Position Statement on Physician Wellness

Psychiatrists are important role models for their patients and peers (including all physicians), making their own personal health an influential factor in effective health promotion and disease prevention practices. To optimize professional performance, psychiatrists have a responsibility to maintain their overall health and wellness, construed broadly as preventing or treating acute or chronic diseases, including mental illness, addiction, disabilities, and occupational stress. By virtue of their training and experience, psychiatrists are particularly qualified to contribute to the overall health and well-being of their colleagues.


See the related resource document.