



AMERICAN
PSYCHIATRIC
ASSOCIATION

2022 Election

For

President-Elect

Treasurer

Trustee-at-Large

Area 3 Trustee

Area 6 Trustee

Resident-Fellow Member

Trustee-Elect (RFMTE)



2022 APA ELECTION

President-Elect

Please note: The candidates' bios may not appear in the same order as listed on the ballot.

Candidate for President-Elect

Petros Levounis, MD, MA, DFAPA

- Professor and Chair, Department of Psychiatry, and Associate Dean for Professional Development, Rutgers New Jersey Medical School, and Chief of Service at University Hospital, 2013-present
- Director, The Addiction Institute of New York, 2002-2013
- Deputy Editor-in-Chief, APA Publishing, Books, 2016-present
- President, APA New York County District Branch, 2007-2008
- Honorary Member, World Psychiatric Association, 2017-present



I am honored to be nominated for the presidency of the APA. The APA has inspired me to study, teach, publish, and advocate for our patients and our profession since medical school. It also helped me lead the New York County District Branch at a time when mental health was not on the priority lists of politicians, physicians, or parents.

Since then, mental health has moved from the background of societal concern to its foreground. Psychiatrists are now routinely called to guide both legislators and the public on matters of mental and physical wellbeing, work-life balance, social determinants of health, diversity, equity, and inclusion. And currently, COVID has introduced unprecedented levels of communal anxiety and distress in need of our help.

I would be thrilled to capitalize on this unique moment when people's awareness of and interest in what we can offer is at its highest.

To achieve this goal, I will lead our APA to:

- Expand our Workforce through building more residencies and developing innovative career pathways for young psychiatrists.
- Strengthen our Scope of Practice for our patients' safety and optimal medical care through clear guidelines for supervision and collaboration with our partners.
- Fight for Parity in reimbursement of clinical services on par with other medical specialties.
- Problem-Solve Maintenance of Certification to best help our members in their professional development.

- Amplify the Psychiatrist's Voice on critical social issues, such as systemic racism, homophobia, and climate change.

My background in academic psychiatry, leadership in key administrative roles for over 20 years, understanding of professional organizations, personal experience of stigma and discrimination as a gay man, media expertise, and passion for teaching and learning will help me lead our association to fulfill both our own commitments and the growing expectations of our fellow citizens.

Professional Activities:

90% Rutgers New Jersey Medical School
50% Administration
20% Education
10% Clinical
10% Research
5% Continuing Medical Education Lecturing
5% Consulting and Writing

Professional Income:

90% Rutgers New Jersey Medical School
5% Continuing Medical Education Lecturing
5% Consulting and Book Royalties

Candidate for President-Elect

James B. “Jimmy” Potash, MD, MPH, DFAPA

- Henry Phipps Professor and Director (Chair) of the Department of Psychiatry and Behavioral Sciences, Johns Hopkins, 2017-; Paul Penningroth Professor and Department Chair, Psychiatry, University of Iowa, 2011-17
- Executive Committee, National Network of Depression Centers, 2012-17
- Council on Research, American Psychiatric Association, 2013-20
- Treasurer, International Society for Psychiatric Genetics, 2016-
- President, American Psychopathological Association, 2020-21



It is exciting to contemplate serving as President-Elect of the most important organization in American psychiatry. One of my overarching goals will be to help create the next-generation version of our field. A key feature must be greater diversity, equity, and inclusion. Improving the mental health of the underserved was integral to my choosing to go into psychiatry, as my path started with treating malaria in West Africa, and during medical school I rotated at a Nigerian psychiatric hospital. As a resident, I served on the APA's Council for International Health. At Johns Hopkins, we are working to enhance opportunities for underrepresented minorities and increase trainee's cross-cultural skills. I look forward to building on the APA's efforts in this arena. The next generation also requires we solidify COVID-era gains in telepsychiatry, so patients can more easily access care, and psychiatrists can have increased flexibility. This means prioritizing legislative and regulatory efforts to ensure telepsychiatry options continue to be allowed and reimbursed. Next-generation innovation should involve things like automated texting to remind patients to take medications, and digital monitoring to provide a richer profile of patients' condition between visits, as augmentation to psychotherapy. My other overarching goal will be to bolster the strong foundations on

