Caring for Syrian Refugees in Portland, Oregon
"Ms. A" is a 34-year-old married Syrian woman who came to the Oregon Muslim Medical Association’s free mental health clinic for Muslims by Muslims for symptoms of depression. Continue reading…

Treatment of Postpartum Mood Disorder in Iran
After her first delivery at age 24, a now 54 years old housewife in Iran, was confused, perplexed, and disoriented. She reported feeling like she was in a daze and like her thinking was arrested. Continue reading…

Reflections from the Greek Experience with Syrian Refugees
“Amed” was a 14-year-old boy from Syria. Amed was referred by the part-time psychologist at his junior high school to the psychiatry outpatient clinic of a pediatric hospital because of constant irritability. Continue reading…

Personality Disorders in the Basque Region of Spain
"Ms. E," a 24-year-old unemployed Basque-speaking woman born in a village near Bilbao, presents with mood and anxiety symptoms, irritability, ideas of reference, feelings of “emptiness,” and self-harm behaviors. Continue reading…

Trauma and Depression in Ethiopian Women
A 27-year-old Coptic Christian woman who had been in Beirut for 3 years and in Dubai for 5 years as a migrant worker and who has now returned to Ethiopia. Continue reading…

“Jinn Possession” and Delirious Mania in a Pakistani Woman
A 25-year-old married mother of three living in Karachi was brought to clinic because of bizarre behavior. Continue reading…

Understanding Social Withdrawal in Japan
“Mr. T” is a 39-year-old unemployed man living with his parents. For the past 19 years, he has spent the vast majority of his time restricted to his room. Continue reading…

Displaced Iraqi Families in Kurdistan
Located in northern Iraq, Kurdistan is an independent region that has received displaced Iraqis from different religions (Christians, Muslims, and Yazidis) since June 2014, when a caliphate was established in Iraqi and Syrian territories occupied by the Islamic State (IS). Continue reading…
Psychiatric Treatment of a Health Care Worker Infected with Ebola
A young single male health worker was admitted to the isolation ward of the infectious disease hospital in Lagos with Ebola virus disease. Continue reading…

Diagnostic and Treatment Issues on the Indian Subcontinent
"Mr. S" is a 17-year-old unmarried male, an only child, currently studying in 12th standard in a school in New Delhi. He originally hailed from a village about 100 km south of New Delhi. Continue reading…

Depression: A Case Study from Cambodia
"Mr. C", a 22-year-old single man from a distant province, arrived at our private medical and psychiatric clinic in Phnom Penh, carried by his father. On arrival, Mr. C was pale, severely malnourished (weight, 37 kg; BMI, 12.4), with a nasogastric tube in place. Continue reading…

Major Depression in Post-Conflict Northern Uganda
"Ms. A" was a 49-year-old mother of five with a long-standing history of depressive symptoms and a 3-year history of HIV infection. She was receiving antiretroviral therapy at Mucwini Health Center III in Kitgum District at the time of her mental health evaluation. Continue reading…

Chronic Depression in a Religious Shia Muslim Woman in Iran
"Ms. M", a 30-year-old Shia Muslim woman living in a city in western Iran near the Iran-Iraq border, presented with moderate to severe depressive symptoms. She reported severe sadness on most days during the past 6 months. Continue reading…

Depression in a Pakistani Woman
"Ms. N," a 27-year-old Muslim, Sindhi-speaking, married woman, born in a small village in Pakistan, the sixth of seven children, came to the city of Karachi after getting married 6 years ago. Continue reading…

Long-Standing Depression and Anxiety in a Korean Woman
"Ms. D," a 65-year-old, elementary school-educated, Christian, Korean housewife, visited our outpatient clinic in May 2013. She initially complained of difficulty falling asleep, indigestion, chest discomfort, uncomfortable heat sensations, and anxiety. Continue reading…

Depression in a Latino Man in New York
"Luis," a 21-year-old, single, Catholic, mestizo man, born in Colombia, oldest of three children, arrived in the United States at age 13 and was now a college sophomore living with his family. Continue reading…