2020 Election
For
President-Elect
Treasurer
Trustee-at-Large
Area 2 Trustee
Area 5 Trustee
Resident-Fellow Member
Trustee-Elect (RFMTE)
A critical issue in mental health care, whether it be a local community anywhere in the United States or any country in the world, is access to care. My roles as Chief, Chair and Assistant Dean have given me the opportunity to understand systems of care and education, barriers to access to care, and the financial management, amongst other things. I developed solutions to improve access to quality care while garnering resources to address physician and clinicians’ professional development and burnout. As an Assistant Dean, I successfully increased the inclusion of women and diverse groups within the leadership of the department, hospital and medical school.

While every society has a responsibility to care for those most vulnerable, few have the capacity to do so. The APA can play a major role in accelerating access to care with APA psychiatrists leading these efforts.

As APA President, my priorities will be:

- Accelerate access to care in the US and globally by leveraging APA education tools and programs, fostering partnerships and collaborations to accelerate capacity building in care, research, training, and advocacy for mental health parity and a public health strategy.
- Focus on improving access to quality care across generations, populations, and regions for underserved populations such as children and adolescents, underrepresented ethnic populations, and seriously mentally ill, who are at greatest risk and substantial psychiatric and medical morbidity and mortality.
- Strengthen education and research programs for medical students, residents, and early career psychiatrists, leadership programs for APA members, and increase the voice of those underrepresented within the APA and APA leadership.
- Prioritize the APA’s role in the technology explosion to understand the usefulness and interpretations of mental health apps and the effectiveness of telepsychiatry. There needs to be a strong psychiatry clinician leadership in the technology growth.

**Professional Activities**

Chief of Psychiatry, Boston Medical Center; Professor, Chair, and Assistant Dean, Boston University School of Medicine > 95%

NIMH Council and DSMB, and Consulting < 5%
It is an honor to be nominated for APA President-Elect. I am a practicing general psychiatrist, a career academician, an international leader in global psychiatry, a community advocate, and experienced in APA governance.

• Professional standards
The APA must maintain professional standards and define the future of psychiatry. Psychiatrists are burdened with insurance obstacles, cumbersome regulations, public misinformation and misunderstanding of mental illness. Access and safe prescribing must be ensured. We must support all psychiatrists, especially those in their early career, against burnout in dealing with these issues.

• Diversity, inclusion and social justice
Women’s mental health is a long neglected issue that must be addressed, including intersectional identities that lead to even greater disenfranchisement. Racism, sexism, misogyny and gender-based discrimination result in health inequities for many minorities including the LGBTQ community. The APA must promote the exploration of integrated and other models for effective healthcare delivery in low resource communities. There must be greater APA advocacy for underrepresented groups to reduce stigma. The greatest value comes from listening and establishing consensus.

• Prevention and early intervention
The risk of mental illness is exacerbated by a lack of diagnosis and treatment. The APA must focus on prevention and early identification. Implementation of full parity and equitable reimbursement will aid this effort. We must work to protect children from abuse and neglect by identifying those at risk for adverse childhood experiences (ACEs). Increased graduate medical education and research funding will expand our workforce. We must educate healthcare, first responders, veterans and law enforcement in areas that encompass trauma, violence, substance use, and individuals with special needs. Issues of social determinants and criminal justice must remain in the forefront of treatment.

I am optimistic about the future of psychiatry and the service that the APA contributes to the wellbeing of patients, families and psychiatrists.
I am honored to be nominated for Treasurer of the APA and I ask for your vote. The APA Treasurer has two main responsibilities. First, ensuring that the APA remains financially strong now and in the future so that it is able to fulfill its mission to our profession and our patients. Second, as a member of the Board and its Executive Committee, being a voice and implementer for critical issues facing psychiatry today.

As current Chair of the Finance and Budget Committee, I am acutely aware of the financial strengths and challenges facing the APA and am closely involved in ensuring its financial stability. As a prior CEO of two public hospitals and currently as the Commissioner of the New York State Office of Mental Health, I have extensive experience in budgeting, finances and strategic planning for large organizations. I have learned that mission, policy and program drive an organization, but fiscal integrity and planning are critical to its success.

In APA leadership positions throughout my career, as Speaker of the Assembly, Area 2 Trustee, and now as Chair of the Finance and Budget Committee, I am proud to be part of an organization that fights daily for our profession and our patients. We must continue to fight for parity in access to care for our patients and financial resources for quality care. We must fight to end discrimination against those living with mental illness, and fight for equality for all in treatment and opportunity. We must fight to right the wrong of so many with mental illness living in our jails and prisons. And we must fight for our profession to be well trained and resourced for the future to provide the very best care.