which our field was built. We are the only branch of medicine that not only treats disease, but cares for the whole person. We need to preserve and enhance our ability to comprehensively assess and formulate patients, and provide compassionate care encompassing psychotherapeutic, pharmacologic and neuromodulatory treatment. We want more for patients than surviving illness—we want to encourage thriving lives. Shoring up these foundations will require continuing to promote mental health parity. None of this will be easy, but “nothing great was ever achieved without enthusiasm,” and I will certainly bring that to the effort.

Professional Activities

100% - Director of Psychiatry and Behavioral Sciences at Johns Hopkins Medicine

75% - Leadership and administration

15% - Clinical care

5% - Teaching

5% - Research

Professional Income

100%- Director of Psychiatry and Behavioral Sciences at Johns Hopkins Medicine



2022 APA ELECTION

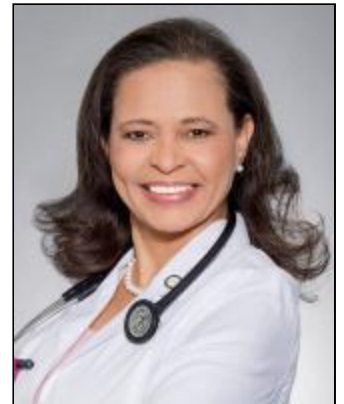
Treasurer

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Candidate for Treasurer

C. Freeman, MD, MBA

- Assembly Rep., Area 6, APA, 2021-2022
- Parliamentarian, Board of Trustees, APA, 2021-2022
- Member, Investment Oversight Committee, APA, 2016-2023
- Trustee, California Medical Association, 2015-2021
- Treasurer, National Medical Association, 2009-2016



I built my private practice as a medical director that salvaged an inpatient unit from closure. Recognized as a strategic change agent, I am recruited to start programs and make organizations viable. My business acumen and understanding of fiscal matters, market influences, and mission driven agendas allow me to implement proven winning strategies.

My platform is Competent Transparent Fiscal Reporting and Responsible Oversight. The treasurer is to present an organization's financial information in a transparent and comprehensible way. The treasurer must also ensure the finances are adequate to support the organization and investments are managed to safeguard the organization's successful financial future. Further, the role of the treasurer is to guarantee that funds of the organization are directed as set forth by the membership. Application of these fiscal tenets have resulted in the successful performance of duties in my previous roles as a fiduciary and I offer my experience in service to the APA.

Professional Activities

100 % Private Practice

Professional Income

67% Private Practice

33% Consultant, community mental health center

Candidate for Treasurer

Richard F. Summers, MD, DLFAPA

- APA Treasurer, 2020-present
- Trustee-At-Large, APA Board of Trustees, 2016-2020
- Clinical Professor of Psychiatry and Senior Residency Advisor, Perelman School of Medicine of the University of Pennsylvania
- Chair, APA Committee on Psychiatrist Wellbeing and Burnout, 2018-2020
- Member, APA Presidential Task Force on Structural Racism in Psychiatry, 2020-2021



As APA Treasurer, psychiatrist, educator and author, I am deeply committed to APA and to the future of psychiatry. Our field has the attention of many stakeholders now because of the crisis in accessing psychiatric care, impact of COVID, recognition of racial and social injustice, rise in gun violence, and polarization of public discourse. There is wider awareness that we must pull together to protect our democratic institutions and the planet, and that attention to mental health is integral to these efforts. I am running for a second term as Treasurer of APA to help lead this fight at this crucial moment in time.

During my current term as Treasurer, I have focused on transparency to ensure that we are deploying our very substantial assets to fund our most important priorities, including: advocacy for psychiatry and psychiatrists; diversity, equity and inclusion; education; building the empirical base of our field; and nurturing the psychiatrists of the future.

