Learn About NIMH

The National Institute of Mental Health (NIMH) is the lead federal agency for research on mental disorders. NIMH is one of the 27 Institutes and Centers that make up the National Institutes of Health (NIH), the nation's medical research agency. NIH is part of the U.S. Department of Health and Human Services.

MISSION: To transform the understanding and treatment of mental illnesses through basic and clinical research, paving the way for prevention, recovery, and cure.

VISION: NIMH envisions a world in which mental illnesses are prevented and cured.

Discover NIMH at the American Psychiatric Association 2021 Annual Meeting

Hear from NIMH Director Joshua A. Gordon, M.D., Ph.D.
Mental Health Research in the Era of Competing Crises
Saturday, May 1, 2021, 2:00–3:30 PM ET

Additional NIMH Research Track Sessions:

• Expanding Access to Measurement Based Care: Evidence and Policy Initiatives That Incentivize Quality Care and Health Equity
  Sunday, May 2, 4:00–5:30 PM ET

• Suicide Prevention Research for Underserved Youth: Approaches to Addressing the Challenges
  Monday, May 3, 2:00–3:30 PM ET

• Novel Approaches to Addressing Mental Health Disparities: A Lifespan Perspective—On Demand

• Accelerating Medicines Partnership: Schizophrenia—On Demand

• BRAIN Initiative—On Demand

Visit NIMH’s virtual exhibit booth to learn about the Institute and its resources. Chat with an NIMH representative during meeting breaks. You may also request a meeting with our representative while visiting the NIMH booth.

Contact the National Institute of Mental Health

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Email: nimhinfo@nih.gov
www.nimh.nih.gov
Explore Additional NIMH Resources

Learn About the Research

NIMH 2020 Strategic Plan for Research
www.nimh.nih.gov/SP2020
NIMH research and addressing new challenges in mental health

News and Events
www.nimh.nih.gov/news
- Science News featuring the latest research findings
- Research Highlights sharing stories of research being conducted by researchers at NIMH-supported institutions across the country and researchers in the NIMH Division of Intramural Research Programs

Clinical Trials
www.nimh.nih.gov/clinicaltrials
Information about clinical research and how to find a trial at NIMH or across the country

Find Tools and Resources for Your Work

Mental Health Information
www.nimh.nih.gov/health
Authoritative information about mental disorders and a range of related topics
- Brochures and Fact Sheets available in print and online, in English and Spanish
- Statistics on the prevalence, treatment, and costs of mental illness for the population of the United States

Multimedia
www.nimh.nih.gov/news/media
Videos featuring science news, lecture series, meetings, seminars, and special events

Ask Suicide-Screening Questions (ASQ) Tool
www.nimh.nih.gov/ASQ
Brief validated tool for use with both youth and adults in a variety of clinical settings, available in 14 languages. A toolkit is available to implement ASQ in practice.

Connect With NIMH

Email Updates
www.nimh.nih.gov/news/e-mail-newsletters
Latest mental health news, research advances, upcoming events, publications, clinical trials, meeting summaries, and more

Discover NIMH
www.nimh.nih.gov/shareNIMH
Monthly e-newsletter highlighting new materials and tools to use in outreach and education efforts

Inside NIMH
www.nimh.nih.gov/InsideNIMH
E-newsletter with NIMH funding opportunities, trends, and future research directions

Social Media
@NIMHgov  |  www.nimh.nih.gov/socialmedia
NIMH social media posts about the Institute’s latest initiatives, events, studies, and funding opportunities