As Treasurer I will continue this fight with you!

**Professional Activities**

85% Clinical Administration, Commissioner New York State Office of Mental Health

10% Direct Clinical Care Adult Psychiatry

5% Teaching and mentoring in public service

**Professional Income**

100% New York State Office of Mental Health
Richard F. Summers, MD, DLFAPA, FACPych

http://summersforapatreasurer.org

• Trustee-at-Large, APA Board of Trustees, 2016-
• Chair, APA Workgroup on Wellbeing and Burnout, 2017-
• Chair, APA Council Medical Education and Lifelong Learning, 2013-2016
• Treasurer, President, American Association of Directors of Programs of Residency Training, 2005-2008, 2011-2012

We must have a financially strong APA in order to continue to fight for our profession - in the state house, Capitol Hill and hospital board room. I am asking for your support for APA Treasurer so that I can work to strengthen our organization and promote our profession.

We must fight to be the doctors we want to be and resist the thousand tiny cuts we are experiencing that take time away from our patient care, our ability to innovate, and our passion and commitment to caring for others.

I am currently your Trustee-at-Large on the Board of Trustees and am a full-time private practitioner and Clinical Professor of Psychiatry at the University of Pennsylvania, where I was Co-Director of Residency Training for two decades. My financial background includes: Treasurer of AADPRT, membership on APA’s Finance and Budget Committee and personal business experience.

As a private practitioner and academic, I know the increasing constraints we all experience. I am frustrated about these changes but optimistic about our future.

I want to continue to fight for the following issues:

• **Stewardship of Resources** — ensuring the “money follows the mission” and APA is lean and efficient
• **Fighting for Quality Care for Our Patients and Leadership in Providing Care** — advocacy about the opioid epidemic, scope of practice, parity, integrated care, telepsychiatry
• **Championing Wellbeing and Fighting Burnout** — advocacy and support for residents, ECP’s, women and minority psychiatrists, who are at the greatest risk for burnout and are our field’s future
• **Promoting Meaningful Psychiatric Education** — increasing the psychiatrist pipeline, improving the recruitment process, streamlining MOC
• **Advancing Diversity and Inclusion** — increasing diversity within APA, residency programs and our local organizations
• **Valuing Psychotherapy** — supporting psychotherapy for psychiatrists
• **Advocating for Psychiatric Research** — supporting lobbying for psychiatric research and developing our intellectual capital

**Professional Activities**

70% Private practice of psychiatry – psychotherapy, psychopharmacology, forensic consultation

30% Academic and organizational activities – University of Pennsylvania, APA, ACGME RRC, scholarly projects

**Professional Income**

100% Group Private Practice of Psychiatry
Candidate for Trustee-at-Large

Frank A. Clark, MD, FAPA

drfrankclark.com

- Delegate to the AMA Section Council on Psychiatry, 2019-present
- Vice Chairperson of the APA Membership Committee, 2018-2019
- Board of Trustees Ad Hoc Work Group on Safe Prescribing, 2017
- Board of Trustees Ad Hoc Registry Oversight Workgroup, 2016-present

- Medical Director of Adult Inpatient Services, PRISMA Health-Upstate- Marshall Pickens Hospital, 2017-present

It is an honor to be one of the candidates representing our profession and our patients.

Throughout my career in organized medicine, I have been committed to sowing seeds of advocacy, leadership, and mentorship for our profession and our patients on both a local and national level. The mentorship and experience I have gained over the last decade has equipped me with the tools needed to succeed in this position. I am proud of the many accomplishments of our organization throughout its 175-year history. However, we must not be complacent. There is still more work to be done in our field that continues to evolve.

Mental health equity is a dream deferred at this time due to multiple factors, which include stigma and access to care. We must have a growth mind-set and develop new strategies that will allow our communities to thrive. As APA Trustee At Large, I vow to be relentless in my pursuit of narrowing the mental health disparity gap by:

- Creating new initiatives to diversify the psychiatric workforce through recruitment, retention, mentorship, and sponsorship.
- Championing initiatives to provide support for psychiatrists and trainees with mental illness and substance use disorders
- Engaging communities and forming partnerships with other stakeholders to help reduce misperceptions and stigma associated with mental illness
- Collaborating with other disciplines in medicine using integrated care models to help improve services and access to care

Show your support and find a link to vote at www.DrFrankClark.com.