In the past 18 months, I have overseen the redesign of the Treasurer's Report to enhance transparency and promoted effective planning discussions among the major components of the APA Finance Team. I have proposed and we will soon implement an APA Board of Trustees Risk Advisory Committee to help us manage risks such as cybersecurity, reputational risk and future unanticipated events like the pandemic. I have been involved in the financing decisions for the new building, helped negotiate the sale of a portion of the building ownership to the APAF, and supported the decision to expand into new asset areas on the Investment Oversight Committee.

My financial management skills come from previous leadership positions in psychiatry, such as President and Treasurer of AADPRT, leading a successful psychiatry group practice and private sector real estate experience.

Professional Activities

80% -- Private practice of psychiatry

10% -- Residency teaching at Perelman School of Medicine of the University of Pennsylvania

10% -- Writing, speaking, consulting

Professional Income

95% -- Private practice

5% -- Royalties, honoraria



2022 APA ELECTION

Trustee-at-Large

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Candidate for Trustee-at-Large

Samuel O. Okpaku, M.D., Ph.D., FRCPE (C), FRCPE, DLFAPA

- President, Middle Tennessee Branch, Tennessee Psychiatric Association (1999)
- APA Consultant-- Council on Medical Education and Career Development (1994-96)
- President Black Psychiatrists of America (2016)
- Member—Awards Committee—APA—Chester Pierce Human Rights Award Nomination Committee (2018)
- Clinical Professor of Psychiatry—George Washington University



Global health and global mental health have become established thanks to the Millennium Development Goals Advancement Fund and the report of the World Conference on the Social Determinants of Health. These two developments help to broaden the definition of health and mental health. Many advanced countries have included health policies into their overall foreign diplomacy frameworks. Meanwhile, the issues of immigration and refugee resettlement remain very intricate. Matters of equity and access to care remain relevant in dealing with minority and underrepresented populations. The current pandemic has demonstrated the vulnerability to health and economic systems not only in the developing world but also in the industrialized nations. The current response to the pandemic highlights a number of vulnerabilities and unpreparedness even in the most advanced countries. The ethical issues are glaring with multiple deaths, suffering, and multiple other consequences. The manufacturing and distribution of vaccines demonstrates the need for equity in responding to pandemics. In other words, the current response to the pandemic has highlighted the need for changes at different fronts. This includes the need for an astute attention to ethical practices and policies. Diversity, inclusion, and representation as well as cultural sensitivity have a supreme role in supporting ethical guidelines and practices. The American Psychiatric Association therefore has a major role in participating and promoting a public health and population approach to the above problems. In addition, many members of the international community of psychiatrists look towards the American Psychiatric Association as a leader in the above matters. As a Trustee I will bring to the attention of my colleagues the need to respond and be sensitive to the above issues. The American Psychiatric Association should not ignore the potential benefits of full participation of international members, especially those in training.

Professional Activities

60%--Evaluation of Veterans for compensation and pension benefits

20%--Research

10%--Administration of Center for Health, Culture, and Society

Professional Income

100%--Private Practice

Candidate for Trustee-at-Large

Michele Reid, MD, DLFAPA

- APA Trustee-At-Large, 2020-2022
- APA, Member Finance and Budget Committee, 2021-2022
- Michigan Representatives to Area 4 of the Assembly, 2016-2020
- Past President, Michigan Psychiatric Society District Branch of the APA, 2002-2003
- Clinical Assistant Professor, Wayne State University Department of Psychiatry and Behavioral Neurosciences, 1988 to present



My threefold platform is to implement the board approved recommendations from the Presidential Task Force to Address Structural Racism Throughout Psychiatry (Task Force), improve access to care with the expansion of Certified Community Behavioral Health Clinics and advance initiatives to promote recovery while eliminating the stigma of mental disorders.

The Task force concluded its activities in May 2021, and the Board approved most of the recommendations. The Board of Trustees Structural Racism Accountability Committee is responsible for monitoring the implementation of the Task Force recommendations. I chaired the Task Force Workgroup on Resources and will continue to advocate for full implementation of the recommendations, as well as those of the current Presidential Task Force on the Social Determinants of Mental Health. Progress has been made in addressing structural issues in the election process and at the Board, Component, Assembly and District Branch levels. The APA has accepted the challenge to increase leadership roles and meaningful participation of traditionally underrepresented groups.

