environment
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www.psychiatry.org/socialdeterminantsofmentalhealth
UPCOMING MEETINGS

Theme: Sociopolitical Determinants: Practice, Policy and Implementation

- Structural Trauma in Communities
- Impact of Racism within Large Organizations
- Community Leadership and Frontline Care

Theme: Social Determinants of Mental Health

- Presidential Sessions
- Courses
- General Sessions
- Posters