Professional Activities

PRISMA Health
60% Clinical
20% Teaching
20% Administration/Research

Professional Income

100% PRISMA Health
More than ever, the APA needs leaders to champion the needs of practicing psychiatrists, in addition to those of our patients. I am one of the leading voices of psychiatry to the public today. In my frequent ethics lectures to colleagues throughout the country, I’ve heard what psychiatrists need from the APA: **We should be using our collective strength to fight the fiction that we are replaceable by mid-level “providers” and psychologists. Additionally, we need to stop enforcing oppressive, expensive and misguided Maintenance of Board Certification (MOC) requirements.** From my prior experience hosting a radio talkshow about psychiatry (broadcast to over 43 million listeners), and now speaking to “consumer” organizations nationwide who use my popular book, I have considerable experience educating the public and hearing what they need from psychiatry: **to make parity a reality in practice.** My worldwide activism as a medical ethicist, expressing concerns over assisted suicide and euthanasia for psychiatric patients, plus my numerous contributions and conversations in the Psychiatrist Network (Facebook group of 10,000+ psychiatrists), show that I’m dedicated, experienced, and highly motivated to effect real change on these issues over the next few years.

My concrete plans of action and positions on these and other issues are spelled out in detail at VoteKomradAPA.com. Please join me in pursuit of these important goals for our profession by voting Mark Komrad for Trustee-at-Large.

### Professional Activities

- 95%—Private Practice
- 5%—Public Speaking

### Professional Income

- 85%—Private Practice
- 8%—Traveling and speaking to professional audiences
- 5%—Traveling and speaking to public audiences
CANDIDATE FOR TRUSTEE-AT-LARGE

Michele Reid, MD, DLFAPA
michelereidmd.org

• Michigan Representatives to Area 4 of the Assembly, 2016-present
• APA Board of Trustees, 2006-2009
• Past President, Michigan Psychiatric Society District Branch of the APA, 2002-2003
• Clinical Assistant Professor, Wayne State University Department of Psychiatry and Behavioral Neurosciences, 1988 to present
• American College of Psychiatrists: Fellow, Dean Award Committee Chairperson, 2017-2019

Organized psychiatry faces multiple challenges: lack of access to care, stigma of seeking care and excessive administrative burdens. Lack of integrated mental and physical healthcare results in alarming rates of premature death because of uncontrolled psychiatric and general medical conditions.

The APA must play an expanded role in addressing these challenges to our profession by:

Ensuring the passage of the Excellence in Mental Health and Addiction Treatment Expansion Act to provide full funding of Certified Community Behavioral Health Clinics nationwide resulting in reduced stigma, increased outreach, integrated care and expanded access for priority populations including the LGBTQ community, veterans and Native Americans;

Taking a leadership role in the 2021 development of the revised Medicaid Incentive Program and reducing and simplifying documentation burdens on psychiatrists;

Reaching underserved communities with more targeted programs that reduce the stigma of seeking mental health care and addiction treatment;

Increasing the ranks of psychiatric leadership by vigorously Advocating expanded funding for APA Fellowship Programs. This past year, funding in danger of being eliminated was restored and expanded through APA advocacy.

The leadership roles I have held during a 35-year career make me uniquely qualified to serve as the APA Trustee-At-Large including: CMH Medical Director- 30 Years, APA: Minority Fellow, Committee of Black Psychiatrists Chairperson, Council on Minority Mental Health and Health Disparities member, American Board of Psychiatry and Neurology: Professionalism Committee member.

The focus of my career has been to increase the availability of culturally competent, integrated mental and physical health care especially in underserved populations. As Chief Medical Officer of CNS Healthcare, a Certified Community Behavioral Health Clinic, I see the difference that expanding access to quality care can make in a community. These experiences will inform my advocacy if elected as APA Trustee-At-Large.

Professional Activities
100% Chief Medical Officer, CNS Healthcare (Community Mental Health Center)

Professional Income
100% CNS Healthcare (Community Mental Health Center)
CANDIDATE FOR AREA 2 TRUSTEE

James P. Kelleher, MD, MBA, DFAPA
jameskellehermdmba.com

• Medical Director, Behavioral Health, Montefiore Nyack Hospital
• Previous Chief Medical Officer, Four Winds Hospital Saratoga
• Award winning researcher, first to demonstrate mechanism on which cariprazine is based
• Investment Banker focused on advancing scientific discoveries
• Previous APA positions include Westchester District Branch President

My qualifications are based on 25 years of consistently providing care and advancing treatment, as well as expanding skills in response to changing business environments. I have been a constant advocate for the needs of patients and colleagues. This has led from undergraduate and medical education at NYU, Mount Sinai, and Harvard, to McLean Hospital, national and international individual awards for demonstrating a novel mechanism of action for antipsychotic medication (now the basis of cariprazine), founding the research department at St Vincent’s Westchester, and later to business education at Columbia after the St Vincent system declared bankruptcy.