I remain committed to advancing initiatives that improve patient access to seamless, available and affordable quality care. I will continue advocating for the further expansion of the Excellence in Mental Health and Addiction Treatment Expansion Act resulting in fully funded Certified Community Behavioral Health Clinics nationwide. These clinics provide comprehensive mental health services and addiction treatment for children, adolescents, adults and older adults with mild, moderate and severe mental disorders who are uninsured, underinsured or underserved. Targeted populations include veterans, Native Americans and the LGBTQ community.

I am also dedicated to promoting APA initiatives that will provide additional resources to advance recovery and reduce stigma with organizations such as National Alliance on Mental Illness and Mental Health America. These activities are designed to eliminate the stigma of mental disorders and improve access to high quality evidence-based mental health care.

Professional Activities

100% Chief Medical Officer, CNS Healthcare a Certified Community Behavioral Health Clinic (CCBHC)

80% - Administrative
20% - Clinical Care

Professional Income

100% CNS Healthcare a CCBHC



2022 APA ELECTION

Area 3 Trustee

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Candidate for Area 3 Trustee

Kenneth M. Certa, MD, DLFAPA

- Area 3 Trustee, APA Board, 2019-2022
- Director, Adult Acute Services and Teaching Faculty, Thomas Jefferson University Hospital
- Pennsylvania Medical Society Board, Psychiatry Trustee, 2004-2014
- Delegate, American Medical Association representing APA, 2008-present
- Pennsylvania Psychiatric Society Assembly Representative, 2010-2019



I've been honored to represent Area 3 on the Board of Trustees for the past two-plus years. I would like to continue; there is much to be done. My better understanding of board procedures, and the complicated APA organization, will make me a better advocate.

There are many challenges. It is tempting to focus on these, but I think it is important to recognize how important and useful the APA is. We have been successful in our advocacy efforts in so many ways; among them:

- We have helped states keep scope of practice expansion from happening, and helped Congress see that labeling psychologists as physicians is a bad idea
- We won the waivers needed to provide tele-psychiatry expansion needed during the pandemic, and continuation beyond the end of the emergency declaration
- We have kept the organization, including our meetings, viable through these difficult days, moving to virtual platforms

There remain many very difficult problems, which our staff and volunteer members work on so much behind the scenes. Among these:

- We need to develop treatment models, and get them paid for, so that access can be greatly expanded
- We need to assure competency in our profession, while working to diminish the unchecked power of the monopolies of the American Board of Medical Specialties and the American Board of Psychiatry and Neurology

- We must continue to fight the parity battles as they appear, and develop a strategy to use the wins we have gained proactively
- We need to continue the work of the Task Force on Structural Racism, doing the hard work of developing meaningful metrics to make sure we are making a difference

My daily work as a clinician and educator, my work with other medical organizations, and my long service in the Pennsylvania district branch, equip me for these challenges.

Professional Activities

100% teaching faculty at university hospital

50% clinical (mainly inpatient and emergency room, small outpatient practice as well)

30% teaching (residents, medical students)

20% administrative

Professional Income

100% income from Thomas Jefferson University

Candidate for Area 3 Trustee

Geetha Jayaram, MBBS, MBA

- APA Scientific Program Committee Chair x2 for 21000 to 27000 attendees; 2002-2004; Chair Patient Safety Committee of the APA
- President Association of Women Psychiatrists
- President American Association of Psychiatric Administrators
- Elected Chair Global Mental Health Caucus
- Chair Editorial Board, Psychiatric News 2004-2012



During the pandemic, psychiatrists have pivoted, innovated, and recharged themselves to deliver care to our severely ill patients. We have pioneered in developing sensible, safe and pragmatic lasting solutions for reimbursable treatment.

However, the pandemic has burdened people of color, women and elderly in unprecedented ways. As a community psychiatrist, I have developed low-cost solutions for treatment of the disenfranchised; addressed social determinants of care, and raised awareness of the needs of our marginalized and minority patients on 3 continents.

