

Free and Open to the Public!

Also featuring music by blues band, *The Slackdaddies!*

PSYCHIATRIC UPDATE FOR THE PEOPLE OF CHICAGO

All are invited to attend this public forum with talks by leading psychiatrists on these timely topics:

- DEPRESSION IN CHILDREN
- PERSONALITY DISORDERS
- MENTAL HEALTH POLICY
- DEPRESSION IN MINORITY POPULATIONS
- FACTS ABOUT SCHIZOPHRENIA
- ALCOHOL AND DRUG ABUSE

When: Saturday, October 4, 2008

1:30 to 5:00 p.m.

Where: Palmer House Hilton

Adams Ballroom, 6th Floor

17 East Monroe Street, Chicago

Event supported and sponsored by the American Psychiatric Association and the American Psychiatric Foundation.

Psychiatric Update for the People of Chicago

Agenda

- 1:30 p.m. Musical Interlude** SlackDaddies blues band
- 2:00 p.m. Welcome and Introductions** **Nada L. Stotland, M.D., M.P.H.**
President, American Psychiatric Association
- 2:05 p.m. Fatal Flaws: An Introduction to Personality Disorders** **Stuart C. Yudofsky, M.D.**
Stuart C. Yudofsky, M.D., is professor and chairman of the Menninger Department of Psychiatry and Behavioral Sciences of Baylor College of Medicine and chairman of the psychiatry department of The Methodist Hospital. He is also responsible for oversight of academic activities in psychiatry at the Menninger Clinic the Ben Taub General Hospital, the Houston Veterans Administration Medical Center, and the Texas Children's Hospital.
Fatal Flaws, Dr. Yudofsky's book, provides both mental health professionals and their patients with practical and effective help in understanding and changing destructive relationships with those who have severe and persistent personality and character disorders.
- 2:30 p.m. The View From Washington: Making Mental Health Policy** **Kenneth S. Thompson, M.D.**
Kenneth S. Thompson, M.D. is assistant professor at the University of Pittsburgh Medical Center and director of the Institute for Public Health and Psychiatry at Western Psychiatric Institute and Clinic. He also serves as associate director of Medical Affairs for Mental Health Services at the Substance Abuse and Mental Health Services Administration (SAMHSA). Dr. Thompson has been a leader in the American Association of Community Psychiatrists and has been actively engaged in local, state and national efforts to support psychiatrists interested in public service, community mental health and transformation of mental health services to support recovery.
- 2:50 p.m. Decreasing Barriers and Improving Outcomes in Depression With Minority Populations** **Altha J. Stewart, M.D.**
Altha J. Stewart, M.D., is the executive director of the National Leadership Council on African-American Behavioral Health. Dr. Stewart has served in several executive positions nationally, managing large public mental health programs and systems in Pennsylvania, New York, and Michigan. Dr. Stewart is also past president of the Association of Women Psychiatrists and the Black Psychiatrists of America.
- 3:10 p.m. Schizophrenia: Just the Facts?** **Rajiv Tandon, M.D.**
Rajiv Tandon, MD, is currently the chief of psychiatry in the Program of Mental Health at the State of Florida Department of Children and Families. He is also an adjunct professor of psychiatry at the University of Florida. Dr. Tandon has authored more than 250 scientific publications, and given over 600 national and international scientific presentations. He has received several awards for research and teaching in schizophrenia.
- 3:35 p.m. Understanding Alcohol and Drug Abuse** **Petros Levounis, M.D., M.A.**
Petros Levounis, MD, MA, is the director of the Addiction Institute of New York and chief of addiction psychiatry at St. Luke's and Roosevelt Hospitals in New York City. Dr. Levounis serves as chair of the Committee on Addiction Treatment of the APA, vice-chair of the APA Council on Addiction Psychiatry, president of the APA New York County District Branch, and co-chair of the Public Policy Committee of ASAM.
Dr. Levounis is currently co-authoring a self-help book on siblings of alcoholics, titled: "Sober Siblings: How to Help Your Alcoholic Brother or Sister and Not Lose Yourself", and editing an academic textbook on co-occurring substance use and other psychiatric disorders for addiction counselors.
- 4:05 p.m. Thinking Outside the Box: Treating Depression in Children** **David Fassler, M.D.**
David G. Fassler, M.D., is a Board Certified child and adolescent psychiatrist and clinical professor in the Department of Psychiatry at the University of Vermont. He is a member of the Boards of the American Psychiatric Association, Mental Health America, and the Child and Adolescent Bipolar Foundation. He has also testified before Congressional committees and the Food and Drug Administration (FDA).
Dr. Fassler is the author of numerous books and articles for children, parents and mental health professionals, including "Help Me, I'm Sad: Recognizing, Treating and Preventing Childhood and Adolescent Depression."
- 4:55p.m. Closing Remarks** **Nada L. Stotland, M.D., M.P.H.**