Subsequently, I served as Chief Medical Officer of Four Winds Hospital Saratoga, founded a company to develop an original compound for schizophrenia, and assumed my current position, Medical Director of Montefiore Nyack Hospital Behavioral Health. I am also currently licensed as an investment banker focused on advancing scientific discoveries. I serve on the Board of Directors of Search For Change (housing and vocational services for people with mental illness), on the faculty of New York Medical College, and as a Mentor at Columbia Business School. I have previously served on the Venture Advisory Board of Yale-UConn Innovative Therapeutics Program.

I have published and presented on the future of psychiatry, identity formation, and diagnosis, as well as on business topics such as the current and future states of accountable care organizations and the home health industry. My work has also involved community and media discussion of issues such as the opioid crisis, the NY Safe Law, and Kendra’s Law.

The perspective of APA leadership is vital for a wide variety of issues. The healthcare environment is continually changing. I would like to bring my broad and deep experience to the role of Area II Trustee to meet future challenges and advance our profession.

Professional Activities
60% Patient care
30% Administrative
10% Banking

Professional Income
Montefiore Nyack Hospital >95%
Investment Banking <5%
Glenn A. Martin, MD, DLFAPA

www.glennmartinmd.com

• Speaker, Assembly of the APA, 2015 – 2016
• DSM5 Steering Committee, 2014-
• Registry Oversight Workgroup, (PsychPro: clinical metrics and research registry), 2016-
• President, New York State Psychiatric Association, 2010-2014
• Associate Professor of Psychiatry, Senior Associate Dean for Human Subjects Research, Icahn School of Medicine at Mount Sinai (current)

The APA is the home and voice of American psychiatry. We need experienced, skilled leaders to continue to resist those forces that intrude on the doctor-patient relationship, needlessly limit our therapeutic options, and increase our time spent on administrative and clerical tasks. My career in private practice, the public sector, government service and academia is dedicated to treating our most vulnerable patients, teaching, training and mentorship, and advocacy. My extensive experience in clinical informatics, human subjects’ protection and global health have given me skills needed to be an effective 21st century Board member.

The APA must be member-centric. First and foremost the APA is here for its members.

• Onerous, expensive, non-evidence based “maintenance of certification” must be fought.
• Our hard-fought legal and policy gains are under attack. We must expand our federal AND state advocacy efforts. The APA must proactively support the district branches and state associations, as well as focus on the bureaucratic implementation of the laws we worked so hard to pass.
• Differential payments to psychiatrists for identical billable services and oppressive regulatory and utilization review practices that are not based on evidence must end.
• Technology should facilitate member involvement, education and advocacy.

The APA must be a strong patient advocate. Support for our patients must define our actions.

• Discrimination, prejudice and stigma must be identified, called out and fought relentlessly.
• As an ER psychiatrist, I am dismayed by the continuing incarceration of those with mental illness and the too frequent lethal interactions with law enforcement.
• We must strengthen our fight to stop unqualified professionals from prescribing medication, or providing patient care without adequate medical supervision.

The APA must continue to advance the profession of psychiatry within the medical community, nationally and globally.

• Psychiatrists are always physicians. Psychiatry is always an integral part of the house of medicine.

Professional Activities
80% Senior Associate Dean for Human Subjects Research, Associate Professor, Psychiatry - Icahn School of Medicine at Mount Sinai
10% Teaching, supervision, mentorship
10% Private practice