- The APA has begun examining aspects of diversity, equity and inclusion that will need a clear strategic plan for goals to be reached. I have successfully implemented such a plan, focusing on women/ children/ minorities to treat and empower them, using my successful low cost model over 2 decades.
- Safety in the treatment of our patients is of paramount importance, saving lives through thoughtful, systematic application of research driven practices. It is our responsibility to promote quality care/ education about such care. I have pioneered the patient safety movement for the APA successfully.
- Practice concerns about dilution of our physician workforce and the need for access to care are current issues. I have found replicable solutions for scope of practice issues that maintain the leadership of psychiatrists.

- Collaborative work between the District branches/ Assembly and the Board of Trustees continues to evade us, with a need to promote collaboration and transparency in reaching solutions. This model needs examination.

I have had a breadth of experience in patient care, teaching and research at Hopkins and internationally. I promise to work with our membership to promote the vision, advocacy and representation of our profession. I humbly request your vote.

Professional Activities

60% community psychiatry and global mental health

30% consultation on patient safety

10% mentoring, supervision and teaching at Johns Hopkins Schools of Medicine, Public Health and Nursing

Professional Income

70% humanitarian mental health activities - done pro bono

30% consultant for patient safety

Candidate for Area 3 Trustee

Mark S. Komrad, MD

- Psychiatrist, Private Practice
- Medical Ethicist
- Clinical Assistant Professor of Psychiatry, University of Maryland
- Instructor in Psychiatry, Johns Hopkins School of Medicine
- Clinical Assistant Professor of Psychiatry and Behavioral Sciences, Tulane University



For over 15 years I have enjoyed the pleasures and challenges of serving the APA for you in the Assembly, the APA Ethics Committee, Area 3, and on the Board of the Maryland Foundation for Psychiatry. I am now seeking a new chapter of service for the organization as a candidate for Area 3 Trustee.

I have extensive experience working in the media (including my own radio talkshow about psychiatry, broadcast to 43 million listeners for many years). I speak throughout the country to lay audiences about psychiatry, through close affiliations with consumer groups like National Alliance on Mental Illness. As Trustee, I will build more collaborations between the APA, the media, and consumer advocacy groups to educate the public about the role of psychiatrists in healthcare and the state-of-the-art in our field. We need to educate the public about who we are, what we do, and how we, as physicians, *differ* from other mental-health clinicians, positioning psychiatrists as leaders of collaborative teams with mid-level clinicians.

Maintenance of Certification has been challenged both within the APA and from other medical organizations as onerous and expensive, without evidence that it improves patient care or lifelong learning. I will work to address this as a method for ensuring competence, and to develop evidence-based alternatives, through the forum of the APA leadership.

I will bring my years of experience as a medical ethicist and clinician to help clarify APA's core values.

This expertise can help guide our moral compass as applied to national policies and social issues affecting mental health like: climate change, gun violence, structural racism, gender discrimination, handling of immigrants and refugees, and assisted suicide.

I will work to address recent setbacks in the administrative and financial relationships between the APA and District Branches, which have become increasingly complicated and challenging.

Professional Activities

80% - Private Practice

10% - Lecturing nationally and internationally

5% - Teaching

5% - Media Interviews

Professional Income

95% - Private Practice

5% - Lecture Honoraria



2022 APA ELECTION

Area 6 Trustee

Please note: The candidates' bios may not appear in the same order as listed on the ballot.

Candidate for Area 6 Trustee

Mary Ann Schaepper, MD, MEd, DFAPA

- Member, APA Council on Child, Adolescents and their Family, 2015-current
- Area 6 Assembly Representative, Southern California Psychiatric Society, 2012-2020
- President, California Psychiatric Association, 2020
- Member, California Psychiatric Association Government Affairs, 2000-2008, 2016- 2020
- President, Southern California Psychiatric Association, 2011-2012



My platform as Area 6 Trustee is communication, diversity, and innovation.

My first duty as Trustee is to act, speak, and vote in the best interest of all American Psychiatric Association (APA) members.

