## **APA Resource Document**

## Resource Document on the Role of Psychiatrists in Assessing Driving Ability

Approved by the Joint Reference Committee, June 2023

"The findings, opinions, and conclusions of this report do not necessarily represent the views of the officers, trustees, or all members of the American Psychiatric Association. Views expressed are those of the authors."

— APA Operations Manual.

## **Prepared by the Council on Geriatric Psychiatry**

Changes that occur with aging may be associated with a person's ability to drive safely. Physical and mental health conditions, as well as the medications used as treatment, may also impact a person's driving skills. Psychiatrists may have a role in advising patients, caregivers, and family members about the potential impact that psychiatric illness symptoms and/or their treatments may have on driving ability. Like all physicians, psychiatrists can suggest a formal driving evaluation supervised by a qualified professional when driving safety concerns exist. Psychiatrists should be prepared to advise patients and their caregivers on options for alternatives to driving. Psychiatrists should be familiar with and follow the laws in their state regarding reporting their patients' impaired driving ability to the appropriate authority. Many resources are available to inform clinicians on driving safety and to share with patients and their caregivers.

## References

Lipskaya-Velikovsky L, Kotler M, Weiss P, Kaspi M, Gamzo S, Ratzon N. Car driving in schizophrenia: can visual memory and organization make a difference? Disabil Rehabil. 2013 Sep;35(20):1734-9. doi: 10.3109/09638288.2012.753116. Epub 2013 Jan 25. PMID: 23350755.

Brunnauer A, Herpich F, Zwanzger P, Laux G. Driving Performance Under Treatment of Most Frequently Prescribed Drugs for Mental Disorders: A Systematic Review of Patient Studies. Int J Neuropsychopharmacol. 2021 Sep 21;24(9):679-693. doi: 10.1093/ijnp/pyab031. PMID: 34038545; PMCID: PMC8453274.

Dassanayake T, Michie P, Carter G, Jones A. Effects of benzodiazepines, antidepressants and opioids on driving: a systematic review and meta-analysis of epidemiological and experimental evidence. Drug Saf. 2011 Feb 1;34(2):125-56. doi: 10.2165/11539050-0000000000-00000. PMID: 21247221.

Unsworth CA, Baker AM, So MH, Harries P, O'Neill D. A systematic review of evidence for fitness-to-drive among people with the mental health conditions of schizophrenia, stress/anxiety disorder, depression, personality disorder and obsessive compulsive disorder. BMC Psychiatry. 2017 Aug 31;17(1):318. doi: 10.1186/s12888-017-1481-1. PMID: 28859696; PMCID: PMC5579945.

Albert G, Lotan T, Weiss P, Shiftan Y. The challenge of safe driving among elderly drivers. Healthc. Technol. Lett. 2018. 5: 45-8

American Automobile Association. AAA RoadWise Driver. Accessed January 23, 2023. <a href="https://exchange.aaa.com/safety/senior-driver-safety-mobility/aaa-roadwise-driver/">https://exchange.aaa.com/safety/senior-driver-safety-mobility/aaa-roadwise-driver/</a>

American Geriatrics Society. Clinician's Guide to Assessing and Counseling Older Drivers, 4th Edition. 2019. Accessed on 10/13/2021 at:

https://geriatricscareonline.org/ProductAbstract/clinicians-guide-to-assessing-and-counseling-older-drivers-4th-edition/B047

Health In Aging. Driving Safety for Older Adults. Accessed on 10/13/2021 at https://www.healthinaging.org/driving-safety

National Highway Traffic Safety Administration. Older Drivers. Accessed on 10/13/2021 <a href="https://www.nhtsa.gov/road-safety/older-drivers">https://www.nhtsa.gov/road-safety/older-drivers</a>

National Highway Traffic Safety Administration. How to Influence Older Drivers. Accessed on 10/13/2021 https://www.nhtsa.gov/older-drivers/how-understand-and-influence-older-drivers

National Highway Traffic Safety Administration. There's more than one way to be under the influence. Accessed on 10/13/2021

https://www.nhtsa.gov/campaign/prescription-and-over-counter-medicines

National Highway Traffic Safety Administration. Adapted Vehicles. Accessed on 10/13/2021

https://www.nhtsa.gov/road-safety/adapted-vehicles#topic

National Highway Traffic Safety Administration. Driver Assistance Technologies. Accessed on 10/13/2021.

https://www.nhtsa.gov/equipment/driver-assistance-technologies

National Institutes on Aging. Safe Driving for Older Adults. Accessed January 31, 2023. https://www.nia.nih.gov/health/older-drivers