Professional Income
95% Icahn School of Medicine at Mount Sinai
5% Solo psychiatric private practice
What do I offer? The world of medicine will be actively monitoring every action psychiatry takes now and in the future. As current Area 5 Trustee, I speak specifically for member interests, especially in the areas of diversity, scope and advocacy and the role of District Branches. We must set and implement an agenda focused on those with mental illness. My perspective is based on my geographic, gender, varied psychiatric practice experiences and employment experiences. I possess a solid understanding of how the BOT, Assembly, APA staff, DBs, Components, and Caucuses, combined with state and national partners, can and will continue to achieve change. Through past service, I have formed countless relationships with APA members across the country, a vital element in moving APA forward. I understand credentialing and have concerns about scope of practice and MOC, viewing these issues from a psychiatric and legal perspective, inclusive of minority and diverse viewpoints. As APA Assembly Speaker, I represented every Area and Component of the APA and as Area 5 Trustee will continue to provide leadership. Uniting our profession and moving forward with innovative ideas will yield improvements in our ability to serve and provide quality care. As Assembly Speaker, with two years on the BOT, and a year on the Executive Committee, I recognize the continuing need for improved communication, to members, about BOT activities. Proudly, I helped guide an action paper brought by the VA caucus into becoming the first piece of APA introduced federal legislation in many years. This VA Caucus activity demonstrated how an individual APA member has the ability to influence APA policy and create national legislation; this is evidence of my leadership capabilities. Your vote, as Area 5 Trustee, will allow me to continue to speak our voice.

Professional Activities
Veterans Affairs Clinician, APA VA Caucus > 95%
AMA Governance Council, Senior Section; Past President, Tulsa County Medical Society; BOT, APA; BOT, Oklahoma State Medical Association < 5%

Professional Income
Full-time VAMC clinician > 95%
Private Practice < 5%
Thank you for giving me the opportunity to run for the APA Board of Trustees. It is a great honor to be considered for this office. I hope to build on the foundation laid by the strong leaders who have represented us in the past.

My work in our profession spans many settings—academics, private practice and forensics. In those settings, I have treated patients in my office, in mental health centers, in prisons, and in hospitals. My approach is eclectic, encompassing both medication management and psychotherapy. This depth and breadth of experience provides me with an understanding of the vast variety of practice issues facing our members, issues I hope to approach with insight and sensitivity, making decisions on the Board that are in the APA's best interest.

As a Trustee, I will be a good steward for our finances, as I have been with our Area finances.

One of the biggest challenges we face is working in cooperation with other disciplines to provide the best patient care.

We must be flexible in order to adapt to the changes in medicine in many areas—pharmaceuticals, technology, and insurance. This is a tremendous amount of material to keep up with and I’ll be counting on you to keep me informed about issues in your area and practice.

I would especially like to continue the spirit of cooperation between the Board and the Assembly that has developed over the past few years. I believe we all have common goals and need to work together to accomplish them. Thank you for your consideration.

It would be my honor to serve as your Area Trustee—won’t you help me, so I can help you, so that we can help our patients and our profession. Thank you.

Professional Activities
90% Employed physician-Merit Health River Region-Vicksburg, MS.
10% Forensic psychiatry practice

Professional Income
85% Outpatient practice-psychotherapy and medication management
10% Consultation liaison psychiatry
5% Forensic psychiatry
Mariam Aboukar, DO
www.drmariamAPA.com

- PGY-3 Resident at AdvocateAurora Lutheran General Hospital
- Illinois Psychiatric Society (IPS) Council, Resident-Fellow Member (RFM) Chair
- APA National Resident-Fellow Member (RFM) Caucus, Board of Directors, Director of Medical Student Mentoring
- EMPATH MED © - Founder and Chief Executive Officer (CEO)
- MEDspiration © - Chief Communications Officer (CCO), Director of Wellness

My goals are to promote Resident and Fellow wellbeing and leadership through innovative Emotional Intelligence Training; educational and professional development through workshops, affordable access and collaboration; and advocacy and mental health reforms for both trainee and patient wellbeing.

- **Wellbeing and Leadership:**
  - Promote trainee wellbeing and leadership through EMPATH MED©, an Emotional Intelligence curriculum aimed at coaching resilience, self-care and effective interpersonal communication through emotional facilitation didactic, group and case-based instruction

- **Educational and Professional Development:**
  - Organize online workshops for financial growth and career development
  - Facilitate affordable access to educational e-tools
  - Educate trainees of social psychiatry’s integral role
  - Encourage access to integrative psychotherapy training
  - Collaborate with integrative psychiatry fellowship
  - Integrate osteopathic treatments for biofeedback and psychosomatization

- **Advocacy and Mental Health Reforms:**
  - Promote implicit bias prevention training to advocate for minority trainees
  - Advocate for changes in verbiage of renewal of state licensure to reduce mental health stigma
  - Advocate for Human Trafficking Survivors through education and protocols
  - Provide appropriate mental health care to asylum seekers and refugees

My demonstrated commitment to Resident-Fellow Member (RFM) wellbeing, leadership, education, professional development and advocacy; my engagement in ten years of Emotional Intelligence Training, including graduate work; my multicultural background as a daughter of once refugees; my global refugee relief work and human trafficking advocacy through the United Nations; my passion for the growth of psychiatry and my eclectic extra-curricular experiences provide me with confidence to serve as the APA Resident-Fellow Member Trustee Elect (RFME).