Connecting effectively with Area 6 District Branches (DB), Area 6 Council of the Assembly, and the California psychiatric advocacy organizations, where leaders feel free to communicate their challenges and requests to the APA Board of Trustees (BOT), is important as we address collective and individual mental health needs in California. Equally significant, is the APA sharing its vision, support, and resources with our members. I commit to being the liaison, accessible, sharing information via monthly reports to the DB, Council, advocacy organization newsletters and to attending and participating in Councils and APA BOT meetings.

Area 6 is geographically large, diverse, and has unique mental health needs. The APA and Area 6 DBs are taking steps to ensure our organization reflects this diversity. I will actively support Area 6 in moving toward inclusive and equitable leadership.

Area 6 is experiencing the challenge of the dissolution of a singular state organization. With two growing and distinct psychiatric advocacy organizations which include members of the APA, Area 6 is poised to find a common purpose, and to determine each organization's unique contribution to the profession.

Within the context of the California community of psychiatry, it is reasonable to expect these two

organizations to make innovative contributions to local, state, and national mental health.

I will:

- communicate directly with each District Branch, informing them of APA policies, resources, and opportunities
- communicate with the two psychiatric advocacy organizations, connecting APA's resources to state and local needs
- participate in Area 6 Council
- collaborate effectively in decision-making of the APA Board of Trustees

This is my personal commitment and professional pledge.

Professional Activities

100% Private Practice at Schaepper Psychiatry, APC

- 40% Private Office
- 35% Independent Contractor to Federally Qualified Health Center
- 25% Administrative

Professional Income

100% Private Practice at Schaepper Psychiatry, APC

Candidate for Area 6 Trustee

Shannon Suo, MD, DFAPA

- Treasurer, Psychiatric Physicians Alliance of California, 2020-;
- President-Elect, California Psychiatric Association, 2020;
- Assembly Representative, Central California Psychiatric Society, 2018-;
- Professor, UC Davis Department of Psychiatry and Behavioral Sciences, 2010-2021;
- Program Director, UC Davis Family Medicine-Psychiatry Residency Program, 2017-2021



The position of Area 6 Trustee is an important voice on the Board of Trustees as it represents nearly 10% of psychiatrists in the APA. It is also important to me as individual from a minority group (Asian) from a “small” (<1000 members) District Branch (DB), that the voices of our less well-represented members are heard and represented. The “small” DBs of California have not often presented candidates for statewide election. In fact, the Trustee position for Area 6 has been held by a Northern California Psychiatric Society member for the past 8 years. I hope that by my example and through my position as Trustee to reach out to underrepresented individuals in California and encourage, promote and/or mentor them into more leadership positions. Because the Board of Trustees is primarily a composite of individuals elected by each specific Area/group (e.g., Minority/Underrepresented, ECP, RFM), it is hard to ensure diversity except through the election within each Area or group. Not only would I contribute to the diversity on the Board, I would seek to ensure that that APA is continuing to honor its pledge to antiracist work and hear and implement the recommendations of the Task Force on Structural Racism and the Structural Racism Accountability Committee. I want to continue the excellent work of current Trustee, Melinda Young, and work with *all* of the DBs to communicate what is happening at the Board

and elicit concerns they have that may need to rise to the Board. I plan to be accessible and available to all California members. My experience in the Assembly for the past 7 years, California Psychiatric Association Council for 10, and Central California Psychiatric Society Council for 20 have given me foundational experience for a position representing California psychiatrists on the APA Board of Trustees.

Professional Activities

100% Staff psychiatrist at LifeStance Health

10% Administrative

40% Consultant in integrated care (includes direct patient care, collaboration with primary care providers)

50% Clinical Care

Professional Income

100% LifeStance Health

Candidate for Area 6 Trustee

Barbara Yates Weissman, M.D., D.F.A.P.A

- Area 6 (California) Deputy Representative/Representative, Assembly Executive Committee (2014-2022);
- President, California Psychiatric Association (2010-2012) and Northern California Psychiatric Society (2002-2003);
- American Medical Association, Alternate Delegate, House of Delegates, for the California Medical Association (2021-);
- California Medical Association, Board of Trustees, for the Specialty Delegation (2015-2021);
- San Mateo County Medical Society President-Elect/President (2020-2022).



