

PERSPECTIVES IN GLOBAL MENTAL HEALTH

The American Journal of Psychiatry

The following are selections from the “Perspectives in Global Mental Health” series published in the *American Journal of Psychiatry*:

Caring for Syrian Refugees in Portland, Oregon

“Ms. A” is a 34-year-old married Syrian woman who came to the Oregon Muslim Medical Association’s free mental health clinic for Muslims by Muslims for symptoms of depression. [Continue reading...](#)

Treatment of Postpartum Mood Disorder in Iran

After her first delivery at age 24, a now 54 years old housewife in Iran, was confused, perplexed, and disoriented. She reported feeling like she was in a daze and like her thinking was arrested. [Continue reading...](#)

Reflections from the Greek Experience with Syrian Refugees

“Amed” was a 14-year-old boy from Syria. Amed was referred by the part-time psychologist at his junior high school to the psychiatry outpatient clinic of a pediatric hospital because of constant irritability. [Continue reading...](#)

Personality Disorders in the Basque Region of Spain

“Ms. E,” a 24-year-old unemployed Basque-speaking woman born in a village near Bilbao, presents with mood and anxiety symptoms, irritability, ideas of reference, feelings of “emptiness,” and self-harm behaviors. [Continue reading...](#)

Trauma and Depression in Ethiopian Women

A 27-year-old Coptic Christian woman who had been in Beirut for 3 years and in Dubai for 5 years as a migrant worker and who has now returned to Ethiopia. [Continue reading...](#)

“Jinn Possession” and Delirious Mania in a Pakistani Woman

A 25-year-old married mother of three living in Karachi was brought to clinic because of bizarre behavior. [Continue reading...](#)

Understanding Social Withdrawal in Japan

“Mr. T” is a 39-year-old unemployed man living with his parents. For the past 19 years, he has spent the vast majority of his time restricted to his room. [Continue reading...](#)

Displaced Iraqi Families in Kurdistan

Located in northern Iraq, Kurdistan is an independent region that has received displaced Iraqis from different religions (Christians, Muslims, and Yazidis) since June 2014, when a caliphate was established in Iraqi and Syrian territories occupied by the Islamic State (IS). [Continue reading...](#)

Perspectives in Global Mental Health is series of patient case studies from the *American Journal of Psychiatry* describing and discussing the treatment and care of patients in and from the following countries:

- Cambodia
- Ethiopia
- India
- Iran
- Japan
- Kurdistan
- Nigeria
- Pakistan
- Pakistan
- South Korea
- Spain
- Syria
- Uganda
- United States

For more information and to read the full text articles visit the following website:

ajp.psychiatryonline.org

Psychiatric Treatment of a Health Care Worker Infected with Ebola

A young single male health worker was admitted to the isolation ward of the infectious disease hospital in Lagos with Ebola virus disease. [Continue reading...](#)

Diagnostic and Treatment Issues on the Indian Subcontinent

“Mr. S” is a 17-year-old unmarried male, an only child, currently studying in 12th standard in a school in New Delhi. He originally hailed from a village about 100 km south of New Delhi. [Continue reading...](#)

Depression: A Case Study from Cambodia

“Mr. C”, a 22-year-old single man from a distant province, arrived at our private medical and psychiatric clinic in Phnom Penh, carried by his father. On arrival, Mr. C was pale, severely malnourished (weight, 37 kg; BMI, 12.4), with a nasogastric tube in place. [Continue reading...](#)

Major Depression in Post-Conflict Northern Uganda

“Ms. A” was a 49-year-old mother of five with a long-standing history of depressive symptoms and a 3-year history of HIV infection. She was receiving antiretroviral therapy at Mucwini Health Center III in Kitgum District at the time of her mental health evaluation. [Continue reading...](#)

Chronic Depression in a Religious Shia Muslim Woman in Iran

“Ms. M”, a 30-year-old Shia Muslim woman living in a city in western Iran near the Iran-Iraq border, presented with moderate to severe depressive symptoms. She reported severe sadness on most days during the past 6 months. [Continue reading...](#)

Depression in a Pakistani Woman

“Ms. N,” a 27-year-old Muslim, Sindhi-speaking, married woman, born in a small village in Pakistan, the sixth of seven children, came to the city of Karachi after getting married 6 years ago. [Continue reading...](#)

Long-Standing Depression and Anxiety in a Korean Woman

“Ms. D,” a 65-year-old, elementary school-educated, Christian, Korean housewife, visited our outpatient clinic in May 2013. She initially complained of difficulty falling asleep, indigestion, chest discomfort, uncomfortable heat sensations, and anxiety. [Continue reading...](#)

Depression in a Latino Man in New York

“Luis,” a 21-year-old, single, Catholic, mestizo man, born in Colombia, oldest of three children, arrived in the United States at age 13 and was now a college sophomore living with his family. [Continue reading...](#)