*My priority is to support YOUR wellbeing and professional development as YOUR voice. It is with HUMILITY and GRATITUDE that I step forward to serve YOU. Thank you!*
The theme of my vision is resident engagement, and my approach is two-fold.

First, I’d like to increase resident and fellow membership AND increase engagement for residents who are already RFMs within the APA. My approach would be to revitalize the online and social media presence of the APA. Beyond this, I’d like to popularize the pre-existing educational resources the APA has to offer RFMs, specifically by making them free/more affordable for RFMs. I’d also like to create a growing resource for RFMs and ECPs that would be focused on student loan repayment and financial counseling.

Second, I’d like to increase engagement with the APA amongst non-psychiatric residents. These include residents training in pediatrics, FM, IM, OB/GYN, surgery, and really any resident who may encounter patients with mental illness in their practice. My approach would be to create a basic psychiatric curriculum at the resident level, while covering subtopics relevant to our colleagues’ specific fields. I’d also like to create something similar to a mentorship program without the mentoring— with the goal of linking psychiatry residents to residents in other disciplines who are at the same level of training, to allow us to create friends, allies, and potential future curbside-consultants in other fields.

I believe that one of the keys to improving access and parity is to have strong relationships with our physician colleagues in other fields, and to allow those fields to develop an appreciation and understanding of what it is we do and why that might impact what they do. By having them on our side, and having us on theirs, our message is united, and our voice in advocacy work grows louder. I believe it would be easier to move towards the same ultimate goal of our profession: which is to best serve the patients we treat.
Sanya Virani, MD, MPH  
www.sanyavirani.com  
• APA Area 2 (New York state) and Brooklyn Psychiatric Society Resident-Fellow Member Representative  
• PGY-4 and Chief Resident of Education and Research, Maimonides Medical Center, NY  
• CIR Delegate and Resident Quality & Safety Council Representative, Maimonides Medical Center  
• Fellow, Addiction Psychiatry, Yale School of Medicine (2020-2021)  
• MPH, Administration and Policy, University of Minnesota (Division Scholar/Aga Khan Foundation International Scholar)  

I have been deeply privileged to represent YOU at the APA’s Assembly over the past 2 years. With your continued support, I would embark upon the following as RFM Trustee (Elect):  

**Leadership training** – The APA offers limited resources and training for young psychiatrists hoping to assume leadership roles. There is need for existing resources to become inexpensive, easily accessible, more developed and consolidated. **Action:** Collaborate with a premier healthcare management institution to create a Leadership Development Course comprising training modules including but not limited to marketing, finance, management, accounting, decision models, and resource allocation. Negotiate for the APA to offer it to all trainees at nominal rates.  

**Education and Research** – Our ways of practice are evolving because of the influx of media and technology and rapid strides in neuroimaging research. **Action:** Spread awareness among RFMs about opportunities for incorporating digital apps and tools to make clinical practice more efficient.  

**Advocacy for RFM needs** – My RFM directed endeavors with ACORF colleagues resulted in 3 action papers approved by the Joint Reference Committee at the May 2019 APA Meeting. **Action:** Learn what RFMs (especially diverse minority groups) actually want/need to improve their overall training experience (appropriate clinical supervision and reduced burnout/prices for certification courses). Continue promoting ways to combat burnout (focus of my published grad school capstone project) and bring specific requests to the APA to decrease costs for courses.  

**Diversification of mentorship avenues** – There is clear need to connect RFMs and early-career psychiatrists (ECPs) to strengthen professional bonds by receiving and imparting mentorship. **Action:** Create a database of RFMs and ECPs through the revived RFM Caucus and form pairs based on aligned interests, career paths and similar geographical locations. Strive to maintain a steadier stream of communication with trainees in other specialties to foster meaningful growth within professional networks.  

https://scholar.google.com/scholar?hl=en&as_sdt=0%2C33&q=Sanya+virani&oq=  
Twitter: @SanyaVirani10  
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**Professional Activities**  
100% - Resident, Maimonides Medical Center  

**Professional Income**  
100% - Resident Salary, Maimonides Medical Center
Make your vote count by voting online @ directvote.net/apsya.