I bring experience, a drive to promote change, and an ability to develop connections to the position of Area 6 Trustee.

Of worldwide importance are climate change, issues of justice, equity, diversity and inclusion, and the ongoing COVID pandemic.

At the state level, there is an initiative challenging our Medical Injury Compensation Reform Act (MICRA) which would increase health care costs. There are also bills such as AB890 which allows the independent practice of nurse practitioners and which must be appropriately narrowed in scope.

At the community level, I work in county behavioral health doing home visits, do peer review for an adjacent county, and have struggled in a third county seeking services for a family member. It is becoming harder to get appropriate care for our underserved populations, especially those that are dually diagnosed.

As trustee, I would continue to work for reform at all levels and utilize my current and past leadership connections with other organizations.

I lead through connection and consensus. As San Mateo psychiatric chapter president, my efforts

doubled our membership. As district branch president, I actively collaborated with other organizations. At the Assembly level, I chaired the reference committee that first systematically developed a consensus statement about gun violence. As your Assembly Executive Committee Representative, I have worked hard to keep all the district branches working together at the national level despite recent state conflict.

As reflected in the position statement above, I believe APA should keep a balance between issues that are specific to physicians such as scope of practice and care for the underserved, as well as larger issues that affect us all such as climate change and structural racism. If elected, I have the experience and drive to excel as the next trustee for Area 6, and I ask for your vote.

Professional Activities

90% Senior Faculty, San Mateo County Behavioral Health and Recovery Services

7% Psychiatric Peer Review Committee CoChair, Santa Clara County

3% Expert Reviewer, California Medical Board

Professional Income

93% San Mateo County Behavioral Health and Recovery Services

5% County of Santa Clara Health Systems

2% Reviewer for the Medical Board of California



2022 APA ELECTION

Resident-Fellow Member Trustee-Elect (RFMTE)

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Candidate for Resident-Fellow Member Trustee-Elect (RFMTE)

Mary-Anne Hennen, M.D.

- PGY-2 Resident, Rutgers New Jersey Medical School, 2020-2024
- Editor, *Ward Wisdom: Psychiatry Questions for Medical Students, Written by Medical Students*, 2020-present
- Psychiatry Resident Wellness Champion, Rutgers New Jersey Medical School, 2021-present
- Recipient of Outstanding PGY-1 Award 2020-2021
- Teaching Assistant, Summer Medical & Dental Education Program, Rutgers New Jersey Medical School, 2016



I am humbled and privileged to be nominated for this opportunity to represent your interests as residents and fellows in the APA. Throughout this 2-year endeavor, I am committed to ensuring that your voices are heard and I hope you find that my platform aligns with your values.

Wellness: Resident wellness has rapidly become a prominent interest among the medical community, especially in light of the ongoing pandemic. It's more important than ever for the APA to keep resident well-being as a focal point.

- **Plan:** Collaborate with the Board in developing action plans that protect residents, and curriculums that encourage practical steps and guidelines for promoting wellness. Helpful techniques could include emphasis on self-care, navigating interpersonal exchanges, and establishing healthy boundaries.

Education & Advocacy: As leaders in the mental health and medical communities, we must educate, normalize, and advocate for the patients we serve. We have a responsibility to combat stigma, foster transparency, and increase access to treatments and services to address mental illness.

- **Plan:** Promote awareness of the abundance of educational resources available through the APA and elevate current liaison efforts of the APA with other medical associations to positively model and educate our community. We can branch out further by creating a

simple, resident-level curriculum that would benefit our colleagues from other specialties who may encounter patients with mental illness.

Engagement & Diversity: We need to create a workforce of passionate, diverse, culturally and socioeconomically competent physicians to reflect the diversity of our patients so that we can better serve them.

- **Plan:** Work with the Board to encourage widespread involvement in the APA for trainees of all backgrounds via social media, printed media, and webinars. To further this goal, creating mentorship programs can help members get involved in the way that best meets their unique needs and interests.

