



## **For Information Contact:**

Beth Casteel, 703-907-8640

[press@psych.org](mailto:press@psych.org)

Jaime Valora, 703-907-8562

[jvalora@psych.org](mailto:jvalora@psych.org)

Series press kit: <http://www.wliw.org/21pressroom/healthyminds.php>

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### **Public Television Series *Healthy Minds* Nominated for Two New York Emmy Awards**

**ARLINGTON, Va. (March 12, 2010)** – The public television series *Healthy Minds*, which is hosted by American Psychiatric Association member Jeffrey Borenstein, M.D., and supported in part by the American Psychiatric Foundation, was nominated for two New York Emmy Awards on February 25 by the New York Chapter of the National Academy of Television Arts and Sciences. The New York Emmy Awards will be presented on April 18 in New York City.

The two *Healthy Minds* episodes nominated for Emmys in the category of Health/Science: Program/Special are:

- *Healthy Minds: Autism, Part 2*. November 16, 2008. (WLIW21); and
- *Healthy Minds: PTSD Helping Our Troops*. February 15, 2009. (WLIW21).

Produced by WLIW21 for WNET.ORG, [Healthy Minds](#) premiered nationwide in October 2009, and has been seen in more than 60% of U.S. TV households on public television. The 16-episode series seeks to demystify specific mental health conditions through interviews with leading mental health experts and encouraging personal stories. [Healthy Minds](#) host, psychiatrist Dr. Borenstein, is CEO and medical director of Holliswood Hospital in Queens, New York. National distribution of the series is made possible by a grant from the [American Psychiatric Foundation](#) (APF), APA's philanthropic and educational arm. Since the series' premiere in the New York metropolitan area, *Healthy Minds* has earned numerous awards, including five Tellys honoring the best in local television.

“My hope for the show is to encourage people who may have a mental disorder to seek help and not to suffer in silence,” said Dr. Borenstein.

“The American Psychiatric Foundation is deeply committed to its mission to educate the public on mental health issues,” said APF President Richard K. Harding, M.D. “Our partnership with WLIW21 offers the potential on a national scale to increase awareness of psychiatric conditions.”

“We are thrilled about the Emmy nomination and the response from stations and viewers across the country. It shows us that *Healthy Minds* is serving a need in people's lives, which is what we set out to do,” said the show's executive producer, Theresa Statz-Smith.

“The American Psychiatric Association is proud of its relationship, through the foundation, with this groundbreaking mental health series. We recommend it to anyone who is interested in mental health issues,” said James H. Scully, Jr., M.D., APA medical director and CEO.

The APA's 163rd Annual Meeting, the world's largest psychiatric meeting, will run Saturday, May 22 to Wednesday, May 26, 2010 in New Orleans at the Ernest N. Morial Convention Center.

Online advanced [registration](#) for journalists is open. For regular updates on plans for the 2010 Annual Meeting, visit and subscribe to the [APA Annual Meeting blog](#).

The American Psychiatric Association is a national medical specialty society whose physician members specialize in the diagnosis, treatment, prevention and research of mental illnesses including substance use disorders. Visit the APA at [www.psych.org](http://www.psych.org) and [www.HealthyMinds.org](http://www.HealthyMinds.org).

The American Psychiatric Foundation is the philanthropic and educational arm of the American Psychiatric Association. The mission of the foundation is to advance understanding that mental illnesses are real and can be effectively treated. For more information, please visit the foundation's Web site at [www.psychfoundation.org](http://www.psychfoundation.org).

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