Professional Activities

100% - Resident Psychiatrist at Rutgers New Jersey Medical School / University Hospital

Professional Income

100% - Residency, Rutgers New Jersey Medical School / University Hospital

Candidate for Resident-Fellow Member Trustee-Elect (RFMTE)

Faiz Kidwai, DO, MPH

- Resident Representative, *APA Central New York District Branch*, 2021 – current
- Resident Representative, *Onondaga County Medical Society*, 2021 – current
- Public Health Fellow, *Health Care for All*, 2015 – 2016.
- Intern, Office of Ethics, *Boston Children's Hospital*, 2014 – 2015
- President, Health and Human Rights Caucus, *Boston University School of Public Health*, 2014 – 2015.



Psychiatrists must be attuned to the health inequities in the United States and the systemic policies which they allow them to thrive. But a mere recognition of these structural challenges is not enough. Channeling this consciousness towards action is predicated upon sophisticated advocacy. As the specialty where outcomes are perhaps most dependent on social determinants, this should be the continuation of our work in the clinical setting.

I want to be a voice which challenges the APA to be better advocates for both our profession as well as our patients, particularly when it comes to health inequities which are inextricably linked to structural racism. At least in this regard, my career has been a model of consistency: From the concentration I chose for my MPH (Health Law, Ethics, and Human Rights); to the Boston based non-profit where I was fellow which advocates for patient centered care – *Health Care for All*; to the opinion pieces I have published, championing political engagement among medical students and pushing for harm reduction approaches like supervised injection facilities to name a few; to the central theme of my commencement address at the *Boston University School of Public Health*; to the topic of my recent appearance on public radio; to the specialty I ultimately chose. It has all been geared towards amplifying voices that frequently go unheard by wielding whatever platform or privilege that I have either earned or simply enjoy as an accident of birth.

My presence on the Board of Trustees as an osteopathic physician would also serve to diversify the

perspectives in the room. As the contingent of osteopathic physicians among psychiatrists continues to grow, it behooves the preeminent psychiatric organization in the country to have leadership that is representative of all of its members.

Professional Activities

100% - Resident Psychiatrist at *SUNY Upstate Medical University*

Professional Income

100% -- SUNY Upstate Medical University

Candidate for Resident-Fellow Member Trustee-Elect (RFMTE)

Seth L. Daly Stennis, M.D.

- PGY-2, MGH/McLean Hospital Adult Psychiatry Residency Program
- Clinical Fellow, Harvard Medical School
- Healthcare Systems & Finance Committee, Massachusetts Psychiatric Society
- Legislative Committee, Massachusetts Psychiatric Society
- Public Sector Committee, Massachusetts Psychiatric Society



As Residents and Fellows, we are the future of Psychiatry and as the future we should have a hand in shaping the direction of our field. I'm running for the RFM Trustee Elect position, to give us a voice and presence within the APA. With my multiple years of service on executive boards, I feel I am uniquely poised to make our voice heard.

I plan to serve; I plan to listen; and I plan to do it with 2 strong platforms:

Debt Awareness & Reduction –

The average medical school graduate owes nearly \$242,000 in student loan debt. These rising costs in education and relatively stagnated levels of remuneration pose a large challenge for us residents and fellows. If elected, I will work with the APA to create resources for debt management and increase the visibility of debt repayment opportunities; I will partner with AAMC to find debt solutions for those going into fields such as Psychiatry; and I will make our voice heard in the AMA and fight for adequate RVU reimbursement for psychiatrists.

Diversity, Equity & Inclusion –

Diversity allows us to grow both personally and professionally. It allows us to better understand the world and more adequately care for our patients. I want the field of Psychiatry to be representative of our American populace: to be diverse in race, ethnicity, identity, orientation, socioeconomic background, and religious proclivity. If elected, I will work with the APA Structural Racism Task Force to refine creative solutions for the prejudice within our field; I will strive to form strategic alliances with minority student organizations (such as Student National Medical Association, Latino Medical Student Association, and Medical Student Pride Alliance) to further inclusion; and I will endeavor to make our field, and mental health at large, a more welcoming environment for all.

Professional Activities

100% - Resident Physician, Mass General Brigham

Professional Income

100% - Resident Salary, Mass General Brigham